

May 2007



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Interview:

Jason Roy of Building 429

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The Roxy

Past, Present and Future

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Jason and Avery Roy
Portrait by David Barbee

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Publisher's Message

Well, here we are already at our second issue!

We have been excited by the tremendous response to *Clarksville Family's* first issue and we hope that we can follow it up with each upcoming issue being as well received. And if this is your first time picking up our publication, welcome!

Did you know that May is Better Speech and Hearing Month? I have to admit that I had no idea that it was until last year. Like many people, I was not aware of a lot of the illnesses or rare conditions that exist. That is until you or someone you love (or sometimes even a celebrity) are affected.



The same went for me with Better Speech and Hearing Month. My three-year-old son was diagnosed with apraxia of speech last fall. This diagnosis came after many months of speech and occupational therapy. On page 14 of this issue I share our experience with apraxia in the hope that it may help someone else become more aware of all the many speech and hearing disorders that are out there.

Last, but certainly not least, May 13th is Mother's Day and we would like to wish all of the Moms, Grandmas, Step Moms, Foster Moms and anyone who's even "like a Mother" to you, a truly Happy Mother's Day. Please know that you are loved and appreciated more than you'll ever know.

Sincerely,

Carla Lavergne
Publisher

Clarksville Family

Clarksville Family Magazine has 10,000 issues published and distributed monthly across Clarksville and the surrounding area.

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Notable Quotes on Mothers...

"I know how to do anything - I'm a mom."

Roseanne Barr

"If pregnancy were a book, they would cut the last two chapters."

Nora Ephron

American film director & author

"You may have tangible wealth untold: Caskets of jewels and coffers of gold. Richer than I you can never be I had a Mother who read to me."

Strickland Gillilan

American poet & humorist

"Children are the living messages we send to a time we will not see."

John W Whitehead

Attorney and civil libertarian

"My mother had a great deal of trouble with me, but I think she enjoyed it."

Mark Twain

"I want my children to have all the things I couldn't afford. Then I want to move in with them."

Phyllis Diller

"The moment a child is born, the mother is also born. She never existed before. The woman existed, but the mother, never. A mother is something absolutely new."

Rajneesh

Hindi spiritual teacher

"Children aren't happy with nothing to ignore, And that's what parents were created for."

Ogden Nash

Classic American poet

"The phrase 'working mother' is redundant."

Jane Sellman

American author

"When you are a mother, you are never really alone in your thoughts. A mother always has to think twice, once for herself and once for her child."

Sophia Loren

"And remember that behind every successful woman...is a basket of dirty laundry."

Unknown

"If evolution really works, how come mothers only have two hands?"

Milton Berle

"The precursor of the mirror is the mother's face."

D.W. Winnicott

Pediatrician

"It's not easy being a mother. If it were easy, fathers would do it."

Unknown

"The best way to keep children home is to make the home atmosphere pleasant -- and let the air out of the tires."

Dorothy Parker

American writer & poet

"God couldn't be everywhere, so he created mothers."

Proverb

"Children learn to smile from their parents."

Shinichi Suzuki

Music teacher & enthusiast

"There is no way to be a perfect mother, and a million ways to be a good one"

Jill Churchill

Modern American author

"Every mother hopes that her daughter will marry a better man than she did, and is convinced that her son will never find a wife as good as his father did."

Martin Andersen-Nexo

Danish social author

"Children require guidance and sympathy far more than instruction."

Annie Sullivan

Tutor of Helen Keller

"Men are what their mothers made them."

Ralph Waldo Emerson

"Anyone who says they 'Slept like a baby' hasn't got one."

A new mother

"Biology is the least of what makes someone a mother."

Oprah

"The doctors told me that I would never walk, but my mother told me I would, so I believed my mother."

Wilma Rudolph

Three time Olympic Champion and Clarksville native.

"Who in their infinite wisdom decreed that Little League uniforms be white? Certainly not a mother."

Erma Bombeck

"You do not really understand something unless you can explain it to your grandmother."

Albert Einstein

"When I was a child, my mother said to me, 'If you become a soldier, you'll be a general. If you become a monk you'll end up as the pope.' Instead I became a painter and wound up as Picasso."

Pablo Picasso

Memories...

When my son Bud was about two years old I read how Russian children could fold and put away their clothes without issue at the same age. As Bud was already dressing himself, I decided to test how much he knew about his clothing process. Placing his folded clothes in a pile on his bed I said, "Buddy, please put your clothes away," and waited to see what happened.

"But where do they go Mommy?" he asked inquisitively. "Well, where do you go to get your undershirt when you get dressed each morning?" I replied. "In that drawer," he said proudly.

"Yes, indeed," I said. "Well you see, you take the shirt out of the drawer, wear it, and at the end of the day place it in the hamper. Then Mommy takes the clothes out of the hamper, washes and dries them, folds and returns them to your drawer."

"Ohhhh," he said in awe.

"From now on Mommy will place your clothes on your bed and you place them neatly in your drawer," I told him. "Okay, Mommy," he said with the delight of a challenge.

From that day forth he maintained his bureau drawers and I maintained his privacy by not going into them.

Submitted by Shirley Berardo,
Clarksville, TN

Images of Mother

4 Years of Age:

My Mommy can do anything!

8 Years of Age:

My Mom knows a lot! A whole lot!

12 Years of Age:

My Mother doesn't really know quite everything.

14 Years of Age:

Naturally, Mother doesn't know that, either.

16 Years of Age:

Mother? She's hopelessly old-fashioned.

18 Years of Age:

That old woman? She's way out of date!

25 Years of Age:

Well, she might know a little bit about it.

40 Years of Age:

Before we decide, let's get Mom's opinion.

65 Years of Age:

Wish I could talk it over with Mom.



You know you're a Mom when:

- You've used saliva as a hair styling and cleaning aid.
- You use baby wipes to clean the furniture or a spot on the carpet.
- You actually know who lives in a pineapple under the sea.
- Your child throws up and you catch it.
- You will drink out of a sippy cup in a pinch.

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Jason Roy of Building 429 talks about his music, his family and his favorite Clarksville restaurant

On a dreary late winter day I met Jason Roy at The Warehouse on McClure St. His wife and kids were finishing up lunch and his band, Building 429, was waiting in their tour bus to begin setting up for their concert that night. This show, sponsored by Grace Community Church's College Age Ministry program and free to all, was just another inspirational step in the long journey of Jason's young life.

Wilmington, North Carolina. In fact it was in Wilmington that his life changed in the most profound way. It was there that Jason met his future wife, Cortni.

Cortni, a Clarksville native, first ended up in North Carolina via a clogging scholarship to Mars Hill University. (Jason readily admits that "clogging scholarship" is not a common phrase. But also quickly points out that Cortni's

After finishing high school Jason decided to attend college at NC State in Wilmington. His mom was already living there and on the day he was flying to meet her Jason had a layover in Atlanta. Calling to let her know he was only a couple of hours away she told him, "Oh, that's great. Guess what? There's this new youth intern. And everybody's already talking about how great a couple y'all would be!" (Cortni had only been there for a day.) Jason brushed off his mom's attempt at a fix-up, and reminded her that he was not interested in anything like that.

When Jason arrived in Wilmington his mom picked him up at the airport and nothing more was said about this new girl. When they arrived at the church Jason met Cortni and, "fell head over heels." It turned out everyone was right about them.

Music has always been a part of Jason's life. His grandfather has been a southern gospel musician for forty years. In fact as a young boy Jason began being groomed to become a southern gospel pianist; he loved it instantly. But his piano teacher knew Jason had a mind of his own.

She said that it was hard to make him read music, but obvious that he would be a great music writer. "She was so right. I would take what was on the paper and could totally read it, but I'd get bored with it. So I'd switch it all around and make it more interesting." Jason recalls this not with arrogance, but in a matter of fact style underlying his obvious musical talents.

Jason moved back to Texas during his high school years to live with his dad. When Jason was



Jesse Garcia, Jason Roy and Michael Anderson of Building 429

Jason, wearing a baseball cap and casual clothes, was relaxed but poised throughout our meeting. He was always conscious of his two young children, Haven, just turning one, and Avery, three. In fact Avery seemed to always be on the periphery at our table. Sometimes "helping" a few of the guys push a heavy cart of musical equipment, or resting in daddy's lap as nap time approached.

Just 27, Jason was born in Mount Pleasant, Texas. He grew up all over the country. His parents divorced when he was five, resulting in him moving everywhere from California to

team were national champions in the sport.) In North Carolina Cortni joined a program for college students who wanted to be in the ministry and became an intern at Winter Park Baptist church in Wilmington.

Meeting Cortni it is obvious why Jason married her. A beautiful, friendly young woman, she gives off an aura that would make anyone smile no matter what kind of mood they were previously in. In fact before Jason ever met Cortni several others had already paired them up as a future couple.

about 15 he begged for and got his first guitar. At the time he did not know anything about rock and roll, but he knew he loved the guitar. Initially he began playing worship music, but then his dad introduced him to this "new band" called Aerosmith. "It shook my world, tipped it up on its end. And rock and roll became the thing for me. Much to my grandfather's dismay," Jason recalls with a wry grin.

Jason always seemed to lead worship at his church. "It wasn't because I was necessarily that good at it. It was my way of serving. That is one of the things that has always been a part of my life: How do you serve other people?"

In high school Jason was already performing live. "The second I started writing songs I started looking for opportunities to go out and play in front of people. This means that there are some absolutely awful videos!" By the time he went to college he started to get serious about music.

On top of his musical background, Jason also was a star basketball player. He even had college scholarship offers. "I kind of wasted that opportunity away," he admits, instead deciding to return to Wilmington to attend NC State as an electrical engineering student.

By now it was 2000, and though he was in college, academics were not Jason's highest priority. "Any second I wasn't playing guitar I was on the courts playing basketball." During such an extracurricular game one night Jason had a life-altering event.

"Something happened and the lights went out. I woke up and saw that I was in an ambulance with the sirens blaring. My nose had been broken in three or four places. I had horrible gashes in my face. I had no idea what had happened." This was the result of

a lot more than a typical personal foul. In fact Jason later learned that he had been unconscious for 15 or 20 minutes.

"My face was shattered," says Jason. But then adds, "I was a little bit arrogant in basketball. I really had this air of confidence. I'd look for the best player and I'd want to just play him," perhaps in an attempt to explain any contribution he may have had.

"I have scars from where I've played. I've played ball competitively all over the country. I'd had several elbows that had caught me. I thought this was another inadvertent elbow that just really hurt!" he recalls with a chuckle.

"I went home and about three days later a police officer showed up at my dorm. He said he just wanted to talk to me for a second. He wanted to ask me what happened on the court that night. I told him I didn't have a clue. He asked if I was having any problems with anyone that night. I remembered that there was this one guy, and that we were playing pretty hard together, but I didn't have any problems with him."

The police officer presented pictures of all of the guys that were playing that night, and asked Jason to identify the one he was having a problem with. After what seemed like a hundred pictures Jason noticed the guy he had been playing against, and who he would soon learn had done this to him.

The officer asked Jason if he remembered about what happened to him, and Jason repeated that he did not. The officer then proceeded explain, "You were running down the court and you passed the ball. You turned just in time to get hit by this guy who ran behind you. You fell into the lap of some kid who was watching the game, and blood went all over him. It

freaked the kid out so badly he came and reported it. That's how we know what happened."

Jason eventually met his assailant in court. Believe it or not, Jason shared the gospel with him. "It was a really cool moment," he admits.

"My nose had been broken in three or four places."

Jason spent six weeks letting the swelling go down and then he had to go back into the hospital to have them re-break his face and put it all back together. It was at that moment that Jason focused. He realized, "I'm in school to please my parents. I'm not in school because of something I believe in. Everything I believe in is music. And that's it for the rest of my life." Jason quit school and booked 150 shows for the band he was in that year.

Jason is hardly against education. As a result of this assault Jason had missed over eight weeks of that semester, so it was lost academically. "When the doctor says something like, 'You're lucky to be alive,' you take note. You start realizing that you only have so much time. So you better use it on something you care about."

The night of Jason's attack he got home from the hospital around midnight. He called Cortni to tell her what happened. Four hours later she was by his side, having driven from the other side of the state. "There was no question at that point that she was the one." They were married the following year.

Jason's band, Building 429, has a new album "Iris to Iris" coming out May 1 on Word Records. They will be on a six week tour supporting its release, but Jason has no desire to be the quintessential road musician. "I don't have time to leave my family to go out and play rock and roll so I

can be famous. As glamorous as what we do may seem, I'd much rather stay at home and work at a church or something and actually come home at five o'clock every evening."

"The most important thing I can do is teaching him what it means to be a real man, and teaching her what it means to find a real man."

Again, without a hint of the stereotypical musician swagger, Jason notes, "We have a very focused group of guys. We're all married. Sometimes people ask, 'What's your mission?' expecting me to answer 'music.' But this right here is the most important thing I can do," hugging his son, Avery, who has been playing

beside us, "Getting them ready for their life." Jason continues, "By a long shot the most important thing I can do is teaching him what it means to be a real man and teaching her," the baby, Haven, sitting on his knee, "what it means to find a real man. And I don't mean that in a macho kind of way."

When Building 429 signed their record deal in 2003, immediately Jason and Cortni moved to Franklin. They moved to Clarksville in 2005. Cortni's family are Clarksville natives.

The new album is their third, and represents a change in direction. "We've always been a rock band, never thought of ourselves as a worship band. But this is the most vertical record we've ever done. That's the idea, to draw people closer to the Lord. We've always sang songs that were relational to people. There are still a few of those on this record, but

for the most part it's just talking to God. Conversations with God, like where I've been, thank you for making me who I am."

When asked what pushed him into this new direction Jason recalls a time about nine months ago having written almost twenty songs for the new album. "I thought they were just basically redundant. They were just like everything else. I took two days and stopped writing and started praying. I kind of asked God, 'Okay, if you want me to write this record then you need to tell me what to write about. 'Cause I don't know any more. I'm kind of lost.'" Two days later, sitting in the basement of his house, in the music room, Jason audibly heard the answer, "Just sing to Me." Jason pauses, remembering this moment with the expected awe, "It was a shocker that I actually heard that, comprehended it, and that the songs were supplied

Building 429 Spotlight

In 2004 the band's first single, "Glory Defined," off their debut album, *Space in Between Us*, topped eight separate charts and earned them Christian Song of the Year. They went on to win the Dove Award for New Artist of the Year. In 2006 they followed it up with *Rise*, another chart success that spawned numerous hits.

Their new album *Iris to Iris* is available May 1st in stores and on-line. Check out the hot first single, "You Carried Me," as well as tour dates and tons of other information on the band's website, building429.com.



In addition to Jason, who handles lead vocals and guitar, Building 429 includes Michael Anderson on drums and Jesse Garcia on guitar and piano.

Michael joined the band in an interesting way. In college he played for a band called Remember Jonah that used to open for Building 429. Later when Building 429's drummer left the band, Michael's mother urged him to call to be considered as a replacement. Michael refused, thinking they would call him if they were interested. And that is exactly what ended up happening. Jason recalls Michael's original try-out with the band, "In the session Michael played until his hands literally bled. He taped his hands up with duct tape and kept playing. After seeing that I never questioned him. I always say that nobody is ever going to out-work me, but Michael does it."

Jesse used to play for a Texas band, Mustard Seed, which Jason remembered from his time there. When Building 429's previous guitarist got injured, Jason called Jesse. Jesse drove straight to Nashville from Texas and has been in the band since.

almost instantly. They just started flying."

Jason recalls this in his same matter of fact style as everything else he says, noting, "If you believe in God you're going to say, 'Wow, that's interesting,' if you don't you're going to think I'm an idiot."

Continuing on how this new album differs from their earlier work, "I've spent five years thinking that all I had to do was tell people about God and how He had applied to my life. And how He had been faithful and that's why I believed. And then I'd give people the choice: you can believe that or not, it's your choice. If you read the Bible at all, the people who are instantly changed forever are the people who meet God face to face. So I decided why don't I just get out of the way? I started writing songs that would put people in a place where they can. Sometimes if you're going to be His voice you're going to need to shut your own mouth—which is a hard thing for a guy like me who can talk for hours!"

When asked how much longer Building 429 could keep going Jason speculated, "Maybe another ten years. For the first time in my life, probably in the last year, I've found myself saying that if I every heard Him say, 'It's time to leave,' I could do it. I could walk away. That's what makes it strong. We're not so tied up in it that our whole lives are over if this ended."

On whether he plans to have more children, Jason responded, "If we ever had another kid we'd probably adopt. There are a lot of kids out there. I've got two beautiful kids in my life. But I honestly can't imagine that with as many orphans as there are out there, if I wanted another kid—and yes, we could have one on our own—there are so many that need help, why not help one of them?"

Offered a message to give to the community, a hint of his possible future career began to show, "Invest wisely. Recognizing that money and fame and all of those things, as far as I've seen in my life, they've never made me happy. We miss something if we invest all of our lives chasing little green pieces of paper. I find that the more money I make the more time I spend away from my family. One way to make sure that you have a legacy that lasts far after you're here is to invest everything you have in people. I invest everything I have into my son and my daughter. I invest everything that I have into these kids that come to the show. Hoping that they'll hear what I'm saying and they'll start investing themselves into other people. The condition of our country, the condition of our kids, when we see the problems that we're having in schools, it's because we're fighting for the almighty dollar instead of fighting for our families."

"We recently got a call from Senator Obama's campaign committee..."

Passionate and opinionated, Jason has already been involved in politics. In the last election he was approached by Redeem the Vote, an awareness campaign, and appeared on several news programs on their behalf. "I've been in too many living rooms of believers who will sit there and complain. And I'll say, 'Well, did you vote?' And their answer is, 'Well my vote doesn't make a difference.' And I say, 'This is your country, for crying out loud! I don't want to hear you open your mouth unless you are willing to step up and do something about it.'"

Jason then mentioned a recent bombshell of sorts, "Believe it or not we recently got a call from Senator Obama's campaign

committee. I haven't spent enough time to learn much about him yet. So at this point I haven't taken him seriously. But when my manager called and told me I laughed about it. I mean, I'm just one guy who went out and talked about what I believed in. My vote doesn't matter. What I say doesn't matter. Right? And suddenly a presidential candidate has called my office!"

Jason admits that a possible career in politics intrigues him, though no time soon. He's not even sure whether he will work with Redeem the Vote again, mainly because it was very taxing. Adding that workload on top of what he's already doing as a musician takes its toll on his family.

Still the door is slightly open, "I don't think it's right for me to step up here and campaign for Redeem the Vote if I'm a guy who's not going to take it to the next step maybe someday. Honestly at this point in my life, am I considering it? Absolutely not! But in some way in the back of my mind there is a part of me that wonders, 'Hmmm, I think I might be able to do that, represent people.'"

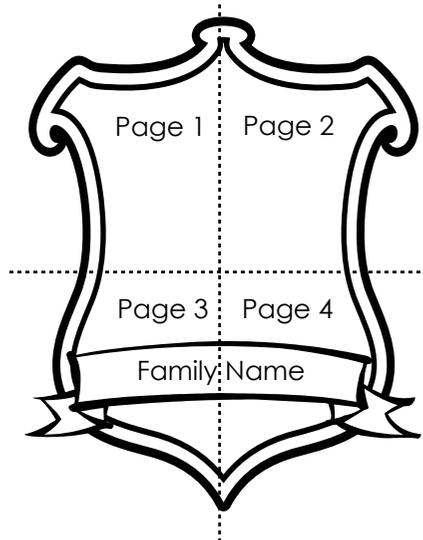
When asked if Clarksville is going to be the home he stays in, he admits that it's a struggle. "I've bounced around so much in my life. I get in a place and then I think I want to go some place else. But I think this may be it. My wife's family is all here, the roots are pretty deep. And because of what I do the world is a lot smaller to me. I can hop on a plane and meet a friend on the beach. That's what makes Clarksville really appealing. It's still got that small town feel. Still has The Blackhorse, my favorite restaurant. We need more places like that!"

create your own

Family Crest

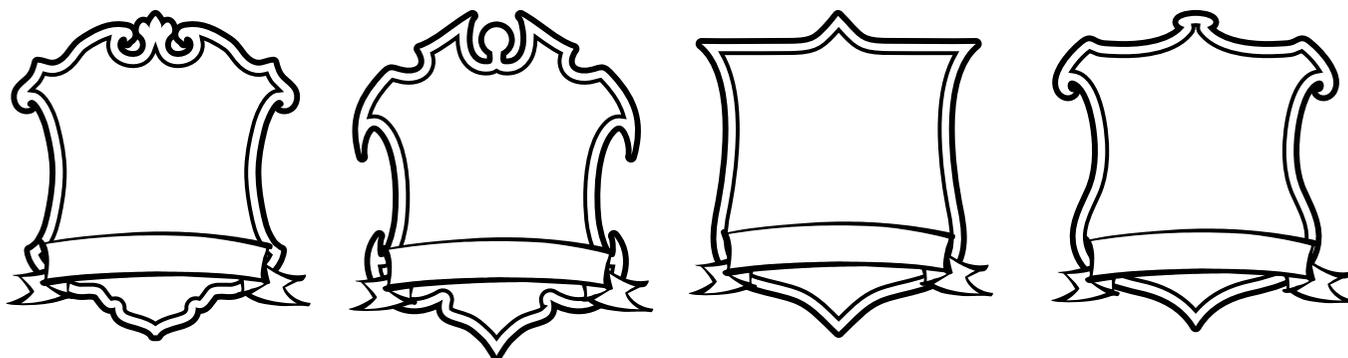


1. Create your own family crest by using the patterns available at www.clarksvillefamily.com/crest. There are four pages for each crest style, and each page is a separate part of the crest. Put all four parts together to make one crest. If desired, draw a larger crest on a large piece of paper (such as butcher paper or poster board), using the drawing as a pattern.



2. Take the number of members in your family and divide the outer section of the family shield into the number (ex: Mom, Dad and three children make five family members).
3. Choose a drawing or picture that represents the whole family and place it into the center of the shield. Make sure all family members participate in this process.
4. Give each member of your family a week to decide how they want to customize their part of the crest so that it represents something about them. Then put each person's contribution onto their part of the crest.
5. Hang or display your family crest in an important place in your home.
6. Try doing one of these every year or so to see how your family changes.

Note: You may want to choose something else to represent your family instead of a family crest, such as a flag, pennant, etc.



All four shield styles are available for download at www.clarksvillefamily.com/crest

Worth the Wait, Not the Worry

May is Better Hearing and Speech Month. It seems like every month is some sort of awareness month and like most people I never really paid attention to these until it affected someone close to me. That someone is my three-year-old son, Victor. Fortunately, he is at that age where I can tell his story without embarrassing him.

When Victor was born in May of 2004 we were ecstatic. After a very easy pregnancy and not so easy delivery, he was here and perfect in every way.

Most of his milestones were right on cue. Pulling up to stand and sitting up on his own at around 6 months, crawling at 9 months, walking steadily at about 13 months, even starting to say “mama” around his first birthday.

His only illnesses to that point were a couple of ear infections and some non-infected fluid in one ear that lasted from the time he was about six months until he was almost a year. Though it sounds minor, that fluid was the source of a lot of pain and sleepless nights for Victor (and us). Finally I was finally able to get an antibiotic prescribed, after practically begging the doctors. In spite of there being no noticeable infection in his ears, the antibiotic cleared the fluid right up.

Other developmental milestones came and went, but not talking. We waited and waited for more talking to come and it never did. Soon even the “mama” went away. There was a lot of that pattern, Victor would start saying something like “cu-” for cup and “-ook” for book, and then would regress and there would be months of nothing.

Not only was he not talking but he also had some minor signs of autism. He would often play with toys the “wrong way,” preferring to line things up in an orderly row rather than roll cars or stack blocks. The ordering was obsessive. If something got crooked, or fell off a table, he would often erupt into a screaming rage. He also kept to himself a lot. To a certain extent this could be attributed to “the terrible twos,” but with his non-talking every other sign kept adding to that list of concerns in my mind.

We lived in North Carolina until the fall of 2005, and then moved back to Clarksville. I have to admit that I never really felt comfortable taking him to the doctor there. It was a very large practice and we rarely saw the same doctor consecutively. My concerns always seemed to be dismissed and I always left that office feeling like they thought I was crazy.

By the time Victor’s 18 month wellness visit rolled around there was zero talking, waving or clapping. I was a little panicked since we had never visited this pediatrician before, having just moved back. I feared the worst, that our worries about Victor would again be dismissed. But our doctor was also concerned by Victor’s condition. He said Victor may be just a late talker. However he referred us to the Tennessee Early Intervention System (TEIS) as a precaution.

TEIS technically falls under the No Child Left Behind initiative. It offers free therapy and services for families who have children with a disability or condition that will likely lead to developmental delays. After age three there are still resources available for such children, but the school system takes over the administration. The whole idea is to nip things in the bud as soon as possible.

After a couple of evaluations it was determined that Victor qualified for both occupational and speech therapy. Though he had slight delays in personal-social and cognitive skills, his expressive communication skills were that of only an 8 month old.

As a stay-at-home mom I was fine with bringing Victor somewhere for therapy. However it was in-home occupational therapy that began first because there was a waiting list for speech therapy. The occupational therapy provided great results almost instantly. Victor became better able to relate to new people, as well as play more properly and with more patience.

Speech therapy began in March of 2006. This was what we were most excited about—and ultimately the most disappointed in. Unlike the occupational therapist that came to our home, we met the speech therapist at a church. Victor’s therapist did not build

any kind of rapport with him, instead jumping right into an almost clinical approach of trying to get him to speak. On more than one occasion she was outright snappy with him (and me)! Victor absolutely hated going to this therapy and it seemed to be a waste of time for everyone. As much as I hated to delay things, we decided to go back on a waiting list for a different speech therapist. It came down to us believing that no therapy would be better than continuing the way we were.

Throughout all of this Victor had detailed hearing tests as well as other evaluations from therapists and pathologists, but there was never a diagnosis. One consistent comment was that he offered too much eye contact and interaction for it to be autism. While that was a relief, we waited for something that would explain him not talking.

To be clear, it was not that Victor did not make any sounds at all. He tried. But it was almost always with his mouth closed. He would make an “s” sound by blowing out through his nose, and the rest of the sounds in a way best imitated by physically covering your mouth with your hand. He could say his ABC’s, count to twenty, in fact we could swear he was even trying to read—but all without opening his mouth.

Excited to realize that he was learning, even if not speaking, we encouraged this. He would mumble a word and we would pronounce it back to him correctly. Soon it became obvious that he was getting way too comfortable communicating this way. So we kept challenging him. He would point to a word in a book and mumble it, and even though it was the correct number of syllables, and the tone and inflection were close enough for us to understand him, we would act like we did not. “Huh? What’s that?” we would say. Sometimes he would try again with his mouth more open, and the words clearer. Eventually he figured out what we were doing and would just smile as soon as we feigned the inability to understand. (Did I mention he could be stubborn?)

In June of 2006 speech therapy resumed, though in-home this time. Over the next several months we went through three different therapists (one we paid

for privately, the others through TEIS). All were wonderful, but there was little or no lasting progress with Victor. One week we would practice all “B” or “P” sounds and he would be right with us, and the next week he would clam up tighter than a drum. At the time we thought these were unexplained phenomena. Now we realize it was his way of controlling the situation by doing and “saying” only what he wanted.

We were still on the waiting list at a preschool affiliated with Progressive Directions, Inc. This was a program recommended by our TEIS coordinator. What was unique about this preschool is that it offered kids like Victor to be in therapy along with other kids his age that are at their normal developmental stage. This sounded like a great idea as he would be exposed to the peer interaction on top of the therapy.

Big changes came in August. I went back to work full time and Victor started day care/pre-school full time. Both of his therapies continued at his school once a week. There was still little progress speech-wise. We were on waiting lists at several different preschools and ended up going with the first one that came available. But kind of like the first speech therapist, we did not feel like it was the best place for Victor. When the other preschool we had been waiting for finally came available we transferred him there even though it was much farther from our home. He loved it from the first day and still does.

In September we had an evaluation with a speech pathologist at Vanderbilt. This is something that had been recommended more than six months ago, but the waiting list had been this long. The pathologist finally gave us a diagnosis: Expressive Language Delay/ Disorder and Childhood Apraxia of Speech. The evaluation gave us another surprise in that it said Victor had the expressive skills of only a nine-month-old (he was now 27 months).

One bright part of this evaluation was that she recommended that Victor get ear tubes. Though he did not have the typical chronic ear infections that lead to most ear tube diagnoses, he did have non-infected fluid present in most of his checkups. We were told that the tubes would fix this and that there had been instances of tubes correcting speech delays. With fluid constantly around the ear drums the interpretation of sounds (both imitative of others and

also hearing himself try to speak) had the effect almost like hearing under water. And that six month period of fluid being present before his first birthday, at exactly the time when most children begin speaking, could have played a big part in taking things so far off course.

On one hand I was relieved to finally have a diagnosis, on the other I was not excited about what the diagnosis was. I had done a lot of research about apraxia and had read about children going through years of unsuccessful speech therapy. I was not looking forward to putting Victor through that. There were no therapists in the Clarksville area (that neither I nor TEIS knew of) with experience in dealing with apraxia. This was also upsetting because I was already aware that traditional speech therapy was not what my son needed. Despite this, I was when it was recommended that his existing speech therapy be bumped up to twice a week, I figured it could not harm him and that something might eventually click.

In addition to all of this therapy we were trying everything under the sun at home too. Mouth exercises and games, sign language, bubble blowers, whistles, straws, echo microphones—we tried anything to get him to use his mouth. He would hold a whistle up to his mouth and purse his lips, but he would never blow into it. He liked learning sign language and learned about 50 signs, but rarely used them to communicate. If he would see an apple, he would mumble or do the sign for apple, the same for milk, dog, etc. (this is known as “labeling”). It was obvious that he had an incredible vocabulary; he just could not verbalize it. He finally started using the signs for “more” and “all done” regularly, but that was about it.

Victor also had a big problem with the concept of taking a bite out of something. Much like it had been with his talking it was as if he could not get his brain to tell his mouth what to do. This is another manifestation of apraxia. There are actually two forms of apraxia, oral and verbal. Oral apraxia deals with things like the inability to stick out your tongue or blow through a straw, while verbal apraxia involves the inability to produce speech sounds. (There are a number of nuances here, for more information check out www.apraxia-kids.org.)

In October Victor had the tubes put into his ears. The surgery went off without a hitch and he made a speedy recovery. He had one ear infection almost immediately following the surgery but has been clean ever since. There was no immediate sign of speech improvement, but his disposition became better and he seemed like our happy little guy again. No doubt a result of the fluid pain being gone.

Around this time I was reading an apraxia newsgroup online and kept seeing the term “EFA supplements” popping up here and there. After looking into it I found that they were

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talking about "Essential Fatty Acids," which can be found over the counter in fish oil supplements. I had never been a homeopathic healing kind of person but after reading story after story of apraxic children having success using EFAs, I had to check into it myself.

What I learned is that fish oil provides essential fatty acids (EFAs) which are critical for brain health. Children with apraxia, attention deficit, autism, and related disorders have been shown to have significantly lower levels of EFAs in their red blood cells. After researching and finding out that it could not possibly harm my son (unless he was allergic) we tried it.

We started with capsules from a local health store. We would puncture them and mix it into Victor's milk. I knew that the results would take a few months so I wasn't expecting anything to happen overnight. However we were all getting a little grossed out by the smell of the fish oil. The fishy odor lingered in the cups we mixed it in even after repeated runs through the dishwasher. I looked for a more concentrated version with high amounts of DHA (Docosahexaenoic acid) and EPA (Eicosapentaenoic acid), both of which are Omega-3 fatty acids, which we could give Victor in smaller doses.

In December we started using the new concentrated fish oil liquid. It only took half a teaspoon every evening before bed. At first he was reluctant, but it is such a small amount and is over so quickly that now he does not mind taking it a bit.

By January of 2007 the dam was slowly starting to break. We started noticing two and three word sentences and a lot more open-mouth talking. His speech therapy reports started saying that he was clearly saying: "I did it," "Ms. Abby," "milk cold," "high five," and many other phrases.

In February he started exploding. It was like something finally clicked and he was where he should have been at about 18 or 24 months old. He still did not have perfect enunciation, but was trying over and over to get it right and building on it every day. Around the first or second week we got a call from his speech therapist saying that she would be dropping him down to once a week. (This change was a result of her coming to see him one day only to find him saying his colors in Spanish!) We then got a call a couple of weeks later that his therapy would be reduced to only once a month. The therapist also informed us that Victor would be officially finished with therapy by his third birthday in May.

It was around this time that we start to notice that Victor's self-feeding skills were improving. He began to pick up a cookie or hamburger and take a bite out of it properly. It seemed that as the verbal apraxia was abating so was the oral apraxia.

In March I received another call from the speech therapist saying that she would be ending therapy with Victor sooner than she originally thought. He was doing so well there was no point in continuing. At home we noticed how much he was advancing in his speech

and expressive skills. Though not completely caught up, he is so much closer to where he should be that our worries were gone.

Looking back we are thrilled with where everything stands today and are grateful for all of the help we received along the way. There is not one thing we can say that made everything click. The fish oil seemed to have an effect but since it was introduced so soon after the ear tube surgery and Victor beginning to attend a pre-school he really enjoyed, it is more likely a combination of everything.

In retrospect I think that I was a little overzealous and perhaps even overly sensitive at the early dismissal of my concerns about Victor. Yes, it would have been a lot less stressful to have not worried about it as much, but that was impossible. A parent's first instinct is to protect and nurture their child and when that instinct is questioned or doubted by others it is difficult to think of much else.

I tell Victor's story not as any kind of health care professional, because I am not, but as a mother who worried about her son and did everything she could to make him better. As with any medication or supplement, do not take or give anything to your child without first consulting a physician. And what worked for Victor may not work for all kids. The main thing is to not give up.

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The Roxy Regional Theatre: Past, Present and Future



THE ROXY REGIONAL THEATRE 1983-2007

Since the early 1900's the corner of Franklin and First has been the anchor for Clarksville's entertainment community. The Lillian, built in 1912, was the first theatre on this corner. Following a fire in 1913, the Lillian was rebuilt in 1914 and saw thousands of patrons enjoying first run movies. Upon entering the white and green enamel brick Italianate facade, patrons enjoyed a lobby sparkling with glass plate mirrors and 300 electric lights. The auditorium was furnished with 650 opera chairs, hand painted murals, and a projection screen of rough Russian linen impregnated with gold, bronze and mercury amalgam.

Following a fire in 1945, and with the advent of Fort Campbell, the Lillian was completely rebuilt and at last became The Roxy. A sleek exterior, featuring a new lighting called neon, beacons moviegoers from miles around. Opening in 1947, The Roxy entertained Clarksvillians with first run movies until 1980.

The Roxy sat vacant for three years until Tom Thayer and John McDonald came on the scene. Opening on November 3, 1983, The Roxy Regional Theatre was reborn into a live theatre and quickly became "...the cornerstone of downtown re-development..."

In 1995 a massive \$80,000 renovation took place. A restructuring of the lobby and auditorium brought the theatre to its current state. 1995 also

brought on the formation of the Roxy Professional Company. In order to supply the great demand for Shakespeare, Greek classics, school curriculum and holiday shows, and to enlarge its outreach services to the community, a professional company was created.

The Roxy School of the Arts was also born in 1995 offering teens an extensive training in modern theatre as well as the ability to work alongside professionals. Currently in the summers a joint project between the Roxy and the Clarksville-Montgomery County Parks and Recreation Department offers teens a six week drama camp at a nominal fee.

In 2006 the firm of John Sergio Fisher and Associates were contracted to design a new

36,000 square foot state of the art Center for the Arts and Education. This building, which will replace the current structure and stretch over the current parking areas to the side and rear, will encompass a 500 seat theatre, scene shop, loading deck, public art gallery, Downtown Artists Gallery, dressing rooms, bar, dance studio and artists studios. This next phase of The Roxy's evolution will cost upwards of 15 million dollars.

Senior matinees, pay-what-you-can previews, fund raisers for special interest groups, over 400 main stage productions since 1983, outstanding alternative theatre in "the other space" a 50 seat black box theatre located in the balcony, annual attendance by over 55,000, 12 local art exhibitions annually, award winning music videos, numerous national and regional commercials. The Roxy Regional Theatre: Real Theatre. All the time.

CENTER FOR THE ARTS

After 24 years of anchoring historic downtown, the Roxy Productions, Inc., (the Roxy Regional Theatre) will now begin a transformative step for the arts in Clarksville. By building a new center for the arts we will further spur downtown development and broaden our commitment to serving this community. Just as the Roxy Movie Theatre was on the cutting edge in the 1940's, this new building, designed by John Sergio Fisher, will be a state of the art complex of distinctive design that will generate a new enthusiasm not only for downtown Clarksville but also for this entire region.

The complex, which will begin at the corner of Franklin and First, measure to the Brenner Building,

and reach back to the Alley, will sit over a parking area, which can be utilized by the City by day and by theatre patrons in the evening. It will feature:

- Green space from the sidewalk of Franklin Street to the new entrance, approximately 20 feet back
- A multi-use first floor with a five hundred seat state-of-the-art auditorium capable of hosting numerous events in Clarksville including the 200 events already scheduled at the Roxy such as Fiddler's conventions, Junior Miss pageants, music concerts, dance concerts, corporate meetings and touring productions
- A Full Lobby Gallery able to be utilized for local art shows and as a banquet facility
- The Downtown Artist Co-op Gallery
- A Gift Shop for the Gallery and Theatre
- A Bar and Kitchen Area
- A Studio/Office Oriented Second Floor, which will incorporate Dance/Rehearsal/Performance rooms with mirrored walls, removable dance bars, and portable chairs for performances and meetings
- Dark Room.
- Ten multi-purpose rooms that can be rented by artists or musicians for teaching or practice space. (In fact we have already had inquires sufficient to fill these rooms.)
- Multiple offices

FACTS ABOUT THE ROXY

- The Roxy Regional Theatre has served the downtown area for 24 years.
- Currently over 48,850 patrons come to the theatre annually.
- On a daily basis over 350 patrons come through the doors of the theatre.
- The Roxy has a permanent staff of three, and seasonal staff between six and 15.
- The Roxy Regional Theatre has received State funding for 20 years through GOS grants from the Tennessee Arts Commission, a Special Line Item Grant, Ticket Subsidy Grants and Special Event Grants.
- The Roxy Regional Theatre has received City funding for the last eight years.
- The Roxy Regional Theatre received funding from the County one year.
- 18% of those patrons are from out of town (further than 50 miles), and many stay overnight.
- 34% of those patrons patronize local eating establishments prior to coming to the theatre. (This does not include the thousands of school children that visit the fast food establishments following their theatrical experience.)



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DAC Invites Clarksville

Have you been to the Downtown Artists Co-op (DAC) gallery in historic downtown Clarksville lately? We're talking 96 Franklin Street, right next to Martha Elliot's Interior Designs. Farmers & Merchant's impressive new building is nearby, showcasing many of our DAC artists' work on their walls. Downtown Clarksville is once again a "happening place." Come check it out!

If you haven't visited the DAC gallery, please plan to remedy that with a visit in May! The Downtown Artists

mention our city's ongoing cultural crown jewel, the Roxy Theatre.

DAC is a cooperative of about 30 full-member and 20 consignment artists who share the responsibility of running a gallery on Franklin Street at Public Square. Our mission "to organize and sustain an association of artists and crafters dedicated to promoting the visual arts" in our community is a firm commitment. DAC exists not just to provide a venue for local artists, but to promote artistic involvement, appreciation, and educational opportunities for Clarksville residents.

DAC invites the public to regularly changing exhibitions of quality artwork. Additionally, a steady variety of work by other members is available for viewing and purchase in the retail section and art lofts of the gallery. Two-dimensional works shown include paintings and drawings, collage and photography. Also regularly on exhibition are pottery, sculpture, stained glass, unique jewelry and hand-turned wood items. DAC sponsors outreach projects to promote artistic opportunities in the community, and we're working to expand arts educational programs including offering workshops, readings and lectures in our gallery space.

Visit DAC's website to preview recent and upcoming calendar events and to learn more about our participating artists and available programs and workshops: www.clarkvilleartists.org. Gallery hours are noon to 6:00 pm Wednesday through Saturday; hours extend to 8:00 PM on First Thursday ArtWalk evenings. Contact by telephone at (931) 552-4747 for further information.

DAC'S SPECIAL MAY INVITATION!

DAC's newest exhibition opens May 3rd: artist Billy Renkl will present an exciting collection of interesting and delicate collages. Those familiar with Renkl's work already know him as one of Tennessee's most unique and pleasing visual artists who,

to Clarksville's advantage, lives among us and teaches at Austin Peay.

In his art Renkl strives to create an aesthetic personally relevant and beautiful, using antique materials and processes in a combination distinctive to his work. Using early methodology, illustrations, recipes and materials, he works with images mostly natural in form.



Co-op is a special gift to the Clarksville community born of the vision, commitment and hard work of some local artists who conceived an idea in 2002 and worked passionately and persistently to see it materialize - and to grow and flower as well! It's one of the best things happening in downtown Clarksville today, although new creative ventures happily are springing up along Franklin in delightful win-win "competition" - not to

Making botanical imagery a central theme in his work reflects his strong love of nature and gardening.

graphics,” i.e., images from old science books, lab manuals, maps, musical scores. He distinguishes these from traditional graphics used in art, noting different

Much of the imagery in Renkl’s upcoming show is created through a 19th century cyanotype process invented at the dawning of photography. After coating antique documents and book pages with a light-sensitive solution of potassium ferricyanide, he then exposes them to sunlight through negatives made from old engravings on acetate. Resulting prints are naturally Prussian blue in color but can be toned to produce greens, browns and golds. He cuts the prints up and combines them with other materials to create his graceful and evocative collages.



Renkl utilizes other antique materials in his production of images including gold leaf, ground mineral pigments; inks made from antique recipes; and documents, manuscripts, illustrations and book pages from the 18th century to present. He acknowledges an affinity for old paper, which for him represents the human body. Using old things being discarded to create beautiful new forms with new purpose provides intrinsic motivation to the artist.

rules of composition, color use and color-relationships. As Renkl began to borrow and incorporate this alternative imagery into his work, he was consciously seeking to take on the visual authority previously commanded predominantly by science and its hierarchical organization of illustrative information.

In borrowing images from antique documents, diagrams and illustrations, Renkl makes a distinction about visual material he refers to as “information

Renkl writes, “I believe art can contain real information, many different kinds of it, and that such information is valuable to our culture; we need it.” When you see the results of his meaningful, metaphorical collages, you may agree. We not only need the many layers of information available through art but are blessed to have Billy Renkl’s perspective and talent to show us this path.



Billy Renkl’s exhibition will hang at the DAC gallery through June 9th. His gallery talk June 7th offers an occasion to learn more about the rich and fascinating historical processes he uses, as well as the unique opportunity to plumb the depths of this artist’s personal creative development. Make plans for a 5:00 p.m. First Thursday ArtWalk stop at DAC that evening!

1 Tuesday

Youth Recreation Baseball, Softball and T-Ball Registration Parks and Recreation Office, 8:00 a.m. to 12:00 p.m. The Youth Recreation League puts the emphasis on learning the fundamentals of baseball/softball/t-ball, developing their skills, and enjoying the game. No All Star Teams will be chosen, no score is kept, and no standings are kept. It is just pure fun for the kids in a family-oriented setting.

All games in the Youth Recreation League are played at Heritage Park beginning the first week of June and ending in late July. Teams will play one game a week. Each team will practice twice per week, then once the season starts, they will practice once per week. There is no need to purchase batting helmets, bats, and catching equipment, as they will be provided by the league. However, players may use whatever equipment they have of their own and must furnish their own glove.

The leagues will be for boys and girls ages 5-12. Age as of August 1, 2006 will determine in which age group a player will participate. Registration lasts through Saturday, May 12. Contact Tina Boysha at (931) 645-7476 for more information.

2 Wednesday

Youth Dodgeball Program Kleeman Community Center, 166 Cunningham Lane, 5:00 p.m. to 6:00 p.m., Mondays and Wednesdays. Sixth through eighth grade students eligible, center ID required. For information call (931) 647-3056.

4 Friday

Cheer Camp Sign Up Begins Register at Woodlawn Park, May 4 and 6, from 4:00 p.m. to 7:00 p.m. or Governor's Square Mall, May 5 and 7, from 1:00 p.m. to 6:00 p.m. Call Cary Burton at (931) 920-3222 or Sara Teague at (931) 645-5355.

5 Saturday

Cinco de mayo

7 Monday

Pool Passes Go On Sale Parks and Recreation Office, Crown and

Kleeman Community Centers. Group sales begin May 14. Pass prices go up \$5 after May 11.

8 Tuesday

Mayor's Youth Council Meeting Parks and Recreation Office, 6:00 p.m. to 7:30 p.m. The Mayor's Youth Council is an organization of 20 Teens who have the opportunity to learn about city government and to outreach to peer groups in Clarksville.

Council members are ages 14-18 years old and participate in a host of activities from the Mayor's Youth Summit to the Korean Summer Exchange program, which also produce teen events such as the TEEN'S ONLY Concert and the Clarksville Teen's Social Lock In.

Applications for the Mayor's Youth Council will be available in May for the 2007-2008 youth council term. Call (931) 645-7476 to find out how to become a member.

12 Saturday

Kid Fest Governor's Square Mall, JC Penney Court, 2:00 p.m. to 4:00 p.m. Bring the kids out for a fun filled afternoon of games, prizes, crafts and more. Surprise guest appearance!

Teens Only McGregor Park, 5:00 p.m. to 10:00 p.m. A city sponsored special event planned and organized by the Mayor's Youth Council featuring the artistic abilities of Clarksville teens in visual art, music, and entrepreneurship, with a closing popular teen headliner from the regional talent market.

Contact Jo Huber at (931) 645-7476 for more information.

Clarksville Fox vs. Mississippi Playmakers Northwest High School, 7:00 p.m. Admission is \$10 for ages 13 and up (12 and under are free).

The Fox are Clarksville's women's semi-pro full contact football team. There will be inflatables, tailgating (no alcohol on school grounds), concessions, autograph signing sessions, TRIXY the team mascot, Fox gear, hats, shirts, cups, bottles, and other sports keepsakes at every game.

17 Thursday

Exhibition Game: Clarksville Fox vs. Clarksville Police Department Northwest High School, 7:00 p.m. Admission is free to all.

19 Saturday

Armed Forces Day

Strides for Hope 5K Run Sango United Methodist Church, run begins at 9:00 a.m., 1.5 mile walk begins at 9:30 a.m. Contact Melissa at (931) 368-1920 or e-mail baker_melissa@bellsouth.net.

21 Monday

Clarksville Senior Games Pinnacle Bowling Center, Opening Ceremonies begin at 8:30 a.m., Games last through Thursday, May 24.

The Clarksville Senior Games promote healthy lifestyles for senior adults through fitness, sports and active involvement in life. Sporting events include: badminton, basketball free throw, bowling, golf horseshoes, miniature golf, shuffleboard, swimming, table tennis and track.

Registration packets will be handed out and brackets posted for the weeks events starting at 8:00 a.m. All registered participants are eligible for door prizes, but must be present to win. Games will be held at various locations.

Contact Tonya Steel or Tina Boysha at (931) 645-7476 or parks&rec@cityofclarksville.com.

23 Wednesday

Children's Film Festival Great Escape Theater at 1810 Tiny Town Rd, doors open at 9:00 a.m., shows begin at 10:00 a.m. every Wednesday, Thursday and Friday for 10 weeks.

Free admission for everyone! Seating is limited so arrive early. Concessions will be available. One movie will play each week in the following order:

Curious George
Barnyard
Happy Feet
Ice Age
Doogal
How to Eat Fried Worms
Charlotte's Web
Over the Hedge

Open Season
Flushed Away

Call (931)920-8800 for more information.

26 Saturday

Report Card Rewards Governor's Square Mall, JC Penney Court, 2:00 p.m. to 4:00 p.m. Bring your report card to receive a free gift for receiving an "A."

Movies in the Park Fairgrounds Park, 7:00 p.m. to 9:30 p.m. The 3rd annual Movies In the Park series. Enjoy some of your favorite movies underneath the stars. Movies begin after sunset. Admission is free! Lawn chairs, blankets and picnic baskets are welcome.

Call the Special Events Division at (931)645-7476 or visit www.parksafterdark.com.

27 Sunday

All Pools Open! All pools except Smith are open 10:00 a.m. to 6:00 p.m. Monday through Saturday and 1:00 p.m. to 6:00 p.m. on Sunday.

BEACHAVEN SWIMMING POOL
Madison St at Barksdale Elementary School
(931) 552-6171

BEL-AIRE SWIMMING POOL
Marie Drive off Peachers Mill Rd
(931) 552-7120

MASON RUDOLPH SWIMMING POOL
Golf Club Lane at Mason Rudolph

Golf Course
(931) 221-0149

NEW PROVIDENCE SWIMMING POOL
Cunningham Ln. at New Providence Middle School
(931) 552-6199

SWAN LAKE SWIMMING POOL
Swan Lake Sports Complex on Saunders Rd
(931) 553-2431

SMITH SWIMMING POOL
Greenwood Ave. at Norman Smith Elementary
Open Monday through Friday 11:00 a.m. to 3:00 p.m., Saturday 11:00 a.m. to 4:00 p.m. Admission by \$2 coupon only.

DAILY ADMISSION
Admission charge is \$4 per person per day, except at Smith Pool. Starting at 3:00 p.m. each day pool admission will be \$2 per person. Admission to Smith Pool is \$2 per day.

WATER SLIDE ADMISSION
Swan Lake and Bel-Aire Swimming Pools each have a 100-foot waterslide. Daily admission is \$1.50 per person and is not included with a pool pass. Water slide passes are available at the Recreation Office or at either pool for \$15 per person for the summer.

POOL PASSES
Pool passes will be sold at the Parks and Recreation office, Crow and Kleeman Community Centers beginning May 7. Group sales are

offered after the start of pool pass sales.

SWIM LESSONS
Swim lessons will be offered at Bel-Aire, Beachaven, New Providence, Smith, and Swan Lake Pools. One free session of swim lessons is included with each pool pass (semi-private lessons not included).

28 Monday

Memorial Day

31 Thursday

Clarksville Writers' Conference Registration Deadline The conference is June 7th through 9th and will offer ten scholarships to Clarksville teachers and high school students (one per high school).

Early registration must be postmarked by May 19, Late Registration postmarked by May 31.

Visit www.artsandheritage.us for details about registration and the full workshop schedule. Call Patricia Winn at (931) 645-2317 or e-mail corneliuswinn@bellsouth.net.

To have your information included on the Calendar e-mail events@clarksvillefamily.com. Please have it to us by the 10th of the month to be included in next month's issue.

Saturday May 12, 2-4pm

JC Penney Court

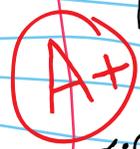
Kid Fest

Bring the kids out for a fun filled afternoon! There will be games, prizes, crafts and more. PLUS a surprise guest appearance!

Saturday May 26, 2-4pm

JC Penney Court

REPORT CARD REWARDS!



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M A L L

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After School Programs

The following community centers offer after school program:

Burt-Cobb Community Center

1011 Franklin Street
(931) 552-1263

Mon. & Tue. 3:00 p.m. to 6:00 p.m.
Wed. & Thur. 4:00 p.m. to 6:00 p.m.
Weight training, basketball skills and drills, tutoring (Tuesdays only), racquetball, game room, computer lab

Crow Community Center

211 Richview Road
(931) 647-3071

Mon. - Fri. 2:30 p.m. to 5:30 p.m.
President's Physical Fitness Challenge, basketball, gameroom, computer available

Kleeman Community Center

166 Cunningham Lane
(931) 647-3056

Mon. - Fri. 2:30 p.m. to 5:30 p.m.
Game Room Olympics, computer available, basketball, arts & crafts

The Roxy Regional Theatre

www.roxyregionaltheatre.org • 100 Franklin Street

The Full Monty

Book by Terrence McNally, Music and Lyrics by David Yazbek. Based on the motion picture released by Fox Searchlight Pictures and written by Simon Beaufoy. The Full Monty is set in Buffalo where a group of unemployed steelworkers come up with a bold way to make quick cash! Will they perform a full monty? May 11, 12, 16, 17, 18, 19*, 23, 24, 25, 26, 30, 31. June 1 and 2.

Curtain times 7:00 p.m. Wednesday and Thursday evenings, 8:00 p.m. Friday

and Saturday Evenings. *2:00 p.m. on selected Saturday afternoons.

Disney's Aladdin Jr.

Music by Alan Menken, lyrics by Howard Ashman and Tim Rice. Welcome to Agrabah, where every beggar has a story and every camel has a tail. This award winning musical will be performed by the Roxy Regional Theatre Saturday Workshop. All tickets are \$10.00. This production is not part of the season package. Show times 6:00 p.m. May 30 and 31, and June 1, 2, 6, 7, 8 and 9. 2:00 p.m. June 2 and 9

Individual Ticket Prices

- \$15.00 adult
- \$10.00 (age 13 and under)
- Group discounts available, call box office for details
- Student rush \$5.00 (every performance student tickets will go on sale for \$5.00 at 5 minutes prior to curtain for remaining seats)

Box-office: (931) 645-7699
Business office: (931) 648-9121
roxytheatre@bellsouth.net



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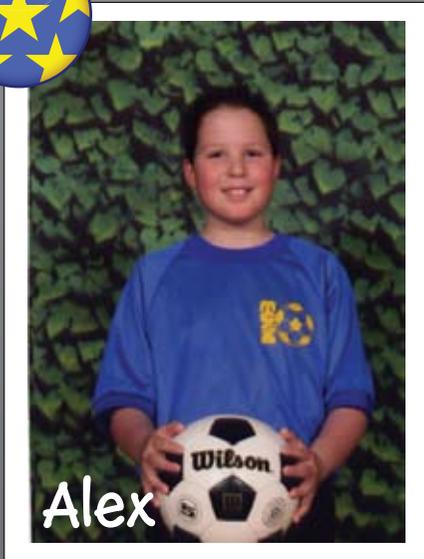
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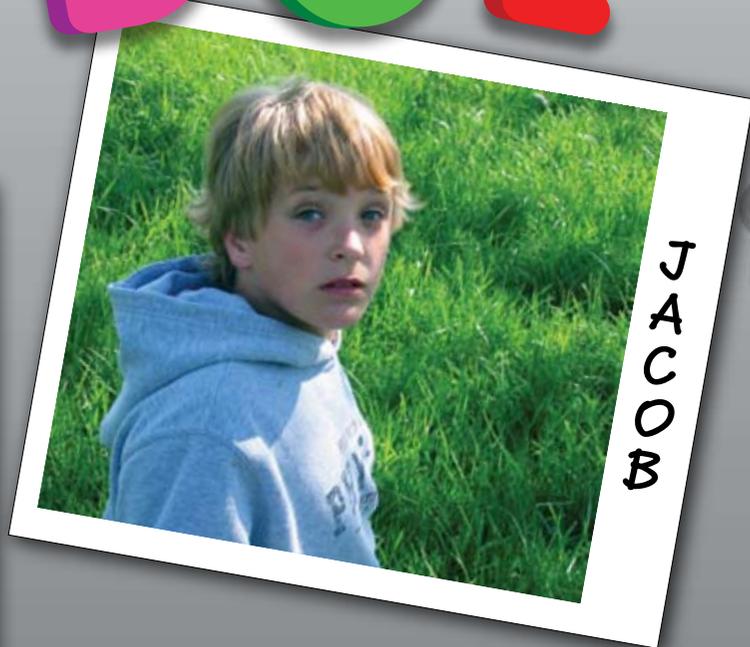

THE FRIDGE

Wanna be on the Fridge?

Email photo to: fridge@clarksvillefamily.com
by May 15th. *Please include the names of
who is in the photo & a preferred caption. (optional)



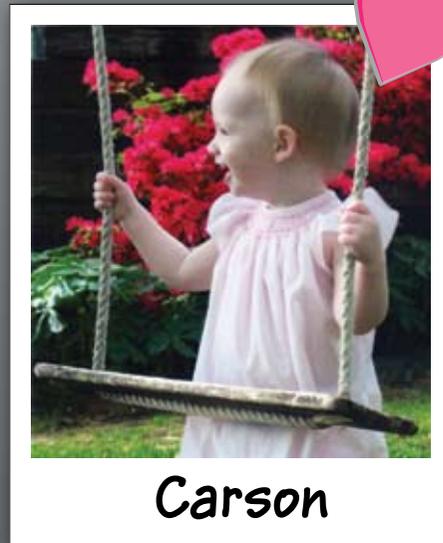
Alex



JACOB



Aaron



Carson

* You can also mail your photos to:

PO Box 31867 Clarksville, TN 37040

Mailed photos cannot be returned.

Submitted photos and signature will serve as a "photo release" allowing Clarksville Family Magazine a one time right to print the photo.

**Photo publication cannot be guaranteed due to volume and time restraints.*



Isabella

May
2007

Don't forget!
May
Birthdays:

Keynan, 8 years old!



Happy
Birthday!



Jaylon, 4 years old!



Victor, 3 years old!

by April McDonald
CMCSS Communications Intern

Preparing for Kindergarten

The end of one school year is fast approaching; the beginning of another will follow all too quickly.

Many parents have children entering into kindergarten: their first year of school, their introduction to the school system. Preparing your child and yourself may be one of the most important things a parent can do.

Preparation begins with you; your feelings and attitudes will carry over to your child. You have been your child's most important teacher up to this point, and will continue to be. Working closely with your child's school, and sharing happy memories and experiences, will encourage your child to learn and enjoy their experience.

In the months preceding your child's entrance there are several things that you can do to help your child feel ready. You can begin this step by helping them learn:

- ✓ their full name, parent's full name, address, phone number and birthday
- ✓ to tie their shoes
- ✓ to put their coats on and take them off
- ✓ to listen and follow directions
- ✓ to have a positive attitude and good self esteem
- ✓ to say nursery rhymes
- ✓ to speak clearly and avoid baby talk
- ✓ to spend some time apart from you, to adjust to the separation when they go to school
- ✓ to have responsibility, such as picking up toys, setting the table
- ✓ good health and nutrition habits

Be generous with praise during this time; let them know they are doing a great job while trying to learn the tasks set before them.

To continue to prepare your child for their first year of school read together every day. Show your child that reading can be fun by letting them see you enjoy reading. Begin to help them recognize letters and sounds, or if they are interested how to write their name. Visiting the public library will also help to encourage a love of reading; and begin to foster an excitement instead of fear for learning to read.

Reading is just one aspect of school. Learning to recognize numbers and learning to count will prepare them for math. Visiting an airport, farm, zoo, or museum and talking about the experiences prepares them for social studies. Observing weather changes, caring for plants or pets, preparing simple foods, or looking at interesting rocks can plant the seeds of interest in science.

Self-expression and gaining self-confidence can come in many forms. Teaching your child to sing simple songs, listening to good radio or TV programs, and pointing out rhyming words encourages an interest in music, which many people use for self-expression and self-confidence. In addition, letting your child be creative with colored paper, crayons, glue and scissors allows children to express ideas or feelings and cultivates a love of art. This is also a chance to help your child learn to recognize the basic colors of blue, brown, purple, red, yellow, orange, green, black, pink and gray.

Don't forget to prepare your child if they will be riding the bus. Talk about the appropriate way to behave; staying seated, and following the bus driver's directions are important for the safety of all children.

Above all, do not forget to enjoy the time you spend together; your child may be growing up, but they always will look to you for love and guidance.

To learn the school for which your child is zoned, go to www.cmcSS.net, click on Schools, then click on Bus Zoning Information. Most elementary schools are hosting Kindergarten orientations prior to school starting. Contact the school to learn when its orientation will be held.

All kindergartners will attend school the first half day on August 9, and parents should plan to stay with their child. Each kindergartner will be assigned two dates during the first two weeks of school so that teachers can meet with the children in smaller groups and assess the child's abilities.



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The weather is (finally) getting a bit warmer and spring-cleaning is on most everyone's agenda in one form or another. I sometimes feel guilty when I hear this term because I so rarely do anything differently in the spring than I do the rest of the year. One thing I do hate any time of the year is clutter. I hate it, yet I rarely really ever do anything to eliminate it.

Everywhere you look these days you see a TV show, magazine or book about how to organize your home. Personally, I am a sucker for this sort of thing. I start out with the best of intentions and dream of the perfectly labeled containers and drawers that I will soon have after reading a certain article or following a "simple" tip I saw on *Clean this House*. The truth is that I really just have too much stuff; I think a lot of us do.

One of the quickest ways to get organized is to eliminate. Some of us have a hard time throwing things away that we may one day "desperately need" (or fit into again!). I have found the best and most fun way to accomplish this is to have a Yard Sale.

I used to hate to get dragged to them by my Grandmother so the thought of putting one on myself was less than appealing. But once you get going in selling mode sometimes it's hard to stop. Just think of all that cold hard cash you'll soon have to replace the mounds of stuff that you had come to abhor because you didn't want to tackle trying to organize it. Soon enough you'll be able to start the cycle all over again!



Garage and Yard Sale Tips

1. EVERYTHING MUST GO!

You've heard the saying, "one man's trash is another man's treasure." Nothing could be truer at a yard sale. Anything for crafts is a big seller: candle stumps, buttons, shells, fabric scraps, even your own personal stash of unfinished craft materials. Try selling them in bulk--don't waste your day bargaining over a single button or seashell!



2. CLOTHES

I have never had good luck selling clothes at a garage or yard sale. Don't even try unless you are willing to accept a VERY LOW price. If you want to sell name brand clothes try a consignment store or eBay. You can usually get a lot more money. If you do sell them in a yard sale, make sure you neatly hang them and group them by gender and size. Don't bother dry cleaning or ironing. Just run them through the washer and dryer and hang right after.

3. TOYS

This is another huge draw. If you have some old toys you'd like to get rid the best way to raise their value is to clean them up. You don't have to go over every crevice with a Q-tip and bleach, but definitely give them a once over with anti-bacterial wipes to make them more appealing to their potential new owners, and more importantly their parents.

4. BIG BOY TOYS

Don't forget about the guys! Tools are always a hit, as well as golf and other sporting equipment. Same goes for these items as the toys - a little surface cleaning with a Swiffer or AB wipe will do wonders for their appearance. Old appliances are also surprisingly popular - even broken ones! Just make sure you clearly mark them that way with a sign. I can't believe all of the broken junk that we have sold in the past. Like old phones and stereo equipment...go figure!



5. BIGGER IS BETTER

If you only have a table or two worth of stuff to sell, try asking a neighbor to go in on the sale with you.

6. PRICE IT TO MOVE

Not just clothes, everything. This is a mistake I have made in the past. Don't only go by what the item is actually worth; also consider what it will actually sell for. Most yard-salers aren't shy to make offers but some may not due to sticker shock. If all else fails and that certain something you know is worth a lot of money isn't getting any bites at your sale, try eBay. They don't call themselves the world's biggest market place for nothing.

7. SELL REFRESHMENTS

Yes you read that correctly. While cleaning out the garage for a yard sale a couple of years ago we came across some extra bottles of Coke and bottled water. We decided to put them in a cooler and sell them for \$1 each. They ended up being the biggest seller of the day! As the weather gets warmer even the early mornings will be hot, so be sure to stock up on a case or two of bottled water, juice or whatever you think will sell. You'll make some money

and if the buyers are quenched they're more likely to keep browsing. Food is an option, too. Try selling some doughnuts for your early birds.

8. LAST BUT NOT LEAST

Okay, you've finally got all of your stuff together, cleaned, and ready to go. Now the real fun begins...pricing everything (yeah right). I have wasted literally hours doing this going through every little thing and pricing them individually. Do yourself a big favor and sell using price points. Choose 5 or 6 major price points and stick to them. All you do is stick the colored dots onto the items and write their corresponding prices on large poster boards strategically placed around your sale area. But most of all HAVE FUN! Try to get your whole family into it. Kids sometimes hate parting with old toys but if you can convince them that they could buy something new with their newly earned money they may change their minds and join the fun!

ADOPTION & FOSTER CARE

YOUTH VILLAGES

Youth Villages is a private nonprofit organization dedicated to helping emotionally and behaviorally troubled children and their families live successfully through innovative, research-based programs.

(931) 503-0777
585 S Riverside Dr,
Clarksville, TN 37040
youthvillages.org

OMNI VISIONS INCORPORATED

Omni Visions is a multi-state child placement agency.

(931) 906-3779
341 Union St
Clarksville, TN 37040
omnivisions.com

CARING CHOICES

Caring Choices of Catholic Charities is a licensed child-placing agency by the State of Tennessee. They also provide services to those experiencing an unplanned pregnancy with supportive professional counseling.

Offices: 1905 Madison Street, Clarksville, TN 37043
(931) 645-9969

Hours: Mon-Thurs, 10:00 a.m. to 2:00 p.m.
2nd and 4th Saturdays, 10:00 a.m. to 12:00 p.m.

CHILDBIRTH & PARENTING EDUCATION

GATEWAY HEALTH SYSTEM

Prenatal Classes teach parents-to-be what to expect during childbirth and how to ease the discomforts of pregnancy. Classes start the first Wednesday and Thursday of each month. Prenatal Classroom, 7:00 p.m. To register call (931) 551-1182.

Sibling Classes offer brothers-and sisters-to-be an introduction to sibling interaction and a tour of the Nursery. Last Saturday

of the month, Cumberland Room, 10:00 a.m. To register call (931) 551-1182.

NEW BEGINNINGS FAMILY BIRTH CENTER

Lactation Services offers a Breastfeeding class for new moms. The class is held the first Tuesday of each month from 7 to 9 p.m. in the Prenatal Classroom of Gateway Medical Center. Cost for the class is \$15 (\$25 if you wish to receive The Nursing Mother's Companion book) Call (931) 551-1182 to register. Lactation Services also rents and sells breast pumps and nursing supplies. For more information, contact Jeanette Prine, RN, Certified Lactation Consultant, (931) 551-1610 or Jprine@ghsystem.com.

HEALTHY START

Healthy Start is a community outreach program fostering healthy childhood growth and development by providing free support services to first time parents and their babies. Call (931) 645-3976 for more information.

LA LECHE LEAGUE OF KY-TN

LLL of Clarksville A.M. group meets at 10:00 a.m. on the third Wednesday of every month at the Clarksville-Montgomery Public Library on Pageant Lane, just off Madison Street in Clarksville. All breastfeeding mothers and mothers-to-be interested in breastfeeding are welcome to come to our meetings or call one of our Leaders for breastfeeding help or information. Babies are always welcome at their meetings.

LLL of Ft. Campbell group meets at 10:00 a.m. on the second Wednesday of every month in the

Memorial Chapel at 3934 Indiana Ave. in Fort Campbell.

Call Gini at (931) 906-8946; Sara at (270) 439-2723 or Austin at (931) 906-8452 for information.

9 MONTHS & BEYOND, LLC

A comprehensive source for pregnancy, birth, breastfeeding and early parenting education and resources. They also offer Birth Tub Rentals, Breastpump Rentals, Babymoon Vacation & Spa Packages & Birth Plan Consultations. Contact Micky Jones, BS, CLE, CLD, CHBE, CAPP A Lactation Educator Trainer at (931) 451-3223 or visit ninemonthsandbeyond.com

CHILD CARE

CHILD CARE AWARE

Child Care Aware is a non-profit initiative committed to helping parents find the best information on locating quality childcare and childcare resources in their community. The website offers lots of tips on choosing a child care provider, lots of free publications for parents, local child care rates and a Child Care Options Calculator. For information visit childcareaware.org.

MID-CUMBERLAND CHILDCARE RESOURCE AND REFERRAL

Provides childcare free referrals and information to parents, training and on-site consultation to childcare providers, and a lending library full of resources for the community.
1300 Madison Street
Clarksville, TN 37040
(931) 648-3695 or (866) 446-6006.

PROGRESSIVE DIRECTIONS, INC.

Provides services to

developmentally delayed children and adults.
(931) 647-6333
1249 Paradise Hill Road,
Clarksville, TN 37040
progressivedirections.com

MONTGOMERY CHILD CARE PROVIDERS BY AREA

tennessee.gov/humanserv/childcare/63/37040/

tennessee.gov/humanserv/childcare/63/37042/

tennessee.gov/humanserv/childcare/63/37043/

At the above listed links you will find individual Child Care Provider:
-State Star Quality Ratings
-Capacity
-Minimum & maximum age accepted
-Hours of operation
-Transportation information (Home based child care facilities are also listed)

PARENT INFORMATION NETWORK (PIN)

Parents working to keep parents informed about issues that affect the community, education and our schools via a subscriber e-mail network, clarkvillepin.net.

SHARE (SECULAR HOMESCHOOLERS: ANY RELIGION, ECLECTIC)

An inclusive/nonreligious home school support group, groups.yahoo.com/group/tnSHARE. Meets Mondays frp, 1:00 p.m. to 3:00 p.m. at Unitarian Universalist Fellowship of Clarksville, 3053 U.S. Highway 41A South

CHILD PROTECTION & DOMESTIC CRISIS SERVICES:

AL-ANON & ALATEEN
Support for families of alcoholics. Call for more information and meeting times.

Grace Lutheran Church, 2041 Madison St.

Call Joyce (931) 358-9515
Ajax Senior Citizens Bldg,
953 Clark St. Call Kim (931)
647-0566

Community Church
Jack Miller Blvd. & Airport
Rd. Call Kim (931) 647-
0566.
middletnalanon.org

**MONTGOMERY COUNTY
CHILD SUPPORT SERVICE**

93 Beaumont Street
Clarksville, TN 37040-3217
Phone: (931) 572-1663
Fax: (931) 648-5539

**CLARKSVILLE RAPE AND
SEXUAL ABUSE CENTER**

331 Union Street, Suite B.
Clarksville TN 37040
Office: (931) 647-3632
Toll-free Crisis Hotline: (800)
879-1999

**DEPARTMENT OF
CHILDREN'S SERVICES**

350 Pageant Lane
Suite 401
Clarksville, TN 37040
(931) 503-3200

LEGAL AID SOCIETY

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eligible clients.
120 Franklin Street
Clarksville, TN 37040
(931) 552-6656. las.org

**CREATING HOPE BY
ASSISTING PARENTS**

Works with families
whose children are at
risk of abuse or neglect.
Call Debra Maness at
(931) 645-9793 for more
information.

SAFEHOUSE

Provides a safe shelter,
crisis line, counseling,
support groups, referrals
and advocacy,
community education and
safety planning for women
and children who are
domestic violence victims.
(931) 552-6900.

**SUBSTANCE ABUSE &
MENTAL HEALTH**

**BRADFORD HEALTH
SERVICES**

Bradford Health Services
creates effective and
affordable substance
abuse and mental health
programs through a
variety of innovative
inpatient and outpatient
services. Clarksville
Regional Office, 231
Dunbar Cave Road
Suite A, Clarksville, TN
37043. Call (931) 542-9816

HOPE

(Homeless Outreach
Partnership and
Empowerment)
Ages 18+
Centerstone's HOPE

program serves adults
with substance use and/or
mental health disorders
who are homeless or at-risk
of becoming homeless
and who live in Clarksville.
(931) 920-7300

HARRIETT COHN CENTER

(931) 920-7100
511 Eighth Street
Clarksville, TN 37040

CHILDREN'S GROUPS

BOY SCOUTS OF AMERICA

(931) 647-8811 or (800)
899-7268
mtcbsa.org

GIRL SCOUTS OF AMERICA

(931) 648-1060
1300 Madison St.,
Clarksville, TN 37040

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in 4-H through school
clubs, community clubs,
special interest groups,
and a variety of camps.
1030 Cumberland Heights
Road. Contact Martin R.
Koon Jr. at (931) 648-5725
or mkoon@utk.edu

COUNSELING

CENTERSTONE

Family Centered Services
(931) 503-4600
901 Martin Street
Clarksville, TN 37040

SUPPORT GROUPS

**ALZHEIMER'S CAREGIVERS'
SUPPORT GROUP**

Meetings:
First Thursday of each
month at 6:30 p.m. at
Clarksville Montgomery
County Public Library
Third Wednesday of each
month at 9 a.m. at Senior
Citizen's Center at 953
Clark St.
Contact Patsy Shell at
(931) 648-1884 for more
information.

AUTISM SUPPORT GROUP

Clarksville & Montgomery
County
Donna Richardson: (931)
503-2315

**FIBROMYALGIA SUPPORT
GROUP**

Meets at First Church
of the Nazarene, 150
Richview Rd, at 10:00 a.m.
2nd Saturday of month.
For more information call
(931) 920-4124.

GRIEF & LOSS

The parish nurses of Grace
Lutheran and Sango
United Methodist churches
offer a twelve week class
for adults who are grieving
the loss of a loved one. To
register or to find out when
the next class begins, call
Grace Lutheran at (931)

*in quietness
and
trust
is your
strength*

Isaiah 30:15



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This collection celebrates God's Love and His great gifts in each of our children's heart. Your favorite scripture or poetry completes this radiant portrait. This collection makes a very special gift for Mother's day or Father's Day.

FREE SESSION to the first five people to schedule a "Pure at Heart" session. (a \$55 value!) All other appointments after first five receive 50% off the session fee when you mention this ad.

Session Dates: May 1-26
LIMITED APPOINTMENTS AVAILABLE



(931) 648-0860

www.daphnesportraitdesign.com

647-6750 or Sango United Methodist Church at (931) 358-2552.

CLARKSVILLE OSTOMY SUPPORT

A local support group for people who have undergone ileostomy, colostomy, urostomy or who suffer from Crohn's disease or other diseases of the bowel. Support for Ostomy Patients meets in the Cumberland Room the third Sunday of the month at 2:00 p.m. For more information call (931) 551-1530.

MENDED HEARTS, INC.

Supports heart disease and heart surgery patients and their families. Meets in the Tennessee Room at Gateway Health System every third Tuesday at 6:30 p.m. For more information call (931) 551-1662.

GATEWAY HOSPICE GRIEF SUPPORT GROUP

For those who are trying to cope with the death of a loved one. The support group is open to the public and there is no cost to attend. The group meets the 2nd Wednesday of every month at 11:30 a.m. at the Clarksville-Montgomery County Public Library. For more information contact Gateway Hospice at (931) 648-4576.

COMMUNITY OUTREACH

CRISIS CALL LINE

Offers crisis intervention, suicide prevention and referral. (931) 648-1000.

HUMANE SOCIETY OF CLARKSVILLE-MONTGOMERY COUNTY

Provides reduced-cost spaying-neutering and pet care assistance to eligible owners; pets for adoption through foster homes;

dog bite prevention and pet care programs; and a 24-hour help line. Call (931) 648-8042, e-mail humanesociety@clarksvillehumane.petfinder.org

HOSPICE OF GATEWAY
Interdisciplinary care for terminal patients and families. (931) 551-1175.

JOSEPHINE'S CLOSET

A ministry of Hope Pregnancy Center. Provides children's clothing sizes newborn-size 12, nothing over \$5. Parking and entrance on back side of HPC. (931) 645-2273. 325 N. Second St.

LOAVES AND FISHES

Provides a hot meal Monday-Saturday 10:30 a.m. to noon. Also provides a distribution center for food donated to agencies that feed hungry people on Tuesday

and Friday from 1:00 p.m. to 2:00 p.m. 215 Foster St. Contact P.O. Box 3241, 37043 or (931) 645-9020.

MEALS ON WHEELS

Mid-Cumberland Human Resource Agency provides group or home-delivered meals to individuals 60 or older. Volunteers deliver noon meal Monday-Friday. (931) 645-5629.

UNITED WAY

Provides the leadership to increase the organized capacity of people to care for one another. Monitors and provides support for agencies serving Clarksville and Fort Campbell, as well as Montgomery, Houston and Stewart counties. Contact at 1300 Madison St, Clarksville, TN 37040 or (931) 647-4291.

PARENT GROUPS

LA LECHE LEAGUE

Provides information, encouragement and support to mothers who wish to breast feed their babies. Meetings are second Wednesdays at Fort Campbell Memorial Chapel, 3939 Indiana Ave., at 10 a.m. and third Wednesdays at Montgomery County public library, large meeting room, 10 a.m.

Call: Austin Rees (931) 906-8452, Gini Robbins (931) 906-8946, or Sara Goff (270) 439-2723.

MOMS CLUB OF CLARKSVILLE

Stay-at-home parents offering each other support and preschooler weekly activities. Contact Kelly Vaughn, president, at (931) 552-3405 or kelly.vaughn1@yahoo.com. Visit geocities.com/clarksvillemomsclub

M.O.P.S. (MOTHERS OF PRESCHOOLERS)

A group for mothers of children from birth to 5 years of age. Meets on

first and third Thursdays in fellowship hall of First Baptist Church, Madison Street. Each meeting day includes two sessions, one from 9:30 a.m. to noon and another from 6:00 p.m. to 8:00 p.m. Child care provided. Contact Shannon Pallis, Morning Assistant Coordinator, at (931) 368-1218 or bonebroke@msn.com. Or Rhonda Tiller, Evening Coordinator, at (931) 648-1955 or imatiller@yahoo.com

PARENTS OF MULTIPLES

A support group for parents of twins, triplets and more. Meets 6:30 p.m. on second Thursdays at Hilldale United Methodist Church. Call Kelley Corley at (931) 362-9477 or e-mail vp@clarksvillemultiples.com, or visit clarksvillemultiples.com.

PARENTS REACHING OUT

Provides peer counseling and support services. Aims at long-term preventive health care solutions to families facing the challenges of a high-risk pregnancy or having an infant or child in critical care. Call (615) 365-7004.

TENNESSEE INFANT PARENT SERVICES (TIPS)

Statewide program for families of infants and toddlers with developmental delays, hearing and/or vision loss. TIPS seeks to build the family's confidence in parenting their infant and toddler. Call Jaye Johnson at (931) 302-2018 or (931) 648-3976

UP WITH DOWNS

A support group for families with children with Down syndrome. Meets second and fourth Mondays, September through May, from 6:00 p.m. to 8:00 p.m., at First Church of the Nazarene on Richview Road. Call Renee Garcia at (931) 302-7395 or e-mail: CAmommy2KJ@aol.com.

FOCUS (FAMILIES OF CLARKSVILLE'S UNIQUE SOCIETY)

A local support group for family and friends of special needs children. Meets at Clarksville Montgomery County Public Library, 350 Pageant Lane, at 6:00 p.m. on second Tuesday. For more information call (931) 920-4255 or (931) 358-5171.

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