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**Kate Heggie, 6; Ethan Ford, 9; Izzy Heggie, 2;
and Madi Ford, 7, are ready for summer.**

**Their parents are Horace & Amber Heggie,
and Doug & April Ford, all of Clarksville.**

Photo by Courtney Zenner.

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Publisher's Message

My son turned 5 in May. He is about to graduate from pre-k and is now all excited about kindergarten. I know it sounds cliché but where did the time go? He went from not talking at all until he was almost 3 to now reminding me to turn out the lights when I leave a room and to also not call people names in traffic. "You should just say 'Go!' not 'Go, dummy!' mommy," he'll tell me. I am excited for him and very proud of him but also shocked at how fast it's all gone by.



I am also excited that warmer weather is here; the rain was really starting to depress me. I like this time of year right before it gets really hot and humid; where there's still a breeze and you can wear jeans without burning up.

With summer approaching I am reminded of all the wonderful things that Clarksville has to offer for local children. The Summer Youth Program offers so many great FREE programs I'm sure that many of you were not even aware of. They offer things like karate, dance, tennis and golf classes; and for just \$30 your little actor can participate in a six week theater workshop at the Roxy. Please see the calendar and the article from the Roxy's own John McDonald for further details about these wonderful programs.

Another fantastic thing that is going on in Clarksville is the Downtown Market. It will be every Saturday from June 6th through October 24th downtown in the Public Square and will have locally grown fruits and veggies, crafts, art and more. So whether you're a shopper in search of something fresh and local or a vendor interested in showcasing your products you should definitely check it out.

Here's to another great summer in Clarksville!

Sincerely,
Carla Lavergne

Clarksville Family

Clarksville Family Magazine has 10,000 issues published and distributed monthly at over 150 locations across Clarksville and the surrounding area.

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by Pamela Magrans

We all know what number to call in case of an emergency -- 911. If we need a phone number -- that would be 411. If you want to know the traffic conditions on the road you are taking to Florida this summer -- call 511 for transportation information. Each are easy to remember numbers, even a toddler can get it right. What's even better -- these numbers are nationwide. Anywhere you go in the U.S., any of those numbers will give you access to the same type of service.

Now there is yet another easy to remember number -- 211. Maybe you've heard about it, but probably not. It is a new nationwide initiative to provide easy access to local information. If that sounds broad, it is rightly so. Calling 2-1-1 will give you access to a wealth of resources. It is a one-stop phone call for a variety of purposes.

A call to 2-1-1 eliminates the need for the caller to navigate through a web of government agencies and help-lines. There is no need to flip through hundreds of yellow pages or search the Yahoo! homepage for a variety of word combinations and search criteria. If you

need a community service in Clarksville or the surrounding area, a call to 2-1-1 can put you in the right direction.

Why call 2-1-1?

There are a multitude of reasons to call 2-1-1. No one list could include them all. Each of us might have a different reason for doing so. It is a first call for help line in cases of crisis. Anyone dealing with a crisis can call and receive immediate one-on-one assistance and encouragement. But the line is by no means limited to crisis calls. On the contrary, most calls received in our community are an inquiry for information. The 2-1-1 operators have access to information that bridges the gap between various non-profit agencies and government offices.

Here are just a few (hypothetical, of course) reasons why someone might call 2-1-1.

- I'm sick of paying to have my taxes done and I want to find out where I can have them done for free!

- A friend lost her job and she has no money for diapers or formula. Where should she go to apply for food stamps, WIC or other financial assistance?

- My 17-year-old son needs summer employment! Where should he go to begin that search?

- A family member has an alcohol addiction. What should they do to find free counseling or a support group?

- My sister is in a physically abusive relationship. She's afraid to leave her husband. Is there a safe place for her and the kids to go while she decides what to do next?

- I'm new to town and want to join a support group for mothers of preschoolers.

- My baby is leaving for college next month and I already have empty nest syndrome. Where can I find volunteer work? Is there a place in our community where I can put my experience and caring heart to work for others?

- My coffee pot broke, the baby is crying, the toddler is demanding more juice, the dishes are piled up high in the sink, I haven't showered in two days and my husband is still deployed. It's not

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an emergency (I don't need a fireman, policeman or doctor), maybe I just need to talk to someone. Call 2-1-1.

Making it personal

Calling 2-1-1 will not involve you in an impersonal automated call. As a matter of fact, it will do exactly the opposite. How's that for old-fashioned service? Don't expect a series of push button menus and automated questions, or even voice recognition technology. When you call 2-1-1 a real live human being located right here in Clarksville answers the phone. That is not necessarily the case in other counties, but here in our community the operators of this 2-1-1 line take special effort to ensure that the 2-1-1 line delivers a fast and personal response. The line is accessible 24 hours a day and a real person will answer the phone every time it rings.

The 2-1-1 line is completely confidential. The line does not have caller ID, so no one will call you back if you decide to hang-up. The person who answers your call does not have to know your name, phone number or your address. Giving that information

is completely optional. Whatever the reason for your call, you can rest assured that all steps are taken to ensure your privacy when you call 2-1-1.

A nationwide initiative

In 1997, the first three-digit telephone number dedicated to community life was established by the United Way of Metropolitan Atlanta. In doing so, they set up a quick and easy way for citizens to access community information and services.

Since then growth has steadily increased. Currently 78% of the country's population has access to a 2-1-1 information line with call centers located in various locations nationwide. Our local 2-1-1 call center services Montgomery, Stewart and Houston counties.

In our community the United Way has been operating a phone line for these same purposes for over 18 years; however, the new 2-1-1 initiative is designed to create an easy to remember number that is used nationwide. In

most areas you visit in the U.S. a 2-1-1 information line for that community is already available.

A bill is being presented to Congress to provide federal funding to help the United Way of America and local communities implement the 2-1-1 line. It takes funding to create the telecommunications infrastructure, and to staff and train the call centers.

At a time when many families are struggling financially, the need for community services is at its highest. Families need quick and easy access to information such as job training, educational resources, food assistance, housing assistance, utility subsidies, health care and crisis intervention.

Whether the need is in response to a crisis or simply for community information and resources, when the phone rings in the 2-1-1 call center here in Clarksville, the result is the same -- a caring and trained voice answers every time.

For more information about the 2-1-1 initiative and services you may also visit www.211tn.org.

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Keeping Summer Safe From Basic First Aid to Family Emergencies

by Randle Likes, D.O., F.A.C.E.P., Emergency Physician

Summer fun is just around the corner: sun, sports, pools, playgrounds and other outdoor activities abound. It's no surprise to any parent that the summer season is also the busiest for your local emergency room.

Knowing what to do when an emergency arises, when and how to administer medical care at home, and when to head to the ER is important. Injuries are the top cause of death for children ages 1 to 21, according to the American Academy of Pediatrics.

Educating yourself and your family about how to handle an emergency can make for a safer, happier and healthier summer.

First aid kit

Bumps, scrapes and boo-boos can be handled at home with a well-stocked first aid kit. A necessity in every home, a first aid kit can help handle minor emergencies that don't require a doctor's immediate care. Your kit should be stored in a central location in your home – within easy reach for adults, not

children. A properly stocked kit can help you manage emergency needs ranging from a burn to a deep cut.

A Family First Aid Kit

- first-aid manual
- sterile gauze
- adhesive tape, adhesive bandages and elastic bandages
- antiseptic wipes
- soap
- antibiotic cream (triple-antibiotic ointment)
- antiseptic solution (like hydrogen peroxide)
- hydrocortisone cream (1%)
- acetaminophen and ibuprofen
- extra prescription medications
- tweezers
- sharp scissors
- safety pins
- disposable instant cold packs
- calamine lotion
- alcohol wipes or ethyl alcohol
- thermometer
- breathing barrier (with a one-way valve) for mouth-to-mouth CPR
- plastic gloves
- a flashlight and extra batteries
- a list of emergency phone numbers
- blanket

Check your kit regularly and replace missing items or expired medications. It's a good idea to have a first aid kit in your home and another in the car. Don't forget to take it with you on family vacations, too.

First aid basics

Some general first aid tips for a few common situations include:

- **Bruises:** elevate and apply ice or a cold pack.
- **Burns:** Immerse the burned area in cool water for at least five minutes or until the pain subsides. Cover the area loosely with a sterile gauze bandage. Do not apply ice directly, and do not use ointments or butter.
- **Bleeding or puncture wounds:** apply continuous, direct pressure with a clean cloth or towel to control bleeding for about 20 minutes. Rinse the wound with clean water (no soap, as this may irritate the wound); apply an antibiotic and cover the wound with a bandage or sterile gauze.

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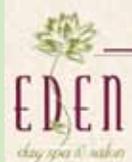
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Be sure to wash your hands before treating a wound. If you're not sure about the severity of the injury, call your doctor or head to your local emergency room.

When to go to the ER

If the injury is severe or complications occur – such as continued bleeding or redness, pain, numbness, fever or swelling – you need to go to the emergency room.

A trip to the ER can be stressful for a child. Besides the injury and physical discomfort, there's also the fear of the unknown. If the parent can stay calm, that demeanor can transfer to the child and pave the way for a smoother ER visit. Also, be sure to bring an ER "care package" to include:

- Medical records about your child and your family; including current medications; allergies; relevant family history; and previous hospitalizations, surgeries or illnesses.
- A list of important phone numbers.
- A small notebook for recording symptoms or making notes during your visit with the doctor.
- Items for any wait time and things to help comfort your child: crayons, books, toys, extra diapers, cash for snack machines/incidentals, and a favorite stuffed animal.
- A change of clothes and a toothbrush for you and your child (if you think there is a chance your child may be admitted).

Call your pediatrician before heading to the emergency room. If your child has swallowed a medication or household substance or object, bring that medication or liquid, or an object like the one he or she swallowed, to show ER doctors.

Be prepared

According to the American College of Emergency Physicians, every emergency can be managed using the four-step process: prevent, prepare, recognize, and act. This includes mock emergency drills with family, CPR classes, and teaching children to call 9-1-1 in an emergency. Discuss with your child what constitutes an emergency and which situations are appropriate (and not appropriate) to call for emergency help. Help your child to memorize and practice the information they'll need to provide: their home address, their home phone number, and other questions the dispatcher will ask about the person who needs help (whether they are conscious and breathing).

For first aid and emergency advice on a wide range of conditions, visit www.todaysgateway.com and click the Health Resources link.



Dr. Randle Likes, Emergency Physician, received his medical degree from the University of New England College of Osteopathic Medicine and completed his residency in Emergency Medicine at Darnall Army Hospital, Ft Hood, TX. Dr. Likes is a member of Emergency Physicians of Montgomery County and practices at Gateway Medical Center.

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651 Dunlop Lane, Clarksville

A Summertime Sleepover

by Brenda Hunley

Chester and Dart were planning their sleepover. "First we will eat, and then we will play games!" Chester said excitedly.

"Let's stay awake all night!" Dart added.

"Okay! Ummmm, I need to get home and get things ready," Chester replied.

"See you in a couple hours, Chester!" Dart said as he flew off to get his overnight bag.

Chester had lots to do to get his home ready for Dart to spend the night. He wanted everything to be perfect. He hurried down the trail back to his home. Hopping inside he grabbed some containers and headed back into the woods.

First, Chester dug up lots of worms, putting them into a small cooler. Dart would love that! Next, he picked two baskets full of berries. One he would mash down into juice for them to drink and the other for snacks. Chester yawned, it had been a full day already and Chester was getting tired from all the running back and forth.

Just as Chester was pulling the second basket into his home, his mom poked her head around the corner.

"Hi Chester! I brought over some snacks for later tonight."

"Mom, I didn't know you were here!" Chester said, giving her a big hug. "Your snacks are the best! Thank you!"

"I'm here too Chester!" his father said, coming in the door.

"Hi Dad, what's up?" he said, giving his dad a high five.

"Your mom said that she heard you were having a buddy spend the night and she wanted to bring over some snacks and extra bedding."

Chester looked around his home. There were two extra quilts folded in the corner, a bucket full of peanuts, and a stack of games in another basket.

"Thanks guys! This is going to be great!" Chester clapped his hands in delight.

"Your dad brought you boys a surprise!" Mom said as she squeezed the berries into a pitcher.

Chester's eyes widened, "Oh! What is it?"

Chester's dad waved at Chester to follow him into the dim hallway. "But Dad, I can't see back there!"

"Come here, and you will see!" Dad chipmunk was pulling two jars out of his backpack. Each jar had a glow about it.

Chester leaned in close, "What is that?"

"It's firefly juice, so you can glow after dark. Just rub this on yourselves, or anything that you want to glow, and you will be able to see even in the dark."

"Dad, you rock! I can't wait to try it out!" Chester exclaimed.

Mom chipmunk slowly spread the quilts out on the floor. Inside each quilt was a fresh pillow.

Chester sniffed the air, "What is that smell?"

"It's mint! I put fresh mint into these new pillows so you and Dart will have sweet dreams," she answered.

"Did you leave us any to munch on?" Chester asked.

Mom chipmunk winked, "I sure did! Over there in the bag on the counter."

"Mom, you rock too!" Chester laughed.

"Okay, we had better get out of here. It is almost time for Chester's company to show up," Dad chipmunk said, opening the door to leave.

"Thanks, both of you! Thank you for everything!" Chester said waving goodbye.

"Have fun Chester!" Mom chipmunk said as she turned the corner out of sight.

Chester was still smiling when Dart knocked on the door.

"Come in Dart!" said Chester.

"Are you ready to have fun? My mom gave me some raisins, and a new box of cards to play with," Dart said, bringing his bag inside.

"My parents came by and dropped off some things too! We are all set!" said Chester as he showed Dart all the fun things waiting for them.

The two friends laughed, and played games for several hours. It didn't take long for them to work up an appetite. They had quite a lot to choose from for dinner once they set it all out. Dart filled up on berry juice and worms, while Chester ate a little of everything.

Next, Chester brought out the firefly juice. The friends smeared it on their faces and took turns scaring each other. Then they drew pictures on the walls and floors. Soon there were soft glowing pictures of each other, and many of their adventures, all around them.

"Sigh! What a great day! Thanks for letting me come over Chester!" Dart said lying back on his fresh pillow.

"No problem. Anytime," Chester said, rubbing his eyes. Even though they tried their best to stay awake, the friends were soon fast asleep, each dreaming of tomorrow's new and exciting adventures.

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Changing Jobs? Know Your Options

What to Do With Your Retirement Funds When You Change Jobs

by Ryan Bosler

There are many new challenges to face if you happen to be changing jobs or retiring – not the least of which is the decision of what to do with the retirement funds that have accumulated in your 401(k) and other retirement plans over the years of service with your employers. These decisions may have a significant impact on your future financial security in retirement.

1) Your employer hands you a check for the amount in your retirement plan. This may look like a bonanza, but selecting this option could be a mistake. First, your employer is required to withhold 20% from your lump sum distribution, so you will only receive 80%. Second, if you are younger than 59 1/2, you may be subject to a 10% additional federal income tax penalty for early withdrawal. Third, you are liable for paying income taxes on the full amount—if you fail to rollover your funds into an IRA within 60 days.

2) Leave the money with your old employer. If you have more than \$5,000 in your former employer's retirement plan, you can usually leave the money where it is. (Check with your employer.) The advantage of doing this is that it relieves you of making a decision for the time being while maintaining the tax deferral of your assets. The downside is that you are limited to the investment choices offered by your ex employer—or even fewer choices, since some companies have additional restrictions for non-active employees. Additional disadvantages are that you cannot make new contributions to your account.

3) Move your retirement money to your new employer. This option only works if you are moving to another job. Even then, your new employer may not accept rollovers from a previous plan or may impose a waiting period. Also, the investment options offered by your new employer may not be as extensive as you want. The benefit is that you maintain your assets' tax deferral and benefit from the convenience of having your assets in one place.

4) Put the money into a traditional IRA Rollover. By having your former employer's retirement plan pay the IRA custodian directly, you avoid the 20% withholding or any penalties. There are numerous benefits to your own IRA Rollover:

- A wide choice of investment opportunities—you can select the stocks, bonds, mutual funds or other investments that are right for you.
- The ability to withdraw without penalty for some purposes. Withdrawals can be made without penalty by taking a series of substantially equal periodic payments for at least five years or until after you reach age 59 1/2. Withdrawals are subject to normal income tax treatment and may be subject to an additional 10% federal income tax penalty. Thus, if you are planning to retire before you reach age 59 1/2, this method can enable you to dip into your IRA Rollover without penalty. Please note, there may be other eligible retirement plans which can accept funds.

Contact your financial professional to explore the details and decide if an IRA Rollover is right for you.



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It's Time to Switch from Razor to Laser!

by Natalie Finney, Aesthetician, Bella Medical Spa

Laser Hair Removal has always been the most popular treatment that Bella offers. Who wouldn't enjoy not having to shave before hitting the pool, or eliminating those annoying chin hairs that seem to grow over night? Many people choose laser hair removal to eliminate painful razor burn and ingrown hairs. Laser hair removal can be done in any area that grows unwanted hair. The most common areas requested are face, legs, back, underarms, and bikini line.

What is a laser and how does it work? A laser is a device that produces light of a single color or wavelength. The lasers used in dermatology produce pulses of high-energy light that is absorbed by the desired target. In the case of hair removal, the target is the melanin pigment contained within the hair shaft. Therefore, dark hair responds best to laser hair removal

treatments. Someone with gray, red, or blonde hair may not be a good candidate for the treatment.

"How many treatments?" you ask. For most people a series of 7-8 treatments at 4-6 week intervals, depending on your hair growth cycles, is suggested to see desired results. However, many patients are happy with their results after only 4 treatments. After your first treatment, there will be a significant reduction in the amount and thickness of hair. Once an area has gone through a series of treatments, maintenance treatments yearly or even farther apart are suggested to keep hair completely gone.

Does it hurt? My answer is yes and no. Discomfort with laser hair removal varies from person to person. Most people find the treatment virtually pain free but some find it a little uncomfortable depending on what area is treated. At Bella, we use FDA approved

Candela lasers. Candela lasers have a patented coolant system built right into the hand piece that delivers a cool burst onto the skin before each pulse of the laser. This maximizes the comfort level of each treatment.

Side effects with laser hair removal are minimum. You may experience some redness or swelling around the hair follicle for about a day. Sunscreen and make-up can be applied to the treated area as soon as the treatment is completed. Tanning beds and direct sun exposure should be avoided at least one week pre- and post-treatment to avoid any chances of hyper- or hypo-pigmentation.

Laser hair removal is a safe, effective, comfortable and quick way of eliminating unwanted hair, and ridding you from the aggravations of daily shaving. It's time to switch from razor to laser!

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Uncertainty

by Chris Edmondson

There is a story told by a man who was driving home from work one day, and he stopped to watch a local Little League baseball game. He sat down behind the bench on the first-baseline, and he asked one of the boys what the score was. "We're behind 14 to nothing," he answered with a smile.

"Really," the man said. "I have to admit that you don't look very discouraged." "Discouraged?" the boy asked with a puzzled look on his face. "Why should we be discouraged? We haven't even been up to bat yet."

As I think back on my career in playing sports, the little boy in that story could very well have been me. Unlike this little boy though, I can't say that I always put a positive spin on things like a 14 to 0 deficit. I don't remember ever being on a single team that had a winning record. I do remember having fun and loving to play sports, but I also remember getting discouraged every once in a while because we never could seem to win many games.

Let's face it, how many of us could put that kind of perspective on such a seeming disaster? The truth is that most of us get discouraged about one thing or another fairly regularly. Getting discouraged can happen easily in this economy and living in these uncertain times.

Even though we may be uncertain, God is certain. Even though our situations change, God never changes. So those who follow Jesus are torn between two worlds—listening to a God who never changes,

and living in a virulent world that always changes and that is filled with uncertainty.

As a guy living in his thirties, I am uncertain about the economy, my retirement, the job market, and the housing market. I am uncertain about gas prices on the rise and my carbon footprint. I am uncertain about my future, my children's future, and the GNP. I am uncertain about our trillion-dollar deficit, and I am uncertain about the world my children will inherit after I leave this earth more used and abused than before. When I look at the future, it is filled with question marks and uncertainty. Living in this world, I am certainly uncertain about the future.

Our current times remind me of a very uncertain time in Israel's future that happened long ago. God's chosen people are standing on the edge of a land God had promised them. God is poised, ready to give the Israelites this land, when something happens that fills everyone with uncertainty. The leader of the Israelites — Moses, who performed miracles, who led the people out of bondage in Egypt, who parted the Red Sea, who talked to God face to face—has died (Deuteronomy 34). The Hebrews just lost their deliverer and leader of 40 years. Uncertainty of the future. An end of a chapter. But not the end of the book.

God had been training up another man by the name of Joshua.

After the death of Moses the Lord's servant, the LORD spoke to Joshua, Moses' assistant. He said, "Moses my

servant is dead. Therefore, the time has come for you to lead these people, the Israelites, across the Jordan River into the land I am giving them."

Joshua 1:1-2

God tells Joshua it is time to lead. When we face uncertain times is when we need clear leadership. God tells Joshua the next step—"lead the people across the Jordan river to the promised land."

Imagine you're the Israelites—you have a lot of questions! Think of how reporters today ask the president questions. Someone asks, "Joshua, who died and appointed you leader?"

Joshua responds, "Moses died, and God made me the leader. Next question! Yes, you in the back."

"What is your next move, Joshua?"

"We're going to cross the Jordan river," Joshua responds. "Yes, you with your hand raised."

"How are we going to get across?"

"Don't know. God said do it, so start packing up. Next question..."

Joshua as a leader didn't have all of the answers, but he was clear in one thing—what God had told him to do: "Lead these people, the Israelites, across the Jordan River into the land I am giving them." As a leader, it is okay to be uncertain but it's not okay to be unclear, because you can be clear even when you're uncertain. You fall back and remember what God originally has called you to do. That is what we should do. That is



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what Joshua did. When things look uncertain, go back to where you were when things looked certain and pick up from there.

God gave Joshua some more timely advice that you and I need to hear. In the next four verses God tells Joshua three different times to be “Strong and courageous.” God tells Joshua...

I will not fail you or abandon you. Be strong and courageous, for you are the one who will lead these people to possess all the land I swore to their ancestors I would give them. Be strong and very courageous. Be careful to obey all the instructions Moses gave you. Do not deviate from them, turning either to the right or to the left. Then you will be successful in everything you do. Study this Book of Instruction continually. Meditate on it day and night so you will be sure to obey everything written in it. Only then will you prosper and succeed in all you do. This is my command—be strong and courageous! Do not be afraid or discouraged. For the LORD your God is with you wherever you go.

Joshua 1:5b-9

Be strong and courageous. Be strong and very courageous. This is my command—be strong and courageous. Three times God said it. I don't know about you, but many times I don't feel courageous. Many times I act more like the Cowardly Lion than William Wallace.

Let me tell you the secret of finding courage. It is found in the story of a little boy who was the favorite target of a neighborhood bully. Day after day, the boy was attacked and beaten up. His father advised him to stand up to the bully, to defeat him on his own terms. The boy tried . . . and took a pounding as a result.

The next day, as the boy walked home, the bully stepped out from behind some bushes, took one look at his intended victim, and ran away as fast as he could. Why? The boy wasn't alone. His father was walking him home. This boy had the courage of a lion because his father was with him.

Courage, just like fear, is contagious. You stay close to God, and you will find yourself feeling courageous, because we take our courage from the God who is always with us and who is bigger than anyone who might want to bully us around. In Psalm 95:4 it says that “His hand is so big that He holds the mountains, the seas—even the entire earth in the palm of His hand.” So no matter what you may be facing in the areas of uncertainty in your life, you can be fully assured that God is not uncertain about anything. He sees you where you are and longs to give you guidance and strength. Take your courage from Him in these uncertain times.



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Style on the Move

by Paige King

Style. Most of us admire it in others. Some of us try to achieve it. For some, it's as natural as walking across a room.

In this series of articles we will explore the style of those of us who are constantly "on the move." Many Clarksville Family readers are military, but there are also those who are transitioning from college to the work force, from one job to another, and so forth. Almost everyone is challenged with a move and consequently, the adjustment from one home to another.

For many of us, these moves take place from one rental property to another. When you rent, there are limitations on what you can do to alter the structure.

In this series I hope to inspire you to think outside the 2-bedroom, single bath box.

My first interview was with Alicia (Aly) Rohling. Aly is a military spouse who has moved all over the world—including from Italy to Ft. Campbell, KY. When I met Aly, she was living in quarters on post—not that you would recognize it as such. Read the following to see how she does it.

Paige: When looking around your home, it appears as though nearly everything is antique. How would you describe your decorating style?

Aly: European Traditional, with a fresh twist, I love repurposing previously loved items!

Paige: Have you always decorated in this style? How or when did you "find" your style?

Aly: When Andy and I married we had a lighter pine "Fontana" and light oak furniture, but six months later we transferred to Germany and fell in love with dark European antiques. We started collecting pieces as we could afford them and eventually replaced every piece of furniture we owned, which thankfully was not much.

Paige: What would you say is the "must have" item(s) for your home—the thing you would never put in storage?

Aly: Without hesitation CHANDELIERS, they change the entire mood of a home.

Paige: Finish this sentence: "No matter where we move, my house isn't a home until I..."

Aly: Paint, dress the windows and hang my chandeliers.

Paige: I noticed you didn't shy away from painting your on-post housing. Do you always paint the homes you live in? Do you have any other tips for camouflaging the sterile look of rentals or post housing?

Aly: Yes, paint is the most effective and inexpensive way to change a decor, it takes one day to paint and one day to repaint if you have to. Besides painting, paying attention to your lighting makes a huge difference. Since we move so often it is important to decorate not for your current

home, but for your family's dynamic and furniture style. Pick window treatments that are versatile, my favorite is long oversized panels (3 1/2 yards) that I can puddle on the floor or pull back with tiebacks. They afford me flexibility since they can be used at any home no matter how tall the ceilings. As well as table cloths, bedspreads, shower curtains...

Paige: Another detail I noticed is the large scale of many of your pieces. Most of us who are always "on the move" shy away from large pieces. How do you keep your home from feeling over-crowded?

Aly: I believe that large scale pieces are more effective than

many smaller ones in cleaning up a small room. They are certainly more impressive and they provide better storage.

Paige: I'm going to go out on a limb and choose your chandeliers as a key element in your design. Tell us why you go to the trouble of hanging and removing them with each move. How can the average renter achieve a similar impact?

Aly: I take my chandeliers with me everywhere we move. We use them and then replace them with the original lighting before we move. I found out that they are pretty easy to install, taking only a few minutes. And they get a really good cleaning every two years when we have to go again. In my opinion they are an investment. Once you see the impact that they make in a room you will not stop till your whole home has the same effect. They can make a garage look decorated and elegant.



Paige: With regard to home decorating, what do you find most frustrating about your frequent moves? ...most appealing?

Aly: Most frustrating? That is a hard one. Most appealing is the opportunity to reinvent myself; try a new color scheme, see how my furniture looks in a different grouping, find new ways to use what I had, refresh my decor, try something new. With every move I become more organized and streamline my decor. I get rid of mismatched things. My decor gets a facelift and, more importantly, I get to prove myself all over again making my portfolio more interesting.



Paige: What decorating advice would you give to someone embarking on a career which will involve frequent moves?

Aly: Take advantage of the local culture, make your home a reflection of who you are and where you have been. If your purchases are all things that you love they will go together beautifully and will become topics of conversation. Anyone can go to Pier One and get a set of dishes, but not everyone can go and get them in Poland, Italy, Mexico...

Paige: What's your current decorating fixation? What are you working on?

Aly: I am very blessed that our new home is way larger than our last (giving us room to spread out a bit),

and besides a finished basement it also has a semi-finished craft room that is right now a bit of an eyesore. My goal is to make it into a workspace for me that is both utilitarian and can inspire creativity.



Not everyone has the opportunity to travel to Italy and other fabulous locales, but Aly's tips can be applied by most of us. Make the most of where you

live, especially by incorporating elements of each place visited/lived in. Don't allow yourself or your decorating style to be limited by your immediate surroundings. Make your statement with your own style—no matter where you are—and your friends will notice YOUR style, not your cookie cutter apartment.

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by Jennifer Overby Mead

As a Mortgage Consultant I am often asked, "How do I achieve a perfect credit score?" With the tightening of the credit industry I have essentially become a credit counselor as well as a Mortgage Consultant. Recent changes in the mortgage industry have resulted in lenders requiring higher credit scores from prospective borrowers. This time last year more than 80% of the credit reports I pulled qualified for a new home loan without having to make any changes to their credit report. That number has dropped to almost 60% in today's credit market. While having a high credit score is not something you can achieve in a short period of time, there are some things you can do to boost your credit score.

1. 30% rule. If you typically do not pay off your account monthly, try to keep the remaining balance no more than 30% of the available credit limit.

2. Ask your creditor to raise your credit limit if you carry a balance and cannot pay it down to 30% of the limit. However, be very careful as this can potentially have a negative effect if the credit limit

becomes excessive. Or, if you use the new limit and do not pay off any new charges made.

3. Balance out your credit accounts. Try to have at least a one installment account, and a few major credit cards such as a Mastercard or Visa. This shows that you have the ability to make a fixed monthly payment and a payment that varies each month.

4. Remove yourself as an authorized user on an account that might have a balance at the credit limit or have derogatory information being reported.

It is a good idea to check your credit once a year to see if there have been any changes made without your prior knowledge. An amendment to the Federal Fair Credit Reporting Act (FCRA) requires each of the major nationwide consumer reporting companies to provide you with a free copy of your credit report, at your request, once every 12 months. To order your free annual report from one or all national consumer reporting companies, visit www.annualcreditreport.com, or call toll-free (877) 322-8228. Be wary of online offers to view

your credit score for free unless they are from the three national consumer reporting companies (Equifax, TransUnion and Experian). These free offers may result in having your non public information sold to third parties. This information is sometimes used to offer unsolicited credit to those who might qualify.

Some other little known facts about credit scoring:

- Each of the three credit bureaus uses their own scoring model and will usually report a different credit score.

- The credit score you get directly from the three credit bureaus can be up to 30 points higher than the score we pull as a Mortgage Lender. This can affect you if you have border line credit and are planning on making a major purchase.

- Be very careful when opening up finance accounts such as those offered to you at some retail stores or accounts offered to people with no credit history. These accounts are sometimes viewed as those given to high risk borrowers, or to borrowers who typically cannot

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qualify for mainstream credit accounts.

- Do not always assume that paying off an old debt will raise your score. While paying off your past due bills is a good financial decision, consult with a credit advisor first if you plan on making any large purchases in the near future. Sometimes an old collection account has already affected your credit score and is no longer a significant factor. By paying off the account it often opens up the tradeline as a recently paid derogatory account instead of simply showing as a paid collection. This could lead to a lower score instead of a higher one in the meantime.

- Do not close out any unused accounts all at one time. These are the accounts that a potential new creditor bases their decision on. They want to see a history of good credit over a period of time (6 years of no late payments looks better than a new credit card that you have had for 12 months with no late payments). The only time I suggest to my clients that they close out an unused account is if it has an annual fee. Closing

out accounts also lowers your total available credit which could negatively affect your score.

- Bankruptcy is not automatically the death of your credit. I have actually seen credit reports with good scores from a borrower who had recently been discharged from a bankruptcy. For some people it is a way of starting over and learning to make better financial choices. If you have recently been discharged from a bankruptcy, request a recent copy of your credit report to verify all accounts included in your bankruptcy have been updated. Not all creditors update the new account status automatically.

- Do not assume if you make your monthly payments on time you will have a perfect credit score. You can still have a low score without ever having missed a single payment. Being over your credit limit or having a maxed out account will impact your score and could significantly lower your scores.

Please understand that credit scoring is not an exact science and no one person can tell you exactly how to achieve a specific credit

score. If you keep in mind these percentages you will be on the road to a high credit score. The break down of your credit score is 35% payment history, 30% amount owed, 15% length of credit history, 10% new credit accounts, 10% types of credit used. These are merely suggestions based off of an average consumer's credit report. Each individual's credit situation is different. If you have specific questions about your particular situation please feel free to contact me.



Jennifer Overby Mead is the owner of Legacy Mortgage Services, Inc., 329A Warfield Boulevard. She can be reached at (931) 551-8999 or JMead@lms-tn.com.

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by John McDonald

A parent came early to see our production of *CATS*, and the excitement and energy of her three charges could not be easily contained. It was only 6:30 p.m., and a half-hour is an eternity when confined to a red velvet seat with nothing to occupy one's attention.

I suggested a run around the block. The mother was fearful of not being able to keep her eyes on them, so we settled for a run down First and Franklin to Commerce Street and back. I pretended to time them. While this was going on, the mother shared with me how good at soccer the first child back from the run was, with the second also good at sports, while the third and last up the hill was not very good at sports at all...so he was called "lazy."

I could not but think of how I, too, was not great at chasing, hitting or catching spherical objects. I was, as a child, given that same nomination. Some people are good at one thing and not so good at other things. But if you can find the one thing, the one light, the one spark which kindles a fire of passion in a child, you're more than halfway home - you're there.

My parents used the carrot of "play practice" as a prod for good grades. It worked. I passed everything, except the third grade. But that was before I had found my bliss. After that, it was all uphill, a slow but steady climb, until a full scholarship to the American Academy of Dramatic Arts, a school at which later I had the privilege of teaching. I had come full-circle.

You can be good at the "game thing" and still be good at the "theatre thing" as well. I think of Chris Davis, who studied at Rhodes College in Memphis on a football scholarship, then, in his third year, changed his scholarship to drama. He now heads up his own theatre in Memphis.

The summer is upon us. Spring has sprung, and so, too, will all of the Montgomery County schoolchildren who get their summer reprieve. The Roxy Regional Theatre gets one as well. No big yellow buses clogging up Franklin and First, bringing busloads of children on field trips to see our curriculum-based season.

But we'll not be dark. No, since a longtime partnership with Clarksville's

Parks and Recreation Department, led by Missy Graham and her highly trained staff, embraces the arts as well as sports and outdoor activities.

It will be the usual drill. The first week will be filled with fear and trepidation by just being asked to come up onstage and say your name, your age and what school you attend. Terror ends when coaxing is no longer needed, and flying begins when each student realizes that he or she can grow and learn in this safe environment, where creative juices can flow and lessons can be learned from seeing other people take chances, improve and grow.

Between the first week and the final week's "Informance," there will be scripts created, improves improved upon, learning from peers, and a rethinking of pre-thought personal defects as unique assets to achieving success in the theatre, as well as in life.

"I love being at the Roxy. Since I started acting at the Roxy, I never want to stop. I love being onstage; it makes me feel free."

Rebekah Norfleet

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The second week is about reaffirming rules, and we have 25 of them. "No gum" is only one of them, and that's because of the new red velvet cushioned theatre seats.

"I love the Roxy. I think the summer workshop will help me to continue to grow as an actor. Thank you for providing opportunities such as this."

Spencer Williams

Week Three marks the halfway point and, so, many young people are beginning to understand that the theatre requires discipline and hard work.

"The theatre is also a way to relax after a stressful day. Acting allows you to be anyone you want and forget about your troubles, even if it's only for a little while."

Braxton Wallace

Week Four is filled with misses for family vacation, Bible School and other social priorities, as well as putting scripts together and learning, as the lesson in Honk teaches:

*I'm just different, but I have a sense of pride
My looks may well be funny
But I hurt the same inside
Different isn't hateful
Different could be swell ...
Different is just ...
Well ...
Different.*

For me, Week Five is the most difficult, since all of the young thespians are up to speed on the do's and don'ts, and by now have no fear to improvise on bumblebees or butterscotch ice cream. The fears are gone, and taking risks and being inventive and imaginative have taken over.

"Last summer was amazing. The Roxy really helped me become who I am now."

Amy Wyer

At last, it is Week Six – twenty-four days to become brave, to become an aficionado of drama. Did I mention that their skills as performing artists are beyond being useful, since for a number of years they have work-shopped our holiday productions, like *Grimm Tales* and *Peter Rabbit*, or one of our curriculum shows, like *Red Badge of Courage* or *Jekyll & Hyde*?

"Last year was so much fun, and I learned a ton of things."

Humberto Figueroa

This summer, it will be Poe tales and *Hansel and Gretel* into which they will sink their acting chops. The program runs from June 8 until July 16 (Mondays, Tuesdays, Wednesdays and Thursdays from 1:00 p.m. until 3:00 p.m.), ending with a free "Informance" at 1:00 p.m. on Thursday, July 16, followed by punch and cookies under the marquee.

Signup for the six-week summer program is Monday, June 1 through Friday, June 5, from 8:30 a.m. until 4:00 p.m., at the Parks and Recreation office located on Public Square. Children must be aged 10 to 16 to participate. And you better not be late, for the summer drama workshop, now in its 21st year, fills up fast, and it's the best \$30 a parent can spend. Back in the day, it was free. Now it's a steal – a real bargain – at just \$1.25/day!

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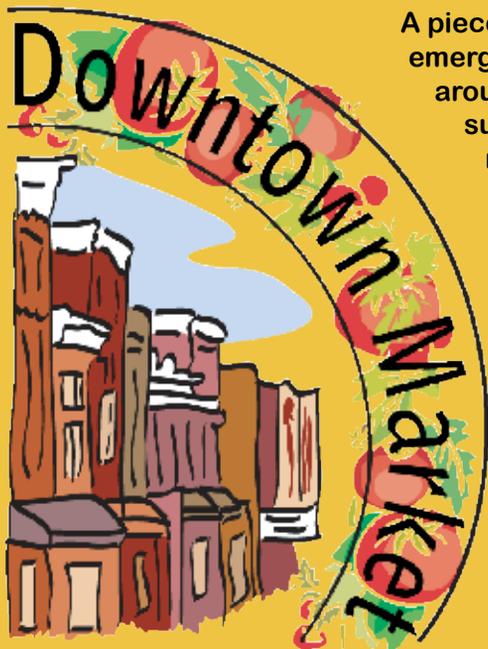
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Clarksville's Downtown Farmers' Market

by Rita Arrancibia



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A piece of history is emerging on Public Square around City Hall this summer - Clarksville's new Downtown Market. Clarksville's downtown has a history of being the central market area of the city, so it is an ideal location for a farmers' and artisans' market.

The concept of "Farmers' Markets" actually began in the United States where farmers set up their tables in the street or in parked cars — bringing vitality to urban

spaces, and fresh, seasonal produce to urban dwellers. Farmers' Markets have become a popular way to shop in the US. According to a report by the USDA's Agricultural Marketing Service in September 2008, farmers' markets in the United States have continued to grow reaching a total of 4,685 in August 2008. This represents a 6.8 percent increase since mid-August 2006, when AMS reported 4,385 farmers markets nationwide.

Farmers' Markets are good for the local economy. For every one dollar we spend at a non-locally owned business, 17 cents returns to the local community. For every dollar spent at a locally owned business, 47 cents returns to a local pocket. It makes "cents" to create a market for local goods in the center of our city. By selling their products direct, farmers make a more reasonable income. In the United States, on

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average, only 5 cents of every dollar spent on food goes back to the farmer's pocket. The opportunity to sell directly helps farmers stay in business.

Markets are good for our health too. Consumers will be offered the freshest, most flavorful foods of the season and studies show that farmers' markets also increase our quality of life by getting people to connect. Customers at farmers' markets are 10 times more likely to participate in a conversation than customers at conventional markets. Citizens getting out into the community, meeting people we live with — the people who grow our food — increases our well-being.

To market, to market! I can't think of a better place to be this summer than the Downtown Market in Clarksville where you will find vine ripe tomatoes, fresh peaches for canning, yellow sweet corn, home grown cucumbers and other produce from the region.

The Market is sponsored by the Clarksville Parks & Recreation Department, the Office of Housing and Community Development, and the UT-TSU Cooperative Extension and will run every Saturday from June 6 through October 30 from 8:00 a.m. to 1:00 p.m.



GOLF LESSONS

All ages, all skill levels

Whether you're struggling to find your game or a beginner looking to learn the basics.

Instruction given by local golf champion,

Rob Long

By appointment only
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What's Happening For The Summer?

Summer Camps
July 20-24
July 27-31

June Classes
Boys Are FREE!

Modern
Hip Hop
Ballet

Tap
Jazz
Acro
Lyrical

Home of the award winning Competition Dance Team "The Force".

THE FRIDGE



Welcome "Luckey number 7"
Elisha Luckey born April 14



Little Man Shamáan

HAPPY BIRTHDAY!



Happy 1st Birthday Aniyah 1st Amaiyah!
Love, Mommy, Nana, GiGi & Family



Happy 1st Birthday Savanna
Love Dad, Mom & Caleb



Happy 1st Birthday Jace!
Love Mommy, Daddy, & Devon



Happy 1st Birthday Alejandro!
Love, Mommy, Daddy & Pucho!



Happy 2nd Birthday Izzy!



We love you Julie! Happy 2nd Birthday!
Love - Mommy, Daddy, & Shelby



Happy 2nd Birthday Isabella!
We love you! Sofia & Lily



Happy 2nd Birthday, Samantha!
Love, Mama and Daddy.



Happy 3rd birthday Lauren.
We love you, Mommy & Daddy



Happy 3rd Birthday Clay!
Love, Mommy, Daddy & Bennett



Happy 3rd Birthday Maddie!
We Love You, Mommy & Daddy



Rachelle's 3 HOORAY!
Love Daddy Jessie Granny & Pa

Wanna be on the Fridge? Email photo to: fridge@clarksvillefamily.com by June 15th.
Please include the name of who is in the photo & a preferred short caption (optional).

***Please limit entire photo caption to 50 characters or less including spaces.**

**You may also mail your photos to: PO Box 31867 • Clarksville, TN 37040 • Mailed photos cannot be returned. Submitted photos and signature will serve as a "photo release" allowing Clarksville Family Magazine a one-time right to print the photo. *Photo publication cannot be guaranteed.

HAPPY BIRTHDAY!



Happy 3rd Birthday Rae Rae!
We love you. Momma, Dada, & Clay



Happy 3rd Birthday Easton!
Love Daddy & Mommy



Happy 4th Birthday, Mia!
Love, Mommy, Daddy & Mikayla



Happy 5th Birthday Alyssa
Love Mommy, Daddy & Family



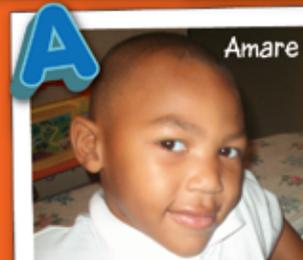
Happy 5th Birthday Darius!
Love Mommy & Family



Happy 5th birthday Isabel!
Love Mommy, Daddy, & Lilah



Happy 5th Birthday Kadence Jayde!
Love, Daddy, Mommy, Kambel & Ty



Happy 5th Birthday to
Mama's Man



Happy 5th Birthday Sofia!
Love you big sister! Bella & Lily



Happy 5th Birthday Marlee
Love Momma & Daddy



Happy 5th Birthday Te'Asha
Love Mommy & Daddy!



Happy Birthday Leana
From Grandma & Poppy



Happy 6th Birthday Kate!



Happy 6th Birthday Ty!



Happy 8th birthday, Melody!
Love, Grandpa & Grandma



Happy 9th Birthday Ethan!



Happy 9th Birthday Keara!



Happy 10th Birthday Tyler!



You're a great Big Brother!
Happy 14th birthday Mason!
Love Mom and John

Don't forget!
Send in photos for
July birthdays
by June 15th!

Ongoing

APSU MEN'S TEAM BASKETBALL CAMP
Camp lasts from June 1 to 5, and June 8 to 10. Open to ages 5 through 16. Call (931) 221-7616 or visit www.letsgopeay.edu for more information.

CASH FOR HEALTHY BLOOD SAMPLES
We need your help! Alpha Clinical Research is collecting blood samples from healthy volunteers in exchange for \$25. "Healthy" is defined as free from disease. People with anxiety, allergies and on birth control or hormone replacement therapy are not excluded and may participate. Interested volunteers may call (931) 920-2825 to learn more.

CLARKSVILLE FIRST CHURCH OF THE NAZARENE HOPE RIDERS
1:15 p.m. every Sunday afternoon at 150 Richview Road, weather permitting (temperature above 50 and no rain). Hope Riders is the name of our full-fledged Biker Ministry. The ride group is comprised of all bikes, bikers from our church, other churches, and some who do not attend church. For more information contact Pastor Ron at (931) 648-0110 or visit www.hoperiders.blogspot.com for upcoming rides and events.

CLARKSVILLE-MONTGOMERY COUNTY PUBLIC LIBRARY 2009 SUMMER READING PROGRAM
Starting June 8 through July 17. See block on page 30 for more details.

CLARKSVILLE DOWNTOWN MARKET
Starting June 6 from 8:00 a.m. to 1:00 p.m. every Saturday at One Public Square during market season. The Market will feature fresh, locally grown produce, nursery stock, hand made craft items and other commodities available on a seasonal basis.

FAB TRYOUTS
Mall hours, Governor's Square Mall Office. Do you have what it takes to be a member of the Fashion Advisory Board at Governor's Square Mall? If you're a junior or senior in high school you are well on your way! The Governor's Square Mall's Fashion Advisory Board is a great way to meet new people, be a part of something that is not only fun but something that gives back! Members of FAB are ambassadors of the Mall and the community. Not only do they serve as the

models for mall fashion shows but they also participate in community activities... all to earn points. Stop by Customer Service and pick up your information packet.

June

1 MONDAY
SUMMER YOUTH PROGRAMS SIGNUP
Through Friday, June 5 from 8:30 a.m. to 4:00 p.m. at Parks and Rec Offices. See block on page 28.

4 THURSDAY
CHICK-FIL-A SPIRIT NIGHTS: BEACH BASH
5:00 p.m. to 8:00 p.m. at Chick-fil-A inside Governor's Square Mall, (931) 645-5144. Wear Hawaiian attire and swimwear.

ALZHEIMER'S CAREGIVERS SUPPORT GROUP MEETING
6:30 p.m. at Clarksville-Montgomery County Public Library, 350 Pageant Lane. For more information call Patsy Shell at (931) 648-1884.

6 SATURDAY
FLYING HIGH
Silent auction begins at 5:00 p.m., dinner begins at 7:00 p.m. at the home of Mr. and Mrs. James Bell. Flying High is the annual fundraiser for the Customs House Museum. After dinner, the live auction will take place, and the evening will end with a live band and dancing. This year's Flying High will have a Spanish twist! It will be a fun night filled with delicious food, great music, and auction items that will tempt everyone to raise a bidding paddle. Anyone interested in attending the event should contact Linda Maki at the Customs House Museum and Cultural Center (931) 648-5780.

SPRING DANCE RECITAL
6:00 p.m. at Austin Peay Mass Communication Concert Hall. Call Lana's Dance Centre for ticket information, (931) 503-8050.

11 THURSDAY
LET'S FIND: MAMMA LLAMA
10:30 a.m. to 11:30 a.m. at Customs House Museum, 200 South Second Street. Call Sue Lewis at (931) 648-5780. For children 2 - 6 years old. Come explore the museum from a child's perspective. In each session we will look for one or two objects in the museum's exhibits, read a story, and make a craft. Free to museum members. Non-members pay the regular adult admission

plus \$1 per child. Siblings are always welcome. Reservations are requested; please call by 9:00 a.m. the morning of the event.

15TH ANNUAL CLARKSVILLE AREA CHAMBER OF COMMERCE GOLF SCRAMBLE
In the afternoon at Swan Lake golf course. The event is sponsored by Gary Mathews Motors/Mathews Nissan/Mathews Suzuki/Mathews Volkswagen Kia. Registration fee is \$75. Contact Melinda Shepard at (931) 245-4341.

CHICK-FIL-A SPIRIT NIGHTS: PAJAMA PARTY
5:00 p.m. to 8:00 p.m. at Chick-fil-A inside Governor's Square Mall, (931) 645-5144. Wear your favorite Pjs.

CUTEST PET CONTEST
Registration begins at 6:00 p.m., showtime at 7:00 p.m. at Borders Court in Governor's Square Mall. Use entrance next to Zales. All pets must be on a leash at all times. Prizes for winning pets. \$10 fee will benefit the Humane Society.

13 SATURDAY
CLARKSVILLE FOX VS. IOWA CRUSH FOOTBALL GAME
At the Northwest High School football field. Visit www.TheClarksvilleFox.com for more details.

ARTIST SERIES
12:30 p.m. to 2:30 p.m. at Kleeman Community Center. Make beautiful hand painted and decorated greeting cards with local artist Gabriele Wardeiner. \$20 per person.

ACRODANCE EXPRESS 5TH ANNUAL RECITAL
5:30 p.m. at APSU Mass Communication building.

CONCERT IN THE PARK
6:00 p.m. at McGregor Park. Featuring two headline bands, local dance academies, and a host of local visual artists in an arts & crafts show.

14 SUNDAY
FLAG DAY
SPRING CREEK BAPTIST CHURCH'S "BOOMERANG EXPRESS" VACATION BIBLE SCHOOL
Through June 19, from 6:00 p.m. to 8:00 p.m. at 2760 Trenton Road. For children K through 6th grade. There will also be

an Adult VBS class available. Please call church office at (931) 647-5850 for more information.

16 TUESDAY
SOCIAL NETWORKING SEMINAR
The Clarksville Area Chamber of Commerce hosts this morning seminar so that members can learn more about how to use Facebook, Twitter, and blogging for business purposes. The cost is \$25 for members and \$30 for non-members. Contact Melinda Shepard at (931) 245-4341.

CLARKSVILLE SCRABBLE GAME CLUB
6:00 p.m. to 9:00 p.m. at Borders, 2801 Wilma Rudolph Boulevard. Call Clay Sanders at (931) 647-3625.

17 WEDNESDAY
LET'S DO IT: MAKE SOME MUSIC
10:30 a.m. to 12:00 p.m. at Customs House Museum, 200 South Second Street. Call Sue Lewis at (931) 648-5780. For kids 7-11 years old. Each activity is exhibit focused. Parents are welcome to tour the museum or leave the museum and return at the end of the program. Programs are free to museum members. Fees are \$3 per child for non-members. Reservations are required by the day before the program. Bring an empty plastic bottle.

18 THURSDAY
CHICK-FIL-A SPIRIT NIGHTS: FATHER/DAUGHTER DATE NIGHT
5:00 p.m. to 8:00 p.m. at Chick-fil-A inside Governor's Square Mall, (931) 645-5144. Dress up and bring your dad for a Father's Day dinner.

20 SATURDAY
BACH BLANKETS CROCHET GROUP
1:00 p.m. to 2:00 p.m. at Clarksville-Montgomery County Public Library, 350 Pageant Lane. Crochet blankets for babies delivered at Blanchfield Army Community Hospital. Call Sharon Loebl for information at (931) 572-0734.

21 SUNDAY
FATHER'S DAY

23 TUESDAY
LET'S DO IT: DRAW & PAINT BIRDS
10:30 a.m. to 12:00 p.m. at Customs House Museum, 200 South Second Street. Call Sue Lewis at (931) 648-5780. For kids 7-11 years old. Each activity is exhibit focused. Parents are welcome to tour the museum or leave the museum and return at the end of the program. Programs are free

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931.249.0454

to museum members. Fees are \$3 per child for non-members. Reservations are required by the day before the program. Bring a paint shirt.

25 THURSDAY COMMUNITY DAY

10:00 a.m. to 6:00 p.m. at Center Court in Governor's Square Mall. Are you looking for something to do in your spare time, or how to get involved in our community? Then, stop in to Governor's Square Mall to visit with local community groups and find out how you can volunteer your time!

LET'S FIND: DRUMS & GUITARS

10:30 a.m. to 11:30 a.m. at Customs House Museum, 200 South Second Street. Call Sue Lewis at (931) 648-5780. For children 2 - 6 years old. Come explore the museum from a child's perspective. In each session we will look for one or two objects in the museum's exhibits, read a story, and make a craft. Free to museum members. Non-members pay the regular adult admission plus \$1 per child. Siblings are always welcome. Reservations are requested; please call by 9:00 a.m. the morning of the event.

CHICK-FIL-A SPIRIT NIGHTS: SUPERHERO NIGHT

5:00 p.m. to 8:00 p.m. at Chick-fil-A inside Governor's Square Mall, (931) 645-5144. Dress up as your favorite superhero.

27 SATURDAY

HEART & SOLE KICK-OFF EVENT

10:00 a.m. to 12:00 p.m. at McGregor Park Pavilion. The Montgomery County Health Department has teamed up with Gateway

Medical Center, Clarksville Parks and Recreation, and other community businesses to get Clarksville people moving with our sixth annual "Heart & Sole" program. This is a free 12 week walking program that offers incentives and support to get you started in the right direction. We want you to participate either on your own or through a team formed with your coworkers, church or neighborhood.

Come down to the "Kick-Off" event at the McGregor Park Pavilion to register or call the Health Department and sign up. You will receive a walking log to start recording your miles. Report your miles weekly and get your name put in a drawing for some great prizes! In the end you will receive a certificate and some more prizes will be given out.

The "Kick-Off" event will be lots of fun. During this registration time you will have the opportunity to meet other local businesses, get your free walking log, and have your blood pressure checked for free. So come on down and take a step in the right direction for you health! For information call Patti Hill, Health Educator, Montgomery Co. Health Department, 330 Pageant Lane, (931) 648-7251.

MOVIES IN THE PARK

6:00 p.m. at Heritage Park. Enjoy a free movie underneath the stars.

To have your event included for free on the Calendar e-mail events@clarksvillefamily.com. Please have it to us by the 10th of the month to be included in next month's issue.



Are you at **RISK** of increased falls?

You may be at risk if you...

- Are 65 years or older
- Are postmenopausal
- Had a past fracture of the hip, spine, or wrist
- Have experienced falls in the years since menopause

If you think you may meet these criteria...

You may be interested to learn more about a 12-month clinical research study looking for volunteers if you...

- Are 65 years or older
- Had your last menstrual period 1 year ago
- Have fallen at least once in the past 12 months
- Have not received osteoporosis treatment

Qualified participants will receive study-related assessments and evaluations performed by medical professionals along with either the standard of treatment for osteoporosis or an investigational drug.

For more information, contact:

931-920-2525



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Roasting Marshmallows Summer Camp 2009
9:00 a.m. to 5:00 p.m. daily

June 8th - 12th • Culinary Camp "What's For Dinner?" for ages 6 - 11 (also June 22nd - 26th), ages 12-16. \$185.

June 1st - 5th • Babysitting 101 (also July 27th - 31st), ages 11 - 16. \$185.

June 13th • Father/Daughter Pampering

June 1st - 5th • A Photography Camp "In The Eye of The Beholder" (also July 6th - 10th), ages 8 and up. \$165

June 15th - 19th • Gardening Camp "How Does Your Garden Grow" (June 15th-19th), ages 5 and up. \$165.

June 1st - 5th • Beauty Boot Camp Hair Care, Makeup, Nutrition, Exercise (also July 20th-24th), ages 8 and up. Program designed for Kindergarten to High School. \$160.

June 20th • Pink Poodle in Paris 11:00 a.m. to 3:00 p.m.

June 27th • 25% off All Spa Service and Gift Items

Call for information. Tickets must be purchased in advance to attend all events.

Crisis

2 1 1

There is light, even in the darkest night. **DIAL** Find Help • Give Help

Crisis comes in many forms. It comes when a person experiences emotional pain like the death of a loved one, divorce, neglect, depression, broken relationships & even a bad day at work or school.

2-1-1 offers information on a broad range of services including:

- Financial assistance
- Prescreening for foodstamps
- Free tax preparation
- Food banks
- Housing
- Health resources
- Elderly care
- Financial literacy
- Job training programs

the Dance Divas' Domain

\$10 off any purchase of \$50 or more

\$5 off any purchase of \$25 or more

Please use by June 30th, 2009

149 Kender Rhea Ct.
Next to Appleton's Harley Davidson on the bypass

931.647.5301

RHYTHM RAGS

This year's free Summer Youth Program begins June 8th with the opening of gymnasiums and will finish up on July 17th. On the final night, participants and their families will celebrate with a "Family Night Out" featuring lots of games and fun activities from 6:00 p.m. to 8:00 p.m. at Burt Cobb Community Center.

Gyms are staffed with Directors and Assistants five days a week starting June 8th to offer leadership and assistance in play activities and instructional classes. School gymnasiums are modified to a "Community Center" setting with table games, tournaments, arts and crafts, and special activities. All children ages 6-16 are welcome to attend for free. Parents must register their children on site the first day of attendance. Parent's permission is required for participation in the Summer Youth Program. The program begins at 9:00 a.m. and ends at 3:00 p.m. Children must be picked up prior to closing. Program sites will be closed on July 8th in observance of Independence Day.

Please be sure your child is dressed properly with gym shoes each day for playing inside school gyms and outdoors. The Clarksville Parks and Recreation Department staff are not permitted to administer medications to your child. Please be sure medication doses have been taken prior to arrival each day. Registration for the Summer Youth Program

begins at the Community Centers on June 1st. All other sites will open for registration on June 8th.

SUMMER YOUTH PROGRAM GYM LOCATIONS

Burt-Cobb Community Center, Crow Community Center, and Kleeman Community Center are Summer Program sites as well as Barksdale, Burt, Glenellen, Hazelwood, Liberty, Minglewood, and Byrns Darden Elementary Schools. The Housing Authority at Summit Heights and Caldwell Lane have also provided sites for the Summer Youth Program. Caldwell Lane will be open Monday to Friday from 10:00 a.m. to 2:00 p.m. All other sites are open 9:00 a.m. to 3:00 p.m. Monday through Friday.

FREE LUNCH PROGRAM

The Clarksville Parks and Recreation Department participates in the USDA Summer Lunch Program. All youth registered at the Summer Youth Program sites will be offered a free lunch (including milk and/or juice) each day of the program.

FREE SWIM PROGRAM

Free Swim Fridays are offered to each participant in the Summer Youth Program. Each site will be designated a pool where they can swim from 9:00 a.m. to 11:00 a.m. each Friday morning. There is no charge for this

activity. Details will be available at each site. Requires parent's permission. Transportation to the pool is provided from the gym sites. Parents may also pick up and drop off their children at the pool.

GOLF LESSONS

A six-week golf instruction session will begin Monday, June 8th at Mason Rudolph Golf Course. Classes are offered on Monday/Wednesday or Tuesday/Thursday depending upon child's age. Pre-registration and parent's permission is required. Open to ages 6-16. Registration begins the week of June 1st at the Parks and Recreation office. This instructional class will be offered for FREE.

Monday/Wednesday Classes
Ages 11-12: 8:00 a.m. - 9:30 a.m.
Ages 6-8: 8:00 a.m. - 9:00 a.m.

Tuesday/Thursday Classes
Ages 13-16: 9:30 a.m. - 11:00 a.m.
Ages 6-8: 9:00 a.m. - 10:00 a.m.
Ages 9-10: 10:00 a.m. - 11:00 a.m.

SUMMER PLAYHOUSE

The Roxy Regional Theatre will offer a six-week theatre workshop June 8 - July 16. Actors will learn about the theatre and participate in a special performance on July 16th from 1:00 p.m. to 3:00 p.m. The program is offered to ages 10-16. Classes are Monday to Thursday

from 1:00 p.m. to 3:00 p.m. at the Roxy Theatre (100 Franklin Street, call (931) 645-7699). A \$30 fee is due at registration at the Parks and Recreation office beginning the week of June 1st. You may register anytime after June 8, but the fee remains the same.

TENNIS LESSONS

A six-week tennis instruction session will begin on Monday, June 8th at Swan Lake Tennis Complex. Classes will be offered on Monday/Wednesday or Tuesday/Thursday depending on child's age. Pre-registration and parent's permission are required. Open to ages 6-16. Register at the Parks and Recreation Office beginning the week of June 1st. This instructional class is offered for FREE.

Monday/Wednesday Classes
Ages 6-8: 8:00 a.m. - 9:00 a.m.
Ages 9-10: 9:00 a.m. - 10:00 a.m.

Tuesday/Thursday Classes
Ages 11-12: 8:00 a.m. - 9:30 a.m.
Ages 13-16: 9:30 a.m. - 11:00 a.m.

ON-SITE INSTRUCTIONAL CLASSES

Instructional classes in dance, karate and puppeteering will also be offered for free. Registration must be completed at each Summer Youth Program site and requires parent's permission to participate.

Busy Beads & Moore Class Schedule

1960 I-b Madison Street • (931) 552-5545

FACETED RING \$35. Gemstones are \$12.
SPRING FLOWERS \$25.
FILIGREE RING \$25.
FILIGREE BRACELET \$25.
BASIC JEWELRY \$25.
BEGINNING WIRE WRAP \$25.

EAR WIRES \$25.
HUG RING \$25.
PHARAOH'S RING \$35.
SPIRAL BRACELET \$25.
STERLING AND CRYSTAL BANGLE \$35.
(Three hour class, materials \$35.)

HOOP EARRINGS \$35.
DICHROIC BRACELET \$45. (Advanced class may take up to four hours. Materials starting at \$50.)
EARRING RING \$35.
CLASSIC BANGLE \$25.

CHAIN, CHAIN, CHAIN! Horseshoe, Wall Eyed and Eternity Chains. \$25.

Call (931) 552-5545 to schedule these or other classes.

Ballet • Tap • Jazz • Pointe • Lyrical • Boys Hip Hop •

POP Back in Time

70's & 80's

Spring Recital

Saturday, June 6 @ 6pm
APSU Mass Communications Concert Hall
Admission is \$10 in advance and \$12 at the door

Reminder! Summer Dance Classes (afternoon & evening) begin the week of June 15th - July 17th
Morning Cheer/Dance Camp July 13 - 16th

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ogressions • Modern • Tumbling • Hip Hop • Creative

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INTRODUCTION TO KNITTING 2
INTRODUCTION TO CROCHET 1
INTRODUCTION TO CROCHET 2
KID'S KNITTING CAMP
LACE CABLE PULLOVER
FRIDAY NIGHT LOCK-IN (THIRD
FRIDAY OF THE MONTH)
CHARITY EVENT (FOURTH SUNDAY
OF EVERY MONTH)

We also have one-on-one classes available at any time. Please call shop for details on classes.

The Roxy Regional Theatre

100 Franklin Street • www.roxyregionaltheatre.org • (931) 645-7699

DISNEY'S CINDERELLA JR.

The timeless fairy tale meets the magic of Disney in this adaptation of the treasured animated film. Poor Cinderella is endlessly mistreated by her wicked stepmother and stepsisters, and denied a chance to go to the Royal Ball. With a little help from her mice friends, and a lot of help from her Fairy Godmother, Cinderella goes to the ball, meets the Prince, and falls in love! With a beautiful score including "A Dream Is a Wish Your Heart Makes" and the classic "Bibbidi-Bobbidi-Boo," this musical will charm its way into your heart, and remind you that dreams really can come true. (Presented by The Roxy Regional School of the Arts.) 6:00 p.m. June 3, 4, 5, 6*, 10, 11, 12 & 13*.

THE ANDREWS BROTHERS

Mistaken identities, madcap comedy and the greatest music of the 1940's fill this hilarious new musical. Three soldiers find themselves giving the performance of a lifetime when a certain singing trio of siblings fail to arrive at the USO gig. "Boogie Woogie Bugle Boy," "Slow Boat to China," "Shoo Shoo Boy," "Stuff Like That There," and "Don't Sit Under the Apple Tree" are but a few of the favorites in this valentine to the heroes of World War II. June 12, 13, 17, 18, 19, 20*, 24, 25, 26 & 27.

DISNEY'S MULAN JUNIOR

Travel back to the legendary, story-telling days of ancient China with this action-packed stage adaptation of Disney's Mulan. The Huns have invaded, and it is up to the misfit Mulan and her mischievous sidekick Mushu to save the Emperor! Including favorites like "Reflection," "Honor to Us All," "I'll Make a Man Out of You" as well as new songs that will get you up on your feet. Mulan Junior is a heartwarming celebration of culture, honor and a fighting spirit. (Presented by The Roxy School of the Arts.)

Curtain Times

7:00 p.m. Wednesday and Thursday evenings,
8:00 p.m. Friday and Saturday evenings. *2:00 p.m. matinee on selected Saturday afternoons. (Program and times are subject to change.)

Individual Musical Ticket Prices

\$20 adult, \$15 (age 13 and under)

Individual Play Ticket Prices

\$15 adult, \$10 (age 13 and under), Group discounts available, call box office for details, Student rush \$5.00 (every performance student tickets will go on sale for \$5.00 at 5 minutes prior to curtain for remaining seats)



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ADOPTION & FOSTER CARE

CARING CHOICES OF CATHOLIC CHARITIES
1905 Madison Street, is a Tennessee state licensed child-placing agency providing supportive professional counseling services to those experiencing an unplanned pregnancy. Open Monday, Thursday and Friday from 10:00 a.m. to 2:00 p.m. or by appointment. Deesree Williams: (931) 645-9969 or dwilliams@cctenn.org.

OAK PLAINS ACADEMY

1751 Oak Plains Road, Ashland City. We serve children of all ages with therapeutic services, and have several foster homes in Clarksville, and Karen Henderlight, (931) 362-4723, karen.henderlight@uhsinc.com.

OMNI VISIONS INCORPORATED

341 Union Street Suite 5, is a multi-state child placement agency. (931) 906-3779 or www.omnivisions.com.

PHOENIX HOMES

1781 Wilma Rudolph Boulevard, offers treatment foster care and services. (931) 645-7711, (931) 645-7742 or www.phoenixhomes.org.

YOUTH VILLAGES

585 South Riverside Drive, is a private nonprofit organization dedicated to helping emotionally and behaviorally troubled children and their families live successfully through innovative, research-based programs. (931) 803-0777 or www.youthvillages.org.

ATHLETICS

BUDDY BALL SPECIAL NEEDS ATHLETIC LEAGUE

Buddy Ball provides individuals with a mental or physical disability the opportunity to play sports, regardless of their limitations. Buddy Ball helps individuals learn teamwork and promotes self-esteem, one of the tools needed to help overcome the stigma often associated with a disability. The Buddy Ball league is aware of the extra expenses on the families of disabled children. Because of this, Buddy Ball does not charge any fees to participate. We rely entirely on private donations to operate. (931) 624-7283 or www.buddyball.net.

CLARKSVILLE IMPACT SOCCER CLUB

Involves participation of children ages 5-18 in youth sports, specifically soccer. Impact is a non-profit organization trying to provide opportunities to our youth. (931) 358-4926, info@clarksvilleimpact.us or www.clarksvilleimpact.us.

IRON KNIGHTS YOUTH WRESTLING CLUB

The Iron Knights Youth Wrestling Club is starting registration this month. The wrestling club is open to all boys and girls starting at age 4. Our season runs from November through April. The entire family can get involved as we are always looking for

volunteer coaches. For more information contact Jamie at (931) 233-9091, e-mail eventscoordinator@myironknights.com, or visit us at www.myironknights.com.

WARRIORS SPECIAL NEEDS CHEERLEADING

A competition cheerleading squad for children with special needs and disabilities or handicaps. We give kids a chance to cheer year around in a competitive setting, but where they will not be judged. We welcome children ages four to 18. For more information call Michelle Lange at (931) 217-2392 or e-mail warrriorscheersquad@yahoo.com.

SWIMMING EAGLES

We are a Fort Campbell based competitive swim team open to non-military families. Our competitive season runs August through March. For more information please visit www.swimmingeagles.com call (352) 262-0627 or e-mail swimeagleky@yahoo.com. All participants must pass a swim test.

YOUTH WRESTLING PROGRAM

The Hawks wrestling club will be taking registrations for boys and girls ages 7 through 14 years old (Elementary - Middle school) starting in November 2009. Space will be limited. Our season will run from November 2009 through March 2010. We are also looking for experienced volunteer wrestling coaches and coordinators. For more information, please contact wrestling coach Rafael Gonzalez at (931) 320-5042 or e-mail at taniagon@charter.net.

CHILDBIRTH & PARENTING

EDUCATION FAMILY BIRTH CENTER

Lactation Services offers a breastfeeding class for new moms. The class is held the first Tuesday of each month from 7:00 p.m. to 9:00 p.m. in the 3rd floor classroom of Gateway Medical Center. Cost for the class is \$15 (\$25 if you wish to receive The Nursing Mother's Companion book). (931) 502-1180.

GATEWAY MEDICAL CENTER

Prenatal Classes teach parents-to-be what to expect during childbirth and how to ease the discomforts of pregnancy. Classes start the first Wednesday and Thursday of each month in the Liberty Rooms at 7:00 p.m. (931) 502-1180.

Sibling Classes offer brothers- and sisters-to-be an introduction to sibling interaction and a tour of the nursery. Classes the last Saturday of the month in the 3rd floor classroom at 10:00 a.m. (931) 502-1180.

HEALTHY START

Healthy Start is a community outreach program fostering healthy childhood growth and development by providing free support services to first time parents and their babies. (931) 645-3976.

LA LECHE LEAGUE OF CLARKSVILLE-FORT CAMPBELL

Meets the third Wednesday of every month at 10:00 a.m. at the Clarksville-Montgomery Public Library. All breastfeeding mothers and mothers-to-be interested in breastfeeding are welcome. Babies are always welcome at meetings. Local LLL leaders are available to provide information, support and answer questions. Gini at (931) 906-8946 or Sara at (270) 439-2723.

NINE MONTHS & BEYOND

A comprehensive source for pregnancy, birth, breastfeeding and early parenting education and resources. Offers birth tub rentals, breastpump rentals, baby moon vacation and spa packages, and birth plan consultations. Micky Jones, BS, CLE, CLD, CHBE, CAPPA Lactation Educator Trainer at (931) 451-3223 or ninemonthsandbeyond.com.

TENDER GIFT DOULA SERVICES

A doula is a "woman who serves." I am a labor support person who attends to the emotional and physical comfort needs of the laboring woman and her family to smooth the labor process. I offer several prenatal visits, childbirth education, phone support, and one postpartum meeting to ensure the mother is well informed and supported. Doulas have been shown to reduce labor time, and the need for labor augmenting drugs, and pain medication, while increasing the mother's satisfaction with her birth. For more information call Katie Bulger at (931) 378-7233 or visit www.MyTenderGiftDoula.com.

CHILD CARE

CHILD CARE AWARE

Child Care Aware is a non-profit initiative committed to helping parents find the best information on locating quality childcare and childcare resources in their community. The website offers lots of tips on choosing a child care provider, lots of free publications for parents, local child care rates and a Child Care Options Calculator. www.childcareaware.org.

MID-CUMBERLAND CHILDCARE RESOURCE AND REFERRAL

At 1300 Madison Street, provides childcare free referrals and information to parents, training and on-site consultation to childcare providers, and a lending library full of resources for the community. (931) 648-3695 or (866) 446-6006.

MONTGOMERY COUNTY CHILD CARE PROVIDERS BY AREA

At the following links you will find individual child care providers, state star quality ratings, capacity, minimum & maximum age accepted, hours of operation and transportation information. (Home based child care facilities are also listed.)
www.tennessee.gov/humanserv/childcare/63/37040/
www.tennessee.gov/humanserv/childcare/63/37042/
www.tennessee.gov/humanserv/childcare/63/37043/

PARENT INFORMATION NETWORK

Parents working to keep parents informed about issues that affect the community, education and our schools via a subscriber e-mail network, clarksvillepin.net.

PROGRESSIVE DIRECTIONS, INC.

At 1249 Paradise Hill Road, provides services to developmentally delayed children and adults. (931) 647-6333 or www.progressivedirections.com.

CHILD PROTECTION & DOMESTIC CRISIS SERVICES

AL-ANON & ALATEEN

Support for families of alcoholics. Call for more information and meeting times. Grace Lutheran Church, 2041 Madison Street, Joyce at (931) 358-9515; or Ajax Senior Citizens Building, 953 Clark Street, Kim at (931) 647-0566; or Community Church, Jack Miller Boulevard & Airport Road, Kim at (931) 647-0566. www.middleetalanon.org.

CLARKSVILLE RAPE AND SEXUAL ABUSE CENTER

At 331 Union Street, Suite B. Office at (931) 647-3632 or Toll-free Crisis Hotline at (800) 879-1999.

CREATING HOPE BY ASSISTING PARENTS

Works with families whose children are at risk of abuse or neglect. Debra Maness at (931) 645-9793.

DEPARTMENT OF CHILDREN'S SERVICES

At 350 Pageant Lane, Suite 401. (931) 803-3200.

LEGAL AID SOCIETY

At 120 Franklin Street, provides free legal advice and representation to eligible clients. (931) 552-6656 or www.las.org.

MONTGOMERY COUNTY CHILD SUPPORT SERVICE

At 93 Beaumont Street. (931) 572-1663.

SAFEHOUSE

Provides a safe shelter, crisis line, counseling, support groups, referrals and advocacy, community education and safety planning for women and children who are domestic violence victims. (931) 552-6900.

CHILDREN'S GROUPS

4-H YOUTH DEVELOPMENT

At 1030 Cumberland Heights Road, is open to all youth ages 9-19. Involves participation in 4-H through school clubs, community clubs, special interest groups, and a variety of camps. Martin R. Koon Jr. at (931) 648-5725 or mkoon@utk.edu.

BOY SCOUTS OF AMERICA

(931) 647-8811, (800) 899-7268 or www.mtcbsoa.org.

GIRL SCOUTS OF THE USA

1300 Madison Street, (931) 648-1060 or www.girlscouts.org.

Clarksville-Montgomery County Public Library

"Be Creative @ Your Library" 2009 Summer Reading Program Schedule • June 8 through July 17

350 Pageant Lane • (931) 648-8826 • www.clarksville.org

In keeping with our commitment to provide age appropriate programming, we have scheduled five different programs as part of the Summer Reading Program. Seating will be first come, first served.

"*Tadpoles and Tagalongs*" programs are for all children not yet in school (under age five) and their parents or care giver, on Tuesday and Friday at 10:00 a.m., 10:30 a.m., 2:00 p.m., and 2:30 p.m. On Friday, we will repeat Tuesday's program. At each program, a limited number of tickets will be given out on a first come, first served basis.

The Summer Reading Program, "*Be Creative @ Your Library*" for elementary age children (five years and up) will be held on Tuesday at 10:00 a.m. and 2:00 p.m., and Friday at 10:00 a.m. and 2:00 p.m. Children should be old enough to attend this elementary age program without parental supervision. Parents should wait in the library for their children until the program is finished.

On Monday at 2:00 p.m. there will be a "*Tween Scene*" program for children that are 10-12 years old. On Thursday at 4:00 p.m. there will be an "*Express Yourself @ Your Library*" program for teens that are 13-18 years old.

On Thursday evening at 7:00 p.m. there will be a "Pajama Story Time" suitable for the whole family.

Each participant will receive a "Reading Log" to track books read or total hours read. Participants may count the amount of time or the number of books read to them if they are listeners. Older children who read picture books to younger children may count the time spent reading to the younger child but not the number of books read.

Participants are responsible for keeping track of the books they read or the hours that they spend reading. "Reading Logs" should be filled out completely. For every eight books read or two hours of time spent reading, participants will be eligible to receive an incentive. Please use one log for hours read and one log for the number of books read. Please do not ask for preference of incentives. Types of incentives are subject to availability and "special" requests will not be honored.

"*Express Yourself @ Your Library*" Teens and Tweeners will complete a Reader's Prize Card to be eligible for a prize.

All participants will receive their own "*Be Creative @ Your Library*" Passport. This is an attendance booklet that the child should have stamped once a week when they attend a program. The CHILD named on the "*Be Creative @ Your Library*" passport is required to present the booklet to be stamped. You may attend as many programs per week as you wish, but only one stamp will be added each week.

At the end of the Summer Reading Program, if the participant has attended one program per week for at least four of the six weeks and has received four stamps in their Passport, they will receive a book of their choice at no charge. The "*Be Creative @ Your Library*" Passport will not be replaced if lost. Prize books will not be replaced or exchanged.

Please encourage your child to be on his/her best behavior. Children who are misbehaving or causing a disruption to the program will be asked to leave the program.

Please be on time! If you are late, enter the program when there is a break in the activity so you will not create a disturbance. Once a program has begun, please do not disrupt the program by leaving the room.

COMMUNITY OUTREACH

ALL NATIONS BIBLICAL STUDY CENTER
Offers tuition-free Bible courses to the community. Spring Semester 2009 lasts through April 30 and registration is currently open. Course titles include The General Epistles of the New Testament, Biblical Backgrounds Seminar, Understanding the Parables of Jesus, Koine Greek II and Biblical Hebrew II. Classes meet for 1-1/2 hours weekly. Six Online audio and video courses are also offered. Visit www.studythescriptures.net or call (931) 648-8844 for more information, class schedules, and to register.

APSU EXTENDED EDUCATION

Develop a new skill, explore a new idea, learn a new language or seek a new career with one of the classes from Austin Peay State University's Center for Extended and Distance Education. Register early and receive a 10 percent discount on selected courses. Preregistration is required for each course. New online classes start every month. Melony Jones at (931) 221-7868, jonesma@apsu.edu or www.ed2go.com/apsu.

ASERACARE HOSPICE

Hospice team provides medical, emotional and spiritual support to terminally ill patients and their families. (931) 551-4100.

COMMUNITY SCHOOL OF THE ARTS AT APSU

Provides lessons and classes in music and the visual arts for the general community. From Kindermusik classes for infants and toddlers, through lessons and performing ensembles for school-age students, and continuing with adult classes in photography, ceramics, and piano, the CSA strives to serve community members of all ages and ability levels with high quality year-round instruction in the arts. For information contact JoAnn McIntosh at (931) 221-7508 or csa@apsu.edu, or visit our website at www.csa.apsu.edu.

ARMY COMMUNITY SERVICE

At 5661 Screaming Eagle Boulevard, Fort Campbell, "Family Readiness" is the state soldiers, spouses and family members proactively prepare for, and in which they are

able to cope with mobilization, deployments and prolonged separations. To prepare, soldiers (both active and reserve components) and their families attend classes and receive written instructional materials on subjects such as how to prepare a will, how to establish and manage a household budget, how to communicate with children of various ages, and how to maintain communication with the rear detachment of the deployed unit. (270) 798-0609, relocation@fortcampbellmwr.com or www.fortcampbellmwr.com/ACS/familyReadiness.htm.

CRISIS CALL LINE

Offers crisis intervention, suicide prevention and referral. (931) 648-1000.

HOPE CENTER

A community service branch of the Family Guidance Training Institute, Inc., provides a number of community activities to include summer camps for seriously emotionally disturbed children, S.T.E.P. into the Light, a woman's holistic wellness group, Woman's Share community, M.A.L.E. (Men Accessing Life Empowerment), and Tutoring to Success, a tutoring program for seriously emotionally disturbed children. The Hope Center also offers a multitude of workshops for community organizations. For further information regarding our programs, please contact Julee S. Poole, Ph.D., Program Director at (931) 431-7580 or juleespoolephd@aol.com.

HOSPICE OF GATEWAY

Interdisciplinary care for terminal patients and families. (931) 502-3600.

HUMANE SOCIETY OF CLARKSVILLE-MONTGOMERY COUNTY

Provides reduced-cost spaying-neutering and pet care assistance to eligible owners; pets for adoption through foster homes; dog bite prevention and pet care programs; and a 24-hour help line. (931) 648-8042, humanesociety@clarksville.com or clarksvillehumane.petfinder.org.

JOSEPHINE'S CLOSET

At 325 North Second Street, a ministry of Hope Pregnancy Center. Provides children's clothing sizes newborn-size 12, nothing over \$5. Parking and entrance on back side of HPC. (931) 645-2273.

LATINA ASSOCIATION

A nonprofit organization with the mission of unifying the Hispanic community within, and then unifying them in the community where they live, by being the center point of resources and education to strengthen family values. English as a Second Language classes are offered, in partnership with Adult Basic Education as well as How to Start Your Own Business seminars, offered in Spanish or English, in partnership with Your Spanish Link and Concept Training. Donations of any kind are welcomed. (800) 431-8364 or www.asociacionlatina.info.

LOAVES AND FISHES

At 215 Foster Street, provides a hot meal Monday-Saturday 10:30 a.m. to 12:00 p.m. Also provides a distribution center for food donated to agencies that feed hungry people on Tuesday and Friday from 1:00 p.m. to 2:00 p.m. (931) 645-9020.

MEALS ON WHEELS

Mid-Cumberland Human Resource Agency provides group or home-delivered meals to individuals 60 or older. Volunteers deliver noon meal Monday-Friday. It only takes an hour of your time. Beth at (931) 645-5629.

MONTGOMERY COUNTY WIC CLINIC

1850 Business Park Drive Suite 103. Provides nutrition education and food vouchers for women, infants, and children (up to age five). We offer breastfeeding education, including a free monthly class. (931) 551-8777.

PREVENT BLINDNESS TENNESSEE

Offering free vision screenings for adult diabetics (aged 40 and over). Call for appointment at our office. For groups of 15 or more we can come to your facility. Prevent Blindness Tennessee is a non-profit health agency that relies entirely upon gifts,

contributions, foundations and volunteers. We provide education, information, referrals, community service, free vision screenings, eyeglasses and exams to children, seniors and the needy. We keep the SEE in Tennessee! 95 White Bridge Road, Nashville., (615) 352-0450.

RADICAL MISSION

Meets Tuesdays and Thursdays from 10:00 a.m. to 3:00 p.m. at Clarksville First Church of the Nazarene, 150 Richview Road. A Compassionate Ministry Center, founded by Clarksville First Church of the Nazarene, seeks to creatively address issues of suffering and brokenness particularly pertaining to poverty and basic human needs. We provide food, furniture, clothing, financial counseling, assistance with utilities and friendship. For more information contact Pastor Brett Smith or Emmen Chapman at (931) 648-0110.

TENNESSEE REHABILITATION CENTER AT CLARKSVILLE

At 1241 Highway Drive (adjacent to the Animal Shelter), a county/state agency, the TRC provides counseling, vocational evaluation, work adjustment, and job placement services for graduating high school students and adults with disabilities. (931) 648-5560.

TWO RIVERS ASSOCIATION FOR THE EDUCATION OF YOUNG CHILDREN (TRAEYC)

The new Two Rivers Association for the Education of Young Children, TRAEYC, (pronounced tray-see), is one of the fastest growing affiliates in the history of the statewide association. TRAEYC members have a passion for young children and are committed to their education. The Tennessee Counties represented by TRAEYC are Benton, Dickson, Henry, Houston, Humphreys, Montgomery and Stewart. We invite you to join us in exciting upcoming professional growth opportunities. Lisa Maddox-Vinson, TRAEYC President at (931) 221-7303.

UNITED WAY

At 1300 Madison Street, provides the leadership to increase the organized capacity of people to care for one another. Monitors and provides support for agencies serving

www.FortCampbellMWR.com

JUMP IN! THE WATER'S FINE!

\$2 per person / per day for use of pools

**Gardner Indoor Pool
AQUATICS OFFICE
2191 Tennessee Ave
270.798.6310/6304**

Hours/Schedule:
Saturday & Sunday 11am - 6pm
11am - 1pm: Lap Swim
1pm - 6pm: Recreational Swim
Monday - Friday 10am - 8pm
10am - 11am: Water Aerobics
11am - 1pm: Lap swim
1pm - 8pm: Recreational swim

Beginning May 18
5:30am - 8am: Military Lap Swim
8am - 11am: Military Training
NEW! 11am - 11:30am (Tue & Thur):
Parent & Child Water Aerobics - child age 5 and under

**Baldanado Outdoor Pool / Screaming Eagle Blvd / Opens May 23
Dolan Outdoor Pool / William C. Lee Rd / Opens June 1
Dates Subject to change due to project completion
Call for more information 270.798.6310/6304**



SATURN OF CLARKSVILLE

CONCERT UNDER THE STARS

FREE

**7pm - 9pm
Destiny Parks &
Pavilions**

Featuring Hip Kitty

Bring your lawn chairs & blankets
(No glass, no outside alcohol, no pets)
Children under 18 must be accompanied by an adult
Food, Beverages (including Adult beverages), and \$5 Armbands
for Inflatables available for purchase!

**For more information call
270.798.7535**



Clarksville and Fort Campbell, as well as Montgomery, Houston and Stewart counties. (931) 647-4291.

VETERANS UPWARD BOUND

Provides free educational services to veterans who are planning to enroll in college or technical school, or to take the GED Exam. The program is funded by a grant from the U. S. Department of Education as a TRIO project. VUB provides veterans with free academic and counseling services to assure they are ready to succeed in their educational pursuits. Outprocessing military and discharged veterans may be eligible to receive services. For further information, please contact Makeba Webb at (931) 221-7601 or at webbm@apsu.edu. You can also visit our website at www.apsu.edu/VUB/.

COUNSELING, SUBSTANCE ABUSE & MENTAL HEALTH ASPERGER/AUTISM CENTER

Part of the Family Guidance Training Institute, 800 Tiny Town Road, serves children and adolescents with Asperger and Autism Disorders. The professionals at the Asperger/Autism Center recognize the special qualities these children exhibit and work to enhance their social, emotional, and communication abilities with others. Services include: individual counseling, group counseling, family education and counseling, and psychiatric services. For further information regarding our programs, please contact Julee S. Poole, Ph.D., Program Director at (931) 431-7580 or juleespoolephd@aol.com.

BRADFORD HEALTH SERVICES

Bradford Health Services at 231 Dunbar Cave Road, Suite A, creates effective and affordable substance abuse programs through a variety of innovative services. (931) 542-9816.

CELEBRATE RECOVERY

7:00 p.m. to 9:00 p.m. every Friday at Fellowship Hall of Clarksville First Church of the Nazarene, 150 Richview Road. A Christ-centered 12 step recovery program for people with hurts, habits, and hang ups. This ministry provides a safe place to share, a place of belonging, a refuge, a place to grow and become strong again...a possible turning point in your life! Come enjoy fellowship and food, praise and worship, teaching and testimonies, then meet in men's and women's share groups. Childcare is available for ages 10 and younger. For more info contact Pastor Brett at (931) 648-0110 or visit www.clarksvillefirst.com.

CENTERSTONE

810 Greenwood Avenue, (931) 920-7330.

CENTERSTONE ASSOCIATES

1820 Memorial Circle, (931) 920-7300.

CENTERSTONE AT GATEWAY

Crisis Walk-In Center, Gateway Medical Center at 651 Dunlop Lane, (931) 502-2025.

CENTERSTONE

511 Eighth Street, (931) 920-7200.

FAMILY CENTERED SERVICES

901 Martin Street, (931) 503-4600.

THE FAMILY GUIDANCE TRAINING INSTITUTE, INC.

800 Tiny Town Road. Committed to positively impacting the lives of our community's children, youth and their families. We recognize the enormity and diversity of need in our community and have responded with a variety of programs that range from prevention and development, to early intervention, to reduction of recidivism. Family Guidance Training Institute, Inc. is a 501c3 licensed community mental health center and alcohol and treatment facility. Providers at the center offer quality, private, compassionate services to persons who seek emotional wellness. Therapeutic and psychiatric services include: assessments, individual counseling, marriage and family counseling, group counseling, supervised visitation, mental health case management, and alcohol and drug treatment and education services. For further information regarding our programs please contact Julee S. Poole, Ph.D., Program Director at (931) 431-7580 or juleespoolephd@aol.com.

HOPE (HOMELESS OUTREACH PARTNERSHIP AND EMPOWERMENT)

For ages 18+ Centerstone's HOPE program serves adults with substance use and/or mental health disorders who are homeless or at-risk of becoming homeless and who live in Clarksville. (931) 920-7300.

LIFESOLUTIONS - ASPIRE & JOBLINK

611 Eighth Street, (931) 920-7210.

LIFESOLUTIONS - RECONNECT

1840 Memorial Drive, (931) 505-0933.

MENTAL HEALTH COOPERATIVE

Provides evidence-based services including: Child & Family Counseling, Child Psychiatry and Community Based Case-Management to children and adolescents with emotional/behavioral challenges. Case managers assist families in their homes with parenting and behavior management in addition to linking them to needed resources in the community. They also work with schools, juvenile court and other professionals as needed. Initial intake assessments are offered within one week and at no cost. MHC welcomes TennCare recipients. Located at 1808 Haynes Street. For more information or to make a referral please call (931) 645-5440 or visit www.mhc-tn.org.

OAK HILL RESIDENTIAL

118 Union Street, (931) 647-8257.

PASTORAL COUNSELING CENTER

The Pastoral Counseling Center at 516 Madison Street, is a ministry of professional care dedicated to healing and growth in human life and relationships. In partnership with

local congregations the centers are committed to providing clinical and education services to all who need these services. When you or someone you love is troubled by depression, marital or relationship problems, substance abuse, or a vague sense that your life is adrift, we can help. Professional support is available with fees based on your ability to pay. (931) 648-9009 or www.pastoralcounselingctr.org.

REGIONAL INTERVENTION PROGRAM

404 Pageant Lane, (931) 920-2347 or (931) 920-2348.

VIVIAN HOUSE

125 Vivian Street, (931) 920-7235.

WEEMS ACADEMY

812 Greenwood Avenue, (931) 920-7370.

SUPPORT GROUPS

ALZHEIMER'S CAREGIVERS' SUPPORT GROUP
Meetings are the first Thursday of each month at 6:30 p.m. at Clarksville Montgomery County Public Library and the third Wednesday of each month at 9:00 a.m. at the Senior Citizen's Center at 953 Clark Street. Patsy Shell at (931) 648-1884.

ARMY COMMUNITY SERVICE

At 5661 Screaming Eagle Boulevard, Fort Campbell, "Family Readiness" is the state soldiers, spouses and family members proactively prepare for, and in which they are able to cope with mobilization, deployments and prolonged separations. To prepare, soldiers (both active and reserve components) and their families attend classes and receive written instructional materials on subjects such as how to prepare a will, how to establish and manage a household budget, how to communicate with children of various ages, and how to maintain communication with the rear detachment of the deployed unit. (270) 798-0609, relocation@fortcampbellmwr.com or www.fortcampbellmwr.com/ACS/familyReadiness.htm.

AUTISM SUPPORT GROUP

Donna Richardson at (931) 503-2315.

CLARKSVILLE MONTGOMERY COUNTY MULTIPLE SCLEROSIS SUPPORT GROUP

A local support group for Multiple Sclerosis patients, family members and caregivers in the day to day management of M.S. Activities include guest speakers, up to date medical news, advances in finding a cure for M.S., and open forum discussions. Meets the third Tuesday of each month (September through May) at 7:00 p.m. at First Christian Church, 516 Madison Street. For more information call Melba Dowdy at (931) 552-1486 or Mary Nell Wooten at (931) 647-8904.

CLARKSVILLE OSTOMY SUPPORT

A local support group for people who have undergone ileostomy, colostomy, urostomy or who suffer from Crohn's disease or other

diseases of the bowel. Support for Ostomy Patients meets in the Cumberland Room the third Sunday of the month at 2:00 p.m. (931) 502-3800.

CLARKSVILLE PARENT SUPPORT GROUP

At Emmanuel Life Center, 301 Fairview Lane, sponsored by Tennessee Voices for Children, a place for parents/caretakers and family members of children ages 0-23 who experience emotional, behavioral, and mental health issues to receive help. Meets monthly (3rd Thursday of the month). Childcare is provided but call to verify. Monica Causey at (931) 801-0895 or (800) 670-9882.

FOOD ALLERGY SUPPORT GROUP

Do you, a family member, or a friend have food allergies? Would you or someone you know be interested in attending a support group for food allergies right here in Clarksville? Then visit www.TNFoodAllergies.Web.officelive.com for information and for all your food allergy resources. Or contact Mindy at TNFoodAllergies@aol.com or (931) 561-4800.

GRIEF & LOSS

The parish nurses of Grace Lutheran and Sango United Methodist churches offer a twelve week class for adults who are grieving the loss of a loved one. Grace Lutheran at (931) 647-6750 or Sango United Methodist Church at (931) 358-2552.

NAMI (NATIONAL ALLIANCE OF THE MENTALLY ILL)

If someone you love has a mental illness this support group meets the fourth Monday of each month from 6:30 p.m. to 8:30 p.m. at the Life Solutions Center, 611 8th Street. Call Melanie at (615) 477-8360 or Betty at (931) 647-8775 or visit www.namitn.org.

PARENTS HELPING PARENTS

A bereavement support group for any person who has ever loved and lost a baby or child. You can expect compassion, support and useful information to help you through this time of grief. Held the first Monday of each month from 7:00 p.m. to 9:00 p.m. in classroom 2 off the "A" lobby at Blanchfield Army Community Hospital, Ft. Campbell. The group is open to the community. For directions or information e-mail Sharee at InfantLossProject@yahoo.com or call the chaplain's office at (270) 798-8777.

TENDERPAWS PET THERAPY

Tenderpaws Pet Therapy Group meets at 10:00 a.m. the first Saturday of the month in the Liberty Room of Gateway Medical Center. To have your pet screened call Kathy at (931) 553-9959.

WARRIORS OF HOPE

A place to share the journey of life after breast cancer. Meets the 2nd Wednesday evening of each month. Jennifer at (931) 624-5400 or warrriorsofhope@charter.net

June 2009 Marketplace

Now Enrolling



In both locations!

Age 6-weeks and up

Hands & Hearts Daycare

1086 Lafayette Rd. • 931-647-7803

64 Hillsboro Rd. • 931-552-1225

PRESENT THIS AD TO HAVE YOUR ENROLLMENT FEE WAIVED!

ART CLASSES

Now being offered in the Creation Station at Rising Sun Farm!

Painting, colored pencil, sculpting, hands-on fun for all ages!

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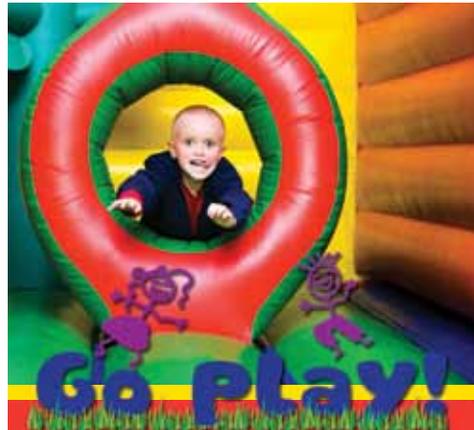
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RATES:
 1 MONTH: \$99/MONTH
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 12 MONTHS: \$65/MONTH

DIMENSIONS: 2.5" X 3" IN FULL COLOR

DEADLINE: INFO AND MATERIALS DUE BY 10TH FOR THE FOLLOWING MONTH'S AD.

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1. ADS MAY BE EDITED BY CLARKSVILLE FAMILY FOR LENGTH OR CONTENT.
2. ONE BASIC AD DESIGN IS INCLUDED IN THE ABOVE QUOTED RATES BASED ON CUSTOMER'S INSTRUCTIONS AND MATERIALS.
3. AD PROOFS ARE PROCESSED VIA E-MAIL AND CANNOT BE GUARANTEED.
4. PUBLICATION OF AD DOES NOT CONSTITUTE ENDORSEMENT BY CLARKSVILLE FAMILY MAGAZINE.
5. NO REFUNDS CAN BE MADE AFTER PAYMENT HAS BEEN PROCESSED (UNLESS CLASSIFIED AD IS REFUSED BY PUBLISHER).

6. MARKETPLACE ADS ARE NOT ACCEPTED FROM THOSE WHO OFFER PRODUCTS OR SERVICES THAT COMPETE WITH DISPLAY ADS IN THE MAIN PART OF THE MAGAZINE AND MAY BE REJECTED BY THE PUBLISHER.

7. CLARKSVILLE FAMILY RESERVES THE RIGHT TO REFUSE ANY AD AT ANY TIME.

SEND MATERIALS TO:
 ATTN: MARKETPLACE
 CLARKSVILLE FAMILY MAGAZINE
 PO BOX 31867
 CLARKSVILLE TN 37040

OR E-MAIL: MARKETPLACE@CLARKSVILLEFAMILY.COM

Parent Groups

CLARKSVILLE MOMMY'S GROUP

"Nurturing the Nurturer." The CMG is a new social and support group for Mommys in and around Clarksville that are expecting or have a child under the age of 5. The group is run through a private website which gives members 24 hour access from the comfort of their own home to participate in many activities on or off line. The CMG provides mothers of young children opportunities to socialize, exchange ideas and participate in activities that promote personal growth for both mommy and child. CMG is a non-profit group and is absolutely free. E-mail clarksvillemoms@hotmail.com or call Faith at (931) 842-2265.

CHARA (Christ-centered Homeschoolers Applying Righteousness Academically)

CHARA is a support group for those who have chosen to educate their children at home. Monthly meetings for parents and children are held the last Monday of each month at Hilldale Baptist Church Family Life Center, 250 Old Farmers Road. Additional activities are held throughout the year. For further information visit www.orgsites.com/tn/chara or e-mail charatn@charter.net.

HOPE@Home (Helping Other Parents Educate at Home)

An online Christian support group for home schooling families in the Clarksville/Montgomery County area. Members have access to info on area activities, co-ops, classes, small groups and much more. For basic information and to join visit groups.yahoo.com/group/ClarksvilleAreaHomeSchoolNews/

HOPKINSVILLE SAHM MEETUP GROUP

For information about the Hopkinsville Stay at Home Moms Meetup Group visit sahm.meetup.com/1943/

LA LECHE LEAGUE OF CLARKSVILLE-FORT CAMPBELL

Provides information, encouragement and support to mothers who wish to breast feed their babies. Meetings are third Wednesdays at Montgomery County public library, large meeting room, 10:00 a.m. Local LLL leaders are available to provide information, support and answer questions: Gini at (931) 906-8946 or Sara at (270) 439-2723

MOMS CLUB OF CLARKSVILLE

Come meet other stay at home moms at the MOMS Club®! The MOMS Club® is an international non-profit, non-religious,

non-political organization specifically designed to support stay at home moms (including those that may work part time or have a home based business). Join us for one of our Open House meetings the first Friday of every month at 10:00 a.m. at Madison Street United Methodist Church. Enjoy breakfast while getting to know more about MOMS Club and meeting local MOMS. Activities include speakers and discussions, park days, field trips, cooking club, and activity groups like playgroups, walking, arts & crafts, and a monthly MOMS Night Out. We also do service projects for children and families in our community. Yearly dues are \$20. Most activities are during the day, when moms need the support most. Children are welcome at all daytime activities. For more information call (931) 472-5218 or visit: www.momsclubofclarksvilletn.com.

MOMS Club of Clarksville June Calendar

- 2nd - Breakfast Bunch
- 5th - General Meeting - Madison Street United Methodist Church, 10:00 a.m.
- 10th - Park Day Play
- 11th - Farmers' Market
- 12th - BUNCO
- 18th - Library Playtime
- 19th - Park Day Play
- 23rd - Brunch Bunch Play
- 25th - Movie Morning
- 29th - Pool Play Day
- 30th - Dinner Delight Night

M.O.P.S. (MOTHERS OF PRESCHOOLERS)

MOPS International is an organization for moms who are expecting or have children ages birth to 5 years of age.

CLARKSVILLE MOPS Meets at First Baptist Church downtown, 435 Madison Street, on the 2nd and 4th Thursdays of the month. Each meeting begins at 9:30 a.m. and childcare is provided. Contact our 2009-2010 Coordinator, Carrie Abraham, at cchilcott@hotmail.com or (931) 431-2533, or visit us on Facebook under MOPS at First Baptist Clarksville.

FT. CAMPBELL MOPS Free child watch is available 9:15 a.m. to 12:00 p.m. MOPS meets the 1st and 3rd Wednesday of the month at Memorial Chapel Church on Fort Campbell. Contact Tina Venditti at (270) 439-2234.

SPRING CREEK BAPTIST CHURCH MOPS Meets at Spring Creek Baptist Church at 2760 Trenton Road on the 1st and 3rd Thursday of the month from September to May. Meetings are from 9:30 a.m. to 12:00 p.m. and childcare is provided. Call (931) 647-5850 or email mops@springcreekbaptistchurch.org.

PARENTS OF MULTIPLES

A support group for parents of twins, triplets and more. Meets 6:30 p.m. on second Thursdays at Hilldale United Methodist Church. Call Kelley Corley at (931) 358-0127 or e-mail vp@clarksvillemultiples.com, or visit clarksvillemultiples.com.

PARENTS REACHING OUT

Provides peer counseling and support services. Aims at long-term preventive health care solutions to families facing the challenges of a high-risk pregnancy or having an infant or child in critical care. Call (615) 365-7004.

SHARE (SECULAR HOMESCHOOLERS: ANY RELIGION, ECLECTIC)

SHARE is a non-religious home school group for Clarksville and the surrounding areas. All homeschoolers are welcome to join this group, regardless of religious beliefs, race, homeschooling methods, or family lifestyles.

An online support and information network is available as well as bi-monthly meetings. This group is a community in which we all play an important role in deciding and implementing the activities we want for our children. For membership information please visit: groups.yahoo.com/group/tnSHARE/

TENNESSEE EARLY INTERVENTION SYSTEM (TEIS)

"Growing Together Little by Little." A voluntary educational program for families with children ages birth to three years old with disabilities or developmental delays. Visit www.tennessee.gov/education/teis or call (800) 852-7157.



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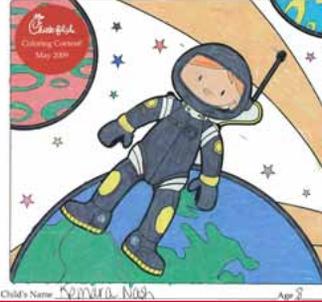
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Coloring Contest Winners!



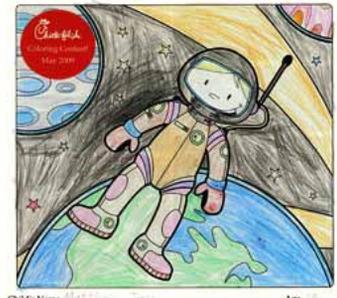
Tanner Bowers
age 4, Clarksville TN

**Ages
0-4**



Kemara Nash
age 8, Southside, TN

**Ages
5-8**



Matthew Tracy
age 10, Woodlawn TN

**Ages
9-12**



Robert Paasche
age 4, Clarksville TN



Keithyana Pace
age 6, Clarksville TN



Crysta Walker
age 10, Cumberland Furn. TN

Winners may claim their prizes at either the Governor's Square Mall or Madison Street Chick-fil-A location along with an accompanying parent or guardian with valid identification.

Both Chick-fil-A & Clarksville Family Magazine would like to thank all of the wonderful and talented kids who entered and would like them to know that it was a VERY difficult decision choosing the winners!

And last but not least...tune in for next month's coloring contest for another chance to win!



Free Peach
Handspun
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(small) with
the purchase
of the same.

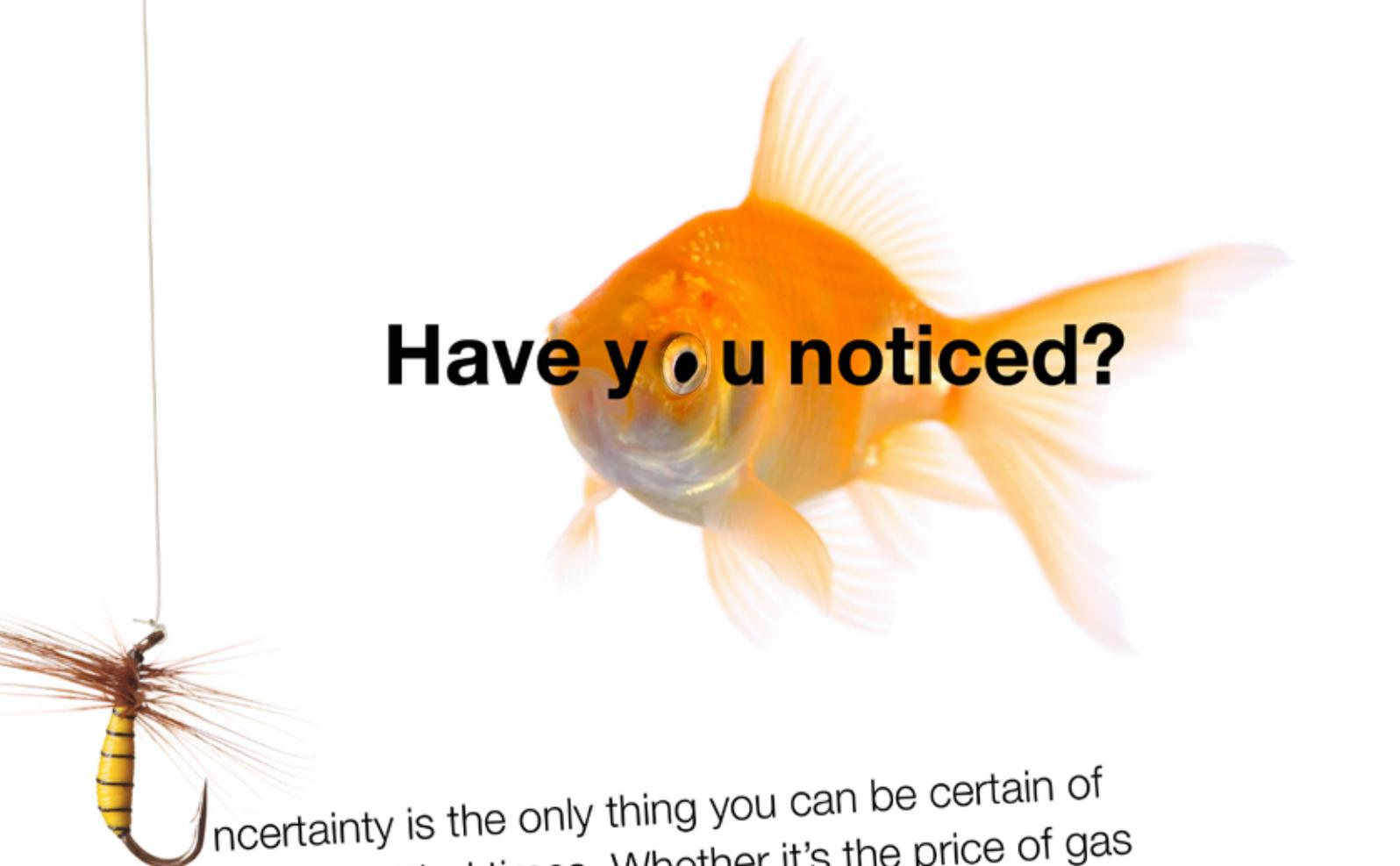
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with purchase of any
combo meal!

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