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Publisher's note

It's hard to believe we're closing out the second year of an unprecedented pandemic. Thankfully, there seems to be a light at the end of the tunnel and hopefully a return to normalcy.

On a more festive note, surely you noticed this month's adorable cover with Barnaby the Christmas Corgi. Barnaby is the winner of our fourth annual pet cover contest. Thank you to all who entered, and please know choosing the winner was NOT easy, and we'd have them all on the cover at once if we could! We're grateful to The Cultivated Co. for capturing this magical moment that is sure to put a smile on even the Grinch's face.



Also, don't miss the chance to win \$300 CASH from Grace Dental with their Christmas Nativity Coloring Contest on page 15.

All of us at Clarksville Living wish you a merry Christmas and a safe and happy 2022. We hope you get everything you want, and especially what you need.

Carla Landtroop
 Founder & Publisher

December's find-a-word puzzle for clues about what's inside this month's issue!



Find the following words in the puzzle.
 Words are hidden → ↓ and ↘ .

- | | | |
|-------------|-----------|-----------|
| CLARKSVILLE | TRADITION | CONCERTS |
| CHRISTMAS | DONATION | THEATER |
| CORGI | BELLAS | HOLIDAY |
| SHOPPING | CLOSET | COMMUNITY |

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The opinions expressed by articles, advertisements and listings in this magazine are not necessarily the views of Clarksville Living. Reasonable care has been taken to ensure the information presented is accurate, but no responsibility can be taken by Clarksville Living Magazine if it is not.

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GET IN THE ZZZ ZONE

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You're not alone if you find yourself waking up in the middle of the night, unable to go back to sleep. Chronic sleep deprivation is bad for your health and can put you at higher risk for heart disease, diabetes and dementia.

"Sleep affects almost every tissue in our bodies," says Gregory Banks, M.D., a primary care physician at Tennova Family Medicine - Tiny Town. "It affects growth and stress hormones, our immune system, appetite, breathing, blood pressure and cardiovascular health. Research shows that lack of sleep increases the risk for obesity, heart disease and infections."

HERE ARE FIVE ROUTINES TO HELP IMPROVE YOUR SLEEP, STARTING TONIGHT:

Schedule your sleep.

Adults should sleep seven hours per night. To establish a schedule, go to sleep and wake up at the same time every morning—even on weekends and during vacations. Consider using sleep apps, smartwatches, or under-the-mattress technology to track everything from sleep stages to snoring. It could be an excellent way to see which nighttime habits work best for you.

Put down the electronics.

It is tempting to scroll social media once your kids are in bed or the workday is over, but cell phones, tablets and televisions could be keeping you awake. Electronics stimulate the brain with color, movement and melatonin-suppressing blue light. If you use devices at night, consider using night mode (red or yellow light) or blue light blocking glasses. Stop using technology at least 30 minutes before bedtime. Some healthcare providers suggest screen-free bedrooms, but if your phone doubles as your alarm clock, place your phone in "do not disturb" mode, so notifications do not interrupt your sleep cycle before morning.



Gregory Banks, M.D. Primary care physician at
Tennova Family Medicine - Tiny Town

Establish beverage cut-off times.

Though you might be dragging, put down the coffee mug at least six hours before bed. Your circadian rhythm will thank you. This is because half the caffeine in that 2 p.m. cup of coffee could still be present in your bloodstream by 7 p.m. And though it may seem like a stress-reliever, alcohol can repress REM sleep. If you indulge in a nightcap, make sure the cut-off time is three to four hours before bedtime.

Establish good exercise habits.

At least 30 minutes of moderate aerobic exercise leads to better sleep, although it is best to do it earlier in the day and not too close to bedtime. Not only can exercise reduce insomnia and sleep apnea over time, but it also starts a positive body cycle. Sleeping well at night means you are well-rested the next day and have the energy to exercise again.

Make your bedroom relaxing.

Good rest might require an investment in your environment. Consider buying a comfortable mattress to reduce back and leg pain. Beyond the bed, your room should be dark, decorated in a soothing color palette and free of clutter. In addition, make sure to set your thermostat between 60 and 72 degrees, as hot rooms can sometimes cause poor sleep. Some claim the magic number is 65. Drown out disruptive sounds with a white noise machine or app.

One of the best ways to achieve and maintain a healthy lifestyle is to be informed. That's why we've created Live Healthy— a monthly dose of health information and inspiration sent directly to your inbox. Sign up to receive Tennova Healthcare - Clarksville's e-newsletter for health and wellness information sent right to your inbox at TennovaLiveHealthy.com. 



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Your
2021
Local Holiday Gift
Guide

When you start your holiday shopping this year, remember to look into the local businesses first. Not only to support the community but also to avoid the seemingly never-ending shipping delay issues. As we do every year, we have put together a list of our favorite local stores to help you check every name off your list without ever going into a mall. Some of our favorites even offer online shopping, shipping, and curbside pickup. Here are the best places in Clarksville to find the perfect gifts this holiday.

By Taylor Lieberstein

SANGO PHARMACY:

Now, this is truly Clarksville's one-stop-shop for all things health, wellness and fun. This modern-day pharmacy is filled with some great gifts ranging from high end children's toys to a large selection of gifts for the men on your list, including the popular Duke Cannon product line.



Additionally, they carry useful gifts that are made to last such as SCOUT bags, an annual bestseller. These multipurpose bags are made with function and fashion in mind and make great gifts. They also sell the SCOUT casserole carriers in various prints.



And if you are looking for a healthy, calming gift, Sango Pharmacy has you covered. They carry CBD, Delta-8, and more by brands such as the nationally known giant Charlotte's Web as well the locally popular brand Veteran Grown.

BELLA MED SPA:

Need a gift for the beauty guru on your list? High-quality skincare is a great investment that lasts all year long. Gift and glow with Bella Med Spa. Bella has products and services to brighten everyone's holiday and skin. Bella gift cards can be purchased in-store and online.



They also offer amazing skin health products that can be wrapped up and put under the

tree. See your loved one unwrap skincare from our best-selling brands like Skin Medica, ZO, and Bella's signature KOJI C cream to rid sunspots left behind from summer.



Don't forget about getting yourself a gift yourself during this busy month; get holiday ready. A quick HydraFacial or Derma plane with a Zo stimulator peel will have you looking picture perfect for all those family photos. Glowing skin is always in.

JOURNEY'S EYE STUDIO:

This eclectic shop offers an assortment of uncommon items, one-of-a-kind treasures and rare finds that make great holiday gifts. Most products in the store are sourced from small companies including Torched Spirits

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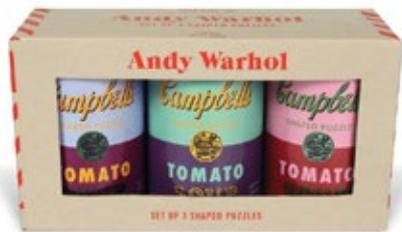


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Continued from page 8

Whiskey Candles and Secret Message morse code bracelets. a puzzle set that features three of Andy Warhol's iconic Soup Can images in soup can-shaped tins. Use the tins as decor when each puzzle is done! This is a wonderful gift for Warhol lovers, soup lovers, and puzzle lovers.

Their children's section features books



as well as interactive learning tools, Sir Cumference Math Adventures and Bricks and Mini Figures Kids Soap.

They have books by local authors and jewelry made by local artisans. InBooze Alcohol Infusion Kits make cute stocking stuffers as well as their various scented Soap on a Rope bars.

Their book selection is not to be missed



if you are buying for someone who likes to read. They have good reads that big bookstores don't carry.

EDEN DAY SPA AND SALON:

This Aveda concept salon and spa offers endless gifts and stocking stuffers as well as customized gift sets such as always popular travel trios. Give the gift of stronger, healthier hair from the inside out with an Aveda Botanical Repair gift set from Eden. The botanical repair line is derived from plants and instantly improves the look and feel of damaged hair. Naturally full brows

are very much on-trend right now. Eden Day Spa knows this, and that's why they have stocked up on Aveda's game-changing new collection, Invati Advanced, specifically the brow thickening serum. This is the gift to give or receive this year. Stop by or call and purchase one before they sell out. And as always this is the place for literal last-minute shoppers. If that's you raise your hand (mine's already up). Eden's website offers gift cards that can that be designed, printed, or emailed instantly.



MILDRED AND MABELS:

If you're looking for a store that has something for literally everyone and more, look no further. This charming shops staff loves to help curate unique gifts and help you pick out the perfect present for anyone you're shopping for.



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Continued on page 13



Merry Christmas

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Continued from page 10

have it all. Warmies, Catstudio, Capri Blue, Bella Tunno, Forge South are simply a few of the many sought-after brands that you can find in the store.

They offer curbside pickup, shipping, and gift cards. My favorite part about this downtown shop is that if you don't have time to shop, you can just walk in and tell them my boyfriend has a beard, likes to grill and lives by the lake. You give them a budget and they will curate a gift for you. Done and done.

MARYS MUSIC:

Since we are less than an hour outside of Music City, there is likely someone on your gift list that would be thrilled to get a gift card to Mary's Music or even find a capo in their stocking. New or used, they have a large inventory of musical instruments including guitars, bass guitars, keyboards, drums, violins, harmonicas, kazoos, digital pianos, amps, speakers, microphones, headphones,



and mixers. Surprise the musician on your list with a lesson to develop or brush up a skill, a gift that lasts a lifetime. Gift cards are also redeemable for private lessons.

BUFF CITY SOAP:

Fresh soaps and oils, handmade daily, make great gifts for everyone. Their products are

plant-based, meaning they are good for the skin because they do not use animal products or artificial detergents. They have soaps, shower oils, and bath bombs for men and women.

Make sure the people you love to smell like the most wonderful time of the year this holiday. Buff City has three new limited-edition scents- Holly-Day, Frosted Mint, and Perfect Poinsettia. They also carry a men's line that includes beard oils and balms. Hands down, their bestselling men's scent is Ferocious Beast, which smells like cedarwood and campfire beers. You can customize a batch of soap based on specific allergies, skin conditions, and scent preferences. Choose from over 25 scents, numerous natural ingredients, and custom gift boxes in-store or on the website.

SACER AND SAVIVE CLOTHING:

This holiday, give someone a piece of clothing that they won't find anywhere else. This local lifestyle brand supports individuality through art.

Take customization to a new level with a gift a hand-stenciled gift. Let the artists choose their own stencil, colors, and placement to make a piece of clothing as unique as the recipient. New this year, they are creating gifts for people who love their dogs the most. Send them a picture of your pet, and they will make a custom stencil and put it on a stocking, placemat, or a custom wall print.

The designers create gifts for men, women,



children, babies, and even pets. To shop custom stenciled clothing and accessories, visit them online at www.sacerandsavive.com.

They ship, and this year they are offering a special, use the code SHIPSHIPFREE at checkout for free shipping. If you would like to order from their website and pick up your gift at their studio, Artlink, in downtown Clarksville, they will wrap your gift for free.

Continued on page 14

AMARE MONTESSORI
An educational journey from the first steps to adolescence.

“Let the children be **FREE**; let them run outside when it is raining; let them remove their shoes when they find a puddle of water...”
—Maria Montessori

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Homesick candles may be one of the cutest candle lines I have ever seen. The Tennessee scented candle smells like Earl Grey tea in morning and single-malt whiskey at night. Southern magnolia mixes with lemon, patchouli, and delicate guaiac wood. Did your best friend move away? Send them a little scent that reminds them of their Tennessee home. 🦋

NATIVITY COLORING CONTEST!



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All entries must be submitted by **December 16th!**

All votes must be submitted by noon, **December 22nd!**

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aria of expertise

By Paige Eisemann

A dedicated group of music lovers and supporters have been enriching the music scene in Clarksville for years. According to their website, the Clarksville Community Concert Association (CCCA) is a non-profit 501(c)(3) organization dedicated to presenting music performances of high artistic merit in Clarksville-Montgomery County and promoting interest in and enjoyment of live concerts through community outreach and education. The CCCA concert series presents high quality artists of national and international renown in the critically acclaimed George and Sharon Mabry Concert Hall on the campus of Austin Peay State University in the Music/Mass Communication Building, Eighth and Marion streets in Clarksville, Tennessee. The CCCA concert series provides subscriber bonuses for season ticket holders, choice reserved seating, and convenient free parking. CCCA is sponsored by Center of Excellence for the Creative Arts, Tennessee Arts Commission, Latino Community Resource Center, Anne Glass, Ann Silverberg, Sampson and Gail Robinson Oturu, and David & Debbie Tipton Winters. Season offerings of the CCCA make an excellent alternative to traveling to Nashville for high quality entertainment. The current season offers a unique opportunity in January

2022, that you won't want to miss. Worldwide acclaim is nothing new for Denyce Graves, renowned mezzo-soprano opera singer. She has performed in the world's greatest opera houses and concert halls. USA Today identifies her as "an operatic superstar of the 21st Century," and the Atlanta Journal-



Mezzo Soprano, Denyce Graves

Constitution exclaims, "if the human voice has the power to move you, you will be touched by Denyce Graves." Graves appears regularly on radio and television as a performer, celebrity guest, and subject of documentaries. She has been featured on shows as varied as Sesame Street and CBS 60 Minutes. She has performed at events ranging from a memorial service for victims of 9/11 at the Washington National Cathedral, to singing at the US Capitol on September 25, 2020 as her friend Ruth Bader Ginsburg's casket was lying in state. Ginsburg was a devoted fan of opera. In 2014, a recording of We Shall Overcome arranged by composer Nolan Williams, Jr. and featuring Graves was among several works of art, including the poem A Brave and Startling Truth by Maya Angelou, sent to space on the first test flight of the spacecraft Orion.

According to her website, Denyce Graves is a native of Washington, D.C., where she attended the Duke Ellington School for the Performing Arts. She continued her education at Oberlin College Conservatory of Music and the New England Conservatory. In 1998, Graves received an honorary doctorate from Oberlin College Conservatory of Music. She was named one of the "50 Leaders of Tomorrow" by Ebony Magazine and was one



of Glamour Magazine's 1997 "Women of the Year." In 1999 WQXR Radio in New York named her as one of classical music's "Standard Bearers for the 21st Century." Denyce Graves has been invited on several occasions to perform in recital at the White House, and she provides many benefit performances for various causes special to her throughout each season. Denyce Graves has been the recipient of many awards, including the Grand Prix du Concours International de Chant de Paris, the Eleanor Steber Music Award in the Opera Columbus Vocal Competition, and a Jacobson Study Grant from the Richard Tucker Music Foundation. In 1991, she received the Grand Prix Lyrique, awarded once every three years by the Association des amis de l'opéra de Monte-Carlo, and the Marian Anderson Award, presented to her by Miss Anderson. In addition Graves has received honorary doctorates from Oberlin College, College of Saint Mary and Centre College.

On January 30, 2022 at 3PM the Clarksville Community Concert Association will host Denyce Graves in the George and Sharon Mabry Concert Hall at Austin Peay State University. The association and our community are fortunate to host such a widely acclaimed performer of this caliber. Tickets are now available for this landmark performance. Cost will be \$25 for adults, \$22.50 for seniors 65+, \$22.50 for educators and military personnel, \$5.00 for students, and free for students with

APSU identification. Season subscriptions are available for \$100, and group rates for 10 or more adults are available for \$20 per ticket. The CCCA is excited to offer this landmark opportunity to the Clarksville area.

For more information and to view the CCCA season schedule, visit clarksvillemusic.org.



Drs. George and Sharon Mabry stand in the concert hall that is named in their honor. (Photo by Beth Liggett/APSU).

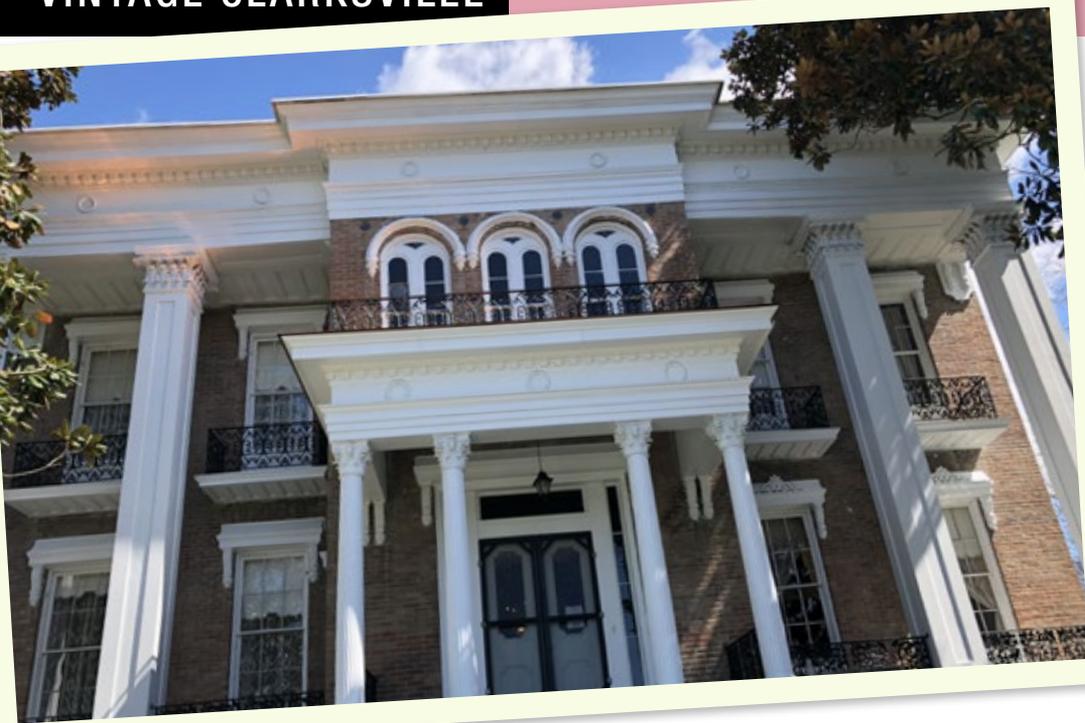
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By Paige Eisemann

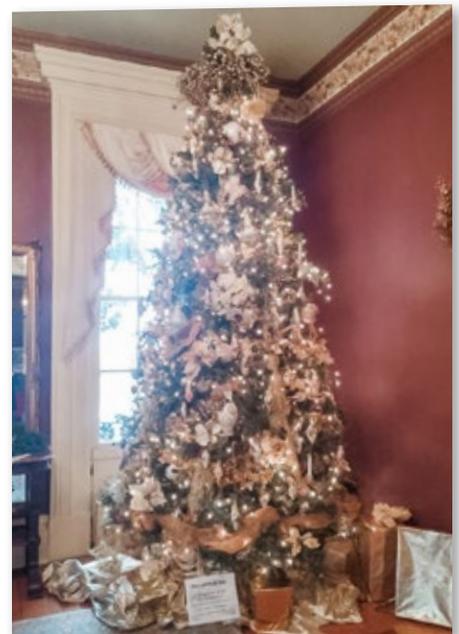
*B*uilt in 1858, the Smith Trahern Mansion stands high above the Cumberland River. Built in 1858 by wealthy tobacconist Christopher Smith, this majestic antebellum home overlooks the Cumberland River. Constructed during the troubled pre-Civil War era, the architecture reflects Greek Revival and Italianate styles. The home boasts grand hallways, jib windows, an exquisite curved staircase and a widow's walk on the roof. In 1998, the mansion was placed on the National Register of Historic Places. The home makes a beautiful setting for weddings, wedding photography and receptions. It's also available for other private event rentals.

The first time many Clarksvillians visited the mansion, however, was a visit to the annual Trees of Christmas Open House, hosted by FCE (Family and Community Education) in cooperation with the City of Clarksville. The event always drew crowds, eager to view over 20 elaborately decorated Christmas trees donated by local businesses and organizations.

The home at 101 McClure Street is well remembered for elaborate holiday displays. Many people remember the magical experience of viewing the trees and displays against the backdrop of the historic home. The event showcased the beauty of the season as well as the beauty of the architecture in a unique way that was enjoyed by all ages. One lifelong resident shared that she vividly remembered the first time she took her young daughter to view the displays, and her wide-eyed child exclaimed "It's Christmas in a real castle!"

The mansion hasn't always been the property of the city of Clarksville however. The Smith family

were its first inhabitants. History tells us that Christopher Smith passed away far downriver from his Clarksville home. Unfortunately, the vessel tasked with returning his body home exploded and he was lost to the current of the Cumberland River. Legend has it that people report seeing the ghost of his widow Lucy, pacing on the widow's walk, waiting for her husband's return. Lucy Smith died in 1905, and her grandson C. Lacy Lockert, Jr. became the home's owner. He sold it in 1919, but not much is known about the home until it was sold to the Trahern family in 1947. At that point, the home



was falling into disrepair and they restored it to its former glory. The Russel Rives family was the last to own and live in the home before the mansion was sold to the city. Now the home is overseen by Family and Community Educators; a group of women volunteers who manage the upkeep and restoration of the property. It is this dedicated group of volunteers who hosted the traditional Festival of Trees at the mansion each year.



Exploring the Montgomery County Archives yields several historic photos of Christmas at the mansion, including the Trahern family celebrating the holiday in the home they lovingly restored. The hard work of countless volunteers in creating beautiful trees year after year for the public to enjoy can be found, preserved in photographs. The beautiful mansion is not only a part of Clarksville history, but also a big part of many Clarksville Christmas memories as well. 🦋

Photos courtesy of the Montgomery County Archives.



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Tiny Homes Big Hopes

By Paige Eisemann

An eleven acre site in downtown Clarksville is undergoing a rejuvenation. In the past, the acreage at the corner of South 2nd Street and Crossland Avenue once held a shanty town of small homes. Once again, small homes are being built. This time however, they are built on a foundation of hope.

Karen Powers has a desire to help support women and children in hard places. She established Judy's Hope, whose mission is to open doors to a future and a hope for women and children as they are guided into their next step of life. On the Judy's Hope website, Karen describes her recollections of childhood. She remembers the struggles her mother Judy faced to maintain a job while caring for Karen's sister, who was a paraplegic. Numerous surgeries, hospital stays, and caring for her children meant that Judy was unable to commit to a full time work schedule, which is something many mothers face. Powers states, "We had great family support, but I remember having a fear that we would become homeless. Looking back, I see that would have never happened with my family's help that surrounded us. However, while my mom had the support that allowed us to not live in want or need, I know that many women and children do not." Seeing this need, Karen created Judy's Hope which is in honor of and named after her mother who passed away in 2013. The goal of Judy's Hope is to instill hope in the lives of women and children who need a

helping hand to secure employment, permanent housing and renewal in living their best lives. The small, Christ-centered ministry will provide a safe place for independent living while women get back on their feet. Judy's Hope will provide the opportunity to live alone or with their children in a tiny house while receiving mentorship in things such as home economics, job seeking skills, parenting and developing their personal faith. Powers says that vulnerable populations that will be served are those recovering from homelessness, aging out of state programs, or facing other social issues. According to their website, Judy's Hope believes that true change comes by addressing the physical, mental and emotional needs of each participant. In

order for them to live as strong, successful and independent women, each participant of Judy's Hope will follow a five phase program. Each phase is designed to guide our participants in developing healthy emotional and spiritual habits, as well as securing solid employment.

The site will initially include 8 tiny houses, ranging in size from 300-600 square feet. Powers hopes that the first families will be able to move in within one year. Eventually there will be 16 homes, as well as community building, a community garden, and a playground. Powers' husband Bryce, a civil engineer and the owner of



Karen Powers; Founder, Judy's Hope

Clarksville Living





A Village of Tiny Homes in Austin, Texas.

Providence Builders, will be heading up the building project. The project has already garnered firm support of the community, with nearly 80 people attending the recent groundbreaking ceremony.

Powers
re to help
women
ren in
ces."

Powers used her own life experience to address a need in our community, and through faithful support and unwavering dedication now starts to see it take shape.

Through the mission and work of Judy's Hope, women and children of our community will benefit. They will be empowered with a firm foundation toward living independently. That foundation is built on hope.

Judy's Hope.

To volunteer or donate to Judy's Hope, visit their website, www.judyshope.org and follow on Facebook for updates and news. 🦋



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DRESSED TO IMPRESS

Article & photos by
By Tony Centonze

In the tiny carriage house that sits next to the Smith-Trahern Mansion in historic downtown Clarksville, Bella's Closet has opened. Bella's Closet is a non-profit organization with the purpose of helping women in the community who need clothing, shoes, purses and other items for interviews and the first weeks of employment.

Women are provided a private shopping experience to obtain work-appropriate clothing and other items, including new under garments, and, it's all free of charge.

Carolyn Watson, Clarksville First Lady Cynthia Pitts, Faye Forsythe, Heather Fleming and others have spent about a year bringing Watson's idea for Bella's Closet to life.

Pitts and Watson explained how this all came about. "Two years ago, Carolyn and I realized the need to help struggling women dress appropriately for interviews, and then have enough clothing to get through those first weeks of employment," Pitts said. "We asked God to guide us through this process, and so we began. We now have a board of dedicated women ready to help with clothing, hair and makeup, financial planning, etc."

For Watson, memories of her own struggles as a young woman lie at the heart of Bella's

Closet's creation. "When I was younger, I worked in corporate America, where you really had to dress a certain way," Watson said. "I didn't have the money to buy all the really good stuff, so I bought what I could. I bought what was on sale. Over the years, I never forgot that. Now, we have an opportunity to do something for everyone out there, and I know how much a place like this would have helped me."

Pitts and the others began by searching for a location. At the same time, they were reaching out to organizations with whom they could partner, as well as potential donors.

"When we first started, we contacted all the

organizations we thought we could partner with, and we asked the question, how many women at some point in their life needed help like this," Pitts said. "We found that the majority of us, at some point, needed some sort of assistance. It was mind-boggling to me to see all those hands go up.

"This is not just for women who are starting a job, it's for women who are working every day, taking care of their families, putting food on the table, clothing their children, and putting themselves last in line. That's what Bella's is for, to help those women."

Watson says they

Continued on page 24



Some of the ladies who created Bella's Closet: Faye Forsythe, Carolyn Watson and Cynthia Pitts

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Bella's Closet; located at 101 McClure St. in Clarksville

opened the doors in September. It took them about a month to get set up once the location had been secured. "But, it took us a year to find a place," Watson said. "We kept reaching out to different organizations. It was a blessing when the women at Trahern Mansion gave us this opportunity, here at the carriage house."

And, in just two months, they're already outgrowing the space. Pitts says that several more racks have been donated, and that there is a storage house full of clothing items, all thanks to the generosity of this community.

"It has been so amazing," Pitts said. "We've been contacted by families, who after their mothers and grandmothers passed away, just couldn't bring themselves to let go of those personal belongings."

"I had a woman who came in wearing a size-9 shoe. The only shoes she owned were a \$9 pair from Walmart. She left here with three pairs of shoes, and she was just in tears."

But, when they heard about us, they knew, if they brought that clothing here, it would go to a purpose, and that their loved-ones would be happy that their items were serving women in the community."

The original vision for Bella's Closet involved just suits and business clothing, but has now been expanded to include skirts, pants, blouses and a variety of other things. The ladies say people are bringing in the finest of the finest, including suits by Kate Spade and other designers.

As word spreads about the work that Bella's Closet is doing, more and more people are getting involved, and in a variety of ways. While we sat with the ladies to talk about all that is happening, Elaina Russell, Jessica Dalimonte and Crystal Hambrock with the APSU College of Business came in to check out Bella's Closet for the first time.

Russell said, their hope is to start making contributions and donations to the non-profit, as well as offering some of their time. Their goal is to



Elaina Russell, Jessica Dalimonte and Crystal Hambrock with APSU's College of Business checking out Bella's Closet for the first time



Cynthia Pitts thanking Carol B.

eventually refer APSU students to Bella's Closet.

At the same time, CMC School Board Member Carol Berry came through the door with a suitcase full of items, and a promise to bring more.

Donations have been pouring in, all types of items, shoes, purses, coats, toiletries and more. And, in all sizes, from small to 4X.

"To those who are in need of these items, we're just trying to get the word out, we're here, ready and waiting," Watson said.

Pitts went on to talk about her hope that Bella's Closet will be able to partner with other non-profits and local ministries, moving forward. "We are going to partner with Judy's Hope (a tiny homes ministry that will help women get back on their feet)," Pitts said. "Bella's Closet will be able to help them and others like them in their mission(s).

"We've already helped women from the SafeHouse. We were also able to help some women who moved here from California and didn't have any warm clothing. Now, they have what they need."

There are other places where women can find items that they need, but Bella's Closet organizers want it to feel like a boutique experience. They want it to feel like you're going to the mall to shop. Thus, providing them with items they need, in a thoughtful way.

"It's interesting," Watson said. "We'll watch them come in. They'll pick one or two items and then stand there, like they don't know if it's okay to get more. So, Faye will go help them, and in the end they leave with a two or three bags full of items.."



Cynthia Pitts and Carolyn Watson talk about Bella's Closet with ladies from APSU's College of Business

Faye Forsythe is able to spend a lot of her time at Bella's Closet. She has already helped many. "It's an amazing feeling," Forsythe said. "When these women leave, sometimes I have to sit down and cry. It's a blessing to know that we've helped someone pull several things together, things they really needed. I had a woman who came in wearing a size-9 shoe. The only shoes she owned were a \$9 pair from Walmart. She left here with three pairs of shoes, and she was just in tears."

"We're happy to give them all they want to take," Watson said. "They need more than just a couple of things. They can't do laundry every day."

Bella's Closet is located at 101 McClure Street. Find them on Facebook, by calling (931) 206-1587 or by email at bellasclosetclarksville@gmail.com. Shopping is by appointment only, for individual's privacy. 🦋



Berry for her donation to Bella's Closet

Christmas Gifts THAT ROCK!

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ONGOING

DRIVE THRU CHRISTMAS LIGHTS AT CLARKSVILLE SPEEDWAY

Beginning on Tuesday night(November 23rd), and following daily through the First week of the new year (Saturday January 1st 2022), the Clarksville Speedway lights up the Christmas season!

Start a new holiday tradition with your family while enjoying over one mile, and over a Three million lights, from the comfort of your car.

Now through - Sat., Jan 1

HOURS OF OPERATION:

Sunday – Thursday
5:30pm till 9:00pm

Fridays & Saturdays
5:30pm till 10:00pm

Sunday-Saturday
Dec 27 till Jan 1st 5.30 Pm till 8PM

Admission: \$30 per car load
\$100 for Tour Bus
\$50 for Cargo Vans or more than 8 Person in a vehicle.

Be sure to look for \$5 off coupons scattered throughout Clarksville and on page 7 in Clarksville Living Magazine!

Clarksville Speedway & Fairgrounds
1600 Needmore Rd
Clarksville, TN 37040

WICKED GOOD WICKED GOOD TRIVIA. 7:00PM

Every Thur. in Downtown Clarksville is WICKED GOOD TRIVIA with host Joe Padula of The Joe Padula Show

This is not your recycled corporate trivia. This is a Game Show! It's fresh, created each week with Video, Visuals, Audio, Music and more.

Rounds include TV Shows, Music, Movies, History, Sports, Disney Crap, etc. etc. And so Extra Points earned throughout the night.

PLUS \$2 Bud Pints ALL NIGHT LONG and full kitchen open with the Wicked Good Sandwiches Menu.

605 Cumberland Dr. Clarksville, Tn.

Reserve Your Seat by direct messaging The Joe Padula's Facebook page.

Wicked Good Sandwiches
605 Cumberland Driev
Clarksville, TN

TEEN GAMING 3:00 PM

Mondays, Wednesdays, & Fridays November - December

Join us for Teen Gaming in The Loft at your local public library! Gaming days are Monday, Wednesday, and Friday from 3 PM to 5 PM

Clarksville Montgomery Co. Library
350 Pageant Ln
Clarksville, TN

ARTLINK WEEKLY PHOTOGRAPHY CLASS. EVERY Fri. 6PM - 7PM

Join us in the studio for a photography class topic based. Each week we will talk about a topic in photography that will help expand and develop your skills and interest in photography. We want to create a easier way of learning, growing and fine tuning your photography skills. Come at any level and be prepared to be elevated.

We will choose topics in photography you want to know more about and how to use your camera.

Bring the camera you will be using.

This is a weekly class. We will meet every Fri.. The cost is \$10.

This class is held at our studio

www.artlinkclarksville.com

116 Strawberry Alley
ArtLink Studios

MONTGOMERY COUNTY GYMBOREE OPEN GYM. 9AM

Where they are: We welcome all children, at all levels of development! Come explore our playscapes, for some unguided play time.

What to expect in class: Children are given free range to explore the set-ups, with their adults within a hug's reach. Let your child take the lead and run out some wiggles! Special Open Gym times will sometimes have extra activities like a no-mess art activity, a story-time or a surprise visit from Gymbo!

Benefits:

Physical: Allowing children to lead their own play offers time for them to try things repeatedly without worrying about the structure of a class, or trying something again they did in class earlier!

Cognitive: Unguided play supports early brain development.

Social: Sharing a space with mixed ages allows for children to learn and practice more sophisticated social skills and learn from their peers.

Adults: Let your little one guide their own play, which has countless benefits. Spend quality time with them doing what they love to do, and mostly run out some energy!

Gymboree Play & Music
210 Needmore Rd.
Clarksville, TN

COUNTRY QUILTERS OF CLARKSVILLE NOON TO 2:00 P.M

Join us first Mon. of each month. A great way to make new friends and have fun. Be inspired to make and learn all about quilting.

Pardue Memorial Free Will Baptist Church.

1895 Memorial Drive
Clarksville, TN.

CHRISTMAS ON THE CUMBERLAND 5:00 PM

The City of Clarksville's Christmas on the Cumberland is sure to create lasting memories this holiday season as thousands experience the captivating displays of over one million lights! Open nightly December 1, 2021 - January 2, 2022. 5:00 PM to 10:00 PM Sunday-Thursday & 5:00 PM to 11:00 PM Friday & Saturday.

McGregor Park
640 N Riverside Dr.
Clarksville, TN

FAMILY LIFE CENTER ACTIVITIES

Mon. through Fri., 5:30AM to 9:00 PM (except Wed., 5:30AM to 5:00 PM), Sat., 7:00AM to 4:00 PM This family-oriented facility sports a walking track, basketball courts, weight room, cardio deck, racquetball court, group fitness, game room, and a luxurious senior-adult social room. It is open to the entire Clarksville community and offers a variety of membership options such as walking pass member, group exercise member, and single-, couple- or family-memberships. Classes include step aerobics, sculpting, Zumba, circuit, senior fit aerobics and beginner step (all classes are \$3).

Hilldale Baptist Family Life Center
250 Old Farmers Road
hilldale.org

CORVETTES OF CLARKSVILLE 6:30PM - 7:30PM

Corvettes of Clarksvile monthly meetings to be held on the first Tuesday of every month. Great opportunity to meet other lovers and support local charities.

Corlew Chevrolet Cadillac,
722 College Street,
Clarksville, TN

HABITAT FOR HUMANITY RECYCLING OF MONTGOMERY COUNTY

Tuesday through Sat., 9:00AM to 5:00PM
Recycling Coordinator: Denny Mihalinec,
RecyclingHabitatMCTN@gmail.com. Recycling bin is located at:

Clarksville Restore
408 Madison Street
(931) 645-4242

MONTGOMERY COUNTY BEEKEEPING ASSOCIATION MEETING 7:00PM - 9:00PM

Clarksville Montgomery County Beekeeping Association (CMCBA)

<http://www.cmcb.com>

We are also on Facebook.

Our meetings are The first Sat. of every month at 10 AM. Locations have been varying due to Covid restrictions. Our next three meetings April, May, June will be held at the Dotsonville Community Center.

With the upcoming spring season it always brings the season of honeybees swarms. We definitely want to make sure that the community can connect to us and our beekeepers. And those interested in beekeeping can connect as well.

SOCIETY FOR CREATIVE ANACHRONISM

The SCA is an organization dedicated to recreating the Middle Ages as they should have been. We have feasts, medieval combat, tournaments, arts and sciences. If you have an interest in Medieval or Renaissance come join us. We have fighter practice Sun.s at 3:00 PM at Liberty Park. We meet past the fishing pond, back by the dog runs. Visit crimsonriversca.org or call Steven at (931) 542-2277.

UFO CLUB.

Shoot down your UFOs. For the quilters or sewers who have Unfinished Fabric Objects lying around. A great way to make new friends and be inspired to conquer some of your UFOs. Join us on the first Sat. of each month at 9:00AM in the classroom at Quilt and Sew. Call the Mother Ship (Quilt Shop) for further details or directions. Free and fun.

What is a UFO? An Un-Finished Object!

A UFO is anything you have started or stashed! You may have bought the kit or a pattern and fabric and just never got started on it. Or you may have started, ran out of time or encountered a problem, and put it down! As with many of our projects, it's just hard to find the time (or enthusiasm) to get back to them. So any project you've put in a drawer, the top of the closet, under the bed or on a shelf could qualify as a Un-Finished Object for this Challenge!

Just follow the directions below and come see us at the shop. "UFO Show and Tell" meetings. (270) 466-9222

Quilt and Sew
109 South Main Street
Trenton, Kentucky

FRENCH DINNER

1st Sat. of each month at 6pm at Madeleine.

Reservation Only. Enjoy a French meal with homemade courses. Bring your own wine. Call [931-378-5539](tel:931-378-5539) to reserve.

100 Strawberry Alley
Downtown Clarksville
Clarksville, TN

RECURRING EVENTS

SUNDAYS

THE NUTCRACKER - PRESENTED BY DANCE FORCE

Sunday Dec 5th & Sunday Dec
Partnering with Clarksville's "First Choice For Serious Dance Education, we bring you The Nutcracker!

Clarksville-Montgomery County Public Library
350 Pageant Ln, Ste 501
Clarksville, TN 37040

MONDAYS

TWEEN SCENE 5:00 PM

Mondays November 1st, 8th, 15th, 22nd 29th, December 6th, 13th

Join us for Teen Scene at the library on Thursday's from 4 PM to 6 PM!

Oak Grove, Kentucky
December 2021 Events to Look Forward To!

VALOR HALL CONFERENCE & EVENT CENTER'S MURDER MYSTERY DINNER

December 18th, 2021

105 Walter Garrett Lane
Oak Grove, KY. 42262

18+ ADULTS ONLY
MURDER MYSTERY THEATER SHOW
CATERED BUFFET DINNER
DOOR PRIZES
PHOTOBOOTH
DOORS OPEN AT 5PM

TICKETS AVAILABLE ON
EVENTBRITE.COM

OR  Scan Here For Tickets



Christmas in the Grove

*Join us for a Christmas Parade,
Tree Lighting and Santa's Workshop!*

December 11th 2021 | 5pm-7:30pm

*Oak Grove War Memorial Walking Trail
101 Walter Garrett Lane, Oak Grove, KY*






www.visitoakgroveky.com

Clarksville Montgomery Co. Library
350 Pageant Ln
Clarksville, TN

TURN UP WITH TAMARA – 6:30 PM

Mondays December 6th, 13th

Turn Up Dance Fitness: This dance fitness class combines elements of the Core Four: HIIT (high intensity interval training), toning, dance, and active recovery to create a high energy cardio workout that feels like a dance party!

The Studio Clarksville
495 Dunlop Ln
Clarksville, TN

TUESDAYS

DIY AT THE LIBRARY 6PM

Tuesdays December 7th, 14th

Join us on Tuesday at 6 PM in the Makerspace for a special DIY! We have a special DIY planned for each Tuesday evening. To find out what this week's DIY project is, go to <https://mcgtn.libcal.com/> and search DIY. We look forward to seeing you!

Clarksville Montgomery Co. Library
350 Pageant Ln
Clarksville, TN

TEEN SCENE 4:00 PM

Tuesdays December 7th, 14th, 21st Join us for Teen Scene at the library on Thursday's from 4 PM to 6 PM!

Clarksville Montgomery Co. Library
350 Pageant Ln
Clarksville, TN

THURSDAYS

TEEN SCENE 4:00 PM

Thursdays December 2nd, 9th, 16th, 23rd Join us for Teen Scene at the library on Thursday's from 4 PM to 6 PM!

Clarksville Montgomery Co. Library
350 Pageant Ln
Clarksville, TN

FRIDAYS

PAINT 'N SIP 6:30 PM

Fridays & Saturdays December 3rd, 4th, 10th, 11th, 17th, 18th, 24th, 25th

Art and Attitude classes are always in a relaxed, social setting. An experienced artist guides the class step-by-step through replicating each night's featured painting. The process is easy, fun and totally stress-free. All art supplies are included. Many attendees find our classes a therapeutic and convenient way to tap into their creative side. Our classes are perfect for beginners, so grab your

friends, co-workers, fly solo or plan a unique date night. BYOB (Bring Your Own Beer or Bottle of wine/champagne) to any class! Seating is limited so reserve your seats

DBO Gallery
33 Covington St.
Clarksville, TN

SATURDAYS

DISCOVERY SATURDAY! CREATE A HOLIDAY TREE ORNAMENT 1:30PM - 3:30PM

Dec 4 & 18, drop by between 1:30 – 3:30 pm | Kindergarten and above, with adult

Free with membership or paid admission | Family Art Studio

Get in the holiday spirit by creating and decorating a tree ornament using Model Magic modeling clay and all kinds of festive adornments, like holiday stickers, gemstones, sequins and sparkly ribbon.

*All parents are expected to participate with and supervise their children.

Customs House Museum
200 South Second St.
Clarksville, TN

WALKING HISTORY TOUR - 8:00 PM

Saturdays November 6th, 13th, 20th

Have fun on this entertaining historic walking tour of downtown Clarksville. Laugh and learn while getting a little exercise! You can request the ideal time for your tour. Price: \$12.00 - Plus Tax

Journey's Eye Studio
(Downtown Clarksville)
131 Franklin Street
Clarksville, TN

DECEMBER

2 THURSDAY

ART WALK CLARKSVILLE 5:00 PM

First Thursday Art Walk is a free, self-guided tour that combines visual art, live music, engaging events, and more in the heart of Downtown Clarksville. Held each month from 5 p.m. to 8 p.m. – rain or shine!

Downtown Artists Co-Op and Gallery
96 Franklin St,
Clarksville, TN

NOEL NIGHT 5:00 PM

Celebrate the holidays with fun and special discounts at Seasons: The Museum Store! Enjoy holiday treats, live entertainment, a take-home activity, the F&M Bank Huff & Puff Express Model Trains and a very special guest from the North Pole.

Customs House Museum
200 South Second St.
Clarksville, TN

3 FRIDAY

FESTIVAL OF THE NATIVITY – 4:00 PM (3RD – 5TH)

This event is free and is offered as a gift to communities including and surrounding Clarksville, TN. Featuring hundreds of nativities from around the world and music from the Cumberland Winds Brass Quintet and the Nashville Community Choir. This event encourages attendees to reflect on the humble birth and life of Jesus Christ

The Church of Jesus Christ of Latter-Day Saints
3242 Highway 41a South
Clarksville, TN

RECYCLERS HOLIDAY POTLUCK 6:00 PM – 8:00 PM

Let's have some face-to-face fellowship time, and support a small business. Bring your favorite dish to share.

1191 Fort Campbell Blvd,
Clarksville, TN 37042-

APSU CHORAL HOLIDAY DINNER & CONCERT – 7:00 PM (3RD – 4TH)

The Austin Peay State University Department of Music invites you to join us for our 12th Annual Holiday Dinner. Morgan University Center Ballroom Black Tie Optional - \$100 Reserved Seating Dear Guests - Our Holiday Dinners have included a visit from Mr. and Mrs. Claus, a jaunt Around the World, a Tennessee-themed hoedown, a Medieval dinner filled with games, a soirée in Paris and last year's virtual event. This year we celebrate our 12th Holiday Dinner back on campus. Several colorful collaborations allow you to hear music for Christmas, like a stunning setting of "Silent Night" with string quartet, Dr. Jeffrey Wood's "Ma'oz Tsur" celebrating Hanukkah, as well as "Masquerade" from Phantom of the Opera and a selection from A Little Night Music performed by Clarinet Choir. APSU Opera will be featured with several performances and Dr. Lucas Hopkins will delight us on saxophone with Dolly Parton's "Light of a Clear Blue Morning." Not only is this a musical night to remember, a great way to start the season, but it allows us to come together and continue to raise scholarships for students. We look forward to seeing you at our Masquerade. Holiday Dinner is run through the APSU Foundation and you will receive a tax-deductible donation letter above the price of the meal.

Morgan Univ. Center Ballroom,
Austin Peay State University
601 College Street
Clarksville, TN

NERF WARS 6:00PM - 8:00PM

You bring the NERF blaster and we will provide the bullets and safety goggles.

Make It Magical HOLIDAY HOURS

Sun.	Mon.	Tue.	Wed.	Thur.	Fri.	Sat.
NOV. 21 11am-6pm	22 10am-9pm	23 10am-9pm	24 10am-9pm	25 <i>Happy Thanksgiving</i> Closed	26 6am-9pm	27 9am-9pm
28 11am-6pm	29 10am-9pm	30 10am-9pm	DEC. 1 10am-9pm	2 10am-9pm	3 10am-9pm	4 10am-9pm
5 11am-6pm	6 10am-9pm	7 10am-9pm	8 10am-9pm	9 10am-9pm	10 10am-9pm	11 10am-9pm
12 11am-6pm	13 10am-9pm	14 10am-9pm	15 10am-9pm	16 10am-9pm	17 10am-10pm	18 <i>Super Saturday</i> 9am-10pm
19 9am-10pm	20 9am-10pm	21 9am-10pm	22 9am-10pm	23 9am-10pm	24 9am-6pm	25 <i>Merry Christmas</i> Closed
26 10am-9pm	27 10am-9pm	28 10am-9pm	29 10am-9pm	30 10am-9pm	31 10am-6pm	JAN. 1 10am-6pm

 GOVERNOR'S SQUARE MALL



GovernorsSquare.net • MallGiftCards.net
2801 Wilma Rudolph Blvd., Clarksville, TN 37040 • 931.552.0289

Cost:
1 hour- \$10
2 hours- \$15

To register, please click <https://app.iclasspro.com/portal/infinityct>

Infinity Cheer & Tumbling
438 Kelly Ln
Clarksville, TN 37040

DAVID STEINQUEST & FRIENDS CHRISTMAS CONCERT – 7:30 PM

The very popular David Steinquest & Friends Christmas Concert.

Tickets: epay.apsu.edu/C20023_ustores/web/product_detail.jsp

Austin Peay State University
601 College Street
Clarksville, TN

4 SATURDAY

UGLY SWEATER FUN RUN - 8:30AM

It's time to pull out your best (ugliest!) holiday sweater or crazy holiday outfit and join us for our annual Ugly Holiday Sweater Fun Run!

Join us on Dec 4 starting at 8:30 am for our untimed 2.5 mile or 1.5 Mile Fun Run.

We will start and finish this run at R.F. Sink Memorial Library in the main parking lot. We'll have a DJ on hand to help get you in the holiday running spirit!

This event is Pet friendly (leash required) and stroller friendly (note terrain may be difficult to maneuver)!

There is no pre-registration for this run, register in the morning when you arrive!

For more information, please call (270)956-1006 or (270)461-2070

RF Sink Library
38 Screaming Eagle Blvd
Fort Campbell, KY 42223

1ST ANNUAL WINTER BALL - 12:00PM-5:00PM

Come get dressed up and sparkle with us for a fabulous holiday extravaganza!!

Bubbly, Appetizers, Dinner, Comedy, Dancing, and other fabulous entertainment. We "LOVE" Christmas & and love to host a great party!!

Tickets - \$40

www.eventbrite.com/e/1st-annual-winter-ball-tickets-198000323297

Talley Event Hall
200 Harnett Court
Clarksville, TN 37042

CHRISTMAS CHARCUTERIE BOARD CLASS

3:00PM

Come Build a Christmas themed Charcuterie board and enjoy a Christmas Brew! In this class Allie from Charcuterallie will be help you make the perfect charcuterie board and give you tons of tips! With each ticket you will also get 1 drink of choice from Gladiator Brewing Co. All the ingredients will be provided so just show up and have some Holiday Fun!

TICKETS • \$45

www.eventbrite.com/e/christmas-charcuterie-board-class-with-gladiator-brewing-charcuterallie-tickets-205831476487

Gladiator Brewing Co.
214 Tiny Town Rd
Clarksville, TN 37042

TREE LIGHTING DOWNTOWN COMMONS 4:30PM

Join us to watch the annual Clarksville Christmas Parade and Tree Lighting at the Downtown Commons.

Mayor Durrett will light the Christmas tree at 4:30 p.m. with the parade beginning at 5:00 p.m. Come early to grab your seats!

Downtown Commons
215 Legion St
Clarksville, TN

PICTURES WITH BLACK SANTA AT ROTARY PARK

Rotary park
E Old Ashland City Rd
Clarksville, TN 37043

VERY VINTAGE CHRISTMAS BAZAAR 9:00AM - 8:PM

Enjoy a day of Christmas shopping with over 130 vendors and extended Holiday hours!

Warehouse Forty One
1214 College St
Clarksville, TN 37040

CLARKSVILLE MONTGOMERY COUNTY CHRISTMAS PARADE 5:00PM

The annual Christmas Parade, jointly sponsored by the City of Clarksville and Montgomery County, is held on the first Saturday in December at 5 pm.

Businesses, civic organizations, government agencies, and churches are invited to be a part of this tradition by preparing a float or driving a fun vehicle all decked out in holiday cheer!

Spectators can enjoy the parade for free anywhere along the route which begins at Austin Peay and goes through Historic Downtown Clarksville. For safety purposes, spectators are asked to please stay off the roadway during the parade.

Sign up to participate here:
<https://bit.ly/3IlgNIQ>

Downtown Clarksville

SANGO COLLECTABLES SHOW – 8:00 AM

Show is from 8-2pm Saturday. Folks this will be a opportunity to complete or fill your collection, should be lots of fun. Come out and meet fellow collectors!

Sango
3301 Sango Rd
Clarksville, TN

HOLIDAY BAZAAR VENDOR FAIR 10:00 AM

This event is open to the public. If you have any products you would like to sell, please call Marisha Suttles at (931) 645-7850.

Uffelman Estates
215 Uffelman Dr
Clarksville, TN

FAMILY FUN BOWLING DAY – 12:00 PM

International Student Exchange (ISE) will be hosting a Family Bowling Day at Skyline Lanes located at 201 Kraft Street, Clarksville, on December 4 from 12-4. ISE will be accepting applications for volunteer host families for the upcoming school semester along with providing bowling rental for families and will have current students present to share their experience.

Skyline Lanes
201 Kraft St
Clarksville, TN

CHRISTMAS CRAFT FAIR – 9:00 AM

This is a Clarksville Christmas Tradition, with over 30 Vendors, showcasing a variety of craft items! Come do your Christmas shopping with us--you're sure to find the perfect gift for each person on your shopping list! Located near downtown Clarksville, within walking distance from APSU. \$1.00 admission at the door.

Immaculate Conception Catholic Church
Preschool
740 Franklin St
Clarksville, TN

PARENT'S NIGHT OUT

Join us for the fun! Register for Parent's Night Out.

Cost: \$20

Siblings: \$10

Walk ins: \$35

To register, click <https://app.iclasspro.com/portal/infinityct>

Infinity Cheer & Tumbling
438 Kelly Ln
Clarksville, TN 37040

5 SUNDAY

ADULT PAINT CLASS - BREAKFAST AT TIFFANY'S 12:00PM - 2:00PM

Breakfast at Tiffany's anyone? Join us for this adult class to remember one of the best and most famous movies of all time!

Tickets: courtneyscreativepalette.com

Courtney's Creative Palette
94 Franklin Street
Clarksville, TN 37040

WALKING HISTORY TOUR – 1:00 PM

Have fun on this entertaining historic walking tour of downtown Clarksville. Laugh and learn while getting a little exercise! You can request the ideal time for your tour. Price: \$12.00 plus tax.

Journey's Eye
(Downtown Clarksville)
131 Franklin Street
Clarksville, TN

NATIONAL LAMPOON'S CHRISTMAS VACATION (THE MOVIE) – 2:00 PM

Planters Bank Presents... National Lampoon's Christmas Vacation! In this sequel to the two Lampoon Vacation flicks, the Griswold family host their dysfunctional relatives for the holiday as the dad (Chevy Chase) contends with spontaneously combusting Christmas lights and temperamental trees while anticipating the arrival of his annual bonus. RATING: PG-13 RUNNING TIME: 97 minutes.

Roxy Regional Theatre
100 Franklin Street
Clarksville, TN

ADULT CANVAS PAINTING CLASS - FALL WAGON 4PM - 6PM

Do you want to paint some more Fall inspired canvases!? We are one more to offer before December comes! Join us and you even get to pick your canvas size!!! \$25

Adult Classes are so fun! Bring food, wine, friends and let's have a blast!

Tickets: courtneyscreativepalette.com

Courtney's Creative Palette
94 Franklin Street
Clarksville, TN 37040

"VOYAGE OF ADVENTURE" FILM SCREENING WITH JOHN GUIDER & JEFF SELLERS 2:00PM - 4:00PM

Free with membership or paid admission | Geraldine Brame Turner Auditorium

Join exhibiting artist John Guider and the Tennessee State Museum's Director of Education Jeff Sellers for a special showing of the NPT documentary Voyage of Adventure: Retracing Donelson's Journey. An open Q&A session will follow the film.

Customs House Museum
200 S. 2nd Street
Clarksville, TN 37040

6 MONDAY CHRISTMAS CERAMICS PAINT PARTY 6:00 PM – 9:00 PM

Let's get started on Christmas ceramics! Christmas trees, snowmen, trucks and more!!

Come to the Scriptures & Sawdust in Clarksville to paint your choice of Christmas ceramics. I'll have the supplies, bisque pieces and guidance to help you create a great piece of decor. We will have a fun and fantastic time together creating something festive for your holidays! No firing of these ceramics is required, so you leave with a finished product!

Choose from Christmas Trees in 3 sizes, 11 in, 13 in. or 18 inch; lighted sleigh, snowman with gnome, nativity, small tree gnome, truck with Christmas lid, angel, Christmas gnome with gifts.

Please note, NOTHING will be shipped to you. My website automatically thinks that you are buying something that will be shipped, but it will not. I will have your bisque piece at the class on December 6th.

PRICES START AT \$37. THE PRICE IS BASED ON WHAT YOU PAINT. PLEASE BE SURE TO NOTE THE DIFFERENT PRICES BEFORE YOU CHECK OUT.

Tickets: www.getcreativewithfrances.com/product-page/december-6-paint-party-at-scriptures-and-sawdust

Scriptures & Sawdust Handmade Gifts & Decor
260 Needmore Road
Clarksville, TN 37040

APSU ORCHESTRA 7:30PM

Austin Peay State University
601 College Street
Clarksville, TN

PET PHOTOS WITH SANTA

Bring your furry friends for pictures with Santa!

All pets must be leashed.

All events are subject to change or cancellation without notice.

Governor's Square Mall
2801 Wilma Rudolph Blvd Clarksville, TN 37040

7 TUESDAY

CANDLE MAKING WORKSHOP 6:30PM - 8:30PM

We have teamed up with the talented Rachel of Elegant Country creations for a smell good time.

We will have a fun evening creating candles. You will get to create a candle from beginning to end. You can create 2 custom scented 16oz candles. We have limited spots so get your tickets today!! The cost is \$36 per person. A portion of the proceeds will be going to support Artlink's nonprofit art program.

The event cost is \$36.

Space is limited so be sure to sign up before we sell out.

Artlink Studio
116 Strawberry Alley
Clarksville, TN. 37040

10 FRIDAY

MACRAMÉ WORKSHOP 6:30 PM – 8:30 PM

You have seen it all over and wanted to create your own. You know what I'm talking about, it's macramé. The art of knots can be so beautiful. Come create an adorable macramé piece. We will gather for a fun workshop at Artlink. This will be a fun night out making something unique.

You will be guided by a macramé artisan. All supplies will be provided. Come enjoy an evening learning a new craft that you can hang on your wall for years to come. These are timeless beauties surely to make any wall beautiful.

The event cost is \$36.

Space is limited so be sure to sign up before we sell out.

Tickets: www.artlinkclarksville.com/products/macrame-workshop

Artlink Studio
116 Strawberry Alley
Clarksville, TN. 37040

"LETTERS FROM HOME" CHRISTMAS MUSICAL FREE ADMISSION 7:00PM - 8:30PM

Fri 12/10, Sat 12/11, Sun 12/12

All are welcome!

Invite your friends and family!

You'll enjoy wonderful music led by our choir & orchestra along with live drama perfect for the Christmas Season.

Admission is Free! No need to sign up, just come on in.

Childcare is available for children 4 and under. Please reserve your childcare spots online.

Hilldale Baptist Church
2001 Madison St,
Clarksville, TN

CHRISTMAS LIGHT RUN 4:30PM - 6:30PM

Experience the dazzling lights in a whole new way, at the 3rd Annual Christmas Light Run!

Saturday, December 11, 2021 | 4:30 PM - 6 PM

McGregor Park
1 Mile Event/\$15

Register here: <https://bit.ly/3IAF57z>
5K Event/\$25

Register here: <https://bit.ly/3Aykd3>
Pre-registration is required.

Registration opens October 4, 2021, and closes December 10, 2021, or until capacity is reached.

Registration on event day is allowed, but shirts are while supplies last.

The proceeds from this event will help with the purchase of new light displays for all of Clarksville to enjoy in the holiday seasons to come.

McGregor Park
640 N. Riverside
Dr. Clarksville, TN 37040

FRIDAY NIGHT KIDS DROP OFF PAINTING CLASS - OLAF 5:30PM - 8:30PM

Olaf is probably the most fun snowman we have today! Bring your kids in for our Friday night class to paint him and eat pizza!

Tickets: courtneyscreativepalette.com

Courtney's Creative Palette
94 Franklin Street
Clarksville, TN 37040

11 SATURDAY

CHRISTMAS IN THE GROVE 5:00PM - 7:30PM

Join us for our first "Christmas In the Grove" for a night full of holiday magic! The night will kick off with a Christmas Parade featuring a decorated float competition with participants from City Hall, Oak Grove Tourism, Oak Grove Community Center, local businesses & organizations and Oak Grove citizens, followed by a tree lighting lead by Santa himself. Don't forget to stop by the Oak Grove's 1800s School House's to witness it's transformation into Santa's Workshop for some cute photo opportunities, hot cocoa and some treats!

If you'd like to enter a float into the parade contest (yes, there will be a prize!), please reach out to Jackie Oliver for an entry form before the deadline, December 3rd. Jackie.oliver327@gmail.com or 270-889-4605

For any other questions and/or concerns reach out to KaDee Luebke at festivals@visitoakgroveky.com or 270.640.7144

Oak Grove War Memorial Walking Trail
101 Walter Garrett Lane Oak Grove, KY 42262

NO BAKE COOKIE PARTY!!!! 10:00AM

Join us for SWEET FUN!

Clarksville Public Library
350 Pageant Ln,
Clarksville, TN 37040

PICTURES WITH SANTA AND MRS. CLAU 12:00PM - 3:00PM

Get a Free picture with Santa and Mrs. Claus 12pm-3pm.

Cookies and drinks! Stay tuned for vendor lists and special promos!

Warehouse 41
1214 College St
Clarksville, TN 37040

PAINT A PET WITH US! 6:30PM

How it works:

1. When you register also, Email a photo of your pet to dbogallery2018@gmail.com

2. When you arrive, a sketch of your pet will be waiting for you on your canvas

3. The instructor will then walk around and help you get to a finished product.

4. This is a 3 hour class!

Art and Attitude classes are always in a relaxed, social setting. An experienced artist guides the class step-by-step through replicating each night's featured painting. The process is easy, fun and totally stress-free. All art supplies are included. Many attendees find our classes a therapeutic and convenient way to tap into their creative side.

Our classes are perfect for beginners, so grab your friends, co-workers, fly solo or plan a unique date night. BYOB (Bring Your Own Beer or Bottle of wine/champagne) to any class! Seating is limited so reserve your seats

Tickets: dbogallery.square.site

DBO Gallery
106 N. 2nd St.
Clarksville, TN 37040

CHRISTMAS ORNAMENT DECORATING 10:30AM

We will be decorating Christmas ornaments for our ladies fellowship this month! Please come out and join our craftivity!

Discover Life Church
1970 Memorial Dr.
Clarksville, TN 37043

CHRISTMAS BRUNCH AND ORNAMENT EXCHANGE 11:00AM

Join us for food, fun, and sisterhood! Bring your ornament to exchange!

P'Body's
334 Fairway Dr
Clarksville, TN 37043

ELF SPLASH – 10:00 AM

Join us at New Providence Pool for our annual Elf Splash. We will be getting ready for Christmas with ornament making, underwater tree decorating, and more holiday-themed activities with Santa. It will fill up fast, so pre-registration is required. Price: \$5.00

New Providence Pool
168 Cunningham Lane
Clarksville, TN

A 19TH CENTURY CHRISTMAS – 2:00 PM

Fort Defiance will host "A 19th Century Christmas", a historical afternoon Christmas party! Visitors will be able to step back in time and create period decorations, visit with a 19th century Santa, decorate the tree, and enjoy eggnog, cakes, caroling, and more! (This event will be outside again this year.)

Fort Defiance Civil War park and Interpretive Center
120 Duncan St
Clarksville, TN

PICTURES AT DOWNTON COMMONS WITH BLACK SANTA 10:00AM - 1:00PM

Come get a pic with the Big Guy, photography provided by Jasmine Jones Photography.

Downtown Commons
215 Legion St.
Clarksville, TN

THE NUTCRACKER WITH THE GATEWAY CHAMBER ORCHESTRA – 7:30 PM (11TH – 12TH)

The Gateway Chamber Orchestra is excited to announce our return to the stage as we present Nutcracker: the Tchaikovsky favorite with a Duke Ellington twist featuring special guest artists from Nashville Ballet. The concert will be held at the Mabry Concert Hall on Saturday, December 11 at 7:30 pm and Sunday, December 12 Matinee at 3:00 pm. A Sugar Plum Party with sweet treats and photo opportunity with the Sugar Plum Fairy will follow the Sunday Matinee. In order to respect social distancing protocols, we have adapted our ticket purchase platform. Therefore, seating will be limited. Visit our website at gatewaychamberorchestra.com for concert details and to purchase tickets.

George and Sharon Mabry
Concert Hall
601 College Street
Austin Peay State University's Department of Music
Clarksville, TN

CHRISTMAS AT HOGWARTS - A HARRY POTTER EXPERIENCE 10:00AM - 5:00PM

Scriptures & Sawdust Handmade Gifts & Decor
260 Needmore Road
Clarksville, TN 37040

12 SUNDAY

YOUTH PAINT CLASS

Ages 7-16

TicketsL dbogallery.square.site

DBO Gallery
106 N. 2nd St.
Clarksville, TN 37040

ME AND MINE CANVAS CLASS - HOT COCOA 12:00PM

Fun classes for parents and their little ones to do together are!

Tickets:

courtneyscreativepalette.com/classes

Courtney's Creative Palette
94 Franklin Street
Clarksville, TN 37040

ADULT CANVAS CLASS - THE GRINCH
3:00PM - 5:00PM

The Grinch has been in our lives for so long we wanted to give him tribute by making this fun canvas for the holidays! Join us for some heart-growing painting fun!

Adult Classes are so fun! Bring food, wine, friends and let's have a blast!

Tickets: courtneyscreativepalette.com

Courtney's Creative Palette
94 Franklin Street
Clarksville, TN 37040

THE SANTA CLAUSE (THE MOVIE) - 6:00 PM

Scott Calvin (Tim Allen) is a divorced father whose strained relationship with his son, Charlie, begins to mend only after a bizarre twist of fate transforms him into the new Santa. When the current Mr. Claus falls off the roof on Christmas Eve, Scott dons Santa's suit, and he and his son are whisked off to the North Pole. There he meets Bernard, the head elf, who tells him about the Clause, a contract stating that whoever puts on the Santa suit must also take on all the responsibilities that go with the position. Scott isn't too thrilled about his sudden career change, but Charlie is overjoyed. **RATING: PG RUNNING TIME: 97 minutes**

Roxy Regional Theatre
100 Franklin Street
Clarksville, TN

RED RIVER BREEZE: A CELTIC CHRISTMAS RETURNS!
2:00PM

Enjoy traditional holiday tunes and carols performed by Clarksville's own acoustic Celtic band, featuring Stephanie Taylor on hammered dulcimer, concertina and recorders; Melanie Beck on fiddle; Michaela Allemand on Irish flute and whistle; Toby Sooter on cello and vocals; David Magers on guitar, hammered dulcimer and vocals; Nate Wojciechowski on djembe and hammered dulcimer; and Grace Cantrell on bodhran, bowed psaltery and guitar.

Red River Breeze and special guests will play old favorites as well as new arrangements of ancient carols. Expect some special surprises as well!

Copies of Red River Breeze's recordings will be available for purchase during intermission and following the performance. Previous year's concerts sold out quickly ... so get your tickets early!

HEALTH AND SAFETY PRECAUTIONS: Facial coverings masking the nose and mouth are **REQUIRED** inside the Roxy Regional Theatre (except when actively eating or drinking) for everyone, regardless of vaccination status. The Roxy Regional Theatre reserves the right to change this COVID-19 policy at any time and will communicate any necessary changes electronically or in person.

Tickets \$15

(plus ticketing operation fee)

TICKETS: ci.ovationtix.com/36087/performance/10893949

Roxy Regional Theatre
100 Franklin Street
Clarksville, TN

GERMAN CHRISTMAS SERVICE - 6:00 PM

Our annual German Christmas service will take Sunday, December 12, at 6pm. Our guest speaker will be Pastor James Dannell, a pastor and professor of German and history and also Academic Dean at Martin Luther College in New Ulm, MN.

Beautiful Savior Lutheran Church
2526 Whitfield Rd.
Clarksville, TN

13 SUNDAY CHRISTMAS CERAMICS PAINT PARTY
6:00 PM - 9:00 PM

Let's get started on Christmas ceramics! Christmas trees, snowmen, trucks and more!!

Come to the Scriptures & Sawdust in Clarksville to paint your choice of Christmas ceramics. I'll have the supplies, bisque pieces and guidance to help you create a great piece of decor. We will have a fun and fantastic time together creating something festive for your holidays! No firing of these ceramics is required, so you leave with a finished product!

Choose from Christmas Trees in 3 sizes, 11 in, 13 in. or 18 inch; lighted sleigh, snowman with gnome, nativity, small tree gnome, truck with Christmas lid, angel, Christmas gnome with gifts.

Please note, **NOTHING** will be shipped to you. My website automatically thinks that you are buying something that will be shipped, but it will not. I will have your bisque piece at the class on December 6th.

PRICES START AT \$37. THE PRICE IS BASED ON WHAT YOU PAINT. PLEASE BE SURE TO NOTE THE DIFFERENT PRICES BEFORE YOU CHECK OUT.

Tickets: www.getcreativewithfrances.com/product-page/december-6-paint-party-at-scriptures-and-sawdust

Scriptures & Sawdust Handmade Gifts & Decor
260 Needmore Road
Clarksville, TN 37040

14 TUESDAY PAINT AND SIP @ YADA - 6:30 PM

The second Tuesday of every month DBO's Creative Circle collaborate with Yada on Franklin to provide an awesome night of painting with a different atmosphere. Still the same great relax feel just a change of venue. We provide the fun and creativity, they'll provide the food and drinks. Definitely, a Win-Win, Come check it out!

Yada on Franklin
111 Franklin Street
Clarksville, TN

15 WEDNESDAY

PUPPY PLAY WEDNESDAY - 6:00 PM

Bring your puppies for puppy play a safe place to socialize your puppies!!! All puppies ages 10-20 weeks are welcome!!! Learn about appropriate play and how to safely socialize your pups who have not completed all vaccines!!! \$20.00 —1 hour of play and socialization with trainers present

Sango Veterinary Clinic
102 Country Ln
Clarksville, TN

COMPANY CABARET: HOLIDAY HITS
7:00PM - 9:00PM

Join us for a special night of music and entertainment, featuring our company of professional actors who come to us from all over the country. Musical selections will vary from musical-theatre to contemporary music, classic-standards to holiday tunes.

Be sure to check out our Facebook page and website for additional information about each cabaret!

Tickets: \$25.00/person

Roxy Regional Theatre
100 Franklin Street
Clarksville, TN

18 SATURDAY

MURDER MYSTERY DINNER THEATER SHOW: A CHRISTMAS CAROL - 5:00PM

Riddlesbrood Touring Theater Group is back again! Come join us for Charles Dicken's immortal tale of Ebenezer Scrooge! Relive the magic as the worldly miser becomes transformed by the powers of the world beyond (With, of course, a comic twist!). We've decked the halls with your favorite holiday music, sparkling sets, and special effects tied together by a high-spirited cast dressed in lavish costumes to bring this tale of 19th century London to life. And to add to the merriment we've added a dollop of humor sure to tickle a smile from the crotchety old Scrooge himself. So make your reservations now for "A Christmas Carol."

Tickets on Sale November 1st! Tickets include the dinner theater show, a catered buffet meal, door prizes and photo booth.

Photobooth provided by: We Bring The Party

Professionally Catered Buffet-Style Dinner Included: We are unfortunately not able to accommodate for special dietary needs but still welcome you to enjoy the show!

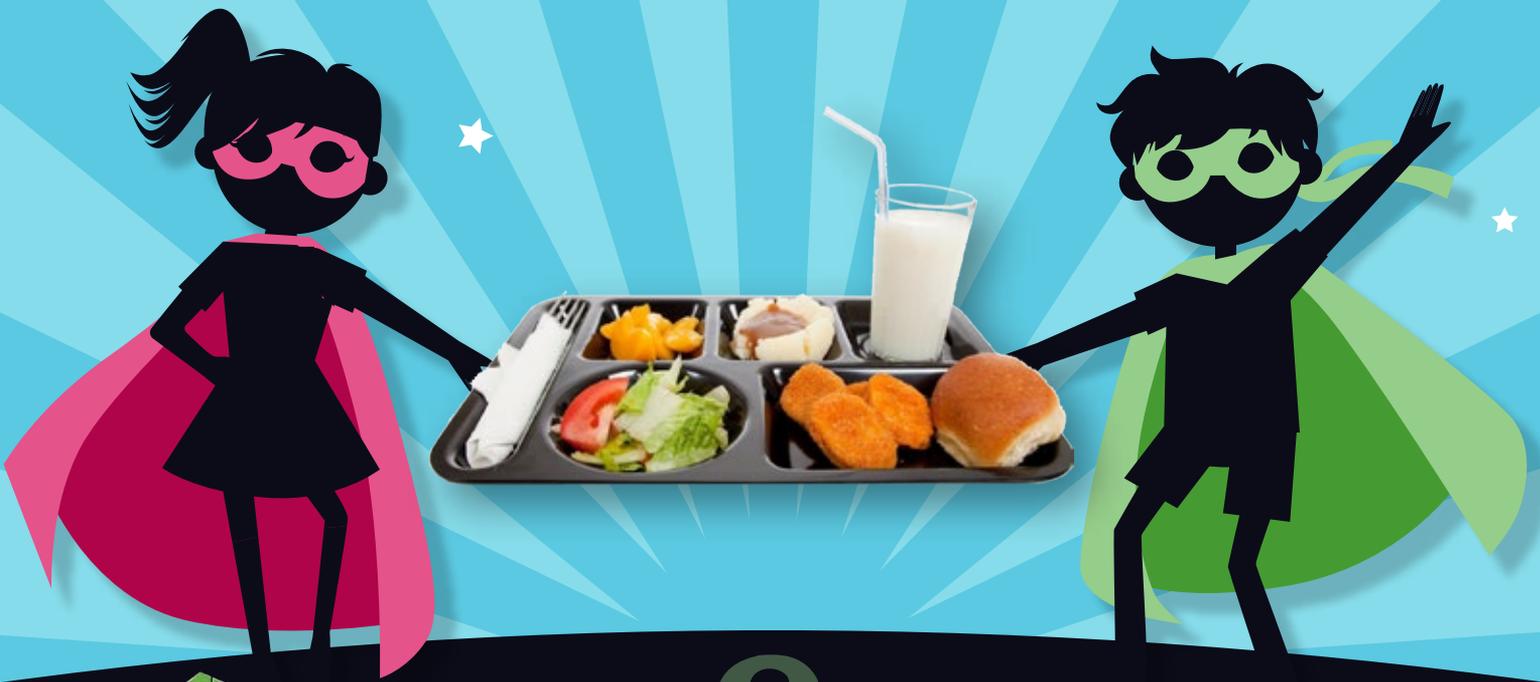
Age Restrictions: 18+ to attend. Please bring ID for purchase of alcoholic beverages (21+ only of course)

Attire: While we encourage the dress of costumes and semi-formal attire, it is not required.

- Timeline: Doors Open at 5 pm
- Buffet Line Starts at 6 pm
- Show Begins at 7 pm
- Show Ends at 8:45 pm

BE A HERO!

HELP WIPE OUT STUDENT LUNCH DEBT!



**Education
Foundation**
CLARKSVILLE-MONTGOMERY COUNTY



CLARKSVILLE
Life, Community, Home & Health in Clarksville, Ft. Campbell & Beyond **LIVING**

We invite you to donate to Clarksville Living Magazine's charity of choice:
The CMCSS Education Foundation Lunch Fund
to help pay down student lunch debt!

To donate to this amazing cause, visit:
bit.ly/LunchDebtDonations

All payments are securely processed via Bloomerang.
Please email us at robin.burton@cmcss.net with any questions.

*** Actors will join the crowd for pictures and conversations after the show.

Refunds: All ticket sales are final with the exception of a government mandated cancellation.

Online ticket sales only. Tickets will not be available at the door.

For questions/concerns please reach out to KaDee Luebke at events@visitoakgroveky.com

Tickets - \$40 - \$400

www.eventbrite.com/e/murder-mystery-dinner-show-a-christmas-carol-tickets-189883646097

Valor Hall Conference & Event Center
105 Walter Garrett Ln.,
Oak Grove, KY

IT'S A WONDERFUL LIFE (THE MOVIE) - 8:00 PM

In Frank Capra's classic holiday comedy/drama, an angel (Henry Travers) helps a compassionate but despairingly frustrated businessman, George Bailey (Jimmy Stewart), by showing what life would have been like if he never existed. George starts to realize how many lives he has changed and impacted, and how they would be different if he was never there. RATING: PG RUNNING TIME: 130 minutes.

Roxy Regional Theatre
100 Franklin Street
Clarksville, TN

TVBC ANNUAL UGLY CHRISTMAS SWEATER PARTY

Dust off that ugliest, most inappropriate sweater for a chance to win some prizes!!! Beer specials all night and a grazing tray will be provided

Tennessee Valley Brewing Co.
2088 Lowes Dr,
Clarksville, TN 37040

ORNAMENT PAINT POUR DOOR HANGER 5:00PM - 7:00PM

Holidays are coming and decorating for the holidays is always the best! We are getting ready to pour on these awesome wood door hangers and create beautiful ornaments! This is a fun event! You are welcome to choose any colors you want for your ornament!

Tickets: courtneyscreativepalette.com

Courtney's Creative Palette
94 Franklin Street
Clarksville, TN 37040

KWANZAA CELEBRATION 11:00 AM

We are celebrating Kwanzaa at the Kleeman Recreation Center! Join us on December 18th as we enjoy a meal together, promote the culture, and have gift giving! This program is free with a center membership and preregistration is required. Kwanzaa is a week-long celebration held in the United States that honors African heritage in African-American culture. Kwanzaa is observed from December 26th to January 1st and culminates in gift-giving and a big feast.

Kleeman Rec Center
166 Cunningham Lane
Clarksville, TN

19 SUNDAY

BRUNCH WITH SANTA 9 AM - 2 PM

Santa Claus is coming to town! And you can meet him while enjoying a great brunch experience with Miss Lucille's!

Our beautiful farm tables will be set up in The Belle Hollow and brunch will be buffet-style. To capture memories, The Big Man in Red will be available to take complimentary photos with your own devices! Don't forget your Christmas list!

There will be a mimosa and wine cash bar available.

TICKETS: \$20 for adults + \$12 for kids (age 2 and under free, but must reserve a space when purchasing tickets)

TICKETS WILL NOT BE AVAILABLE AT THE DOOR AND WE SELL OUT PRIOR TO EVENT!

Brunch will include:

- breakfast buffet
- waffle station
- meat-carving station
- + mimosa/wine cash bar

Tickets: brunchwithsanta2021.eventbrite.com

The Belle Hollow
2231 Madison Street Clarksville, TN 37043

SOUND AND SOUL SUNDAYS - 7:00 PM

Join us for this free guitar-driven music workshop for all levels. Discover music through the strings of a guitar. We have electric and acoustic guitars available for use, as well as electric drums, keys, ukuleles, a mandolin, or bring your own. This workshop is FREE! Space is limited though so be sure to sign up to secure your spot.

ArtLink Studio
116 Strawberry Alley
Clarksville, TN

24 FRIDAY

CHRISTMAS EVE AT LIFEPOINT 11:00AM

Join us for Christmas at LifePoint Church! We have Christmas Eve services at 11am, 1pm, and 3pm. Make plans to bring your family and celebrate Christmas Eve with us!

LifePoint Church
1915 Rossvie Rd.
Clarksville, TN 37043

ADULT CANVAS CLASS - NUTCRACKER

The holidays are almost here and we love nutcrackers to give our holiday decorations that special little something! Come paint your own nutcracker with us!

Tickets: courtneyscreativepalette.com

Courtney's Creative Palette +
94 Franklin St
Clarksville, TN

31 FRIDAY

"NOON" YEAR'S EVE PARTY 2:00PM - 5:00PM

All the fun of staying up until midnight without needing to stay up late! This event is from 2-5pm. Our Midnight countdown and balloon drop is at 4pm. Don't miss all the fun, games, prizes, and excitement of NYE at Magic Wheels!

Among the prizes given away in the balloon drop will be a Free Birthday Party, a Free Pair of Skates (up to \$125), and Free Skating for a Year!

Admission is \$13.50 and includes Skating, Skate Rental, and Amazing Playground (ages 10 and under).

Free admission for supervising adults who are bringing in children. All others must pay admission. All children ages 15 and under must be supervised by an adult ages 21+ during their entire visit.

Advance tickets are not available for this event. Everyone pays at the door.

No passes or coupons.

Perfect for ages 10 and under!

Magic Wheels Fun Center
1671 Fort Campbell Blvd
Clarksville, TN 37042

NEW YEAR'S EVE SKATING CELEBRATION 7:00PM - 10:00PM

Ring in the New Year a couple hours early with Magic Wheels! This event is from 7-10pm. Our Midnight countdown and balloon drop is at 9pm. Don't miss all the fun, games, prizes, and excitement of NYE at Magic Wheels!

Among the prizes given away in the balloon drop will be a Free Birthday Party, a Free Pair of Skates (up to \$125), and Free Skating for a Year!

Admission is \$15.50 and includes Skating, Skate Rental, and Amazing Playground (ages 10 and under).

Free admission for supervising adults who are bringing in children. All others must pay admission. All children ages 15 and under must be supervised by an adult ages 21+ during their entire visit.

Advance tickets are not available for this event. Everyone pays at the door. No passes or coupons.

Magic Wheels Fun Center
1671 Fort Campbell Blvd
Clarksville, TN 37042

Submit your event to
events@clarksvillelivingmag.com

by the 15th of the month
for the next issue.

ADOPTION & FOSTER CARE

CAMELOT CARE
Located at 2233 Stokes Road, Suite A, we are a therapeutic foster care provider servicing children, adolescents, and their families in the state of Tennessee. For more information on how to become a foster parent please call Karen Pinkett at 931-217-3813 or email karen.pinkett@pathways.com.

CENTERSTONE

Family Centered Services
Serves children and adolescents up to the age of 17. 901 Martin Street, (931) 503-4600.

CLARKSVILLE FAMILY ADOPTION ASSOCIATION
Bringing families and individuals together that have been impacted by adoption, providing support for prospective families and keeping members educated about the needs of adopted children. Events include information meetings, drop in play dates for families with young children, fun days for adopted teens, fun family time and various celebrations throughout the year. Attendance at each event is optional. No commitment. For more information call/text Jaimee at (931) 980-8498. To be added to the contact list, please send your e-mail address and/or phone number to CFAA@outlook.com.

CARING CHOICES OF CATHOLIC CHARITIES
1905 Madison Street, is a Tennessee state licensed child-placing agency providing supportive professional counseling services to those experiencing an unplanned pregnancy. Open Monday, Thursday and Friday from 10:00 a.m. to 2:00 p.m. or by appointment. Deasree Williams: (931) 645-9969 or dwilliams@cctenn.org.

OAK PLAINS ACADEMY

1751 Oak Plains Road, Ashland City. We serve children of all ages with therapeutic services, and have several foster homes in Clarksville. Karen Henderlight, (931) 362-4723, karen.henderlight@uhsinc.com.

OMNI VISIONS INCORPORATED

Every child deserves to be a member of a healthy and supportive family. Omni Visions, Inc. provides therapeutic Foster Care, a home-based program for children who are in state custody and need support, supervision, and personal intervention. The qualifications are simple: May be married, single or divorced; May or may not have other children; Can own your home or rent; Must be at least 25 years old to become a foster parent; Must be able to meet the financial and emotional needs of your own family; Can work full-time; Must be a resident of the U.S. How do you become a foster parent? The first step is to contact our office. Our phone number is (931) 436-9310 or visit omnivisions.com.

YOUTH VILLAGES

A private nonprofit organization dedicated to helping emotionally and behaviorally troubled children and their families live successfully through innovative, research-based programs. 651 Stowe Court; contact Jennifer Kessler at (931) 552-5260, jennifer.kessler@youthvillages.org or visit www.youthvillages.org.

ARTS, CRAFTS & HOBBIES

CLARKSVILLE AJAX TURNER SENIOR CENTER
953 Clark St. Clarksville, TN
(931)-648-1345

We are a non-profit senior activities center. There are a wide variety of programs and activities for seniors age 50 and above. Educational activities such as ceramics, coloring, and quilting classes. We have a card room, billiards room, Wii bowling, exercise room and more. Our Senior Circle of Friends adult daycare room is available for seniors needing extra care during the day. We hold weekly dance, seminars, bible study. We are currently providing free tax preparation for seniors with a fixed income. For information contact Diana Akin or Dan Blair @ (931)-648-1345

CLARKSVILLE MODEL RAILROAD CLUB

Located in the basement at 420 Madison St. We meet on Monday nights at 6:30 p.m. We play with trains. We are rebuilding our layout and are encouraging any and all who are interested in learning to build a model railroad layout. We are encouraging anyone of any age to come and participate in some great fun which we started to do when we were young. For further information see our Facebook page or call (931) 216-5351.

COMMUNITY SCHOOL OF THE ARTS AT APSU
The Community School of the Arts (CSA) at APSU is now under the management of the Center of Excellence for the Creative Arts (CECA, or "seek-ah"). Established in 1990, the CSA offers a variety of classes for children and adults, from beginning to advanced levels, in the areas of dance, theatre, music, creative writing, and visual art. Over 20 courses are offered per semester, such as digital SLR photography, drawing, painting, ceramics, children's choir, ukulele, music play for toddlers, ballet, modern dance, fiction writing, and improvisational acting. These classes inspire students of all ages to get involved in the arts

in an affordable, friendly environment. For more information, call 931-221-7876, visit www.apsu.edu/ceca/csa, or email csa@apsu.edu.

MADISON STREET MUSIC & ARTS ACADEMY
Offers music and art classes as well as private lessons for both children and adults. Classes include Kindermusik for infants-age 7, Kinderart for pre-schoolers, Musical Theatre for middle and high school students, and Photography and/or Scrapbooking for teens and adults. Private music lessons are available for voice and most instruments, including the impressive pipe organ at Madison Street United Methodist Church. Lessons are available at reduced rates for families who qualify for the school lunch program, and scholarships are available for outstanding music students. For more information, contact Abigail Haake at (931) 278-7921 or abby@madisonstreetumc.com, or visit our website at madisonstreetumc.org and find us on Facebook (Madison Street Music & Arts Academy)!

MONTGOMERY COUNTY WATERGARDEN SOCIETY
A not for profit water garden and koi pond club that hosts an annual Water Garden Tour. Visit www.mcwgs.org, if you would like more information regarding who we are and what we do or contact Linda VanMaanen at (931) 368-1636 or Linda Westfall at (931) 648-6350.

WARIOTO AUDUBON SOCIETY

A chapter of the National Audubon Society. The mission is to conserve and restore natural ecosystems, focusing on birds, other wildlife and their habitats for the benefit of humanity and the earth's biological diversity. We connect our community to nature through events, hikes and talks.

Meetings are on the 1st Thursday of March, May, September and December at the Clarksville-Montgomery County Library at 6 p.m. with a speaker and refreshments. The program is free and open to the public.

We offer monthly birding field trips from September - May.

Find us on Facebook: Warioto Audubon Facebook Page

ATHLETICS

BUDDY BALL SPECIAL NEEDS ATHLETIC LEAGUE
Buddy Ball provides individuals with a mental or physical disability the opportunity to play sports, regardless of their limitations. Buddy Ball helps individuals learn teamwork and promotes self-esteem, one of the tools needed to help overcome the stigma often associated with a disability. The Buddy Ball league is aware of the extra expenses on the families of disabled children. Because of this, Buddy Ball does not charge any fees to participate. We rely entirely on private donations to operate. (931) 624-7253 or www.buddyball.net.

CANINE FLYBALL CLUB

The Queen City Road Runners meet most Sunday afternoons at their indoor training facility (call in advance for times). Private lessons also available. Flyball is a fun family sport where a relay team of four dogs races another team, jumping a series of four hurdles, trigger a spring loaded box to release a tennis ball, and race back to the handler. The Road Runners Club teaches the sport using a positive approach, emphasizing the human/canine bond. Family members of all ages welcome. The sport is open to any breed. Call (931) 220-4907, email icflyball@hotmail.com, or visit www.flyballdogs.com/qcrr for more information about this exciting canine sport.

CLARKSVILLE BADMINTON CLUB

The Clarksville Badminton Club offers indoor recreational badminton to anyone Ages 15+, novice or experienced players are welcome. We provide both rackets and shuttles...no fees! Our times and locations of play are as follows: Tuesday mornings: 8:00 a.m. to 10:30 a.m. at Sango United Methodist Church Life Center, 3301 Sango Rd; Contact Kim Leavelle at 436-1028 if you need more info.

CLARKSVILLE IMPACT SOCCER CLUB

Involves participation of children ages 5-18 in youth sports, specifically soccer. Impact is a non-profit organization trying to provide opportunities to our youth. (931) 358-4926, info@clarksvilleimpact.us or clarksvilleimpact.us.

CLARKSVILLE TENNIS ASSOCIATION

Open to all who love tennis. A great group of people who bend over backwards to provide fun tennis tournaments and matches for people who are competitive or just play for fun. We encourage all levels and age groups. The President is Preston Howle and he can be reached at PrHowle@aol.com for all who are interested. Visit clarksvilletennis.usta.com.

CLARKSVILLE VOLLEYBALL CLUB

Located at 2231 Madison Street, we provide Volleyball training for all ages. Clarksville Volleyball Club offers training for all levels of volleyball beginner to advanced. Ages 7 and up. Club, clinics, camps and private lessons available.

For more information visit JGvolleyball.com, email Director Jen Garinger at jeng917@hotmail.com or call Jen at (602) 741-8045.

EMMANUEL FAMILY LIFE CENTER

303 Fairview Lane. Open 8:00 a.m. to 8:00 p.m. Monday, Tuesday, Thursday and Friday; 8:00 a.m. to 4:00 p.m. Wednesday; and 8:00 a.m. to 2:00 p.m. Saturday. Open to the public with gym, walk track, weight room, aerobics, boot camp, Zumba, r&b line dancing, cafe, dining room, meeting rooms, and more. Visit clarksvillefamilycenter.org or call (931) 647-4341.

TEAM CLARKSVILLE YOUTH WRESTLING

The Team Clarksville Wrestling Club is accepting new members. We're a competitive club serving youth in elementary school through middle school. For more information contact David Isbell at (719) 494-6685 or email at isbell_dave@yahoo.com.

THUNDERBOLT AQUATICS SWIM CLUB

We are a Fort Campbell based competitive swim team open to non-military families. For more information please visit thunderboltaquatics.com call (270) 226-8421 or e-mail thunderboltcoach@gmail.com. All participants must pass a swim test.

WARRIORS SPECIAL NEEDS CHEERLEADING

A competition cheerleading squad for children with special needs and disabilities or handicaps. We give kids a chance to cheer year around in a competitive setting, but where they will not be judged. We welcome children ages four to 18. For more information call Michelle Lange at (931) 217-2392 or e-mail warrriorscheersquad@yahoo.com.

CHILD CARE

CHILD CARE AWARE

Child Care Aware is a non-profit initiative committed to helping parents find the best information on locating quality childcare and childcare resources in their community. The website offers lots of tips on choosing a child care provider, lots of free publications for parents, local child care rates and a Child Care Options Calculator. childcareaware.org.

MID-CUMBERLAND CHILDCARE RESOURCE AND REFERRAL

At 128 North Second Street, Suite 206, provides assistance to parents in understanding how to select quality child care, how to use the state web site to locate child care, and to understand the star quality rating system. Resources for Parents are available covering topics such as Child Development, Appropriate Behavior Management, Health and Safety, and the Social Emotional Development of Children. Contact number is (931) 648-3695.

PARENT INFORMATION NETWORK

Parents working to keep parents informed about issues that affect the community, education and our schools via a subscriber e-mail network, clarksvillepin.net.

PROGRESSIVE DIRECTIONS

At 1249 Paradise Hill Road, provides services to developmentally delayed children and adults. (931) 647-6333 or progressivedirections.com.

Tennessee Nutrition & Consumer Education Program (TNCEP)

Provides nutrition education programs that help limited-resource individuals and their families improve their diets. When you participate in TNCEP programs, you will learn: how to stretch your food dollars, how to prepare good and nutritious food, how to plan a balanced diet, how to get kids to eat nutritious food, the importance of a good diet and physical activity, and how to use a variety of foods. TNCEP delivers programs in many ways, including: school programs, food demonstrations, group classes, hands-on learning experiences, educational displays, handouts, and newsletters. For more information contact Tamara Adjei at (931) 648-5725 or tadjei@utk.edu.

CHILD PROTECTION & DOMESTIC CRISIS SERVICES

AL-ANON & ALATEEN

Support for families of alcoholics. Call for more information and meeting times. Grace Lutheran Church, 2041 Madison Street, Joyce at (931) 358-9515; or Ajax Senior Citizens Building, 953 Clark Street, Kim at (931) 647-0566; or Community Church, Jack Miller Boulevard & Airport Road, Kim at (931) 647-0566. middletnalanon.org.

CLARKSVILLE RAPE AND SEXUAL ABUSE CENTER

At 331 Union Street, Suite B. Office at (931) 647-3632 or Toll-free Crisis Hotline at (800) 879-1999.

CHAP PROGRAM OF CATHOLIC CHARITIES

Creating Hope by Assisting Parents program is a completely free voluntary program that provides individualized parenting education, crisis intervention, and some case management for families with children ages birth - 8 years. Families participating can expect weekly in home visits with a skilled professional providing information on Child Development, Family Routines/Structure, Family Systems and any goals the parent desires assistance with (weaning from the bottle, potty

training, pre-school readiness, etc.). For more information or to set up an appointment contact Sarah at (931) 645-9969.

DEPARTMENT OF CHILDREN'S SERVICES

At 350 Pageant Lane, Suite 401. (931) 503-3200.

LEGAL AID SOCIETY

At 120 Franklin Street, provides free legal advice and representation to eligible clients. (931) 552-6656 or las.org.

MONTGOMERY COUNTY CHILD SUPPORT SERVICE

At 93 Beaumont Street. (931) 572-1663.

SAFEHOUSE DOMESTIC VIOLENCE SHELTER

Provides 24-hour emergency shelter, crisis hotline, professional counseling, advocacy and other services to victims of domestic violence and sexual assault. (931) 552-6900 (collect calls accepted).

CHILDREN'S GROUPS

4-H YOUTH DEVELOPMENT

At 1030 Cumberland Heights Road, is open to all youth ages 9-19. Involves participation in 4-H through school clubs, community clubs, special interest groups, and a variety of camps. Contact Julie Newberry at (931) 648-5725.

BOY SCOUTS OF AMERICA

Cub Scouts, dens for boys or girls, K through 5th grades. Scouts BSA, male troops and female troops, ages 11 to 17. Venturing, co-ed crews for ages 14 to 20.

Contact: (615) 383-9724 mtcbsa.org

GIRL SCOUTS OF MIDDLE TENNESSEE

331 A-1 Union Street, (931) 648-1060 or gsmidtn.org. Girl Scouts build girls of courage, confidence and character who make the world a better place. Email bkelly@gsmidtn.org for more information.

LEAP ORGANIZATION

Provides youth development services such as mentoring, case management, counseling, community service, and career development targeted at ages 12 to 18. (931) 378-0500, info@leaporg.net, leaporg.net.

COMMUNITY OUTREACH

101ST AIRBORNE DIVISION ASSOCIATION

Once an Eagle...Always an Eagle

The 101st Airborne Division Association is a non-profit organization that welcomes all Screaming Eagles, from the original veterans to the active duty troopers of today, regardless of where or when they served. For more information on the benefits of being a member or the service the Association offers contact the office between 8:00 a.m. and 4:00 p.m. Monday through Friday at (931) 431-0199 or at our website ScreamingEagle.org.

APSU EXTENDED EDUCATION

Develop a new skill, explore a new idea, learn a new language or seek a new career with one of the classes from Austin Peay State University's Center for Extended and Distance Education. Register early and receive a 10 percent discount on selected courses. Preregistration is required for each course. New online classes start every month. Melony Jones at (931) 221-7868, jonesma@apsu.edu or ed2go.com/apsu.

ARMY COMMUNITY SERVICE

ACS is an important part of the Army's program to assist Soldiers and their Families in meeting specific needs. ACS offers a wide variety of programs with topics such as financial readiness, family programs, and relocation readiness tailored to assist Army Families living on and off post. ACS is the place to go for answers to your questions and help with concerns or issues facing military Families. 2601 Indiana Avenue, Fort Campbell. (270) 798-9322, campbell.armymwr.com/us/campbell/programs/acs or facebook.com/FortCampbellACS/.

ASERACARE HOSPICE

Hospice care provided for individuals nearing the end of life. Our team of professionals, which includes doctors, nurses, home health aides, social workers, chaplains, volunteers and a bereavement counselor to support patients and families by providing pain and symptom management, as well as psychosocial, emotional and spiritual support. 24/7 on-call availability. Serving Montgomery, Cheatam, Stewart, Houston, Humphreys, Dickson, and Hickman counties. (931) 551-4100.

BAYANIHAN FILIPINO-AMERICAN INTERNATIONAL GROUP

A tax-exempt, non-profit organization. Its purpose is to promote Filipino-American culture to all Filipinos and to any interested nationalities, develop a better understanding of our ethnic Filipino history, and promote our unique and diverse cultural heritage. Our group participates in various community services. Many Filipino soldiers assigned in Fort Campbell Post and their families join our social and civic activities in the community of Clarksville and Kentucky. The organization extends its services to donating clothes, shoes, and canned goods to various local

organizations. The organization is also teaching Tagalog lessons to those interested in learning another language. Membership is open to all. For inquiry, call Mario Wong at (931) 431-6786 or Pat Lowry at (931) 494-1080.

CRISIS CALL LINE

Offers crisis intervention, suicide prevention and referral. (931) 648-1000.

DAGAN FOUNDATION

Creating schools in rural areas for free education and sending orphans and disadvantaged children to schools in Togo, West Africa. Spreading the word of God through evangelism and planting and supporting churches in rural areas in Togo. Digging wells and providing clean water in rural areas in Togo. Partner with us and join us so together we can change lives in Togo, West Africa. You want to go to mission in Africa, you want to plant a church in Togo, you want to go teach English in our schools in Togo during Summer, you want to adopt a student or a church in a rural area, don't hesitate to contact us. Invite us and we will come to present our projects in your church. Contacts: Mr. Adolph Dagan at (931) 302-0787 or daganfoundation@yahoo.com, or visit daganfoundation.org. Like us on Facebook at [Facebook.com/DaganFoundation](https://www.facebook.com/DaganFoundation). Our main partner in Togo is Action Bethesda, actionbethesda.org.

FRIENDS OF THE BLUEWAY

A group dedicated to keeping Clarksville's Blueway beautiful and directly involved with the new access point park on Tiny Town. We will have clean up days, fundraisers, events and meetups. This group is passionate about outdoor activities, including kayaking and canoeing. The Parks and Rec department works closely with this group and gives insight on future access points to the rivers. Visit our facebook at [facebook.com/FriendsoftheBluewayClarksvilleTN](https://www.facebook.com/FriendsoftheBluewayClarksvilleTN) for more information and sign up for email updates at outdoorclarkville.com.

OPERATION STAND DOWN: OSDTN - CLARKSVILLE

A non-profit Veterans Service Organization that has been serving Tennessee for over 20 years, with it being in Clarksville going on 5 years. The office is located at 400 Madison Street, and the office phone number is (931) 896-2184. I am a retired US Army Chaplain who volunteers with the organization. The office manager is Mr. Willie Celestine and he gave me permission to reach out to you.

Career Services through individual employment plans (resume building, interview skills) and links veterans with employers.

VA Health Services and Benefit Counseling directly with a VA counselor.

Individual Financial Counseling and Legal Consultations Coordination

Housing Services by assisting veterans remain in their current residence, and find housing for homeless veterans.

A very large clothing and food pantry is also available.

TENNOVA HOME HEALTH & HOSPICE

141 Hatcher Lane. Serving the Clarksville area for 25 years. Offering nursing care, wound care, ostomy care, infusion therapy, home health aides, physical therapy, occupational therapy, speech therapy, hospice care, chaplain, social work, bereavement services and volunteer services. Servicing Montgomery, Cheatham, Robertson, Stewart, Dickson, Houston and Davidson counties. Call (931) 552-9551.

GOOD NEWS CLUBS

Teach children about Jesus in their schools! Though most children do not attend church, most do attend public school! Good News Clubs® are after-school Bible clubs that meet one afternoon a week at the school to teach children about Jesus, run by volunteers who are trained and screened by Child Evangelism Fellowship (a worldwide interdenominational ministry to children since 1937). Perhaps God would use you in this important ministry! ReachingKidsForJesus.com, (931) 241-8202, Facebook - CEF Greater Clarksville Chapter

GRACE ASSISTANCE PROGRAM

Helps the community with utility bills, prescriptions, clothing, food boxes, some emergency shelter, transportation, and housing when funds allow. During specific times of the year we have collections like now we are collecting new and gently used coats that we will be giving away at our office located at 217 South Third Street.

HABITAT FOR HUMANITY AND RESTORE

Habitat collaborates with faith, civic, and business organizations for home sponsorships. Homeowner applications are accepted Monday through Friday at 404 Madison Street, (931) 645-4222, habitatmtn.org. The ReStore accepts and sells building, furniture and appliance donations funding Habitat's mission while providing an environmentally and socially responsible way to keep reusable materials out of the waste stream. 408 Madison Street, (931) 645-4242, donation@clarksvillerestore.org.

HAILEY'S HOPE WITH PROJECT SWEET PEAS
We are a local division of the national 501(c)(3) non-profit organization Project Sweet Peas headed here in Clarksville by Kristin Vanderlip. We provide long term stay care packages to families who have babies in Neonatal Intensive Care Units (NICUs). We currently make scheduled deliveries to the level 3 NICU at Monroe Carell Jr. Children's Hospital at Vanderbilt in Nashville. However, we also take personal requests and will mail or hand deliver care packages to other local hospital NICUs. If you or someone you know has a baby who requires time in a NICU, the experience can be stressful and even traumatic; therefore, our care packages are designed to provide families with items they may need or find helpful during their baby's time in the NICU. Please contact us if you know someone who has a baby in a NICU. For more information please visit: facebook.com/haileyshopePSP or email division coordinator Kristin Vanderlip at Kristin@projectssweetpeas.com.

HUI HAWAII O TENESI HAWAIIAN CIVIC CLUB
Chartered by the Association of Hawaiian Civic Clubs in Hawaii, the club's goal is to perpetuate the Aloha Spirit and the Hawaiian Culture throughout the state of Tennessee and the surrounding area. Because of our close proximity to Fort Campbell, we are able to contact many native Hawaiians who are stationed here or have decided to retire in the local area. Many soldiers and their families have been stationed in Hawaii and also elect to join us and partake in the activities. Membership is open to everyone, and we love our times to meet and share the Aloha Spirit and the "local grinds" that everyone learns to love. For more information, please call Marlene Livesay at (931) 572-0804 or visit our website at huihawaiiotn.com.

HOPE CENTER

A community service branch of the Family Guidance Training Institute, Inc. provides a number of community activities to include summer camps for seriously emotionally disturbed children, S.T.E.P. into the Light, a women's holistic wellness group, and Women's Share community. The Hope Center also offers a multitude of workshops for community organizations. For further information regarding our programs, please call (931) 431-7580.

HUMANE SOCIETY OF CLARKSVILLE-MONTGOMERY COUNTY

Provides reduced-cost spaying-neutering and pet care assistance to eligible owners; pets for adoption through foster homes; dog bite prevention and pet care programs; and a 24-hour help line. (931) 648-8042, humanesociety@clarksville.com or clarksvillehumanesociety.org.

LOAVES AND FISHES

At 215 Foster Street, provides a hot meal Monday-Saturday 10:30 a.m. to 12:00 p.m. Also provides a distribution center for food donated to agencies that feed hungry people on Tuesday and Friday from 1:00 p.m. to 2:00 p.m. (931) 645-9020.

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YOUTH VILLAGES

A private nonprofit organization dedicated to helping emotionally and behaviorally troubled children and their families live successfully through innovative, research-based programs. 651 Stowe Court; contact Jennifer Kessler at (931) 552-5260, jennifer.kessler@youthvillages.org or visit www.youthvillages.org.

CHILD BIRTH & PARENTING EDUCATION

ROOTS CHILD BIRTH PREPARATION
Pregnant? Know someone who is? Roots Childbirth classes are evidence-based, Christ-centered and perfect for any birth plan or birth setting! If you're interested in holistically preparing (mind, body and spirit) for your labor, delivery and postpartum period, our classes will fully prepare you for childbirth in any setting or scenario. Our skilled team of educators all have professional teaching, counseling or Women's Health backgrounds and are the only instructors in our area that are required to complete continuing education courses through Evidence Based Birth™ as part of their certification process each year. Because of this requirement, Roots offers your family excellence in childbirth education, relevant resources and the most up-to-date, evidence-based information so that you can better understand all your options and plan the birth that is right for you. Contact Heidi Duncan, Birth Doula and Childbirth Educator, at (615) 710-7077 or expectingnewlife@yahoo.com for info on classes (group, private or home-study).

BREASTFEEDING EDUCATION AND SUPPORT (WIC)

Montgomery Co. W.I.C. is excited to extend a Breastfeeding Basic invitation to ANY expecting mom in our local community! Learn how to successfully breastfeed your baby at a FREE session at the Montgomery County W.I.C. office! Breastfeeding classes will always be on the FIRST TUESDAY of the month at 11:00 a.m. and the THIRD THURSDAY of the month at 1:00 p.m.! Hope to see you there!

CLARKSVILLE BIRTH COMMUNITY

A place for families in the Clarksville/Fort Campbell area to find resources for pregnancy, birth and beyond. Join us for monthly playgroups and gatherings. We have a lively discussion group on Facebook where women can ask questions and get answers from fellow moms and professionals such as childbirth educators and doulas. We want to be sure our members know that all moms are welcome here. Our primary goal is that you make informed choices for your pregnancy, birth and newborn care. Events posted at fortcampbelldoulas.webs.com or find us on Facebook at www.facebook.com/groups/clarksvillebirthpros/.

HEALTHY START

Healthy Start is a community outreach program fostering healthy childhood growth and development by providing free support services to first time parents and their babies. (931) 645-3976.

LA LECHE LEAGUE OF CLARKSVILLE-FORT CAMPBELL

La Leche League offers mother-to-mother breastfeeding information and support in meetings and via phone and email. All breastfeeding and expectant mothers and their children are welcome to attend either or both monthly meetings! Meetings are on the first Wednesday of each month at 10:00 a.m. at Clarksville's Montgomery County Public Library in the large meeting room and also on the third Wednesday of each month at 6:00 p.m. on Fort Campbell Army Post. The evening meeting is also open to your support person. Please check our Facebook for location each month facebook.com/LLClarkville. If you have breastfeeding questions please contact one of our local group's leaders at BreastfeedingTN@gmail.com or call (931) 444-7087.

NINE MONTHS & BEYOND

A comprehensive source for pregnancy, birth, breastfeeding and early parenting education and resources. Offers birth tub rentals, breastpump rentals, baby moon vacation and spa packages, and birth plan consultations. Micky Jones, BS, CLE, CLD, CHBE, CAPPA Lactation Educator Trainer at (931) 451-3223 or ninemonthsandbeyond.com.

Tennova Healthcare - Clarksville breastfeeding Class

Classes cover the initial steps to successful breastfeeding, uses for breast pumps and other supplies. Classes are normally taught in Legacy Rooms A & B (651 Dunlop Lane) on the first Tuesday of every month from 7-9 p.m. Registration is required. Register at Tennova.com.

TENNOVA HEALTHCARE - CLARKSVILLE

PRENATAL CLASS

Prenatal Classes help parents-to-be anticipate situations that may arise during pregnancy and labor. The classes consist of five, two-hour sessions and are held on consecutive Wednesday or Thursdays at 7:00 p.m. Classes should be attended between the 26th and 34th week of pregnancy. Classes are taught in the Liberty Rooms on the first floor of the Medical Center (651 Dunlop Lane). Registration is required. To register call (855) TENNOVA (836-6682).

TENNOVA HEALTHCARE - CLARKSVILLE SIBLING CLASS

Bring your older children to Sibling Class. It offers an introduction to sibling interactions, a tour of the Nursery, and time to mingle with other children from expectant families. The class is typically offered the last Saturday of the month from 12-1 p.m. in the 3rd Floor Classroom (651 Dunlop Lane). Registration is required. Register at Tennova.com

WHOLE WOMAN

Whole Woman Birth and Lactation Services

We serve the whole woman from pregnancy to postpartum care. As certified Sacred Pregnancy Instructors, Sacred Milk Mentors, Sacred Postpartum Mother Roasters, and Internationally Board Certified Lactation Consultants we offer every service a pregnant and new mother needs. We do accept multiple insurances and are passionate in our care of our community. For current class schedules or for breastfeeding help contact us at (931) 206-9659 or wholewomanlactation.com.

COMMUNITY OUTREACH

101ST AIRBORNE DIVISION ASSOCIATION

Once an Eagle...Always an Eagle

The 101st Airborne Division Association is a non-profit organization that welcomes all Screaming Eagles, from the original veterans to the active duty troopers of today, regardless of where or when they served. For more information on the benefits of being a member or the service the Association offers contact the office between 8:00 a.m. and 4:00 p.m. Monday through Friday at (931) 431-0199 or at our website ScreamingEagle.org.

ALL NATIONS BIBLICAL STUDY CENTER

Offers free Bible courses to the community in the major fields of biblical research. A complete Online Biblical Studies Program is also available. Online Courses are offered year-round. Visit studythescritures.net or call (931) 648-8844 for more information and to register.

APSU EXTENDED EDUCATION

Develop a new skill, explore a new idea, learn a new language or seek a new career with one of the classes from Austin Peay State University's Center for Extended and Distance Education. Register early and receive a 10 percent discount on selected courses. Preregistration is required for each course. New online classes start every month. Melony Jones at (931) 221-7868, jonesma@apsu.edu or ed2go.com/apsu.

ARMY COMMUNITY SERVICE

ACS is an important part of the Army's program to assist Soldiers and their Families in meeting specific needs. ACS offers a wide variety of programs with topics such as financial readiness, family programs, and relocation readiness tailored to assist Army Families living on and off post. ACS is the place to go for answers to your questions and help with concerns or issues facing military Families. 2601 Indiana Avenue, Fort Campbell. (270) 798-9322, campbell.armymwr.com/us/campbell/programs/acs or facebook.com/FortCampbellACS/.

ASERACARE HOSPICE

Hospice care provided for individuals nearing the end of life. Our team of professionals, which includes doctors, nurses, home health aides, social workers, chaplains, volunteers and a bereavement counselor to support patients and families by providing pain and symptom management, as well as psychosocial, emotional and spiritual support. 24/7 on-call availability. Serving Montgomery, Cheatham, Stewart, Houston, Humphreys, Dickson, and Hickman counties. (931) 551-4100.

BAYANIHAN FILIPINO-AMERICAN INTERNATIONAL GROUP

A tax-exempt, non-profit organization. Its purpose is to promote Filipino-American culture to all Filipinos and to any interested nationalities, develop a better understanding of our ethnic Filipino history, and promote our unique and diverse cultural heritage. Our group participates in various community services. Many Filipino soldiers assigned in Fort Campbell Post and their families join our social and civic activities in the community of Clarksville and Kentucky. The organization extends its services to donating clothes, shoes, and canned goods to various local organizations. The organization is also teaching Tagalog lessons to those interested in learning another language. Membership is open to all. For inquiry, call Mario Wong at (931) 431-6786 or Pat Lowry at (931) 494-1080.

CRISIS CALL LINE

Offers crisis intervention, suicide prevention and referral. (931) 648-1000.

CROATIANS IN TENNESSEE

Our goal is to share our culture and information about Croatia. We would like to unify Croatians and encourage educational opportunities for Croatian youth here and abroad. Our annual event at Liberty Park will showcase our amazing culture, food and dance. Our club will help Croatians who want to move to Clarksville and make sure their transition is smooth. Visit [facebook.com/groups/CroatiainsinTennessee/](https://www.facebook.com/groups/CroatiainsinTennessee/)

FREE CAKES FOR KIDS KY & TN

Serving Clarksville, Ft. Campbell, Oak Grove & Hopkinsville. We believe that every child deserves a birthday cake. Help us make the world a better place, one cake at a time! A volunteer run and supported organization that provides customized birthday cakes at no cost to children. We provide these cakes specifically to the children whose parents are experiencing financial difficulties and are unable to provide a birthday cake for their child. We simply ask though, if you use this service, that you are truly in need. Volunteer bakers are always welcome. No special talents or formal training needed, only a love of baking, a passion in your heart and a desire to bring a little sunshine into a child's day. If you do not bake or don't have time to bake, then you are welcome to donate store bought cakes. To learn more about our organization or ways you can help, check us out on facebook [facebook.com/pages/Free-Cakes-for-Kids-KYTN/529017437122370](https://www.facebook.com/pages/Free-Cakes-for-Kids-KYTN/529017437122370). Reach Mindy Parker or Christina Johnson at freecakesforkids_fortcampbell@yahoo.com.

FRIENDS OF THE BLUEWAY

A group dedicated to keeping Clarksville's Blueway beautiful and directly involved with the new access point park on Tiny Town. We will have clean up days, fundraisers, events and meetups. This group is passionate about outdoor activities, including kayaking and canoeing. The Parks and Rec department works closely with this group and gives insight on future access points to the rivers. Visit our facebook at [facebook.com/FriendsoftheBluewayClarksvilleTN](https://www.facebook.com/FriendsoftheBluewayClarksvilleTN) for more information and sign up for email updates at outdoorclarksville.com.

OPERATION STAND DOWN: OSDTN - CLARKSVILLE

A non-profit Veterans Service Organization that has been serving Tennessee for over 20 years, with it being in Clarksville going on 5 years. The office is located at 400 Madison Street, and the office phone number is (931) 896-2184. I am a retired US Army Chaplain who volunteers with the organization. The office manager is Mr. Willie Celestine and he gave me permission to reach out to you.

Career Services through individual employment plans (resume building, interview skills) and links veterans with employers.

VA Health Services and Benefit Counseling directly with a VA counselor.

Individual Financial Counseling and Legal Consultations Coordination

Housing Services by assisting veterans remain in their current residence, and find housing for homeless veterans.

A very large clothing and food pantry is also available.

TENNOVA HOME HEALTH & HOSPICE

141 Hatcher Lane. Serving the Clarksville area for 25 years. Offering nursing care, wound care, ostomy care, infusion therapy, home health aides, physical therapy, occupational therapy, speech therapy, hospice care, chaplain, social work, bereavement services and volunteer services. Servicing Montgomery, Cheatham, Robertson, Stewart, Dickson, Houston and Davidson counties. Call (931) 552-9551.

GRACE ASSISTANCE PROGRAM

Helps the community with utility bills, prescriptions, clothing, food boxes, some emergency shelter, transportation, and housing when funds allow. During specific times of the year we have collections like now we are collecting new and gently used coats that we will be giving away at our office located at 217 South Third Street.

HABITAT FOR HUMANITY AND RESTORE

Habitat collaborates with faith, civic, and business organizations for home sponsorships. Homeowner applications are accepted Monday through Friday at 404 Madison Street, (931) 645-4222, habitatmctn.org. The ReStore accepts and sells building, furniture and appliance donations funding Habitat's mission while providing an environmentally and socially responsible way to keep reusable materials out of the waste stream. 408 Madison Street, (931) 645-4242, donation@clarksvillrestore.org.

HAILEY'S HOPE WITH PROJECT SWEET PEAS

We are a local division of the national 501(c)3 non-profit organization Project Sweet Peas headed here in Clarksville by Kristin Vanderlip. We provide long term stay care packages to families who have babies in Neonatal Intensive Care Units (NICUs). We currently make scheduled deliveries to the level 3 NICU at Monroe Carell Jr. Children's Hospital at

Vanderbilt in Nashville. However, we also take personal requests and will mail or hand deliver care packages to other local hospital NICUs. If you or someone you know has a baby who requires time in a NICU, the experience can be stressful and even traumatic; therefore, our care packages are designed to provide families with items they may need or find helpful during their baby's time in the NICU. Please contact us if you know someone who has a baby in a NICU. For more information please visit: [facebook.com/halleyshopePSP](https://www.facebook.com/halleyshopePSP) or email division coordinator Kristin Vanderlip at kristin@projectsweetpeas.com.

HUI HAWAII O TENESI HAWAIIAN CIVIC CLUB

Chartered by the Association of Hawaiian Civic Clubs in Hawaii, the club's goal is to perpetuate the Aloha Spirit and the Hawaiian Culture throughout the state of Tennessee and the surrounding area. Because of our close proximity to Fort Campbell, we are able to contact many native Hawaiians who are stationed here or have decided to retire in the local area. Many soldiers and their families have been stationed in Hawaii and also elect to join us and partake in the activities. Membership is open to everyone, and we love our times to meet and share the Aloha Spirit and the "local grinds" that everyone learns to love. For more information, please call Mariene Livesey at (931) 572-0804 or visit our website at huhawaiiotn.com.

HOPE CENTER

A community service branch of the Family Guidance Training Institute, Inc. provides a number of community activities to include summer camps for seriously emotionally disturbed children, S.T.E.P. into the Light, a women's holistic wellness group, and Women's Share community. The Hope Center also offers a multitude of workshops for community organizations. For further information regarding our programs, please call (931) 431-7580.

HUMANE SOCIETY OF CLARKSVILLE-MONTGOMERY COUNTY

Provides reduced-cost spaying-neutering and pet care assistance to eligible owners; pets for adoption through foster homes; dog bite prevention and pet care programs; and a 24-hour help line. (931) 648-8042, humanesocietyofclarksville.com or clarksvillehumanesociety.org.

LOAVES AND FISHES

At 215 Foster Street, provides a hot meal Monday-Saturday 10:30 a.m. to 12:00 p.m. Also provides a distribution center for food donated to agencies that feed hungry people on Tuesday and Friday from 1:00 p.m. to 2:00 p.m. (931) 645-9020.

MANNA CAFÉ MINISTRIES

Mobile Café: Tuesdays 5:30pm to 7:00pm, New Providence area

Wednesdays 5:30pm to 7:00pm, Lincoln Homes Thursdays 5:30pm to 7:00pm, Veterans Plaza Saturdays 8:30am to 10:00am, New Providence area and Veterans Plaza

Food Box Distribution:

Mondays, Wednesdays, and Fridays 10:00am to 4:00pm
1319 East Franklin Street

Manna Café Ministries

1319 East Franklin Street, Clarksville, TN
Office: 931-933-0970
Email: info@mannacafeministries.com

MEALS ON WHEELS

Mid-Cumberland Human Resource Agency provides group or home-delivered meals to individuals 60 or older. Volunteers deliver noon meal Monday-Friday. It only takes an hour of your time. Beth at (931) 645-5629.

MONTGOMERY COUNTY WIC CLINIC

300 Pageant Lane. Provides nutrition education and food vouchers for women, infants, and children (up to age five). We offer breastfeeding education, including two free monthly classes (see calendar for dates and times). (931) 551-8777.

RADICAL MISSION

Meets Tuesdays and Thursdays from 9:00 a.m. to 1:00 p.m. at Clarksville First Church of the Nazarene, 150 Clarkview Road. A Compassionate Ministry Center, founded by Clarksville First Church of the Nazarene, seeks to creatively address issues of suffering and brokenness particularly pertaining to poverty and basic human needs. We provide food, clothing, furniture, volunteer opportunities, and friendship. For more information contact Heather Byrd at (931) 648-1496.

SUNCREST HOME HEALTH

Available 24 hours a day, seven days a week to answer any questions you might have to discuss how we can help your patients feel better, recover faster and live healthier in the place they call HOME. Call (931) 647-7411.

TENNESSEE REHABILITATION CENTER AT CLARKSVILLE

1575 Corporate Parkway Boulevard (past John Deere and Clayton Homes), a county/state agency, the TRC provides counseling, vocational

evaluation, work adjustment, and job placement services for graduating high school students and adults with disabilities. (931) 648-5560.

TWO RIVERS ASSOCIATION FOR THE

EDUCATION OF YOUNG CHILDREN (TRAEYC) The Two Rivers Association for the Education of Young Children, TRAEYC, (pronounced tray-see), is one of the fastest growing affiliates in the history of the statewide associations. TRAEYC members have a passion for young children and are committed to their education. The Tennessee Counties represented by TRAEYC are Benton, Dickson, Henry, Houston, Humphreys, Montgomery and Stewart. We invite you to join us in exciting upcoming professional growth opportunities. Contact Dr. Linda A. Sitton, TRAEYC President, at (931) 221-7308 or visit traeyc.org.

UNITED WAY

At 1300 Madison Street, provides the leadership to increase the organized capacity of people to care for one another. Monitors and provides support for agencies serving Clarksville and Fort Campbell, as well as Montgomery, Houston and Stewart counties. (931) 647-4291.

VETERANS UPWARD BOUND

Provides free educational services to veterans who are planning to enroll in college or technical school, or to take the GED Exam. The program is funded by a grant from the U. S. Department of Education as a TRIO project. VUB provides veterans with free academic and counseling services to assure they are ready to succeed in their educational pursuits. Outprocessing military and discharged veterans may be eligible to receive services. For further information, please contact Sharita Goodrich at: 931-221-7600 or vub@apsu.edu. You can also visit our website at apsu.edu/VUB/.

COUSLING, SUBSTANCE ABUSE & MENTAL HEALTH

ALCOHOLICS ANONYMOUS

Do you or a member of your family, or perhaps a friend, have a problem with alcohol? We can help. Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem with alcohol. The only requirement for AA membership is a desire to stop drinking. There are no dues or fees for AA membership; we are self supporting through our own contributions. AA is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy, neither endorses or opposes any causes. Our primary purpose is to stay sober and to help other alcoholics achieve sobriety. AA 24 Hour Hotline: (615) 647-831-1050, Clark Street AA Hotline: (931)-647-0255 (11:30 a.m. to 12:15 p.m.; 5:30 p.m. to 9:15 p.m.). Alanon/Alateen Family Hotline: (888) 425-2666

APTITUDE HABILITATION SERVICES

At 2237 Lowes Drive, Suite G, Aptitude Habilitation Services is a comprehensive educational and rehabilitation services firm dedicated to providing the highest quality applied behavioral therapy to children and adults on the autism spectrum. (800) 991-6070 or aptitudeservices.com.

ASPERGER/AUTISM CENTER

800 Tiny Town Road, serves children and adolescents with Asperger and Autism Disorders. Services include: individual counseling, group counseling, family education and counseling, and psychiatric services. For further information regarding our programs, please call (931) 431-7580.

BRADFORD HEALTH SERVICES

Bradford Health Services at 231 Dunbar Cave Road, Suite A, creates effective and affordable substance abuse programs through a variety of innovative services. (931) 542-9816.

CENTERSTONE

Centerstone offers a comprehensive array of mental health services throughout Middle Tennessee, addressing issues from stress, depression, ADHD and PTSD to anxiety, grief, anger, addiction, substance abuse and family conflict. We provide psychiatric services; individual, marriage, family and group counseling; crisis and intervention services; school-based and foster care support services; life coaching; integrated primary care. 511 Eighth Street, (931) 920-7200, centerstone.org.

COLUMBUS ORGANIZATION

Provides in-home Applied Behavior Analysis (ABA Therapy) services for children and adults with Autism Spectrum Disorders and Developmental Disabilities. Tricare, TennCare, and many private insurances accepted. (615) 902-0950

HEALTH CONNECT AMERICA

At 1820 Memorial Drive, Suite 203. Offers programs that assist at-risk youth and their families facing issues such as depression, anxiety, grief, abandonment, anger management, substance abuse and family conflict. For more details on our programs please call (931) 933-7200 or visit healthconnectamerica.com.

THE FAMILY GUIDANCE TRAINING INSTITUTE 800 Tiny Town Road, committed to positively impacting the lives of our community's children, youth and their families. Family Guidance Training Institute, Inc. is a 501(c)3 licensed community mental health center and alcohol and treatment facility. Offering quality, private, compassionate services to persons who seek emotional wellness. Therapeutic and psychiatric services include: assessments, individual counseling, marriage and family counseling, group counseling, supervised visitation, mental health case management, and alcohol and drug treatment and education services. For further information call (931) 431-7580.

LIFESOLUTIONS - ASPIRE & JOBLINK

611 Eighth Street, (931) 920-7210.

MENTAL HEALTH COOPERATIVE

Provides evidence-based services including: Child & Family Counseling, Child Psychiatry and Community Based Case-Management to children and adolescents with emotional/behavioral challenges. Case managers assist families in their homes with parenting and behavior management in addition to linking them to needed resources in the community. Initial intake assessments are offered within one week and at no cost. MHC welcomes TennCare recipients. Located at 201 Uffelman Drive, Suite A. For more information or to make a referral please call (931) 645-5440 or visit mhc-tn.org.

PASTORAL COUNSELING CENTER

The Pastoral Counseling Center at 516 Madison Street, is a ministry of professional care dedicated to healing and growth in human life and relationships. In partnership with local congregations the centers are committed to providing clinical and education services to all who need these services. When you or someone you love is troubled by depression, marital or relationship problems, substance abuse, or a vague sense that your life is adrift, we can help. Professional support is available with fees based on your ability to pay. (931) 648-9009 or pastoralcounselingctr.org.

THE PATH LIFE COACHING

Through The Path Life Coaching, ThePathLifeCoaching.com, you can explore your options to move you forward to a more fulfilling and satisfying life! The Path Life Coaching is designed to promote and support you as you discover harmony and happiness along your life's journey. You will be guided along "Your Life's Path" becoming empowered to realize your own truths and solutions as you move forward and achieve your own goals and dreams. The Path Life Coaching is based on a wellness approach to life coaching that embraces the "whole" self to include self-truth, spirituality, and emotional and physical wellness. This success of The Path Life Coaching rests on the assurance that the coaching experience is a "safe place for reflection and growth." Each session is a "rest stop" along your journey where you will embrace exploration, design, action, evaluation and achievement giving you insight and awareness as you move along the "Path" of your choosing. Please contact Dr. Julie Pool for more information at JulieSpoolerPHD@aol.com or (931) 906-5449.

REGIONAL INTERVENTION PROGRAM (RIP)

Regional Intervention Program 404 Pageant Lane, (931) 920-2347, is a program through local mental health agency and not-for-profit organization Centerstone providing behavior modification for preschoolers 18 months through 6 years old. RIP offers a 2-hour classroom setting for children and siblings, in addition to case management for parents two times per week on Tuesdays and Thursdays. RIP currently has immediate openings for the morning program @ 10:00 a.m. to 12:00 p.m. Katrina Watts, RIP Coordinator @ (931) 494-4863, Katrina.Watts@centerstone.org.

WESTERN KENTUCKY MEDICAL OPIOID TREATMENT

Methadone Maintenance Treatment combined with counseling and professional help for medical, psychiatric, and socioeconomic issues has the highest probability of being effective for opiate and heroin addictions. Methadone is one of the longest-established, most thoroughly evaluated forms of drug treatment. Once accepted into the program, individuals will receive doses of methadone and individual counseling to address the patients specific treatment needs. Please give us a call at (270) 887-8333.

T.O.P.S. WEIGHT LOSS SUPPORT GROUP

First United Methodist Church
909 Madison St
Clarksville, TN 37040-3544
Thur: 9:30/10:45 AM (weigh in time/meeting time) Max Scale Weight: 300
NEW PROVIDENCE UNITED METHODIST CHURCH
(TOPS TN 0302)

1317 Fort Campbell Blvd Sunday School Rm
Clarksville, TN 37042-4038
Thur: 4:00/4:45 PM (weigh in time/meeting time)
Max Scale Weight: 350

YMCA'S RESTORE MINISTRIES COUNSELING CENTER
Restore Ministries offers one-on-one, couples (including marital and pre-marital) and family counseling in addition to play therapy for children ages 3-12 years old in a safe and confidential setting. Private counseling fees are frequently out of reach for individuals with limited financial resources or no insurance. We are committed to providing professional, holistic counseling on a sliding scale so that no one is turned away due to the inability to pay. You do not have to be a member of the YMCA to seek counseling. For more information about our counseling services or to schedule an appointment, please contact Susanna Powers at (931) 647-2376 or spowers@ymcamidtn.org.

INTERNATIONAL ORGANIZATIONS
MISS TENN KY AREA AFS VOLUNTEER LEADERSHIP TEAM

The above team operates locally as the volunteer arm of AFS Intercultural Programs (www.afsusa.org) which has been hosting and sending folks on international exchanges since 1947 and now partners with 90 countries. Local registered volunteers are always needed. See www.afsusa.org/volunteer-with-afs.

Mini-bios are arriving weekly for the AFSers who will need loving hosts for the fall. You may view and apply to host at www.afsusa.org/host. Apply early as CMCSJ only allow four (4) exchange students per local high school.

Many scholarships are available for students who wish to study abroad in 2020-21 (summer, semester and year long). To see those that will soon have deadlines go to www.afsusa.org/scholarships and study-abroad. Some of those are: BP Full scholarships for Summer Academies in Egypt, India and Brazil, Cultural Explorer, Viaggio Italiano, Vava a America Latina, Sakura (Japan) LGBTQ Pride, and one locally for participants from Montgomery County for two (2) \$4,000 scholarships to study German in Germany or Austria. The deadline is March 1st, and an essay will be required. Locally, contact Susan Roberts at sroberts@afsusa.org and 515-721-3651.

Follow AFS on Facebook: AFSUSA, Twitter: afsusa, YouTube: AFSV, and FICKR: AFSUSA.

MOM & PARENT GROUPS
SPRING CREEK MOMS

Moms on a Mission is for moms, grandmothers, or any woman who wants to grow in the Lord, fellowship, and give back to our community by working in various mission projects. We meet at Spring Creek Baptist Church at 2760 Trenton Road. Meetings are from 9:30-11:30 with childcare provided. For a calendar of events or more information regarding MOMS look us up on Facebook at [sbcmoms](https://www.facebook.com/sbcmoms). We meet at Spring Creek Baptist Church at 2760 Trenton Road. Meetings are from 9:30-11:30 with childcare provided.

HILLDALE BAPTIST CHURCH HOMESCHOOL MINISTRY
"CHARA" is a support group for families who have chosen to educate their children at home. We offer monthly meetings throughout the school year. Additional activities are also held throughout the year. For more information email karen.darksvillechara@gmail.com or visit www.hilldale.org/aboutchara.

CLARKSVILLE, HOPKINSVILLE FORT CAMPBELL SAHM PLAYGROUP
The Clarksville, Hopkinsville, and Ft. Campbell SAHM playgroup is here to support mothers who are navigating the phases of newborn through preschool with their children. We do all kinds of different activities throughout the year from Moms' Night Out, Potluck Lunches, Coffee and Donuts playdates, and other activities and events that include moms, kids and families. sahm.meetup.com/1943/

HOPE@HOME (HELPING OTHER PARENTS EDUCATE AT HOME)
An online Christian support group for home schooling families in the Clarksville/Montgomery County area. Members have access to info on area activities, co-ops, classes, small groups and much more. For basic information and to join visit groups.yahoo.com/group/ClarksvilleAreaHomeSchoolNews/

LA LECHE LEAGUE OF CLARKSVILLE-FORT CAMPBELL
La Leche League offers mother-to-mother breastfeeding information and support in meetings and via phone and email. All breastfeeding and expectant mothers and their children are welcome to attend either or both monthly meetings! Meetings are on the first Wednesday of each month at 10:00 a.m. at Clarksville's Montgomery County Public Library in the large meeting room and also on the third Wednesday of each month at 6:00 p.m. on Fort Campbell Army Post. The evening meeting is also open to your support person. Please check our Facebook for location each month [facebook.com/LLLClarkville](https://www.facebook.com/LLLClarkville). If you have breastfeeding questions please contact one of our local group's leaders at BreastfeedingTN@gmail.com or call (931) 444-7087.

MOMS CLUB OF CLARKSVILLE
We are moms in and around Clarksville who meet-up for "play dates" and fun "mom time" activities. We consist of two independent clubs, based on location. If you live in Sango or St. Bethlehem areas of Clarksville (east of Wilma Rudolph), you are zoned for MOMS Club of Clarksville-East. To learn more, send an email to eastclarksvillemomsclub@gmail.com. If you live in Ft. Campbell, Woodlawn, Oak Grove, or areas of Clarksville west of Wilma Rudolph you are zoned for MOMS Club of Clarksville-West. To learn more, send an email to momsclubofclarksvillwest@gmail.com. Look for both groups on Facebook. A typical month of activities may include story time at the library, lunch at a local eatery, and a crafting play date, to name a few. Clarksville is a growing town with many family friendly activities. Contact us to explore these opportunities together.

MOPS AT FIRST BAPTIST CLARKSVILLE
Meets on select Fridays every month throughout the school year from 9:15 a.m. to 12:00 p.m. at First Baptist Church downtown, 435 Madison Street. Childcare is provided for members. For more information on visiting a meeting or joining please contact Alison Weakley, child care coordinator, at (931) 409-2466, or send an email to clarksvillemops@gmail.com. Check us out online at clarksvillemopsatfbc.wordpress.com. We look forward to meeting you!

HILLDALE BAPTIST CHURCH MOMS TO MOMS
Moms to moms is for moms of all ages, whether you're expecting or have grandchildren. We meet most 1st and 3rd Fridays from 9:30 - 11:30 am from September to May. Child care is provided from birth to 4 years of age. For more information contact Sara Turnquist or Lindsay Marlow, Co-Coordinator at momstomoms@hilldale.org or visit www.hilldale.org/momstomoms.

SUPER MOM'S GROUP
If you are a single mom—you are a SUPER MOM! We meet every Sunday morning at 9:45 a.m. at First Baptist Clarksville. We are a small group that does various studies on parenting, Christian growth, boundaries, dating again, and other topics! We also do monthly get-togethers, mom's nights out, and play dates for the kids. Any single moms are welcome to attend these monthly events even if you can't come to the small group on Sundays! Please like our Facebook group to stay updated on all events: Clarksville - Super Moms. Contact Devin for more info at devin.maureen@yahoo.com.

PARENTS OF MULTIPLES
An email support group for parents of twins, triplets and more that live in Clarksville or the surrounding area. Call Kelley Corley at (931) 358-0127 or e-mail KCorley77@aol.com for more information.

PARENTS REACHING OUT
Provides peer counseling and support services. Aims at long-term preventive health care solutions to families facing the challenges of a high-risk pregnancy or having an infant or child in critical care. Call (615) 365-7004.

TNSHARE (SECULAR HOMESCHOOLERS: ANY RELIGION, ECLECTIC)
SHARE is a non-religious home school group for Clarksville and the surrounding areas. All homeschoolers are welcome to join this group, regardless of religious beliefs, race, homeschooling methods, or family lifestyles. An online support and information network is available as well as bi-monthly meetings. This group is a community in which we all play an important role in deciding and implementing the activities we want for our children. For membership information please visit: [facebook.com/#1/groups/tNSharehomeschool/](https://www.facebook.com/#1/groups/tNSharehomeschool/)

TENNESSEE EARLY INTERVENTION SYSTEM (TEIS)
"Growing Together Little by Little." A voluntary educational program for families with children ages birth to three years old with disabilities or developmental delays. Visit tennessee.gov/education/teis or call (800) 852-7157.

WIC NUTRITION EDUCATION CENTER
All prenatal moms are welcome to a free preparation breastfeeding class (includes free breastfeeding information packet). 1:00 p.m. to 2:00 p.m. the third Thursday of each month at the WIC Clinic, 300 Pageant Lane. Call (931) 551-8777 for more information. No reservations needed.

RETIREMENT GROUPS
AARP LOCAL CHAPTER 1957
Meets on the 2nd Tuesday of each month at 10:00 a.m. at Hilldale United Methodist Church, 1751 Madison Street. Affiliated with the National AARP. To become a member of the local chapter you must be an active member of the national chapter. The local dues are \$5 per year. Our motto is "To Serve and Not to Be Served" for our communities. We have guest speakers monthly who reflect on services to our seniors. We welcome guests at all our meetings, and have light refreshments after each meeting. For additional information, please contact Charmist Fields, President, (931) 358-3875, charmistfields@charter.net.

NARFE CHAPTER 870, (NATIONAL ACTIVE & RETIRED FEDERAL EMPLOYEES)
The only association dedicated to protecting the earned retirement benefits of federal employees, retirees and their survivors. NARFE works on the national and state levels in Congress to propose and oppose legislation in the interest of the federal employee and retiree. Local NARFE Chapter 870 meets on the 2nd Thursday of each month at Golden Corral at 2188 Wilma Rudolph Blvd. Our meeting begins at 11:00 a.m. Even with our speaker, we are normally finished by 12:30 p.m. or 12:45 p.m. We have a private area reserved with our own waitress service. We always have an interesting program. We encourage retired or active federal employees to join us and bring a guest. For more info, please contact Sandra Simms at hsimms6551@charter.net.

SUPPORT GROUPS
ALZHEIMER'S CAREGIVERS' SUPPORT GROUP
Meetings are the second Monday of each month at 6:30 PM at Clarksville Montgomery County Public Library, and the third Wednesday of each month at 11:00 AM at Clarksville Montgomery County Public Library. Contact Rick Richmond at (931) 362-3143.

ASMT (AUTISM SOCIETY OF MIDDLE TENNESSEE)
Meets the 3rd Tuesday of every month at the Clarksville-Montgomery County Public Library at 350 Pageant Lane, Clarksville from 7:00 p.m. to 8:00 p.m. For more information contact Shelley Taroll at (931) 980-2597 or shelleytaroll@gmail.com.

AUTISM SUPPORT GROUP
Donna Richardson at (931) 503-2315.
BREAST CANCER SUPPORT GROUP
ABC (After Breast Cancer) outreach program provides survivor support through a free, comprehensive 16-week program that includes a YMCA membership, Pink Ribbon training classes, lymphedema education, and nutrition classes in a wellness-focused, caring environment. Survivors are encouraged to attend our monthly meetings held the 2nd Monday of each month. If you are going through chemo and are in need of a wig, please let us know. For more information or to sign up for the next session, contact Sherrie Lewis at (931) 647-2376 or slewis@ymcamidtn.org.

CLARKSVILLE ASSOCIATION FOR DOWN SYNDROME (CADSTN)
Where individuals, families and the community come together to enrich, educate and support one another. Contact Patricia Hanna at (931) 645-1261 or cadstn@hotmail.com. Visit cadstn.org.

CLARKSVILLE MONTGOMERY COUNTY MULTIPLE SCLEROSIS SUPPORT GROUP
For patients, family members and caregivers in the day to day management of M.S. Activities include guest speakers, up to date medical news, advances in finding a cure for M.S., and open forum discussions. Meets the third Tuesday of each month (September through May) at 7:00 p.m. at First Christian Church, 516 Madison Street. For more information call Melba Dowdy at (931) 552-1486 or Mary Nell Wooten at (931) 647-8904.

CLARKSVILLE OSTOMY SUPPORT GROUP
Clarksville Ostomy Support is for people who have undergone ileostomy, colostomy, or urostomy or who suffer from CROHN'S DISEASE or other diseases of the bowel. Group meets monthly, on a varying schedule, so please call (931) 502-5001 for next meeting day, time and location.

CLARKSVILLE PARENT/CAREGIVER SUPPORT GROUP
Are you the parent or caregiver of a child exhibiting challenging behaviors? Do you sometimes have feelings of frustration, anger, helplessness, guilt or isolation? Do you live in the Ft. Campbell/Montgomery County area? Join us at Thursday Nights, 5:00 p.m. to 7:00 p.m. at the LEAP Building, 1860 Wilma Rudolph Boulevard. Free child care and food—please call Monica to reserve child care. For more information contact: Monica Causey at (615) 269-7751 ex. 133 or mcausey@tnvoices.org, Jennifer Allen at (615) 854-2165 or JAllen@tnvoices.org; or Sharon Jarrell at (931) 266-6064.

COMPASSIONATE FRIENDS
When a child dies, at any age, the family suffers intense pain and may feel hopeless and isolated. The Compassionate Friends provides highly personal comfort, hope, and support to every family experiencing the death of a son or a daughter, a brother or a sister, or a grandchild, and helps others better assist the grieving family. Meets the third Wednesday of each month from 6:00 p.m. to 7:30 p.m. at the Clarksville-Montgomery County Public Library. Contact Henry Moore, Jr. at tcfofclarksville@gmail.com.

DIABETES SUPPORT GROUP
Need help managing your diabetes? Tennova's Diabetes Support Group offers up-to-date information and peer support related to self-management of diabetes. The group meets the third Tuesday of each month from 12 to 1 p.m.

in the Liberty Rooms of Tennova Healthcare - Clarksville. For more information contact our Registered Dietitians at 931-502-1127

Focus autism now

Online support for parents with children and youth with Autism. We serve the community from Clarksville since 2009. Contact us for information, resources, support, advocacy and leadership tools. Hablamos Español. focusautismnow.com

GRIEF SUPPORT GROUP AT ASERCARE
A grief support group provides opportunities to connect with others who have had a similar experience and talk about the experience in a safe, supportive, and understanding environment. Remember that support groups will take several sessions to help develop coping skills and strategies to deal with one's loss(es). AseraCare Hospice offers grief support groups and individual bereavement services free of charge open to anyone who has or is experiencing grief. A new six-week support group will start every 10 -12 weeks. For more information, please contact Henry Moore Jr. at (931) 551-4100.

JUVENILE DIABETES RESEARCH FOUNDATION (JDRF)
Meets the last Saturday of each month. Contact cvohland-free@jdrf.org.

MEN HELPING MEN
A Christ-based outreach ministry which focuses on restoring and inspiring men to return to God's glory. We believe that by encouraging spiritual unity, growth and providing assistance to men in need this can be accomplished. We assist by teaching small groups, partnering with other outreach ministries and volunteering in the community. Contact us at (931) 241-1884 or (931) 249-4806.

Do you have a loved one battling a mental illness? Our monthly support group is for families and friends of the mentally ill. We encourage, support, and provide information to families. We meet monthly every third Monday at 6:30 at Tennova Healthcare (formerly known as Gateway Medical). For more information, call Karen at 931-221-2696 or look for us on Facebook at Clarksville NAMI.

PARENTS HELPING PARENTS
A bereavement support group for any person who has ever loved and lost a baby or child. You can expect compassion, support and useful information to help you through this time of grief. Held the first Monday of each month from 7:00 p.m. to 9:00 p.m. in classroom 2 off the "A" lobby at Blanchfield Army Community Hospital, Ft. Campbell. The group is open to the community. For directions or information e-mail Sheree at InfantLossProject@yahoo.com or call the chaplain's office at (270) 798-8777.

PARKINSON'S SUPPORT GROUP
Meetings are the 2nd Thursday of each month from 3:00 - 4:00 p.m. (for patients and caregivers) at the Church of Christ at Trenton Crossing, 2650 Trenton Rd. Contact: Shirley Cook 931-624-4561
Vennie Evans 931-801-2706 or vennieevans@aol.com.

TENDERPAWS PET THERAPY
Tenderpaws Pet Therapy Group meets at 10:00 a.m. the first Saturday of the month in the Liberty Room of Tennova Healthcare - Clarksville. To have your pet screened call Kathy at (931) 553-8959.

YMCA'S RESTORE MINISTRIES SMALL GROUPS
Restore Ministries offers small groups led by trained and caring facilitators in a supportive environment in which people who are seeking to make similar life changes can work together to identify and overcome the barriers standing between them and lasting change. If you are having relationship difficulties, experiencing loneliness, grief, stress, sadness or just need encouragement, we can help. Our groups address all types of issues ranging from anxiety to grief to low self-esteem and body image. Restore Ministries is for everyone, guiding men and women to complete hope, healing and restoration. Most groups meet for 8 weeks. Fees are based on your ability to pay. Groups are open to both members and non-members of the YMCA. For more information or to sign up for a group, contact Susanna Powers at (931) 647-2376 or spowers@ymcamidtn.org

TUESDAY OVEREATERS ANONYMOUS MEETING
Tuesday meeting, noon to 1:00 pm. Saint Joseph Center Room #10 (Downstairs: parking behind building) For more information call: 931-257-6817
Email contact: tuesday1meeting@gmail.com

For corrections or to include your group's information e-mail:
network@clarksvillelivingmag.com



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