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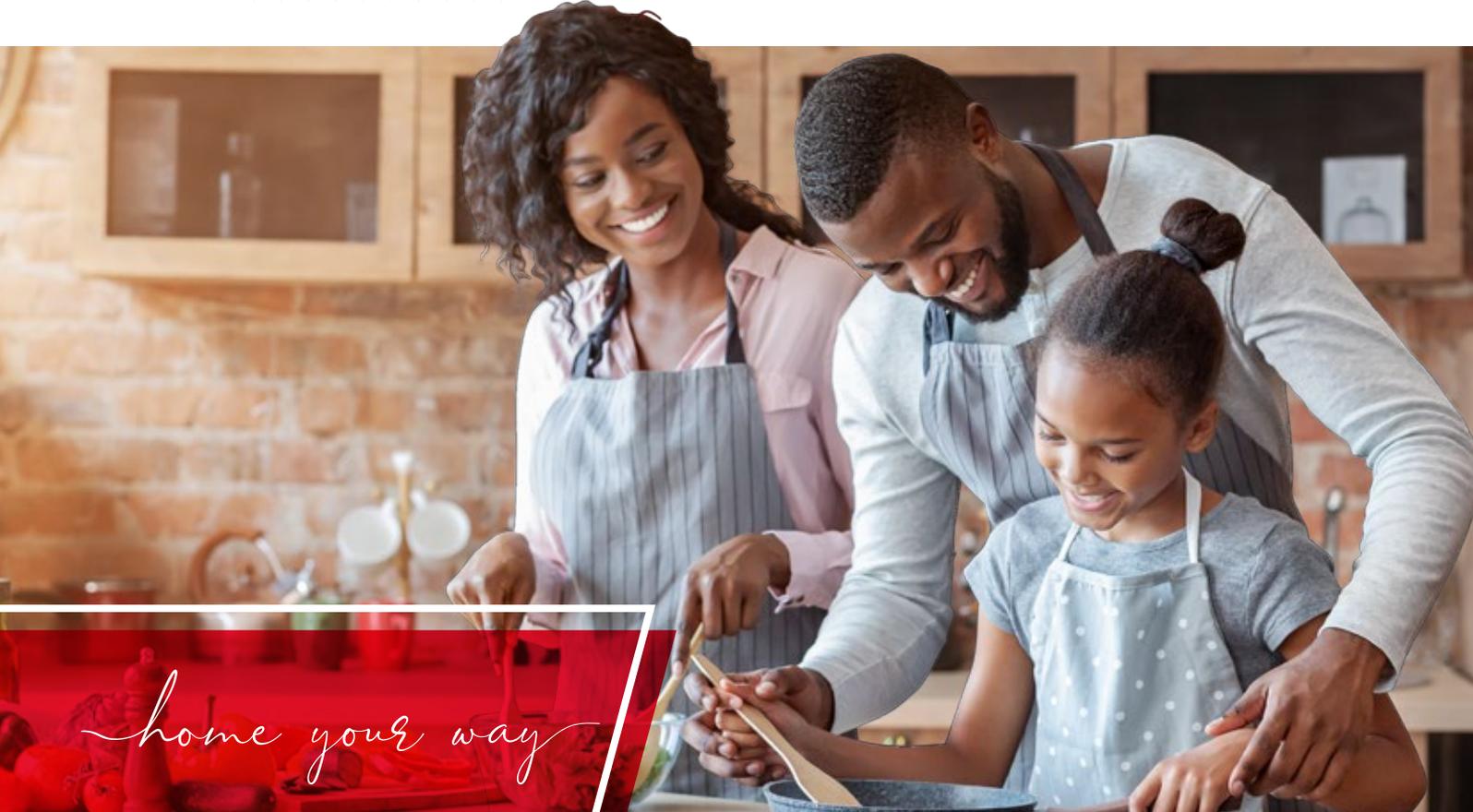
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## Publisher's note

I always get a little sentimental about the April issue of Clarksville Living because that means the magazine is another year older, and we're heading into our 16th year!

We are thrilled and grateful to have been around so long and want to thank all of our readers, advertisers, outstanding employees, and contributors for helping us all along the way. We look forward to many more to come and hope you'll all be there with us.

Even though it might not feel like it outside, summer and its heat will be here before we know it. With travel still being a little iffy, many of us are opting for staycations instead. By doing this, you may be considering a pool, hot tub, or spa in your backyard. For safety reasons (that are long overdue), the local permit laws have recently changed, so before you sign anything, read Tony Centonze's article starting on page 14.

Easter will be here before you know it, and with that and the beautiful weather, there are all sorts of things going on around town. Check out our jam-packed events calendar starting on page 22.

We've loaded this issue with many great articles on things to do, ways to become healthier, local arts, and great stories about our community and its citizens. I hope you enjoy reading it.



*Carla Landtroop*  
Founder & Publisher

This month's find-a-word puzzle for clues about what's inside this month's issue!



Find the following words in the puzzle.

Words are hidden → ↓ and ↘ .

CLARKSVILLE	HUNT	SPA
EASTER	MEDAL	VINE
GOLD	MOBILE	VOLUNTEER
HERO	OLYMPIC	WINE

### DISCLAIMER

The opinions expressed by articles, advertisements and listings in this magazine are not necessarily the views of Clarksville Living. Reasonable care has been taken to ensure the information presented is accurate, but no responsibility can be taken by Clarksville Living Magazine if it is not.

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Local nonprofit, Judy's Hope is planning to build a small community of tiny houses for women and children experiencing homelessness.

"It is a new ministry that is going to serve women and children coming out of broken places," said Karen Powers, founder and president of Judy's Hope. "We plan to build tiny houses for women and children to live in while they get their feet back under them. It's a time for them to have a safe place."

**For more, including volunteer and donation opportunities, visit [judyshope.org](http://judyshope.org).**

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Just about one year ago, the Zinc Plant reached out to the City of Clarksville, Montgomery and surrounding counties to serve children with a unique Easter experience. Participation exceeded their expectations with 467 children showing up to meet the Easter Bunny and Nyrstar employees had so much fun, they're back at it again.

The Zinc Plant, known for several years now as Nyrstar (pronounced NEAR -STAR), has been providing jobs and producing Zinc at 1800 Zinc Plant Road for going on 44 years.



With their 2nd Annual Community Drive-thru Easter Egg Event just a few days away Nyrstar is discovering a new passion – a passion for providing and producing SMILES!



Always an active participant in the Community, since early 2020, the Zinc Plant has been directly and indirectly touched by the Global Pandemic and severe weather tragedies in both Waverly, Tennessee and Mayfield, Kentucky. While heightening activity to reach out to their own, expanding to additional people in the

Community was a natural progression.

Consider visiting Nyrstar, the Zinc Plant at 1800 Zinc Plant Road, Clarksville on Saturday – April 9, 2022, come anytime between 10:00am and Noon. The Easter Bunny will be onsite to greet each car with his special helpers.



Cars slowly and carefully navigate the route on site making stops at the appropriate stations for goodies and chances for prizes. Just a reminder, the event opens at 10:00am and closes at Noon (12:00pm).

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# READY, SET, GOLD

By Paige Eisemann

**I**n the summer of 1940, a little girl was born in the St. Bethlehem community of Clarksville. This child suffered multiple major illnesses and was physically disabled through much of her early years, unable even to walk on her own. Fortunately, her strength and natural athletic abilities led her to overcome the health issues that plagued her youth and her hard work and talents led her to become one of the most decorated female athletes in American history. In honor of Women’s History Month it is fitting that we remember our local hero, “The fastest woman in the world”.

Wilma Glodean Rudolph was born prematurely on June 23, 1940 as the 20th of 22 children of Ed and Blanche Rudolph. Being part of a large family was a blessing, as young Wilma suffered many illnesses in early life. Pneumonia, scarlet fever, and polio left her diagnosed with infantile paralysis by age 5. The use of her left leg and foot were lost due to the drastic muscle weakness caused by the poliovirus. Doctors fitted young Wilma with a leg brace and told her family that she would never walk again. Wilma’s mother however, insisted that her strong and brave daughter would indeed walk again. The love of a mother who has witnessed her young child overcome such terrible illnesses should never be doubted. Clarksville lacked medical resources in the 1940s, especially for African American residents, so Blanche and her daughter took weekly bus rides to Meharry Medical College in

Nashville. At the historically black university hospital, Wilma received the treatments she needed over the course of several years. By age 8 she was able to move on her own using her leg brace. Eventually she was fitted with an orthopedic shoe for support, moving past the need for her leg braces. As her loving family took turns caring for her, they followed physician instructions such as providing at-home therapeutic massage to her weakened muscles as many as four times per day. By age twelve Wilma was able to walk unassisted without braces or orthopedic shoes helping to support her. Imagine having overcome the debilitating effects of polio at such a tender age!

Around the time that Wilma began to walk unassisted, Wilma expressed an interest in playing basketball. Following her sister Yvonne, she began playing basketball in eighth grade. As she grew, she became a starter for the Burt High School team and began running track after her coach C.C. Gray nicknamed her “Skeeter” (short for mosquito) because she was so fast. Wilma set a new record for high school basketball in her sophomore year, scoring 803 points! It was while playing basketball that Wilma was first spotted by Tennessee State University’s track and field coach, Ed Temple. Temple knew instantly that Wilma was a natural born athlete, even before he knew what she had overcome in childhood to have the ability to use her talents. 14 year old Wilma was invited by Temple to join his summer training program at TSU. She attended his collegiate track camp, and then

competed at an Amateur Athletic Union track meet in Philadelphia, Pennsylvania where she won nine events. Wilma continued to train regularly at TSU while still a high school student under Temple’s guidance. Rudolph raced at amateur athletic events with the Tigerbelles (the TSU’s women’s track team) for two more years before enrolling at TSU as a student in 1958. In 1956 Wilma attended the U.S. Olympic track and field team trials in Seattle, Washington and qualified to compete in the 200-meter individual event at the 1956 Summer Olympics in Melbourne, Australia despite still being in high school. Wilma was the youngest member of the U.S. Olympic team and was one of five TSU Tigerbelles to qualify for the 1956 Olympics in Melbourne, Australia. She competed in the 1956 Olympic games and won a bronze medal in 4x100 relay.

As a college sophomore, Wilma competed at the 1960 Olympic trials at Abilene Christian University in Abilene, Texas, where she set a world record in the 200-meter dash that stood for eight years. Wilma arrived in Rome prepared to win gold. She had committed herself to preparing and training for these games, and that commitment made history. She won three gold medals and broke at least three world records. Rudolph became the first American woman to win three gold medals in track and field at the same Olympic game. Her performance also earned her the title of “the fastest woman in the world”, cementing her as one of the greatest athletes of the 20th century.

The 1960 Olympic Games in Rome were the first games to have worldwide television coverage. Along with other 1960 Olympic athletes such as Cassius Clay (later known as Muhammad Ali), Oscar Robertson, and Rafer Johnson, Wilma became an international star. She was launched onto the public spotlight and fans around the globe loved her. The media called her "America's Athletic Leading Lady", praising her feminine beauty, poise and athletic accomplishments. Global admirers could not get enough of Wilma and her inspiring story from illness to success. The Italians nicknamed her "La Gazzella Nera" ("The Black Gazelle"). The French called her "La Perle Noire" ("The Black Pearl"), as well as "La Chattanooga Choo-Choo".

Wilma and other athletes toured Europe in a post-games tour, where she was met by crowds of admirers. Her popularity only increased along the tour as her fans saw her gracious smile and genuine gratitude for their support. Media praised her as "the most highly visible black woman in the United States and the world". Her success and admirers created an enormous interest in track and field sports, with an incredible boost to events and programs across the U.S. and around the world. By the fall of 1960, Clarksville was prepared to celebrate Wilma as she triumphantly returned home. Plans for "Welcome Wilma Day" were underway with a full slate of a parade, events and a banquet.

Wilma insisted that she simply would not attend if the homecoming was not fully integrated. Understanding that her global popularity and the positive impact her accomplishments could have for the community, she stood her ground. Because of her insistence, over 1,000 people attended the banquet in her honor and thousands lined the city streets to watch the parade. Wilma's homecoming parade and banquet became the first fully integrated municipal event in Clarksville's history.

After her victories in the Olympic games, Wilma continued to participate in prestigious track events and was recognized as the Associated Press Female Athlete of the Year in 1961. She continued to be adored by the media, appearing on The Ed Sullivan Show and To Tell The Truth. She represented the U.S State Department as a Goodwill Ambassador at the 1963 Friendship Games in Africa. She completed her degree at TSU and began her career in education, teaching at Cobb Elementary and coaching track at Burt High School. While working as an educator, Wilma worked for nonprofit organizations and government-sponsored projects that supported athletic development among American children. She later became involved in the federal Job Corps program, and served as a track specialist for Operation Champion. She

*Continued on page 10*



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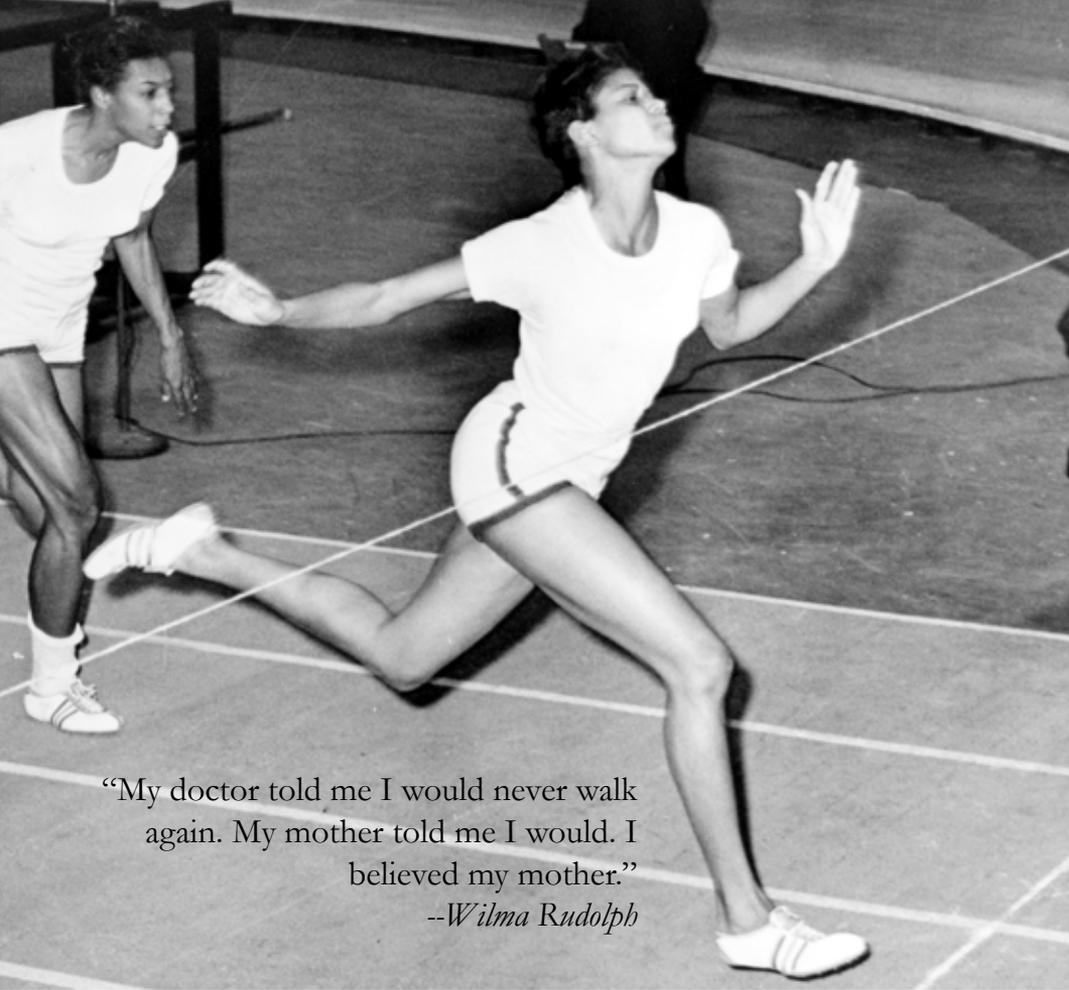


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“My doctor told me I would never walk again. My mother told me I would. I believed my mother.”  
 --Wilma Rudolph

Continued from page 9

did not remain in Clarksville forever, though. In 1981 she established and led the Wilma Rudolph Foundation, a nonprofit organization based in Indianapolis, Indiana, that trains youth athletes. She joined DePauw University as director of its women's track program in 1987. Additionally, she served as a consultant on minority affairs to the university's president. She became an Olympic Games commentator for ABC Sports and lit the cauldron to open the Pan American Games in 1987 at the Indianapolis Motor Speedway. All of this while raising her four children!

During her lifetime, Wilma was recognized in many capacities. She was inducted into the Black Sports Hall of Fame in 1973, the Olympic Hall of Fame in 1983, the National Women's Hall of Fame in 1994. She has also been honored in the U.S. National Track & Field Hall of Fame, and selected as one of the five greatest women athletes in the United States by the Women's Sports Foundation. In 1996, that foundation presented its first Wilma Rudolph Courage Award to Jackie Joyner-Kersey, naming their prestigious award for Wilma. Here



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in Montgomery County, Wilma's impact can be seen in a number of places. The portion of Hwy 79 from exit 4 to the intersection of Kraft Street was named Wilma Rudolph Blvd. in 1994. A life size bronze statue of Wilma was placed near the Riverwalk and pedestrian bridge on Riverside Dr in 1996, but it was moved in 2012 to stand outside the city's new Wilma Rudolph Event Center near Liberty Park on Cumberland Drive in 2012. Some accolades you may not be aware of are that in 1994 the US Postal Service issued a stamp featuring Wilma as part of their "Distinguished Americans" series, or that In 1997, Governor Don Sundquist proclaimed that June 23 be known as "Wilma Rudolph Day" in Tennessee.

Wilma Rudolph led an extraordinary life, from her very beginning as a premature baby in St. Bethlehem until her death in Brentwood, TN on November 12, 1994. Overcoming childhood illness and physical disability to become one of the most renowned female athletes in the world was

no easy task, especially in the American South in the 1960s. Her Mother and family chose to invest their time and love into her, and she in turn devoted her talent and energies into athletics. Her victories allowed her opportunities to be a role model around the world. She chose to use her popularity to invest in others, seeking out opportunities to help young females and black athletes use their talents and empower them for their own future success. While life was not always easy for Wilma, she persevered. Her natural talents opened doors, but it was her hard work and dedication that led her to countless successes, which she wisely used to help benefit others. How fortunate we are to learn from the life of "the fastest woman in the world." 🦋



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By Paige Eisemann

A soft glow spills from the windows onto the sidewalk on Franklin Street. Inside, the smooth mellow background music plays just below the din of conversation as friends and couples gather over charcuterie boards and glasses of wine. A beautiful atmosphere sets the stage for an excellent evening at The Vine on Franklin, Clarksville's only wine bar.

Before the shutdowns of 2020, Emily Trageser and family had already begun work on their dream. For five years, they had been dreaming of opening a wine bar in Clarksville similar to the ones they knew and loved during their time with the military in Monterey County, California. They began the long search for just the right location, the right distributor, the training they would need. They settled on 128 Franklin Street (which had been vacant for nearly 40 years) and began the long and arduous process of restoring it to its former glory.

When the world ground to a standstill due to the pandemic, construction slowed but did not stop. Materials were delayed and hard to come by. The family worked together on the restoration along with their contractor, even their children pitched in with the labor. Emily earned her Introductory Sommelier certification in August 2019 and continues her training as a wine steward with the Court of Master Sommeliers. She has intensive training which requires passing a wine theory exam which tests knowledge of wine types and the various regions of the world from which they originate, as well as the basics of wine service and tasting. The family continued working toward their dream even as the world slowed down.

The Tragesers held their first event in November 2020 at Journey's Eye Studio, and the level of interest in the community encouraged them to continue on their journey. Other events followed, including a wine pairing experience event in conjunction with the Roxy Regional Theater in May 2021. As the world began to reset and return to normal, work began to pick up again. Momentum was building as the family grew nearer to their goals. Finding distributors, completing paperwork for the city and state, creating menus which incorporate local foods and highlight specific wines that will be enjoyable for patrons, finding furnishings, decor and staff. Emily and her family have worked diligently to prepare for their opening, even as the world made their opening more delayed than they originally hoped.

The door of The Vine on Franklin was opened for a soft opening on March 1. On that evening and every evening since, friends and family enjoy the fruits of the Trageser's labors with wines from around the world and small plates to accompany them. The warm and inviting atmosphere created by the owners and staff

is felt from the moment you walk in the doors. The history of the beautiful building has seamlessly blended into a modern way to socialize and enjoy wine in a welcoming and lively atmosphere. There are small table sets for dining, but also many cozy conversation vignettes with soft seating for four gathered around low tables. The bar area features seating nestled around a bar which is built of the original tin ceiling tiles of the building. Downstairs there are more gathering spots, looking into the beautiful wine cellar. Every space for patrons is inviting, with warm lighting, music, and



Emily and Jake Trageser, owners of The Vine



interesting artwork on display. The staff is helpful in educating guests on wines and making suggestions. The appetizing menu includes sweet items such as cake shooters, raspberry tartlets, and flourless chocolate cake, as well as savory items including charcuterie boards, various salads, ahi poké crisps, oysters, and salmon tartar. There are many varieties of wine available including a list of dry wines in both reds and whites. For fans of a sweeter drink there are sparkling, rose and dessert wine options. There are also bourbons, whiskeys and liquors for those who prefer a different type of libation.

There is no need to be a wine expert to enjoy The Vine on Franklin. Even the most novice wine drinker can find something to enjoy with the helpful servers and Trageser there to guide you. After a lot of hard work and a long wait, the Trageser family's dream has come to fruition. Looking across the beautiful space, seeing friends gathered to enjoy their wine selections and gorgeous food, it is easy to say that Clarksville's only wine bar was well worth the wait. The warmth of The Vine on Franklin is just the glow we needed in our downtown community. 🦋

The Vine on Franklin  
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Downtown Clarksville

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# SURVEY SAYS...

By Tony Centonze

**D**uring the pandemic stay-cations became more popular than ever. Pools, hot tubs and other improvements to the outdoor living space were trending. As a result, the swimming pool industry's annual revenue now tops \$1.1 billion.

For good reason, the number one concern of people who are shopping for pools is, you guessed it, price. A quick search will tell you that in-ground pools in the Nashville, TN area start around \$60,000 and can easily exceed \$200,000, with the average cost of a fiberglass pool ranging between \$70,000 and \$85,000.

Clarksville Fencing recently shared some information on what you need to do before you start building a pool, saying, "it pays to know all the liabilities that come along with pool ownership. ... Every state and local government has a different set of regulations regarding pool code, so it's always best to check with your local

authorities to determine the most up to date regulations for your area."

That's great advice. So, we checked with David Smith at City of Clarksville Building & Codes, and he had a lot to say.

"A lot of people have huge backyards, so they're building pools and sheds on their property, often without realizing that these structures are on the periphery of a Public Utility & Drainage Easement (PU&DE) or in a Federal Emergency Management Agency (FEMA) flood way," Smith said. "What we've found during all these recent flood events and high water events is that this can be a big deal.

"We also have more and more of these cluster developments that have 5-foot setbacks and PU&D easements, and we're finding a tremendous amount of violations within these types of installations."

Smith says what's happening is homeowners are hiring contractors to, essentially, illegally install something that Building and Codes permits.

"That's bad," Smith said. "So, we require a little due diligence from the contractor on the front end. If they're going to build a pool, above ground or otherwise, they have to do it in a way that is compliant with flood ways, setbacks, etc."

As you might imagine there has been a tremendous amount of push-back, especially from the in-ground pool installers.

"This isn't just about pools, it's about any structure being built on someone's property,"

Smith said. "We are just enforcing the rules of the storm water management folks, who are technically part of the street department. Their rules state, by ordinance, no structure temporary or otherwise can be erected in a FEMA flood way, in a PU&DE, or in violation of setbacks. These setbacks and easements are necessary, anywhere you find phone lines, water lines, sewer lines, or storm drains.

"If we have to work on a utility, and now there is an in-ground pool built right next to a gas main, or an electric line in the protected easement, that pool might have to be demolished. That is not a cost that the utility company or the city would bear, sadly, it would be on the homeowner, who paid the contractor to do the job right."

Smith shared an example, a situation that occurred recently. A firm out of Nashville sold an in-ground pool package to a homeowner for \$120,000. They were proposing to build the pool





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entirely in the FEMA flood way, a 100-year flood zone.

"They came to us for a permit and we said, no." Smith said, "you can't build it there. We need a survey. They said, 'why do we have to have a survey, we know what we're doing.' No, you're proposing to build in a flood zone, 'we can build it there', no you can't, just constant arguing, 'well, this is going to put us weeks behind.' Well, you should have booked that weeks ahead. You've got to plan this stuff out, any project manager will tell you that."

Smith says Building & Codes met with pool vendors well over a year ago, and told them about the change in enforcement. The laws were already



Even placing a pre-constructed storage shed on your property can require a permit

on the books, but enforcement had been a little lax.

"That's what prompted a lot of this," Smith said. "This office in the past wasn't always doing everything exactly by the book. If you wanted a pool, you got a permit, then it was on our inspectors to come out and determine whether the pool was illegally placed. That put the burden on us. The burden doesn't belong on us, relative to underground utilities.

"It's not on us when you call 811 to dig. That's on the home-owners and the contractors. It's their responsibility to make sure there is no negative impact on us. Now, we do our due diligence to make sure we're placing responsibility on the contractor. We check licenses, insurance thresholds, all those things.

"The property owner has to begin the in-ground pool installation process with a survey that shows that the pool is being installed in compliance with setbacks, clear of any utilities, drainage, FEMA flood ways, and field lines related to septic. There is a lot of that stuff that comes up.

"They can come to us and make an application for permit, but without a survey they're not going to be able to get a permit for an in-ground pool. For an above ground pool, they just need to do a little

CAD work. They can look at the plat and overlay the pool."

Smith says his office does some due diligence for above ground pools, but they don't have to have a stamped survey for an above ground pool, because technically it's a temporary structure.

He directs everyone in need of a survey to a private engineering company, and says that there are probably a dozen such companies in town.

"There are different sizes and dimensions of pools, so there is something that would work for just about anyone," Smith said. "The cluster developments with large houses are complicated, though. These contractors will build a house on a lot that might be 60 -70 feet wide. Often, the house is built right up to the side and front setbacks. So, the homeowner might have maybe 20 - 30 feet of wiggle room in the backyard, and PU&DE may be 10 feet of that.

We also see of trampoline ground pools way. It's all We encourage to come to proper p

# AC ANGLIN CONCRETE

Ready To Learn More?  
[www.anglinconcrete.com](http://www.anglinconcrete.com)



## WHY ANGLIN CONCRETE?

WE ARE COMMITTED. WE ARE THE SOLUTION.

Anglin Concrete specializes in residential concrete, foundations, decorative backyard work, and building pool decks all in the heart of Middle Tennessee.

Our vision of helping you complete your project, giving you a warranty on it, and not charging you anything until we are finished is something that our team greatly takes pride in.

NEW CONCRETE | HOME IMPROVEMENT | STAMPED CONCRETE | CONCRETE ADDITIONS

see a lot  
 es & above  
 in the flood  
 l illegal.  
 e everyone  
 us for the  
 process.

“You don’t want a pool built right against a house because you need the soil to have the appropriate compression strength, you don’t want to compromise that. These cluster developments are tight and that is the nature of many of the lots that are being developed here in Clarksville, as we continue to grow so quickly.”

Smith wanted to reiterate that the laws have not changed.

“In regards to the permits that we issued and the literature we handed out, these rules have always been on the books,” Smith said. “For whatever reason, it wasn’t the practice of the office at the time to require surveys in advance. We shifted that responsibility well over a year ago, and met with the pool companies at that time. We had everyone who had been issued a permit come in. We also had local installers, and some Nashville installers.”

Smith says some of the companies have complied willingly, other companies still want to fight with Building & Codes on just about every install.

Smith also wants to be very clear that this isn’t just about pools, it’s about all structures, as defined by Building & Codes.

“I can take you for a ride anytime and show you any neighborhood that borders a flood plane,” Smith said. “They have bought a shed from the Amish or Lowe’s, and it’s sitting in a flood way, which is illegal. We also see a lot of trampolines and above ground po We also see a lot of trampolines & above ground pools in the flood way. It’s all illegal. We encourage everyone to come to us for the proper process. ols in the flood way. It’s all illegal. We encourage everyone to come to us for the proper process. If we all do our due diligence, home-owner, contractor and Building & Codes, this will be of great benefit to the home-owner in the end.”

When asked about the potential hazards of a pool in the flood way, Smith defers to the Street Department and the storm water administrator. He also explains that these aren’t local rules, but are actually FEMA guidelines that are being enforced by local agencies.

“Homeowners will call us to complain about their neighbor who just built a pole barn right up against the property line,” Smith



said. “We go out there and find a huge structure someone spent \$50,000 on. They hired a contractor to build it, and it’s illegal. So, it either has to be torn down or moved. The homeowner should never assume the contractor has done their due diligence.”  
 If Building & Codes finds a situation like that, the homeowner has to come into compliance. They get cited, and fined each day. They also incur court costs. It could cost \$160 a day.

“Why should that cost be borne by the homeowner who hired in good faith a company like one of these pool firms,” Smith said. “Think about that \$100,000 pool. If that had been built

illegally, what is the homeowner’s recourse? They then have to take a civil action against the contractor, which costs them even more money.

“What happens is, the pool company tells the home-owner to pull the permit, now the home-owner is absolutely 100% responsible. They’ve hired the company, but they pulled the permit, so now they have no one to go after.”

Smith says situations like this can become very tangled. He advises, do not pull the permit yourself. Make sure your contractor is licensed, and be sure all due diligence is done before the project begins. 🦋

# APRIL POWER PRODUCT of the MONTH



## 20% OFF

Entire Shampoo line through 4/30/22

### Defy frizz for days

**NEW** smooth infusion™ anti-frizz collection.  
 Smoother, sleeker hair in just one use.  
 72-hour frizz protection with our multi-benefit stylers.






**EDEN**  
day spa & salon  
 150 Hillcrest Dr., Clarksville TN  
[www.edendayspas.com](http://www.edendayspas.com)  
 931-552-2313



# the girl code

By Paige Eisemann

There's an old English song that many of us remember hearing in childhood. "Frogs and snails and puppy dog tails, that's what little boys are made of. Sugar and spice and everything nice, that's what little girls are made of." is the familiar refrain. While we have all heard

those words we know that it takes a lot more than frogs and snails or sugar and spice to keep kids entertained these days! Are you looking for something unique to entertain your children for a special event or celebration? No need to look further, Girl Code Mobile Spa will come to you!

Girl Code Mobile Spa opened in January

2022 and is the creation of Tierra Jefferson. Jefferson is a professionally trained nail technician who found that she wanted a more personal way to use her education. Playing on her spirited personality and love of fun, she saw her happiest moments of engaging with her own daughter and young cousins as her launching point. Jefferson says there is nothing she enjoys more than

having fun with children, their joy is contagious. Having seen the mobile gaming vehicles around Middle Tennessee, she began imagining a different sort of mobile option with primarily little girls like her daughter in mind. Working with a mentor, she committed to using her talents to provide mobile spa and party experiences in our community in an exciting new way. From her imagination, a business was born!

**GIRL CODE MOBILE SPA**

WE BRING THE "SPA"RTY TO YOU!  
PARTY PACKAGES FOR GIRLS AGES 4 TO 16

@GIRLCODEMOBILESPA  
 GirlCode MobileSpa  
 931-302-7082

GIRLCODEMOBILESPA

[www.Girlcodemobilespa.com](http://www.Girlcodemobilespa.com)

Offering luxury spa and entertainment packages with creative themes at a variety of price points, the Girl Code Mobile Spa provides an option for something different for your child's birthday celebration, team party or just a pampering day. There are options that include mini-manicures, mini-pedicures, facials (with or without sprinkles), even glam makeup with sparkly rhinestones. Additional features include karaoke, dress up (including hats, glasses and feather boas), mocktails (fruit drink with candy topping), make your own lip gloss, and even a glow party option!

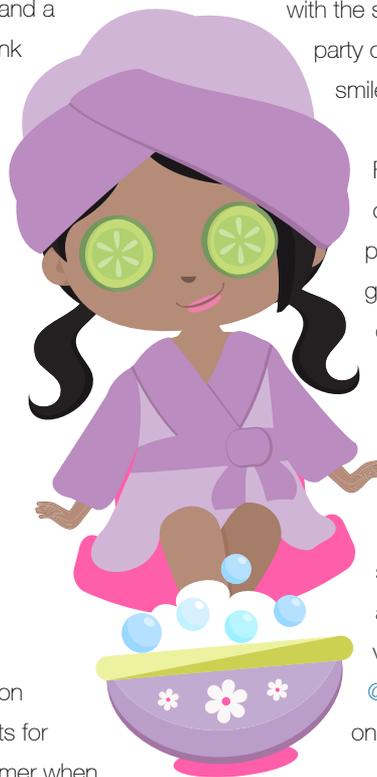
Each party begins with fancy pink satin spa robes and a pink carpeted runway entrance into the mobile spa. Young spa guests are welcomed into the interior of the spa which is decked out in bright and fanciful colors and LED lights, huge karaoke screens, and enough sparkle and dazzle for every child's most glittery dreams. Tiaras and sashes are available for birthday patrons, and everyone is welcome to try out a fluffy spa headband or eye mask. Throughout the spa experience, fun music plays and the helpful staff interacts with their guests creating an even more exciting atmosphere. After their pampering treatments, guests can sing their hearts out to their favorite songs on the huge karaoke screens under colorful lights. Dancing and laughing are guaranteed!

Jefferson is bursting with creative ideas to engage the children of Clarksville. Recently she held a "Movie Night". The Girl Code Mobile Spa bus was parked at The Wax House, and guests were welcome with trays of popcorn,



candy, nachos with cheese and a drink. Cozy in the sparkly pink and purple interior, the lights were dimmed and everyone enjoyed a favorite movie. She has plans for future events that include "Sundae Funday" where guests will create their own ice cream sundaes, and "Adopt A Unicorn" events, where guests will create bracelets to adorn the necks of their newly adopted plush pets. These fun ideas and many more will begin rolling out in the coming months, and Jefferson plans to offer more fun events for children throughout the summer when they most need fun distractions from video games and phones.

Opening a business in this day and age is a very daunting task, but Tierra Jefferson had a great idea and saw a need in our community so she has worked hard to fill that need. Her great idea is a smash hit with parents and children alike! Girl Code Mobile Spa offers so many fun packages and unique events, there is no need to try and keep your children entertained



with the same old parties. Let the party come to you, and watch the smiles and laughter begin!

For more information or to book your own party or event, visit [girlcodemobilespa.com](http://girlcodemobilespa.com), email Tierra at [girlcodemobilespa@yahoo.com](mailto:girlcodemobilespa@yahoo.com), or call 931-302-7082.

Follow on social media to see updates on events, adorable party photos, videos and more! [@girlcodemobilespa](https://www.facebook.com/girlcodemobilespa) on FB and IG.

**AMARE MONTESSORI**  
An educational journey from the first steps to adolescence.

"Peace is what every human being is craving for, and it can be brought about by humanity through the child."  
-Maria Montessori

931-368-3818  
[amaremontessori.org](http://amaremontessori.org)

AMERICAN MONTESSORI SOCIETY  
Approved 3rd, 6th, 9th, 12th Grade  
Accredited Montessori School



By Taylor Lieberstein

**G**reek philosopher Aristotle once said that the essence of life is “to serve others and do good.” It seems an increasing number of us are starting to wake up and see that volunteering is vital. Volunteers help organizations fill critical gaps in service. Without volunteers, we wouldn’t be able to sustain most of the essential programs that many people in our community rely on.

This month non-profits of all scopes and sizes will celebrate the impact volunteers make within their organization. Most often unpaid, they generously donate a part of their lives to do the work that nobody else wants to do — cleaning up after the event, fostering shelter dogs, chaperoning field trips, or helping the library. There are so many areas in need of volunteers.

What does National Volunteer Week look like in 2022? Many volunteer programs are operating differently these days, employing a combination of in-person, virtual, and remote volunteers. Now more than ever, people helping others is worth celebrating. Volunteers make so much possible and deserve our appreciation. How will you mark National Volunteer Month? We’ve compiled ideas for celebrating and engaging in the Clarksville community.

Community members can give back regardless of their schedule with multiple projects offered at various times and places throughout the week. Nonprofits receive an overwhelming number of requests in April, so if you can’t get a spot first try, don’t push the idea away. Sign up for volunteering for some other month this year.

Support your local food bank or anti-hunger initiative. The economic impact of Covid-19 has caused a secondary pandemic, hunger. While the demand has increased on non-profits who tackle hunger, volunteers have dropped off. Nevertheless, the work must go on.

### LOAVES AND FISHES:

This agency has an ongoing need for people to prepare and distribute meals. -They serve around 200 meals daily, six days a week. They also

distribute food area church agencies in the community. [loavesandfishestn.org/volunteer](http://loavesandfishestn.org/volunteer)

### MANNA CAFÉ MINISTRIES:

This agency fights food insecurity by serving people from their soup kitchen on wheels, food distribution boxes, as well as providing other vital resources to the community. They have an ongoing need for drivers, office help, warehouse help, kitchen/ cooking help, caseworkers, handymen, and groundskeepers/landscapers.

[www.mannacafeministries.com/volunteer](http://www.mannacafeministries.com/volunteer)

### LASAGNA LOVE:

Lasagna Love matches neighbors who can provide a meal with a neighbor who needs a little help. You can decide how often you participate- once a month, multiple lasagnas a week, or somewhere in between. You decide how far you can drive to deliver a meal. The Lasagna Love Team does the rest to match you with a neighbor in need.

[www.lasagnalove.org/opportunities](http://www.lasagnalove.org/opportunities)

Volunteer virtually. Opportunities to tutor, mentor, or even provide crisis counseling are all available online or via text. Volunteer Match has a growing directory of Covid-19 specific virtual opportunities. Crisis Text Line- a free, 24/7 text line for people in crisis in the United States. The service is powered by volunteer Crisis Counselors who work remotely—anywhere with a computer and secure internet connection works. Crisis Counselors answer texts from people in crisis, bringing them from a hot moment to a cool calm through active listening, collaborative problem solving, and safety planning. [www.crisistextline.org](http://www.crisistextline.org)

### ENGIN FOR EDUCATORS:

Help Ukrainian Educators Improve their English. They are currently looking for volunteers to serve as speaking partners for English teachers in Ukraine. This is a flexible and unique opportunity to make a difference without leaving your room. ENgin pairs you with a Ukrainian educator to video chat each week at times that are convenient for you. [www.enginprogram.org](http://www.enginprogram.org)

## CARE THROUGH CONVERSATIONS:

This is a state-funded program that supports Tennessee's older adults who are facing social isolation and food insecurity due to the COVID-19 pandemic. The Care Through Conversation program helps to ensure the needs of older adults are met through a regularly scheduled telephone call during which a volunteer will conduct a needs assessment coupled with warm conversation to guarantee the participant is safe both mentally and physically. For volunteer opportunities, call 615-253-4307 or visit [tn.gov/aging](http://tn.gov/aging).

## OPERATION GRATITUDE:

This national nonprofit provides a great volunteer from anywhere opportunity. Make paracord bracelets for deployed troops. The national non-profit includes these paracord bracelets in their care packages because they are as functional as they are meaningful—all who serve use paracord, which can hold up to 550 pounds of weight. The bracelet provides 7.5 feet of cord that can be used in an emergency. By taking the time to craft a paracord bracelet, you are providing a hero with a tangible, lasting expression of your gratitude for their service.

[www.operationgratitude.com/volunteer](http://www.operationgratitude.com/volunteer)

Volunteer inside the community while working beside other local volunteers. There are endless in-person opportunities to be the reason someone smiles.

## YAIPAK OUTREACH:

YAIpak Outreach is a ministry that hopes to be an impact in the homeless community by providing basic life necessities for veterans, women, and children in shelters. They also establish micro-homes for the homeless to try and restore hope in their lives. They receive so many donations that help is continually needed to sort and organize the items for their mobile outreach program. [www.yaioutreach.org/volunteer](http://www.yaioutreach.org/volunteer)

AseraCare Hospice- Volunteer to visit patients. Make a difference by volunteering as few as a couple hours a month. Volunteers can choose to provide extra companionship by visiting with patients or assist with household chores or gardening, or even to prepare meals that our staff can deliver to our patients. [www.amedisys.com/contact](http://www.amedisys.com/contact)

## MUSICLINK:

The non-profit links students who show an interest in music but cannot afford lessons, with qualified music teachers willing to reduce their fee by at least half to make the lessons more affordable. MusicLink volunteer teachers have access to a variety of offers and discounts from a growing list of partners as well as additional benefits directly from the foundation. [www.musiclinkfoundation.org](http://www.musiclinkfoundation.org)

Volunteering can help fulfill us in ways that our careers might not be able to do, and there are so many places that need the assistance. Each non-profit is dedicated to making Clarksville a better place. Help the community by volunteering your time to any of these philanthropic organizations. 🦋

**Jesus Spring Fling Thing**  
**Mt. HERMON BAPTIST CHURCH**  
FELLOWSHIP PARK - 5354 Ashland City Rd. - Clarksville, TN - 37043

**Saturday, May 21<sup>st</sup> 11am - 4pm**

Open Car Show, Live Music, Food, Door Prizes and more!  
Everything is free and all are welcome!  
Rain Out Date - June 4<sup>th</sup>  
[www.mounthermonbaptist.org/JSFT](http://www.mounthermonbaptist.org/JSFT)

**ONGOING  
WICKED GOOD  
TRIVIA.  
7:00PM**

Every Thur. in Downtown Clarksville is WICKED GOOD TRIVIA with host Joe Padula of The Joe Padula Show

This is not your recycled corporate trivia. This is a Game Show! It's fresh, created each week with Video, Visuals, Audio, Music and more.

Rounds include TV Shows, Music, Movies, History, Sports, Disney Crap, etc. etc. And so Extra Points earned throughout the night.

PLUS \$2 Bud Pints ALL NIGHT LONG and full kitchen open with the Wicked Good Sandwiches Menu.

605 Cumberland Dr. Clarksville, Tn.

Reserve Your Seat by direct messaging The Joe Padula's Facebook page.

Wicked Good Sandwiches  
605 Cumberland Driv  
Clarksville, TN

**TEEN GAMING  
3:00 PM**

Mondays, Wednesdays, & Fridays  
November - December

Join us for Teen Gaming in The Loft at your local public library! Gaming days are Monday, Wednesday, and Friday from 3 PM to 5 PM

Clarksville Montgomery Co.  
Library  
350 Pageant Ln  
Clarksville, TN

**ARTLINK WEEKLY  
PHOTOGRAPHY  
CLASS.**

EVERY Fri. 6PM - 7PM

Join us in the studio for a photography class topic based. Each week we will talk about a topic in photography that will help expand and develop your skills and interest in photography. We want to create a easier way of learning, growing and fine tuning your photography skills. Come at any level and be prepared to be elevated.

We will choose topics in photography you want to know more about and how to use your camera.

Bring the camera you will be using.

This is a weekly class. We will meet every Fri.. The cost is \$10.

This class is held at our studio

[www.artlinkclarksville.com](http://www.artlinkclarksville.com)

116 Strawberry Alley  
ArtLink Studios

**MONTGOMERY  
COUNTY  
GYMBOREE OPEN  
GYM. 9AM**

Where they are: We welcome all children, at all levels of development! Come explore our playscapes, for some unguided play time.

What to expect in class: Children are given free range to explore the set-ups, with their adults within a hug's reach. Let your child take the lead and run out some wiggles! Special Open Gym times will sometimes have extra activities like a no-mess art activity, a story-time or a surprise visit from Gympo!

Benefits:

Physical: Allowing children to lead their own play offers time for them to try things repeatedly without worrying about the structure of a class, or trying something again they did in class earlier!

Cognitive: Unguided play supports early brain development.

Social: Sharing a space with mixed ages allows for children to learn and practice more sophisticated social skills and learn from their peers.

Adults: Let your little one guide their own play, which has countless benefits. Spend quality time with them doing what they love to do, and mostly run out some energy!

Gymboree Play & Music  
210 Needmore Rd.  
Clarksville, TN

**COUNTRY QUILTERS  
OF CLARKSVILLE  
NOON TO 2:00 P.M**

Join us first Mon. of each month. A great way to make new friends and have fun. Be inspired to make and learn all about quilting.

Pardue Memorial Free Will Baptist Church.  
1895 Memorial Drive  
Clarksville, TN.

**FAMILY LIFE CENTER  
ACTIVITIES**

Mon. through Fri., 5:30AM to 9:00 PM (except Wed., 5:30AM to 5:00 PM), Sat., 7:00AM to 4:00 PM This family-oriented facility sports a walking track, basketball

courts, weight room, cardio deck, racquetball court, group fitness, game room, and a luxurious senior-adult social room. It is open to the entire Clarksville community and offers a variety of membership options such as "My doctor told me I would never walk again. My mother told me I would. I believed my mother."

Wilma Rudolphing pass member, group exercise member, and single-, couple- or family-memberships. Classes include step aerobics, sculpting, Zumba, circuit, senior fit aerobics and beginner step (all classes are \$3).

Hilldale Baptist Family Life Center  
250 Old Farmers Road  
[hilldale.org](http://hilldale.org)

**CORVETTES OF  
CLARKSVILLE  
6:30PM - 7:30PM**

Corvettes of Clarksvile monthly meetings to be held on the first Tuesday of every month. Great opportunity to meet other lovers and support local charities.

Corlew Chevrolet Cadillac,  
722 College Street,  
Clarksville, TN

**HABITAT FOR  
HUMANITY  
RECYCLING OF  
MONTGOMERY  
COUNTY**

Tuesday through Sat.,  
9:00AM to 5:00PM Recycling  
Coordinator: Denny Mihalinec,  
[RecyclingHabitatMCTN@gmail.com](mailto:RecyclingHabitatMCTN@gmail.com).  
Recycling bin is located at:

Clarksville Restore  
408 Madison Street  
(931) 645-4242

**MONTGOMERY  
COUNTY BEEKEEPING  
ASSOCIATION  
MEETING**

**7:00PM - 9:00PM**  
Clarksville Montgomery County  
Beekeeping Association (CMCBA)

<http://www.cmcba.com>

We are also on Facebook.

Our meetings are The first Sat. of every month at 10 AM. Locations have been varying due to Covid restrictions. Our next three meetings April, May, June will be held at the Dotsonville Community Center.

With the upcoming spring season it always brings the season of honeybees swarms. We definitely want to make sure that the community can connect to us and our beekeepers. And those interested in beekeeping can conn

**SOCIETY FOR CREATIVE  
ANACHRONISM**

The SCA is an organization dedicated to recreating the Middle Ages as they should have been. We have feasts, medieval combat, tournaments, arts and sciences. If you have an interest in Medieval or Renaissance come join us. We have fighter practice Sun.s at 3:00 PM at Liberty Park. We meet past the fishing pond, back by the dog runs.

Visit [crimsonriversca.org](http://crimsonriversca.org) or call Steven at (931) 542-2277.

**UFO CLUB.**

Shoot down your UFOs. For the quilters or sewers who have Unfinished Fabric Objects lying around. A great way to make new friends and be inspired to conquer some of your UFOs. Join us on the first Sat. of each month at 9:00AM in the classroom at Quilt and Sew. Call the Mother Ship (Quilt Shop) for further details or directions. Free and fun.

What is a UFO? An Un-Finished Object!

A UFO is anything you have started or stashed! You may have bought the kit or a pattern and fabric and just never got started on it. Or you may have started, ran out of time or encountered a problem, and put it down! As with many of our projects, it's just hard to find the time (or enthusiasm) to get back to them. So any project you've put in a drawer, the top of the closet, under the bed or on a shelf could qualify as a Un-Finished Object for this Challenge!

Just follow the directions below and come see us at the shop. "UFO Show and Tell" meetings. (270) 466-9222

Quilt and Sew  
109 South Main Street  
Trenton, Kentucky

**FRENCH DINNER**

1st Sat. of each month at 6pm at Madeleine.

Reservation Only. Enjoy a French meal with homemade courses. Bring your own wine. Call 931-378-5539 to reserve.

Madeleine's  
100 Strawberry Alley  
Downtown Clarksville

## WEEKLY EVENTS

### TUESDAYS

**APR 5 - APR 26**  
**MOM N TOTS**  
**10:30 AM**

Our Mom N Tots class is something fun and creative that you can do with your little one. Come with your baby, toddler or preschooler. If you are a Mama, Grandma, Nanny, or Friend Don't let the name fool you its for any one who has a little one that wants something fun and creative to do out side of the house for a change;) We have the class on Tuesdays from 10:30am to 11:30am. You must register online ahead of time as seats are limited. We have created a fun new art project and story that goes along with it for the littles in your life. BUT WAIT... THERES MORE ...throughout the time we incorporate games and sensory play and music. The projects are fun to do together and create some memories while taking home a masterpiece that will add some flare to your fridge. The class is pre-register only and lasts about an hour. We have all the supplies and will clean up the mess too!! Register today for the next class! We are excited to see you there. We want to make this a memory for you and your little one so This is the type of class that the you do with your child. This is a fun hands on experience;) All supplies will be provided. The event cost is \$10 per child.

ArtLink Studio  
116 Strawberry Alley  
Clarksville, TN

**WEDNESDAYS**  
**APR 6 - APR 27**  
**WE GROW**  
**WEDNESDAYS**  
**10:00 AM**

Join us every Wednesday, RAIN OR SHINE, for a free and self guided activity. We will give you a "kit" with instructions and materials, you are welcome to complete this anywhere in the park, or in our community room. This activity is suitable for 7 and below with guidance. No registration required.

Wade Bourne Nature Center  
2803 Rotary Park Drive  
Clarksville, TN

**FRIDAYS**  
**APR 1 - APR 29**  
**NOT YOUR PARENTS**  
**PAINT NIGHT**  
**8:30 PM**

Join us as we have a fun night painting something unique. Each class we will paint something different and worthy of hanging on your bedroom walls. It's all about standing out and being yourself in the most creative way of course. This class is especially created for parents to drop off Thier creative kids for a few hours so they can learn new techniques and create one of a kind pieces. Ages 7 and up (this is for kids who are interested in creating and can follow directions if you would like to see if your child can do this class but isn't in the preferred age send us a message to talk about it) Supplies are included. Cost is \$25

ArtLink Studio  
116 Strawberry Alley  
Clarksville, TN

**SATURDAYS**  
**APR 2 - APR 30**  
**WALKING HISTORY**  
**TOUR 1:00 PM**

Take a walk with me and learn about Clarksville's beginnings. We will laugh and learn and (maybe) sing! History can be fascinating! Price: \$12.00 —Plus tax. T-shirts available for \$25

Downtown Clarksville  
131 Franklin Street  
Clarksville, TN

**SATURDAYS**  
**APR 9 - APR 16**  
**PAINT IN THE DARK**  
**WORKSHOP**  
**4:00PM**

Creating a new light in the dark. Get ready to create in a new way. Sometimes we have to close our eyes to truly see. For this workshop you will learn how to paint without sight. Tracy is an amazing artist with a unique ability to create in the dark herself and will show you how she does it while you can create a one of a kind piece yourself. Tracy Bettencourt is a mother of two, fitness competitor, artist, and Teacher, she began to lose her sight in her early 30s from a degenerative eye disease known as Retinitis Pigmentosa. Although the disease has left her blind, the hardships she experienced have not prevented her from being an advocate for those with disabilities, motivational speaker, and artist. Through her artwork she conveys her perception of the world around her while bringing new insight to her work This is an all ages class. p.s. Don't wear your fave threads this one might get messy; but don't worry we have all the aprons juts in case. Price: \$36.00

ArtLink Studio  
116 Strawberry Alley  
Clarksville, TN

## APRIL

### 1 FRIDAY

**LINCOLN REAGAN**  
**DAY DINNER**  
**5:00PM**

Lincoln Reagan Day Dinner yearly event sponsored by the Montgomery County Republican Party, will be held on Friday, April 1. Event will be held at the Wilma Rudolph Pavilion in Liberty Park. Social Hour/Meet the Candidates will last from 5 to 6:30 PM followed by dinner and Guest Speaker. Phone 931 551 5733 or stop by Republican Headquarters on Madison Street to purchase your required ticket. Price: \$70-\$75

Wilma Rudolph Pavilion  
Liberty Park  
1190 Cumberland Drive  
Clarksville, TN

**PARENTS NIGHT OUT**  
**6:00PM**

Parents looking for a fun night out can drop off their kids at Nailed It, where our Art-tenders will encourage your child to explore their creativity and choose from a variety of projects and activities. Kids will need to wear suitable clothes for crafting. We will provide a light snack and drink.

Nailed It DIY Studio  
2670 Madison Street  
Clarksville, TN

**READING**  
**ROUND-UP**  
**10:00AM**

Join us every first Friday of the month for a reading circle with the Blue Star Families of TN. No registration required, snacks provided and books are being given away to help build home libraries!

Wade Bourne Nature Center  
2308 Rotary Park Drive  
Clarksville, TN

### 2 SATURDAY

**CLARKSVILLE SUNSET**  
**ROTARY CLUB**  
**MURDER MYSTERY**  
**DINNER & SHOW**  
**5:30PM**

Who doesn't love a 1920's Speakeasy Whodunnit? Join us for a fun, action packed murder mystery event, performed by The Murder Mystery Company, while you enjoy a great dinner and peruse a wide array of silent auction items. Come as you are or dress in your

best 20's costume. There will be a prize awarded for best costume!! Tickets are just \$50 each and include appetizers, dinner, dessert & the show. There will be a cash bar available! Sponsorships available. This fundraiser will allow our Club to continue our many service partnership projects within the Clarksville/ Montgomery County/ Fort Campbell communities.

Pinnacle Family Entertainment Ctr  
430 Warfield Blvd  
Clarksville, TN

### 3 SUNDAY

**SOUND & SOUL**  
**SUNDAY**  
**7:00PM**

Free Sound and Soul Sunday Join us for this free guitar-driven music workshop for all levels. Discover music through the strings of a guitar. We have electric and acoustic guitars available for use, as well as electric drums, keys, ukuleles, a mandolin, or bring your own. We do have a limited supply of guitars for the class though and we recommend using your own to best develop your skills. Your welcome to use what we have on a first come first serve basis as well. Below let us know if you will be bringing your own so we can best accomodate those in need. This workshop is FREE! Space is limited though so be sure to sign up to secure your spot. This workshop is geared toward 12 and up.

ArtLink  
116 Strawberry Alley  
Clarksville, TN

**KRISTIN'S KLOSET**  
**PROM DRESS**  
**GIVEAWAY**  
**12:00PM**

Let's go shopping!!!! Kristin's Kloset a new nonprofit organization is hosting it's first annual prom dress giveaway. Any high school junior or senior from Clarksville and the surrounding areas with a valid school ID can come shop, and find their perfect dress, shoes, and accessories! Everything is provided free of charge thanks to donations from our amazing community!

House Of Prieto  
212 Madison Street Suite102A  
Clarksville, TN

**DOWNTOWN**  
**WALKING TOUR**  
**1:30PM**

Ms. Ferrell is a 4th generation Clarksvillian, author of 10 books on Montgomery County, a board member of the Arts and Heritage

Development Council and an officer of the Montgomery County Historical Society. She will begin the tour at the Suffrage statue on the Public Square on Sunday April 3rd at 1:30. Numerous historical artifacts will be displayed as well as the chance to win a copy of one of Ms. Ferrell's books. Participants are encouraged to bring bottled water. The tour will last between 1 1/2 - 2 hours. Cash or check only paid at event; no credit cards please. Price: \$10.00 to \$20.00 —The cost is \$10 for children, ages 1-14 and \$20 for 15+.

Public Square  
Franklin Street  
Clarksville, TN

## **4 MONDAY** **CLARKSVILLE POLICE DEPARTMENT JET OPEN GYM** **4:30PM**

Clarksville Police Department's Juvenile Engagement Team (J.E.T.) will be hosting Open Gym starting Monday, February 7th at 4:30pm-8:00pm at the Crow Recreation Center at 211 Richview Rd. Clarksville, TN 37043. Open Gym will be held every other Monday and it will consist of tutoring between 4:30-5:30, snacks 5:30-6:00, and basketball and other recreational games from 6:00-8:00 pm. This recurring event is for children, grades 6th-12th. If you have any questions you can contact 931-648-0656 ext. 5811

Crow Recreation Center  
211 Richview RD  
Clarksville, TN

## **5 TUESDAY** **ADULT DIY - SPOON CHECKS** **7:00 PM**

FREE! We provide all the supplies!

Carson Center  
100 Kentucky Ave  
Paducah, KY 42003

## **7 THURSDAY** **FIRST THURSDAY ART WALK** **5:00PM**

Art Walk is the first Thursday monthly in beautiful historic downtown Clarksville Tn. Featuring local artists

in many shops in the area. Pop in each one and meet, greet, mingle, shop and sip while you enjoy a great night out. We have a new artist each month displayed on our feature wall. We stay open late and have a chill environment to hang out in. Feel free to walk all over the studio enjoying not only our feature artist's art but also the many other artists' pieces—mostly showcasing our talented team. Don't forget all the art is for sale too. This is a free event. However if you wish to donate to our organization to help fund the arts we appreciate your generosity!

Crow Recreation Center  
211 Richview Rd  
Clarksville, TN

## **8 FRIDAY** **SMASH ULTIMATE MONTHLIES** **5:00PM**

Come and join the esports team at APSU for our first in a series of monthly tournaments we plan to do for super smash bros ultimate! We plan to have prizes, and if we start getting good attendance the prize will be monetary. Bringing your switches/screens would make it faster for all if you are willing to, and make sure to bring your favorite controller! This event is OPEN TO THE OUTSIDE COMMUNITY, FEEL FREE TO BRING ANY OF YOUR FRIENDS AND INVITE OTHER SMASH PLAYERS YOU KNOW. \$5.00 — Entry Fee

APSU Maynard Building Room  
244 Maynard Mathematics & Computer Science, 8th Street  
Clarksville, TN

## **9 SATURDAY** **DRIVE THROUGH EASTER EGG HUNT** **10:00AM - NOON**

The Easter Bunny will be onsite to greet each car with his special helpers.

Cars slowly and carefully navigate the route on site making stops at the appropriate stations for goodies and chances for prizes. Just a reminder, the event opens at 10:00am and closes at Noon (12:00pm).

Nyrstar, the Zinc Plant  
1800 Zinc Plant Road  
Clarksville, TN

## **FATHER DAUGHTER DATE NIGHT** **6:30PM**

Join us for a circus themed night out with your favorite girl.

Games, food, dancing, and prizes will make this a night they won't forget!

\$25 per couple  
\$15 each additional child  
The event is open to girls 5 to 17 years old and accompanying adult.

Wilma Rudolph Event Center

1190 Cumberland Drive  
Clarksville, TN 37040

## **GENEALOGY CLASS** **10:00AM**

Join us on Saturday at 10 AM for the Genealogy class! Whether you are a beginner or a pro, we look forward to seeing you there! If you have any questions, please feel free to contact Raymond at Ray@clarksville.org

Clarksville Montgomery County Library  
350 Pageant Ln  
Clarksville, TN

## **12 TUESDAY** **HOMEMADE GREETING CARDS** **7:00 PM**

FREE! We provide all the supplies!

Clarksville-Montgomery County Public Library  
350 Pageant Lane Suite 501  
Clarksville, TN

## **MOVIE CLUB - TUCKER & DALE VS. EVIL** **7:00PM**

A case of mistaken identity takes a turn for the worse in this 2010 favorite.

Join us as we discuss what makes this movie such a classic!

Copies are available here at the library or you can download or stream a copy for free from Hoopla!

Clarksville MOCO Public Library  
350 Pageant Lane Suite 501  
Clarksville, TN

## **15 FRIDAY** **MONTH OF THE MILITARY CHILD & PURPLE UP DAY** **10:00 AM**

April is Month of the Military Child. The Museum applauds military families and their children for the daily sacrifices they make. Friday, April 15, the Museum is celebrating with Purple Up Day – a day of supporting military families by wearing purple. We'll be handing out special swag to military children.

Customs House Museum  
200 S 2nd St,  
Clarksville, TN 37040

## **16 SATURDAY** **EASTER EGG HUNT** **11:00 AM**

This egg hunt is held every year! Finally we are able to have an in-person event. All ages are welcome! The hunt by age groups will start at 11:00 a.m. by the Fellowship Hall of the church. There will be a light lunch served after the hunt. Prizes will be awarded by age groups for most eggs found. Special eggs will be hidden to be found as well!

Forest Street United Methodist Church  
416 Church Street  
Clarksville, TN

## **18 MONDAY** **CLARKSVILLE POLICE DEPARTMENT JET OPEN GYM** **4:30 PM**

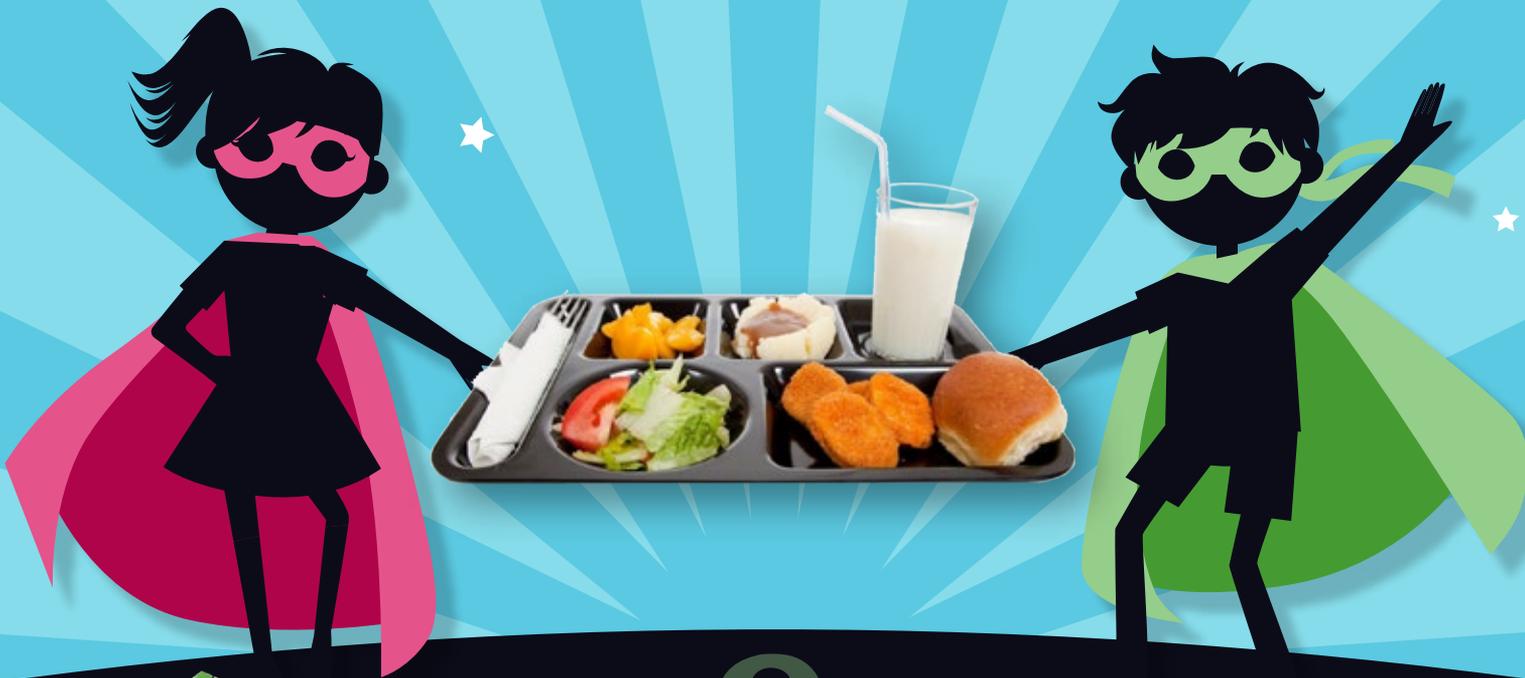
Clarksville Police Department's Juvenile Engagement Team (J.E.T.) will be hosting Open Gym starting Monday, February 7th at 4:30pm-8:00pm at the Crow Recreation Center at 211 Richview Rd. Clarksville, TN 37043. Open Gym will be held every other Monday and it will consist of tutoring between 4:30-5:30, snacks 5:30-6:00, and basketball and other recreational games from 6:00-8:00 pm. This recurring event is for children, grades 6th-12th. If you have any questions you can contact 931-648-0656 ext. 5811

Crow Recreation Center  
211 Richview RD  
Clarksville, TN

## **19 TUESDAY** **EASTER EGG SUCCULENTS** **7:00 PM**

# BE A HERO!

## HELP WIPE OUT STUDENT LUNCH DEBT!



**Education  
Foundation**  
CLARKSVILLE-MONTGOMERY COUNTY

**& CLARKSVILLE**  
*Life, Community, Home & Health in Clarksville, Fr. Campbell & Beyond* **LIVING**

We invite you to donate to Clarksville Living Magazine's charity of choice:  
**The CMCSS Education Foundation Lunch Fund**  
to help pay down student lunch debt!

To donate to this amazing cause, visit:  
**[bit.ly/LunchDebtDonations](https://bit.ly/LunchDebtDonations)**

All payments are securely processed via Bloomerang.  
Please email us at [robin.burton@cmcss.net](mailto:robin.burton@cmcss.net) with any questions.

FREE! We provide all the supplies!

Clarksville-Montgomery County  
Public Library  
350 Pageant Lane  
Suite 501 Clarksville, TN

**SHANE BUCCI  
(GUITAR) GR RECITAL  
5:00 PM**

**APSU PERCUSSION  
ENSEMBLE  
5:00 PM**

Austin Peay State University  
601 College Street  
Clarksville, TN

**21 THURSDAY**

**AS THE PAGE TURNS  
BOOK CLUB  
2:00 PM**

Join us on the third Thursday of the month at 2 PM for a discussion of this month's book. To find out more information, you can check us out on Facebook (facebook.com/cmcpubliblibrary) or contact Brandi Campbell.

Clarksville Montgomery County  
Library  
350 Pageant Ln  
Clarksville, TN

**CANDLE MAKING  
WORKSHOP 6:30 PM**

We have teamed up with the talented Rachel of Elegant Country creations for a smell-good time We will have a fun evening creating candles from beginning to end. You can create 2 custom scented 16oz candles. We have limited spots so get your tickets today!! The cost is \$36 per person. A portion of the proceeds will be going to support ArtLink's non profit art program. The event cost is \$36. Space is limited so be sure to sign up before we sell out.

ArtLink Studio  
116 Strawberry Alley  
Clarksville, TN

**22 FRIDAY**

**SMASH ULTIMATE  
MONTHLIES  
5:00 PM**

Come and join the esports team at APSU for our first in a series of monthly tournaments we plan to do for super smash bros ultimate! We plan to have prizes, and if we start getting good attendance the

prize will be monetary. Bringing your switches/screens would make it faster for all if you are willing to, and make sure to bring your favorite controller! This event is OPEN TO THE OUTSIDE COMMUNITY, FEEL FREE TO BRING ANY OF YOUR FRIENDS AND INVITE OTHER SMASH PLAYERS YOU KNOW.  
\$5.00 —Entry Fee

APSU Maynard Building Room  
244 Maynard Mathematics &  
Computer Science, 8th Street  
Clarksville, TN

**23 SATURDAY**

**DOUGLAS RILEY  
LIVE AT OAK GROVE  
RACING, GAMING &  
HOTEL  
7:00 PM**

We hope you will join us for cold drinks and live music in the Lobby Bar!

Oak Grove Racing, Gaming &  
Hotel 777 Winners Way  
Oak Grove, KY

**26 TUESDAY**

**PHOTO KEEPSAKE  
7:00 PM**

FREE! We provide all the supplies!

Clarksville-Montgomery County  
Public Library  
350 Pageant Lane  
Suite 501 Clarksville, TN

**Customs House Museum  
EXHIBITIONS**

**BOLD EXPRESSIONS:  
THE ART OF  
STEPHANIE J. BROWN**

**APRIL 5 – MAY 29 |  
HARVILL GALLERY**

Stephanie J. Brown is an empowered artist, activist and author who shines a light on self-awareness, survival and pride through her work. "I love to represent the African diaspora by painting faces and accentuating our bold features. I include bold colors, which spiritually represent chakras."

Customs House Museum  
200 South Second St.  
Clarksville, TN

**REMEMBERING FRANK  
ADKINS**

**APRIL 20 – JUNE 26 |  
LOBBY**

Lieutenant Colonel Frank Adkins was the most decorated Montgomery County resident to have served in World War II. This collection of photographs, documents and other artifacts illustrate the courage of this hometown hero.

Customs House Museum 200  
South Second St.  
Clarksville, TN

**BREAKING THROUGH:  
THE RISE OF  
AMERICAN WOMEN  
ARTISTS**

**THROUGH MAY 29  
| KIMBROUGH &  
JOSTENS GALLERIES**

This juried show features over 100 paintings and sculptures by members of American Women Artists (AWA) from across the country. AWA is an organization that aims to increase the number of professional opportunities for women in the visual fine arts.

Customs House Museum  
200 South Second St.  
Clarksville, TN

**RISING VOICES 2: THE  
BENNETT PRIZE FOR  
WOMEN FIGURATIVE  
REALIST PAINTERS**

**THROUGH APRIL 24  
| CROUCH & BRUNER  
GALLERIES**

The depiction of the human figure is central in the history of art, and this exhibition brings a contemporary view to a timeless subject. The \$50,000 Bennett Prize is awarded biennially to a woman fine art painter whose principal artistic focus is figurative painting in a primarily realistic style. Rising Voices 2 is comprised of paintings by the ten 2021 Bennett Prize finalists, including Prize winner Ayana Ross.

Customs House Museum  
200 South Second St.  
Clarksville, TN

**ANEKA INGOLD:  
TRANSFIGURATION  
THROUGH APRIL 24 |  
ORGAIN GALLERY**

Aneka Ingold's dramatically staged paintings present mysterious allegories informed by the stories and lives of women. Drawn from self-reflection and the shared experiences of peers

and women throughout history, her narratives are relayed through symbols and patterns that culminate in a central, goddess-like figure. Ingold's powerful characters, rendered in precise layers of colored pencil and paint, earned her the honor of being named the inaugural winner of The Bennett Prize for Women Figurative Realist Painters in 2019.

Customs House Museum  
200 South Second St.  
Clarksville, TN

**BASKETS & BOWLS:  
ART OF THE WEST**

**THROUGH APRIL 3 |  
HARVILL GALLERY**

Enjoy an assortment of Native American baskets and pottery from the collection of Bob Stanton. After discovering a Hupa hat basket at an antique shop, the Stantons became increasingly interested in Native American cultures. This exhibit includes pieces from various tribes that call the American West home.

Customs House Museum  
200 South Second St.  
Clarksville, TN

**THE INFIRMARY  
THROUGH APRIL 17 |  
LOBBY**

Dr. Robert T. Burt was a skilled surgeon who opened Clarksville's first hospital in 1906. He performed over 300 operations per year, including C-sections long before they were common practice. This exhibit features photographs and other artifacts that tell the story of Dr. Burt and his colleagues at the Home Infirmary.

Customs House Museum  
200 South Second St.  
Clarksville, TN

**EXPLORERS LANDING:  
EXPLORING OUR  
TOWN**

**OPEN NOW ON THE  
LOWER LEVEL**

New Memories, New Adventures, New Explorers Landing! Explore our town with timeless favorites like the Bubble Cave and McGregor's Market and new discoveries like the Landing and Car Ramp. It's an adventure for all ages.

Customs House Museum  
200 South Second St.  
Clarksville, TN

## Customs House Museum EVENTS

### FIRST THURSDAY ART WALK

**APRIL 7,  
5 – 8 PM**

The Museum will offer free admission during First Thursday Art Walk Clarksville from 5 – 8 pm. Say Cheese Please food truck will be serving up delicious eats in the Courtyard.

Customs House Museum  
200 South Second St.  
Clarksville, TN

### MONTH OF THE MILITARY CHILD & PURPLE UP DAY APRIL 15

April is Month of the Military Child. The Museum applauds military families and their children for the daily sacrifices they make. Friday, April 15, the Museum is celebrating with Purple Up Day – a day of supporting military families by wearing purple. We'll be handing out special swag to military children.

Customs House Museum  
200 South Second St.  
Clarksville, TN

### FIFTH SATURDAY DONATION DAY

**APRIL 30,  
10 AM – 5 PM**

Fifth Saturday is Donation Day! During any month with five Saturdays, on the fifth Saturday any monetary donation to the Museum is your admission. Big Mike's Little Donuts food truck will be set up in the Courtyard from 9:30 am – 1 pm.

Customs House Museum  
200 South Second St.  
Clarksville, TN

## Customs House Museum PROGRAMS

### READY, SET, KNOW: A CHILDREN'S HEALTH FAIR

**APR 2, 1 – 4 PM |  
AGES 5 – 10, WITH  
ADULT**

Free with membership or paid admission

Healthy habits grow healthy humans. Learn more about children's health at this program designed for kids. We've partnered with Austin Peay State University students to host

health fair booths with engaging activities covering many topics, including fire safety, childhood obesity, gun safety, sleep hygiene and bike safety. APSU students will offer activities and giveaways for children as they discover more about daily healthy habits. Explore areas throughout the Museum that teach different types of health for children:

- Visit a "Kid's Clinic" to pretend play – bring your child's favorite doll to "examine!"
- Have a Blast! Move more in a youth cardio blast mini-session to promote fitness. Children must wear closed-toe shoes to participate.
- "Make a Microbe," an arts & crafts activity that reminds your children to wash their hands.
- "Boogers & Burps," a series of entertaining videos from SciShow Kids that explore amazing things about the human body.

Fireline Offshore Grill food truck will also be set up in the Courtyard from 12–4 pm.

Customs House Museum  
200 South Second St.  
Clarksville, TN

### STARS & STRIPES: A SALUTE TO MILITARY CHILDREN

**APRIL 16, DROP BY  
BETWEEN 10 AM – 12  
PM & 2 – 4 PM | AGES  
3+, WITH ADULT**

Free with membership or paid admission | Hudson Classroom

The American flag, sometimes called the Stars & Stripes, is flown across our country and on U.S. military installations around the world. Show your support for the children of military families by painting a picture of an American flag flying in your yard. Some paints may stain, please dress appropriately.

\*All parents are expected to participate with and supervise their children.

Customs House Museum  
200 South Second St.  
Clarksville, TN

### LITTLE EXPLORERS: COLOR ME CURIOUS

**APRIL 22, DROP BY  
BETWEEN 10:30 AM –  
12:30 PM | AGES 2 –  
5, WITH ADULT**

Free with membership or paid admission | Hudson Classroom

Your little ones will enjoy a rainbow of activities as they explore colors.

Delve into a rainbow sensory bin, use science to cause a rainbow surprise eruption, make a simple rainbow craft and more!

\*All parents are expected to participate with and supervise their children. Activities may include items that are a choking hazard.

Customs House Museum  
200 South Second St.  
Clarksville, TN

### DISCOVERY SATURDAY RAINBOW SCIENCE

**APRIL 23, DROP BY  
BETWEEN 1:30 – 3:30  
PM | KINDERGARTEN  
AND ABOVE, WITH  
ADULT**

Free with membership or paid admission | Family Art Studio

April showers bring rainbows! This hands-on program explores and experiments with colors of the rainbow. Try mixing different colors to create all seven colors of the rainbow, make and decorate colorful paper-spinners to play with at home and find out what happens to white light when you put on a pair of diffraction glasses.

\*All parents are expected to participate with and supervise their children.

### FAMILY ART SATURDAY: SCULPTING

**APRIL 30, DROP BY  
BETWEEN 10 AM – 12  
PM & 2 – 4 PM | AGES  
3+, WITH ADULT**

Free with membership or paid admission | Family Art Studio

Artists use many materials such as stone, iron and wood to create sculptures. Make your own animal sculpture like those found in Breaking Through: The Rise of American Women Artists using Model Magic, a non-messy modeling material.

\*All parents are expected to participate with and supervise their children.

### MUSEUM DISCOVERY QUEST

Free with membership or paid admission | Developed for school-age children

Free Take It N' Make It Activity

Explore Museum exhibits with your family in a creative way with Museum Discovery Quests – entertaining, self-guided "scavenger hunts" that pique kids' curiosities

and captivate their attention. Several different themes are offered, and all of them include a free Take It N' Make It activity packet for kids to make a fun project at home. Sign up for a Perks Pass to win a free prize from Seasons: The Museum Store after finishing three Quests.

Customs House Museum  
200 South Second St.  
Clarksville, TN

### HUFF & PUFF EXPRESS MODEL TRAINS

**EXHIBIT OPEN DAILY  
| TRAINS RUN  
SUNDAYS, 1 – 4 PM  
AND WEDNESDAYS,  
10 AM – 12 PM**

Enjoy one of the largest model railroad layouts in the region boasting a miniature castle, UFO and scenic landscape. Interact with the miniature world by making automobiles move and helicopters fly. The model train exhibit is open daily and themes change every season.

Customs House Museum  
200 South Second St.  
Clarksville, TN

### HAPPENING IN THE FAMILY ART STUDIO

#### BORDERLESS ARTS TENNESSEE EXHIBITION

**APRIL 1–30**

The artwork of Hope McKee and Thomais V. Moshopoulos, aka Rainbow Mosh, will be on exhibit in the Family Art Studio in April. Hope and Rainbow are members of Borderless Arts Tennessee, a statewide organization committed to inclusive and accessible arts programs for people with disabilities. Their works are inspired by the Antikythera Mechanism, an ancient Greek astronomical calculator.

Customs House Museum  
200 South Second St.  
Clarksville, TN

Submit your  
event to

events@  
clarksvillelivingmag.com

by the 15th of the month  
for the next issue.

## ADOPTION & FOSTER CARE

**CAMELOT CARE**  
Located at 2233 Stokes Road, Suite A, we are a therapeutic foster care provider servicing children, adolescents, and their families in the state of Tennessee. For more information on how to become a foster parent please call Karen Pinkett at 931-217-3813 or email [karen.pinkett@pathways.com](mailto:karen.pinkett@pathways.com).

**CENTERSTONE**  
Family Centered Services  
Serves children and adolescents up to the age of 17. 901 Martin Street, (931) 503-4600.

**CLARKSVILLE FAMILY ADOPTION ASSOCIATION**  
Bringing families and individuals together that have been impacted by adoption, providing support for prospective families and keeping members educated about the needs of adopted children. Events include information meetings, drop in play dates for families with young children, fun days for adopted teens, fun family time and various celebrations throughout the year. Attendance at each event is optional. No commitment. For more information call/text Jaime at (931) 980-8498. To be added to the contact list, please send your e-mail address and/or phone number to [CFAA@outlook.com](mailto:CFAA@outlook.com).

**CARING CHOICES OF CATHOLIC CHARITIES**  
1905 Madison Street, is a Tennessee state licensed child-placing agency providing supportive professional counseling services to those experiencing an unplanned pregnancy. Open Monday, Thursday and Friday from 10:00 a.m. to 2:00 p.m. or by appointment. Deanne Williams: (931) 645-9969 or [dwilliams@ccctenn.org](mailto:dwilliams@ccctenn.org).

**OAK PLAINS ACADEMY**  
1751 Oak Plains Road, Ashland City. We serve children of all ages with therapeutic services, and have several foster homes in Clarksville. Karen Henderlight, (931) 362-4723, [karen.henderlight@uhsinc.com](mailto:karen.henderlight@uhsinc.com).

**OMNI VISIONS INCORPORATED**  
Every child deserves to be a member of a healthy and supportive family. Omni Visions, Inc. provides therapeutic Foster Care, a home-based program for children who are in state custody and need support, supervision, and personal intervention. The qualifications are simple: May be married, single or divorced; May or may not have other children; Can own your home or rent; Must be at least 25 years old to become a foster parent; Must be able to meet the financial and emotional needs of your own family; Can work full-time; Must be a resident of the U.S. How do you become a foster parent? The first step is to contact our office. Our phone number is (931) 436-9310 or visit [omnivisions.com](http://omnivisions.com).

**YOUTH VILLAGES**  
A private nonprofit organization dedicated to helping emotionally and behaviorally troubled children and their families live successfully through innovative, research-based programs. 651 Stowe Court; contact Jennifer Kessler at (931) 552-5260, [jennifer.kessler@youthvillages.org](mailto:jennifer.kessler@youthvillages.org) or visit [www.youthvillages.org](http://www.youthvillages.org).

**ARTS, CRAFTS & HOBBIES**  
**CLARKSVILLE AJAX TURNER SENIOR CENTER**  
953 Clark St. Clarksville, TN  
(931)-648-1345

We are a non-profit senior activities center. There are a wide variety of programs and activities for seniors age 50 and above. Educational activities such as ceramics, coloring, and quilting classes. We have a card room, billiards room, bill bowling, exercise room and more. Our Senior Circle of Friends adult daycare room is available for seniors needing extra care during the day. We hold weekly dance, seminars, bible study. We are currently providing free tax preparation for seniors with a fixed income. For information contact Diana Akin or Dan Blair @ (931)-648-1345

**CLARKSVILLE MODEL RAILROAD CLUB**  
Located in the basement at 420 Madison St. We meet on Monday nights at 6:30 p.m. We play with trains. We are rebuilding our layout and are encouraging any and all who are interested in learning to build a model railroad layout. We are encouraging anyone of any age to come and participate in some great fun which we started to do when we were young. For further information see our Facebook page or call (931) 216-5351.

**COMMUNITY SCHOOL OF THE ARTS AT APSU**  
The Community School of the Arts (CSA) at APSU is now under the management of the Center of Excellence for the Creative Arts (CECA, or "seek-ah"). Established in 1990, the CSA offers a variety of classes for children and adults, from beginning to advanced levels, in the areas of dance, theatre, music, creative writing, and visual art. Over 20 courses are offered per semester, such as digital SLR photography, drawing, painting, ceramics, children's choir, ukulele, music play for toddlers, ballet, modern dance, fiction writing, and improvisational acting. These classes inspire students of all ages to get involved in the arts in an affordable, friendly environment. For more information, call 931-221-7876, visit [www.apsu.edu/ceca/csa](http://www.apsu.edu/ceca/csa), or email [cса@apsu.edu](mailto:cса@apsu.edu).

**MADISON STREET MUSIC & ARTS ACADEMY**  
Offers music and art classes as well as private lessons for both children and adults. Classes include Kindermusik for infants-age 7, Kinderart for pre-schoolers, Musical Theatre for middle and high school students, and Photography and/or Scrapbooking for teens and adults. Private music lessons are available for voice and most instruments, including the impressive pipe organ at Madison Street United Methodist Church. Lessons are available at reduced rates for families who qualify for the school lunch program, and scholarships are available for outstanding music students. For more information, contact Abigail Haake at (931) 278-7921 or [abby@madisonstreetumc.com](mailto:abby@madisonstreetumc.com), or visit our website at [madisonstreetumc.org](http://madisonstreetumc.org) and find us on Facebook (Madison Street Music & Arts Academy)!

**MONTGOMERY COUNTY WATERGARDEN SOCIETY**  
A not for profit water garden and koi pond club that hosts an annual Water Garden Tour. Visit [www.mcwgs.org](http://www.mcwgs.org), if you would like more information regarding who we are and what we do or contact Linda VanMaanen at (931) 368-1636 or Linda Westfall at (931) 648-6350.

**WARIOTO AUDUBON SOCIETY**  
A chapter of the National Audubon Society. The mission is to conserve and restore natural ecosystems, focusing on birds, other wildlife and their habitats for the benefit of humanity and the earth's biological diversity. We connect our community to nature through events, hikes and talks.

Meetings are on the 1st Thursday of March, May, September and December at the Clarksville-Montgomery County Library at 6 p.m. with a speaker and refreshments. The program is free and open to the public.

We offer monthly birding field trips from September - May.

Find us on Facebook: Warioto Audubon Facebook Page

**ATHLETICS**  
**BUDDY BALL SPECIAL NEEDS ATHLETIC LEAGUE**  
Buddy Ball provides individuals with a mental or physical disability the opportunity to play sports, regardless of their limitations. Buddy Ball helps individuals learn teamwork and promotes self-esteem, one of the tools needed to help overcome the stigma often associated with a disability. The Buddy Ball league is aware of the extra expenses on the families of disabled children. Because of this, Buddy Ball does not charge any fees to participate. We rely entirely on private donations to operate. (931) 624-7253 or [www.buddyball.net](http://www.buddyball.net).

**CANINE FLYBALL CLUB**  
The Flynn City Road Villagers meet most Sunday afternoons at their indoor training facility (call in advance for times). Private lessons also available. Flyball is a fun family sport where a relay team of four dogs races another team, jumping a series of four hurdles, trigger a spring loaded box to release a tennis ball, and race back to the handler. The Road Runners Club teaches the sport using a positive approach, emphasizing the human/canine bond. Family members of all ages welcome. The sport is open to any breed. Call (931) 220-4907, email [icflyball@hotmail.com](mailto:icflyball@hotmail.com), or visit [www.flyballdogs.com/qcrr](http://www.flyballdogs.com/qcrr) for more information about this exciting canine sport.

**CLARKSVILLE BADMINTON CLUB**  
The Clarksville Badminton Club offers indoor recreational badminton to anyone Ages 15+ novice or experienced players are welcome. We provide both rackets and shuttles...no fees! Our times and locations of play are as follows: Tuesday mornings: 8:00 a.m. to 10:30 a.m. at Sango United Methodist Church Life Center, 3301 Sango Rd; Contact Kim Leavelle at 436-1028 if you need more info.

**CLARKSVILLE IMPACT SOCCER CLUB**  
Involves participation of children ages 5-18 in youth sports, specifically soccer. Impact is a non-profit organization trying to provide opportunities to our youth. (931) 358-4926, [info@clarksvilleimpact.us](mailto:info@clarksvilleimpact.us) or [clarksvilleimpact.us](http://clarksvilleimpact.us).

**CLARKSVILLE TENNIS ASSOCIATION**  
Open to all who love tennis. A great group of people who bend over backwards to provide fun tennis tournaments and matches for people who are competitive or just play for fun. We encourage all levels and age groups. The President is Preston Howle and he can be reached at [PrHowle@aol.com](mailto:PrHowle@aol.com) for all who are interested. Visit [clarksvilletennis.usta.com](http://clarksvilletennis.usta.com).

**CLARKSVILLE VOLLEYBALL CLUB**  
Located at 2231 Madison Street, we provide Volleyball training for all ages. Clarksville Volleyball Club offers training for all levels of volleyball beginner to advanced. Ages 7 and up. Club, clinics, camps and private lessons available. For more information visit [JGVolleyball.com](http://JGVolleyball.com), email Director Jen Garinger at [jeng917@hotmail.com](mailto:jeng917@hotmail.com) or call Jen at (602) 741-8045.

**EMMANUEL FAMILY LIFE CENTER**  
303 Fairview Lane. Open 8:00 a.m. to 8:00 p.m. Monday, Tuesday, Thursday and Friday; 8:00 a.m. to 4:00 p.m. Wednesday; and 8:00 a.m. to 2:00 p.m. Saturday. Open to the public with gym, walk track, weight room, aerobics, boot camp, Zumba, r&b line dancing, cafe, dining room, meeting rooms, and more. Visit [clarksvillefamilycenter.org](http://clarksvillefamilycenter.org) or call (931) 647-4341.

**TEAM CLARKSVILLE YOUTH WRESTLING**  
The Team Clarksville Wrestling Club is accepting new members. We're a competitive club serving youth in elementary school through middle school. For more information contact David Isbell at (719) 494-6685 or email at [isbell\\_dave@yahoo.com](mailto:isbell_dave@yahoo.com).

**THUNDERBOLT AQUATICS SWIM CLUB**  
We are a Fort Campbell based competitive swim team open to non-military families. For more information please visit [thunderboltaquatics.com](http://thunderboltaquatics.com) call (270) 226-8421 or e-mail [thunderboltcoach@gmail.com](mailto:thunderboltcoach@gmail.com). All participants must pass a swim test.

**WARRIORS SPECIAL NEEDS CHEERLEADING**  
A competition cheerleading squad for children with special needs and disabilities or handicaps. We give kids a chance to cheer year around in a competitive setting, but where they will not be judged. We welcome children ages four to 18. For more information call Michelle Lange at (931) 217-2392 or e-mail [warrriorscheersquad@yahoo.com](mailto:warrriorscheersquad@yahoo.com).

**CHILD CARE CHILD CARE AWARE**  
Child Care Aware is a non-profit initiative committed to helping parents find the best information on locating quality childcare and childcare resources in their community. The website offers lots of tips on choosing a child care provider, lots of free publications for parents, local child care rates and a Child Care Options Calculator. [childcareaware.org](http://childcareaware.org).

**MID-CUMBERLAND CHILDCARE RESOURCE AND REFERRAL**  
At 128 North Second Street, Suite 206, provides assistance to parents in understanding how to select quality child care, how to use the state web site to locate child care, and to understand the star quality rating system. Resources for Parents are available covering topics such as Child Development, Appropriate Behavior Management, Health and Safety, and the Social Emotional Development of Children. Contact number is (931) 648-3695.

**PARENT INFORMATION NETWORK**  
Parents working to keep parents informed about issues that affect the community, education and our schools via a subscriber e-mail network, [clarksvillepin.net](mailto:clarksvillepin.net).

**PROGRESSIVE DIRECTIONS**  
At 1249 Paradise Hill Road, provides services to developmentally delayed children and adults. (931) 647-6333 or [progressivedirections.com](http://progressivedirections.com).

Tennessee Nutrition & Consumer Education Program (TNCEP)

Provides nutrition education programs that help limited-resource individuals and their families improve their diets. When you participate in TNCEP programs, you will learn: how to stretch your food dollars; how to prepare good and nutritious food; how to plan a balanced diet, how to get kids to eat nutritious food, the importance of a good diet and physical activity, and how to use a variety of foods. TNCEP delivers programs in many ways, including: school programs, food demonstrations, group classes, hands-on learning experiences, educational displays, handouts, and newsletters. For more information contact Tamara Adjei at (931) 648-5725 or [tadjei@utk.edu](mailto:tadjei@utk.edu).

**CHILD PROTECTION & DOMESTIC CRISIS SERVICES**  
**AL-ANON & ALATEEN**  
Support for families of alcoholics. Call for more information and meeting times. Grace Lutheran Church, 2041 Madison Street, Joyce at (931) 358-9515; or Ajax Senior Citizens Building, 953 Clark Street, Kim at (931) 647-0566; or Community Church, Jack Miller Boulevard & Airport Road, Kim at (931) 647-0566. [middlesetalanon.org](http://middlesetalanon.org).

**CLARKSVILLE RAPE AND SEXUAL ABUSE CENTER**  
At 331 Union Street, Suite B. Office at (931) 647-3632 or Toll-free Crisis Hotline at (800) 879-1999.

**CHAP PROGRAM OF CATHOLIC CHARITIES**  
Creating Hope by Assisting Parents program is a completely free voluntary program that provides individualized parenting education, crisis intervention, and some case management for families with children ages birth - 8 years. Families participating can expect weekly in home visits with a skilled professional providing information on Child Development, Family Routines/Structure, Family Systems and any goals the parent desires assistance with (weaning from the bottle, potty training, pre-school readiness, etc.). For more information or to set up an appointment contact Sarah at (931) 645-9669.

**DEPARTMENT OF CHILDREN'S SERVICES**  
At 350 Pageant Lane, Suite 401. (931) 503-3200.

**LEGAL AID SOCIETY**  
At 120 Franklin Street, provides free legal advice and representation to eligible clients. (931) 552-6656 or [las.org](http://las.org).

**MONTGOMERY COUNTY CHILD SUPPORT SERVICE**  
At 93 Beaumont Street. (931) 572-1663.

**SAFEHOUSE DOMESTIC VIOLENCE SHELTER**  
Provides 24-hour emergency shelter, crisis hotline, professional counseling, advocacy and other services to victims of domestic violence and sexual assault. (931) 552-6900 (collect calls accepted).

**CHILDREN'S GROUPS**  
**4-H YOUTH DEVELOPMENT**  
At 1030 Cumberland Heights Road, is open to all youth ages 9-19. Involves participation in 4-H through school clubs, community clubs, special interest groups, and a variety of camps. Contact Julie Newberry at (931) 648-5725.

**BOY SCOUTS OF AMERICA**  
Cub Scouts, dens for boys or girls, K through 5th grades. Scouts BSA, male troops and female troops, ages 11 to 17. Venturing, co-ed crews for ages 14 to 20. Contact: (615) 383-9724 [mtcbsa.org](http://mtcbsa.org)

**GIRL SCOUTS OF MIDDLE TENNESSEE**  
331 A-1 Union Street, (931) 648-1060 or [gsmidtn.org](http://gsmidtn.org). Girl Scouts build girls of courage, confidence and character who make the world a better place. Email [bkelly@gsmidtn.org](mailto:bkelly@gsmidtn.org) for more information.

**LEAP ORGANIZATION**  
Provides youth development services such as mentoring, case management, counseling, community service, and career development targeted at ages 12 to 18. (931) 378-0500, [info@leaporg.net](mailto:info@leaporg.net), [leaporg.net](http://leaporg.net).

**COMMUNITY OUTREACH**  
**101ST AIRBORNE DIVISION ASSOCIATION**  
Once an Eagle...Always an Eagle

The 101st Airborne Division Association is a non-profit organization that welcomes all Screaming Eagles, from the original veterans to the active duty troopers of today, regardless of where or when they served. For more information on the benefits of being a member or the service the Association offers contact the office between 8:00 a.m. and 4:00 p.m. Monday through Friday at (931) 431-0199 or at our website [ScreamingEagle.org](http://ScreamingEagle.org).

**APSU EXTENDED EDUCATION**  
Develop a new skill, explore a new idea, learn a new language or seek a new career with one of the classes from Austin Peay State University's Center for Extended and Distance Education. Register early and receive a 10 percent discount on selected courses. Preregistration is required for each course. New online classes start every month. Melony Jones at (931) 221-7868, [jonesma@apsu.edu](mailto:jonesma@apsu.edu) or [ed2go.com/apsu](http://ed2go.com/apsu).

**ARMY COMMUNITY SERVICE**  
ACS is an important part of the Army's program to assist Soldiers and their Families in meeting specific needs. ACS offers a wide variety of programs with topics such as financial readiness, family programs, and relocation readiness tailored to assist Army Families living on and off post. ACS is the place to go for answers to your questions and help with concerns or issues facing military Families. 2601 Indiana Avenue, Fort Campbell. (270) 798-9322, [campbell.armymwr.com/us/campbell/programs/acs](http://campbell.armymwr.com/us/campbell/programs/acs) or [facebook.com/FortCampbellACS/](http://facebook.com/FortCampbellACS/)

**ASERACARE HOSPICE**  
Hospice care provided for individuals nearing the end of life. Our team of professionals, which includes doctors, nurses, home health aides, social workers, chaplains, volunteers and a bereavement counselor to support patients and families by providing pain and symptom management, as well as psychosocial, emotional and spiritual support. 24/7 on-call availability. Serving Montgomery, Cheatam, Stewart, Houston, Humphreys, Dickson, and Hickman counties. (931) 551-4100.

**BAYANIHAN FILIPINO-AMERICAN INTERNATIONAL GROUP**  
A tax-exempt, non-profit organization. Its purpose is to promote Filipino-American culture to all Filipinos and to any interested nationalities, develop a better understanding of our ethnic Filipino history, and promote our unique and diverse cultural heritage. Our group participates in various community services. Many Filipino soldiers assigned in Fort Campbell Post and their families join our social and civic activities in the community of Clarksville and Kentucky. The organization extends its services to donating clothes, shoes, and canned goods to various local organizations. The organization is also teaching Tagalog lessons to those interested in learning another language. Membership is open to all. For inquiry, call Mario Wong at (931) 431-6786 or Pat Lowry at (931) 494-1080.

**CRISIS CALL LINE**  
Offers crisis intervention, suicide prevention and referral. (931) 648-1000.

## CROATIANS IN TENNESSEE

Our goal is to share our culture and information about Croatia. We would like to unify Croatians and encourage educational opportunities for Croatian youth here and abroad. Our annual event at Liberty Park will showcase our amazing culture, food and dance. Our club will help Croatians who want to move to Clarksville and make sure their transition is smooth. Visit [facebook.com/groups/CroatiainsinTennessee/](https://www.facebook.com/groups/CroatiainsinTennessee/)

## DAGAN FOUNDATION

Creating schools in rural areas for free education and sending orphans and disadvantaged children to schools in Togo, West Africa. Spreading the word of God through evangelism and planting and supporting churches in rural areas in Togo. Digging wells and providing clean water in rural areas in Togo. Partner with us and join us so together we can change lives in Togo, West Africa. You want to go to mission in Africa, you want to plant a church in Togo, you want to go teach English in our schools in Togo during Summer, you want to adopt a student or a church in a rural area, don't hesitate to contact us. Invite us and we will come to present our projects in your church. Contacts: Mr. Adolph Dagan at (931) 302-0787 or [daganfoundation@yahoo.com](mailto:daganfoundation@yahoo.com), or visit [daganfoundation.org](http://daganfoundation.org). Like us on Facebook at [Facebook.com/DaganFoundation](https://www.facebook.com/DaganFoundation). Our main partner in Togo is Action Bethesda, [actionbethesda.org](http://actionbethesda.org).

## FREE CAKES FOR KIDS KY & TN

Serving Clarksville, Ft. Campbell, Oak Grove & Hopkinsville. We believe that every child deserves a birthday cake. Help us make the world a better place, one cake at a time! A volunteer run and supported organization that provides customized birthday cakes at no cost to children. We provide these cakes specifically to the children whose parents are experiencing financial difficulties and are unable to provide a birthday cake for their child. We simply ask though, if you use this service, that you are truly in need. Volunteer bakers are always welcome. No special talents or formal training needed, only a love of baking, a passion in your heart and a desire to bring a little sunshine into a child's day. If you do not bake or don't have time to bake, then you are welcome to donate store bought cakes. To learn more about our organization or ways you can help, check us out on facebook [facebook.com/pages/Free-Cakes-for-Kids-KYTN/529017437122370](https://www.facebook.com/pages/Free-Cakes-for-Kids-KYTN/529017437122370). Reach Mindy Parker or Christina Johnson at [freecakesforkids\\_fortcampbell@yahoo.com](mailto:freecakesforkids_fortcampbell@yahoo.com).

## FRIENDS OF THE BLUEWAY

A group dedicated to keeping Clarksville's Blueway beautiful and directly involved with the new access point park on Tiny Town. We will have clean up days, fundraisers, events and meetups. This group is passionate about outdoor activities, including kayaking and canoeing. The Parks and Rec department works closely with this group and gives insight on future access points to the rivers. Visit our facebook at [facebook.com/FriendsOfTheBluewayClarksvilleTN](https://www.facebook.com/FriendsOfTheBluewayClarksvilleTN) for more information and sign up for email updates at [outdoorclarksville.com](mailto:outdoorclarksville.com).

## OPERATION STAND DOWN: OSDTN - CLARKSVILLE

A non-profit Veterans Service Organization that has been serving Tennessee for over 20 years, with it being in Clarksville going on 5 years. The office is located at 400 Madison Street, and the office phone number is (931) 896-2184. I am a retired US Army Chaplain who volunteers with the organization. The office manager is Mr. Willie Celestine and he gave me permission to reach out to you.

Career Services through individual employment plans (resume building, interview skills) and links veterans with employers.

VA Health Services and Benefit Counseling directly with a VA counselor.

Individual Financial Counseling and Legal Consultations Coordination

Housing Services by assisting veterans remain in their current residence, and find housing for homeless veterans.

A very large clothing and food pantry is also available.

## TENNOVA HOME HEALTH & HOSPICE

141 Hatcher Lane. Serving the Clarksville area for 25 years. Offering nursing care, wound care, ostomy care, infusion therapy, home health aides, physical therapy, occupational therapy, speech therapy, hospice care, chaplain, social work, bereavement services and volunteer services. Servicing Montgomery, Cheatham, Robertson, Stewart, Dickson, Houston and Davidson counties. Call (931) 552-9551.

## GOOD NEWS CLUBS

Teach children about Jesus in their schools! Though most children do not attend church, most do attend public school! Good News Clubs® are after-school Bible clubs that meet one afternoon a week at the school to teach children about Jesus, run by volunteers who are trained and screened by Child Evangelism Fellowship (a worldwide interdenominational ministry to children since 1937). Perhaps God would use you in this important ministry! [ReachingKidsForJesus.com](mailto:ReachingKidsForJesus.com), (931) 241-8202, Facebook - CEF Greater Clarksville Chapter

## GRACE ASSISTANCE PROGRAM

Helps the community with utility bills, prescriptions, clothing, food boxes, some emergency shelter, transportation, and housing when funds allow. During specific times of the year we have collections like now we are collecting new and gently used coats that we will be giving away at our office located at 217 South Third Street.

## HABITAT FOR HUMANITY AND RESTORE

Habitat collaborates with faith, civic, and business organizations for home sponsorships. Homeowner applications are accepted Monday through Friday at 404 Madison Street, (931) 645-4222, [habitatmtn.org](http://habitatmtn.org). The ReStore accepts and sells building, furniture and appliance donations funding Habitat's mission while providing an environmentally and socially responsible way to keep reusable materials out of the waste stream. 408 Madison Street, (931) 645-4242, [donation@clarksvillerestore.org](mailto:donation@clarksvillerestore.org).

## HAILEY'S HOPE WITH PROJECT SWEET PEAS

We are a local division of the national 501(c)(3) non-profit organization Project Sweet Peas headed here in Clarksville by Kristin Vanderlip. We provide long term stay care packages to families who have babies in Neonatal Intensive Care Units (NICUs). We currently make scheduled deliveries to the level 3 NICU at Monroe Carell Jr. Children's Hospital at Vanderbilt in Nashville. However, we also take personal requests and will mail or hand deliver care packages to other local hospital NICUs. If you or someone you know has a baby who requires time in a NICU, the experience can be stressful and even traumatic; therefore, our care packages are designed to provide families with items they may need or find helpful during their baby's time in the NICU. Please contact us if you know someone who has a baby in a NICU. For more information please visit: [facebook.com/haileyshopePSP](https://www.facebook.com/haileyshopePSP) or email division coordinator Kristin Vanderlip at [Kristin@projectsweetpeas.com](mailto:Kristin@projectsweetpeas.com).

## HUI HAWAII O TENESI HAWAIIAN CIVIC CLUB

Chartered by the Association of Hawaiian Civic Clubs in Hawaii, the club's goal is to perpetuate the Aloha Spirit and the Hawaiian Culture throughout the state of Tennessee and the surrounding area. Because of our close proximity to Fort Campbell, we are able to contact many native Hawaiians who are stationed here or have decided to retire in the local area. Many soldiers and their families have been stationed in Hawaii and also elect to join us and partake in the activities. Membership is open to everyone, and we love our times to meet and share the Aloha Spirit and the "local grinds" that everyone learns to love. For more information, please call Marlene Livesay at (931) 572-0804 or visit our website at [huihawaiiottn.com](http://huihawaiiottn.com).

## HOPE CENTER

A community service branch of the Family Guidance Training Institute, Inc. provides a number of community activities to include summer camps for seriously emotionally disturbed children, S.T.E.P. into the Light, a women's holistic wellness group, and Women's Share community. The Hope Center also offers a multitude of workshops for community organizations. For further information regarding our programs, please call (931) 431-7580.

## HUMAN SOCIETY OF CLARKSVILLE-MONTGOMERY COUNTY

Provides reduced-cost spaying-neutering and pet care assistance to eligible owners; pets for adoption through foster homes; dog bite prevention and pet care programs; and a 24-hour help line. (931) 648-8042, [humansociety@clarksville.com](mailto:humansociety@clarksville.com) or [clarksville.humansociety.org](http://clarksville.humansociety.org).

## LOAVES AND FISHES

At 215 Foster Street, provides a hot meal Monday-Saturday 10:30 a.m. to 12:00 p.m. Also provides a distribution center for food donated to agencies that feed hungry people on Tuesday and Friday from 1:00 p.m. to 2:00 p.m. (931) 645-9020.

## ADOPTION & FOSTER CARE

CAMELOT CARE  
Located at 2233 Stokes Road, Suite A, we are a therapeutic foster care provider servicing children, adolescents, and their families in the state of Tennessee. For more information on how to become a foster parent please call Karen Pinkett at 931-217-3813 or email [karen.pinkett@pathways.com](mailto:karen.pinkett@pathways.com).

## CENTERSTONE

Family Centered Services  
Serves children and adolescents up to the age of 17. 901 Martin Street, (931) 503-4600.

## CLARKSVILLE FAMILY ADOPTION ASSOCIATION

Bringing families and individuals together that have been impacted by adoption, providing support for prospective families and keeping members educated about the needs of adopted children. Events include information meetings, drop in play dates for families with young children, fun days for adopted teens, fun family time and various celebrations throughout the year. Attendance at each event is optional. No commitment. For more information call/text Jaime at (931) 980-8498. To be added to the contact list, please send your e-mail address and/or phone number to [CFAA@outlook.com](mailto:CFAA@outlook.com).

## CARING CHOICES OF CATHOLIC CHARITIES

1905 Madison Street, is a Tennessee state licensed child-placing agency providing supportive professional counseling services to those experiencing an unplanned pregnancy. Open Monday, Thursday and Friday from 10:00 a.m. to 2:00 p.m. or by appointment. Deasree Williams: (931) 645-9969 or [dwilliams@cctenn.org](mailto:dwilliams@cctenn.org).

## OAK PLAINS ACADEMY

1751 Oak Plains Road, Ashland City. We serve children of all ages with therapeutic services, and have several foster homes in Clarksville. Karen Henderlight, (931) 362-4723, [karen.henderlight@uhsinc.com](mailto:karen.henderlight@uhsinc.com).

## OMNI VISIONS INCORPORATED

Every child deserves to be a member of a healthy and supportive family. Omni Visions, Inc. provides therapeutic Foster Care, a home-based program for children who are in state custody and need support, supervision, and personal intervention. The qualifications are simple: May be married, single or divorced; May or may not have other children; Can own your home or rent; Must be at least 25 years old to become a foster parent; Must be able to meet the financial and emotional needs of your own family; Can work full-time; Must be a resident of the U.S. How do you become a foster parent? The first step is to contact our office. Our phone number is (931) 436-9310 or visit [omnivisions.com](http://omnivisions.com).

## YOUTH VILLAGES

A private nonprofit organization dedicated to helping emotionally and behaviorally troubled children and their families live successfully through innovative, research-based programs. 651 Stowe Court; contact Jennifer Kessler at (931) 552-5260, [jennifer.kessler@youthvillages.org](mailto:jennifer.kessler@youthvillages.org) or visit [www.youthvillages.org](http://www.youthvillages.org).

## CHILDBIRTH & PARENTING EDUCATION

ROOTS CHILDBIRTH PREPARATION  
Pregnant? Know someone who is? Roots Childbirth classes are evidence-based, Christ-centered and perfect for any birth plan or birth setting! If you're interested in holistically preparing (mind, body and spirit) for your labor, delivery and postpartum period, our classes will fully prepare you for childbirth in any setting or scenario. Our skilled team of educators all have professional teaching, counseling or Women's Health backgrounds and are the only instructors in our area that are required to complete continuing education courses through Evidence Based Birth™ as part of their certification process each year. Because of this requirement, Roots offers your family excellence in childbirth education, relevant resources and the most up-to-date, evidence-based information so that you can better understand all your options and plan the birth that is right for you. Contact Heidi Duncan, Birth Doula and Childbirth Educator, at (615) 710-7077 or [expectingnewlife@yahoo.com](mailto:expectingnewlife@yahoo.com) for info on classes (group, private or home-study).

## BREASTFEEDING EDUCATION AND SUPPORT (WIC)

Montgomery Co. W.I.C is excited to extend a Breastfeeding Basic invitation to ANY expecting mom in our local community! Learn how to successfully breastfeed your baby at a FREE session at the Montgomery County W.I.C office! Breastfeeding classes will always be on the FIRST TUESDAY of the month at 11:00 a.m. and the THIRD THURSDAY of the month at 1:00 p.m.! Hope to see you there!

## CLARKSVILLE BIRTH COMMUNITY

A place for families in the Clarksville/Fort Campbell area to find resources for pregnancy, birth and beyond. Join us for monthly playgroups and gatherings. We have a lively discussion group on Facebook where women can ask questions and get answers from fellow moms and professionals such as childbirth educators and doulas. We want to be sure our members know that all moms are welcome here. Our primary goal is that you make informed choices for your pregnancy, birth and newborn care. Events posted at [fortcampbelldoulas.webs.com](http://fortcampbelldoulas.webs.com) or find us on Facebook at [www.facebook.com/groups/clarksvillebirthpro/](https://www.facebook.com/groups/clarksvillebirthpro/).

## HEALTHY START

Healthy Start is a community outreach program fostering healthy childhood growth and development by providing free support services to first-time parents and their babies. (931) 645-3976.

## LA LECHE LEAGUE OF CLARKSVILLE-FORT CAMPBELL

La Leche League offers mother-to-mother breastfeeding information and support in meetings and via phone and email. All breastfeeding and expectant mothers and their children are welcome to attend either or both monthly meetings! Meetings are on the first Wednesday of each month at 10:00 a.m. at Clarksville's Montgomery County Public Library in the large meeting room and also on the third Wednesday of each month at 6:00 p.m. on Fort Campbell Army Post. The evening meeting is also open to your support person. Please check our Facebook for location each month [facebook.com/LLLClarkville](https://www.facebook.com/LLLClarkville). If you have breastfeeding questions please contact one of our local group's leaders at [BreastfeedingTN@gmail.com](mailto:BreastfeedingTN@gmail.com) or call (931) 444-7087.

## NINE MONTHS & BEYOND

A comprehensive source for pregnancy, birth, breastfeeding and early parenting education and resources. Offers birth tub rentals, breastpump rentals, babymoon vacation and spa packages, and birth plan consultations. Micky Jones, BS, CLE, CLD, CHBE, CAPPA Lactation Educator Trainer at (931) 451-3223 or [ninemonthsandbeyond.com](http://ninemonthsandbeyond.com).

Tennova Healthcare - Clarksville breastfeeding Class

Classes cover the initial steps to successful breastfeeding, uses for breast pumps and other supplies. Classes are normally taught in Legacy Rooms A & B (651 Dunlop Lane) on the first Tuesday of every month from 7-9 p.m. Registration is required. Register at [Tennova.com](http://Tennova.com).

## TENNOVA HEALTHCARE - CLARKSVILLE PRENATAL CLASS

Prenatal Classes help parents-to-be anticipate situations that may arise during pregnancy and labor. The classes consist of five, two-hour sessions and are held on consecutive Wednesday or Thursdays at 7:00 p.m. Classes should be attended between the 26th and 34th week of pregnancy. Classes are taught in the Liberty Rooms on the first floor of the Medical Center (651 Dunlop Lane). Registration is required. To register call (855) TENNOVA (836-6682).

## TENNOVA HEALTHCARE - CLARKSVILLE SIBLING CLASS

Bring your older children to Sibling Class. It offers an introduction to sibling interactions, a tour of the Nursery, and time to mingle with other children from expectant families. The class is typically offered the last Saturday of the month from 12-1 p.m. in the 3rd Floor Classroom (651 Dunlop Lane). Registration is required. Register at [Tennova.com](http://Tennova.com).

## WHOLE WOMAN

Whole Woman Birth and Lactation Services

We serve the whole woman from pregnancy to postpartum care. As certified Sacred Pregnancy Instructors, Sacred Milk Mentors, Sacred Postpartum Mother Roasters, and Internationally Board Certified Lactation Consultants we offer every service a pregnant and new mother needs. We do accept multiple insurances and are passionate in our care of our community. For current class schedules or for breastfeeding help contact us at (931) 206-9659 or [wholewomanlactation.com](http://wholewomanlactation.com).

## COMMUNITY OUTREACH

101ST AIRBORNE DIVISION ASSOCIATION  
Once an Eagle...Always an Eagle

The 101st Airborne Division Association is a non-profit organization that welcomes all Screaming Eagles, from the original veterans to the active duty troopers of today, regardless of where or when they served. For more information on the benefits of being a member or the service the Association offers contact the office between 8:00 a.m. and 4:00 p.m. Monday through Friday at (931) 431-0199 or at our website [ScreamingEagle.org](http://ScreamingEagle.org).

## ALL NATIONS BIBLICAL STUDY CENTER

Offers free Bible courses to the community in the major fields of biblical research. A complete Online Biblical Studies Program is also available. Online Courses are offered year-round. Visit [studythescriptures.net](http://studythescriptures.net) or call (931) 648-8844 for more information and to register.

## APSU EXTENDED EDUCATION

Develop a new skill, explore a new idea, learn a new language or seek a new career with one of the classes from Austin Peay State University's Center for Extended and Distance Education. Register early and receive a 10 percent discount on selected courses. Preregistration is required for each course. New online classes start every month. Melony Jones at (931) 221-7868, [jonesma@apsu.edu](mailto:jonesma@apsu.edu) or [ed2go.com/apsu](http://ed2go.com/apsu).

## ARMY COMMUNITY SERVICE

ACS is an important part of the Army's program to assist Soldiers and their Families in meeting specific needs. ACS offers a wide variety of programs with topics such as financial readiness, family programs, and relocation readiness tailored to assist Army Families living on and off post. ACS is the place to go for answers to your questions and help with concerns or issues facing military Families. 2601 Indiana Avenue, Fort Campbell. (270) 798-9322, [campbell.armymwr.com/us/campbell/programs/acs](mailto:campbell.armymwr.com/us/campbell/programs/acs) or [facebook.com/FortCampbellACS/](https://www.facebook.com/FortCampbellACS/).

## ASERACARE HOSPICE

Hospice care provided for individuals nearing the end of life. Our team of professionals, which includes doctors, nurses, home health aides, social workers, chaplains, volunteers and a bereavement counselor to support patients and families by providing pain and symptom management, as well as psychosocial, emotional and spiritual support. 24/7 on-call availability. Servicing Montgomery, Cheatham, Stewart, Houston, Humphreys, Dickson, and Hickman counties. (931) 551-4100.

## BAYANIHAN FILIPINO-AMERICAN INTERNATIONAL GROUP

A tax-exempt, non-profit organization. Its purpose is to promote Filipino-American culture to all Filipinos and to any interested nationalities,

develop a better understanding of our ethnic Filipino history, and promote our unique and diverse cultural heritage. Our group participates in various community services. Many Filipino soldiers assigned in Fort Campbell Post and their families join our social and civic activities in the community of Clarksville and Kentucky. The organization extends its services to donating clothes, shoes, and canned goods to various local organizations. The organization is also teaching Tagalog lessons to those interested in learning another language. Membership is open to all. For inquiry, call Mario Wong at (931) 431-6786 or Pat Lowry at (931) 494-1080.

**CRISIS CALL LINE**  
Offers crisis intervention, suicide prevention and referral. (931) 648-1000.

**CROATIANS IN TENNESSEE**  
Our goal is to share our culture and information about Croatia. We would like to unify Croats and encourage educational opportunities for Croatian youth here and abroad. Our annual event at Liberty Park will showcase our amazing culture, food and dance. Our club will help Croats who want to move to Clarksville and make sure their transition is smooth. Visit [facebook.com/groups/CroatiainsinTennessee/](https://www.facebook.com/groups/CroatiainsinTennessee/)

**FREE CAKES FOR KIDS KY & TN**  
Serving Clarksville, Ft. Campbell, Oak Grove & Hopkinsville. We believe that every child deserves a birthday cake. Help us make the world a better place, one cake at a time! A volunteer run and supported organization that provides customized birthday cakes at no cost to children. We provide these cakes specifically to the children whose parents are experiencing financial difficulties and are unable to provide a birthday cake for their child. We simply ask though, if you use this service, that you are truly in need. Volunteer bakers are always welcome. No special talents or formal training needed, only a love of baking, a passion in your heart and a desire to bring a little sunshine into a child's day. If you do not bake or don't have time to bake, then you are welcome to donate store bought cakes. To learn more about our organization or ways you can help, check us out on [facebook.com/pages/Free-Cakes-for-Kids-KYTN/529017437122370](https://www.facebook.com/pages/Free-Cakes-for-Kids-KYTN/529017437122370). Reach Mindy Parker or Christina Johnson at [freecakesforkids@fortcampbell@yahoo.com](mailto:freecakesforkids@fortcampbell@yahoo.com).

**FRIENDS OF THE BLUEWAY**  
A group dedicated to keeping Clarksville's Blueway beautiful and directly involved with the new access point park on Tiny Town. We will have clean up days, fundraisers, events and meetups. This group is passionate about outdoor activities, including kayaking and canoeing. The Parks and Rec department works closely with this group and gives insight on future access points to the rivers. Visit our [facebook.com/FriendsoftheBluewayClarksvilleTN](https://www.facebook.com/FriendsoftheBluewayClarksvilleTN) for more information and sign up for email updates at [outdoorclarkville.com](mailto:outdoorclarkville.com).

**OPERATION STAND DOWN: OSDTN - CLARKSVILLE**  
a non-profit Veterans Service Organization that has been serving Tennessee for over 20 years, with it being in Clarksville going on 5 years. The office is located at 400 Madison Street, and the office phone number is (931) 896-2184. I am a retired US Army Chaplain who volunteers with the organization. The office manager is Mr. Willie Celestine and he gave me permission to reach out to you.

Career Services through individual employment plans (resume building, interview skills) and links veterans with employers.

VA Health Services and Benefit Counseling directly with a VA counselor.

Individual Financial Counseling and Legal Consultations Coordination

Housing Services by assisting veterans remain in their current residence, and find housing for homeless veterans.

A very large clothing and food pantry is also available.

**TENNOVA HOME HEALTH & HOSPICE**  
141 Hatcher Lane. Serving the Clarksville area for 25 years. Offering nursing care, wound care, ostomy care, infusion therapy, home health aides, physical therapy, occupational therapy, speech therapy, hospice care, chaplain, social work, bereavement services and volunteer services. Servicing Montgomery, Cheatham, Robertson, Stewart, Dickson, Houston and Davidson counties. Call (931) 552-9551.

**GRACE ASSISTANCE PROGRAM**  
Helps the community with utility bills, prescriptions, clothing, food boxes, some emergency shelter, transportation, and housing when funds allow. During specific times of the year we have collections like now we are collecting new and gently used coats that we will be giving away at our office located at 217 South Third Street.

**HABITAT FOR HUMANITY AND RESTORE**  
Habitat collaborates with faith, civic, and business organizations for home sponsorships. Homeowner applications are accepted Monday through Friday at 404 Madison Street, (931)

645-4222, [habitatmtn.org](https://www.habitatmtn.org). The ReStore accepts and sells building, furniture and appliance donations funding Habitat's mission while providing an environmentally and socially responsible way to keep reusable materials out of the waste stream. 408 Madison Street, (931) 645-4242, [donation@clarksvillerestore.org](mailto:donation@clarksvillerestore.org).

**HAILEY'S HOPE WITH PROJECT SWEET PEAS**  
We are a local division of the national 501(c)3 non-profit organization Project Sweet Peas headed here in Clarksville by Kristin Vanderlip. We provide long term stay care packages to families who have babies in Neonatal Intensive Care Units (NICUs). We currently make scheduled deliveries to the level 3 NICU at Monroe Carell Jr. Children's Hospital at Vanderbilt in Nashville. However, we also take personal requests and will mail or hand deliver care packages to other local hospital NICUs. If you or someone you know has a baby who requires time in a NICU, the experience can be stressful and even traumatic; therefore, our care packages are designed to provide families with items they may need or find helpful during their baby's time in the NICU. Please contact us if you know someone who has a baby in a NICU. For more information please visit: [facebook.com/haileyshopePSP](https://www.facebook.com/haileyshopePSP) or email division coordinator Kristin Vanderlip at [Kristin@projectsweetpeas.com](mailto:Kristin@projectsweetpeas.com).

**HUI HAWAII O TENESI HAWAIIAN CIVIC CLUB**  
Chartered by the Association of Hawaiian Civic Clubs in Hawaii, the club's goal is to perpetuate the Aloha Spirit and the Hawaiian Culture throughout the state of Tennessee and the surrounding area. Because of our close proximity to Fort Campbell, we are able to contact many native Hawaiians who are stationed here or have decided to retire in the local area. Many soldiers and their families have been stationed in Hawaii and also elect to join us and partake in the activities. Membership is open to everyone, and we love our times to meet and share the Aloha Spirit and the "local grids" that everyone learns to love. For more information, please call Marlene Livesay at (931) 572-0804 or visit our website at [huihawaiiotn.com](http://huihawaiiotn.com).

**HOPE CENTER**  
A community service branch of the Family Guidance Training Institute, Inc. provides a number of community activities to include summer camps for seriously emotionally disturbed children, S.T.E.P. into the Light, a women's holistic wellness group, and Women's Share community. The Hope Center also offers a multitude of workshops for community organizations. For further information regarding our programs, please call (931) 431-7580.

**HUMANE SOCIETY OF CLARKSVILLE-MONTGOMERY COUNTY**  
Provides reduced-cost spaying-neutering and pet care assistance to eligible owners; pets for adoption through foster homes; dog bite prevention and pet care programs; and a 24-hour help line. (931) 648-8042, [humanesocietyofclarksville.com](https://www.humanesocietyofclarksville.com) or [clarksvilllehumanesociety.org](https://www.clarksvilllehumanesociety.org).

**LOAVES AND FISHES**  
At 215 Foster Street, provides a hot meal Monday-Saturday 10:30 a.m. to 12:00 p.m. Also provides a distribution center for food donated to agencies that feed hungry people on Tuesday and Friday from 1:00 p.m. to 2:00 p.m. (931) 645-9020.

**MANNA CAFÉ MINISTRIES**  
Mobile Café:  
Tuesdays 5:30pm to 7:00pm, New Providence area

Wednesdays 5:30pm to 7:00pm, Lincoln Homes

Thursdays 5:30pm to 7:00pm, Veterans Plaza

Saturdays 8:30am to 10:00am, New Providence area and Veterans Plaza

**Food Box Distribution:**  
Mondays, Wednesdays, and Fridays 10:00am to 4:00pm  
1319 East Franklin Street

Manna Café Ministries  
1319 East Franklin Street, Clarksville, TN  
Office: 931-933-0970  
Email: [info@mannacafeministries.com](mailto:info@mannacafeministries.com)

**MEALS ON WHEELS**  
Mid-Cumberland Human Resource Agency provides group or home-delivered meals to individuals 60 or older. Volunteers deliver noon meal Monday-Friday. It only takes an hour of your time. Beth at (931) 645-5629.

**MONTGOMERY COUNTY WIC CLINIC**  
300 Pageant Lane. Provides nutrition education and food vouchers for women, infants, and children (up to age five). We offer breastfeeding education, including two free monthly classes (see calendar for dates and times). (931) 551-8777.

**RADICAL MISSION**  
Meets Tuesdays and Thursdays from 9:00 a.m. to 1:00 p.m. at Clarksville First Church of the Nazarene, 150 Richview Road. A Compassionate Ministry Center, founded by Clarksville First Church of the Nazarene, seeks to creatively address issues of suffering and

brokenness particularly pertaining to poverty and basic human needs. We provide food, clothing, furniture, volunteer opportunities, and friendship. For more information contact Heather Byrd at (931) 648-1496.

**SUNCREST HOME HEALTH**  
Available 24 hours a day, seven days a week to answer any questions you might have to discuss how we can help your patients feel better, recover faster and live healthier in the place they call HOME. Call (931) 647-7411.

**TENNESSEE REHABILITATION CENTER AT CLARKSVILLE**  
1575 Corporate Parkway Boulevard (past John Deere and Clayton Homes), a county/state agency, the TRC provides counseling, vocational evaluation, work adjustment, and job placement services for graduating high school students and adults with disabilities. (931) 648-5560.

**TWO RIVERS ASSOCIATION FOR THE EDUCATION OF YOUNG CHILDREN (TRAEYC)**  
The Two Rivers Association for the Education of Young Children, TRAEYC, (pronounced tray-see), is one of the fastest growing affiliates in the history of the statewide associations. TRAEYC members have a passion for young children and are committed to their education. The Tennessee Counties represented by TRAEYC are Benton, Dickson, Henry, Houston, Humphreys, Montgomery and Stewart. We invite you to join us in exciting upcoming professional growth opportunities. Contact Dr. Linda A. Sitton, TRAEYC President, at (931) 221-7308 or visit [traeyc.org](http://traeyc.org).

**UNITED WAY**  
At 1300 Madison Street, provides the leadership to increase the organized capacity of people to care for one another. Monitors and provides support for agencies serving Clarksville and Fort Campbell, as well as Montgomery, Houston and Stewart counties. (931) 647-4291.

**VETERANS UPWARD BOUND**  
Provides free educational services to veterans who are planning to enroll in college or technical school, or to take the GED Exam. The program is funded by a grant from the U. S. Department of Education as a TRIO project. VUB provides veterans with free academic and counseling services to assure they are ready to succeed in their educational pursuits. Outprocessing military and discharged veterans may be eligible to receive services. For further information, please contact Sharita Goodrich at: 931-221-7600 or [vub@apsu.edu](mailto:vub@apsu.edu). You can also visit our website at [apsu.edu/VUB/](http://apsu.edu/VUB/).

**COUNSELING, SUBSTANCE ABUSE & MENTAL HEALTH**  
**ALCOHOLICS ANONYMOUS**  
Do you or a member of your family, or perhaps a friend, have a problem with alcohol? We can help. Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem with alcohol. The only requirement for AA membership is a desire to stop drinking. There are no dues or fees for AA membership; we are self supporting through our own contributions. AA is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy, neither endorses or opposes any causes. Our primary purpose is to stay sober and to help other alcoholics achieve sobriety. AA 24 Hour Hotline: (615) 647-831-1050. Clark Street AA Hotline: (931)-647-0255 (11:30 a.m. to 12:15 p.m.; 5:30 p.m. to 9:15 p.m.). Alanon/Alateen Family Hotline: (888) 425-2666

**APTITUDE HABILITATION SERVICES**  
At 2237 Lowes Drive, Suite G, Aptitude Habilitation Services is a comprehensive educational and rehabilitation services firm dedicated to providing the highest quality applied behavioral therapy to children and adults on the autism spectrum. (800) 991-6070 or [aptitudeservices.com](http://aptitudeservices.com).

**ASPERGER/AUTISM CENTER**  
800 Tiny Town Road, serves children and adolescents with Asperger and Autism Disorders. Services include: individual counseling, group counseling, family education and counseling, and psychiatric services. For further information regarding our programs, please call (931) 431-7580.

**BRADFORD HEALTH SERVICES**  
Bradford Health Services at 231 Dunbar Cave Road, Suite A, creates effective and affordable substance abuse programs through a variety of innovative services. (931) 542-9816.

**CENTERSTONE**  
Centerstone offers a comprehensive array of mental health services throughout Middle Tennessee, addressing issues from stress, depression, ADHD and PTSD to anxiety, grief, anger, addiction, substance abuse and family conflict. We provide psychiatric services; individual, marriage, family and group counseling; crisis and intervention services; school-based and foster care support services; life coaching; integrated primary care. 511 Eighth Street, (931) 920-7200, [Centerstone.org](http://Centerstone.org).

**COLUMBUS ORGANIZATION**  
Provides in-home Applied Behavior Analysis (ABA Therapy) services for children and adults with Autism Spectrum Disorders and Developmental Disabilities. Tricare, TennCare, and many private insurances accepted. (615) 902-0950

**HEALTH CONNECT AMERICA**  
At 1820 Memorial Drive, Suite 203. Offers programs that assist at-risk youth and their families facing issues such as depression, anxiety, grief, abandonment, anger management, substance abuse and family conflict. For more details on our programs please call (931) 933-7200 or visit [healthconnectamerica.com](http://healthconnectamerica.com).

**THE FAMILY GUIDANCE TRAINING INSTITUTE**  
800 Tiny Town Road, committed to positively impacting the lives of our community's children, youth and their families. Family Guidance Training Institute, Inc. is a 501(c)3 licensed community mental health center and alcohol and treatment facility. Offering quality, private, compassionate services to persons who seek emotional wellness. Therapeutic and psychiatric services include: assessments, individual counseling, marriage and family counseling, group counseling, supervised visitation, mental health case management, and alcohol and drug treatment and education services. For further information call (931) 431-7580.

**LIFESOLUTIONS - ASPIRE & JOBLINK**  
611 Eighth Street, (931) 920-7210.

**MENTAL HEALTH COOPERATIVE**  
Provides evidence-based services including: Child & Family Counseling, Child Psychiatry and Community Based Case-Management to children and adolescents with emotional/behavioral challenges. Case managers assist families in their homes with parenting and behavior management in addition to linking them to needed resources in the community. Initial intake assessments are offered within one week and at no cost. MHC welcomes TennCare recipients. Located at 201 Uffelman Drive, Suite A. For more information or to make a referral please call (931) 645-5440 or visit [mhc-tn.org](http://mhc-tn.org).

**PASTORAL COUNSELING CENTER**  
The Pastoral Counseling Center at 516 Madison Street, is a ministry of professional care dedicated to healing and growth in human life and relationships. In partnership with local congregations the centers are committed to providing clinical and education services to all who need these services. When you or someone you love is troubled by depression, marital or relationship problems, substance abuse, or a vague sense that your life is adrift, we can help. Professional support is available with fees based on your ability to pay. (931) 648-9009 or [pastoralcounselingctr.org](http://pastoralcounselingctr.org).

**THE PATH LIFE COACHING**  
Through The Path Life Coaching, [ThePathLifeCoaching.com](http://ThePathLifeCoaching.com), you can explore your options to move you forward to a more fulfilling and satisfying life! The Path Life Coaching is designed to promote and support you as you discover harmony and happiness along your life journey. You will be guided along "your Life's Path" becoming empowered to realize your own truths and solutions as you move forward and achieve your own goals and dreams. The Path Life Coaching is based on a wellness approach to life coaching that embraces the "whole" self to include self-truth, spirituality, and emotional and physical wellness. This success of The Path Life Coaching rests on the assurance that the coaching experience is a "safe place for reflection and growth." Each session is a "rest stop" along your journey where you will embrace exploration, design, action, evaluation and achievement giving you insight and awareness as you move along the "Path" of your choosing. Please contact Dr. Juliee Poole for more information at [JulieePoolePHD@aol.com](mailto:JulieePoolePHD@aol.com) or (931) 906-5449.

**REGIONAL INTERVENTION PROGRAM (RIP)**  
Regional Intervention Program 404 Pageant Lane, (931) 920-2347, is a program through local mental health agency and not-for-profit organization Centerstone providing behavior modification for preschoolers 18 months through 6 years old. RIP offers a 2-hour classroom setting for children and siblings, in addition to case management for parents two times per week on Tuesdays and Thursdays. RIP currently has immediate openings for the morning program @ 10:00 a.m. to 12:00 p.m. Katrina Watts, RIP Coordinator @ (931) 494-4863, [Katrina.Watts@centerstone.org](mailto:Katrina.Watts@centerstone.org).

**WESTERN KENTUCKY MEDICAL OPIOID TREATMENT**  
Methadone Maintenance Treatment combined with counseling and professional help for medical, psychiatric, and socioeconomic issues has the highest probability of being effective for opiate and heroin addictions. Methadone is one of the longest-established, most thoroughly evaluated forms of drug treatment. Once accepted into the program, individuals will receive doses of methadone and individual counseling to address the patients specific treatment needs. Please give us a call at (270) 887-8333.

**YMCA'S RESTORE MINISTRIES COUNSELING CENTER**  
Restore Ministries offers one-on-one, couples (including marital and pre-marital) and family counseling in addition to play therapy for children ages 3-12 years old in a safe and confidential setting. Private counseling fees are frequently out of reach for individuals with limited financial resources or no insurance. We are committed to providing professional, holistic counseling on a sliding scale so that no one is turned away due to the inability to pay. You do not have to be a member of the YMCA to seek counseling. For more information about our counseling services or to schedule an appointment, please contact Susanna Powers at (931) 647-2376 or [spowers@ymcamidtn.org](mailto:spowers@ymcamidtn.org).

**INTERNATIONAL ORGANIZATIONS**  
**MISS TENN KY AREA AFS VOLUNTEER LEADERSHIP TEAM**  
The above team operates locally as the volunteer arm of AFS Intercultural Programs ([www.afsusa.org](http://www.afsusa.org)) which has been hosting and sending folks on international exchanges since 1947 and now partners with 90 countries. Local registered volunteers are always needed. See [www.afsusa.org/volunteer-with-afs](http://www.afsusa.org/volunteer-with-afs).

Mini-bios are arriving weekly for the AFSers who will need loving hosts for the fall. You may view and apply to host at [www.afsusa.org/host](http://www.afsusa.org/host). Apply early as CMSS will only allow four (4) exchange students per local high school.

Many scholarships are available for students who wish to study abroad in 2022-23 in many foreign countries

for semester, summer and/or year long programs. Here in Montgomery County only residents may apply for a \$8,000 scholarship to study in Austria or Germany. To learn more about these go to [www.afsusa.org/study-abroad](http://www.afsusa.org/study-abroad) and also [www.afsusa.org/scholarships](http://www.afsusa.org/scholarships). Locally, contact Christina Pettinelli at [christina.pettinelli@afsusa.org](mailto:christina.pettinelli@afsusa.org) or 315-525-7182. She is the sending coordinator for the Miss Tenney Area Team.

Follow AFS on Facebook::AFSUSA, Twitter::afsusa, You Tube: AFS TV, and FICKR::: AFSUSA.

#### **MOM & PARENT GROUPS**

**SPRING CREEK MOMS**  
Moms on a Mission is for moms, grandmoms, or any woman who wants to grow in the Lord, fellowship, and give back to our community by working in various mission projects. We meet at Spring Creek Baptist Church at 2760 Trenton Road. Meetings are from 9:30-11:30 with childcare provided. For a calendar of events or more information regarding MOMS look us up on Facebook at [sbcmoms](https://www.facebook.com/sbcmoms). We meet at Spring Creek Baptist Church at 2760 Trenton Road. Meetings are from 9:30-11:30 with childcare provided.

**HILLDALE BAPTIST CHURCH HOMESCHOOL MINISTRY**  
"CHARA" is a support group for families who have chosen to educate their children at home. We offer monthly meetings throughout the school year. Additional activities are also held throughout the year. For more information email [karen.clarksvilleara@gmail.com](mailto:karen.clarksvilleara@gmail.com) or visit [www.hilldale.org/aboutchara](http://www.hilldale.org/aboutchara).

**CLARKSVILLE, HOPKINSVILLE FORT CAMPBELL SAHM PLAYGROUP**  
The Clarksville, Hopkinsville, and Ft. Campbell SAHM playgroup is here to support mothers who are navigating the phases of newborn through preschool with their children. We do all kinds of different activities throughout the year from Moms' Night Out, Potluck Lunches, Coffee and Donuts playdates, and other activities and events that include moms, kids and families. [sahm.meetup.com/1943/](https://www.meetup.com/1943/)

**HOPE@HOME (HELPING OTHER PARENTS EDUCATE AT HOME)**  
An online Christian support group for home schooling families in the Clarksville/Montgomery County area. Members have access to info on area activities, co-ops, classes, small groups and much more. For basic information and to join visit [groups.yahoo.com/group/ClarksvilleAreaHomeSchoolNews/](https://groups.yahoo.com/group/ClarksvilleAreaHomeSchoolNews/)

**LA LECHE LEAGUE OF CLARKSVILLE-FORT CAMPBELL**  
La Leche League offers mother-to-mother breastfeeding information and support in meetings and via phone and email. All breastfeeding and expectant mothers and their children are welcome to attend either or both monthly meetings! Meetings are on the first Wednesday of each month at 10:00 a.m. at Clarksville's Montgomery County Public Library in the large meeting room and also on the third Wednesday of each month at 6:00 p.m. on Fort Campbell Army Post. The evening meeting is also open to your support person. Please check our Facebook for location each month [facebook.com/LLLClarksville](https://www.facebook.com/LLLClarksville). If you have breastfeeding questions please contact one of our local group's leaders at [BreastfeedingTN@gmail.com](mailto:BreastfeedingTN@gmail.com) or call (931) 444-7087.

**MOMS CLUB OF CLARKSVILLE**  
We are moms in and around Clarksville who meet-up for "play dates" and fun "mom time"

activities. We consist of two independent clubs, based on location. If you live in Sango or St. Bethlehem areas of Clarksville (east of Wilma Rudolph), you are zoned for MOMS Club of Clarksville-East. To learn more, send an email to [eastclarksvillemomsclub@gmail.com](mailto:eastclarksvillemomsclub@gmail.com). If you live in Ft. Campbell, Woodlawn, Oak Grove, or areas of Clarksville west of Wilma Rudolph you are zoned for MOMS Club of Clarksville-West. To learn more, send an email to [momsclubofclarksvillwest@gmail.com](mailto:momsclubofclarksvillwest@gmail.com). Look for both groups on Facebook. A typical month of activities may include story time at the library, lunch at a local eatery, and a crafting play date, to name a few. Clarksville is a growing town with many family friendly activities. Contact us to explore these opportunities together.

**MOPS AT FIRST BAPTIST CLARKSVILLE**  
Meets on select Fridays every month throughout the school year from 9:15 a.m. to 12:00 p.m. at First Baptist Church downtown, 435 Madison Street. Childcare is provided for members. For more information on visiting a meeting or joining please contact Alison Weakley, child care coordinator, at (931) 409-2466, or send an email to [clarksvillemops@gmail.com](mailto:clarksvillemops@gmail.com). Check us out online at [clarksvillemopsatfbc.wordpress.com](http://clarksvillemopsatfbc.wordpress.com). We look forward to meeting you!

**HILLDALE BAPTIST CHURCH MOMS TO MOMS**  
Moms to moms is for moms of all ages, whether you're expecting or have grandchildren. We meet most 1st and 3rd Fridays from 9:30 - 11:30 am from September to May. Child care is provided from birth to 4 years of age. For more information contact Sara Turnquist or Lindsay Marlow, Co-Coordiators at [momstomoms@hilldale.org](mailto:momstomoms@hilldale.org) or visit [www.hilldale.org/momstomoms](http://www.hilldale.org/momstomoms).

**SUPER MOM'S GROUP**  
If you are a single mom—you are a SUPER MOM! We meet every Sunday morning at 9:45 a.m. at First Baptist Clarksville. We are a small group that does various studies on parenting, Christian growth, boundaries, dating again, and other topics! We also do monthly get-togethers, mom's nights out, and play dates for the kids. Any single moms are welcome to attend these monthly events even if you can't come to the small group on Sundays! Please like our Facebook group to stay updated on all events: Clarksville - Super Moms. Contact Devin for more info at [devin.maureen@yahoo.com](mailto:devin.maureen@yahoo.com).

**PARENTS OF MULTIPLES**  
An email support group for parents of twins, triplets and more that live in Clarksville or the surrounding area. Call Kelley Corley at (931) 358-0127 or e-mail [KCorley77@aol.com](mailto:KCorley77@aol.com) for more information.

**PARENTS REACHING OUT**  
Provides peer counseling and support services. Aims at long-term preventive health care solutions to families facing the challenges of a high-risk pregnancy or having an infant or child in critical care. Call (615) 365-7004.

**TNSHARE (SECULAR HOMESCHOOLERS: ANY RELIGION, ECLECTIC)**  
SHARE is a non-religious home school group for Clarksville and the surrounding areas. All homeschoolers are welcome to join this group, regardless of religious beliefs, race, homeschooling methods, or family lifestyles. An online support and information network is available as well as bi-monthly meetings. This group is a community in which we all play an important role in deciding and implementing the activities we want for our children. For membership information please visit: [facebook.com/#!/groups/tnSharehomeschool/](https://www.facebook.com/#!/groups/tnSharehomeschool/)

**TENNESSEE EARLY INTERVENTION SYSTEM (TEIS)**  
"Growing Together Little by Little." A voluntary educational program for families with children ages birth to three years old with disabilities or developmental delays. Visit [tennessee.gov/education/teis](http://tennessee.gov/education/teis) or call (800) 852-7157.

**WIC NUTRITION EDUCATION CENTER**  
All prenatal moms are welcome to a free preparation breastfeeding class (includes free breastfeeding information packet). 1:00 p.m. to 2:00 p.m. the third Thursday of each month at the WIC Clinic, 300 Pageant Lane. Call (931) 551-8777 for more information. No reservations needed.

**RETIREMENT GROUPS**  
**AARP LOCAL CHAPTER 1957**  
Meets on the 2nd Tuesday of each month at 10:00 a.m. at Hilldale United Methodist Church, 1751 Madison Street. Affiliated with the National AARP. To become a member of the local chapter you must be an active member of the national chapter. The local dues are \$5 per year. Our motto is "To Serve and Not to Be Served" in our communities. We have guest speakers monthly who reflect on services to our seniors. We welcome guests at all our meetings, and have light refreshments after each meeting. For additional information, please contact Charmist Fields, President, (931) 358-3875, [charmistfields@charter.net](mailto:charmistfields@charter.net).

**NARFE CHAPTER 870, (NATIONAL ACTIVE & RETIRED FEDERAL EMPLOYEES)**  
The only association dedicated to protecting the earned retirement benefits of federal employees, retirees and their survivors. NARFE

works on the national and state levels in Congress to propose and oppose legislation in the interest of the federal employee and retiree. Local NARFE Chapter 870 meets on the 2nd Thursday of each month at Golden Corral at 2188 Wilma Rudolph Blvd. Our meeting begins at 11:00 a.m. Even with our speaker, we are normally finished by 12:30 p.m. or 12:45 p.m. We have a private area reserved with our own waitress service. We always have an interesting program. We encourage retired or active federal employees to join us and bring a guest. For more info, please contact Sandra Simms at [hsimms6551@charter.net](mailto:hsimms6551@charter.net).

**SUPPORT GROUPS**  
**ALZHEIMER'S CAREGIVERS' SUPPORT GROUP**  
Meetings are the second Monday of each month at 6:30 PM at Clarksville Montgomery County Public Library, and the third Wednesday of each month at 11:00 AM at Clarksville Montgomery County Public Library. Contact Rick Richmond at (931) 362-3143.

**ASMT (AUTISM SOCIETY OF MIDDLE TENNESSEE)**  
Meets the 3rd Tuesday of every month at the Clarksville-Montgomery County Public Library at 350 Pageant Lane, Clarksville from 7:00 p.m. to 8:00 p.m. For more information contact Shelley Taroli at (931) 980-2597 or [shelleytaroli@gmail.com](mailto:shelleytaroli@gmail.com).

**AUTISM SUPPORT GROUP**  
Donna Richardson at (931) 503-2315.  
**BREAST CANCER SUPPORT GROUP**  
ABC (After Breast Cancer) outreach program provides survivor support through a free, comprehensive 16-week program that includes a YMCA membership, Pink Ribbon training classes, lymphedema education, and nutrition classes in a wellness-focused, caring environment. Survivors are encouraged to attend our monthly meetings held the 2nd Monday of each month. If you are going through chemo and are in need of a wig, please let us know. For more information or to sign up for the next session, contact Sherrie Lewis at (931) 647-2376 or [slewis@ymcamidtn.org](mailto:slewis@ymcamidtn.org).

**CLARKSVILLE ASSOCIATION FOR DOWN SYNDROME (CADSTN)**  
Where individuals, families and the community come together to enrich, educate and support one another. Contact Patricia Hanna at (931) 645-1261 or [cadstn@hotmail.com](mailto:cadstn@hotmail.com). Visit [cadstn.org](http://cadstn.org).

**CLARKSVILLE MONTGOMERY COUNTY MULTIPLE SCLEROSIS SUPPORT GROUP**  
For patients, family members and caregivers in the day to day management of M.S. Activities include guest speakers, up to date medical news, advances in finding a cure for M.S., and open forum discussions. Meets the third Tuesday of each month (September through May) at 7:00 p.m. at First Christian Church, 516 Madison Street. For more information call Melba Dowdy at (931) 552-1486 or Mary Nell Wooten at (931) 647-8904.

**CLARKSVILLE OSTOMY SUPPORT GROUP**  
Clarksville Ostomy Support is for people who have undergone ileostomy, colostomy, or urostomy or who suffer from CROHN'S DISEASE or other diseases of the bowel. Group meets monthly, on a varying schedule, so please call (931) 502-5001 for next meeting day, time and location.

**CLARKSVILLE PARENT/CAREGIVER SUPPORT GROUP**  
Are you the parent or caregiver of a child exhibiting challenging behaviors? Do you sometimes have feelings of frustration, anger, helplessness, guilt or isolation? Do you live in the Ft. Campbell/Montgomery County area? Join us at Thursday Nights, 5:00 p.m. to 7:00 p.m. at the LEAP Building, 1860 Wilma Rudolph Boulevard. Free child care and food—please call Monica to reserve child care. For more information contact: Monica Causey at (615) 269-7751 ex. 133 or [mcausey@tnvoices.org](mailto:mcausey@tnvoices.org), Jennifer Allen at (615) 854-2165 or [Jallen@tnvoices.org](mailto:Jallen@tnvoices.org); or Sharon Jarrell at (931) 266-6064.

**COMPASSIONATE FRIENDS**  
When a child dies, at any age, the family suffers intense pain and may feel hopeless and isolated. The Compassionate Friends provides highly personal comfort, hope, and support to every family experiencing the death of a son or a daughter, a brother or a sister, or a grandchild, and helps others better assist the grieving family. Meets the third Wednesday of each month from 6:00 p.m. to 7:30 p.m. at the Clarksville-Montgomery County Public Library. Contact Henry Moore, Jr. at [tcfocclarksville@gmail.com](mailto:tcfocclarksville@gmail.com).

**DIABETES SUPPORT GROUP**  
Need help managing your diabetes? Tennova's Diabetes Support Group offers up-to-date information and peer support related to self-management of diabetes. The group meets the third Tuesday of each month from 12 to 1 p.m. in the Liberty Rooms of Tennova Healthcare - Clarksville. For more information contact our Registered Dietitians at 931-502-1127

Focus autism now

Online support for parents with children and youth with Autism. We serve the community from Clarksville since 2009. Contact us for information, resources, support, advocacy and leadership tools. [Hablamos Español.](http://hablamos.espanol.com) [focusautismnow.com](http://focusautismnow.com)

**GRIEF SUPPORT GROUP AT ASERACARE**  
A grief support group provides opportunities to connect with others who have had a similar experience and talk about the experience in a safe, supportive, and understanding environment. Remember that support groups will take several sessions to help develop coping skills and strategies to deal with one's loss(es). AseraCare Hospice offers grief support groups and individual bereavement services free of charge open to anyone who has or is experiencing grief. A new six-week support group will start every 10 -12 weeks. For more information, please contact Henry Moore Jr. at (931) 551-4100.

**JUVENILE DIABETES RESEARCH FOUNDATION (JDRF)**  
Meets the last Saturday of each month. Contact [cvholland-free@jdrf.org](mailto:cvholland-free@jdrf.org).

**MEN HELPING MEN**  
A Christ-based outreach ministry which focuses on restoring and inspiring men to return to God's glory. We believe that by encouraging spiritual unity, growth and providing assistance to men in need this can be accomplished. We assist by teaching small groups, partnering with other outreach ministries and volunteering in the community. Contact us at (931) 241-1884 or (931) 249-8406.

Do you have a loved one battling a mental illness? Our monthly support group is for families and friends of the mentally ill. We encourage, support, and provide information to families. We meet monthly every third Monday at 6:30 at Tennova Healthcare (formerly known as Gateway Medical). For more information, call Karen at 931-221-2696 or look for us on Facebook at Clarksville NAMI.

**PARENTS HELPING PARENTS**  
A bereavement support group for any person who has ever loved and lost a baby or child. You can expect compassion, support and useful information to help you through this time of grief. Held the first Monday of each month from 7:00 p.m. to 9:00 p.m. in classroom 2 off the "A" lobby at Blanchfield Army Community Hospital, Ft. Campbell. The group is open to the community. For directions or information e-mail Sharea at [InfantLossProject@yahoo.com](mailto:InfantLossProject@yahoo.com) or call the chaplain's office at (270) 798-8777.

**PARKINSON'S SUPPORT GROUP**  
Meetings are the 2nd Thursday of each month from 3:00 - 4:00 p.m. (for patients and caregivers) at the Church of Christ at Trenton Crossing, 2650 Trenton Rd. Contact: Shirley Cook 931-624-4561 Vennie Evans 931-801-2706 or [vennieevans@aol.com](mailto:vennieevans@aol.com).

**TENDERPAWS PET THERAPY**  
Tenderpaws Pet Therapy Group meets at 10:00 a.m. the first Saturday of the month in the Liberty Room of Tennova Healthcare - Clarksville. To have your pet screened call Kathy at (931) 553-8959.

**YMCA'S RESTORE MINISTRIES SMALL GROUPS**  
Restore Ministries offers small groups led by trained and caring facilitators in a supportive environment in which people who are seeking to make similar life changes can work together to identify and overcome the barriers standing between them and lasting change. If you are having relationship difficulties, experiencing loneliness, grief, stress, sadness or just need encouragement, we can help. Our groups address all types of issues ranging from anxiety to grief to low self-esteem and body image. Restore Ministries is for everyone, guiding men and women to complete hope, healing and restoration. Most groups meet for 8 weeks. Fees are based on your ability to pay. Groups are open to both members and non-members of the YMCA. For more information or to sign up for a group, contact Susanna Powers at (931) 647-2376 or [spowers@ymcamidtn.org](mailto:spowers@ymcamidtn.org)

**TUESDAY OVEREATERS ANONYMOUS MEETING**  
Tuesday meeting, noon to 1:00 p.m. Saint Joseph Center Room # 10 (Downstairs: parking behind building) For more information call: 931-257-6817  
Email contact: [tuesday1meeting@gmail.com](mailto:tuesday1meeting@gmail.com)

**For corrections or to include your group's information e-mail:**  
[network@clarksvillevivingmag.com](mailto:network@clarksvillevivingmag.com)

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