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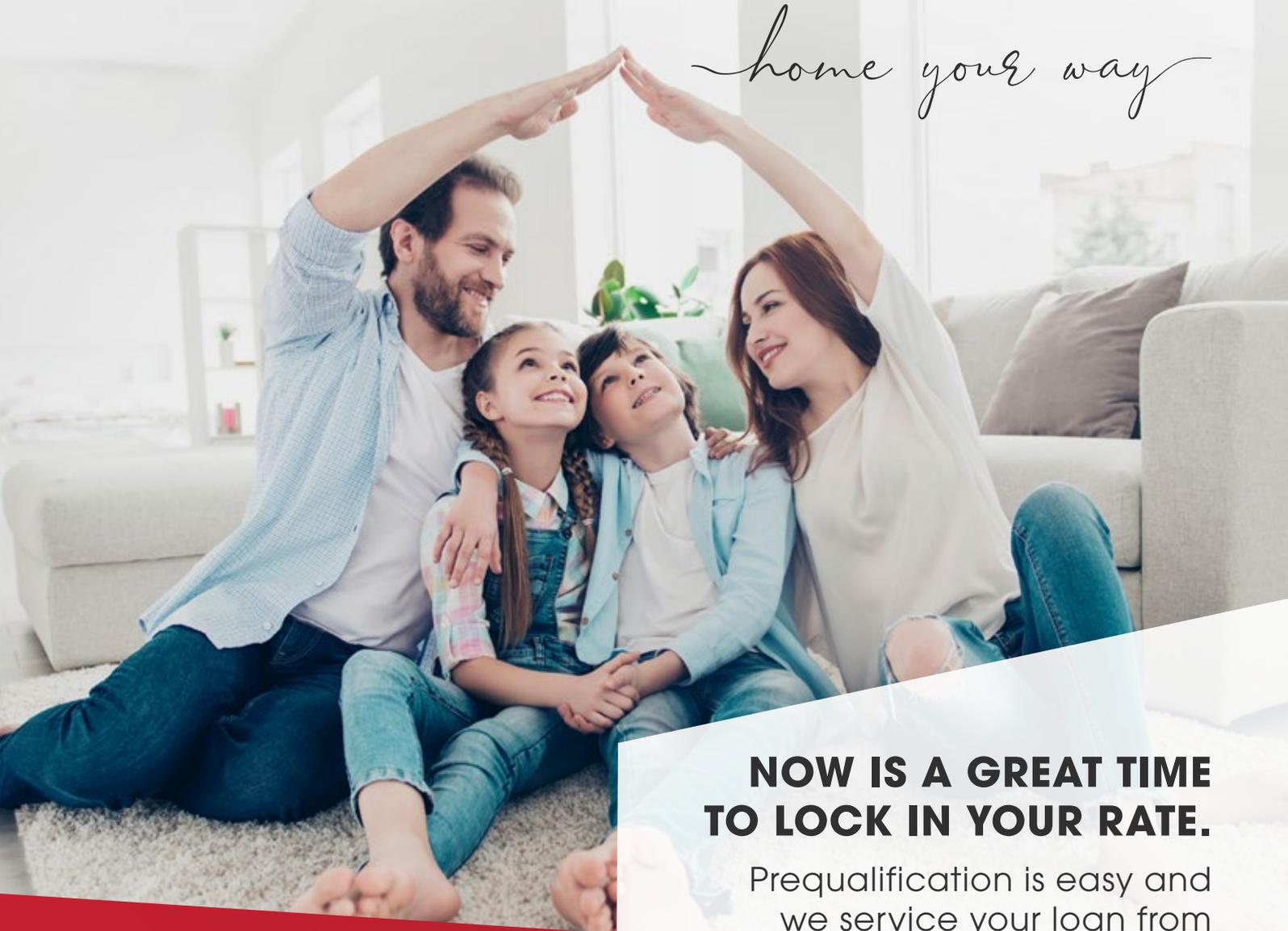
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Publisher's Message

April has always been one of my favorite months for lots of reasons. The beautiful weather, everything is blooming, as well as all of the exciting outdoor events and activities that start popping up all over town.

Another reason I look forward to April is the magazine's birthday. With this 172nd issue, we are headed into our 15th year!

Last year at this time, we were just heading into the Covid-19 pandemic and lockdown with no idea what to expect. While we are not out of the woods, yet things are definitely looking up as we navigate through with the vaccine and everything safely opening back up.

Be sure to check out Tony Centonze's interview with Montgomery County Health Department's Public Health Director, Joey Smith, on how our Health Department is organizing the vaccine rollout, on page 20.

This month's beautiful cover is from a celebration of local female entrepreneurs working together to lift each other up and make their businesses stronger. (page 12)

This issue is also packed with many other outstanding articles on an exciting new trio of restaurants, things to do, easy ways to donate to local charities, and great stories about our community and its citizens and more. (see table of contents on facing page)

I'm pretty sure spring has finally sprung; I hope y'all enjoy the warmer weather, stay safe and have a happy Easter. As always, thank you for picking us up!



Founder & Publisher



DISCLAIMER

The opinions expressed by articles, advertisements and listings in this magazine are not necessarily the views of Clarksville Living. Reasonable care has been taken to ensure the information presented is accurate, but no responsibility can be taken by Clarksville Living Magazine if it is not.

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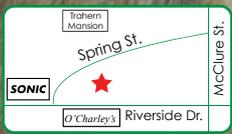
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DIAGNOSIS & TREATMENT CAN BE LIFE CHANGING

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It's not uncommon for people who experience the symptoms of irritable bowel syndrome (IBS) to feel embarrassed and alone in their suffering. However, experts estimated that up to 15% of the world's population has IBS. Many people with IBS don't realize they have it, or that a doctor can offer treatments to help alleviate their symptoms.

The International Foundation for Gastrointestinal Disorders designated April as IBS Awareness Month, hoping to focus attention on this digestive condition that greatly impacts millions of people. In general terms, IBS is a disorder of the intestines that causes abdominal pain, discomfort and a change in stool frequency or form.

FACTS ABOUT IBS:

- IBS affects up to 45 million people in the U.S.
- IBS affects people of all ages, even children
- 2 out of 3 IBS sufferers are female
- Most people with IBS wait an average of 6 years before getting a diagnosis and proper treatment.

THE SIGNS OF IBS

Many people who are diagnosed with IBS have experienced symptoms for years. Some were too embarrassed to go to a doctor. Others thought it was something that would eventually go away. The primary symptoms of IBS are chronic diarrhea and/or constipation. Consult a doctor if you've experienced diarrhea or constipation at least one day per week over the last three months. Colitis, or inflammation of the colon or rectum can have similar symptoms, in addition to rectal bleeding, fatigue and fever.

Doctors typically start an examination with questions about your symptoms, diet and possible triggers, like stress. Most IBS symptoms can be treated with medication and some changes in diet. New IBS medications have far fewer side effects than those of the past. Depending on your symptoms and health history, a colonoscopy could be recommended to examine the colon for structural issues such as polyps, tiny pouches or ulcers.

Treatment Can Improve Quality of Life
Dr. Craig Ennis, a gastroenterologist at Tennova Medical Group, has seen firsthand how people's

lives can improve once they get treatment for IBS. Many people suffering from IBS don't realize they have an intestinal disorder and that, in most cases, their symptoms can be relieved with medication or changes in diet. "Quality of life becomes an important component of this," Ennis said. "That's usually when people seek help, when they are feeling miserable. Just getting a proper diagnosis can provide a sense of relief that what you're experiencing is a medical condition. I've seen people's lives improve as they feel better from treatment. It can even help them regain confidence to go after a promotion or start a new relationship."

Like many health issues, the effects of IBS can extend beyond just those who actually suffer from the condition. It's not uncommon for family members, friends and coworkers to feel an impact. The good news is that with a definite diagnosis and prescribed treatment things can get better.

Schedule an appointment or find a physician at TennovaClarksvilleDocs.com, or by calling 931-202-3636. 🦋

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PAY IT FORWARD WITH AMAZON SMILE

By Taylor Lieberstein

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Amateur Athletic Union of the United States Inc	Clarksville Christian School Inc	Clarksville Wildcats Band Boosters	Faith Covenant Ministries Kingdom Outreach International
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Aspire Clarksville	Clarksville Community Black History Council	Action Agency	Family Outreach Ministries
Assisting Communities Together- Community	Clarksville Community Concert Association	Clarksville-Montgomery County Education	Family Promise of Clarksville-Montgomery County
Advisory Board	Clarksville Entrepreneur Center	Foundation	Farmland Preservation
Awaken Church	Clarksville Girls Softball Association	Clarksville-Montgomery County Senior Citizens	Fearfully and Wonderfully Made Ministry
Battleground Perazim	Clarksville High School Cheerleading Booster Club	Association	Fellowship of Christian Musicians
Beautiful Savior Lutheran Church	Clarkville Hispanic American Family	Cleaning Hands for You	First Christian Church
Beautiful Savior Preschool	Foundation	Cmc Foster Care Association	First Missionary Baptist Church
Bella Closet	Clarksville Kiwanis Foundation	Commandos Travel Baseball	Flourishing Families
Bethany House Tennessee	Clarksville Korean	Community First Church of God Inc	Ford Street Foundation Inc
Bikers Who Care Inc	Clarksville Lady Orioles	Cross & Crown Baptist Church	Forest Street United Methodist Church
Bloodhound Search and Rescue Inc	Clarksville Montgomery Co. Adult Literacy	Crossroads Riders	Foster Care
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Bridge Church of Clarksville	Heritage Development Council	Delinquency Prevention	Friends of Dunbar Cave Inc
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Butterfly Moments Inc	Health Foundation Inc	Dominion Worship Center	Friends of Fredonia Park
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 Goodwill Ambassadors
 Grace Church of the Nazarene
 Grace Community Church
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 Great Commission Christian Outreach
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 Hawk Band Association Inc
 Hawks Dugout Club
 Hawks Hoops Booster Club
 Heads Up Cheer and Dance for Girls Inc
 Heartland of Pentecost Inc
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 Hope Pregnancy Center
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 House of God Church Inc
 Hui Hawaii O Tenesi Hawaiian Civic Club
 Humane Society of Clarksville Montgomery County

Iglesia Jehova Justicia Nuestra
 Imagination Library of Montgomery County
 Immaculate Conception Catholic Church and School
 Infinity Dance and Fitness Academy
 Islamic Center of Clarksville

Jenkins Foundation
 John Franklin Ministries Inc
 JROTC Hawk Booster Club
 Junior Auxiliary of Clarksville Tennessee Inc

Kappa Zeta Lambda Education Foundation Inc
 Kerem Hashem
 Korean-American Association of Clarksville TN

Lady Cats Wrestling Club
 Leadership Clarksville
 LifePoint Church
 Living Art Nfp
 Loaves and Fishes
 Lords House Christian Church

Madison St Methodist Church
 Manifest Magic Black Girl Cooperative
 Manna Cafe Ministries
 Mantung Cultural & Development Association
 Mc10 Vtc Mentors
 MEAE Wellness
 Medi8resolution Center
 Memorial 3Gun Foundation
 Merry in God Foundation
 Messiah Ministries International
 Middle School Hawks PTO
 Ministry of Reconciliation Church Inc
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 Montessori Alliance of Tennessee
 Montgomery Country Historical Society
 Montgomery County Cattleman's Association Inc
 Montgomery County Conservation Club
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 Montgomery County Sheriffs Reserves
 Montgomery County Soccer Association Inc
 Montgomery County Veterans Coalition
 Montgomery County Veterans Transportation Service
 Moore Magnet Elementary School PTO
 MT Olive Cemetery Historical Preservation Society
 Music Teachers National Association Inc
 Mustard Seed Ministry Inc

National Society Sons of the American Revolution
 New Hope Church of God
 New Jerusalem 5 Fold Ministries
 No Life Youth Or Community Wasted Inc
 Northeast Elementary School PTO

Oakland Elementary School PTO
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 Operation Centurion Inc
 ORAs Alliance
 Outreach Ministries Inc
 Outside the Walls

Parent Booster USA Inc Rossview Wrestling Booster Club
 Pawsfund
 Pets Are Worth Saving Tennessee
 Pilgrim Road Ministries Inc
 Power and Grace Preparatory Academy Inc
 Private Grantmaking Foundations
 Progressive Directions, Inc.
 Puppy Rescue & Adoption Program / Precious Friends Puppy Rescue & Adoption

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 Reclaiming Our Clarksville Community
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SAFE - Soldiers And Families Embraced
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Earlier this year Austin Peay State University Alumni Relations Office announced it will host a virtual 37th Annual Candlelight Ball instead of a traditional, in-person event. Last year's ball was canceled because of the pandemic. The University and the Candlelight Ball Committee initially hoped to continue with an in-person event at the Omni Hotel in Nashville in 2021, but the city's safety protocols made it difficult to organize a large-scale event. Organizers of the event said this was a tough decision to make, because the Candlelight Ball is not only this University's premier social event, but it also raises money for student scholarships.

Although they are unable to host the event in the traditional way organizers of the event are excited to keep the spirit of the event alive by allowing all community members to host their own Virtual Candlelight Ball parties from their own homes. To celebrate the Candlelight Ball Virtual Celebration on May 8 at 7 p.m. CST, Austin Peay invites the community to create their own Candlelight Ball parties. Dress in the attire of your choice (formal attire, APSU apparel or pajamas), grab your laptop and join in. Virtual attendees are encouraged to gather in small social gatherings to participate. This year's Virtual Candlelight Ball includes both a pre-recorded and live portion of events including the Awards Program and Online Auction. APSU would love for the Clarksville community, and the APSU family to come together in this branded at home celebration. Post selfies and photos on social media and be sure to hashtag your posts with #CandlelightBallAtHome.

In line with the tradition of this event, APSU has awarded three deserving members of the community with the annual Candlelight Ball Awards. The awards honor those who have significantly contributed to Austin Peay through sustained service, made a generous contribution to the University, or brought recognition to APSU through their success. The honorees exemplify excellence and integrity while their accomplishments inspire others. During this year's virtual event, the University will honor the 2020 award winners – Sammy Stuard, recipient of the Wendell H. Gilbert Award, and Kevin and Rhonda Kennedy, recipients of the Spirit of Austin Peay Award.

Open your laptop to join the Candlelight Ball Virtual Celebration link, pop open a bottle of whatever you like and enjoy the celebration. The Virtual link will be accessible for you through the following ways:

- Austin Peay State University Alumni Facebook Page – this link will be posted on May 8, 2021 at 7 p.m. CST for your convenience.
- Email – Send an email to Nikki Loos Peterson requesting the Virtual Celebration link and she will send it your way. All past Candlelight Ball recipients with an updated email address will also receive the Virtual Celebration link via email.
- Austin Peay Alumni Web Page – On May 8, 2021, visit this link and you will be able to access the Virtual Celebration.

By participating in the Candlelight Ball Virtual Celebration, you are helping support dedicated and deserving APSU students through the Candlelight Ball Scholarship Endowment Fund. When you donate to this fund or to the online auction, all proceeds will go to the Candlelight Ball Scholarship Endowment. The online auction is full of amazing prize packages carefully selected with our guests and supporters in mind. All proceeds from the online auction and donations go straight into the Candlelight Ball Scholarship Endowment. APSU asks that community members, APSU



By Taylor Lieberstein



CANDLELIGHT BALL VIRTUAL CELEBRATION
MAY 8 / 7 P.M. CST
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alumni and everyone who can consider donating to this scholarship fund or bidding on a package in our Candlelight Ball Online Auction. Because of the Clarksville community's past generosity, over 30 scholarships have been provided to APSU students. This year's scholarship recipients are Bayleigh Robinson, Riley Sims and Aquantis Saunders.

2021 PRIZE PACKAGES INCLUDE THE FOLLOWING:

Dinner with APSU President Michael Licari & Kirsten Licari: This package includes dinner for you and three guests with APSU President Michael Licari and wife Kirsten. Date to be determined by your schedule, as well as President Licari's. Dinner will be catered and include drinks, appetizers, main course, desserts, as well as an APSU gift package.

APSU Football and College of Stem Package: This includes a flight for two from outlaw field in a helicopter and an aerial tour of Clarksville for approximately 30-45 minutes which will land at the Dunn Bowl on Austin Peay's campus. From there they these two lucky individuals will then get two tickets to a 2021 fall season home apsu football game and exclusive entry to suite level of Fortera Stadium (to include food/drinks). This helicopter tour is sponsored by the college of stem and the aviation science program at APSU. It also includes a signed autographed football by Coach Scott Walden and Peay Gift Basket.

Two Napa Valley Wine Packages: Each of these prize packages include exclusive bottles of fine wines from both

Bryant Family Wines and Dana Estates

Music City Package: This package includes two CMA Club Level tickets for "The 55th Annual CMA Awards." The CMA Awards will broadcast live on ABC from Bridgestone Arena in Nashville, TN during the month of November 2021. It also includes a APSU guitar custom designed and painted "Gov Guitar" created by Michael Gauf of Painted Axe. The final prize in this amazing package is a guitar signed by chart topping country music artist Lee Brice, courtesy of Curb Records.

Charlie Daniels Band Package: The Charlie Daniel's prize package is filled with autographed memorabilia from the late Charlie Daniels including a signed fiddle from the late Charlie Daniels.

Elliott Herzlich Jewelers Package: This prize includes pearl earrings and a matching pearl necklace. The earrings feature two Akoya pearls, two oval shaped morganite stones, and a halo of 30 diamonds set in 14k rose gold. The necklace features a large Akoya pearl, a oval shaped morganite gemstone, and a halo of 17 diamonds set in 14k rose gold on a 14K rose gold chain.

The online auction will be open for bidding beginning on Saturday, May 8th at 7 p.m. and will close on Saturday, May 15th at 7 p.m. All auction winners will be notified the following week. 🦋

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POWERHOUSE WOMEN

By Paige Eisemann

Amanda Emling is one busy lady. The owner and creator of Tutti Frutti Charcuterie in Clarksville is not only developing Clarksville's first charcuterie business, but she is also using her time and talents to support other women in our community in their quest to develop businesses. "Women supporting women" is a true description of a recent event that showcased many unique Clarksville businesses and the women who are creating them.

It started with a vision. Emling says she imagined a tea party with mix-matched china, a sea of pastel colors, and beautiful food. Her experience creating gorgeous charcuterie gave her the perfect platform to host a modern tea party. She reached out to local woman owned businesses and the ladies worked together to host a spectacular event showcasing a wide variety of talents and skills. These ladies know how to do their jobs, and they do it stunningly well. Emling states, "These are the types of women you want to work with, whether you are a client or another business owner. You want to work with women who are passionate about what they do and who care about their clients. Powerhouse women!"

The Pink House Clarksville served as the perfect setting. A new Airbnb in town, The Pink House is available for rent for a long weekend or event as an event space. A plethora of women shared their wares, including Amanda Grove's flawless macarons (The Cake Crumb Bakery), incredible florals by Kassie Peterson (Kassie Kay Floral Designs), and stunning "tea bombs"



(dried florals with edible glitter) by Karen Smith (Sugar by Kay Louise). Emling herself created and shared charcuterie toast for the first time! Models Victoria Davis, Breanna Black and Kayla Martin were treated to the “glam squad” with hair by Say McCall and makeup by Josie Eli. Clothing from The Copper Petal rounded out the natural glamour. Breathtaking photos captured by Emily Reedstrom documented the lovely setting and atmosphere of fun and camaraderie at the event.

Each of the businesses represented at this event are creations of a woman willing to put in the time and energy to share her talents with our community. Beyond that, supporting other women in their pursuits brings them all joy and friendship. For your next event, consult any or all of these woman-owned local businesses. Their expertise and experience are sure to make every event as successful as the “Charcuter-tea party”. These powerhouse women are busy creating a culture of empowerment, support and appreciation in Clarksville.

Tutti Frutti Charcuterie LLC
 Amanda Emling
 Instagram & Facebook: [@TuttifruttiCharcuterie](#)
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Continued from page 15

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Karen Smith
www.sugarbykaylouise.com
Instagram & Facebook: [@sugarbykaylouise](https://www.instagram.com/sugarbykaylouise)
Email: sugarbykaylouis@gmail.com

The Pink House Clarksville
Angie Morales- Link
Instagram: [@ThePinkhouseClarksville](https://www.instagram.com/ThePinkhouseClarksville)
[@AngieMoralesLink](https://www.instagram.com/AngieMoralesLink)
Facebook: Angie Morales-Link, Realtor
The Pink House is available to rent on Airbnb

Hair by Say McCall
of Eagle & Onyx Salon
Instagram: [@say.once](https://www.instagram.com/say.once) [@eagleandonyx](https://www.instagram.com/eagleandonyx)

Makeup by JosieEli
josieeli@me.com
Instagram: [@josie_eli_](https://www.instagram.com/josie_eli_)

Green Dress
www.thecopperpetaltn.com
Instagram: [@thecopperpetaltn](https://www.instagram.com/thecopperpetaltn)
Facebook: [thecopperpetal](https://www.facebook.com/thecopperpetal)

Beachaven Winery
1100 Dunlop Lane, Clarksville, TN 37040
www.beachavenwinery.com

Models
Victoria Davis - [@winestainedstyle](https://www.instagram.com/@winestainedstyle)
Breanna Black - [@_breannalee](https://www.instagram.com/@_breannalee)
Kayla Martin - [@coackkfit](https://www.instagram.com/@coackkfit) 🦋



**CLARKSVILLE'S
BEST BURGER
SINCE 1965**

**Johnny's
BIG BURGER**

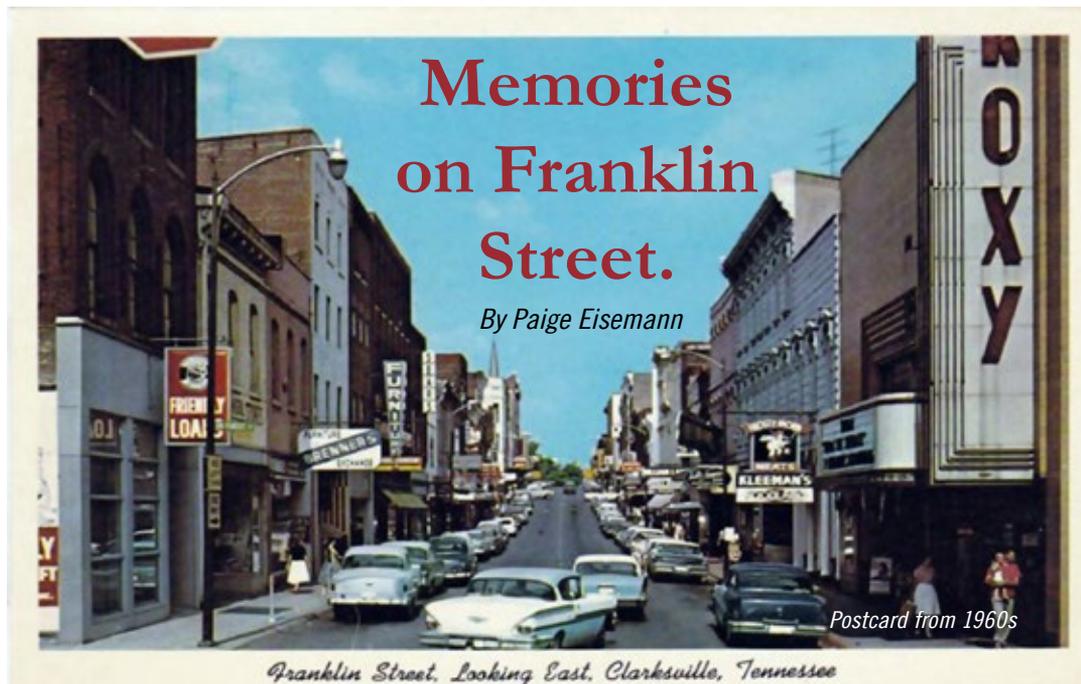
*Add
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to your next
Cheeseburger!*

**Across from APSU 428 College Street
Dining Room Open Limited Seating** | **647-4545**

ALWAYS MADE TO ORDER.

Have you ever strolled along Franklin Street and admired the historic buildings? Stopped to take a photo with the iconic Frank Sutton statue? Admired the elegant marquee at the Roxy? The recent fire on Franklin Street damaged a beloved Clarksville restaurant, the Blackhorse Pub & Brewery. The Blackhorse and many other businesses on Franklin Street are near and dear to the hearts of our community, as we love to dine in locally owned establishments and browse through unique shops. While we enjoy Franklin Street as it is today, many don't understand that it has been a hub of activity in our city for generations.

Generations ago, horse drawn carriages brought people from across Montgomery County to downtown Clarksville. As our city grew, businesses also grew along the thoroughfare to include Dickson Sadler Drugs, Kleemans, Dixie Fruit Company, and Brenner's Furniture. Franklin Street was the home of our city's first streetcar system, with the rails being laid in November and December of 1885. The first streetcar was delivered and began its route on Franklin Street the very next day. The system began as a mule driven system and eventually became electrified before being closed in 1928.



Franklin Street, Looking East, Clarksville, Tennessee

The "Great Fire of 1878" occurred on April 13, 1878 and destroyed 15 acres of downtown Clarksville's business district. The courthouse and many of the original buildings along Franklin Street were destroyed. There are conflicting accounts of how the fire originated.

Clarksville's first theater, the Lillian, was established on Franklin Street in 1913. It was damaged by fire in 1914 but rebuilt the following year. In 1941 it was renamed the Roxy, but it is not the Roxy we know and love today. In 1945 it



Franklin St. at Second St. in the late 1800s

was once again damaged by fire, and completely rebuilt to open to the public again in 1947. Movies were shown in this theater until 1980.

The Roxy and Franklin Street became familiar to viewers across the county when two artists chose to film music videos there. Kenny Rogers filmed "Twenty Years Ago" in January 1987, and Sheryl Crow recorded "All I Wanna Do" in 1993.

In 1983 the Roxy began a new life with Tom Thayer and John McDonald, and it continues to evolve and grow. The Roxy and Franklin Street became familiar to viewers across the county when two artists chose to film music videos there. Kenny Rogers filmed "Twenty Years Ago" in January 1987, and Sheryl Crow recorded "All I Wanna Do" in 1993. Seeing these videos now in comparison to historic photographs of parades and crowds gathering for events, it isn't hard to see why this street is so enchanting.

A lifelong Clarksvillian shared with me that she recalled visiting Franklin Street with her family as a child, telling me that they visited the BA Cushman store and how she was able to purchase a penny candy. She recalled that there was every type of store on Franklin Street, so the family could get everything they needed right there in one place.



The Blackhorse Pub & Brewery (Established in 1992), is currently being renovated after a fire in on March 4th, 2021.

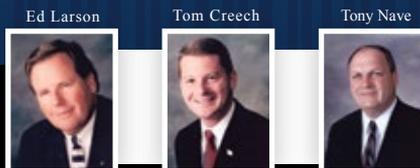
She never attended any of the parades or events in historic photos found in the archives, but she had vivid memories of peering into the windows of the shops, having portraits made in a studio, and visiting doctors and dentists. Decades later, she remembered cruising with her future husband in his brand new 1949 Chevrolet and going to the Roxy on a date. Franklin Street truly was the hub of activity for many generations, and as our downtown area continues to evolve may we all be able to create such fond memories of this beautiful piece of Clarksville. 🦋



The Lillian Theater (now the Roxy)

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COMING SOON!

Cocktails (and more) on the Cumberland!

By Paige Eisemann



Photography by Tony Centonze

Many people express a desire to improve our city, to make it better, to contribute and continue to make Clarksville/Montgomery County a great place to live. The Maynard family have taken that desire and put it into action. They have invested their time and energy into our community in a myriad of ways, many of which keep an eye toward the future. Their latest venture is sure to be a huge success, providing our city with a unique venue and dining experience like we have never seen before.

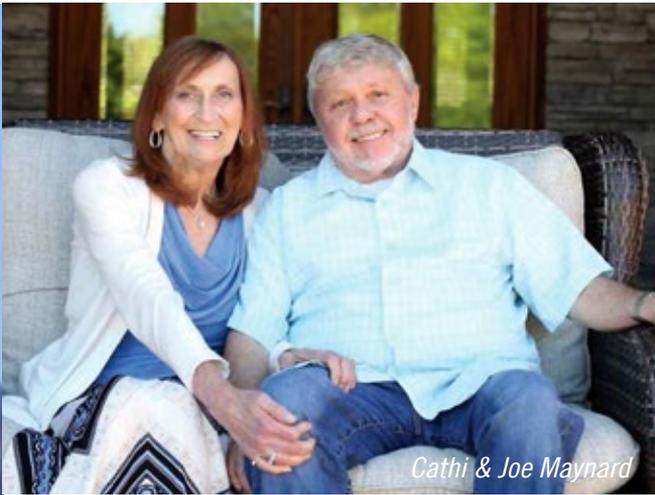
The three story building featuring two restaurants and a bar will be a labor of love for Joe & Cathi Maynard. The menu will showcase Maynard family favorites, sharing their special recipes and meals with the community. The whole family takes part and is represented. Even the name, Shelby's Trio, is significant as it was chosen to honor their grandson and their collection of Ford Shelby GT500 cars. Each floor will be a completely different atmosphere. The first floor will feature "Joe's Garage", a friendly eatery to enjoy with your family. This floor will be serving classic American food, with everything from burgers to bratwurst planned to be on the menu. Joe says that in keeping with the garage theme, there will be two muscle cars on display in a glass garage area for patrons to enjoy.

The second floor "Gatte Cucina" (which translates from Italian to Cat's Kitchen in honor of Cathi) will be a more upscale setting. In this perfect date night spot, Cathi will feature authentic Italian cuisine in a more intimate

environment with plans to seat around 48 diners on this level. The second floor will not offer exterior dining, but instead will offer an event space large enough for 25-30 guests. Joe describes this level as the perfect place to enjoy a date night or anniversary, where you can enjoy a glass of wine and an amazing meal.

The third floor will be the "Skyline 500 Bar", where a more limited menu will be featured. The interior space will seat over 100 patrons, with outdoor space





Cathi & Joe Maynard



Architects' rendering of Shelby's Trio

for 30-40 people to take in the beautiful views of the Cumberland River. The building itself will showcase this by featuring ¾ windows throughout, and will boast a 270 degree view.

Joe and Cathi are working hard to take care of their patrons. Parking in the downtown area is always a concern, but Joe has already prepared to accommodate not only guests but also their vehicles. Shelby's Trio will feature parking for 50 in their own lot, and has a lease agreement with a neighboring business for 40 more spaces. Not only that, but the building itself will be completely accessible, featuring 2 elevators (one for guests and one for staff) as well as a backup. You'll never have to worry about the power going out while there, either. Joe plans a fully generated system that will keep patrons comfortable and happy even if the

electricity goes out. The first and third floors of Shelby's Trio are expected to open by December 2021, and the second floor "Gatte Cucina" plans to open to guests by Valentine's Day, 2022.

Keeping an eye toward the future means seeing potential. That potential is an investment in the future that Joe and Cathy Maynard believe in. Devoting their time, talents and energy into creating something special for our community is nothing new to the Maynard family, and we are grateful that they are sharing Shelby's Trio with Clarksville. 🦋



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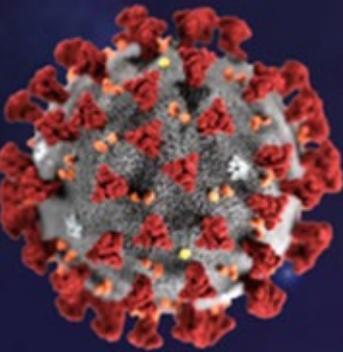
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*Goodbye winter,
hello spring!*

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CLARKSVILLE MONTGOMERY COUNTY



VACCINE ROLLOUT

By Tony Centonze

In 1920 there were fewer than 200 local health departments in the nation. However, the 1918 pandemic changed things, bringing a lot of attention to strengthening public health efforts, locally.

In 1999 a job came available for Joey Smith, an environmental health specialist. By 2008 he was asked to consider being a Health Department Director. He headed departments in Dickson and Humphreys Counties, then came back to Montgomery County in 2012.

Smith's family is from Clarksville, growing up he lived in Chattanooga and Hopkinsville. After graduating, he did a stint in the Navy, then used his GI Bill to attend APSU.

"I graduated from APSU with a degree in environmental geography, and training in geographical information systems (GIS), that was new technology for 1998," Smith said. "GIS is basically mapping attribute data such as disease, income levels, poverty. We take that data that has those census tracks and map those things, then use it to pinpoint an evidence-based approach."

Smith is a Public Health Director for the Tennessee Department of Health, one of the few department heads that is not a City or County employee. He also sits on the National Association of City and County Health Officials, representing Region 4, which includes eight southeastern states.

"We take our mission seriously," Smith said. "We know underlying conditions like COPD, obesity, poverty, those things made folks more vulnerable to hospitalization and dying. Those conditions also contribute to not being able to recover from a pandemic, economically."

"Our mission is to promote, protect and improve the health and prosperity of people in Tennessee. Promotion now involves me posting on Facebook, letting folks know that we work with pharmacies, and clinics, and APSU. If you go to www.vaccinefinder.org you'll see 28 locations that have agreed to be our vaccine partners, which makes Covid-19 vaccines more readily available for our citizens."

"We wanted to give citizens choices. So, now they can go to any of six different Walmart's or Sam's, or Town & Country Drug Store, or Hometown Pharmacy. Giving someone choices, and consideration to their convenience and transportation challenges, means we're doing a better job of protecting them," Smith said.

Smith recalled conversations he had with Senator Alexander in Washington, D.C. years ago, and says, without hesitation, that he has been preparing for this pandemic his entire career.

"Senator Alexander was Chair of the Health Committee for the US Senate," Smith said. "I was meeting with him and his staff. We hear this saying, 'an ounce of prevention is worth a pound of cure'. I would argue that if that statement were literal instead of metaphorical the ratio is way more than 16 to 1. Take flu vaccines for example, it might not minimize your chance of getting the flu, but, by many being vaccinated, it certainly minimizes, and causes a disruption of, transmission in the community. Once vaccinated, if they're infected, and

around people, their symptoms are less severe and shortened. Instead of being infectious for ten days, maybe they are for only two days. Think of the difference that makes. The cost difference of vaccines versus the daily cost of being in the ICU on a ventilator is huge."

Smith made it clear that when not in a time of crisis, local health departments are constantly striving to improve procedures, create better systems, educate and ready their staff and local front-line responders.

"We're constantly practicing for what might hit next, Smith said. "I'm in my 22nd year with MCHD. In that time, we've had SARS 1, H1N1, and MERS. A few years ago, we worked with Fort Campbell when they sent 700 troops to West Africa to battle Ebola. We had to work together to bring those troops home, and safely reintroduce them into the community. About twice every ten years we have some epidemic or pandemic that public health has to deal with as a front-line specialist."

"There was a fortuitous coincidence in timing," Smith said. "Every year we practice a Point of Distribution or Point of Dispensing (POD), this is a requirement of every health dept. in the nation. We are in an earthquake area, sitting on the New Madrid fault. So, for example, we might have to dispense all the drinking water in the event of a major earthquake."

"This model would be used, just like what we're doing with drive-thru testing or vaccinations. Practicing these things is a nationwide requirement. We did that on December 30 or 31, and that's when the WHO alerted everyone that China was dealing with this epidemic."

"We didn't even have everything put away from the flu shots when we heard. We then,



quickly placed our order for PPE to prepare, in case this novel Coronavirus did become a pandemic. We practice, and one of our protocols is to examine our supply and replace as needed.”

Because of MCHD’s preparedness and practice, they were able to set up drive-thru testing pods for Coronavirus in one day. But, there would be a learning curve, as in all such outbreaks. Compared to previous outbreaks, Covid-19 was a novel virus. There was a lot to learn about Coronavirus.

“With each epidemic/pandemic, it’s frustrating, to us and the public,” Smith said. “We understand that as new data comes in, we must constantly update our approach. We’re not saying, hey, we were wrong two weeks ago. It’s just that we now have more and better data to help us make decisions. As new data comes in we share it with the public. Things sometimes seem contradictory, but, really, we’re constantly updating our approach and providing information in real-time as we learn about the virus, its transmission, and the population that is most affected.”

Smith says he and his team didn’t stop to think about how bad it might be, they just went into action mode, and did what they were trained to do.

“I truly believe our previous and current commissioners did a great job of preparing us for this,” Smith said. “None of us are ever satisfied, especially the public health directors. None of us wanted a single death to occur. We didn’t want any hospitalizations, that was our goal. Preventing hospitalizations and deaths, that’s why we’re here.”

“For several years, Clarksville has been known for its urban sprawl, we’re not densely populated,” Smith said. “The densely populated places were great mediums for the transmission of Covid-19. In more-rural communities the problem was, though not densely populated, some were socially distressed. Many of our counties didn’t have a hospital. At this point, Montgomery County has one of the five lowest death rates in Tennessee.

“I believe as of today (3-24-2021) we’ve had 215 deaths, with a population of 209,000. Houston County had 33 deaths, with a population of only 8,200 people.

“I won’t speculate if we’ve turned the corner. We continue to prepare, and we’ll continue to watch. As we have more folks with partial or total immunity, from recovering or being vaccinated, that reduces the chance of transmission, and the chance of secondary or tertiary spikes in positives.”

Smith says, now we have more than one tool in our tool box. “In the beginning, all we had was testing, for ten months all we could do was test and isolate. Now, we have more options for testing, including self-testing kits, where you can have the results within 48 hours. We have the vaccines, and we’re about to reach the point where everyone who wants the vaccine can get it. That’s only days away.”

Smith says he is not sure how to grade our community’s response to this, hopefully, once in a lifetime event.

“I don’t know the rubric we would use,” Smith said. “We would certainly be tougher on ourselves. Academically, following the evidence and executing the CDC playbook, maybe we get an A-. We feel bad



MCHD Public Health Dept. Director, Joey Smith

about everyone who lost a loved one, or even the opportunity to live their normal, everyday lives. We also mourn the loss of comfort, and quality of life. All those things would cause us to grade ourselves more harshly.”

“But, if we use the rubric of centuries of public health measures, and responses, as diseases such as the Plague, Cholera and Tuberculosis hit communities, ... In the 1950’s 58,000 children in the U.S. had Polio, before Dr. Salk administered a vaccine, that had been studied for twenty years, to his own family, to prove its efficacy. Now, I get a report on how close we are to eradicating Tuberculosis from the planet. We don’t have an everyday reminder of these horrible diseases that have been cured with public health measures like a vaccine.”

Thirty-five Tennessee counties were identified as socially vulnerable on the Social Vulnerability Index (SVI). By contrast, in 2019, Montgomery County was voted Best Place to Live in the U.S.

“They give the bigger rations to the counties that are hurting most, and rightfully so,” Smith said. “Some counties have a death rate four times higher than ours. We also have the lowest over-65 population, at 9.5%. Cumberland County is at 30%. When you look at Covid-19 deaths, 80% were people over the age of 65.”

“Another Clarksville/Montgomery County benefit is the number of federal partners we have. Fort Campbell has vaccinated 13,000 people. We also have a large population of veterans, all those numbers are not included. If you only look at the vaccines from the tracking sources we use, as of today 26,600 Montgomery County citizens have received their vaccine. That number, plus the Ft. Campbell number puts us at 25% of adults. So, one in four adults has already received their vaccine. That is in line with the most vulnerable counties.” 🦋

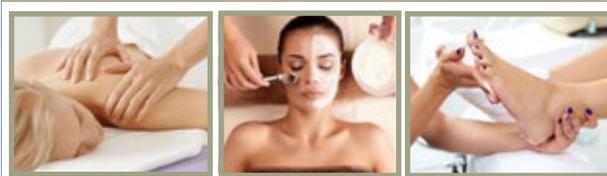
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Every Thursday in Downtown Clarksville is WICKED GOOD TRIVIA with host Joe Padula of The Joe Padula Show

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Rounds include TV Shows, Music, Movies, History, Sports, Disney Crap, etc. etc. etc. And so Extra Points earned throughout the night.

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Reserve Your Seat by direct messaging The Joe Padula Show page, absolutely!

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PHOTOGRAPHY
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EVERY FRIDAY
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Join us in the studio for a photography class topic based. Each week we will talk about a topic in photography that will help expand and develop your skills and interest in photography. We want to create a easier way of learning, growing and fine tuning your photography skills. Come at any level and be prepared to be elevated.

We will choose topics in photography you want to know more about and how to use your camera.

Bring the camera you will be using. This is a weekly class. We will meet every Friday. The cost is \$10.

This class is held at our studio
www.artlinkclarksville.com

116 Strawberry Alley
ArtLink Studios

**MOM N TOT.
1:00PM - 2:00PM**

Mom N Tots is something fun and creative that you can do with your little one. Come with your baby, toddler or preschooler. If you are a Mama, Grandma, Nanny, or Friend Don't let the name fool you its for any one who has a little one that wants something fun and creative to do out side of the house for a change;)

We have the class on Tuesdays from 1pm to 2pm. You must register ahead of time as seats are limited. We have created a fun new art project and story by our story reader "Sunny" age appropriate for the littles in your life. Its fun to do the project together and create some memories while taking home a masterpiece that will add some flare to your fridge.

The class is pre-register only and lasts about an hour. We have all the supplies and will clean up the mess too!!

Register today for the next class! We are excited to see you there.

Want to see what we are making this week? check out our facebook event page for each weeks projects

115 Strawberry Alley
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COUNTY FARMERS
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During this program we have regular karate classes daily.

Benefits: Not having to fit additional karate classes into your family's already hectic schedule.

The curriculum for classes allows your child to progress through the martial arts ranks and be rewarded for good grades and behavior.

Tests are held during after school hours.

Our staff members are highly trained instructors who help provide an engaging, safe, and healthy environment for your child.

The program is designed to help your child gain self-confidence, self-control, and self-discipline.

All programs include daily karate classes, karate drills and games, snack time, homework help, arts & crafts, and much more!

Transportation options are available from certain schools.

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Clarksville, TN

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COUNTY
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GYM. 9AM**

Where they are: We welcome all children, at all levels of development! Come explore our playscapes, for some unguided play time.

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Cognitive: Unguided play supports early brain development.

Social: Sharing a space with mixed ages allows for children to learn and practice more sophisticated social skills and learn from their peers.

Adults: Let your little one guide their own play, which has countless benefits. Spend quality time with them doing what they love to do, and mostly run out some energy!

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210 Needmore Rd.
Clarksville, TN

**COUNTRY QUILTERS OF CLARKSVILLE
6:30PM-8:30PM**

Join us first Monday of each month. A great way to make new friends and have fun. Be inspired to make and learn all about quilting.

Pardue Memorial Free Will Baptist Church.
1895 Memorial Drive
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FAMILY LIFE CENTER ACTIVITIES

Monday through Friday, 5:30AM to 9:00 PM (except Wednesday, 5:30AM to 5:00 PM), Saturday, 7:00AM to 4:00 PM This family-oriented facility sports a walking track, basketball courts, weight room, cardio deck, racquetball court, group fitness, game room, and a luxurious senior-adult social room. It is open to the entire Clarksville community and offers a variety of membership options such as walking pass member, group exercise member, and single-, couple- or family-memberships. Classes include step aerobics, sculpting, Zumba, circuit, senior fit aerobics and beginner step (all classes are \$3).

Hilldale Baptist Family Life Center
250 Old Farmers Road
hilldale.org

**CORVETTES OF CLARKSVILLE
6:30PM - 7:30PM**

Corvettes of Clarksville monthly meetings to be held on the first Tuesday of every month. Great opportunity to meet other lovers and support local charities.

Corlew Chevrolet Cadillac
722 College Street,
Clarksville, TN

**GENEALOGY DISCUSSION GROUP
6:00 PM - 7:30 PM**

Second Tuesday of each month. Informal small group discussion of genealogy and family history topics. Contact Brenda Harper at (931) 358-2581.

genealogydiscussion@yahoo.com

Genealogy Room on 2nd Floor
Clarksville-MOCO Public Library
350 Pageant Ln.

HABITAT FOR HUMANITY RECYCLING OF MONTGOMERY COUNTY

Tuesday through Saturday, 9:00AM to 5:00PM Recycling Coordinator: Denny Mihalinec,

RecyclingHabitatMCTN@gmail.com.

Recycling bin is located at:

Clarksville Restore
408 Madison Street
(931) 645-4242

CLARKSVILLE MONTGOMERY COUNTY BEEKEEPING ASSOCIATION (CMCBA)

7:00PM - 9:00PM

Our meetings are The first Saturday of every month at 10 AM. Locations have been varying due to Covid restrictions. Our next three meetings April, May, June will be held at the Dotsonville Community Center. There will be no July meeting, holiday weekend

With the upcoming spring season it always brings the season of honeybees swarms. We definitely

want to make sure that the community can connect to us and our beekeepers. And those interested in beekeeping can connect as well.

www.cmcba.com

We are also on Facebook.

SOCIETY FOR CREATIVE ANACHRONISM

The SCA is an organization dedicated to recreating the Middle Ages as they should have been. We have feasts, medieval combat, tournaments, arts and sciences. If you have an interest in Medieval or Renaissance come join us. We have fighter practice Sundays at 3:00 PM at Liberty Park. We meet past the fishing pond, back by the dog runs. Visit crimsonriversca.org or call Steven at (931) 542-2277.

UFO CLUB.

Shoot down your UFOs. For the quilters or sewers who have Unfinished Fabric Objects lying around. A great way to make new friends and be inspired to conquer some of your UFOs. Join us on the first Saturday of each month at

9:00AM in the classroom at Quilt and Sew. Call the Mother Ship (Quilt Shop) for further details or directions. Free and fun.

What is a UFO? An Un-Finished Object!

A UFO is anything you have started or stashed! You may have bought the kit or a pattern and fabric and just never got started on it. Or you may have started, ran out of time or encountered a problem, and put it down! As with many of our projects, it's just hard to find the time (or enthusiasm) to get back to them. So any project you've put in a drawer, the top of the closet, under the bed or on a shelf could qualify as a Un-Finished Object for this Challenge!

Just follow the directions below and come see us at the shop. "UFO Show and Tell" meetings.

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Trenton, Kentucky
(270) 466-9222

FRENCH DINNER.

1st Saturday of each month at 6pm at Madeleine.

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Downtown Clarksville
Clarksville, TN

APRIL 1 THURSDAY

COFFEE AND CRAFTS 4:00PM - 7:00PM

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I get to share the joy of creativity with my customers, team members and even friends & family members!

I hold monthly classes in which we create cards, along with a variety of other hand-made paper crafts using exclusively Stampin Up! Product!

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If you'd like to make a purchase or join my team, visit rebeccasantos.stampinup.net.

Looking forward to stamping with you!

This event will take place on Facebook live at <https://www.facebook.com/BeccasKreations>

2 FRIDAY A READING WITH ROBERT MCBREARTY. 1:00PM

Join us for a reading with Robert Garner McBrearty at 7:00 PM CDT on April 1, 2021 via Zoom Webinar! Register via the link in the event at <https://bit.ly/3m1B5LY>

This event is hosted by Zone 3 Press and the Center of Excellence for the Creative Arts at Austin Peay State University.

Robert Garner McBrearty earned his MFA from the Iowa Writers' Workshop in 1981. His writing awards include a Pushcart Prize and fellowships to the Macdowell Colony, the Fine Arts Work Center in Provincetown,

Massachusetts, and A New Mexico State Arts Grant. Robert's stories have been published in literary journals such as Mississippi Review, The Missouri Review, Narrative Magazine, New England Review, North American Review, and Story Quarterly. His stories have been selected for performances at Stories on Stage in Denver and at Arts and Letters Live at the Dallas Museum of Art. He is the author of When I Can't Sleep (Matter Press, 2019) and The Western Lonesome Society (Conundrum Press, 2015). Visit him at www.robertgarnermcbrearty.com

GOOD FRIDAY AT MOSAIC CHURCH. 7:00PM - 8:30PM

Join us for Good Friday at Mosaic Church as we come together for a special time of worship! We will be having a Good Friday communion service, and Pastor Anthony Daley will be preaching an inspiring word! We'll kick off at 7PM on April 2nd. See you there!

What is Good Friday? Good Friday marks the culmination of God's plan to save humanity from their sins through Jesus Christ! This day commemorates the crucifixion of Jesus on the Cross, when He became the final, complete sacrifice for our sins.

Mosaic Church
1020 Garrettsburg Rd.
Clarksville, TN

3 SATURDAY EASTER EGGSTAVAGANZA. 9:00AM - 12:00PM

Come by and pick up your Easter Egg Package.

Package Includes Plastic Eggs, Candy, and Activity Package.

Please let us know you are coming so we can ensure we have a package for your family.

Activity Video will be made available on April 3rd.

Visit <https://www.facebook.com/180church.net> for the event.

THE BELLA GROUP: VIRTUAL SUPPORT GROUP. 6:00PM - 8:00PM

The Bella Group is a virtual faith-based support group for women.

We help women who have experienced trauma, grief and/or loss.

We collaborate with accredited counselors, therapist, ministers and other support assistance to provide resources and services.

Our mandate is to help women move beyond their pain and take

Back their power.

To register for free, click on the link below

<https://www.eventbrite.com/e/the-bella-group-a-safe-place-to-land-tickets-142106256639>

4 SUNDAY EASTER SUNRISE SERVICE. 7:00PM - 8:30PM

Clarksville First Assembly of God invites you to an awesome Easter Sunrise Service on Sunday, April 4th at 7am with Rev. Daniel Ramsey speaking. Special music by Michelle Ramsey, Debbie Stewart and Guy Sharp. A special Easter service will be on Sunday, April 4th at 10:45am. First Assembly of God is located at 1186 Ft. Campbell Blvd on the corner of Ft. Campbell Blvd and Lafayette Rd. For more information call 931-648-1324 or visit our website at www.clarksville1ag.net. Everyone Is Welcome.

First Assembly of God
1186 Ft. Campbell Blvd
Clarksville, TN

5 MONDAY FIT 4 CHRIST. 6:00AM

Spring is here, which means summer is coming! Let's get moving to become active, feel better, and take the steps to a healthier lifestyle.

About this Event

Hey! It's your trainer Demetrice "Kirky" Kirkwood! I'm excited to present this event for you and pray you choose me to guide you along this journey. I've been a trainer for 5 years with a BS in Exercise Science and MS in Kinesiology. I'm also a Licensed Physical Therapist Assistant, so I know a few things about the human body. Visit our website Fit 4 Christ.

This challenge is 30 days, which includes workouts with me incorporating cardio, strength, and endurance.



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at Center Court by Dillards.

Or call 1.800.615.3535,
Visit us on-line @ www.MallGiftCards.net



GovernorsSquare.net • MallGiftCards.net

All events are subject to change or cancellation without notice.
See the Customer Service Center or call 931-552-0289 for complete details.

Workouts will be Monday-Friday with Saturday being a "Your day, your way" day. This means you can repeat any workout from the week or do your own things, just stay active. Of course, Sunday is a rest day. Rest days are imperative for your health and fitness journey. Push yourself, have fun and most of all listen to your body!

There will be cash prizes for the best transformation. You are not required to enter information for the contest if you do not want to. It is completely **OPTIONAL**.

1st Place: \$150

2nd Place: \$75

3rd Place: \$25

Meal plans are available. All you need to do is select the option along with the challenge or select it alone. A questionnaire will be sent to you to better cater to your dietary needs.

Once you register find the Private Facebook group: Fit 4 Christ: Spring Challenge. You must enter the last 5 digits of your Order# along with your name and email that is the same as you have registered here. This is the **ONLY** way that you will have access to workouts.

If you have any questions contact me at fit4christ20@gmail.com

I look forward to working with you soon!

Are You Ready?

Demetrice Kirkwood:
Owner/Trainer/Instructor

By participating in this challenge, you risk the possibility of injuries, are healthy/have your doctor's permission to exercise, and will not hold Fit 4 Christ or Demetrice Kirkwood liable for any of the above.

Register at:
<https://www.eventbrite.com/e/fit-4-christ-spring-challenge-registration-145967876849?aff=ebdssbonlinesearch>

6 TUESDAY

MORTAL COMBAT AND SELF-DEFENSE.

5:30PM - 6:30PM

Join us for our free 8-week course on self-defense and mortal combat with professional Jeff Lockwood. Learn how to defend yourself and others! Wear athletic clothes, bring water and be ready to kick some butt!

Additional Dates

Tuesday, April 13, 2021 5:30 pm - 6:30 pm

Tuesday, April 20, 2021 5:30 pm - 6:30 pm

Tuesday, April 27, 2021 5:30 pm - 6:30 pm

The Refuge
03 D street
Clarksville, TN

CLARKSVILLE VIRTUAL GAME NIGHT: TRIVIA, CHARADES, AND DRAWING OVER VIDEO.

7:00PM - 10:00PM

Additional Dates

Thursday, April 08, 2021 7:00 pm - 10:00 pm

Friday, April 09, 2021 7:00 pm - 10:00 pm

Saturday, April 10, 2021 7:00 pm - 10:00 pm

Friday, April 16, 2021 7:00 pm - 10:00 pm

Tuesday, April 27, 2021 7:00 pm - 10:00 pm

Wednesday, April 28, 2021 7:00 pm - 10:00 pm

Register at: [clarksvillenow.com/events/#/details/Clarksville-Virtual-Game-Night-Trivia-Charades-and-Drawing-over-Video/8727166/2021-04-06T19](https://www.clarksvillenow.com/events/#/details/Clarksville-Virtual-Game-Night-Trivia-Charades-and-Drawing-over-Video/8727166/2021-04-06T19)

15 THURSDAY

CIRQUE ITALIA WATER CIRCUS. 1:30PM - 9:30PM

Additional Dates

Friday, April 16, 2021 1:30 pm - 9:30 pm

Saturday, April 17, 2021 1:30 pm - 9:30 pm

Sunday, April 18, 2021 1:30 pm - 9:30 pm

HAVE YOU EVER HAD SUCH A VIVID DREAM YOU THOUGHT IT WAS REAL? Cirque Italia has pulled out all the stops this year to take you on a magical dream adventure. Trust us CLARKSVILLE, TN, this is one escape you cannot afford to miss!

Have you ever wished you could turn back time? To go back to a simpler, happy time filled with sock hops, drive-in theaters, muscle cars, and thick sideburns? Well get out your poodle skirts and leather jackets!

Cirque Italia's Gold Unit performers can't wait to take you back to a time when hula hoops and soda fountains were abundant, Elvis Presley dominated the airwaves, greased hair was all the rage, and street racing was a parent's greatest concern! Come along for the ride when a 1950s-obsessed adolescent falls asleep and dreams of living in this revolutionary era. This high-octane show is guaranteed to captivate and engage every kiddo and Daddy-O in the audience.

Cirque Italia is enforcing all recommendations set forth by the C.D.C. and local municipalities. The safety of our guests and employees are of the utmost importance to us. Every member of the Cirque Italia family is committed to the health and wellness of our fans. As such, we have made certain

adjustments and accommodations in order to comply with the safety guidelines set forth by local and state officials. These adjustments and accommodations include some of the following:

§ Restricted seating capacity

§ Socially distanced seating with visual cues throughout tent

§ Mask mandate for anyone over 3 years of age (available for purchase if needed)

§ Increased number of hand sanitization stations in and around tent

§ All common areas wiped down and disinfected every 10-15 minutes

- In order to assist us to better socially distance, please purchase your tickets in advance

www.cirqueitalia.com

- By phone 941-704-8572

At on-site ticket office the week of show

BE A HERO!
HELP WIPE OUT
STUDENT LUNCH DEBT!

Education Foundation **CLARKSVILLE**
Clarksville-Montgomery County

We invite you to donate to Clarksville Living Magazine's charity of choice:
The CMCSS Education Foundation Lunch Fund
to help pay down student lunch debt!

To donate to this amazing cause, visit:
bit.ly/LunchDebtDonations

All payments are securely processed via Bloomerang.
Please email us at robin.burton@cmcss.net with any questions.

Cirque Italia believes multi-culturalism is one of our strongest assets. Our show features performers from Argentina, Brazil, Romania, and many other countries. Of course, these incredible artists are preparing to wow you with their astounding acts. Master jugglers, low wire fanatics, dazzling contortion, wild trampoline antics, and even a wheel of death! Want to know more? You'll have to come 'dream' with us as we travel back in time.

Cirque Italia's mission is to provide high-class entertainment suitable for all age groups, where all are welcome at our strictly animal-free shows!

At: Clarksville Speedway

Under the stunning White & Blue Big Top Tent!

April 15 – Thur: 7:30pm

April 16 – Fri: 7:30pm

April 17 – Sat: 1:30pm, 4:30pm, & 7:30pm

April 18 – Sun: 1:30pm & 4:30pm

Cost and Purchase Info:

For more information, visit www.cirqueitalia.com and make sure to check all our social media accounts. Tickets can be purchased now starting at \$10.00-\$50.00 depending on availability. Cirque Italia offers one free child admission with every full priced paying adult ticket in levels 2 or 3. This offer cannot be combined with any other offers, discounts, or deals. Please call 941-704-8572 to get the promo code for your location.

Box office hours:

The box office opens on-site on Tuesday, the week of the show.

Non-show days: 10am – 6pm

On show days: 10am – 9pm

You may also purchase tickets through our website (cirqueitalia.com/tickets) or by phone: (941) 704-8572.

We also respond to text messages

Clarksville Speedway
1600 Needmore Road,
Clarksville, TN

**16 FRIDAY
BURT-COBB BREAK
OUT: ESCAPE ROOM.
6:00PM**

Burt-Cobb Break Out is an interactive adventure escape

room game. Participants will work together to find clues, solve riddles to help the Burt-Cobb Alumni Association save their reunion within the allotted time! - Ages 13 and up Friday & Saturdays \$5 For ADA Assistance contact 931-645-7476

Burt-Cobb Community Center
1011 Franklin St
Clarksville, TN

**17 SATURDAY
CLARKSVILLE CARS
N' COFFEE.**

3:00PM - 6:00PM

The Clarksville Gearheads Car Club will be hosting Clarksville Cars n' Coffee on March 20th from 9am to noon. This is a monthly event held on the third Saturday of every month, rain or shine. All vehicles are welcomed to attend. The location is at the Governor's Square Mall right off of Exit 4 beside the old Sears building. While we want everyone to have a good time, there will be a few rules set to ensure we don't lose this great opportunity. No Burnouts No excessive revving or two stepping Please don't litter, pick up your trash if you have any, no loud music. This is a family friendly event. We all love vehicles so lets have a good time! Please like, share, and tag anyone who would be interested in coming out!

2801 Wilma Rudolph Blvd,
Clarksville, TN

**CHOCOLATE AFFAIR.
3:00PM - 8:00PM**

This event will feature sweet and savory treats from local businesses. Two event times are available. Limited tickets are available. Register by March 26th. Session 1: 3 - 4:30 PM Session 2: 6:30 - 8 PM The 2021 Chocolate Affair will be adapted to adhere to COVID-19 precautions and guidelines. This year's event will be a Chocolate Affair "stroll." Participants will be given a "carry-out" sample box and will walk from vendor to vendor and receive samples of delicious and delectable chocolate of all kinds. After a participant has visited all vendors they will exit the building. Because of social distancing requirements and capacity restrictions at the Wilma Rudolph event Center, no seating will be available. For ADA assistance contact 931-645-7476.

Wilma Rudolph Event Center
1190 Tennessee 48
Clarksville, TN

**18 SUNDAY
MUSIC AT GRACE
SERIES PRESENTS
CALVIN TAYLOR
WITH A PIANO
PROGRAM .
4:00PM**

The Music at Grace Series presents Calvin Taylor with a piano program closing the 2020/2021 series at Grace Lutheran Church, 2041 Madison Street. Clarksville, TN. Admission is FREE with donations accepted. Socially distanced seating and wearing of masks at all times is in effect. Call (931) 647-6750 for information

Grace Lutheran Church,
2041 Madison Street.
Clarksville, TN.

**MUSEUM HAPPENINGS
CALENDAR: APRIL 2021**

Museum Exhibitions
ROBERT MCCURLEY: DUE SOUTH
Now – April 25 | Kimbrough
Gallery

Robert McCurley's Due South displays a side of the Southern region that's pure, romantic and pictorial. It's deep-rooted in beauty, tradition, religion and simplicity - a side that everyone can appreciate and enjoy. His photographic education includes classes at the former Southeastern Center for the Photographic Arts in Atlanta, GA, workshops with Keith Carter, Magnum photographers David Alan Harvey and Alex Webb as well as countless hours studying the work of influential artists. His photographs have been exhibited in a variety of venues and galleries across the U.S.

CLARENCE CAMERON WHITE
Now - Apr 18 | Crouch Gallery

The combination of creating with rock, paper and wood has been a magical journey for Lisa Jennings for over 20 years. Jennings started out with fibrous pre-dyed, colored papers and worked her way into tall sculptural forms that appear to come directly from the nature around her.

Mango: New Work by Symphony
Medley

MUSEUM EXHIBITIONS

Apr 1 – May 30 | Harvill Gallery

Apr 6 – July 18 | Bruner & Orgain
Galleries

Apr 15 – June 27 | Memory Lane

Through July 18 | Kimbrough Gallery

Through June 20 | Memory Lane

Through Apr 18 | Crouch Gallery

Sponsored in part by Grand
Illumination Radiant Sponsor F&M
Bank

Through April 25 | Kimbrough Gallery

Through Apr 30 | Lobby

Museum Events

April 6, 10 am–3 pm

April 8, 5–8 pm

Museum Programs

Free with paid admission or
membership | Developed for school-
age children Free Take It N' Make It
Activity

Bonus:

Exhibit open daily | Volunteer Train
Crew members run trains Sundays,
1–4 pm and Wednesdays, 10 am–12
pm

Seasons: The Museum Store

Offer expires April 30, 2021

Holiday Openings:

The Museum will be open for Easter
Sunday, April 4 from 1-5pm. The
F&M Bank Huff & Puff Express
Model Trains will run from 1-4pm.

Submit
your
event to

EVENTS@CLARKSVILLELIVINGMAG.COM

by the 15th of
the month for
the next issue.

Pet Pix Contest

Brought to you by:

**FAMILY PET
HOSPITAL**



**TINY TOWN
ANIMAL CLINIC**

30 New South Drive || Clarksville, TN
931.358.5855 • www.fphvet.com

1815 Tiny Town Road || Clarksville, TN
931.647.2800 • www.tinytownvet.com

Go to either Facebook page **to vote for the winner!** Win **\$50 credit** to use at either location on service or products.

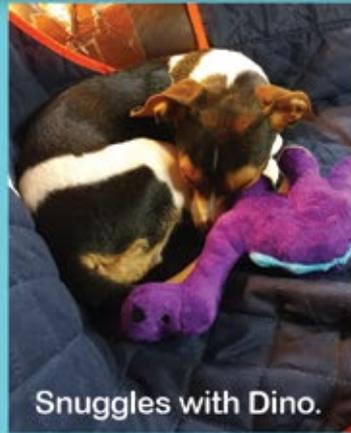


Meet our newest family member
Brodie



Liza

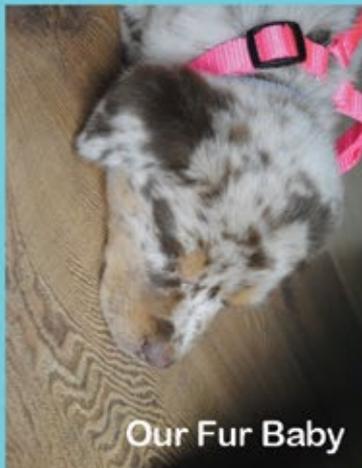
My owner has to buy eggs at Kroger because I'm a freeloading slacker.



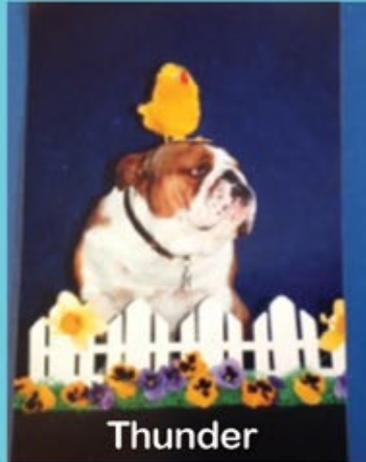
Snuggles with Dino.



Got my hair did



Our Fur Baby

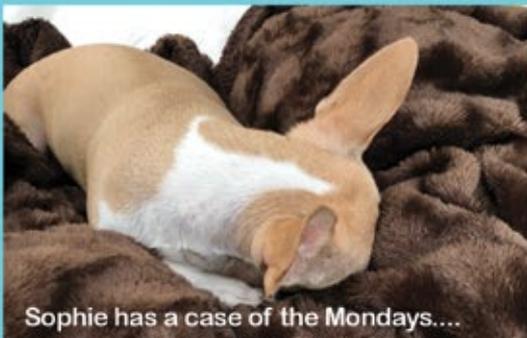


Thunder



Do we blend in?

Stanley & Dexter



Sophie has a case of the Mondays....

Wanna share your pet?

Email a photo with a brief caption to: petpix@clarksvillelivingmag.com by the 15th!



Look for the golden paw to see who won!

MONTHLY PET TIP

♥ **FREE** ♥

Heartworm Test with a 12 Month Pro-Heart Injection. One injection prevents Heartworms for 12 months!

ADOPTION & FOSTER CARE

CAMELOT CARE
Located at 2233 Stokes Road, Suite A, we are a therapeutic foster care provider serving children, adolescents, and their families in the state of Tennessee. For more information on how to become a foster parent please call Karen Pinkett at 931-217-3813 or email karen.pinkett@pathways.com.

CENTERSTONE

Family Centered Services
Serves children and adolescents up to the age of 17. 901 Martin Street, (931) 503-4600.

CLARKSVILLE FAMILY ADOPTION ASSOCIATION

Bringing families and individuals together that have been impacted by adoption, providing support for prospective families and keeping members educated about the needs of adopted children. Events include information meetings, drop in play dates for families with young children, fun days for adopted teens, fun family time and various celebrations throughout the year. Attendance at each event is optional. No commitment. For more information call/text Jaime at (931) 980-8498. To be added to the contact list, please send your e-mail address and/or phone number to CFAA@outlook.com.

CARING CHOICES OF CATHOLIC CHARITIES

1905 Madison Street, is a Tennessee state licensed child-placing agency providing supportive professional counseling services to those experiencing an unplanned pregnancy. Open Monday, Thursday and Friday from 10:00 a.m. to 2:00 p.m. or by appointment. Deasree Williams: (931) 645-9969 or dwilliams@ctctenn.org.

OAK PLAINS ACADEMY

1751 Oak Plains Road, Ashland City. We serve children of all ages with therapeutic services, and have several foster homes in Clarksville. Karen Henderlight, (931) 362-4723, karen.henderlight@uhsinc.com.

OMNI VISIONS INCORPORATED

Every child deserves to be a member of a healthy and supportive family, Omni Visions, Inc. provides therapeutic foster care, a home-based program for children who are in state custody and need support, supervision, and personal intervention. The qualifications are simple: May be married, single or divorced; May or may not have other children; Can own your home or rent; Must be at least 25 years old to become a foster parent; Must be able to meet the financial and emotional needs of your own family; Can work full-time; Must be a resident of the U.S. How do you become a foster parent? The first step is to contact our office. Our phone number is (931) 436-9310 or visit omnivisions.com.

YOUTH VILLAGES

A private nonprofit organization dedicated to helping emotionally and behaviorally troubled children and their families live successfully through innovative, research-based programs. 651 Stowe Court, contact Jennifer Kessler at (931) 552-5260, jennifer.kessler@youthvillages.org or visit www.youthvillages.org.

ARTS, CRAFTS & HOBBIES

CLARKSVILLE AJAX TURNER SENIOR CENTER
953 Clark St. Clarksville, TN
(931)-648-1345

We are a non-profit senior activities center. There are a wide variety of programs and activities for seniors age 50 and above. Educational activities such as ceramics, coloring, and quilting classes. We have a card room, billiards room, Wii bowling, exercise room and more. Our Senior Circle of Friends adult daycare center is available for seniors needing extra care during the day. We hold weekly dance, seminars, bible study. We are currently providing free tax preparation for seniors with a fixed income. For information contact Diana Akin or Dan Blair @ (931)-648-1345

CLARKSVILLE MODEL RAILROAD CLUB

Located in the basement at 420 Madison St. We meet on Monday nights at 6:30 p.m. We play with trains. We are rebuilding our layout and are encouraging any and all who are interested in learning to build a model railroad layout. We are encouraging anyone of any age to come and participate in some great fun which we started to do when we were young. For further information see our Facebook page or call (931) 216-5351.

COMMUNITY SCHOOL OF THE ARTS AT APSU

The Community School of the Arts (CSA) at APSU is now under the management of the Center of Excellence for the Creative Arts (CECA, or "seek-ah"). Established in 1990, the CSA offers a variety of classes for children and adults, from beginning to advanced levels, in the areas of dance, theatre, music, creative writing, and visual art. Over 20 courses are offered per semester, such as digital SLR photography, drawing, painting, ceramics, children's choir, ukulele, music play for toddlers, ballet, modern dance, fiction writing, and improvisational acting. These classes inspire students of all ages to get involved in the arts in an affordable, friendly environment. For more information, call 931-221-7876, visit www.apsu.edu/ceca/csa, or email csa@apsu.edu.

MADISON STREET MUSIC & ARTS ACADEMY

Offers music and art classes as well as private lessons for both children and adults. Classes include Kindermusik for infants-age 7, Kinderart for pre-schoolers, Musical Theatre for middle and high school students, and Photography and/or Scrapbooking for teens and adults. Private music lessons are available for voice and most instruments, including the impressive pipe organ at Madison Street United Methodist Church. Lessons are available at reduced rates for families who qualify for the school lunch program, and scholarships are available for outstanding music students. For more information, contact Abigail Haake at (931) 278-7921 or abby@madisonstreetmusic.com or visit our website at madisonstreetmusic.org and find us on Facebook. (Madison Street Music & Arts Academy)

MONTGOMERY COUNTY WATERGARDEN SOCIETY

A not for profit water garden and koi pond club that hosts an annual Water Garden Tour. Visit www.mcwgs.org, if you would like more information regarding who we are and what we do or contact Linda VanMaanen at (931) 368-1636 or Linda Westfall at (931) 648-6350.

WARIOTO AUDUBON SOCIETY

A chapter of the National Audubon Society. The mission is to conserve and restore natural ecosystems, focusing on birds, other wildlife and

their habitats for the benefit of humanity and the earth's biological diversity. We connect our community to nature through events, hikes and talks.

Meetings are on the 1st Thursday of March, May, September and December at the Clarksville-Montgomery County Library at 6 p.m. with a speaker and refreshments. The program is free and open to the public.

We offer monthly birding field trips from September - May.

Find us on Facebook: Warioto Audubon Facebook Page

ATHLETICS

BUDDY BALL SPECIAL NEEDS ATHLETIC LEAGUE

Buddy Ball provides individuals with a mental or physical disability the opportunity to play sports, regardless of their limitations. Buddy Ball helps individuals learn teamwork and promotes self-esteem, one of the tools needed to help overcome the stigma often associated with a disability. The Buddy Ball league is aware of the extra expenses on the families of disabled children. Because of this, Buddy Ball does not charge any fees to participate. We rely entirely on private donations to operate. (931) 624-7253 or www.buddyball.net.

CANINE FLYBALL CLUB

The Queen City Road Runners meet most Sunday afternoons at their indoor training facility (call in advance for times). Private lessons also available. Flyball is a fun family sport where a relay team of four dogs races another team, jumping a series of four hurdles, trigger a spring loaded box to release a tennis ball, and race back to the handler. The Road Runners Club teaches the sport using a positive approach, emphasizing the human/canine bond. Family members of all ages welcome. The sport is open to any breed. Call (931) 220-4907, email icflyball@hotmail.com, or visit www.flyballdogs.com/qcrr for more information about this exciting canine sport.

CLARKSVILLE BADMINTON CLUB

The Clarksville Badminton Club offers indoor recreational badminton to anyone Ages 15+, novice or experienced players are welcome. We provide both rackets and shuttles...no fees. Our times and locations of play are as follows: Tuesday mornings: 8:00 a.m. to 10:30 a.m. at Sango United Methodist Church Life Center, 3301 Sango Rd; Contact Kim Leavelle at 436-1028 if you need more info.

CLARKSVILLE IMPACT SOCCER CLUB

Involves participation of children ages 5-18 in youth sports, specifically soccer. Impact is a non-profit organization trying to provide opportunities to our youth. (931) 358-4926, info@clarksvilleimpact.us or clarksvilleimpact.us.

CLARKSVILLE TENNIS ASSOCIATION

Open to all who love tennis. A great group of people who bend over backwards to provide fun tennis tournaments and matches for people who are competitive or just play for fun. We encourage all levels and age groups. The President is Preston Howie and he can be reached at PHHowie@aol.com for all who are interested. Visit clarksvilltennis.usta.com.

CLARKSVILLE VOLLEYBALL CLUB

Located at 2231 Madison Street, we provide Volleyball training for all ages. Clarksville Volleyball Club offers training for all levels of volleyball beginner to advanced. Ages 7 and up. Club, clinics, camps and private lessons available. For more information visit Jvolleyball.com, email Director Jen Garinger at jeng917@hotmail.com or call Jen at (602) 741-8045.

EMMANUEL FAMILY LIFE CENTER

303 Fairview Lane. Open 8:00 a.m. to 8:00 p.m. Monday, Tuesday, Thursday and Friday; 8:00 a.m. to 4:00 p.m. Wednesday; and 8:00 a.m. to 2:00 p.m. Saturday. Open to the public with gym, walk track, weight room, aerobics, boat camp, Zumba, r&b line dancing, celtic, dining room, meeting rooms, and more. Visit clarksvillefamilycenter.org or call (931) 647-4341.

TEAM CLARKSVILLE YOUTH WRESTLING

The Team Clarksville Wrestling Club is accepting new members. We're a competitive club serving youth in elementary school through middle school. For more information contact David Isbell at (719) 494-6685 or email at isbell_dave@yahoo.com.

THUNDERBOLT AQUATICS SWIM CLUB

We are a Fort Campbell based competitive swim team open to non-military families. For more information please visit thunderboltaquatics.com call (270) 226-8421 or e-mail thunderboltaoc@gmail.com. All participants must pass a swim test.

WARRIORS SPECIAL NEEDS CHEERLEADING

A competition cheerleading squad for children with special needs and disabilities or handicaps. We give kids a chance to cheer year around in a competitive setting, but where they will not be judged. We welcome children ages four to 18. For more information call Michelle Lange at (931) 217-2392 or e-mail warrriorscheersquad@yahoo.com.

CHILD BIRTH & PARENTING EDUCATION

ROOTS CHILD BIRTH PREPARATION
Pregnant? Know someone who is? Roots Childbirth classes are evidence-based, Christ-centered and perfect for any birth plan or birth setting! If you're interested in holistically preparing (mind, body and spirit) for your labor, delivery and postpartum period, our classes will fully prepare you for childbirth in any setting or scenario. Our skilled team of educators all have professional teaching, counseling or Women's Health backgrounds and are the only instructors in our area that are required to complete continuing education courses through Evidence Based Birth™ as part of their certification process each year. Because of this requirement, Roots offers your family excellence in childbirth education, relevant resources and the most up-to-date, evidence-based information so that you can better understand all of your options and plan the birth that is right for you. Contact Heidi Duncan, Birth Doula and Childbirth Educator, at (615) 710-7077 or expectingnewlife@yahoo.com for info on classes (group, private or home-study).

BREASTFEEDING EDUCATION AND SUPPORT (WIC)

Montgomery Co. W.I.C. is excited to extend a Breastfeeding Basic invitation to ANY expecting mom in our local community! Learn how to successfully breastfeed your baby at a FREE session at the

Montgomery County W.I.C. office! Breastfeeding classes will always be on the FIRST TUESDAY of the month at 11:00 a.m. and the THIRD THURSDAY of the month at 1:00 p.m.! Hope to see you there!

CLARKSVILLE BIRTH COMMUNITY

A place for families in the Clarksville/Fort Campbell area to find resources for pregnancy, birth and beyond. Join us for monthly playgroups and gatherings. We have a lively discussion group on Facebook where women can ask questions and get answers from fellow moms and professionals such as childbirth educators and doulas. We want to be sure our members know that all moms are welcome here. Our primary goal is that you make informed choices for your pregnancy, birth and newborn care. Events posted at fortcampbelldoulas.webs.com or find us on Facebook at www.facebook.com/groups/clarksvillebirthpro/.

HEALTHY START

Healthy Start is a community outreach program fostering healthy childhood growth and development by providing free support services to the first time parents and their babies. (931) 645-3976.

LA LECH LEAGUE OF CLARKSVILLE-FORT CAMPBELL

La Leche League offers mother-to-mother breastfeeding information and support in meetings and via phone and email. All breastfeeding and expectant mothers and their children are welcome to attend either or both monthly meetings! Meetings are on the first Wednesday of each month at 10:00 a.m. at Clarksville's Montgomery County Public Library in the large meeting room and also on the third Wednesday of each month at 6:00 p.m. on Fort Campbell Army Post. The evening meeting is also open to your support person. Please check our Facebook for location each month facebook.com/LLLClarkville. If you have breastfeeding questions please contact one of our local group's leaders at BreastfeedingTN@gmail.com or call (931) 444-7087.

NINE MONTHS & BEYOND

A comprehensive source for pregnancy, birth, breastfeeding and early parenting education and resources. Offers birth tub rentals, breastpump rentals, babyworn vacation and spa packages, and birth plan consultations. Micky Jones, BS, CLE, CLD, CHBE, CAPPA Lactation Educator Trainer at (931) 451-3223 or ninemonthsandbeyond.com.

Tennova Healthcare - Clarksville breastfeeding Class

Classes cover the initial steps to successful breastfeeding, uses for breast pumps and other supplies. Classes are normally taught in Legacy Rooms A & B (651 Dunlop Lane) on the first Tuesday of every month from 7-9 p.m. Registration is required. Register at Tennova.com.

TENNOVA HEALTHCARE - CLARKSVILLE PRENATAL CLASS

Prenatal Classes help parents-to-be anticipate situations that may arise during pregnancy and labor. The classes consist of five, two-hour sessions and are held on consecutive Wednesday or Thursday at 7:00 p.m. Classes should be attended between the 26th and 34th week of pregnancy. Classes are taught in the Liberty Rooms on the first floor of the Medical Center (651 Dunlop Lane). Registration is required. To register call (855) TENNOVA (836-6682).

TENNOVA HEALTHCARE - CLARKSVILLE SIBLING CLASS

Bring your older children to Sibling Class. It offers an introduction to sibling interactions, a tour of the Nursery, and time to mingle with other children from expectant families. The class is typically offered the last Saturday of the month from 12-1 p.m. in the 3rd Floor Classroom (651 Dunlop Lane). Registration is required. Register at Tennova.com.

WHOLE WOMAN

Whole Woman Birth and Lactation Services

We serve the whole woman from pregnancy to postpartum care. As certified Sacred Pregnancy Instructors, Sacred Milk Mentors, Sacred Postpartum Mother Roasters, and Internationally Board Certified Lactation Consultants we offer every service a pregnant and new mother needs. We do accept multiple insurances and are passionate in our care of our community. For current class schedules or for breastfeeding help contact us at (931) 206-9659 or wholewomanlactation.com.

CHILD CARE

CHILD CARE AWARE

Child Care Aware is a non-profit initiative committed to helping parents find the best information on locating quality childcare and childcare resources in their community. The website offers lots of tips on choosing a child care provider, lots of free publications for parents, local child care rates and a Child Care Options Calculator. childcareaware.org.

MID-CUMBERLAND CHILD CARE RESOURCE AND REFERRAL

At 128 North Second Street, Suite 206, provides assistance to parents in understanding how to select quality child care, how to use the state web site to locate child care, and to understand the star quality rating system. Resources for Parents are available covering topics such as Child Development, Appropriate Behavior Management, Health and Safety, and the Social Emotional Development of Children. Contact number is (931) 648-3695.

PARENT INFORMATION NETWORK

Parents working to keep parents informed about issues that affect the community, education and our schools via a subscriber e-mail network. clarksvillepin.net.

PROGRESSIVE DIRECTIONS

At 1249 Paradise Hill Road, provides services to developmentally delayed children and adults. (931) 647-6333 or progressivedirections.com.

Tennessee Nutrition & Consumer Education Program (TNCEP)

Provides nutrition education programs that help limited-resource individuals and their families improve their diets. When you participate in TNCEP programs, you will learn: how to stretch your food dollars, how to prepare good and nutritious food, how to plan a balanced diet, how to get kids to eat nutritious food, the importance of a good diet and physical activity, and how to use a variety of foods. TNCEP delivers programs in many ways, including: school programs, food demonstrations, group classes, hands-on learning

experiences, educational displays, handouts, and newsletters. For more information contact Tamara Adjei at (931) 648-5725 or tadjei@uk.edu.

CHILD PROTECTION & DOMESTIC CRISIS SERVICES

ALANON & ALATEEN
Support for families of alcoholics. Call for more information and meeting times. Grace Lutheran Church, 2041 Madison Street, Joyce at (931) 358-9515; or Ajax Senior Citizens Building, 953 Clark Street, Kim at (931) 647-0566; or Community Church, Jack Miller Boulevard & Airport Road, Kim at (931) 647-0566. middlealnanon.org.

CLARKSVILLE RAPE AND SEXUAL ABUSE CENTER

At 331 Union Street, Suite B. Office at (931) 647-3632 or Toll-free Crisis Hotline at (800) 879-1999.

CHAP PROGRAM OF CATHOLIC CHARITIES

Creating Hope by Assisting Parents program is a completely free voluntary program that provides individualized parenting education, crisis intervention, and some case management for families with children ages birth - 8 years. Families participating can expect weekly in home visits with a skilled professional providing information on Child Development, Family Routines/Structure, Family Systems and any goals the parent desires assistance with (weaning from the bottle, potty training, pre-school readiness, etc.). For more information or to set up an appointment contact Sarah at (931) 645-9969.

DEPARTMENT OF CHILDREN'S SERVICES

At 350 Pageant Lane, Suite 401. (931) 503-3200.

LEGAL AID SOCIETY

At 120 Franklin Street, provides free legal advice and representation to eligible clients. (931) 552-6656 or las.org.

MONTGOMERY COUNTY CHILD SUPPORT SERVICE

At 93 Beaumont Street. (931) 572-1663.

SAFEHOMES DOMESTIC VIOLENCE SHELTER

Provides 24-hour emergency shelter, crisis hotline, professional counseling, advocacy and other services to victims of domestic violence and sexual assault. (931) 552-6900 (collected calls accepted).

CHILDREN'S GROUPS

4-H YOUTH DEVELOPMENT

At 1030 Cumberland Heights Road, is open to all youth ages 9-19. Involves participation in 4-H through school clubs, community clubs, special interest groups, and a variety of camps. Contact Julie Newberry at (931) 648-5725.

BOY SCOUTS OF AMERICA

Boys' Scouts: dens for boys or girls, K through 5th grades. Scouts BSA, male troops and female troops, ages 11 to 17. Venturing, co-ed crew for ages 14 to 20. To contact Clarksville area volunteers: (931) 249-3383, cogibascouting@gmail.com, scoutingm.org

To contact Middle Tennessee Council:

(615) 383-9724, mtcbsa.org

CHILDREN OF THE AMERICAN REVOLUTION (C.A.R.)

The Children of the American Revolution (C.A.R.) is the nation's oldest, largest, patriotic youth organization. Membership is open to boys and girls from birth until age 22, who can prove lineage, bloodline descent from an ancestor who aided in achieving American independence. Email us at sevierstationCAR@gmail.com.

GIRL SCOUTS OF MIDDLE TENNESSEE

331 A-1 Union Street, (931) 648-1060 or gsmidm.org. Girl Scouts build girls of courage, confidence and character who make the world a better place. Email kbely@gsmidm.org for more information.

LEAP ORGANIZATION

Provides youth development services such as mentoring, case management, counseling, community service and career development targeted at ages 12 to 18. (931) 378-0500, info@leaporg.net, leaporg.net.

COMMUNITY OUTREACH

101ST AIRBORNE DIVISION ASSOCIATION

Once an Eagle...Always an Eagle

The 101st Airborne Division Association is a non-profit organization that welcomes all Screaming Eagles, from the original veterans to the active duty troopers of today, regardless of where or when they served. For more information on the benefits of being a member or the service the Association offers contact the office between 8:00 a.m. and 4:00 p.m. Monday through Friday at (931) 431-0199 or at our website ScreamingEagle.org.

ALL NATIONS BIBLICAL STUDY CENTER

Offers free Bible courses to the community in the major fields of biblical research. A complete Online Biblical Studies Program is also available. Online Courses are offered year-round. Visit studythescriptures.net or call (931) 648-8844 for more information and to register.

APSU EXTENDED EDUCATION

Develop a new skill, explore a new idea, learn a new language or seek a new career with one of the classes from Austin Peay State University's Center for Extended and Distance Education. Register early and receive a 10 percent discount on selected courses. Preregistration is required for each course. New online classes start every month. Melony Jones at (931) 221-7868, jonesma@apsu.edu or ed2ga.com/apsu.

ARMY COMMUNITY SERVICE

ACS is an important part of the Army's program to assist Soldiers and their Families in meeting specific needs. ACS offers a wide variety of programs with topics such as financial readiness, family programs, and relocation readiness tailored to assist Army Families living on and off post. ACS is the place to go for answers to your questions and help with concerns or issues facing military families. 2601 Indiana Avenue, Fort Campbell. (270) 798-9322, campbell.armymwr.com/ or campbell.armyservices.acs or facebook.com/FortCampbellACS.

ASERACARE HOSPICE

Hospice care provided for individuals nearing the end of life. Our team of professionals, which includes doctors, nurses, home health

aides, social workers, chaplains, volunteers and a bereavement counselor to support patients and families by providing pain and symptom management, as well as psychosocial, emotional and spiritual support. 24/7 on-call availability. Serving Montgomery, Cheatham, Stewart, Houston, Humphreys, Dickson, and Hickman counties. (931) 551-4100.

BAYANHAIN FILIPINO-AMERICAN INTERNATIONAL GROUP

A tax-exempt, non-profit organization. Its purpose is to promote Filipino-American culture to all Filipinos and to any interested nationalities, develop a better understanding of our ethnic Filipino history, and promote our unique and diverse cultural heritage. Our group participates in various community services. Many Filipino soldiers assigned in Fort Campbell Post and their families join our social and civic activities in the community of Clarksville and Kentucky. The organization extends its services to donating clothes, shoes, and canned goods to various local organizations. The organization is also teaching Tagalog lessons to those interested in learning another language. Membership is open to all. For inquiry, call Mario Wang at (931) 431-6786 or Pat Lowry at (931) 494-1080.

CRISIS CALL LINE

Offers crisis intervention, suicide prevention and referral. (931) 648-1000.

CROATIANS IN TENNESSEE

Our goal is to share our culture and information about Croatia. We would like to unify Croats and encourage educational opportunities for Croatian youth here and abroad. Our annual event at Liberty Park will showcase our amazing culture, food and dance. Our club will help Croats who want to move to Clarksville and make sure their transition is smooth. Visit facebook.com/groups/CroatsinTennessee/

DAGAN FOUNDATION

Creating schools in rural areas for free education and sending orphans and disadvantaged children to schools in Togo, West Africa. Spreading the word of God through evangelism and planting and supporting churches in rural areas in Togo. Digging wells and providing clean water in rural areas in Togo. Partner with us and join us so together we can change lives in Togo, West Africa. You want to go to mission in Africa, you want to plant a church in Togo, you want to go teach English in our schools in Togo during summer, you want to adopt a student or a church in a rural area, don't hesitate to contact us. Invite us and we will come to present our projects in your church. Contacts: Mr. Adolph Dagan at (931) 302-0787 or daganfoundation@yahoo.com, or visit daganfoundation.org. Like us on Facebook at facebook.com/daganfoundation. Our main partner in Togo is Action Bethesda, actionbethesda.org.

FREE CAKES FOR KIDS KY & TN

Serving Clarksville, Ft. Campbell, Oak Grove & Hopkinsville. We believe that every child deserves a birthday cake. Help us make the world a better place, one cake at a time! A volunteer run and supported organization that provides customized birthday cakes at no cost to children. We provide these cakes specifically to the children whose parents are experiencing financial difficulties and are unable to provide a birthday cake for their child. We simply ask though, if you use this service, that you are truly in need. Volunteer bakers are always welcome. No special talents or formal training needed, only a love of baking, a passion in your heart and a desire to bring a little sunshine into a child's day. If you do not bake or don't have time to bake, then you are welcome to donate store bought cakes. To learn more about our organization or ways you can help, check us out on our Facebook facebook.com/pages/Free-Cakes-for-Kids-KYTN/52901743122370. Reach Mindy Parker or Christina Johnson at freecakesforkids_fortcampbell@yahoo.com.

FRIENDS OF THE BLUEWAY

A group dedicated to keeping Clarksville's Blueway beautiful and directly involved with our new access point on Tiny Town. We will have clean up days, fundraisers, events and meetups. This group is passionate about outdoor activities, including kayaking and canoeing. The Parks and Rec department works closely with this group and gives insight on future access points to the rivers. Visit our Facebook at facebook.com/FriendsoftheBluewayClarksvilleTN for more information and sign up for email updates at outdoorclarksville.com.

OPERATION STAND DOWN: OSDN - CLARKSVILLE

A non-profit Veterans Service Organization that has been serving Tennessee for over 20 years, with it being in Clarksville going on 5 years. The office is located at 400 Madison Street, and the office phone number is (931) 896-2184. I am a retired US Army Chaplain who volunteers with the organization. The office manager is Mr. Willie Celestine and he gave me permission to reach out to you.

Career Services through individual employment plans (resume building, interview skills) and links veterans with employers.

VA Health Services and Benefit Counseling directly with a VA counselor.

Individual Financial Counseling and Legal Consultations Coordination

Housing Services by assisting veterans remain in their current residence, and find housing for homeless veterans.

A very large clothing and food pantry is also available.

TENNOVA HOME HEALTH & HOSPICE

141 Hatcher Lane. Serving the Clarksville area for 25 years. Offering nursing care, wound care, ostomy care, infusion therapy, home health aides, physical therapy, occupational therapy, speech therapy, hospice care, chaplain, social work, bereavement services and volunteer services. Serving Montgomery, Cheatham, Robertson, Stewart, Dickson, Houston and Davidson counties. Call (931) 552-9551.

GOOD NEWS CLUBS

Teach children about Jesus in their schools! Though most children do not attend church, most do attend public school. Good News Clubs® are after-school Bible clubs that meet one afternoon a week at the school to teach children about Jesus, run by volunteers who are trained and screened by Child Evangelism Fellowship (a worldwide interdenominational ministry to children since 1937). Perhaps God would use you in this important ministry! ReachingKidsForJesus.com, (931) 241-8202, Facebook - CEF Greater Clarksville Chapter

GRACE ASSISTANCE PROGRAM

Helps the community with utility bills, prescriptions, clothing, food boxes, some emergency shelter, transportation, and housing when

funds allow. During specific times of the year we have collections like now we are collecting new and gently used coats that we will be giving away at our office located at 217 South Third Street.

HABITAT FOR HUMANITY AND RESTORE

Habitat collaborates with faith, civic, and business organizations for home sponsorships. Homeowner applications are accepted Monday through Friday at 404 Madison Street, (931) 645-4222, habitatmtn.org. The ReStore accepts and sells building, furniture and appliance donations funding Habitat's mission while providing an environmentally and socially responsible way to keep reusable materials out of the waste stream. 408 Madison Street, (931) 645-4242, donation@clarksvillerestore.org.

HAILEY'S HOPE WITH PROJECT SWEET PEAS

We are a local division of the national 501(c)(3) non-profit organization Project Sweet Peas headed here in Clarksville by Kristin Vanderlip. We provide long term stay care packages to families who have babies in Neonatal Intensive Care Units (NICUs). We currently make scheduled deliveries to the level 3 NICU at Monroe Carell Jr. Children's Hospital at Vanderbilt in Nashville. However, we also take personal requests and will mail or hand deliver care packages to other local hospital NICUs. If you or someone you know has a baby who requires time in a NICU, the experience can be stressful and even traumatic; therefore, our care packages are designed to provide families with items they may need or find helpful during their baby's time in the NICU. Please contact us if you know someone who has a baby in a NICU. For more information please visit: facebook.com/haileyshopePSP or email division coordinator Kristin Vanderlip at Kristin@projectsweetpeas.com.

HUI HAWAII O TENESI HAWAIIAN CIVIC CLUB

Chartered by the Association of Hawaiian Civic Clubs in Hawaii. The club's goal is to perpetuate the Aloha Spirit and the Hawaiian Culture throughout the state of Tennessee and the surrounding area. Because of our close proximity to Fort Campbell, we are able to contact many native Hawaiians who are stationed here or have decided to retire in the local area. Many soldiers and their families have been stationed in Hawaii and also elect to join us and partake in the activities. Membership is open to everyone, and we love our times to meet and share the Aloha Spirit and the "local grinds" that everyone learns to love. For more information, please call Marlene Livesay at (931) 572-0804 or visit our website at hawaiiaincivc.com.

HOPE CENTER

A community service branch of the Family Guidance Training Institute, Inc. provides a number of community activities to include summer camps for seriously emotionally disturbed children, S.T.E.P. into the Light, a women's holistic wellness group, and Women's Share community. The Hope Center also offers a multitude of workshops for community organizations. For further information regarding our programs, please call (931) 431-7580.

HUMANESOCIETY OF CLARKSVILLE-MONTGOMERY COUNTY

Provides reduced-cost spaying-neutering and pet care assistance to eligible owners; pets for adoption through foster homes; dog bite prevention and pet care programs; and a 24-hour help line. (931) 648-8042, humanesocietyofclarksville.com or clarksvillehumanesociety.org.

LOAVES AND FISHES

At 215 Foster Street, provides a hot meal Monday-Saturday 10:30 a.m. to 12:00 p.m. Also provides a distribution center for food donated to agencies that feed hungry people on Tuesday and Friday from 1:00 p.m. to 2:00 p.m. (931) 645-9020.

ADOPTION & FOSTER CARE

CAMELOT CARE
Located at 2233 Stokes Road, Suite A, we are a therapeutic foster care provider servicing children, adolescents, and their families in the state of Tennessee. For more information on how to become a foster parent please call Karen Pinkett at 931-217-3813 or email karen.pinkett@pathways.com.

CENTERSTONE

Family Centered Services
Serves children and adolescents up to the age of 17. 901 Martin Street, (931) 503-4600.

CLARKSVILLE FAMILY ADOPTION ASSOCIATION

Bringing families and individuals together that have been impacted by adoption, providing support for prospective families and keeping members educated about the needs of adopted children. Events include information meetings, drop in play dates for families with young children, fun days for adopted teens, fun family time and various celebrations throughout the year. Attendance at each event is optional. No commitment. For more information call/text Jaime at (931) 980-8498. To be added to the contact list, please send your e-mail address and/or phone number to CFAA@outlook.com.

CARING CHOICES OF CATHOLIC CHARITIES

1905 Madison Street, is a Tennessee state licensed child-placing agency providing supportive professional counseling services to those experiencing an unplanned pregnancy. Open Monday, Thursday and Friday from 10:00 a.m. to 2:00 p.m. or by appointment. Deesree Williams: (931) 645-9969 or dwilliams@ccclm.org.

OAK PLAINS ACADEMY

1751 Oak Plains Road, Ashland City. We serve children of all ages with therapeutic services, and have several foster homes in Clarksville. Karen Henderlight, (931) 362-4723, karen.henderlight@uhsinc.com.

OMNI VISIONS INCORPORATED

Every child deserves to be a member of a healthy and supportive family. Omni Visions, Inc. provides therapeutic Foster Care, a home-based program for children who are in state custody and need support, supervision, and personal intervention. The qualifications are simple: May be married, single or divorced; May or may not have other children; Can own your home or rent; Must be at least 25 years old to become a foster parent; Must be able to meet the financial and emotional needs of your own family; Can work full-time; Must be a resident of the U.S. How do you become a foster parent? The first step is to contact our office. Our phone number is (931) 436-9310 or visit omnivisions.com.

YOUTH VILLAGES

A private nonprofit organization dedicated to helping emotionally and behaviorally troubled children and their families live successfully through innovative, research-based programs. 651 Slowe Court; contact Jennifer Kessler at (931) 552-5260, jennifer.kessler@youthvillages.org or visit www.youthvillages.org.

ARTS, CRAFTS & HOBBIES

CLARKSVILLE AJAX TURNER SENIOR CENTER
953 Clark St. Clarksville, TN
(931) 648-1345

We are a non-profit senior activities center. There are a wide variety of programs and activities for seniors age 50 and above. Educational activities such as ceramics, coloring, and quilting classes. We have a card room, billiards room, bill bowling, exercise room and more. Our Senior Circle of Friends adult daycare room is available for seniors needing extra care during the day. We hold weekly dance, seminars, bible study. We are currently providing free tax preparation for seniors with a fixed income. For information contact Diana Akin or Dan Blair @ (931) 648-1345

CLARKSVILLE MODEL RAILROAD CLUB

Located in the basement at 420 Madison St. We meet on Monday nights at 6:30 p.m. We play with trains. We are rebuilding our layout and are encouraging anyone and all who are interested in learning to build a model railroad layout. We are encouraging anyone of any age to come and participate in some great fun which we started to do when we were young. For further information see our Facebook page or call (931) 216-5351.

COMMUNITY SCHOOL OF THE ARTS AT APSU

The Community School of the Arts (CSA) at APSU is now under the management of the Center of Excellence for the Creative Arts (CECA, or "seek-ah"). Established in 1990, the CSA offers a variety of classes for children and adults, from beginning to advanced levels, in the areas of dance, theatre, music, creative writing, and visual art. Over 20 courses are offered per semester, such as digital SLR photography, drawing, painting, ceramics, children's choir, ukulele, music play for toddlers, ballet, modern dance, fiction writing, and improvisational acting. These classes inspire students of all ages to get involved in the arts in an affordable, friendly environment. For more information, call 931-221-7876, visit www.apsu.edu/ceca/csa, or email cso@apsu.edu.

MADISON STREET MUSIC & ARTS ACADEMY

Offers music and art classes as well as private lessons for both children and adults. Classes include Kindermusik for infants-age 7, Kinderart for pre-schoolers, Musical Theatre for middle and high school students, and Photography and/or Scrapbooking for teens and adults. Private music lessons are available for voice and most instruments, including the impressive pipe organ at Madison Street United Methodist Church. Lessons are available at reduced rates for families who qualify for the school lunch program, and scholarships are available for outstanding music students. For more information, contact Abigail Haake at (931) 278-7921 or abby@madisonstreetmusic.org or visit our website at madisonstreetmusic.org and find us on Facebook (Madison Street Music & Arts Academy)!

MONTGOMERY COUNTY WATERGARDEN SOCIETY

A not for profit water garden and koi pond club that hosts an annual Water Garden Tour. Visit www.mcwgs.org, if you would like more information regarding who we are and what we do or contact Linda VanMaanen at (931) 368-1636 or Linda Westfall at (931) 648-6350.

WARIOTO AUDUBON SOCIETY

A chapter of the National Audubon Society. The mission is to conserve and restore natural ecosystems, focusing on birds, other wildlife and their habitats for the benefit of humanity and the earth's biological diversity. We connect our community to nature through events, hikes and talks.

Meetings are on the 1st Thursday of March, May, September and December at the Clarksville-Montgomery County Library at 6 p.m. with a speaker and refreshments. The program is free and open to the public.

We offer monthly birding field trips from September - May.

Find us on Facebook: Warioto Audubon Facebook Page

ATHLETICS

BUDDY BALL SPECIAL NEEDS ATHLETIC LEAGUE

Buddy Ball provides individuals with a mental or physical disability the opportunity to play sports, regardless of their limitations. Buddy Ball helps individuals learn teamwork and promotes self-esteem, one of the tools needed to help overcome the stigma often associated with a disability. The Buddy Ball league is aware of the extra expenses on the families of disabled children. Because of this, Buddy Ball does not charge any fees to participate. We rely entirely on private donations to operate. (931) 624-7253 or www.buddyball.net.

CANINE FLYBALL CLUB

The Queen City Road Runners meet most Sunday afternoons at their indoor training facility (call in advance for times). Private lessons also available. Flyball is a fun family sport where a relay team of four dogs races another team to release a series of four hurdles, trigger a spring loaded box to jump a tennis ball, and race back to the handler. The Road Runners Club teaches the sport using a positive approach, emphasizing the human/canine bond. Family members of all ages welcome. The sport is open to any breed. Call (931) 220-4907, email icflyball@hotmail.com, or visit www.flyballdogs.com/qcrr for more information about this exciting canine sport.

CLARKSVILLE BADMINTON CLUB

The Clarksville Badminton Club offers indoor recreational badminton to anyone ages 15+, novice or experienced players are welcome. We provide both rackets and shuttles...no fees! Our times and locations of play are as follows: Tuesday mornings: 8:00 a.m. to 10:30 a.m. at Sango United Methodist Church Life Center, 3301 Sango Rd; Contact Kim Leavelle at 436-1028 if you need more info.

CLARKSVILLE IMPACT SOCCER CLUB

Involves participation of children ages 5-18 in youth sports, specifically soccer. Impact is a non-profit organization trying to provide opportunities to our youth. (931) 358-4926, info@clarksvilleimpact.us or clarksvilleimpact.us.

CLARKSVILLE TENNIS ASSOCIATION

Open to all who love tennis. A great group of people who bend over backwards to provide fun tennis tournaments and matches for people who are competitive or just play for fun. We encourage all levels and age groups. The President is Preston Howle and he can be reached at PHowle@aol.com for all who are interested. Visit clarksvilletennis.usta.com.

CLARKSVILLE VOLLEYBALL CLUB

Located at 2231 Madison Street, we provide Volleyball training for all ages. Clarksville Volleyball Club offers training for all levels of volleyball beginner to advanced. Ages 7 and up. Club, clinics, camps

and private lessons available. For more information visit JGvolleyball.com, email Director Jen Garinger at jeng197@hotmail.com or call Jen at (602) 741-8045.

EMMANUEL FAMILY LIFE CENTER

303 Fairview Lane. Open 8:00 a.m. to 8:00 p.m. Monday, Tuesday, Thursday and Friday; 8:00 a.m. to 4:00 p.m. Wednesday; and 8:00 a.m. to 2:00 p.m. Saturday. Open to the public with gym, walk track, weight room, aerobics, boot camp, Zumba, r&b live dancing, cafe, dining room, meeting rooms, and more. Visit clarksvillefamilycenter.org or call (931) 647-4341.

TEAM CLARKSVILLE YOUTH WRESTLING

The Team Clarksville Wrestling Club is accepting new members. We're a competitive club serving youth in elementary school through middle school. For more information contact David Isbell at (719) 494-6685 or email at isbell_dave@yahoo.com.

THUNDERBOLT AQUATICS SWIM CLUB

We are a Fort Campbell based competitive swim team open to non-military families. For more information please visit thunderboltaquatics.com call (270) 226-8421 or email thunderboltcoach@gmail.com. All participants must pass a swim test.

WARRIORS SPECIAL NEEDS CHEERLEADING

A competition cheerleading squad for children with special needs and disabilities or handicaps. We give kids a chance to cheer year around in a competitive setting, but where they will not be judged. We welcome children ages four to 18. For more information call Michelle Lange at (931) 217-2392 or e-mail warrriorscheersquad@yahoo.com.

CHILD BIRTH & PARENTING EDUCATION

ROOTS CHILD BIRTH PREPARATION
Pregnant? Know someone who is? Roots Childbirth classes are evidence-based, Christ-centered and perfect for any birth plan or birth setting! If you're interested in holistically preparing (mind, body and spirit) for your labor, delivery and postpartum period, our classes will fully prepare you for childbirth in any setting or scenario. Our skilled team of educators all have professional teaching, counseling or Women's Health backgrounds and are the only instructors in our area that are required to complete continuing education courses through Evidence Based Birth™ as part of their certification process each year. Because of this requirement, Roots offers your family excellence in childbirth education, relevant resources and the most up-to-date, evidence-based information so that you can better understand all your options and plan the birth that is right for you. Contact Heidi Duncan, Birth Doula and Childbirth Educator, at (615) 710-7077 or expectingnewlife@yahoo.com for info on classes (group, private or home-study).

BREASTFEEDING EDUCATION AND SUPPORT (WIC)

Montgomery Co. W.I.C. is excited to extend a Breastfeeding Basic invitation to ANY expecting mom in our local community! Learn how to successfully breastfeed your baby at a FREE session at the Montgomery County W.I.C. office! Breastfeeding classes will always be on the FIRST TUESDAY of the month at 11:00 a.m. and the THIRD THURSDAY of the month at 1:00 p.m.! Hope to see you there!

CLARKSVILLE BIRTH COMMUNITY

A place for families in the Clarksville/Fort Campbell area to find resources for pregnancy, birth and beyond. Join us for monthly playgroups and gatherings. We have a lively discussion group on Facebook where women can ask questions and get answers from fellow moms and professionals such as childbirth educators and doulas. We want to be sure our members know that all moms are welcome here. Our primary goal is that you make informed choices for your pregnancy, birth and newborn care. Events posted at fortcampbelldoulas.webs.com or find us on Facebook at facebook.com/groups/clarksvillebirthpros/.

HEALTHY START

Healthy Start is a community outreach program fostering healthy childhood growth and development by providing free support services to first time parents and their babies. (931) 645-3976.

LA LECHE LEAGUE OF CLARKSVILLE-FORT CAMPBELL

La Leche League offers mother-to-mother breastfeeding information and support in meetings and via phone and email. All breastfeeding and expectant mothers and their children are welcome to attend either or both monthly meetings! Meetings are on the first Wednesday of each month at 10:00 a.m. at Clarksville's Montgomery County Public Library in the large meeting room and also on the third Wednesday of each month at 6:00 p.m. on Fort Campbell Army Post. The evening meeting is also open to your support person. Please check our Facebook for location each month facebook.com/LLLClarkville. If you have breastfeeding questions please contact one of our local group's leaders at BreastfeedingTN@gmail.com or call (931) 444-7067.

NINE MONTHS & BEYOND

A comprehensive source for pregnancy, birth, breastfeeding and early parenting education and resources. Offers birth tub rentals, breastfeeding rentals, babyroom vacation and spa packages, and birth plan consultations. Micky Jones, BS, CLE, CHBE, CAPPA Lactation Educator Trainer at (931) 451-3223 or ninemonthsandbeyond.com.

Tennova Healthcare - Clarksville breastfeeding Class

Classes cover the initial steps to successful breastfeeding, uses for breast pumps and other supplies. Classes are normally taught in Legacy Rooms A & B (651 Dunlop Lane) on the first Tuesday of every month from 7-9 p.m. Registration is required. Register at Tennova.com.

TENNOVA HEALTHCARE - CLARKSVILLE PRENATAL CLASS

Prenatal Classes help parents-to-be anticipate situations that may arise during pregnancy and labor. The classes consist of five, two-hour sessions and are held on consecutive Wednesday or Thursday at 7:00 p.m. Classes should be attended between the 26th and 34th week of pregnancy. Classes are taught in the Library Rooms in the first floor of the Medical Center (651 Dunlop Lane). Registration is required. To register call (855) TENNOVA (836-6682).

TENNOVA HEALTHCARE - CLARKSVILLE SIBLING CLASS

Bring your older children to Sibling Class. It offers an introduction to sibling interactions, a tour of the Nursery, and time to mingle with other children from expectant families. The class is typically offered the last Saturday of the month from 12:1 p.m. in the 3rd Floor Classroom (651 Dunlop Lane). Registration is required. Register at Tennova.com.

WHOLE WOMAN

Whole Woman Birth and Lactation Services

We serve the whole woman from pregnancy to postpartum care. As certified Sacred Pregnancy Instructors, Sacred Milk Mentors, Sacred Postpartum Mother Roasters, and Internationally Board Certified Lactation Consultants we offer every service a pregnant and new mother needs. We do accept multiple insurances and are passionate in our care of our community. For current class schedules or for breastfeeding help contact us at (931) 206-9659 or wholewomanlactation.com.

CHILD CARE
CHILD CARE AWARE
Child Care Aware is a non-profit initiative committed to helping parents find the best information on locating quality childcare and childcare resources in their community. The website offers lots of tips on choosing a child care provider, lots of free publications for parents, local child care rates and a Child Care Options Calculator. childcareaware.org.

MID-CUMBERLAND CHILD CARE RESOURCE AND REFERRAL
At 128 North Second Street, Suite 206, provides assistance to parents in understanding how to select quality child care, how to use the state web site to locate child care, and to understand the star quality rating system. Resources for Parents are available covering topics such as Child Development, Appropriate Behavior Management, Health and Safety, and the Social Emotional Development of Children. Contact number is (931) 648-3695.

PARENT INFORMATION NETWORK
Parents working to keep parents informed about issues that affect the community, education and our schools via a subscriber e-mail network. clarkvillepin.net.

PROGRESSIVE DIRECTIONS
At 1249 Paradise Hill Road, provides services to developmentally delayed children and adults. (931) 647-6333 or progressivedirections.com.

Tennessee Nutrition & Consumer Education Program (TNCEP)
Provides nutrition education programs that help limited-resource individuals and their families improve their diets. When you participate in TNCEP programs, you will learn: how to stretch your food dollars, how to prepare good and nutritious food, how to plan a balanced diet, how to get kids to eat nutritious food, the importance of a good diet and physical activity, and how to use a variety of foods. TNCEP delivers programs in many ways, including: school programs, food demonstrations, group classes, hands-on learning experiences, educational displays, handouts, and newsletters. For more information contact Tamara Adjei at (931) 648-5725 or tadjei@utk.edu.

CHILD PROTECTION & DOMESTIC CRISIS SERVICES
AL-ANON & ALATEEN
Support for families of alcoholics. Call for more information and meeting times. Grace Lutheran Church, 2041 Madison Street, Joyce at (931) 358-9515; or Ajax Senior Citizens Building, 953 Clark Street, Kim at (931) 647-0566; or Community Church, Jack Miller Boulevard & Airport Road, Kim at (931) 647-0566. middlealtonan.org.

CLARKSVILLE RAPE AND SEXUAL ABUSE CENTER
At 331 Union Street, Suite B, Office at (931) 647-3632 or Toll-free Crisis Hotline at (800) 879-1999.

CHAP PROGRAM OF CATHOLIC CHARITIES
Creating Hope by Assisting Parents Program is a completely free voluntary program that provides individualized parenting education, crisis intervention, and some case management for families with children ages birth - 8 years. Families participating can expect weekly in home visits with a skilled professional providing information on Child Development, Family Routines/Structure, Family Systems and any goals the parent desires assistance with (weaning from the bottle, potty training, pre-school readiness, etc.). For more information or to set up an appointment contact Sarah at (931) 645-9969.

DEPARTMENT OF CHILDREN'S SERVICES
At 350 Pageant Lane, Suite 401. (931) 503-3200.

LEGAL AID SOCIETY
At 120 Franklin Street, provides free legal advice and representation to eligible clients. (931) 552-6656 or las.org.

MONTGOMERY COUNTY CHILD SUPPORT SERVICE
At 93 Beaumont Street. (931) 572-1663.

SAFEHOURS DOMESTIC VIOLENCE SHELTER
Provides 24-hour emergency shelter, crisis hotline, professional counseling, advocacy and other services to victims of domestic violence and sexual assault. (931) 552-6900 (collect calls accepted).

CHILDREN'S GROUPS
4-H YOUTH DEVELOPMENT
At 1030 Cumberland Heights Road, is open to all youth ages 9-19. Involves participation in 4-H through school clubs, community clubs, special interest groups, and a variety of camps. Contact Julie Newberry at (931) 648-5725.

BOY SCOUTS OF AMERICA
Cub Scouts, dens for boys or girls, K through 5th grades. Scouts BSA, male troops and female troops, ages 11 to 17. Venturing, co-ed crews for ages 18 to 20. To contact Clarksville area volunteers: (931) 249-3383, cogiboscouting@gmail.com, scoutingin.org

To contact Middle Tennessee Council: (615) 383-9724, mtcbsa.org

CHILDREN OF THE AMERICAN REVOLUTION (C.A.R.)
The Children of the American Revolution (C.A.R.) is the nation's oldest, largest, patriotic youth organization. Membership is open to boys and girls from birth until age 22, who can prove lineage, bloodline descent from an ancestor who aided in achieving American independence. Email us at sevierstationCAR@gmail.com.

GIRL SCOUTS OF MIDDLE TENNESSEE
331 A-1 Union Street, (931) 648-1060 or gsmtdn.org. Girl Scouts build girls of courage, confidence and character who make the world a better place. Email bkelly@gscmttn.org for more information.

LEAP ORGANIZATION
Provides youth development services such as mentoring, case management, counseling, community service, and career development targeted at ages 12 to 18. (931) 378-0500, info@leaporg.net, leaporg.net.

COMMUNITY OUTREACH
101ST AIRBORNE DIVISION ASSOCIATION
Once an Eagle...Always an Eagle

The 101st Airborne Division Association is a non-profit organization that welcomes all Screaming Eagles, from the original veterans to the active duty troopers of today, regardless of where or when they served. For more information on the benefits of being a member or the service the Association offers contact the office between 8:00 a.m. and 4:00 p.m. Monday through Friday at (931) 431-0199 or at our website ScreamingEagle.org.

ALL NATIONS BIBLICAL STUDY CENTER
Offers free Bible courses to the community in the major fields of biblical research. A complete Online Biblical Studies Program is also available. Online Courses are offered year-round. Visit studythescritures.net or call (931) 648-8844 for more information and to register.

APSU EXTENDED EDUCATION
Develop a new skill, explore a new idea, learn a new language or seek a new career with one of the classes from Austin Peay State University's Center for Extended and Distance Education. Register early and receive a 10 percent discount on selected courses. Preregistration is required for each course. New online classes start every month. Melony Jones at (931) 221-7868, jonismo@apsu.edu or ed2go.com/apsu.

ARMY COMMUNITY SERVICE
ACS is an important part of the Army's program to assist Soldiers and their Families in meeting specific needs. ACS offers a wide variety of programs with topics such as financial readiness, family programs, and relocation readiness tailored to assist Army Families living on and off post. ACS is the place to go for answers to your questions and help with concerns or issues facing military Families. 2601 Indiana Avenue, Fort Campbell. (270) 798-9322, campbell.armymwr.com/us/campbell/programs/acs or facebook.com/FortCampbellACS/.

ASERACARE HOSPICE
Hospice care provided for individuals nearing the end of life. Our team of professionals, which includes doctors, nurses, home health aides, social workers, chaplains, volunteers and a bereavement counselor to support patients and families by providing pain and symptom management, as well as psychosocial, emotional and spiritual support. 24/7 on-call availability. Serving Montgomery, Cheatam, Stewart, Houston, Humphreys, Dickson, and Hickman counties. (931) 551-4100.

BAYANHAN FILIPINO-AMERICAN INTERNATIONAL GROUP
A tax-exempt, non-profit organization. Its purpose is to promote Filipino-American culture to all Filipinos and to any interested nationalities, develop a better understanding of our ethnic Filipino history, and promote our unique and diverse cultural heritage. Our group participates in various community services. Many Filipino soldiers assigned in Fort Campbell Post and their families join our social and civic activities in the community of Clarksville and Kentucky. The organization extends its services to donating clothes, shoes, and canned goods to various local organizations. The organization is also teaching Tagalog lessons to those interested in learning another language. Membership is open to all. For inquiry, call Mario Wong at (931) 431-6786 or Pat Lowry at (931) 494-1080.

CRISIS CALL LINE
Offers crisis intervention, suicide prevention and referral. (931) 648-1000.

CROATIANS IN TENNESSEE
Our goal is to share our culture and information about Croatia. We would like to unify Croats and encourage educational opportunities for Croatian youth here and abroad. Our annual event at Liberty Park will showcase our amazing culture, food and dance. Our club will help Croats who want to move to Clarksville and make sure their transition is smooth. Visit facebook.com/groups/CroatiainsinTennessee/

DAGAN FOUNDATION
Creating schools in rural areas for free education and sending orphans and disadvantaged children to schools in Togo, West Africa. Spreading the word of God through evangelism and planting and supporting churches in rural areas in Togo. Digging wells and providing clean water in rural areas in Togo. Partner with us and join us so together we can change lives in Togo, West Africa. You want to go to mission in Africa, you want to plant a church in Togo, you want to go teach English in our schools in Togo during Summer, you want to adopt a student or a church in a rural area, don't hesitate to contact us. Invite us and we will come to present our projects in your church. Contacts: Mr. Adolph Dagan at (931) 302-0787 or daganfoundation@yahoo.com, or visit daganfoundation.org. Like us on Facebook at Facebook.com/DaganFoundation. Our main partner in Togo is Action Bethesda, actionbethesda.org.

FREE CAKES FOR KIDS KY & TN
Serving Clarksville, Ft. Campbell, Oak Grove & Hopkinsville. We believe that every child deserves a birthday cake. Help us make the world a better place, one cake at a time! A volunteer run and supported organization that provides customized birthday cakes at no cost to children. We provide these cakes specifically to the children whose parents are experiencing financial difficulties and are unable to provide a birthday cake for their child. We simply ask though, if you use this service, that you are truly in need. Volunteer bakers are always welcome. No special talents or formal training needed, only a love of baking, a passion in your heart and a desire to bring a little sunshine into a child's day. If you do not bake or don't have time to bake, then you are welcome to donate store bought cakes. To learn more about our organization or ways you can help, check us out on facebook facebook.com/pages/free-cakes-for-kids-kytn/529017437122370. Reach Mandy Parker or Christina Johnson at freecakesforkids_fortcampbell@yahoo.com.

FRIENDS OF THE BLUEWAY
A group dedicated to keeping Clarksville's Blueway beautiful and directly involved with the new access point park on Tiny Town. We will have clean up days, fundraisers, events and meetups. This group is passionate about outdoor activities, including kayaking and canoeing. The Parks and Rec department works closely with this group and gives insight on future access points to the rivers. Visit our facebook at facebook.com/FriendsOfTheBluewayClarksvilleTN for more information and sign up for email updates at outdoorclarkville.com.

OPERATION STAND DOWN: OSDN - CLARKSVILLE
A non-profit Veterans Service Organization that has been serving Tennessee for over 20 years, with it being in Clarksville going on 5 years. The office is located at 400 Madison Street, and the office phone number is (931) 896-2184. I am a retired US Army Chaplain who volunteers with the organization. The office manager is Mr. Willie Celestine and he gave me permission to reach out to you.

Career Services through individual employment plans (resume building, interview skills) and links veterans with employers.

VA Health Services and Benefit Counseling directly with a VA counselor.

Individual Financial Counseling and Legal Consultations Coordination

Housing Services by assisting veterans remain in their current residence, and find housing for homeless veterans.

A very large clothing and food pantry is also available.

TENNOVA HOME HEALTH & HOSPICE
141 Hatcher Lane. Serving the Clarksville area for 25 years. Offering nursing care, wound care, ostomy care, infusion therapy, home health aides, physical therapy, occupational therapy, speech therapy, hospice care, chaplain, social work, bereavement services and volunteer services. Serving Montgomery, Cheatam, Robertson, Stewart, Dickson, Houston and Davidson counties. Call (931) 552-9551.

GOOD NEWS CLUBS
Teach children about Jesus in their schools! Though most children do not attend church, most do attend public school! Good News Clubs are after-school Bible clubs that meet one afternoon a week at the school to teach children about Jesus, run by volunteers who are trained and screened by Child Evangelism Fellowship (a worldwide interdenominational ministry to children since 1937). Perhaps God would use you in this important ministry! ReachingKidsForJesus.com, (931) 241-8202, Facebook - CEF Greater Clarksville Chapter

GRACE ASSISTANCE PROGRAM
Helps the community with utility bills, prescriptions, clothing, food boxes, some emergency shelter, transportation, and housing when funds allow. During specific times of the year we have collections like new we are collecting new and gently used coats that we will be giving away at our office located at 217 South Third Street.

HABITAT FOR HUMANITY AND RESTORE
Habitat collaborates with faith, civic, and business organizations for home sponsorships. Homeowner applications are accepted Monday through Friday at 404 Madison Street, (931) 645-4222, habitatmtn.org. The ReStore accepts and builds furniture and appliance donations funding Habitat's mission while providing an environmentally and socially responsible way to keep reusable materials out of the waste stream. 408 Madison Street, (931) 645-4242, donation@clarkvillestore.org.

HAILEY'S HOPE WITH PROJECT SWEET PEAS
We are a local division of the national 501(c)3 non-profit organization Project Sweet Peas headed here in Clarksville by Kristin Vanderlip. We provide long term stay care packages to families who have babies in Neonatal Intensive Care Units (NICUs). We currently make scheduled deliveries to the level 3 NICU at Monroe Carell Jr. Children's Hospital at Vanderbilt in Nashville. However, we also take personal requests and will mail or hand deliver care packages to other local hospital NICUs. If you or someone you know has a baby who requires time in a NICU, the experience can be stressful and even traumatic; therefore, our care packages are designed to provide families with items they may need or find helpful during their baby's time in the NICU. Please contact us if you know someone who has a baby in a NICU. For more information please visit: facebook.com/haileyshopePSP or email division coordinator Kristin Vanderlip at Kristin@projectsweetpeas.com.

HUI HAWAII O TENESI HAWAIIAN CIVIC CLUB
Chartered by the Association of Hawaiian Civic Clubs in Hawaii, the club's goal is to perpetuate the Aloha Spirit and the Hawaiian Culture throughout the state of Tennessee and the surrounding area. Because of our close proximity to Fort Campbell, we are able to contact many native Hawaiians who are stationed here or have decided to retire in the local area. Many soldiers and their families have been stationed in Hawaii and also elect to join us and partake in the activities. Membership is open to everyone, and we love our times to meet and share the Aloha Spirit and the "local grinds" that everyone learns to love. For more information, please call Marlene Livesay at (931) 572-0804 or visit our website at hawaiiaincivc.com.

HOPE CENTER
A community service branch of the Family Guidance Training Institute, Inc. provides a number of community activities to include summer camps for seriously emotionally disturbed children, S.T.E.P. into the Light, a women's holistic wellness group, and Women's Share community. The Hope Center also offers a multitude of workshops for community organizations. For further information regarding our programs, please call (931) 431-7580.

HUMANE SOCIETY OF CLARKSVILLE-MONTGOMERY COUNTY
Provides reduced-cost spaying/neutering and pet care assistance to eligible owners; pets for adoption through foster homes; dog bite prevention and pet care programs; and a 24-hour help line. (931) 648-8042, humansociety@clarksville.com or clarkvillehumansociety.org.

LOAVES AND FISHES
At 215 Foster Street, provides a hot meal Monday-Saturday 10:30 a.m. to 12:00 p.m. Also provides a distribution center for food donated to agencies that feed hungry people on Tuesday and Friday from 1:00 p.m. to 2:00 p.m. (931) 645-9020.

MANNA CAFÉ MINISTRIES
Mobile Café:
Tuesdays 5:30pm to 7:00pm, New Providence area
Wednesdays 5:30pm to 7:00pm, Lincoln Homes

Thursdays 5:30pm to 7:00pm, Veterans Plaza
Saturdays 8:30am to 10:00am, New Providence area and Veterans Plaza

Food Box Distribution:
Mondays, Wednesdays, and Fridays 10:00am to 4:00pm
1319 East Franklin Street

Manna Café Ministries
1319 East Franklin Street, Clarksville, TN
Office: 931-933-0970
Email: info@mannacafeministries.com

MEALS ON WHEELS
Mid-Cumberland Human Resource Agency provides group or home-delivered meals to individuals 60 or older. Volunteers deliver noon meal Monday-Friday. It only takes an hour of your time. Beth at (931) 645-5629.

MONTGOMERY COUNTY WIC CLINIC
300 Pageant Lane. Provides nutrition education and food vouchers for women, infants, and children (up to age five). We offer breastfeeding education, including two free monthly classes (see calendar for dates and times). (931) 551-8777.

RADICAL MISSION
Meets Tuesdays and Thursdays from 9:00 a.m. to 1:00 p.m. at Clarksville First Church of the Nazarene, 150 Riverview Road. A Compassionate Ministry Center, founded by Clarksville First Church of the Nazarene, seeks to creatively address issues of suffering and brokenness particularly pertaining to poverty and basic human needs. We provide food, clothing, furniture, volunteer opportunities, and friendship. For more information contact Heather Byrd at (931) 648-1496.

SUNCREST HOME HEALTH
Available 24 hours a day, seven days a week to answer any questions you might have to discuss how we can help your patients feel better, recover faster and live healthier in the place they call HOME. Call (931) 647-7411.

TENNESSEE REHABILITATION CENTER AT CLARKSVILLE
1575 Corporate Parkway Boulevard (past John Deere and Clayton Homes), a county/state agency, the TRC provides counseling, vocational education, program adjustment, and job placement services for graduating high school students and adults with disabilities. (931) 648-5560.

TWO RIVERS ASSOCIATION FOR THE EDUCATION OF YOUNG CHILDREN (TRAECY)
The Two Rivers Association for the Education of Young Children, TRAECY, (pronounced tray-see), is one of the fastest growing affiliates in the history of the state-wide associations. TRAECY members have a passion for young children and are committed to their education. The Tennessee Counties represented by TRAECY are Benton, Dickson, Henry, Houston, Humphreys, Montgomery and Stewart. We invite you to join us in exciting upcoming professional growth opportunities. Contact Dr. Linda A. Sifton, TRAECY President, at (931) 221-7308 or visit traecy.org.

UNITED WAY
At 1300 Madison Street, provides the leadership to increase the organized capacity of people to care for one another. Monitors and provides support for agencies serving Clarksville and Fort Campbell, as well as Montgomery, Houston and Stewart counties. (931) 647-4291.

VETERANS UPWARD BOUND
Provides free educational services to veterans who are planning to enroll in college or technical school, or to take the GED Exam. The program is funded by a grant from the U. S. Department of Education as a TRIO project. VUB provides veterans with free academic and counseling services to assure they are ready to succeed in their educational pursuits. Outprocessing military and discharged veterans may be eligible to receive services. For further information, please contact Sherita Goodrich at: 931-221-7600 or vub@apsu.edu. You can also visit our website at apsu.edu/VUB/.

COUNSELING, SUBSTANCE ABUSE & MENTAL HEALTH ALCOHOLICS ANONYMOUS
Do you or a member of your family, or perhaps a friend, have a problem with alcohol? We can help. Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem with alcohol. The only requirement for AA membership is a desire to stop drinking. There are no dues or fees for AA membership; we are self-supporting through our own contributions. AA is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy, neither endorses or opposes any cause. Our primary purpose is to stay sober and to help other alcoholics achieve sobriety. AA 24 Hour Hotline: (615) 647-831-1050. Clark Street AA Hotline: (931) 647-0255 (11:30 a.m. to 12:15 p.m.; 5:30 p.m. to 9:15 p.m.). Alamon/Alateen Family Hotline: (888) 425-2666

APTITUDE HABILITATION SERVICES
At 2237 Loves Drive, Suite G, Aptitude Habilitation Services is a comprehensive educational and rehabilitation services firm dedicated to providing the highest quality applied behavioral therapy to children and adults on the autism spectrum. (800) 991-6070 or aptitudeservices.com.

ASPERGER/AUTISM CENTER
3001 Tiny Town Road, serves children and adolescents with Asperger and Autism Disorders. Services include: individual counseling, group counseling, family education and counseling, and psychiatric services. For further information regarding our programs, please call (931) 431-7580.

BRADFORD HEALTH SERVICES

Bradford Health Services at 231 Dunbar Cave Road, Suite A, creates effective and affordable substance abuse programs through a variety of innovative services. (931) 542-9816.

CENTERSTONE

Centerstone offers a comprehensive array of mental health services throughout Middle Tennessee, addressing issues from stress, depression, ADHD and PTSD to anxiety, grief, anger, addiction, substance abuse and family conflict. We provide psychiatric services; individual, marriage, family and group counseling; crisis and intervention services; school-based and foster care support services; life coaching; integrated primary care. 511 Eighth Street, (931) 920-7200, Centerstone.org.

COLUMBUS ORGANIZATION

Provides in-home Applied Behavior Analysis (ABA Therapy) services for children and adults with Autism Spectrum Disorders and Developmental Disabilities. Tricare, TennCare, and many private insurances accepted. (615) 902-0950

HEALTH CONNECT AMERICA

At 1820 Memorial Drive, Suite 203. Offers programs that assist at-risk youth and their families facing issues such as depression, anxiety, grief, abandonment, anger management, substance abuse and family conflict. For more details on our programs please call (931) 933-7200 or visit healthconnectamerica.com.

THE FAMILY GUIDANCE TRAINING INSTITUTE

800 Tiny Town Road, committed to positively impacting the lives of our community's children, youth and their families. Family Guidance Training Institute, Inc. is a 501(c)3 licensed community mental health center and alcohol treatment facility. Offering quality, private, compassionate services to persons who seek emotional wellness. Therapeutic and psychiatric services include: assessments, individual counseling, marriage and family counseling, group counseling, supervised visitation, mental health case management, and alcohol and drug treatment and education services. For further information call (931) 431-7580.

LIFESOLUTIONS - ASPIRE & JOBLINK

611 Eighth Street, (931) 920-7210.

MENTAL HEALTH COOPERATIVE

Provides evidence-based services including: Child & Family Counseling, Child Psychiatry and Community Based Case-Management to children and adolescents with emotional/behavioral challenges. Case managers assist families in their homes with parenting and behavior management in addition to linking them to needed resources in the community. Initial intake assessments are offered within one week and at no cost. MHC welcomes TennCare recipients. Located at 201 Uffelman Drive, Suite A. For more information or to make a referral please call (931) 645-5440 or visit mhc-n.org.

PASTORAL COUNSELING CENTER

The Pastoral Counseling Center at 516 Madison Street, is a ministry of professional care dedicated to healing and growth in human life and relationships. In partnership with local congregations the centers are committed to providing clinical and education services to all who need these services. When you or someone you love is troubled by depression, marital or relationship problems, substance abuse, or a vague sense that your life is adrift, we can help. Professional support is available with fees based on your ability to pay. (931) 648-9009 or pastoralcounselingdrcs.org.

THE PATH LIFE COACHING

Through The Path Life Coaching, ThePathLifeCoaching.com, you can explore your options to move you forward to a more fulfilling and satisfying life! The Path Life Coaching is designed to promote and support you as you discover harmony and happiness along your life journey. You will be guided along "your life's Path" becoming empowered to realize your own truths and solutions as you move forward and achieve your own goals and dreams. The Path Life Coaching is based on a wellness approach to life coaching that embraces the "whole" self to include self-truth, spirituality, and emotional and physical wellness. This success of The Path Life Coaching rests on the assurance that the coaching experience is a "safe place for reflection and growth." Each session is a "rest stop" along your journey where you will embrace exploration, design, action, evaluation and achievement giving you insight and awareness as you move along the "Path" of your choosing. Please contact Dr. Julee Poole for more information at JuleeSpoolerPHD@aol.com or (931) 906-5449.

REGIONAL INTERVENTION PROGRAM (RIP)

Regional Intervention Program 404 Pageant Lane, (931) 920-2347, is a program through local mental health agency and not-for-profit organization Centerstone providing behavior modification for preschoolers 18 months through 6 years old. RIP offers a 2-hour classroom setting for children and siblings, in addition to case management for parents two times per week on Tuesdays and Thursdays. RIP currently has immediate openings for the morning program @ 10:00 a.m. to 12:00 p.m. Katrina Wats, RIP Coordinator @ (931) 494-4863, Katrina.Wats@centerstone.org.

WESTERN KENTUCKY MEDICAL OPIOID TREATMENT

Methadone Maintenance Treatment combined with counseling and professional help for medical, psychiatric, and socioeconomic issues has the highest probability of being effective for opiate and heroin addictions. Methadone is one of the longest-established, most thoroughly evaluated forms of drug treatment. Once accepted into the program, individuals will receive doses of methadone and individual counseling to address the patients specific treatment needs. Please give us a call at (270) 887-8333.

YMCA'S RESTORE MINISTRIES COUNSELING CENTER

Restore Ministries offers one-on-one, couples (including marital and pre-marital) and family counseling in addition to play therapy for children ages 3-12 years old in a safe and confidential setting. Private counseling fees are frequently out of reach for individuals with limited financial resources or no insurance. We are committed to providing professional, holistic counseling on a sliding scale so that no one is turned away due to the inability to pay. You do not have to be a member of the YMCA to seek counseling. For more information about our counseling services or to schedule an appointment, please contact Susanna Powers at (931) 647-2376 or spowers@ymcaindln.org.

INTERNATIONAL ORGANIZATIONS

MISS TENN KY AREA AFS VOLUNTEER LEADERSHIP TEAM

The above team operates locally as the volunteer arm of AFS Intercultural Programs (www.afsusa.org) which has been hosting and sending folks on international exchanges since 1947 and now partners with 90 countries. Local registered volunteers are always needed. See www.afsusa.org/volunteer-with-us.

Mini-bios are arriving weekly for the AFSers who will need loving hosts for the fall. You may view and apply to host at www.afsusa.org/host. Apply early as CMSS will only allow four (4) exchange students per local high school.

Many scholarships are available for students who wish to study abroad in 2020-21 (summer, semester and year long). To see those that will soon have deadlines go to www.afsusa.org/scholarships and study-abroad. Some of those are: 3P Full scholarships for Summer Academies in Egypt, India and Brazil, Cultural Explorer, Vaggio Italiano, Yaya a America, Latino Sakura (Japan) LGBTIQ Pride, and one locally for participants from Montgomery County for two (2) \$4,000 scholarships to study German in Germany or Austria. The deadline is March 1st, and an essay will be required. Locally, contact Susan Roberts at sroberts@afsusa.org and 515-271-3651.

Follow AFS on Facebook: AFSUSA, Twitter: afsusa, YouTube: AFSVA, and Flickr: AFSUSA.

MOM & PARENTS GROUPS

SPRING CREEK MOMS

Moms on a Mission is for moms, grandmothers, or any woman who wants to grow in the Lord, fellowship, and give back to our community by working in various mission projects. We meet at Spring Creek Baptist Church at 2760 Trenton Road. Meetings are from 9:30-11:30 with childcare provided. For a calendar of events or more information regarding MOMS look us up on Facebook at sbcmoms. We meet at Spring Creek Baptist Church at 2760 Trenton Road. Meetings are from 9:30-11:30 with childcare provided.

HILDALE BAPTIST CHURCH HOMESCHOOL MINISTRY

"CHARA" is a support group for families who have chosen to educate their children at home. We offer monthly meetings throughout the school year. Additional activities are also held throughout the year. For more information email karen.clarksvillechara@gmail.com or visit www.hilldale.org/aboutchara.

CLARKVILLE, HOPKINSVILLE FORT CAMPBELL SAHM PLAYGROUP

The Clarksville, Hopkinsville, and Ft. Campbell SAHM playgroup is here to support mothers who are navigating the phases of newborn through preschool with their children. We do all kinds of different activities throughout the year from Moms' Night Out, Potluck Lunches, Coffee and Donuts playdates, and other activities and events that include moms, kids and families. sahm.meetup.com/1943/

HOPE@HOME (HELPING OTHER PARENTS EDUCATE AT HOME)

An online Christian support group for home schooling families in the Clarksville/Montgomery County area. Members have access to info on area activities, co-ops, classes, small groups and much more. For basic information and to join visit groups.yahoo.com/group/ClarksvilleAreaHomeSchoolNews/

LA LECHE LEAGUE OF CLARKVILLE-FORT CAMPBELL

La Leche League offers mother-to-mother breastfeeding information and support in meetings and via phone and email. All breastfeeding and expectant mothers and their children are welcome to attend either or both monthly meetings! Meetings are on the first Wednesday of each month at 10:00 a.m. at Clarksville's Montgomery County Public Library in the large meeting room and also on the third Wednesday of each month at 6:00 p.m. on Fort Campbell Army Post. The evening meeting is also open to your support person. Please check our Facebook for location each month facebook.com/LLLClarkville. If you have breastfeeding questions please contact one of our local group's leaders at BreastfeedingTN@gmail.com or call (931) 444-7087.

MOMS CLUB OF CLARKVILLE

We are moms in and around Clarksville who meet-up for "play dates" and fun "mom-yom" activities. We consist of two independent clubs, based on location. If you live in Sango or St. Bethlehem areas of Clarksville (east of Wilma Rudolph), you are zoned for MOMS Club of Clarksville-East. To learn more, send an email to eastclarkvillemomsclub@gmail.com. If you live in Ft. Campbell, Woodlawn, Oak Grove, or areas of Clarksville west of Wilma Rudolph you are zoned for MOMS Club of Clarksville-West. To learn more, send an email to momsclubofclarkvillewest@gmail.com. Look for both groups on Facebook. A typical month of activities may include story time at the library, lunch at a local eatery, and a crafting play date, to name a few. Clarksville is a growing town with many family friendly activities. Contact us to explore these opportunities together.

MOPS AT FIRST BAPTIST CLARKVILLE

Meets on select Fridays every month throughout the school year from 9:15 a.m. to 12:00 p.m. at First Baptist Church downtown, 435 Madison Street. Childcare is provided for members. For more information on visiting a meeting or joining please contact Alison Weakley child care coordinator, at (931) 409-2466, or send an email to clarkvillemops@gmail.com. Check us out online at clarkvillemopsatfb.wordpress.com. We look forward to meeting you!

HILDALE BAPTIST CHURCH MOMS TO MOMS

Moms to moms is for moms of all ages, whether you're expecting or have grandchildren. We meet most 1st and 3rd Fridays from 9:30 - 11:30 am from September to May. Child care is provided from birth to 4 years of age. For more information contact Sara Turnquist or Lindsay Marlow, Co-ordinators at momstomoms@hilldale.org or visit www.hilldale.org/momstomoms.

SUPER MOMS GROUP

If you are a single mom—you are a SUPER MOM! We meet every Sunday morning at 9:45 a.m. at First Baptist Clarksville. We are a small group that does various studies on parenting, Christian growth, boundaries, dating again, and other topics! We also do monthly get-togethers, mom's nights out, and play dates for the kids. Any single moms are welcome to attend these monthly events even if you can't come to the small group on Sunday!

Please like our Facebook group to stay updated on all events: Clarksville - Super Moms. Contact Devin for more info at devin.maureen@yahoo.com.

PARENTS OF MULTIPLETS

An email support group for parents of twins, triplets and more that live in Clarksville or the surrounding area. Call Kelley Corley at (931) 358-0127 or e-mail KCole77@aol.com for more information.

PARENTS REACHING OUT

Provides peer counseling and support services. Aims at long-term preventive health care solutions to families facing the challenges of a high-risk pregnancy or having an infant or child in critical care. Call (615) 365-7004.

TNSHARE (SECULAR HOMESCHOOLERS: ANY RELIGION, ECLECTIC)

SHARE is a non-religious home school group for Clarksville and the surrounding areas. All homeschoolers are welcome to join this group, regardless of religious beliefs, race, homeschooling methods, or family lifestyles. An online support and information network is available as well as bi-monthly meetings. This group is a community in which we all play an important role in deciding and implementing the activities we want for our children. For membership information please visit: facebook.com/#!/groups/tinSharehomeschool/

TENNESSEE EARLY INTERVENTION SYSTEM (TEIS)

"Growing Together Little by Little." A voluntary educational program for families with children ages birth to three years old with disabilities or developmental delays. Visit tennessee.gov/education/teis or call (800) 852-7157.

WIC NUTRITION EDUCATION CENTER

All prenatal moms are welcome to a free preparation breastfeeding class (includes free breastfeeding information packet), 1:00 p.m. to 2:00 p.m. the third Thursday of each month at the WIC Clinic, 300 Pageant Lane. Call (931) 551-8777 for more information. No reservations needed.

RETIREMENT GROUPS

AARP LOCAL CHAPTER 1957

Meets on the 2nd Tuesday of each month at 10:00 a.m. at Hilldale United Methodist Church, 1751 Madison Street. Affiliated with the National AARP. To become a member of the local chapter you must be an active member of the national chapter. The local dues are \$5 per year. Our motto is "To Serve and Not to Be Served" in our communities. We have guest speakers monthly who reflect on services to our seniors. We welcome guests at all our meetings, and have light refreshments after each meeting. For additional information, please contact Charmist Fields, President, (931) 358-3875, charmistfields@charter.net.

NARFE CHAPTER 870, (NATIONAL ACTIVE & RETIRED FEDERAL EMPLOYEES)

The only association dedicated to protecting the earned retirement benefits of federal employees, retirees and their survivors. NARFE works on the national and state levels in Congress to propose and oppose legislation in the interest of the federal employee and retiree. Local NARFE Chapter 870 meets on the 2nd Thursday of each month at Golden Carr at 2188 Wilma Rudolph Blvd. Our meeting begins at 11:00 a.m. Even with our speaker, we are normally finished by 12:30 p.m. or 12:45 p.m. We have a private area reserved with our own waitress service. We always have an interesting program. We encourage retired or active federal employees to join us and bring a guest. For more info, please contact Sandra Simms at hismoms6551@charter.net.

SUPPORT GROUPS

ALZHEIMER'S CAREGIVERS' SUPPORT GROUP

Meetings are the second Monday of each month at 6:30 PM at Clarksville Montgomery County Public Library, and the third Wednesday of each month at 11:00 AM at Clarksville Montgomery County Public Library. Contact Rick Richmond at (931) 362-3143.

ASMT (AUTISM SOCIETY OF MIDDLE TENNESSEE)

Meets the 3rd Tuesday of every month at the Clarksville-Montgomery County Public Library at 350 Pageant Lane, Clarksville from 7:00 p.m. to 8:00 p.m. For more information contact Shelley Taroli at (931) 980-2597 or shelleytaroli@gmail.com.

AUTISM SUPPORT GROUP

Donna Richardson at (931) 503-2315.

BREAST CANCER SUPPORT GROUP

ABC (After Breast Cancer) outreach program provides survivor support through a free, comprehensive 16-week program that includes a YMCA membership, Pink Ribbon training classes, lymphedema education, and nutrition classes in a wellness-focused, caring environment. Survivors are encouraged to attend our monthly meetings held the 2nd Monday of each month. If you are going through chemo and are in need of a wig, please let us know. For more information or to sign up for the next session, contact Sherrie Lewis at (931) 647-2376 or slewis@ymcaindln.org.

CLARKVILLE ASSOCIATION FOR DOWN SYNDROME (CADSTN)

Where individuals, families and the community come together to enrich, educate and support one another. Contact Patricia Hanna at (931) 645-1261 or cadstn@hotmail.com. Visit cadstn.org.

CLARKVILLE MONTGOMERY COUNTY MULTIPLE SCLEROSIS SUPPORT GROUP

For patients, family members and caregivers in the day to day management of M.S. Activities include guest speakers, up to date medical news, advances in finding a cure for M.S., and open forum discussions. Meets the third Tuesday of each month (September through May) at 7:00 p.m. at First Christian Church, 516 Madison Street. For more information call Melba Dowdy at (931) 552-1486 or Mary Nell Wooten at (931) 647-8904.

CLARKVILLE OSTOMY SUPPORT GROUP

Clarksville Ostomy Support is for people who have undergone ileostomy, colostomy, or urostomy or who suffer from CROHN'S DISEASE or other diseases of the bowel. Group meets monthly, on a varying schedule, so please call (931) 502-5001 for next meeting day, time and location.

CLARKVILLE PARENT/CAREGIVER SUPPORT GROUP

Are you the parent or caregiver of a child exhibiting challenging behaviors? Do you sometimes have feelings of frustration, anger,

helplessness, guilt or isolation? Do you live in the Ft. Campbell/Montgomery County area? Join us at Thursday Nights, 5:00 p.m. to 7:00 p.m. at the LEAP Building, 1860 Wilma Rudolph Boulevard. Free child care and food—please call Monica to reserve child care. For more information contact: Monica Cousey at (615) 269-7751 ext. 133 or mcausey@tnvoices.org, Jennifer Allen at (615) 854-2165 or JAllen@tnvoices.org; or Sharon Jarrell at (931) 266-6064.

COMPASSIONATE FRIENDS

When a child dies, at any age, the family suffers intense pain and may feel hopeless and isolated. The Compassionate Friends provides highly personal comfort, hope, and support to every family experiencing the death of a son or a daughter, a brother or a sister, or a grandchild, and helps others better assist the grieving family. Meets the third Wednesday of each month from 6:00 p.m. to 7:30 p.m. at the Clarksville-Montgomery County Public Library, Clarksville, TN. Contact JMcGee@cf.org.

DIABETES SUPPORT GROUP

Need help managing your diabetes? Tennova's Diabetes Support Group offers up-to-date information and peer support related to self-management of diabetes. The group meets the third Tuesday of each month from 12 to 1 p.m. in the Liberty Rooms of Tennova Healthcare - Clarksville. For more information contact our Registered Dietitians at 931-502-1127

Focus autism now

Online support for parents with children and youth with Autism. We serve the community from Clarksville since 2009. Contact us for information, resources, support, advocacy and leadership tools. Hablamos Español. focusautismnow.com

GRIEF SUPPORT GROUP AT ASERACARE

A grief support group provides opportunities to connect with others who have had a similar experience and talk about the experience in a safe, supportive, and understanding environment. Remember that support groups will take several sessions to help develop coping skills and strategies to deal with one's loss(es). AseraCare Hospice offers grief support groups and individual bereavement services free of charge open to anyone who has or is experiencing grief. A new six-week support group will start every 10-12 weeks. For more information, please contact Henry Moore Jr. at (931) 551-4100.

JUVENILE DIABETES RESEARCH FOUNDATION (JDRF)

Meets the last Saturday of each month. Contact cvoiland-free@jdrf.org.

MEN HELPING MEN

A Christ-based outreach ministry which focuses on restoring and inspiring men to return to God's glory. We believe that by encouraging spiritual unity, growth and providing assistance to men in need this can be accomplished. We assist by teaching small groups, partnering with other outreach ministries and volunteering in the community. Contact us at (931) 241-1884 or (931) 249-4806.

Do you have a loved one battling a mental illness? Our monthly support group is for families and friends of the mentally ill. We encourage, support, and provide information to families. We meet monthly every third Monday at 6:30 at Tennova Healthcare (formerly known as Gateway Medical). For more information, call Karen at 931-221-2696 or look for us on Facebook at Clarksville NAMI.

PARENTS HELPING PARENTS

A bereavement support group for any person who has ever loved and lost a baby or child. You can expect compassion, support and useful information to help you through this time of grief. Held the first Monday of each month from 7:30 a.m. to 9:00 p.m. in classroom 2 off the 4th lobby at Blanchfield Army Community Hospital, Ft. Campbell. The group is open to the community. For directions or information e-mail Sharee at InternatLossProject@yahoo.com or call the chaplain's office at (270) 798-8777.

PARKINSON'S SUPPORT GROUP

Meetings are the 2nd Thursday of each month from 3:00 - 4:00 p.m. (for patients and caregivers) at the Church of Christ in Trenton Crossing, 2650 Trenton Rd. Contact: Shirley Cook at 931-368-1361 or Vennie Evans at 931-358-9668 or vennieevans@aol.com.

TENDERPAWS PET THERAPY

Tenderpaws Pet Therapy Group meets at 10:00 a.m. the first Saturday of the month in the Liberty Room of Tennova Healthcare - Clarksville. To have your pet screened call Kathy at (931) 553-8959.

YMCA'S RESTORE MINISTRIES SMALL GROUPS

Restore Ministries offers small groups led by trained and caring facilitators in a supportive environment in which people who are seeking to make similar life changes can work together to identify and overcome the barriers standing between them and lasting change. If you are having relationship difficulties, experiencing loneliness, grief, stress, sadness or just need encouragement, we can help. Our groups address all types of issues ranging from anxiety to grief to low self-esteem and body image. Restore Ministries is for everyone, guiding men and women to complete hope, healing and restoration. Most groups meet for 8 weeks. Fees are based on your ability to pay. Groups are open to both members and non-members of the YMCA. For more information or to sign up for a group, contact Susanna Powers at (931) 647-2376 or spowers@ymcaindln.org

TUESDAY OVEREATERS ANONYMOUS MEETING

Tuesday meeting, noon to 1:00 p.m. Saint Joseph Center Room #10 (Downstairs: parking behind building) For more information call: 931-257-6817
Email contact: tuesday11meeting@gmail.com

For corrections or to include your group's information e-mail: network@clarksvillelivingmag.com

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