

November 2008

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From left: Abigail Bosler, 4, Madelyn Bosler, 3, Emersen Head, 4, Connor Pigg, 4, Ellie Edwards, 4, Annlee Head, 2, Kirk Weatherford, 2, Cannon Pigg, *almost* 2; all of Clarksville. Photographed at the home of Russell and Leslie Pigg.



**Bah Humbug,
Indeed!**

**The Myth of the
Balanced Life**

**Operation:
Snaggletooth**

**Make a Beaded
Snowflake
Ornament**

**Teaching Math
Skills Around the
House**

dream, imagine, hope...believe

holiday events

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Meet & Greet Strawberry Shortcake • Saturday & Sunday, November 8th & 9th, 2:00 p.m. & 4:00 p.m. at Borders Court. Meet Strawberry Shortcake and join her for a story and treats!

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Day After Thanksgiving • Friday, November 28, the Mall opens at 5:00 a.m. for doorbusters! The first 200 people at the Main Entrance will receive a shopping bag filled with great merchant discounts. Lucky customers can WIN Mall Gift Certificates worth \$5 to \$50!

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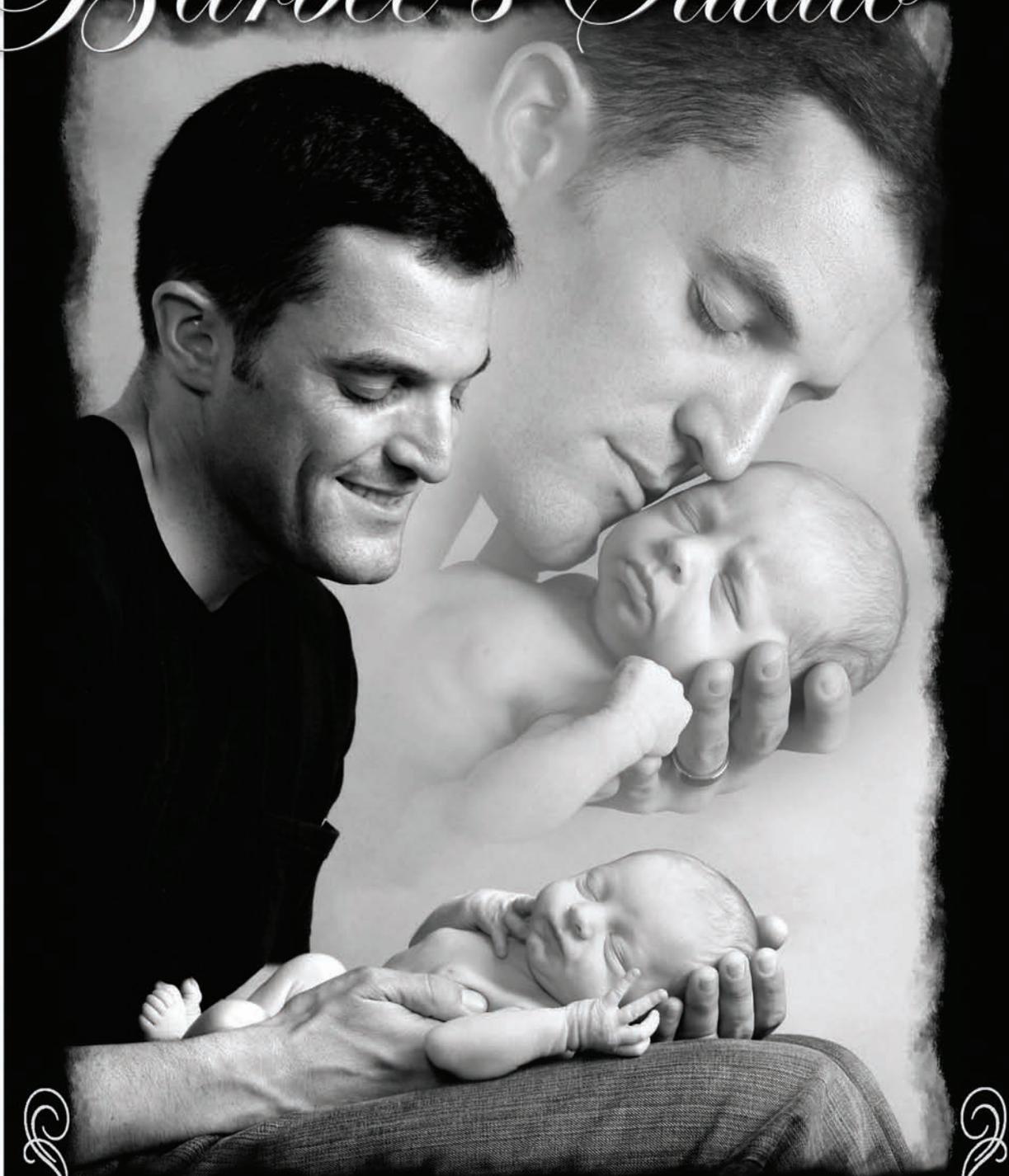
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Publisher's Message

As usual, with the holidays rushing at us, it's all too easy to forget to be thankful. Instead of counting our blessings to be able to dine with our loved ones, we're counting the ingredients on the grocery list for those family meals. Instead of enjoying the laughter and conversation with all of those cousins, uncles and (great)grandparents, we're worried about place settings and having enough ice for everyone's tea.

As evident on our cover this month, we found a group of eight preschoolers who weren't yet bothered by all of those things. They "got it." They all had a great time decorating (and sampling) a batch of holiday cookies. A few of them noticed the guy in the corner of the room with the camera. Some were even downright hams—holding cute poses until they heard the click or saw the flash. But most of them were oblivious to this manufactured scenario, and instead got lost in the piles of sprinkles and bottles of icing. I was amazed at how quickly they all became so comfortable. I think there is a lesson for us all there.



It's easy for someone to say "don't forget to stop and smell the roses." But the reality of our lives is that those roses would be dead and wilted pretty quickly if we didn't do all of those things that keep us from enjoying their scent. The housework, and homework, and yard work, and of course the work work; raising the kids, cooking, driving all over town on errands, and taking the kids to their activities—it never ends. And we don't want it to end!

But while we're doing all of that, let's all try to at least enjoy it. Let's try to find the good, the funny, the happiness in each of those sometimes mundane tasks. I think that is what being thankful is really about.

I hope I remember to enjoy decorating my "cookies." And not just during the rush of the holidays, but all year long.

Happy Thanksgiving, everyone.

Sincerely,
Carla Lavergne

Clarksville Family

Clarksville Family Magazine has 10,000 issues published and distributed monthly at over 150 locations across Clarksville and the surrounding area.

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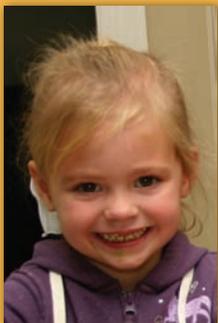
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Bah Humbug, Indeed!

by John McDonald

Charles Dickens' *A Christmas Carol* is as synonymous with the Christmas holiday as Santa, mistletoe and gift-giving. However, discussing Mr. Dickens' masterpiece with my Saturday class, a number of young people had never heard of it. I wondered how they could have missed Reginald Owen in the 1938 MGM classic, or Alastair Sim in the British 1951 version, or the overblown 1970 musical *Scrooge* with Albert Finney, or even 1988's *Scrooged*, Bill Murray's modern takeoff. But it is possible, since most of them weren't even born yet, and its spirit is as intangible as the unwanted fruitcake is tangible.

Can you remember the first time you heard the words, "Bah humbug!"? I can, and how. It was from my third grade teacher, Sister Bernard Joseph, who spoke those famous words when I revealed to her what I secretly wanted Santa to bring. Now, more than fifty-plus years later, it has become a part of my common vocabulary. Well, at least during November and December.

My first *Carol* was as a teenager in a high school production, in which I chewed the scenery and wore so much makeup that a Memphis critic remarked, "The extreme makeup of John McDonald makes him look more like a refugee of a bad stock company production of *King Lear* ... which otherwise marred a rather good performance."

I made my Broadway debut directing *Bah Humbug*. It played the Walter Kerr Theatre. It was overblown, overambitious and overdone for such a simple tale of love, compassion and redemption that it failed miserably. Or rather, its run was ended and not extended, but closed fortuitously Christmas Eve.

We first produced the *Carol* here at the Roxy our second Christmas, as a pre-show to our production of *Showboat*; that was 1984. It was a shortened version, accessible to those coming from work, picking up their children, seeing the show and then going home. I didn't play Scrooge that time (David Harris had the honor); I played Marley. But

I still managed to chew the scenery and scare the children, which made me realize that I had gone overboard and that I needed to come to the edge of the stage at the end of the performance, remove my makeup in front of the audience and explain that it was only a play, I was only an actor and it was all make-believe and pretend. I was later thanked for that impromptu epilogue by Dorothy Smith, one of the meter readers. I thanked her for thanking me, and she said, "I wanted to give you roses at a time when you could appreciate them." At that time, I wasn't sure what she meant, but now I do know. Kind words to the living. Yes, and as it should be—part of the Christmas spirit, intangible yet palpable as holly-scented candles.

We produced the Dickens classic as a full community theatre production in 1991 and paid high royalties to Music Theatre International for the privilege. I don't remember a lot about it, but I do remember Linda Ellis and Clark Young as Mrs. Dilber and Old Joe. He was not old, and she was not miserly, but I do remember their faces looking back at my own, overly made-up one; I can still see their sweet faces in my mind's eye. I remember putting on lots of makeup to appear old. Greg Williamson was in that production, too, playing Jacob Marley. And each evening we played, "Can you top this?" in our performances. I'm not sure who was the bigger ham, but we could have fed a family of twelve for a year on what we served up at each performance. As the years have passed, the bald wig is gone, for I am now bald (or should I say balding). And the painted on wrinkles and the age spots are real. That's something to be grateful for, I think ... well, at least at Christmas. In years past, I took a kind of vain pleasure in baby-wiping the Max Factor off of my face. "Ah, I was young again." Or at least younger than Scrooge. Sadly enough, that is no longer true. An older, yet wiser, ham am I. The play itself has some kind of magical quality which makes you hold onto the true meaning of Christmas

far longer than the twelve days that are required. I remember standing in line at Worthams Foodtown and being annoyed by someone jumping ahead of me. It was June, and I remember thinking an unkind thought. And I also remember how long I had kept the Christmas spirit from December until that day in June.

Benny Jones remains my favorite Bob Cratchit. He was easily terrorized by my Scrooge ... or maybe it was me who terrorized him. Nevertheless, his performance was wonderful. He missed a show once, though, but luckily enough Rita Collett (one of the Mrs. Cratchits who was sharing the role with Debby Jeter) happened to be in the audience. I knew Rita knew the lines; she is a very smart young woman. So she put on his costume, doffed the hat and went on, which is very important in the theatre. For the show must go on. I now realize what that axiom really means—it means you don't have to refund the ticket price. So the show went on, and Mrs. Cratchit (now Bob Cratchit) had her lines on her standing desk. At some point in my hamming it up, I threw her papers in the air; her lines were on it. I thought, "Oh no—now I'm in trouble." But, oh no, as I've said, she was a smart woman and ad-libbed the Dickens out of the scene.

My favorite Mrs. Cratchit is my favorite actress, Leslie Greene. She played the scene after Tiny Tim has passed with such pathos and motherly sincerity that it would make the hardest of hearts break. Mine did every night, even though that was the year that we left out the children totally. We wrote lines to say that Belinda would be late, Martha was still at work and Tiny Tim was upstairs asleep. It was easier to tour, but you miss Tiny Tim saying the closing line. Leslie's nephew was having a hard time making the transition to Clarksville after the death of his father. At some point, I said to him, "Do you want to play Tiny Tim?" He perked up a bit. I said, "Then say this: God bless us everyone, with a smiley face on." He said it, all of it, even the smiley face part. It was so cute, we kept it in the show that year.

One production featured Joe Leavitt as Christmas Present, perched high up on a fake-fired fireplace. After a few performances, he became ill, finally coming down with pneumonia. What to do? Who goes on when no one can go on? When one of us is already in the show the other is the general understudy. Tom Thayer, who was a quarter of the size of Joe Leavitt, was swallowed by his costume. But Joe had his lines taped on the top of the fireplace mantel. It took me a few performances to come to terms with the fact that the understudy was word-perfect. He could read, just like Joe. My partner is very tight with the theatre's money. Well, one of us has to be. But another point in the true spirit of Christmas: he didn't take payment for his covering of the unwell actor, but paid him just the same. After all, it was Christmas, and pneumonia is expensive.

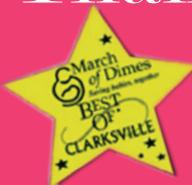
As an opening night gift for the Broadway production, I was given by a friend, from the Morgan Library, a facsimile of the Charles Dickens classic—the one that he used when touring his country, and ours, reading the story of the *Carol*. It is an adapter's dream, for Dickens has laid out what he finds



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important, cuts the fat from the script and bridges it all in words written in his own hand.

For many years, we had gotten so many children out of school so many times to perform in so many holiday productions that it was getting out of hand. Children can't miss as much school as we need for the *Carol*. Teachers squawked, parents balked and children gleed. But it wasn't working out; we were not making friends with teachers, principals or the school board. We had gotten a few out for *Peter Pan* for a few daytimes, we double-cast *Sleeping Beauty* and triple-cast *The Wizard of Oz*. It was beginning to be too much.

The *Carol* was our first professionally produced production. I had asked the board for a set amount of money, which would help to pay for six professional actors. I was granted that and, from that, came the curriculum company, our first professionally produced production. And last season marked a full year of professionally produced productions. Joe Sonenshein was our first yearlong recruit; he even supervised the interns in their playwrighting.

That original *Carol* played fifty performances with ten sets of four Cratchit children, so Mr. and Mrs. Cratchit had to rehearse every scene ten times more than the rest of us did. Dickens has words about the children being pitiful and sad and wanting. I remember a performance when I looked over at the family, and there was Jeron Bray as Peter, Amanda Brown as Martha, Michele Lebkeucher as Belinda and Jaymin Burr as Tiny Tim—a more beautiful set of children could never have been assembled. And there were thirty-six others waiting in the wings, equally as young, energetic and hopeful. It made me wish, in my jaded heart, that the real Cratchits had been as lucky and as numerous.

The last Thanksgiving that I spent with my family was here in Clarksville. Along with my mom and dad, who are now gone, were my brother, his wife and his two young daughters, Chelsea and Kirby. We had been in rehearsal some time for my adaptation of the Dickens classic, and no matter how we played it we were a good ten minutes short. Along with the chaos that comes with planning a Thanksgiving dinner for eight people for the first time, I also had to write a ten-minute scene to increase the length to at least an hour and a half, which is as much as any child can reasonably be asked to sit through and as much as a \$5.00 ticket is worth. I knew I wanted to incorporate Old Joe and Mrs. Dilber, whom I had originally left out of the text. The only two actors who were not on stage, or changing costumes to come onstage, were Jay Wickham (who was Cratchit at the time) and Chris Davis (who was Nephew Fred). I copied word for word from the Morgan facsimile, gave the lines to the actors on a Friday night, rehearsed it on a

Saturday afternoon, got a dress and a mop cap for Jay for Mrs. Dilber, and Chris got an eye patch and a funny hat for Joe. The funniest thing of all was the fact that forty children, who had not seen or known of the new scene, were standing in the wings, agog, wondering what the heck was going on.

The first year we played *Peter Pan*, I was a lot younger, and I was totally worn out after doing two shows. For you start out as Mr. Darling, change costume and makeup for Captain Hook, then change back to Mr. Darling, only to take your curtain call as Captain Hook. I can now do a twenty-minute diatribe on the wonders of baby wipes, but I will save that for another occasion.

One day, after one of those two-show days, Stacy Turner-Olson asked me to go to the hospital to visit her brother in my full Captain Hook regalia. He was ill, and she asked me if I might not go by after the show and brighten his day. She was playing Tiger Lily. How could I refuse, after all of her myriad kindnesses to us? I think we spend our lives only looking out and forget sometimes what we look like to others. I can still see the nurses' and orderlies' faces as I entered the hospital and went into Chris Turner's room. He was pleasantly surprised, but he also had that teenage smile—you know, the one that says, "This is a fine predicament I've gotten you into." "Yes," thought I, "but one you'll be telling your children of someday."

This year Nathan Whitmer will be fun to terrorize as Cratchit. He's taller than I am and could take me out at the drop of a hat. Brendan Cataldo will be charming as Fred because he, himself, is charming and has a good heart, just as Nephew Fred does, and only laughs at Scrooge's grouchiness, as Brendan laughs at mine. Maria Maloney, a truly ingenious talent, will tackle Belle, as she has Natalie/Ed in *All Shook Up* and Rosamund in *The Robber Bridegroom*, making these roles her own, as only a true artist can.

I hope as I get older and perform more Ebenezers, and tell his story, that I will be able to keep the true spirit of Christmas in my heart at least a little bit longer than June. This year another forty children will join us for a romp into a world of make-believe, where memories are made, moments cherished and friendships solidified. How many Cratchit children have graced the Roxy stage? More than a hundred, more than I could name, more than even Bob Cratchit could remember. Count them up, and multiply those memories, more precious to me than the gift Sister Bernard Joseph pooh-poohed with a "Bah humbug!" so many, many years ago. Bah humbug, indeed. But, nevertheless, "God bless us everyone!" Yes, blessed with being able to present the *Carol* again for another year, in all its awe and wonder.



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Teaching Math Skills Around the Home

by Stephani Cook

For many of us, assisting our children with language, reading and spelling comes naturally. After all, we talk all day every day and reading is an integral part of our communication. Math, on the other hand, sometimes seems more daunting. Perhaps we remember our own grief over fractions, algebra and multiplication tables so we feel incompetent to teach those skills to our children. However, math skills are used as often, if not more so, than reading and language skills. Here are a few ideas to help include your children when performing daily math activities.

1. Allow your child to assist when cooking. Every recipe calls for measuring, cooking time, number of ingredients and portion sizes. Depending on the age of your child, he or she can perform the entire process with little assistance from you or assist you as you prepare the food. What child wouldn't want to count the number of chocolate chips that goes into his or her cookies? Or make the decision as to what fraction of the whole each piece of pizza should be? How many French fries make a serving? Cups, pints, gallons, teaspoons, tablespoons, grams, pounds and calories are all measurable units. The possibilities are limitless when it comes to math in the kitchen.
2. Allow preschool and kindergarten age children to complete patterns and/or categorize throughout the day. Again, food is a useful tool to teach this concept. Using fruit snacks, colored candies or cereal, place several pieces on a plate in a pattern. For example,

red-red-red-blue. Have your child make the same pattern with his or her own pieces before eating the snack. Shapes work well too—use square and round snack crackers to create a pattern. Your child can either copy your pattern or finish one that you started (square, round, square, what's next?).

3. Sorting is a math skill to practice with young children as well. When doing laundry, allow your child to help sort colors, types of clothing, etc. or put groceries away by category (shapes, colors, types of items, etc.).
4. Addition, subtraction, multiplication and division can be taught in a number of ways. Again, in the kitchen, ask your child to identify how many cookies will be baked if you place three rows of four cookies on the pan. If there are four people having dinner, how many pieces of bread should we bake for each person to have two? If there are six pieces of chicken, how many will be left if dad eats two?
5. Money is a language we all have to learn and your child is no different. Allow your child to assist you when paying bills or counting change. Teach them the value of coins and use charts or graphs to keep track of the money in the piggy bank. When shopping, ask him or her to tell you which of two items costs more, or what the price difference is between two items. "Percent off" is a great way to practice fractions and decimals—especially when it's that toy they've been saving for and it's now on sale!!

Help your child to keep a ledger of his or her own money to practice early checkbook skills. Discuss interest on credit cards or loan payments. Discuss monthly bills and how they are calculated. With all of the emphasis on the economy, your school age child has likely heard something about Wall Street or mortgages. Use their interest in the subject as a wonderful teaching moment regarding the way money works in our country.

6. Card games are wonderful teaching tools for math. Almost every card game requires cards to be sorted by number, suit, color, shapes or sequence. From the easiest game of "Go Fish" to a complicated "Spades" hand, card games are fun for everyone and involve numerous math skills.
7. Most of us adhere to schedules throughout the day and understanding time is essential. Teaching your child good time management skills not only improves math skills, but is also a wonderful help when you're trying to get out the door. For example: It is now 3:00 p.m. and you have practice at 4:15 p.m. If it takes 20 minutes to drive to the field, what time do we need to leave? It takes you 10 minutes to get dressed. What time do you need to begin?

Hopefully these suggestions will spark more ideas for your own home. Just remember, there are very few moments during the day that cannot be used as teaching moments if you just take the time to share with your child. You are, and will always be, your child's best teacher.

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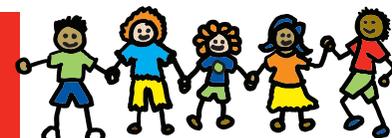
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Adoption: The Hurdle Race

by Shannon Cummins

Almost six years ago, my husband and I started what he refers to as our "hurdles race." No, I'm not referring to the event run on a track where you can easily break a leg. What I'm describing takes place in the courts where you can easily break your heart. In this race, however, you don't know the ultimate length, or the number of hurdles you have left. Yet one thing is clear, at the end there is a wonderful and perfect prize that quickly erases any pain felt along the way.

Type "adoption" into Google and you get nineteen million, seven hundred thousand results; overwhelming, to say the least. I remember sitting at the computer thinking, "Where in the world do we begin?" We were inundated with information, which only compounded our problem of where to start and which adoption road to take. Words like international, domestic, independent, open, closed, and agency quickly became a part of our vocabulary. Thankfully, two friends came along to guide us in the adoption process and provide us some direction. Talking to each of them, and hearing their stories, helped guide us through our adoption journey.

My husband and I have domestically adopted two boys, meaning they came from here in the United States. The first was through an agency, while the second was an independent adoption, meaning no agency

was involved. In our second adoption, the birth mother, who knew us, contacted us and asked if we were interested in adopting again. We were thrilled, and it couldn't have been at a better time. In both cases, there was much paperwork, medical appointments, finger printing, home studies, and emotional anxiety...all hurdles to be cleared.

We are so blessed to have two wonderful boys. They have brought joy, love, and yes, sometimes frustration into our lives. However, the race was more than worth it. We love to share our story and encourage other couples to be a part of this miracle. Our story and others will be shared during a free adoption seminar. You can get legal and financial information as well as resources.

If you are thinking about adoption, come to the free adoption seminar being held at the Rossvie High School auditorium on November 15th from 9:00 a.m. to 12:00 p.m. You can get information about the seminar and register at www.adoptionclarksville.com. In the end, educating yourself is the best method of preparation, and preparation is the cornerstone to any adoption. Every adoption story is beautiful, unique, and a miracle that should be shared. And in this hurdles event, everyone who completes the race wins!

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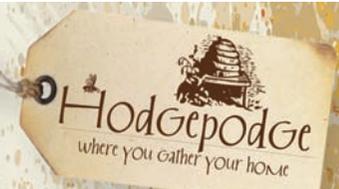
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OPERATION: Snaggletooth "Fairies in Flight...No Tooth Left Behind"

by Kelli Blankenship

"Look what Aunt Amy made me!" Morgan Flynn said to his mother after receiving a tooth fairy pillow from his aunt, Amy Painter. At the time, no one knew what this pillow crafted out of love would become to not only young Morgan, but to the children of America's fallen heroes.

On August 22, 2007, Morgan's father, CW2 Paul "Josh" Flynn and 13 other men lost their lives while serving their country in Multaka, Iraq. Shortly after Morgan lost his father, his mother Dusty Flynn called her sister Amy, and told her that Morgan was getting ready to lose his first tooth. Amy had just finished making her own daughter a tooth fairy pillow and Dusty asked her if she would make one for Morgan.

"We grew up with tooth fairy pillows," Amy said, "So I thought what can I do?" Amy decided to make the pillow out of one of Josh's uniforms. While her sister was out of town, she went to Dusty's house and sneaked out one of Josh's BDU jackets, as well as a patch with the Airborne Wings embroidered on it. After collecting these materials, she took them home and began to make Morgan's tooth fairy pillow. When Dusty came home, Amy told her that she was done with Morgan's pillow. She gave her the pillow and said, "I hope you're not upset."

"I knew she wouldn't be. I knew any one coat wouldn't be more special than the other when it came straight down to the BDU jackets," Amy said. "I really did not anticipate all this at all. I did what she asked me to do, I made him a pillow. It was really intended just for Morgan."

Amy had only sewn the ends of Josh's name tape to the pillow, and they noticed that Morgan would use the name tape like a handle to carry his pillow. "It's something that he can keep. It really actually was made of his dad's uniform." Amy said.

"It's more than a tooth fairy pillow," Dusty added.

Amy completed Morgan's pillow in September of 2007.

Dusty approached her mother one day after several weeks of grieving the loss of her best friend, feeling as though there needed to be more for the children of soldiers who lost their lives in Iraq or Afghanistan. She wanted these children to feel like more than just another statistic whose parents made the ultimate sacrifice in support of

our freedom. "There needs to be more. I don't know what they need, but they need something," Dusty said.

Dusty's mother, Cindy Chester responded with, "What do you think if we make tooth fairy pillows for all of these kids?"

"Oh my God! That's it!"

They got together with Dusty's sister Amy to make sure that it was all right with her, since it was originally her idea. They then approached their sister Mandy Stroud to see if she would be on board with the idea as well. They were all quite determined to make sure that no one was left behind.

For the four women, coming up with a name for their organization proved to be tricky. They threw ideas around the office, and asked people they work with for help. They wanted to include the word OPERATION in their name since it was for children of military soldiers, and their operation was to insure that all soldiers and their children are remembered.

"I looked at Amy and I was like, Snaggletooth!" Dusty said "So then well, we have to have a slogan."

After tossing ideas around they decided on "Fairies in Flight...No Tooth Left Behind" because Josh was a pilot, and because he always said that no one is ever left behind.

When Dusty had met with her Casualty Assistance Officer, she had signed paperwork saying that she would allow nonprofit organizations to contact her to give Morgan gifts because they wanted to. She knew that there was a list of families who wanted to be contacted, but they needed to prove to the Army that they were well intended, and they needed to officially become a nonprofit organization. They did just that.

Once they had their list, they began the process of contacting the families of fallen soldiers. Each family receives a letter offering heart felt condolences for the loss of their soldier, and a form which they can complete and send in to the organization. Families who have lost a soldier can also contact the organization and request that a pillow be made for their children.

On April 14, 2008, OPERATION: Snaggletooth sent out the first of many pillows. To date, over 200 pillows have made it into the hands of children of fallen warriors. The ladies are self-proclaimed perfectionists, with some pillows requiring 12 hours of work to complete them, and several tries.

As I was getting ready to ask the ladies a few more questions, Morgan came in from T-Ball practice. Morgan hopped up in the stool next to me, and I asked him how he felt about what his family is doing for these children who have lost a parent. "Good! Super Duper!" he replied with a smile that stretched from ear to ear. Morgan has also been involved in this endeavor by removing buttons and name tapes

from uniforms that have been donated. I sat in complete amazement of Morgan. His spirit was so great, it surpassed my understanding. I cannot personally imagine what he has gone through, losing his father at such an incredibly young age, but I know that he is quite a brave and considerate soul. It warmed my heart hearing that he too was a part of this operation created out of the love for a truly great American Hero.

I then asked them what they considered to be the ultimate goal of their organization. Before any of the ladies had a chance to reply, Morgan said, "To make tooth pillows!" A roar of laughter filled the room.



"To give these kids a memorial to honor their parent," Amy stated.

"Each and every kid has a name, and there are people who understand their pain and hurt," Dusty added.

When I asked them how they feel about what they're doing, they unanimously said that it's indescribable. Their hearts and souls are in it 100 percent.

Mandy said, "I eat, sleep, and breathe OPERATION: Snaggletooth."

Amy stated that people have to be selfless, "It's really just not about you. It's about what I can do for you."

Since meeting with this family, my heart has been truly touched by what they do. It has been a personal goal of mine to spread the word about this fantastic organization to as many people as possible. These pillows are little, but the message is great...Until All Have Been Remembered.

On Saturday, November 15, a fundraiser to benefit OPERATION: Snaggletooth will be held at Highland Ridge at 1601 Old Russellville Pike from 6:00 p.m. until 9:00 p.m. Local artist Mike Robinson will be performing, and food and beverages will be served. The cost for the event is a donation of \$15 per person, and children ages 12 and under are welcome free of charge. All proceeds will benefit OPERATION: Snaggletooth.

For more information on what you can do to help OPERATION: Snaggletooth, or if you would like to request that a pillow be made for a child of a fallen soldier, please visit their website at www.myspace.com/notoothleftbehind. If you would like to make a donation, please send it to:

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Attention all Military Sellers: Consider FSBO!

by Mary E. Donahue

Family Values

Military personnel cannot normally decide when to buy or sell their homes. When they get orders, they must move on. Permanent Change of Station (PCS) moves are done several times over the course of a military career. Because of that, military personnel find themselves in the real estate market with shorter periods of ownership. Ownership over a shorter period of time—less than 5 years—can sometimes negatively impact the amount of money that a military seller leaves the closing table with.

In selling their homes, military personnel, like other sellers in the market, should rely on professionals to assist them. It is important to know that there are different types of professionals who can assist you in managing the process of selling your home.

The typical professional used by most people in selling a home is a real estate agent. If neither you nor your spouse has any time to devote to marketing and showing your home, then using a real estate agent is probably the best approach for selling your home. Another professional who can assist in selling your home is a real estate closing attorney, some of whom work at law firms and some work at title companies.

In this real estate market and this sluggish economy, it would not hurt to speak to both a real estate closing attorney and a real estate agent when deciding which sales approach to use when you sell your home. A real estate closing attorney can assist you in a For-Sale-By-Owner (FSBO) transaction. Compare the fees and costs associated with closing the sale of your home with a real estate closing attorney and those associated with a real estate agent. Obviously, a closing attorney will not market or show your home for you. In an uncomplicated transaction, however, a real estate closing attorney's fee may well be significantly less than a real estate agent's commission. If you are willing to do the marketing and showings yourself, there may be significant savings.

In a FSBO transaction, a real estate closing attorney can take care of the documentation and closing of the sales transaction. A closing attorney will ensure that the sales transaction is properly documented for the parties, and advise the parties about other legal and contractual requirements relating to the sale.

In addition to these professionals, military personnel have other helpful resources available to them in marketing their

homes. If you are willing and able to do a little legwork, you may be able to save significantly on the sale of your home.



Mary E. Donahue, Esq. is a military spouse who owns and operates Red River Title Company and M.E. Donahue Law, PLLC, both located in downtown Clarksville. You can learn more about the real estate closing services and other legal services Mary provides at www.medonahuelaw.com. Or contact her at (931) 245-5481 or mary@medonahuelaw.com.

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Optometry 101: How to Find Your Vision

by Tina Gallo-Reid and James Black

Well, here we are again. Another month gone by, the colors outside are changing, and the temperature is cooling off. There is a crispness in the air, once again ushering in the start of the fall season. The lights of the high school football stadiums are bright on Friday nights. It's a great time to be looking for your next dream home in Clarksville. It's just enough time to get in and enjoy for the holidays.

The last time that we spent together, we spoke about selecting an agent and the importance of pre-approval. We want to spend a little time talking about preparing yourself with a vision, some home searching tips, and etiquette in making your offer. Having all these things in place will save you time and money. And that's the goal, right?

"I can see clearly now..."

Your vision. What is it? What should it be? How do I convey my vision? How does it help me?

Lots of questions. Let's answer them together.

Your vision will help you keep grounded during the searching process. Do you remember the "Telephone Game" that we played in elementary school? The one where one person whispered something in someone's ear, then they to the next person, and so on, until the last person? That last person usually had a whole different interpretation of the beginning statement, and everyone had a good laugh at the result. A similar situation could pose itself during this searching process if we do not have a clear vision, and write it down to help keep our focus on the important pieces we expect from our next dream home. A person without a vision for what they want or expect can very easily get sidetracked on inconsequential things that move the vision in the wrong direction, or completely off course. Vision will keep the facts and the needs in the proper perspective.

"Once Upon A Time....?"

The writing of the vision. It doesn't matter how you write it down, just do it! Some people like to use an outline with bullet points, while another may prefer an epic novel. The format doesn't matter, as long as it is what you are comfortable with, and clearly states your goals.

To clearly state your vision, we must get past the four walls of the home when we talk about the goals. The house itself is very important, but many other aspects influence the feeling and security we have with our homes. Here are some examples that you can use to help guide your vision writing:

1. What type of neighborhood do I expect to live in (quiet, subdivision, urban, suburban, etc.)?
2. Where is it in location to my life? Many times we do not take into consideration the rest of our life. Oh, we may think about how close it is to work, or the kid's school, but

rarely do we think about "How far away are we from our church?" Or that monthly get together with all of our friends. Or how about football practice or ballet? These activities are part of what defines our lives, and as such, must be considered when selecting a home.

3. What amenities outside of the home am I looking for? Do I need a convenience store close by? How far to the nearest gas station? Is there a park or recreation center nearby? Is there a place for my kids to ride their bikes safely?

As you can see, there is much more we should consider when searching for a new home. These, along with your physical structure needs, will help you make the most informed and educated decision available, and will help you choose a home that will continue to bring happiness and joy to you and your family.

"Time to Feed the Baby!"

Treat the vision like a baby. Feed it, nourish it, guard it with love and care. It will grow up and take care of you. Pay close attention to the vision, and listen to what it is saying.

"Manners Matter"

Remember when Grandma used to say that? It really is true, even when searching for your new home. Here are some pieces of etiquette that you should follow when searching for a home.

1. Don't try to "squeeze in" a showing. This is not respectful to your agent, and it does not allow the proper amount of time the home and home-seller deserve for proper consideration against your vision.
2. Try to ride along with your agent to your showings. This helps to conserve gas, gives you time to explain your vision to your agent, and lets you focus on comparisons and compromises that may have to be made.
3. Don't bring an extra shot café latte to the showing. Although I know that they sure are good, remember that you are probably going to need to use the bathroom. OOPS! Could you imagine that conversation? "Sorry, I need you to step into the other room of this house you are showing me, because I didn't think ahead, and I need to use the bathroom of this house that either isn't finished yet, or of this house that still belongs to people I don't even know!" Do you really want to have that discussion?
4. Wear shoes that are easily removable. Many new homes will either just have had the carpets cleaned, or maybe even entirely new carpets installed. Be prepared to take your shoes off.
5. Look at everything. Look in everything. If this could be your prospective new home, you should know everything about it.
6. Don't be afraid to talk about it. Although you don't want to badmouth the house during the showing, don't be afraid to let your agent know if

you do or don't like something about a house. You won't offend the agent, it's not their house. They want to help you find not only what you want, but what you'll love.

"It's not what you say, it's what you don't say..."

Let's look at some things that you don't want to do when making your offer.

1. Don't be disparaging to the property. There really is no justification for low-balling a seller. Make offers for a reasonable price, just like you would expect someone to offer you for your property.
2. Don't ask, or even care, how much the sellers paid for it, or how long they've lived there. The market value is not swayed by this. The market is what it is. Don't waste your time and energy. Remember, we want to spend as little time wasted, okay?
3. Don't disregard the seller's wants and needs. This may be an opportunity to create a win-win situation for both parties involved. Be sure to get all pertinent information before discarding a potential deal. It may just work out for you.
4. Don't be rigid and inflexible. Does it matter enough to lose the home over?
5. Don't disregard standard market prices. This will quickly turn off

listing agents and show your naivete big time. If your offer is going to be way out of the norm, have your agent call the selling agent with a list of facts, why you need the unusual terms, and why your offer should be accepted even with the unconventional circumstances.

6. Don't be afraid to make an offer. You don't want to lose the home, so don't let the grass grow under your feet.

We covered a lot of information, and still have much, much more to discuss in future articles. These points will help you save time by knowing what you want and need with your vision, and how to stay on track. Also the proper way to conduct yourself during the searching and offer will help to streamline your house hunting and negotiating.

Next time I will be sharing more information with you on the negotiating process. Get your vision down on paper. Remember that I am always available to help you get your vision started. Feel free to contact me at any time with questions, or if you're ready to start your search. Please visit my website at hometalkteam.com, or call me at (931) 378-1641.

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Get a "Hand" on Premature Aging

by Bella Medical Spa

These days you can't always tell the true age of a person by looking at their face. With Botox to smooth wrinkles, and dermal fillers to replenish lost facial volume, we can maintain our youthful look. While our face may not always tell our true age, our hands do not lie. To tell a person's age, they used to say, look at their hands.

Why do our hands age?

Hands will age just like your face. Besides our face, hands are the part of our bodies that receive the most year-round sun exposure. Our hands are nearly always uncovered. Exposure to the sun, weather, and various chemicals wears on our hands. The natural aging process and the exposure to elements over time can cause a loss of moisture, wrinkles, brown spots, and a rougher texture.

How do I make my hands look younger?

Bella Medical Spa can address the aging of the hands. Bella's two most popular laser procedures used to treat aging hands include the SmartXide DOT Therapy (laser resurfacing) and the MedLite Laser, which can remove brown spots and superficial wrinkles. Laser resurfacing can effectively smooth out your hand's skin, even out its

color, eliminate rough patches, brown spots and wrinkles, and promote collagen growth.

With aging, people lose some of the fatty tissue under the skin on the hands, creating a bony, skeletal appearance. Radiesse or Sculptra, injectable fillers,



can successfully replenish lost volume to smooth out the signs of aging. Radiesse dermal filler is made of calcium-based microspheres suspended in a water-based gel. It is made from a biocompatible (won't harm the body) substance that is identical to what is naturally found in the body. With Radiesse you will see

immediate results, and these results may last up to a year or more. Sculptra is composed of poly-L-lactic acid. Poly-L-lactic acid is also biocompatible. The effects are long-lasting; they were shown in a clinical study to last for up to two years after the first treatment. Radiesse and Sculptra are both injected into the skin through a simple and minimally invasive procedure and are used to increase the skin's thickness and replace volume that has been lost. What makes them both highly effective treatments is their unique ability to stimulate the body's own collagen production; helping your body to create its own natural and youthful look.

Once your hands have been rejuvenated you will want to keep them that way. The use of SPF and other products can aid in this process. Most serums that are meant for the face can also be helpful on the hands. Also be sure to apply SPF to your hands every morning, just as you do your face, and reapply if you are going to be outside for a long period of time.

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Snowflake Ornaments

by Jessica Clark

This time of year the world starts to bustle. Shops and homes become adorned with charming lights and sparkly trinkets. Families come together to love, laugh and share in holiday traditions. There are those inviting smells from the kitchen of turkey, stuffing and eggnog—while putting up a Christmas tree and untangling lights—all of these with the hope of snowfall in the midst.

I am originally from upstate New York. When I was a child this time of year brought snow, and not just a light dusting like Clarksville is sometimes lucky enough to get. I am talking about colossal amounts of snow, snow so high you can't see over it. The snowflake is one of my favorite shapes, if it can be called that. I recently read that a single snowflake is made up of hundreds of tiny ice crystals and that no two are ever the same. There is something about the first snowfall of the season that takes us all back to when we had the spirit of a child dancing around in the snow without a worry or a care. I remember running outside in my footed pajamas in the dark to catch as many magical and mesmerizing snowflakes as I could. Some of my fondest memories as a child are playing in the snow, in the dark, with my family.

Today, as I prepare for this holiday season, I hang snowflakes around my home. I anticipate and embrace the chilly evenings warmed by hot cocoa stuffed with marshmallows, just hoping for a little snow.

These snowflake ornaments are a great way to remember your favorite holiday times. Maybe you're making a keepsake for you or your child's beloved holiday memories, your first year as a married couple, or your baby's first Christmas. Now is the perfect time to create some new memories and traditions. This can be a wonderful hand-made gift for a friend, family member or teacher. They also make stunning decorations to hang on your tree or around your home. As the years pass you will treasure the memories you have created while making these beautiful ornaments.

Materials

- 1- Package 6 to 8 pc Snowflake Ornament wire forms (size 3.75", 4.5", or 6")
- 1- Spool of ribbon
- 1- Package 50 pc rubber stoppers
- A large variety of glass and crystal beads (no tiny beads)
- Super glue

Tools

- Scissors
- Round-nose or chain-nose pliers

Step One: Decide what size snowflakes you would like to make and in what color. You will need a variety of shapes, sizes and colors. You will want to put your beads on one or two stems to play with different design combinations.

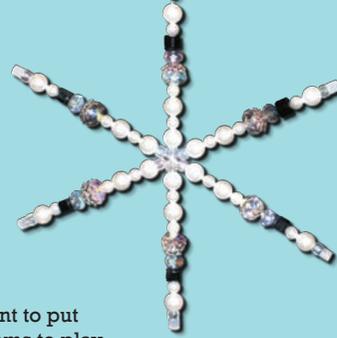
Step Two: Once you have decided on a design pattern, you will put your beads on the stems one stem at a time. When you reach the end of the stem you will put on a rubber stopper.

Step Three: After you have decorated five of the six stems and put stoppers on them, it is time to make a loop for hanging your ornament. On the last stem you will use one to two less beads at the end of the stem. Starting at the tip, using round or chain-nose pliers, make a loop. Sometimes this part can be a little difficult for a child or even an adult. If you have any troubles please feel free to bring your snowflakes in to Busy Beads & Moore and we will be glad to help you. Also see **NOTE** below.

Step Four: When the snowflake is complete, you will superglue all of the rubber stoppers at the ends. This will help to keep them from coming off.

Step Five: After the glue has completely dried you will cut about five inches of ribbon. To attach, string the ribbon through the loop you made at the end of one stem.

NOTE: Be careful not to break any of your beads while turning your loop. An alternative to making a hook is to use an ornament hook to hang the snowflake (the hooks need to be the thin kind). You will simply run the wire through the rubber stopper and close the loop in the ornament hook hoop around the stopper. Then put the stopper on the end of the last stem. Make sure you glue



Art & Craft

this stopper very well since the ornament will be hanging from it.

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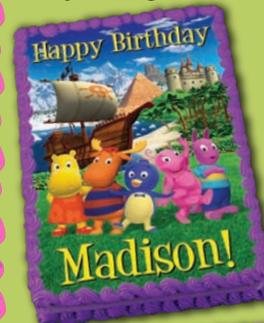
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The Myth of the Balanced Life

by Chris and Kim Edmondson

In today's culture, we talk a lot about living a life of *balance*. Balancing work and free time. Balancing social calendars, checkbooks, and spreadsheets. Balancing family and friends. Even balancing calories and diet (this one can be the real challenge!) .

Many times we hear the word *balance* in our religious circles as well. Perhaps you have heard sermons on living the *balanced Christian life* (whatever that means!). Sometimes when pastors talk about living a life of *balance*, they will even use a pie chart to help communicate this idea. Pie charts are so simple and neat: a perfect circle that is divided up into various compartments. In the pie charts I have seen, God is always the biggest part, of course. You may have heard pastors say things like, "To make the balanced life work, God had to be the first slice." Then comes family and work. Followed by school, money, exercise, friendships and so forth. All of the compartments are tidy. Neat. Well-ordered. Safe. It is, well... *balanced*.

The *balanced life* sounds so great, because there is something that attracts all of us to a life of *balance*. There is just one problem with living a *balanced life*. *It's not found in the Bible*.

Take a look at these totally *unbalanced* words. *Radical, zealous, sold-out*. For all of my searching, I haven't found any people in the Bible who followed God described as *balanced*. You would be hard pressed to find a person of the Bible who was noted for his or her *balanced life*.

In the book of Genesis, Abraham sold the house, had a moving sale and packed up all he had left to go to a new place. His neighbors asked, "Where are you moving to?" His response was anything but *balanced*, "I have no idea. God told me to go, but I don't know where it is." Right.

How about Moses? You remember him—the fellow who looks like Charlton Heston saying, "Let my people go!" He was given to such fits of rage that in his anger he killed another man. On another occasion he got mad and struck a rock while throwing a temper tantrum. He was a little *unhinged*—definitely not *balanced*. Moses was in serious need of a pie chart.

Let's move to the New Testament. Peter? Definitely out of *balance*. Peter was one of the first disciples to leave his chosen career to follow

Jesus. He was a fisherman, and a good one at that. But when Jesus appeared, Peter just dropped his nets, left his family, and followed Jesus. He walked away from the family business to follow his Lord. He became so *unbalanced* and such a fanatic about Jesus, that it eventually got him killed.

What about Paul? He left a lifestyle of imprisoning Christians and became a follower of Christ. He saw visions, was betrayed by friends, and endured prison time, floggings, lashings, stonings, shipwrecks and starvation. Paul chose to not be *balanced* but to go all out for Jesus Christ.

Then there is Jesus. The Bible tells us that in many ways He was just like you and me. He liked to hang out with his friends. He ate and drank and slept, just like we do. He laughed and cried and thought about the future. However, no where else in the history of the earth have we seen someone with a love so *unbalanced* for people, for those He knew and those He'd never met, that He was willing to give up His life so that we could find peace and forgiveness.

You will find a lot of things supported in the Bible—loving enemies, denying yourself, giving to the poor and needy, and giving yourself wholly to a good God—but there aren't a lot of case studies on *balance*. Simply put, *balance* wasn't a part of Jesus' vocabulary.

You can only *balance* something if there are many pieces to *balance*. Perhaps, one of the reasons people don't take Christians and churches seriously is that we tend to compartmentalize our lives—family over here, money over here, time management over here, and church over there. People who live a life of *balance* can worship God on Sunday and do their thing Monday through Saturday. But Jesus wants people who are sold out and passionate for Him seven days a week, 24 hours a day, 365 days a year.

Jesus is not asking you to be *balanced*; Jesus is asking you to be *radical*. Authentic. He is asking you to follow Him. He doesn't want to be a part of your nice and tidy pie chart life. While following Jesus, our life will often be out-of-*balance*. First, last and everything in-between is where Jesus wants to be found in our lives He wants to be the whole thing! He doesn't want you to compartmentalize your faith; He wants it all. He wants all of you and all that comes with your perfectly *unbalanced* life.

Seven-Year-Old Pens Book About Parents' Deployments

Feature

by Gregory Frye

Fort Campbell is home to many extraordinary people, including a seven-year-old girl who has just published her own book.

K.A. Jhntu B.G. Davis's book, **Dad and Mom Go Off to War So I'm Sad, Mad, but Being Bad is a Non-Negotiable: The Dynamics of Negative and Positive Images.**

Davis, who has experienced deployments with both parents, revealed that her book was actually based from a series of journals she has kept for the past two years.

"I have 1,000 journals in my room," she said, mentioning that the experience of journaling has allowed her to process many difficult thoughts. "Even when I have a bad day or someone's mean to me, I still write in my journal... and my bad day will turn into a good day."

Throughout the book, Davis describes and lists a variety of thoughts that other children may be able to identify with. She also includes several types of word games, charts, and miscellaneous tidbits of information, so that children can have something positive to keep them busy.

Davis wanted to share her message with other children so they can maybe learn the same thing she did: how to turn negative thoughts into positive ones.

She experienced a lot of stress when her parents first deployed, but one day she had a profound realization. Davis realized that if she pretended to be good, then she

would earn money for allowance and good grades. Well, after two weeks, pretending stuck.

Essentially, Davis learned that good things can come to those who behave, and this discovery is one of many awaiting any child who reads her book.

"She's trying to pave the way for children who come behind her," said Cynthia Beardgaines, Davis' grandmother. "It's phenomenal."

Davis is not afraid to admit that writing is perhaps one of her favorite activities due to the emotional therapy it provides. In fact, she believes that other children can benefit if they give it a shot as well. She attributes her intelligence and ability to write to the fact that her parents do not allow her to watch television or play video games.

Beardgaines admits she practiced the very same philosophy when raising her own children.

"You give the child a chance to have time out, a chance to learn something about her," she said, opposing the superficial stimulation of television.

The quiet time gave the kids a chance to discover the possibilities within themselves through reading or writing and simply thinking, Beardgaines said.

The Library of Congress has classified Davis' work as a philosophical and psychological book, but for her it's much simpler.

Her primary goal is to help other kids "learn to write things down to do when their dad is gone."

"If she can help one child then she's doing her job," Beardgaines said. "She's telling the world that being bad is non-negotiable."

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- **Santa's Email**
- **Nativity Scene**

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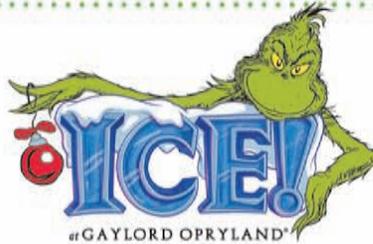


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THE FRIDGE



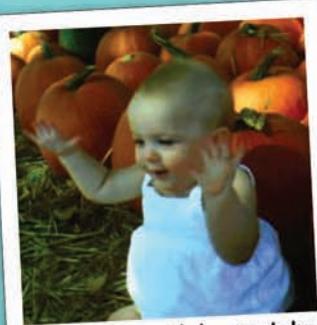
Hey cowboy!



Tyler's 1st tournament!

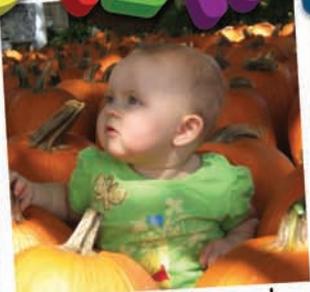


Happy 1st Birthday Tobi!
We love you, Mom & Dad



Happy 1st Birthday Natalie!
From Daddy, Poppa, Nana & Aunt Kristin

NOVEMBER BIRTHDAYS!



Happy 1st Birthday Madison
We love you so much baby girl!
Love, Mommy & Daddy



Happy 1st Birthday Natalie!



Happy 1st Birthday Andrew!
We love you so much, Mommy & Daddy



Happy 1st Birthday "Tony"!
Love Papi & Mami & your big brothers & sisters



Happy 1st Birthday
Christienne Emma!
Love your cousins Isabel & Lilah



Our baby girl turns 1! We love you Lilah!
Kisses from Mommy, Daddy, & Big Sis Isabel



Happy 2nd Birthday Kaitlyn!
We love you
Love, Mommy & Daddy



Happy 2nd Birthday, Jayden!
We adore you.
Love, Mama and Daddeee



Happy Birthday LJ
Love Mommy & Daddy



Happy 2nd Birthday Chloe!
Love Mommy, Daddy & Brody



Happy 2nd Birthday, Ruby!
We love you so much,
Mama & Daddy



Happy 2nd Birthday Wyatt!
Love Mommy, Daddy & Austin

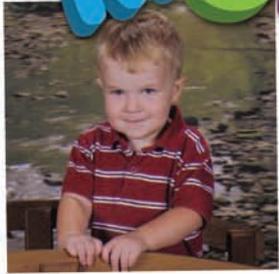
Wanna be on the Fridge? Email photo to: fridge@clarksvillefamily.com by November 15th. *Please include the name of who is in the photo & a preferred short caption* (optional).

** You may also mail your photos to: PO Box 31867 • Clarksville, TN 37040 Mailed photos cannot be returned. Submitted photos and signature will serve as a "photo release" allowing Clarksville Family Magazine a one-time right to print the photo. *Photo publication cannot be guaranteed.

***Please limit entire photo caption to 50 characters or less including spaces.**

Don't forget! Send in photos for December birthdays by November 15th!

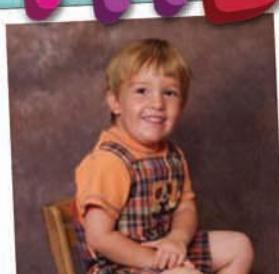
MORE BIRTHDAYS!



Happy 2nd Birthday Jackson!
Love Mimi & Papa



Happy 3rd Birthday to
Momma's boy, Mekhi!



Happy 3rd Birthday Wyatt!
Love, Mama, Daddy & Garrett



Happy 3rd Birthday Kylie!
Love, Momma!



Happy 4th Birthday
Ally-gator!



Happy 4th Birthday Antonio!
We love you to the moon & back
1000 times! Love Mommy & Papi



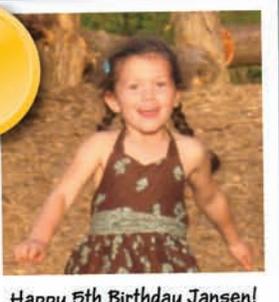
Happy 4th Birthday Hailey
We love you so much!
Mommy, Daddy & Gianna



Happy 4th Birthday Morgan!
Love, Mommy, Daddy & Carson



Happy 4th Birthday Princess Victoria!
Love, Mommy, Daddy & Melanie



Happy 5th Birthday Jansen!
Love, Daddy, Mommy, John Mitchell, & Oma



Happy 5th Birthday Kaylee!
Love, Mommy, Daddy, & Bella



Happy 6th Birthday Mikahel!
Love Mami, Papi, Devin, Yariel & Chayanne



Happy 7th Birthday Heaven!
Mommy Daddy & Jordan Love You!



Happy 7th Birthday Tiana!
Love always, Mommy



Happy 8th Birthday Chase!
Love, Mom & Jenn-Jenn



Happy 8th Birthday Pedro Damian!
We love you...Mom, Dad and Diego



Happy 9th Birthday Brian!
Love, Dad, Mom, & Cory



Happy #10 Kristyn!
Love, Mom, Dad & Olivia



Happy 10th Birthday Mikaela!



Happy Birthday Destiny!
We love you!
Mom Dad, Autumn & Lulu

Recurring

AMERICAN RED CROSS BLOOD DRIVE
10:30 a.m. to 4:30 p.m. every Monday at 585 South Riverside Drive. Call (931) 645-6401 for more information.

CHICK-FIL-A FUNDRAISER NIGHTS
Various nights throughout the month at Chick-fil-A, 1626 Madison Street. Check the calendar for the dates for your school. Bring the entire family out to support your school. Simply bring your voucher or let us know that you are here with your school and a percentage of those sales will go directly back to the school. Look forward to the cow, balloons, face painting, Spinning Wheel and much more! Best of all it's a great way to socialize with other parents and staff from your school.

November

1 SATURDAY HOLIDAY MARKET
9:00 a.m. to 2:00 p.m. at Madison Street United Methodist Church, 319 Madison Street. Madison Street United Methodist Church is happy to announce the 33rd annual Holiday Market. There will be lots of great vendors, a silent auction, a bake sale and much more. Admission is free, and all proceeds go to local charities. Call Kay Hopson at (931) 648-4068 for more information.

FAMILY FUN DAY
12:00 p.m. to 5:00 p.m. at Center and JCPenney Courts in Governor's Square Mall. Enjoy magic shows, face painting, balloon animals, craft tables and much more! Roger Patton will be performing two magic shows at 1:00 p.m. and 3:30 p.m. at Borders Court, and making balloon animals the rest of the time. Annette Daffin will have a very nice selection of designs to choose from for face

painting and a wide variety of temporary tattoo's. Everyone come and have a great time!

HOLIDAY FASHION SHOW
12:00 p.m. at Sears Court in Governor's Square Mall. Come and see the latest winter fashions from stores like Aeropostale, Old Navy, Vanity and more.

MEET CLIFFORD - THE BIG RED DOG
Through Sunday, November 2 at 2:00 p.m. and 4:00 p.m. at Borders Court in Governor's Square Mall. Come see the big red dog and join him for story time. Each child will receive a FREE gift for coming. Sponsored by TENNderCARE.

DOG & CAT PHOTOS
6:00 p.m. to 8:00 p.m. at Center Court in Governor's Square Mall. Bring your pet in to get a photo with Santa. Your pet must be on a leash at all times.

4 TUESDAY ELECTION DAY

CHICK-FIL-A FUNDRAISER NIGHT: ST. MARY'S PTO
5:00 p.m. to 8:00 p.m. at Chick-fil-A, 1626 Madison Street.

6 THURSDAY DOWNTOWN ARTISTS CO-OP

5:00 p.m. to 8:00 p.m. at 96 Franklin Street. Local artists come together to display various styles of art. Admission is free and open to the public. For more information call Beverly Parker at (931) 358-2320.

ALZHEIMER'S CAREGIVERS SUPPORT GROUP

6:30 p.m. at Clarksville-Montgomery County Public Library, 350 Pageant Lane. Contact Patsy Shell at (931) 648-1884 for more information.

8 SATURDAY SANTA ARRIVAL

1:00 p.m. at Center Court in Governor's Square Mall.

Ballet • Tap • Jazz • Pointe • Lyrical • Boys Hip Hop

Come dance with us!

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Ballroom Latin

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SANTA PHOTOS
Center Court in Governor's Square Mall, see Customer Service for hours. Stop by to tell Santa what you want for Christmas and have your photo taken. Sponsored by Chick-fil-A.

MEET AND GREET STRAWBERRY SHORTCAKE
2:00 p.m. and 4:00 p.m. Saturday and Sunday at Borders Court in Governor's Square Mall. StoryBook Christmas. Listen to a story with Strawberry Shortcake. Each child will receive a FREE gift for coming.

11 TUESDAY VETERANS DAY

CHICK-FIL-A FUNDRAISER NIGHT: MOORE MAGNET PTO
3:00 p.m. to 8:00 p.m. at Chick-fil-A, 1626 Madison Street.

12 WEDNESDAY CHICK-FIL-A FUNDRAISER NIGHT: ROSSVIEW JROTC
5:00 p.m. to 8:00 p.m. at Chick-fil-A, 1626 Madison Street.

14 FRIDAY LONGABERGER OPEN HOUSE
9:00 a.m. to 7:00 p.m. at 1448-B Alaska Avenue (Werner Park), Fort Campbell. For more information call (931) 431-5657, e-mail uh60pilotwife@aol.com or visit www.longaberger.com/tammynolan.

RADIO CITY CHRISTMAS SPECTACULAR®
Through December 28 at Grand Ole Opry House, Nashville. The Radio City Christmas Spectacular® starring the world-famous Rockettes® returns to Nashville with dazzling scenery, costumes and lighting, as well as a cast and crew of nearly 100 members. In addition to the Rockettes showstopper "12 Days of Christmas," this magical production features the legendary favorite "Parade of the Wooden Soldiers" and the awe-inspiring "Living Nativity." This exciting holiday event is a must-see for the entire family! Visit christmasgayloropryland.com or call (888) 999-6779 for more information.

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Hopkinsville Location

NOVEMBER

NOVEMBER

9 SUNDAY BELLE TEA PARTY 3:00 p.m.

8 SATURDAY BELLE TEA PARTY 12:00 p.m.

16 SUNDAY ADULT TEA TASTING (DESSERT INCLUDED) 5:00 p.m. \$15 per person.

15 SATURDAY ADULT TEA TASTING (DESSERT INCLUDED) 5:00 p.m. \$15 per person.

23 SUNDAY PERFECT PRINCESS TEA PARTY 5:00 p.m.

22 SATURDAY PERFECT PRINCESS TEA PARTY 5:00 p.m.

DECEMBER

DECEMBER

7 SUNDAY PLUSH STUFF BEARY TEA PARTY 3:00 p.m.

6 SATURDAY PLUSH STUFF BEARY TEA PARTY 3:00 p.m.

21 SUNDAY A WISH COME TRUE CHRISTMAS TREE PROGRAM Hosted by Gold Inc. Ryders and Ladies of Gold Social Club. 5:00 p.m. to 8:00 p.m.

13 SATURDAY BRUNCH WITH CINDERELLA 11:00 a.m. to 1:00 p.m.

20 SATURDAY PANCAKE BREAKFAST WITH SANTA AND MRS. CLAUS 10:00 a.m. to 1:00 p.m. \$7 per person (photo sessions available).

LUNCH WITH SANTA AND MRS. CLAUS 3:00 p.m. \$7 per person (photo sessions available).

31 WEDNESDAY NEW YEAR'S EVE LOCK IN 6:00 p.m. to 12:00 a.m. (January 1, 2009).

Tickets must be purchased in advance to attend all events.

PANDORA Special Event...



November 21st & 22nd:
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In 1692, in a small American town, a group of mischievous girls are caught dancing in the woods while conjuring spirits. To escape punishment they accuse others of witchcraft. Husbands, wives, sons, daughters, neighbors and friends are forced to sentence the accused or risk being accused themselves. This magnificent work continues to resonate and is as relevant today as when it was first produced. A compelling drama of paranoia and superstition. November 1*, 5, 6, 7, 8, 12, 13, 14 & 15.

WAR OF THE WORLDS: RADIO PLAY

By H. G. Wells

An example of mass hysteria, this staged reading of the infamous Mercury Theatre 1938 radio broadcast is one of the earliest and best-

and caused public outcry as many listeners believed that an actual Martian invasion was in progress. In the Other Space, 6:00 p.m. November 1

CHARLES DICKENS' A CHRISTMAS CAROL
Adapted for the stage by Artistic Director John McDonald, this rollicking holiday morsel will sweeten your taste buds and warm even the hardest of hearts. Ebenezer Scrooge meets the spirits of Christmas while rediscovering its true meaning. November 28 and 29; December 3, 4, 5, 6*, 10, 11, 12, 13, 17, 18, 19 & 20.

Curtain Times

7:00 p.m. Wednesday and Thursday evenings, 8:00 p.m. Friday and Saturday evenings.

(Program and times are subject to change.)

Individual Musical Ticket Prices

•\$20 adult
•\$15 (age 13 and under)

Individual Play Ticket Prices

•\$15 adult
•\$10 (age 13 and under)
•Group discounts available, call box office for details
•Student rush \$5.00 (every performance student tickets will go on sale for \$5.00 at 5 minutes prior to curtain for remaining seats)

Box-office: (931) 645-7699
Business office: (931) 648-9121
E-mail: roxytheatre@bellsouth.net

MOMS Club of Clarksville November Calendar

MOMS Club of Clarksville is a chapter of the international, non-profit group for stay at home parents to socialize with other preschoolers and their parents through activities and playgroups.

4 TUESDAY **BREAKFAST BUNCH** at Southern Maid doughnuts, Trenton Road.

6 THURSDAY **CUSTOMS HOUSE MUSEUM**

7 FRIDAY **GENERAL MEETING** at Madison Street United Methodist Church

10 MONDAY **NASHVILLE ZOO**

11 TUESDAY **MOMS NIGHT OUT**

12 WEDNESDAY **BREAKFAST BUNCH** at Cracker Barrel

14 FRIDAY **BUNCO**

18 TUESDAY **PARK DAYS** at Fairgrounds Park

20 THURSDAY **DINNER DELIGHT NIGHT**

21 FRIDAY **JUMP ZONE**

*Playgroups, Bunco and Scrapbooking also meet throughout the month! For more information on the MOMS Club of Clarksville call (931) 472-5218 or visit www.geocities.com/clarksvillemomsclub.

Busy Beads & Moore Class Schedule

1960 I-b Madison Street • (931) 552-5545

You must sign up for classes at least 24 hours before the class date. You can sign up in person or over the phone with a credit or debit card by calling (931) 552-5545. Class fee must be paid in advance to hold your place. There is a minimum of two students per class, unless special permission is granted from instructor. Please arrive at least 30 minutes before the beginning of your class so you can choose your beads and supplies. Most classes will enable you to take home a completed, unique piece of jewelry that you have created! When you take a class you will receive a Designer Discount Card good for a 20% discount for three months following your class (discount does not apply to parties, Pandora, consignment items & items already on sale). If you want to learn a skill that is not listed, let us know and we will try to arrange a class for you! If the class times listed are not convenient for you, let us know and we will make every effort to have a class at a time that is convenient for you. Most classes are two-hour sessions. Classes may be cancelled at any time at the instructor's discretion. Class fees DO NOT include beads or supplies, unless specified in class description.

BASIC JEWELRY

\$25. This is the first class you should take if you are a beginner! In this class you will learn the basics of jewelry stringing while making a bracelet and a matching pair of earrings. A great class to get you started in the wonderful world of beads! November: Tuesday 4th at 1:00 p.m., Thursday 6th at 6:00 p.m., Saturday 15th at 10:30 a.m., Tuesday 18th at 1:00 p.m., Tuesday 25th at 1:00 p.m.

BEGINNING WIRE WRAP

\$25. This is the second class you should take if you are a beginner! Wire wrapping is hot! Learn

how to use this technique to create a stunning, one-of-a-kind bracelet! After this class you will be able to take any of the other classes listed below! November: Tuesday 4th at 3:00 p.m., Tuesday 11th at 1:00 p.m., Saturday 15th at 1:00 p.m., Monday 24th at 6:00 p.m., Tuesday 25th at :00 p.m.

PEYOTE BRACELET

\$25. In this class you will learn flat, even-count peyote to make a bracelet, and you will also learn how to attach a clasp. Monday, November 3 at 2:00 p.m.

PHARAOH'S RING

\$35. Silver or gold filled ring with oval cabochon. Thursday, November 13th at 2:00 p.m.

SPIRAL BRACELET

\$25. You will make a bracelet using the spiral bead weaving technique and learn how to attach a clasp. Monday, November 10th at 2:00 p.m.

STERLING AND CRYSTAL BANGLE

\$35. Some wire wrap experience is required to make this stunningly clever bangle-style bracelet awash with Swarovski crystals! Three hour class, materials cost about \$35. Thursday, November 6th at 2:00 p.m.

HOOP EARRINGS

\$35. Learn how to make trendy hoop earrings using gold and/or silver wire. Tuesday, November 11th at 10:00 a.m.

SIMPLE WIRE-WRAP DICHROIC BRACELET

\$35. An astonishingly easy project that will make you the envy of all your friends! You will learn how to wire wrap a cabochon, and how to add simple adornments to create a gorgeous pendant. Monday, November 17th at 2:00 p.m.

EARRING RING

\$35. Do you have a lost earring? Turn the other into another piece of jewelry—a beautiful new ring! Earring needs to be in a setting. Tuesday, November 25th at 10:00 a.m.

CLASSIC BANGLE

\$25. You'll be able to mix gold, silver and copper to make dozens of variations. Monday, November 24th at 2:00 p.m.

CHAIN, CHAIN, CHAIN!

\$25. Learn new wire wrapping techniques to make your own unique chain. Horseshoe Chain (simple technique), 12 feet of 18-gauge wire minimum. Eternity Chain (more challenging technique), 15 feet of 18-gauge wire minimum. The amount of materials may vary depending on the length of chain you make. Call to schedule.

BANGLE WITH BEADS

\$35. Silver or gold filled bangle with tube beads in center. Thursday, November 20th at 2:00 p.m.

AUTUMN LEAVES

\$25. Use wire-wrapping techniques to create the perfect fall piece. Thursdays at 1:00 p.m. November 6th, 13th and 20th.

CLASSES IN DECEMBER

December seems to be the busiest month of the year. Don't forget to take a little time out for yourself. The classes listed here or the following other past classes are available to be scheduled by appointment:

Dichroic Bracelet—\$45, "Brangle!"—\$25, Pearl Knotting—\$25, Wrapped Flatware—\$25, Wire Wrapped Crosses—\$25, Love Knot Ring—\$25.

giving Gaylord Opryland's 25th annual "A Country Christmas®" celebration a whole new feel with Louise Mandrell's "Joy to the World" Christmas & Dinner Show. This traditional holiday meal includes all the trimmings, served family style, and features the multi-talented Mandrell and her band as they spread the joy of the season with traditional Christmas music, dancing, comedy and an instrumental journey around the world. Hosted by her nephew, Barbara's oldest son, Matthew Dudney and featuring special guest, Christy Sutherland. Visit www.gaylordopryland.com or call (888) 999-6779 for more information.

DOG & CAT PHOTOS
6:00 p.m. to 8:00 p.m. at Center Court in Governor's Square Mall. Bring your pet in to get a photo with Santa. Your pet must be on a leash at all times.

OPERATION: SNAGGLETOOTH FUNDRAISER
6:00 p.m. to 9:00 p.m. at Highland Ridge, 1601 Old Russellville Pike. Local artist Mike Robinson will perform, and food and beverages will be served. Admission is a donation of \$15, children 12 and under free.

16 SUNDAY PRIVATE MILITARY APPRECIATION SHOPPING EVENT
6:00 p.m. to 9:00 p.m. mall wide at Governor's Square Mall. The mall will be open to the military only. There will be giveaways, door prizes, and stores will be offering special discounts for this night only. Must present military ID at the main entrance. Enter for your chance to win a free trip and a chance to win a \$1,000 Mall Gift Card, courtesy of Steve Nash.

18 TUESDAY CHICK-FIL-A FUNDRAISER NIGHT: NORMAN SMITH PTA
5:00 p.m. to 8:00 p.m. at Chick-fil-A, 1626 Madison Street.

20 THURSDAY CHICK-FIL-A FUNDRAISER NIGHT: EAST MONTGOMERY ELEMENTARY
5:00 p.m. to 8:00 p.m. at Chick-fil-A, 1626 Madison Street.

22 SATURDAY MEET AND GREET FRANKLIN
2:00 p.m. and 4:00 p.m. Saturday and Sunday at Borders Court in Governor's Square Mall. StoryBook Christmas. Listen as we all sit around and read a story with Franklin. Parents, don't forget your cameras! Sponsored by TENNderCARE.

25 TUESDAY CHRISTMAS ON THE CUMBERLAND
Through January 1, 2009 from 5:00 p.m. to 10:00 p.m. weeknights; to 11:00 p.m. on Saturdays and Sundays at McGregor Park Riverwalk. The city's light festival shines in its 10th year at the Riverwalk each night throughout the holiday season. Visitors can take a stroll down the Riverwalk and see nearly one mile of

Think local. Buy local. Live Local

As Consumers. . . We have the power to shape our city.

Thank you for shopping in Clarksville.

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It is up to all of us to make Clarksville better. So please continue to support local businesses.

www.clarkvillechamber.com

Why Wait? Meet the Baby with 3D/4D ULTRASOUND!

When it comes to experience...come to us!
From a yawn to a stretch, to a smile, your 3D/4D ultrasound will give you an amazing first look at your baby's first movements in the womb.

Clarksville Special
Bring in this ad for \$75 off any regular priced 3D/4D package.
Not valid with any other special or discount. Offer expires December 31, 2008.

SONOSTREAM LIVE!
ULTRASOUND STREAMING TECHNOLOGY

Your husband in Iraq
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Sonostream LIVE is an exciting new technology that enables you to share your 3D/4D ultrasound with friends and family all across the globe!
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As Seen In

decorated trees, animated scenes and villages. The holiday lights continue into the downtown area on Public Square where a 25-foot Christmas Tree is a focal point amongst city buildings and area businesses. Admission is free. For more information call (931) 648-6124 or visit www.christmasonthecumberland.com.

CHICK-FIL-A FUNDRAISER NIGHT: CLARKSVILLE CHRISTIAN SCHOOL
5:00 p.m. to 8:00 p.m. at Chick-fil-A, 1626 Madison Street.

27 THURSDAY
THANKSGIVING DAY

28 FRIDAY
DAY AFTER THANKSGIVING DOOR-BUSTERS
Starting at 5:00 a.m. mall wide at Governor's Square Mall. Don't forget your shopping list! The first 200 shoppers at the main entrance will receive a shopping bag filled with great merchant discounts. Lucky customers can WIN Mall Gift Certificates worth \$5 to \$50!

GIFT WRAPPING
11:00 a.m. to 7:00 p.m. at Belk Concourse in Governor's Square Mall. Donations are graciously accepted and will benefit local charities.

December

1 MONDAY
DOG & CAT PHOTOS WITH SANTA
6:00 p.m. to 8:00 p.m. at Center Court of Governor's Square Mall. Bring your pet in to get a photo with Santa. Your pet must be on a leash at all times.

4 THURSDAY
ALZHEIMER'S CAREGIVERS SUPPORT GROUP
6:30 p.m. at Clarksville-Montgomery County Public Library, 350 Pageant Lane. Contact Patsy Shell at (931) 648-1884 for more information.

8 MONDAY
DOG & CAT PHOTOS WITH SANTA
6:00 p.m. to 8:00 p.m. at Center Court of Governor's Square

Mall. Bring your pet in to get a photo with Santa. Your pet must be on a leash at all times.

9 TUESDAY
SO YOU WANT TO DATE MY TEENAGER...
4:00 p.m. to 6:00 p.m. at Family Resource Center, 1501 William C Lee Road, Fort Campbell. The ACS Family Advocacy Program presents this course designed to increase parental awareness on the topic of teen dating as well as the challenges and concerns affecting our teenagers today. The course is free and open to anyone within the Fort Campbell community. Teenagers are welcome to attend with their parents. Childcare is available but space is limited. For more information call Christina Lopez at (270) 798-6383.

15 MONDAY
DOG & CAT PHOTOS WITH SANTA
6:00 p.m. to 8:00 p.m. at Center Court of Governor's Square Mall. Bring your pet in to get a photo with Santa. Your pet must be on a leash at all times.

20 SATURDAY
BACH BLANKETS CROCHET GROUP MEETING
1:00 p.m. to 2:00 p.m. at Clarksville-Montgomery County Public Library, 350 Pageant Lane. Crochet blankets for babies delivered at Blanchfield Army Community Hospital. Contact Sharon Loebl at (931) 572-0734 for more information.

25 THURSDAY
CHRISTMAS

31 WEDNESDAY
NEW YEAR'S EVE

To have your event included for free on the Calendar e-mail events@clarksvillefamily.com. Please have it to us by the 10th of the month to be included in next month's issue.



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Is your home ready for Christmas?
Make room for Santa by cleaning out the old and cashing in for the holidays! We are now accepting your used toys, books & large play items!



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Please use by November 30, 2008

Clarksville-Montgomery County Public Library
350 Pageant Lane
(931) 648-8826
www.clarksville.org

ANIME PROGRAM
For teens 13-18 years old.
2:00 p.m. on November 1 and December 6.

FOL (FRIENDS OF LIBRARY) BOARD MEETING
4:00 p.m. on November 11 and December 9.

TAB (TEEN ADVISORY BOARD) MEETING
For 13-18 year olds. 4:30 p.m. on November 13 and December 11.

TEEN PROGRAM
For ages 13-18 years old. 5:00 p.m. to 7:00 p.m. on December 18.

TWEEN PROGRAM
For tweens 10 to 12 years old. 4:00 p.m. on November 10 and December 8.



Child's Name _____ Age _____

Parent's Name _____ Phone# (____) _____

Parent's Signature _____ Email _____

Mailing Address _____ Apt. # _____

City _____ State _____ Zip _____

What you can win:

A Chick-fil-A Fun Pack that includes a kids meal, a cool 8-1/2" Chick-fil-A plush cow and other Chick-fil-A goodies!

 <p>ENTRY:</p> <ul style="list-style-type: none"> Contest open to children ages 12 and under. One (1) entry per person per contest, please. To enter, either color the picture on the facing page or download and print it from clarksvillefamily.com, color it in however you like, and return your entry to Clarksville Family Magazine for judging. 	<p>YOU CAN SEND YOUR ENTRY (VIA U.S. MAIL) TO: Coloring Contest PO Box 31867 Clarksville, TN 37040</p> <ul style="list-style-type: none"> Be sure to include child's name, age, address, phone number, and e-mail address so that winners may be notified. <p>Contest ends 11/15/08</p>	<p>JUDGING:</p> <ul style="list-style-type: none"> Entries will be judged every other month, and prizes will be awarded accordingly. Entries will be judged on the basis of creativity. Six prizes will be awarded in three age categories: ages 4 and under, ages 5-8, and ages 9-12. Prizes may be claimed at either Chick-fil-A location in Clarksville (Governor's Square Mall or Madison Street). <p>WINNERS:</p> <ul style="list-style-type: none"> Winners will be announced in the December 2008 issue of Clarksville Family Magazine. Each winner will receive the following prize for their winning contest entry: Chick-fil-A Fun Pack as well as their name and winning artwork printed in the next issue of Clarksville Family Magazine. 
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****Tip: Magic marker works best on the slick magazine paper. Best option for using crayons is to download and print onto regular paper.**

ADOPTION & FOSTER CARE CARING CHOICES

Caring Choices of Catholic Charities, 1905 Madison Street, is a Tennessee state licensed child-placing agency providing supportive professional counseling services to those experiencing an unplanned pregnancy. Open Monday through Thursday from 10:00 a.m. to 2:00 p.m. and the 2nd and 4th Saturdays of the month from 10:00 a.m. to 12:00 p.m. Deasree Williams: (931) 645-9969 or dwilliams@octenn.org.

OMNI VISIONS INCORPORATED

Omni Visions, 341 Union Street Suite 5, is a multi-state child placement agency. (931) 906-3779 or www.omnivisions.com.

PHOENIX HOMES

Phoenix Homes, 1781 Wilma Rudolph Boulevard, offers treatment foster care and services. (931) 645-7711, (931) 645-7742 or www.phoenixhomes.org.

YOUTH VILLAGES

Youth Villages, 585 South Riverside Drive, is a private nonprofit organization dedicated to helping emotionally and behaviorally troubled children and their families live successfully through innovative, research-based programs. (931) 503-0777 or www.youthvillages.org.

ATHLETICS

BUDDY BALL SPECIAL NEEDS ATHLETIC LEAGUE

Buddy Ball provides individuals with a mental or physical disability the opportunity to play sports, regardless of their limitations. Buddy Ball helps individuals learn teamwork and promotes self-esteem, one of the tools needed to help overcome the stigma often associated with a disability. The Buddy Ball league is aware of the extra expenses on the families of disabled children. Because of this, Buddy Ball does not charge any fees to participate. We rely entirely on private donations to operate. (931) 624-7253 or www.buddyball.net.

CLARKSVILLE IMPACT SOCCER CLUB

Involves participation of children ages 5-18 in youth sports, specifically soccer. Impact is a non-profit organization trying to provide opportunities to our youth. (931) 358-4926, info@clarksvilleimpact.us or www.clarksvilleimpact.us.

IRON KNIGHTS YOUTH WRESTLING CLUB

The Iron Knights Youth Wrestling Club is starting registration this month. The wrestling club is open to all boys and girls starting at age 4. Our season runs from November through April. The entire family can get involved as we are always looking for volunteer coaches. For more information contact Jamie at (931) 233-9091, e-mail:eventscoordinator@myironknights.com, or visit us at www.myironknights.com.

CHILDBIRTH & PARENTING EDUCATION

NINE MONTHS & BEYOND

A comprehensive source for pregnancy, birth, breastfeeding and early parenting education and resources. Offers birth tub rentals, breastpump rentals, baby-moon vacation and spa packages, and birth plan consultations. Micky Jones, BS, CLE, CLD, CHBE, CAPPA Lactation Educator Trainer at (931) 451-3223 or ninemonthsandbeyond.com.

GATEWAY HEALTH SYSTEM

Prenatal Classes teach parents-to-be what to expect during childbirth and how to ease the discomforts of pregnancy. Classes start the first Wednesday and Thursday of each month in the Prenatal Classroom at 7:00 p.m. (931) 502-1010.

Sibling Classes offer brothers- and sisters-to-be an introduction to sibling interaction and a tour of the nursery. Classes the last Saturday of the month in the Cumberland Room at 10:00 a.m. (931) 502-1010.

HEALTHY START

Healthy Start is a community outreach program fostering healthy childhood growth and development by providing free support services to first time parents and their babies. (931) 645-3976.

LA LECHE LEAGUE OF CLARKSVILLE-FORT CAMPBELL

Meets the third Wednesday of every month at 10:00 a.m. at the Clarksville-Montgomery Public

Library. All breastfeeding mothers and mothers-to-be interested in breastfeeding are welcome. Babies are always welcome at meetings. Local LLL leaders are available to provide information, support and answer questions. Gini at (931) 906-8946 or Sara at (270) 439-2723.

NEW BEGINNINGS FAMILY BIRTH CENTER

Lactation Services offers a breastfeeding class for new moms. The class is held the first Tuesday of each month from 7:00 p.m. to 9:00 p.m. in the Prenatal Classroom of Gateway Medical Center. Cost for the class is \$15 (\$25 if you wish to receive The Nursing Mother's Companion book). (931) 502-1010.

Lactation Services also rents and sells breast pumps and nursing supplies. Jeanette Prine, RN, Certified Lactation Consultant at (931) 551-1610 or jprine@ghsystem.com.

CHILD CARE

CHILD CARE AWARE

Child Care Aware is a non-profit initiative committed to helping parents find the best information on locating quality childcare and childcare resources in their community. The website offers lots of tips on choosing a child care provider, lots of free publications for parents, local child care rates and a Child Care Options Calculator. www.childcareaware.org.

MID-CUMBERLAND CHILDCARE RESOURCE AND REFERRAL

At 1300 Madison Street, provides childcare free referrals and information to parents, training and on-site consultation to childcare providers, and a lending library full of resources for the community. (931) 648-3695 or (866) 446-6006.

MONTGOMERY COUNTY CHILD CARE PROVIDERS BY AREA

At the following links you will find individual child care providers, state star quality ratings, capacity, minimum & maximum age accepted, hours of operation and transportation information. (Home based child care facilities are also listed.)

www.tennessee.gov/humanserv/childcare/63/37040/
www.tennessee.gov/humanserv/childcare/63/37042/
www.tennessee.gov/humanserv/childcare/63/37043/

PARENT INFORMATION NETWORK

Parents working to keep parents informed about issues that affect the community, education and our schools via a subscriber e-mail network, clarksvillepin.net.

PROGRESSIVE DIRECTIONS, INC.

At 1249 Paradise Hill Road, provides services to developmentally delayed children and adults. (931) 647-6333 or www.progressivedirections.com.

CHILD PROTECTION & DOMESTIC CRISIS SERVICES

AL-ANON & ALATEEN

Support for families of alcoholics. Call for more information and meeting times. Grace Lutheran Church, 2041 Madison Street, Joyce at (931) 358-9515; or Ajax Senior Citizens Building, 953 Clark Street, Kim at (931) 647-0566; or Community Church, Jack Miller Boulevard & Airport Road, Kim at (931) 647-0566. www.middletnalanon.org.

CLARKSVILLE RAPE AND SEXUAL ABUSE CENTER

At 331 Union Street, Suite B. Office at (931) 647-3632 or Toll-free Crisis Hotline at (800) 879-1999.

CREATING HOPE BY ASSISTING PARENTS

Works with families whose children are at risk of abuse or neglect. Debra Maness at (931) 645-9793.

DEPARTMENT OF CHILDREN'S SERVICES

At 350 Pageant Lane, Suite 401. (931) 503-3200.

LEGAL AID SOCIETY

At 120 Franklin Street, provides free legal advice and representation to eligible clients. (931) 552-6656 or www.las.org.

MONTGOMERY COUNTY CHILD SUPPORT SERVICE

At 93 Beaumont Street. (931) 572-1663.

SAFEHOUSE

Provides a safe shelter, crisis line, counseling, support groups, referrals and advocacy, community education and safety planning for women and children who are domestic violence victims. (931) 552-6900.

CHILDREN'S GROUPS

4-H YOUTH DEVELOPMENT

At 1030 Cumberland Heights Road, is open to all youth ages 9-19. Involves participation in 4-H through school clubs, community clubs, special interest groups, and a variety of camps. Martin R. Koon Jr. at (931) 648-5725 or mkoon@utk.edu.

BOY SCOUTS OF AMERICA

(931) 647-8811, (800) 899-7268 or www.mtcbsa.org.

GIRL SCOUTS OF THE USA

1300 Madison Street, (931) 648-1060 or www.girlscouts.org.

COMMUNITY OUTREACH

ALL NATIONS BIBLICAL STUDY CENTER

Offers tuition-free Bible courses to the community. Fall Semester 2008 dates are September 7 through December 4 and registration is currently open. Course titles are: The Letters of Paul, Biblical Studies Seminar, New Testament (Koine) Greek I, Biblical Hebrew I, and The Gospel of John. Classes meet for 1-½ hours weekly. Five additional tuition-free online courses are also offered. Visit www.studythescriptures.net or call (931) 648-8844 for more information, class schedules, and to register.

APSU EXTENDED EDUCATION

Develop a new skill, explore a new idea, learn a new language or seek a new career with one of the classes from Austin Peay State University's Center for Extended and Distance Education. Register early and receive a 10 percent discount on selected courses. Preregistration is required for each course. New online classes start every month. Melony Jones at (931) 221-7868, jonema@apsu.edu or www.ed2go.com/apsu.

ASERACARE HOSPICE

Hospice team provides medical, emotional and spiritual support to terminally ill patients and their families. (931) 551-4100.

CRISIS CALL LINE

Offers crisis intervention, suicide prevention and referral. (931) 648-1000.

HOPE CENTER

A community service branch of the Family Guidance Training Institute, Inc., provides a number of community activities to include summer camps for seriously emotionally disturbed children, S.T.E.P. into the Light, a woman's holistic wellness group, Woman's Share community, M.A.L.E. (Men Accessing Life Empowerment), and Tutoring to Success, a tutoring program for seriously emotionally disturbed children. The Hope Center also offers a multitude of workshops for community organizations. For further information regarding our programs, please contact Julee S. Poole, Ph.D., Program Director at (931) 431-7580 or juleespoolephd@aol.com.

HOSPICE OF GATEWAY

Interdisciplinary care for terminal patients and families. (931) 502-1010.

HUMANE SOCIETY OF CLARKSVILLE-MONTGOMERY COUNTY

Provides reduced-cost spaying-neutering and pet care assistance to eligible owners; pets for adoption through foster homes; dog bite prevention and pet care programs; and a 24-hour help line. (931) 648-8042, humanesociety@clarksville.com or clarksvillehumane.petfinder.org.

JOSEPHINE'S CLOSET

At 325 North Second Street, a ministry of Hope Pregnancy Center. Provides children's clothing sizes newborn-size 12, nothing over \$5. Parking and entrance on back side of HPC. (931) 645-2273.

LATINA ASSOCIATION

A nonprofit organization with the mission of unifying the Hispanic community within, and then unifying them in the community where they live, by being the center point of resources and

education to strengthen family values. English as a Second Language classes are offered, in partnership with Adult Basic Education as well as How to Start Your Own Business seminars, offered in Spanish or English, in partnership with Your Spanish Link and Concept Training. Donations of any kind are welcomed. (800) 431-8364 or www.associacionlatina.info.

LOAVES AND FISHES

At 215 Foster Street, provides a hot meal Monday-Saturday 10:30 a.m. to 12:00 p.m. Also provides a distribution center for food donated to agencies that feed hungry people on Tuesday and Friday from 1:00 p.m. to 2:00 p.m. (931) 645-9020.

MEALS ON WHEELS

Mid-Cumberland Human Resource Agency provides group or home-delivered meals to individuals 60 or older. Volunteers deliver noon meal Monday-Friday. It only takes an hour of your time. Beth at (931) 645-5629.

MONTGOMERY COUNTY WIC CLINIC

1850 Business Park Drive Suite 103. Provides nutrition education and food vouchers for women, infants, and children (up to age five). We offer breastfeeding education, including a free monthly class. (931) 551-8777.

THE QUEST FOR AUTHENTIC MANHOOD

Meets Wednesdays 6:00 a.m. to 7:30 a.m. at Highland Ridge, 1601 Old Russellville Pike. The Quest Men's Fraternity is a 24-session study that focuses on the primary issues that shape a man's life. We explore in depth the biblical concept of manhood, and finally provide practical building blocks for any man to use to construct himself a nobler, more satisfying manhood. Contact Ryan Bosler at (931) 801-8562 for more information.

TENNESSEE REHABILITATION CENTER AT CLARKSVILLE

At 1241 Highway Drive (adjacent to the Animal Shelter), a county/state agency, the TRC provides counseling, vocational evaluation, work adjustment, and job placement services for graduating high school students and adults with disabilities. (931) 648-5560.

TWO RIVERS ASSOCIATION FOR THE EDUCATION OF YOUNG CHILDREN (TRAEYC)

The new Two Rivers Association for the Education of Young Children, TRAEYC, (pronounced tray-see), is one of the fastest growing affiliates in the history of the statewide association. TRAEYC members have a passion for young children and are committed to their education. The Tennessee Counties represented by TRAEYC are Benton, Dickson, Henry, Houston, Humphreys, Montgomery and Stewart. We invite you to join us in exciting upcoming professional growth opportunities. Lisa Maddox-Vinson, TRAEYC President at (931) 221-7303.

UNITED WAY

At 1300 Madison Street, provides the leadership to increase the organized capacity of people to care for one another. Monitors and provides support for agencies serving Clarksville and Fort Campbell, as well as Montgomery, Houston and Stewart counties. (931) 647-4291.

COUNSELING, SUBSTANCE ABUSE & MENTAL HEALTH

ASPERGER/AUTISM CENTER

Part of the Family Guidance Training Institute, 800 Tiny Town Road, serves children and adolescents with Asperger and Autism Disorders. The professionals at the Asperger/Autism Center recognize the special qualities these children exhibit and work to enhance their social, emotional, and communication abilities with others. Services include: individual counseling, group counseling, family education and counseling, and psychiatric services. For further information regarding our programs, please contact Julee S. Poole, Ph.D., Program Director at (931) 431-7580 or juleespoolephd@aol.com.

BRADFORD HEALTH SERVICES

Bradford Health Services at 231 Dunbar Cave Road, Suite A, creates effective and affordable substance abuse and mental health programs through a variety of innovative services. (931) 542-9816.

CENTERSTONE

810 Greenwood Avenue, (931) 920-7330.

CENTERSTONE ASSOCIATES
1820 Memorial Circle, (931) 920-7300.

CENTERSTONE AT GATEWAY
Crisis Walk-In Center, Gateway Hospital at 681 Dunlop Lane, (931) 502-1010.

CENTERSTONE
511 Eighth Street, (931) 920-7200.

FAMILY CENTERED SERVICES
901 Martin Street, (931) 503-4600.

THE FAMILY GUIDANCE TRAINING INSTITUTE, INC.

800 Tiny Town Road. Committed to positively impacting the lives of our community's children, youth and their families. We recognize the enormity and diversity of need in our community and have responded with a variety of programs that range from prevention and development, to early intervention, to reduction of recidivism. Family Guidance Training Institute, Inc. is a 501c3 licensed community mental health center and alcohol and treatment facility. Providers at the center offer quality, private, compassionate services to persons who seek emotional wellness. Therapeutic and psychiatric services include: assessments, individual counseling, marriage and family counseling, group counseling, supervised visitation, mental health case management, and alcohol and drug treatment and education services. For further information regarding our programs please contact Julee S. Poole, Ph.D., Program Director at (931) 431-7880 or juleespoolephd@aol.com.

HOPE (HOMELESS OUTREACH PARTNERSHIP AND EMPOWERMENT)

For ages 18+ Centerstone's HOPE program serves adults with substance use and/or mental health disorders who are homeless or at-risk of becoming homeless and who live in Clarksville. (931) 920-7300.

LIFESOLUTIONS - ASPIRE & JOBLINK
611 Eighth Street, (931) 920-7210.

LIFESOLUTIONS - RECONNECT
1840 Memorial Drive, (931) 505-0933.

MENTAL HEALTH COOPERATIVE
Provides evidence-based services including: Child & Family Counseling, Child Psychiatry and Community Based Case-Management to children and adolescents with emotional/behavioral challenges. Case managers assist families in their homes with parenting and behavior management in addition to linking them to needed resources in the community. They also work with schools, juvenile court and other professionals as needed. Initial intake assessments are offered within one week and at no cost. MHC welcomes TennCare recipients. Located at 1808 Haynes Street. For more information or to make a referral please call (931) 648-5440 or visit www.mhc-tn.org.

OAK HILL RESIDENTIAL
118 Union Street, (931) 647-8257.

PASTORAL COUNSELING CENTER
The Pastoral Counseling Center at 516 Madison Street, is a ministry of professional care dedicated to healing and growth in human life and relationships. In partnership with local congregations the centers are committed to providing clinical and education services to all who need these services. When you or someone you love is troubled by depression, marital or relationship problems, substance abuse, or a vague sense that your life is adrift, we can help. Professional support is available with fees based on your ability to pay. (931) 648-9009 or www.pastoralcounselingctr.org.

REGIONAL INTERVENTION PROGRAM
404 Pageant Lane, (931) 920-2347 or (931) 920-2348.

VIVIAN HOUSE
125 Vivian Street, (931) 920-7235.

WEEMS ACADEMY
812 Greenwood Avenue, (931) 920-7370.

SUPPORT GROUPS

ALZHEIMER'S CAREGIVERS' SUPPORT GROUP
Meetings are the first Thursday of each month at 6:30 p.m. at Clarksville Montgomery County Public Library and the third Wednesday of each month at 9:00 a.m. at the Senior Citizen's Center at 933 Clark Street. Patsy Shell at (931) 648-1884.

ARMY COMMUNITY SERVICE

At 5661 Screaming Eagle Boulevard, Fort Campbell, "Family Readiness" is the state soldiers, spouses and family members proactively prepare for, and in which they are able to cope with mobilization, deployments and prolonged separations. To prepare, soldiers (both active and reserve components) and their families attend classes and receive written instructional materials on subjects such as how to prepare a will, how to establish and manage a household budget, how to communicate with children of various ages, and how to maintain communication with the rear detachment of the deployed unit. (270) 798-0609, relocation@fortcampbellmwr.com or www.fortcampbellmwr.com/ACS/familyReadiness.htm.

AUTISM SUPPORT GROUP
Donna Richardson at (931) 503-2315.

BEREAVEMENT SUPPORT GROUP
Anyone enduring grief and loss issues is invited to attend. Meetings are free to the public and held in the conference room of Asera Care Hospice, 1539 Ashland City Bypass. (931) 551-4100.

CLARKSVILLE OSTOMY SUPPORT
A local support group for people who have undergone ileostomy, colostomy, urostomy or who suffer from Crohn's disease or other diseases of the bowel. Support for Ostomy Patients meets in the Cumberland Room the third Sunday of the month at 2:00 p.m. (931) 551-1530.

CLARKSVILLE PARENT SUPPORT GROUP
At Emmanuel Life Center, 301 Fairview Lane, sponsored by Tennessee Voices for Children, a place for parents/caretakers and family members of children ages 0-23 who experience emotional, behavioral, and mental health issues to receive help. Meets monthly (3rd Thursday of the month). Childcare is provided but call to verify. Monica Causey at (931) 801-0895 or (800) 670-9882.

FOOD ALLERGY SUPPORT GROUP
Do you, a family member, or a friend have food allergies? Would you or someone you know be interested in attending a support group for food allergies right here in Clarksville? Then visit www.TNFoodAllergies.Web, officelive.com for information and for all your food allergy resources. Or contact Mindy at TNFoodAllergies@aol.com or (931) 561-4800.

GRIEF & LOSS
The parish nurses of Grace Lutheran and Sango United Methodist churches offer a twelve week class for adults who are grieving the loss of a loved one. Grace Lutheran at (931) 647-6750 or Sango United Methodist Church at (931) 358-2552.

MENDED HEARTS, INC.
Supports heart disease and heart surgery patients and their families. Meets in the Tennessee Room at Gateway Health System every third Tuesday at 6:30 p.m. (931) 502-1010.

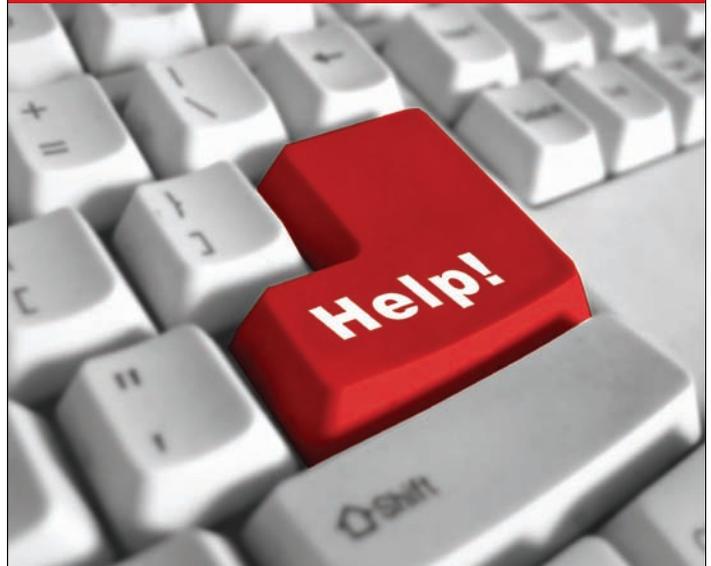
NAMI (NATIONAL ALLIANCE OF THE MENTALLY ILL)
Support group meets at First Church of the Nazarene, 180 Richview Road, the 4th Monday of every month at 7:00 p.m. Bertha at (931) 216-3590 or www.nami.org.

PARENTS HELPING PARENTS
A bereavement support group for any person who has ever loved and lost a baby or child. You can expect compassion, support and useful information to help you through this time of grief. Held the first Monday of each month from 7:00 p.m. to 9:00 p.m. in classroom 2 off the "A" lobby at Blanchfield Army Community Hospital, Ft. Campbell. The group is open to the community. For directions or information e-mail Sharee at InfantLossProject@yahoo.com or call the chaplain's office at (270) 798-8777.

TENDERPAW'S THERAPY GROUP
Tenderpaw's Pet Therapy Group meets at 10:00 a.m. the first Saturday of the month in the Legacy Room of Gateway Medical Center. To have your pet screened call Kathy at (931) 553-8959.

WARRIORS OF HOPE
A place to share the journey of life after breast cancer. Meets the 2nd Wednesday evening of each month. Jennifer at (931) 624-5400 or warrriorsofhope@charter.net

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Parent Groups

CLARKSVILLE MOMMY'S GROUP

"Nurturing the Nurturer." The CMG is a new social and support group for Mommies in and around Clarksville that are expecting or have a child under the age of 5. The group is run through a private website which gives members 24 hour access from the comfort of their own home to participate in many activities on or off line. The CMG provides mothers of young children opportunities to socialize, exchange ideas and participate in activities that promote personal growth for both mommy and child. CMG is a non-profit group and is absolutely free. E-mail clarksvillemoms@hotmail.com or call Kamila at (931) 503-0480.

CHARA (Christ-centered Homeschoolers Applying Righteousness Academically)

CHARA is a support group for those who have chosen to educate their children at home. Monthly meetings for parents and children are held the last Monday of each month at Hilldale Baptist Church Family Life Center, 250 Old Farmers Road. Additional activities are held throughout the year. For further information visit www.orgsites.com/tn/chara or e-mail charatn@charter.net.

HOPE@Home (Helping Other Parents Educate at Home)

An online Christian support group for home schooling families in the Clarksville/Montgomery County area. Members have access to info on area activities, co-ops, classes, small groups and much more. For basic information and to join visit <http://groups.yahoo.com/group/ClarksvilleAreaHomeSchoolNews/>

HOPKINSVILLE SAHM MEETUP GROUP

For information about the Hopkinsville Stay at Home Moms Meetup Group visit their website at <http://sahm.meetup.com/1943/>

LA LECHE LEAGUE OF CLARKSVILLE-FORT CAMPBELL

Provides information, encouragement and support to mothers who wish to breast feed their babies. Meetings

are third Wednesdays at Montgomery County public library, large meeting room, 10:00 a.m. Local LLL leaders are available to provide information, support and answer questions: Gini at (931) 906-8946 or Sara at (270) 439-2723

MOMS CLUB OF CLARKSVILLE

Come meet other stay at home moms at the MOMS Club®! The MOMS Club® is an international non-profit, non-religious, non-political organization specifically designed to support stay at home moms (including those that may work part time or have a home based business). Join us for one of our Open House meetings the first Friday of every month at 10:00 a.m. at Madison Street United Methodist Church. Enjoy breakfast while getting to know more about MOMS Club and meeting local MOMS. Activities include speakers and discussions, park days, field trips, cooking club, and activity groups like playgroups, walking, arts & crafts, and a monthly MOMS Night Out. We also do service projects for children and families in our community. Yearly dues are \$20. Most activities are during the day, when moms need the support most. Children are welcome at all daytime activities. For more information call (931) 472-5218 or visit: www.geocities.com/clarksvillemomsclub

M.O.P.S. (MOTHERS OF PRESCHOOLERS) — CLARKSVILLE

MOPS International is an organization for moms who are expecting or have children ages birth to 5 years of age. MOPS meets at First Baptist Church downtown, 435 Madison Street, on the 2nd and 4th Thursdays of the month. Each meeting begins at 9:30 am and childcare is provided. We will begin our new season on August 28. If you are interested in joining us for food, fellowship and fun then contact our 2008-2009 Coordinator, Christine Ferguson, at cmferguson81@bellsouth.net or (931) 647-1364. Also check out our website for more info www.orgsites.com/tn/mops_fbc

M.O.P.S. (MOTHERS OF PRESCHOOLERS) — FT. CAMPBELL

Join us as we walk this adventure called Motherhood! Free child watch is available 9:15 a.m. to 12:00 p.m. MOPS meets the 1st and 3rd Wednesday of the month at Memorial Chapel Church on Fort Campbell. Contact Tina Venditti at (270) 439-2234 for more information.

PARENTS OF MULTIPLES

A support group for parents of twins, triplets and more. Meets 6:30 p.m. on second Thursdays at Hilldale United Methodist Church. Call Kelley Corley at (931) 358-0127 or e-mail vp@clarksvillemultiples.com, or visit clarksvillemultiples.com.

PARENTS REACHING OUT

Provides peer counseling and support services. Aims at long-term preventive health care solutions to families facing the challenges of a high-risk pregnancy or having an infant or child in critical care. Call (615) 365-7004.

SHARE (SECULAR HOMESCHOOLERS: ANY RELIGION, ECLECTIC)

SHARE is a non-religious home school group for Clarksville and the surrounding areas. All homeschoolers are welcome to join this group, regardless of religious beliefs, race, homeschooling methods, or family lifestyles.

An online support and information network is available as well as bi-monthly meetings. This group is a community in which we all play an important role in deciding and implementing the activities we want for our children. For membership information please visit: <http://groups.yahoo.com/group/tnSHARE/>

TENNESSEE EARLY INTERVENTION SYSTEM (TEIS)

"Growing Together Little by Little." A voluntary educational program for families with children ages birth to three years old with disabilities or developmental delays. Visit www.tennessee.gov/education/teis or call (800) 852-7157.

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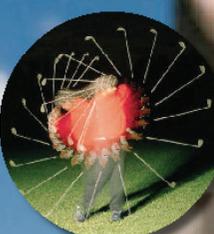
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