

FREE!

CLARKSVILLE

Life, Community, Home & Health in Clarksville, Ft. Campbell & Beyond **LIVING**



BEHIND THE SCENES

with Clarksville native Anne Marie Rocconi, who is currently working as a production assistant in New York City on several high-profile movies and series. Read more about her burgeoning career in the film industry, starting on page 10.



JULY 2022

CONSTRUCTION LOANS



Build your plans into your dream home with our low-rate construction loan.

1.999% RATE

6.402% APR*

MEET OUR LENDERS



JESSICA TAYLOR
LOAN ORIGINATOR

NMLS# 841429

Direct Line
931-920-6515

Email
jtaylor@altra.org

Branch Location
1600 Madison Street



JAY WHITE
LOAN ORIGINATOR

NMLS# 1751071

Direct Line
931-920-6544

Email
jwhite@altra.org

Branch Location
2625 Wilma Rudolph Blvd.



GAIL FIELDER
LOAN ORIGINATOR

NMLS# 630557

Direct Line
931-920-6517

Email
gfielder@altra.org

Branch Location
1600 Madison Street



1600 Madison Street
2625 Wilma Rudolph Blvd. • Clarksville, TN

931-552-3363 • 800-755-0055 • www.altra.org

*1.99% rate corresponding APR (annual percentage rate) of 6.402% assuming a \$200,000 loan amount, without mortgage insurance, closing on the first of the month, and prepaid finance charges of \$1,790. Rates as low as 1.99% available for new owner-occupied construction loans up to \$750,000 maximum; after construction is complete, rate is dependent upon member qualifications. Some restrictions may apply. Repayment terms will depend on timing of draws. Rate subject to change. Please contact Altra for additional loan options. Membership eligibility required. Loans available to qualified members. Equal Housing Lender.

Federally insured by NCUA.



G A M I N G • R A C I N G • D I N I N G • H O T E L • E N T E R T A I N M E N T

PLAY. STAY. REPEAT.



Spin and win with over 1,300 of the latest and greatest games. Satisfy all your cravings at our three fantastic restaurants, including our signature steakhouse, Garrison Oak. Live it up at our lively bars and lounges. Unwind in an elegant room or suite, then wake up to enjoy it all over again.



FOR HOTEL AND DINING RESERVATIONS VISIT OAKGROVEGAMING.COM



GET AWAY WITHOUT GOING FAR AWAY

Oak Grove Racing, Gaming & Hotel is conveniently located at 777 Winners Way in Oak Grove, KY, right off Interstate 24, Exit 86, across from Fort Campbell Army Base and just a quick spin from Clarksville. For detailed driving directions visit oakgrovegaming.com.

Must be 21. Gambling Problem? Call 1-800-GAMBLER.

OAK GROVE
RACING • GAMING
HOTEL

Clarksville Living Magazine is published and distributed monthly at over 180 locations across Clarksville, Fort Campbell, Oak Grove and surrounding areas.

FOR ADVERTISING OR MARKETING INQUIRIES
STEPHEN HOFMEISTER
 call or text: (931) 217-0768
 email: stephen@clarksvillevivingmag.com



For all other information or questions:
 E-mail: info@clarksvillevivingmag.com
 Mail: PO Box 31867
 Clarksville, TN
 Web: clarksvillevivingmag.com
 Look for us on Facebook 

Owner/Publisher
 Carla Landroop

Advertising
 Stephen Hofmeister
 (931) 217-0768
stephen@clarksvillevivingmag.com

Editor
 Victor Lavergne

Graphic Design
 Carla Landroop
 Jordan Cathey

Staff Writers
 Tony Centonze
 Paige Eisemann
 Taylor K Lieberstein

Clarksville Living Magazine
 © 2007-2022

Publisher's note

Though some of you may not be reading this until after Independence Day has passed, it's still important to pause and reflect on its significance— especially in the presence of Fort Campbell and all the sacrifices our soldiers and their families make to ensure our freedom.

Speaking of Independence Day, you don't want to miss the free fireworks show that The City of Clarksville puts on every year. It's on Sunday, July 3rd starting at 5:00 p.m. and it's a great place to take the family!

Of course, we have another outstanding issue packed with articles on everything from generous local citizens giving back to their community, to health, and a of course the FAIR is back at the end of the month. Be sure to read all about it in our article on page 8 and in further detail in the calendar of events on page 24.

We hope you enjoy the issue and thank you for picking us up—stay safe and try to stay cool!



Carla Landroop
 Founder & Publisher

This month's find-a-word puzzle for clues about what's inside this month's issue!



Find the following words in the puzzle.

Words are hidden → ↓ and ↘ .

BLOOM
 CLARKSVILLE
 FAIR
 FILM

FLOWERS
 HEART
 MIDWAY
 NYC

PARKS
 RACING
 SERIES
 SPIN

DISCLAIMER

The opinions expressed by articles, advertisements and listings in this magazine are not necessarily the views of Clarksville Living. Reasonable care has been taken to ensure the information presented is accurate, but no responsibility can be taken by Clarksville Living Magazine if it is not.

Table of Contents

WHEN MINUTES MATTER

6

MOCO COUNTY FAIR IS BACK!

8

ON LOCATION WITH ANNE MARIE ROCCONI

10

DISCOVER TN STATE PARKS!

16

THE BLOOM PROJECT

19

SPIN CYCLE AT TRIFECTA FITNESS

22

CALENDAR OF EVENTS

24

The Clarksville Living Magazine Network is now available online at: clarksvillefamily.com/events

GRACE DENTAL

FAMILY & COSMETIC DENTISTRY

931-648-4100

www.gracedentaltn.com

facebook.com/gracedentaltn



How it works: Bella's Closet is looking for donations of new or gently used women's clothing. When it comes to used clothes from Bella's, Pitts said they would not want anyone to get an item of clothing that they wouldn't wear, and they want to make sure the clothes are in good condition.

"I want people to know that Bella's Closet is a place for a woman to come and just know that we are there to serve her. No matter what stage of life she's in, we want to help her to be successful. We don't want any woman to go into a place to work and look around at her co-workers and think, I wish I could buy clothes like that," Pitts said.

HOW TO GET HELP, GIVE HELP:

To make monetary donations, visit the Bella's Closet Facebook page where you'll find a QR code to donate. Donations of clothing and accessories can be dropped off at the main location of Bella's Closet in the Carriage House behind Smith Trahern Mansion at 101 McClure St. To make an appointment or to stop by Bella's Closet at the Smith Trahern Mansion Carriage House, you can instant message on Facebook, or call Pitts at 931-624-6716, or Faye Forsythe at 931-206-1587.

\$129

NEW PATIENT SPECIAL:

Initial Exam, X-rays & Oral Cancer Screening.

(only new patients,
without insurance)

304 Providence Blvd. | Clarksville, TN 37042

Monday - Thursday 8 am - 5 pm

Clarksville Floor Covering

LOCALLY-OWNED SINCE 1961

Sales ★ Service ★ Installation

LVT WATERPROOF FLOORING
HARDWOOD • CERAMIC TILES
LAMINATE • CARPET

CALL TODAY TO SPEAK TO A FLOORING EXPERT!
931-552-1818

Flooring America

Free Estimates!

HOURS:
Monday - Friday 8 a.m. - 5 p.m.
Saturday 8:30 a.m. - Noon

606 Spring St. Clarksville, TN
clarksvillefloor-covering.com

Stroke Symptoms

Remember, recognize and act fast



Brought to you by Tennova Medical Group

MINUTES MATTER: RECOGNIZING THE SIGNS OF STROKE

A severe headache, difficulty seeing, confusion, or fumbling to find words — these stroke symptoms are often mistakenly blamed on other illnesses or medications, especially in people younger than 65.

That's especially concerning given the increasing incidence of stroke in younger adults. According to research presented earlier this year at the American Stroke Association International Stroke Conference, the number of strokes in those age 75+ is declining but is increasing in younger and middle-aged adults (age 49 and under) in certain geographic regions — primarily the South and Midwest. This trend is attributed to the rise in obesity, diabetes, high cholesterol and high blood pressure among younger age groups.

Preventive measures such as a healthy diet, regular exercise, smoking cessation and learning the signs and symptoms of stroke may help save lives and minimize related disability.

UNDERSTANDING STROKES

Approximately 795,000 Americans suffer a stroke each year, and one person dies from a stroke

every four minutes. It is the fifth leading cause of death in the country and is a leading cause of serious, long-term disability. In addition, about 23% of people who recover from their first stroke will have another stroke within five years.

Joel Parker, M.D., medical director for Tennova Healthcare - Clarksville's Emergency Department, states, "About 87% of strokes are ischemic — meaning an artery responsible for blood flow to the brain is either blocked or severely restricted by a blood clot — which deprives the brain of oxygen and nutrients.

The remaining 13% are hemorrhagic, or caused by a weakened blood vessel that breaks and bleeds into the surrounding brain tissue. It's



extremely important for stroke patients to receive treatment as quickly as possible because early intervention may minimize long-term effects. Every minute counts."

The area of the brain affected by a stroke determines what bodily functions are impacted. Stroke victims may lose permanent memory, speech, balance, fine motor skills and control over some muscles or entire limbs on one side of the body. A person's personality or behavior can also be affected or changed. The Stroke Awareness Foundation estimates that 7 million stroke survivors are living in the U.S. today, and two-thirds of them are disabled.

ACT QUICKLY

A major stroke can kill nearly 2 million brain cells a minute. That's why acting quickly when symptoms first appear is so important. Patients who receive clot-busting drugs within three hours of initial symptoms reduce the likelihood of long-term disability. Call 9-1-1 and try to recall the time that symptoms first appeared. The quicker medical care is received, the greater a stroke victim's chances are of surviving.

Joel Parker, M.D., serves as the Regional Medical Director for American Physician Partners and is the medical director of Tennova Healthcare - Clarksville Emergency Departments. 



FINDING OUT MY HEART AGE COULD END UP SAVING MY LIFE.



Tennova Cardiology – Clarksville’s 5-minute Heart Risk Assessment will calculate your Heart Age – and your risk for heart disease. It will also offer advice on how to maintain or improve your heart health.

Visit TennovaClarksvilleHeart.com to take the assessment.

 **Tennova**TM
Medical Group



The Montgomery County Fair is gearing up for another fun-filled week at the Clarksville Speedway. The seven nights of entertainment include a midway, interactive animal attractions, games, food, and events on the racetrack each night. The fair continues to increase in its rich tradition by getting bigger and better with each passing year. Come out for one night or come out multiple nights and experience an essential part of a Tennessee summer. Opening night is Thursday, July 28th and the fair will run through Saturday, August 6th. Check out the schedule of events, exhibits, and shows below.

FLAT TRACK BIKE RACES

Saturday July 30th
 The event Sideways in Tennessee will feature pros and the Harley-Davidson Hooligans, Gates open at 1pm and hot laps begin at 3 for bikes. Racing begins at 6.
 Admission, Adults \$20.00, Kids (aged 4-11) \$10.00 and children 3 and under are free.



ENDURO RACES

Sunday July 31st and Saturday August 6th.
 Gates open at 5, races begin at 6:30. Adult admission is \$15 and kills under 11 are \$10. Pit entrance is \$30.

Entrance to special attractions included with fair admission. This year's special attractions are-

SWIFTY SWINE PIG RACES.

If you have never seen a pig race before, do not miss this event. Swifty and his friends aren't racing for money, they are after an Oreo cookie, which is waiting on a silver platter at the finish line.



THE 'GREAT AMERICAN DUCK RACE'

You can't watch these mallards race without laughing. Interesting facts about the racing ducks are revealed throughout the show. Children and adults are chosen during each show to release the ducks at the starting line.



Midway Admission prices are as follows. *Parking included in price.*
\$7 Adults (aged 12 and older)
\$4.00 kids (aged 4-11)
FREE for ages 3 & under



Be sure to check Clarksville Speedway's website and facebook page for all the latest news and info!

- facebook.com/MontgomeryCountyFairTN
 - clarksvillespeedway.com/other-events/county-fair 🦋

JULY 28TH - AUGUST 6TH



**MONTGOMERY COUNTY
FAIR**

**SWIFTY SWINE RACING PIGS, GREAT AMERICAN DUCK
RACE, FLAT TRACK MOTORCYCLE EVENT, ENDURO RACE,
RIDES, FOOD, GAMES, & MUCH MORE!**

**MIDWAY ADMISSION:
\$7.00 ADULTS (AGES 12 & UP)
KIDS 4-11 \$4.00, 3 AND UNDER FREE
PARKING INCLUDED IN MIDWAY ADMISSION**

**THURSDAY - 28th - 5:30 pm - 11:30 pm
FRIDAY - 29th - 5:30 pm - 11:30 pm
SATURDAY - 30th - 1:00 pm - 11:30 pm
SUNDAY - 31st - 1:00 pm - 10:00 pm
MONDAY - 1st - 5:30 pm - 11:00 pm
TUESDAY - 2nd - 5:30 pm - 11:00 pm
WEDNESDAY - 3rd - 5:30 pm - 11:00 pm
THURSDAY - 4th - 5:30 pm - 11:00 pm
FRIDAY - 5th - 5:30 pm - 11:30 pm
SATURDAY - 6th - 1:00 pm - 11:30 pm**

[www.CLARKSVILLESPEEDWAY.com](http://www.clarksvillespeedway.com)

Photo by Dan Fife Jr. on the set of "Stuck in Love" in Nashville



By Paige Eisemann

MAKING HER MARK BY LIVING HER DREAM...

Everyone has a hobby or pastime that they enjoy spending time on. Some people are lucky enough to be able to turn something they are passionate about into a career. One local woman has been able to do just that and she has embarked on the adventure of a lifetime, living her dream!

Anne Marie Rocconi is a lifelong Clarksvillian whose family remains in the area. As a young girl, Anne Marie loved making up stories and creating movies using iMovie. She even taught herself how to use editing tools and software. She always knew that creating films was something she loved to do, but didn't know that it would be possible as a career choice. As graduation from Clarksville Academy approached in 2017 she began looking into colleges and discovered that she could study her passion and turn it into a career. Attending Belmont University, Anne Marie studied motion picture production, international business, and Japanese. Her senior thesis film, *Stuck In Love* earned honors and accolades for



Clarksville Living

Anne Marie as well as for her cast and her crew. The film racked up three Independent Shorts Awards including Best Child/Young Actress for Amanda Paulsen, Best Student Director for Anne Marie, and Best Fantasy Short Film. *Stuck In Love* was a finalist for the New Wave Short Film Festival (Munich, Germany) and Tokyo International Short Film Festival (Tokyo, Japan) and was also selected for the Seoul International

Short Film Festival, Toronto International Women Film Festival, Montreal Independent Film Festival, and the New York Independent Cinema Awards. With such amazing encouragement, Anne Marie graduated from Belmont in 2021 and set off on her great adventure.

Now living in New York City, Anne Marie shared that her first year working in the film industry has offered a wide variety of opportunities. Her official title is "set production assistant", but she explained that there are actually two types of assistants that fall under the director's unit, directly assisting the

director and assistant director of a production. She has worked as both "background production assistant" (helping to set up extras for scenes with everything from wardrobe, props, and placement) and "first team production assistant" (working primarily with the principle cast). She states that both opportunities are exciting because there are many moving parts and details that must be taken care of. Working with the principle cast means you are assisting fewer people but because they are needed on set more often to film scenes there is frequently more work involved. Every detail in every scene of a production must be considered from the director's point of view, and Anne Marie gets to be a part of all those details!

Aside from having been able to learn and work with many different directors in different capacities, Anne Marie has been able to take part in some really unique experiences. She has been able to work in some cool locations, such as filming in the world famous Yankee Stadium. She's experienced working on the Netflix sound stage. Once she even found herself in the background of some paparazzi



Looking for Expert Care?

Meet Dr. Christine Beyke

The newest addition to our Family Medicine Team!

Continued on page 10



If you're looking for a Family Physician dedicated to your total wellness, meet Dr. Christine Beyke. New to Premier, but no stranger to Tennessee, she radiates friendliness and warmth.

Dr. Beyke completed her residency at East Carolina Brody School of Medicine, Vidant Medical Center in Greenville, NC. She received her doctorate of medicine from University of Tennessee Health Science Center in Memphis, TN.

A champion for preventive health, nutrition and weight management, Dr. Beyke enjoys reading, hiking and traveling with her family.

New patients welcome. Most insurances accepted.

490 Dunlop Lane, Clarksville, TN
931-245-7000 | PremierMed.com

photos of a favorite celebrity! She has met people from all over the world, experiencing things with her new friends and co-workers that she never thought possible. The experiences she has enjoyed while working in such a fast paced environment help her continue to evolve and learn more about the film industry.

Anne Marie says one of the best parts

of her job is that she gets to work with a team toward the common goal of creating something to share with the world. She feels that she would never be the type to be able to work in an office sitting quietly all day. She enjoys the busy rhythm of managing casts, helping others, and constantly learning. The past year has been the busiest of her life, but it is exactly what she worked toward during her years in college. Working with directors

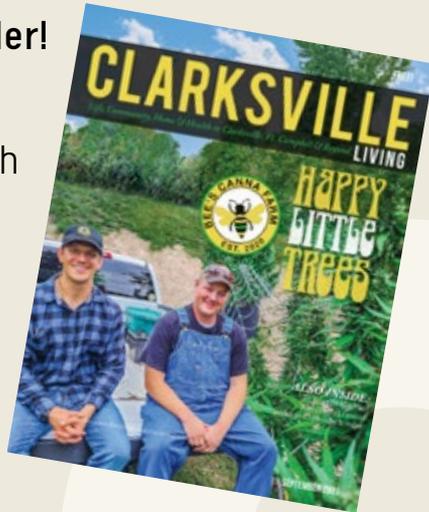
and production teams to create films is the career that she imagined and didn't even know was possible. Her adventure is just beginning, but Anne Marie is grasping the opportunity to enjoy her dream in full and make it into a long and successful career.

Some productions that Anne Marie has worked on have not yet been released, but she has been staffed on multiple high budget movies and series in 2021 and 2022. She has contributed to:

GROW YOUR BUSINESS WITH CLARKSVILLE LIVING MAGAZINE

Advertise smarter, not broader!

Targeting the most lucrative market in our community with local and engaging content brings in more business, and smart businesses have been partnering with Clarksville Living since 2007!



STEPHEN HOFMEISTER



Ad Deadlines:
15th of the month.
Call, text or email Stephen today!

931-217-0768
stephen@clarksvillelivingmag.com



- 'Players' (Feature Film, Netflix)
- 'Westworld' (Series, HBO)
- 'The Gilded Age' (Series, HBO)
- 'Uncoupled' (Series, Netflix)
- 'Partner Track' (Series, Netflix)
- 'Three Women' (Series, Showtime)
- 'The Missing' (Series, NBCUniversal)

Next up- 'Law & Order' (Series, NBCUniversal)

Watch for these trailers to see some of the films and shows that

Anne Marie has been a part of! 🦋



Photo by Preston Eggert on the set of "Brothers"



**CLARKSVILLE'S
BEST BURGER
SINCE 1965**

SWEET SUMMERTIME

REFRESHMENT

**Across from APSU 428 College Street
Monday - Saturday 7am - 10pm**

Call-In Pickup Orders Available!
647-4545
Always made to order!



EXPERIENCE MATTERS

Buying, selling or PCSing? We help you love where you live!



2279 WILMA RUDOLPH BLVD, SUITE A
CLARKSVILLE TN 37040



OFFICE: 931-444-3304



Heather Eisenmann

Lauren Hermes

clarksvillehomeowner.com

myclarksvillerealtor@gmail.com

PHONE: 931-538-9816

We know there are many options out there for your cosmetic injectable needs! Here at Bella Medical Spa, we hold ourselves to a premier experience that includes not only industry-standard pricing and the product itself, but the artistry, experience, education, and safety that is involved in the process. Your appointment will include a thorough consultation to discuss your goals and the variety of products we offer, followed by a customized plan to suit your needs.

FILLER SPECIAL:

*Buy 2 syringes of the Restylane Collection,
get 1 area of Dysport (up to 50 units) FREE*

*Buy 1 syringe of the Restylane Collection,
get 20 units of Dysport FREE*

**Limited supplies. Must schedule your appointment by July 31st to
qualify. Can not be used with any other offers or discounts**



2151 Wilma Rudolph Blvd. Clarksville, TN.
931.245.0500 | www.bellamedspa.com

An amazing summer vacation in our own backyard



DISCOVER TN STATE PARKS

By Stephani Cook

With gas prices soaring and airlines regularly cancelling flights, you may be looking for a simpler alternative to your family vacation this summer. The good news is this, you don't have to look much further than the state parks in our very own Tennessee.

During the pandemic, my husband and I purchased a fifth wheel RV and quickly discovered the beauty of Tennessee State Parks. We've camped in almost a dozen and have visited more than a third of them to date. Whether you are interested in camping, overnight lodging or just want a fun day outdoors, here are a few of our favorites for your consideration:

Right here in Clarksville:

1. DUNBAR CAVE STATE PARK



Look no further than Clarksville's own Dunbar Cave for a great family picnic, short hiking trails, fishing and bird watching. Cave tours are by reservation daily at 9, 11, 1 and 3.

2. PORT ROYAL STATE PARK



Also located in Clarksville, Port Royal offers picnicking, fishing, and short hikes. You may wish to launch a kayak from here for an afternoon float down the Red River.

Within 100 miles of Clarksville:

3. MONTGOMERY BELL STATE PARK



Located about an hour from Clarksville in Burns, TN, Montgomery Bell is one of our very favorites. There are miles of hiking trails for everyone from the beginner to the more adventurous. There is boating, fishing, swimming, waterfalls, playgrounds, picnicking and tons of history. And if golf is your thing, I've been told the golf course is a good one!

Looking to stay longer than a day? The park offers accommodations in a newly renovated lodge, in modern cabins or bring your camper or tent and stay in one of the 94 campsites in the campground.

4. CEDARS OF LEBANON STATE PARK



Cedars of Lebanon State Park, located in Wilson County is surrounded by the Cedars of Lebanon State Forest. With 117 campsites, ten miles of hiking trails, a newly renovated pool, a disc golf course and large playgrounds, everyone in the family can find something they like to do!

5. PARIS LANDING STATE PARK



Paris Landing State Park is an 841-acre park located on the western shore of the Tennessee River. The park sits on the widest part of the lake making it the perfect location for all water sports such as fishing, boating, and waterskiing. The park also offers a beautiful and challenging par 72, 18-hole golf course. Overnight accommodations include the newly renovated 91 room lodge, cabins, and camping sites.

An Amazing Weekend Trip:

6. CUMBERLAND MOUNTAIN STATE PARK



Cumberland Mountain State Park is situated on the Cumberland Plateau in Crossville, Tn. We discovered this gem when looking for a great place to camp while visiting our daughter in Knoxville and attending UT sporting events. With some of the most beautiful scenery you've ever seen, it features fabulous hiking, fishing, golfing, and an Olympic size swimming pool. An added bonus is the newly opened, first to Tennessee Buc-ees only a few miles from the park.

7. FALL CREEK FALLS STATE PARK



Fall Creek Falls State Park is one of Tennessee's largest and most visited state parks. The park encompasses more than 29,800 acres sprawled across the eastern top of the rugged Cumberland Plateau. Laced with cascades, gorges, waterfalls, streams and lush stands of virgin hardwood timber, the park beckons those who enjoy nature at her finest. Fall Creek Falls, at 256 feet, is one of the highest waterfalls in the eastern United States. Whether you choose to stay at the lodge, in a cabin or in the very

Continued on page 18

FREE
Presentation

Immunity, Stress, & Hormones

Your Health and Life Can be Better!

DATE: July 20; Stress, Hormones, & Inflammation

LOCATION: Medical Direct Care; 190 Hatcher Lane, Suite B, Clarksville, TN 37043; 931-221-0902

ARE YOU DEALING WITH...

**STRESS? • DIABETES? • BELLY FAT? • HORMONES?
HIGH BLOOD PRESSURE? • TIREDNESS?**

Call today **931-221-0902** to reserve your seat! Spaces are limited.



"We educate, empower, and encourage people to feel better, to have more energy, and to live their dreams."

Dr. Gregory Fryer, M.D.
National Speaker and Leading Wellness Expert



We are Accepting New Clients

Client Testimonial



"Best of both worlds, i.e. alternative, holistic health care combined with traditional medical care as needed. Not a place where pharmaceuticals are prescribed as a first course of treatment, but a place where root problems are identified and treated holistically and systemically"

Annette Backlar

WWW.MEDICALDIRECTCARE.COM

large campground, you will not be disappointed. Stay several days and see more incredible falls at Rock Island, Burgess Falls or Cummins Falls, all within a short drive of Fall Creek Falls.

8. CHICKASAW STATE PARK



Prefer to head to West Tennessee? Located in West Tennessee along the border of Hardeman and Chester Counties, Chickasaw State Park offers various activities for visitors to embark on including more than four miles of easy to moderate hiking trails and bicycle-friendly roads. Guests can utilize the rowboats, paddle boats and paddle boards available



for rent on Lake Placid. Golfing and horseback riding are also available. Overnight accommodations include cabins, RV or tent camping and a group lodge. With little to no cell phone service or WiFi, be prepared for a few uninterrupted days for a true vacation.

Honorable Mention:

Because we've yet to meet a state park we haven't enjoyed, Bledsoe Creek, Pickwick Landing and Panther Creek all deserve honorable mention as well. But don't take our word for it. You can find every detail you need

regarding any of the Tennessee State Parks on the amazing website www.tnstateparks.com.

You can also see more sights and hear more about our camping adventures on our YouTube channel "Camping with the Cooks" at:

bit.ly/30nlmDg 🦋





JOEL WALLACE
FOR
CIRCUIT JUDGE

JOEL WALLACE

CLARKSVILLE THROUGH & THROUGH

CLARKSVILLE NATIVE

A sixth generation Tennessean, Joel was raised here in Clarksville by a family who understands the importance of public service. He is a graduate of Clarksville High School and a proud supporter of Austin Peay State University.

EXPERIENCE MATTERS

Joel has practiced law right here in our community with the law firm of Cunningham, Mitchell and Rocconi since 2006. Joel was elected to two terms on the Clarksville City Council and serves on a number of local boards and commissions. In 2018, he was elected to the Tennessee Republican Party State Executive Committee.

 JOELWALLACE.COM

the BLOOM PROJECT

SPREADING JOY, ENCOURAGING HOPE, AND CONNECTING OUR COMMUNITY THROUGH THE REPURPOSING OF FLOWERS

By Paige Eisemann

Flowers always bring joy. Weddings, family reunions, memorial services, and more special events are brightened by floral displays. Have you ever thought about what happens to all of those beautiful flowers when the event is over? A local project has recently embarked on a mission to spread the love of those flowers in incredible ways, and because of this project joy is now in full bloom for many people throughout Montgomery County.



she spent a weekend in Memphis shadowing a friend who runs a similar ministry. Returning to Clarksville with plans and ideas, Darke knew that a community the size of ours could not only support this model but also benefit greatly from it. Soon a board of five ladies came together to work three "test events" to determine if the model could work. Just as Darke had prayed that they would be, the test events were a success. The Bloom Project was officially in full bloom!

continued on page 20

The Bloom Project has been a long time dream of Elizabeth Darke. Having worked in ministry for years, she always admired the floral arrangements that decorated church services and special occasions. The flowers were often dedicated in honor or memory of beloved family members or memorable events, so once they had served their original purpose why couldn't they go further and continue to spread joy? Inspired by similar ministries at churches her family attended in the past (including Madison Street UMC), Darke held onto this vision for nearly fifteen years. The idea blossomed in February 2022 when



Aquino Pediatrics

YOUR CHILD'S HEALTHCARE IS OUR #1 CONCERN!

KIDS CHANGE A LOT IN ONE YEAR...

It's important to track their growth and development with an in-person visit.

Scratch one more thing off your to-do list by scheduling back-to-school & sports physicals during summer break.

New Patients Welcome!

931-645-4685

Find us on Facebook!

881 Professional Park Dr.
(off Dunlop Lane by Tennova Healthcare)

www.aquinopediatrics.com



continued from page 19

Completely donation based and volunteer run, The Bloom Project repurposes donated flowers from special events or even from local gardens to create multiple smaller yet beautiful arrangements. These arrangements are then delivered to members of our community who most need a bright spot of love and happiness. Along with a handwritten note of encouragement the newly created arrangements are delivered to nursing homes, assisted living facilities, hospice care facilities, shelters and more. There are currently three facilities working with The Bloom Project, with hope of expanding into more. With COVID restrictions loosening, volunteers hope to be able to deliver flowers and notes as well as sitting down to talk and connect with the recipients.

Giving of your time to carefully deconstruct arrangements and repurpose them into multiple new one is powerful. Each stem is selected and placed with a purpose of bringing joy to the recipient. Handwritten notes of encouragement are created by multiple volunteers, including local children who want to participate in spreading happiness. Teenagers who recently volunteered their time to create notes to accompany arrangements shared that they felt a connection, finding their own joy in the process of creating the notes and cards as well as imagining the happiness they would bring to the recipients. Local florists and area floral suppliers also contribute flowers and their time to the project, and many of their donations can be seen in some of the photos accompanying this article.

If you would like to donate flowers to The Bloom Project, contact them prior to your special event to determine if they have availability to repurpose your flowers. Volunteers will then coordinate with you to pick up the flowers after your event. They will then be rearranged into multiple arrangements, a handwritten note will be added, and then they will be delivered to area facilities to spread joy, hope and love. In order to arrange adequate volunteers, this process works best if you submit your request to The Bloom Project two weeks prior to your event.

There are many opportunities to become involved with The Bloom Project. You can volunteer your time with flower prep and arranging, pickup or delivery, creation of handwritten notes, social media assistance, and

Donate Vases or other supplies

We accept glass, ceramic, or plastic vases no taller than 18 inches. We can also use jars with no labels, small glasses or mugs.

Please email us to arrange drop off of vase donations or to get a list of other supplies needed at that time.

Volunteer Opportunities

- Flower Prep and Arranging
- Flower Delivery
- Handwritten Notes
- Social Media
- Administration

Fi

While we statu

If you t
The BLOC
supplie
encourag



administrative tasks. You may donate needed supplies such as vases (glass, ceramic or plastic vases no taller than 18 inches OR jars with no labels, small glasses or mugs) or you may make a monetary contribution. The Bloom Project is currently applying for tax exempt status so donations are not yet tax deductible but hopefully will be soon!

The mission of The Bloom Project is "Spreading joy, encouraging hope, and connecting our community through the repurposing of flowers". Clearly this mission has already impacted the lives of the group of friends who created this project, and it has spread to the volunteers who generously donate their time and talents. Sharing a bright spot of happiness in the form of flowers with those in our community who are suffering or battling

illness brings joy in numerous ways, for everyone!

To find out more about The Bloom Project follow them on social:

@The BLOOM Project on FB and @thebloomprojectclarksville on IG. You may also reach them via email: bloomprojectclarksville@gmail.com. 🦋

Financial Donation

are in the process of applying for tax-exempt status, donations are not yet tax deductible.

would like to contribute to the mission of The Bloom Project, your financial gift will help with administrative tasks and general expenses to help spread joy, encourage hope and connect our community! Please email us for a mailing address.

Personalize your family's wishes to honor and celebrate a life well lived.

Cremations, Pre-Arranged Funerals, Traditional and Veteran Funerals.



Ed Larson

Tom Creech

Tony Nave



MCREYNOLDS NAVE & LARSON

We Honor Our Veterans.

Pre-Need payment plans available.

www.navefuneralhomes.com • 931-647-3371 • 1209 Madison Street, Clarksville

SPin CYCLE

By Paige Eisemann

A new fitness studio has recently opened in Clarksville, offering something unique to our community. Trifecta Fitness is about more than just getting in a good workout. It's a place where you can focus on your mind, body and spirit. A perfect balance!

Amanda Marshall has over eight years experience in the fitness industry. After moving to Clarksville from California, she found that to continue teaching spin classes she had to drive to Nashville. When her Mother joined her in the area, she saw the need for a spin studio that also focused on wellness. Working with another partner, the idea of Trifecta Fitness came to life. The studio would offer not only the highest quality spin classes, the latest strength training equipment, and specifically chosen wellness products. This combination defines their goal, which according to their website is "to create a space to share our enthusiasm for LIFE, and cultivate a community that embraces our same zest for health, wellness and happiness".

Marshall is well known for her spin class instruction,

so she knew she wanted to provide effective training with the most innovative technology for Trifecta Fitness. Twenty bikes are available in the studio. Leaderboards provide motivation, showing each participant's contribution to the team while their bike provides specific info only to the rider. Each bike can be set up to recognize the rider and provide a tailored experience for their fitness level. This can be accomplished on the bike screen itself or through an app that can be downloaded to your phone and quickly connects to the bike before class begins. Shoe rentals are available, and the pedals are compatible with SPD clips and regular shoes.

The strength training component at Trifecta Fitness includes small group classes that are sixty minutes long with a maximum of six participants. Each class is led by a knowledgeable and passionate personal trainer. Available equipment includes a squat rack with pull up bar, two TRX straps, plyo boxes, assorted kettlebells + slam balls, one rower, battle ropes, an agility ladder, and more. Plans for future 'spin + strength hybrid' classes are also in the works!

Wellness at Trifecta Fitness is where the studio goes beyond just strengthening the body. Aside from yoga classes to nourish your body and mind, a carefully curated collection of products is available. Each item has been chosen for the benefits available to the entire being. Numerous options of clean energy drinks are available with varying levels of caffeine, multiple vitamins, electrolytes and no artificial sweeteners, including a zero calorie option. One unique offering is a self-care set of non-toxic deodorant paired with an armpit detox to provide the best transition experience for the user. Locally sourced CBD products in several varieties are available for purchase, along with many other exceptional products to assist in meeting your wellness goals.

Marshall shared that there are several options for memberships, featuring spin, strength and yoga. There are monthly membership options for each specific focus or a blend of all, class packs at a variety of price points, and drop in single class pricing. There is also a "first class for \$5" option as well as a "Try for a week" option with affordable pricing. Military, student, teacher and

LIFT SPIN repeat
TRIFECTA FITNESS
spin + strength studio

	SPIN		STRENGTH		SPIN + STRENGTH	
UNLIMITED CLASSES	\$130	\$115	\$130	\$145	\$260	\$235
6 CLASSES / MONTH	\$145	\$100	\$145	\$130	\$290	\$135
4 CLASSES / MONTH	\$85	\$70	\$100	\$85		

TRIFECTA FITNESS
2089 WILMA RUDOLPH BLVD,
CLARKSVILLE, TN 37040

931-542-6265
TRIFECTAFITNESSCLARKSVILLE@GMAIL.COM
@TRIFECTAFIT_CLARKSVILLE



first responder discounts are always available, all that is required to access the discount is that appropriate identification be presented at in-studio purchase to verify eligibility. Special events are also available. Contact the studio to schedule a sound bath event for your next occasion, or inquire about other upcoming unique events.

The logo of the studio is a triangle. According to their website, the triangle was chosen because "it can be used to signify 'manifestation' and 'change'. When pointed upwards it symbolizes 'active'. It is a major element of the hexagram mandala which is an emblem of nirvana. It represents many trinities, but one of our favorites is: body+mind+spirit. When connected, those three components create Balance." This logo symbolizes their core belief, which is strengthening the body while expanding the mind to fuel the spirit. The purpose for Marshall and the staff at Trifecta Fitness is to help everyone who enters the studio find balance. They believe that "balance is the culmination of all of your hard work—to grant you the steadiness necessary to face any challenge that finds you, inside or outside the studio." We could all use more balance in our lives these days and Trifecta Fitness is ready to be a one-stop shop in finding yours.

To learn more visit trifecta-fit.com
 Follow on social:
 On FB [@trifectafitclarksville](https://www.facebook.com/trifectafitclarksville) or
 on IG [@trifectafit_clarksville](https://www.instagram.com/trifectafit_clarksville) 

AVEDA

NEW nutrient-rich, hydrating hair foam nutriplenish™ styling treatment foam:

*Revitalizes and protects with organic pomegranate oil rich in omega-5. 98% naturally derived.**

BENEFIT: MULTI-BENEFIT 5 IN 1 STYLING FOAM:

- Nutrient-powered hydration and shine
- Soft hold
- Quick dry upon application
- Builds volume

AVEDA THE ART AND SCIENCE OF HAIR NUTRICEUTICALS AND PLANT ESSENCE

nutriplenish.
 styling treatment foam
 nutrient-powered hydration
 mousse de coiffage traitante
 hydratation à base de nutriments

medium to thick hair
 cheveux moyens à épais



 **EDEN**
 day spa & salon
 150 Hillcrest Dr., Clarksville TN
www.edendayspas.com
 931-552-2313

ONGOING

2022 MONTGOMERY COUNTY FAIR

JULY 28TH, 29TH, 30TH, 31ST, AUGUST 1ST, 2ND, 3RD, 4TH, 5TH, & 6TH

Flat Track Bike Saturday
July 30, 2022 Chris Boone Promotions Sideways in Tennessee, Featuring Pros &

Harley-Davidson Hooligans
gates open at 1 pm and hot laps at 3pm for bikes and racing starting at 6pm. Admission Adults \$20.00- Kids 4-11 and under \$10.00- 3 and under free... Call 615-866-8834 for more info if needed (make sure to leave a phone number to call back if no answer)

Enduro Racing Sunday
July 31st and Saturday August 6th 2022 gate will open at 5 and racing at 6:30 Admission Adults \$15.00 12 and up- Kids 4-11 \$10.00-Pits will be \$30.00- 3 and under Free.

THIS YEARS ATTRACTIONS INCLUDE:

- “Swiftly Swine” Pig Racing
- “The Great American Duck Race.” Live Duck Races
- Rides, Food, and Games! (included in Midway admission)
- Various Exhibitors/Vendors Exhibitor/Fair Vendor Application
- People watching
- Enduro Race
- Flat Track Bike Racing

And Much More! See showtimes below!

PARKING INCLUDED IN MIDWAY ADMISSION....

Midway Admission: \$7 Adults (ages 12 & up), Kids 4-11 \$4.00, 3 and under Free.... Parking included in midway Admission....

FAIR HOURS:

Thursday Night
July 28th Open at 5:30pm until 11:30pm Arm Bands \$30.00 gets you on Midway rides.

Friday Night
July 29th Open at 5:30pm until 11:30pm Arm Bands \$30.00 gets you on Midway rides.

Saturday and Saturday Night
July 29th, 30th Open at 1:00pm until 11:30pm Arm Bands \$35.00 for all day

Sunday Day
July 31st Open at 1:00pm until 10:00 pm Arm Bands \$35.00 gets you on Midway rides.

Monday Night
August 1st Open at 5:30pm until 11:00 pm Arm Bands \$30.00 (Military Day \$5.00 off arm bands) gets you on Midway rides.

Tuesday Night
August 2nd Open at 5:30pm until 11:00 pm \$2.00 for all Rides or Arm Bands \$30.00 gets you on Midway rides. Presented by Waste Connections Clarksville.

Wednesday Night
August 3rd Open at 5:30pm Til 11:00 pm Arm Bands \$30.00(Military Day \$5.00 off of arm band) gets you on Midway rides.

Thursday Night
August 4th Open at 5:30pm until 11:00pm Arm Bands \$30.00 gets you on Midway rides. (Kubota Coleman Tractor Night)

Friday Night
August 5th Open at 5:30pm until 11:30pm Arm Bands \$30.00 gets you on Midway rides.

Saturday and Saturday Night
August 6th Open at 1:00pm until 11:30pm Arm Bands \$35.00 for all day

Tickets are \$1.50 Per Ticket or 22 Tickets for \$30.00

Attraction Show times: (these are included with fair admission)

Swiftly Swine Racing Pigs

You haven't lived until you've seen these racing pigs compete for the grand prize... an Oreo Cookie!!!

Showtimes:
7:30, 9:00pm and 10:00pm
Sunday, Monday, Tuesday, Wednesday, Thursday & Friday. Saturday & Sunday 2:00pm, 4:00pm, 6:00pm, 8:00pm and 10:00pm

Great American Duck Race: Live Duck Racing

You can't watch ducks racing without "quacking" a big ole smile!

Showtimes: 6:45pm, 8:00, 9:45pm and 10:30pm Monday, Tuesday, Wednesday, Thursday and Friday, Saturday and Sunday 1:30pm, 3:00pm, 5:00pm, 7:00pm and 9:00pm

CLARKSVILLE DOWNTOWN MARKET

SATURDAYS NOW - OCTOBER 1 8AM-12PM

Voted the #1 Market in America in the American Farmland Trust's 2020 Market Celebration, the Clarksville Downtown Market is a weekly open-air market featuring local farmers and artisans who offer locally-grown fresh produce, food and beverages, and handcrafted products. The Market provides an opportunity for local customers to connect with locally owned businesses while enhancing the quality of life in our community. Enjoy live music, meet our Market mascot Corny the Cob, and experience special events on select market days.

City Hall
1 Public Square
Clarksville, TN

CREATOR KIDS CAMP 8:00 AM

Creator Kids Camp Are you a creator that wants to take your creations to the next level? Wanna make it into a mini business? We are going to show you how! This Camp is geared towards 12-16 year olds who are makers and want to learn the ins and outs of starting their own business. Learn about product design, logos, marketing, overhead—basically all the ins and outs of running a business in a simple and fun manner. Take what you learn and put it into action with our finale: Set up and sell at a Youth Makers Market! When: Weekdays July 5-14 with a bonus studio session July 15 Sessions :
AM Session 8am -1pm
PM Session 1pm-6pm
Lunch provided between sessions
Cost: \$500 for 8 days of instruction and an open studio day

ArtLink Studio
116 Strawberry Alley
Clarksville, TN

WICKED GOOD TRIVIA. 7:00PM

Every Thur. in Downtown Clarksville is WICKED GOOD TRIVIA with host Joe Padula of The Joe Padula Show

This is not your recycled corporate trivia. This is a Game Show! It's fresh, created each week with Video, Visuals, Audio, Music and more.

Rounds include TV Shows, Music, Movies, History, Sports, Disney Crap, etc. etc. And so Extra Points earned throughout the night.

PLUS \$2 Bud Pints ALL NIGHT LONG and full kitchen open with the Wicked Good Sandwiches Menu.

605 Cumberland Dr. Clarksville, Tn.

Reserve Your Seat by direct messaging The Joe Padula's Facebook page.

Wicked Good Sandwiches
605 Cumberland Driev
Clarksville, TN

SUMMER CAMP MARVEL THEME - JULY 11-14

10:00AM-2:00PM

Summer is here! Ready for some fun camps for the kids who want to be creative? We are! This year we have great themes for all our camps to make them fun and interactive!! In this camp, we are inspired to do Marvel! During this camp, we will teach the kids different mediums so they can advance their creativity and make art they will love! This camp is from July 11th through the 14th, from 10:00 - 2:00 pm. We do ask for your child to bring a lunch and water bottle. We will have a lunch break and on the last day of the camp we will set up a showing of all the fun creative art they made with us!

Courtney's Creative Palette+
94 Franklin Street
Clarksville, TN 37040

SUMMER CAMP STAR WARS THEME - JULY 25-28

10:00AM - 2:00PM

Summer is here! Ready for some fun camps for the kids who want to be creative? We are! This year we have great themes for all our camps to make them fun and interactive!! In this camp, we are inspired to do Star Wars! During this camp, we will teach the kids different mediums so they can advance their creativity and make art they will love! This camp is from July 25th through the 28th, from 10:00 - 2:00 pm. We do ask for your child to bring a lunch and water bottle. We will have a lunch break and on the last day of the camp we will set up a showing of all the fun creative art they made with us!

Courtney's Creative Palette+
94 Franklin Street
Clarksville, TN 37040

TEEN GAMING 3:00 PM

Mondays, Wednesdays, & Fridays
November - December

Join us for Teen Gaming in The Loft at your local public library! Gaming days are Monday, Wednesday, and Friday from 3 PM to 5 PM

Clarksville Montgomery Co.
Library
350 Pageant Ln
Clarksville, TN

ARTLINK WEEKLY PHOTOGRAPHY CLASS.

EVERY Fri. 6PM - 7PM

Join us in the studio for a photography class topic based. Each week we will talk about a topic in photography that will help expand and develop your skills and interest in photography. We want to create a easier way of learning, growing and fine tuning your photography skills. Come at any level and be prepared to be elevated.

We will choose topics in photography you want to know more about and how to use your camera.

Bring the camera you will be using.

This is a weekly class. We will meet every Fri.. The cost is \$10.

This class is held at our studio

www.artlinkclarkville.com

116 Strawberry Alley
ArtLink Studios

THE STAR-SPANGLED GIRL

8:00 PM

Andy and Norman are two earnest young men using their apartment as a publishing office for a "protest" magazine in San Francisco. Sophie, an Olympic swimmer and all-American girl, moves into another apartment on the same floor. Sophie makes her first appearance paying a good-neighbor visit to the combination home and office of the two publishers. Her friendliness and charm leave Norman hopelessly smitten. Meanwhile, his partner is fielding telephone calls from the irate printer who wants to collect the money due him, and distracting the landlady from thoughts of back rent with motorcycle rides and surfing expeditions. Love and politics blend delightfully in a bubbling series of funny happenings, set forth with the masterly skill and inventiveness that are the hallmarks of Neil Simon.

Roxy Regional Theatre
100 Franklin Street
Clarksville, TN

CLARKSVILLE ANIME, COMIC , & TOY CON 10:00AM

"Quality Inn(Exit # 4) , Wilma Rudolf Blvd , Clarksville , TN 37040

July 16 (SAT) 10:00 AM to 5:00 PM

July 17 (Sunday) 11:00 AM to 4:00 PM

ADMISSION IS 10.00 PER DAY.

Sunday: all military , police, fire & rescue personel , doctor & nurse, teachers...And their families get in free on sunday! (With id) . College students also get in free sunday with id!

FREE PARKING!

www.comiccityconventions.com for complete details, updates, and More!

There will be over 100,000 Comic Books , Toys, Magic Cards & Gaming , Movie Posters , Bladed Weapons, Autographs, Wrestling , and Collectibles for sale at the show, PLUS.. Panels, Guest Authors, Cosplay, More!

We began this show 8 years ago to Thank all the Men & Women of the Military , Police, Fire and Rescue AND Their Families for their Service and Sacrifice . They ALL make our lives safer and better ! We put on this show as OUR way to Thank THEM all by allowing them (and their Families) in for FREE on Sunday. We wanted to provide a Family-Friendly , Affordable , and Fun Event that they could come to with their Family and just enjoy the day! Please come out and help support our show!

GUESTS:
Ms. Marvel's Bruno Carrelli,
Walking Dead's Henry .. Matt Lintz

JEM & The Holograms ,
Transformers: Samantha Newark

PLUS
Billy Martinez: Heavy Metal Artist
Jeff Gaither: Teenage Mutant Ninja Turtles

Alan D. Lewis: Award Winning
Author of over 26 Books & Stories

Sam Payne: Archie , Josie & The Pussycats Artist

Jay Mean: Punisher & Sonic the Hedgehog Artist

Andrew Perkins: Star Wars Card Artist

Richard Suchy: Visual Artist on Narnia, Thor: Ragnarok, Speed Racer"

Quality Inn (Exit #4)
3095 Wilma Rudolph Blvd
Clarksville, TN

MONTGOMERY COUNTY GYMBOREE OPEN GYM. 9AM

Where they are: We welcome all children, at all levels of development! Come explore our playscapes, for some unguided play time.

What to expect in class: Children are given free range to explore the set-ups, with their adults within a hug's reach. Let your child take the lead and run out some wiggles! Special Open Gym times will sometimes have extra activities like a no-mess art activity, a story-time or a surprise visit from Gympo!Benefits:

Physical: Allowing children to lead their own play offers time for them to try things repeatedly without worrying about the structure of a class, or trying something again they did in class earlier!

Cognitive: Unguided play supports early brain development.

Social: Sharing a space with mixed ages allows for children to learn and practice more sophisticated social skills and learn from their peers.

Adults: Let your little one guide their own play, which has countless benefits. Spend quality time with them doing what they love to do, and mostly run out some energy!

Gymboree Play & Music
210 Needmore Rd.
Clarksville, TN

COUNTRY QUILTERS OF CLARKSVILLE NOON TO 2:00 P.M

Join us first Mon. of each month. A great way to make new friends and have fun. Be inspired to make and learn all about quilting.

Pardue Memorial Free Will Baptist Church.
1895 Memorial Drive
Clarksville, TN.

FAMILY LIFE CENTER ACTIVITIES

Mon. through Fri., 5:30AM to 9:00 PM (except Wed., 5:30AM to 5:00 PM), Sat., 7:00AM to 4:00 PM This family-oriented facility sports a walking track, basketball courts, weight room, cardio deck, racquetball court, group fitness, game room, and a luxurious senior-adult social room. It is open to the entire Clarksville community and offers a variety of membership options such as "My doctor told me I would never walk again. My mother told me I would. I believed my mother."

Wilma Rudolphing pass member, group exercise member, and single-, couple- or family-memberships. Classes include step aerobics, sculpting, Zumba, circuit, senior fit aerobics and beginner step (all classes are \$3).

Hilldale Baptist Family Life Center
250 Old Farmers Road
hilldale.org

CORVETTES OF CLARKSVILLE **6:30PM - 7:30PM**

Corvettes of Clarksville monthly meetings to be held on the first Tuesday of every month. Great opportunity to meet other lovers and support local charities.

Corlew Chevrolet Cadillac,
722 College Street,
Clarksville, TN

HABITAT FOR HUMANITY RECYCLING OF MONTGOMERY COUNTY

Tuesday through Sat.,
9:00AM to 5:00PM Recycling
Coordinator: Denny Mihalinec,
RecyclingHabitatMCTN@gmail.com. Recycling bin is located at:

Clarksville Restore
408 Madison Street
(931) 645-4242

MONTGOMERY COUNTY BEEKEEPING ASSOCIATION MEETING **7:00PM - 9:00PM**

Clarksville Montgomery County
Beekeeping Association (CMCBA)

<http://www.cmcba.com>

We are also on Facebook.

Our meetings are The first Sat. of every month at 10 AM. Locations have been varying due to Covid restrictions.

With the upcoming spring season it always brings the season of honeybees swarms. We definitely want to make sure that the community can connect to us and our beekeepers. And those interested in beekeeping can connect

SOCIETY FOR CREATIVE ANACHRONISM

The SCA is an organization dedicated to recreating the Middle Ages as they should have been. We have feasts, medieval combat, tournaments, arts and sciences. If you have an interest in Medieval or Renaissance come join us. We have fighter practice Sun.s at 3:00 PM at Liberty Park. We meet past

the fishing pond, back by the dog runs. Visit crimsonriversca.org or call Steven at (931) 542-2277.

UFO CLUB.

Shoot down your UFOs. For the quilters or sewers who have Unfinished Fabric Objects lying around. A great way to make new friends and be inspired to conquer some of your UFOs. Join us on the first Sat. of each month at 9:00AM in the classroom at Quilt and Sew. Call the Mother Ship (Quilt Shop) for further details or directions. Free and fun.

What is a UFO? An Un-Finished Object!

A UFO is anything you have started or stashed! You may have bought the kit or a pattern and fabric and just never got started on it. Or you may have started, ran out of time or encountered a problem, and put it down! As with many of our projects, it's just hard to find the time (or enthusiasm) to get back to them. So any project you've put in a drawer, the top of the closet, under the bed or on a shelf could qualify as a Un-Finished Object for this Challenge!

Just follow the directions below and come see us at the shop. "UFO Show and Tell" meetings. (270) 466-9222

Quilt and Sew
109 South Main Street
Trenton, Kentucky

FRENCH DINNER

1st Sat. of each month at 6pm at Madeleine.

Reservation Only. Enjoy a French meal with homemade courses. Bring your own wine. Call [931-378-5539](tel:931-378-5539) to reserve.

Madeleine's
100 Strawberry Alley
Downtown Clarksville

JULY

1 FRIDAY

ABSOLUTE QUEEN AT DOWNTOWN @ SUNDOWN 7:00PM

Bohemian Rhapsody, Somebody To Love, We Are the Champions, hear it all July 1 at Downtown @ Sundown as we welcome Absolute Queen to the stage!

The Downtown @ Sundown Concert Series will be held on the first and third Fridays of each month from May through October. Each event will offer a night of free music and entertainment. Beer and other beverages will be for sale with proceeds benefiting our featured non-profit, United Way of the Greater Clarksville Region. A variety of independent food trucks will line up on Main Street. Chairs and blankets are welcome; however, pets, coolers, smoking/vaping or outside alcohol will not be allowed on site. Downtown @ Sundown is brought to you by TriStar Beverage and Shelby's Trio and sponsored in part by Waste Connections of Clarksville.

Downtown Commons
215 Legion St.
Clarksville, TN 37040

FRIDAY NIGHT KIDS DROP OFF CLASS - SPIDERMAN AMONG US 5:00PM

Friday nights are for the kids! Signing up your kid for one of our drop-off classes gives the kids somewhere to go and get creative on their own. AmongUs is still a popular game for kids now and the best part is we can create the AmongUs character with so many different outfits, hats, or whatever they would like! Join us for this fun night of creating our own AmongUs characters! We will serve pizza and drinks! (Please remember our drop off classes are for kids ages 6 and up)

Courtney's Creative Palette+
94 Franklin Street
Clarksville, TN 37040

READING ROUND-UP 10:00 AM

Join us every first Friday of the month for a reading circle with the Blue Star Families of TN. No registration required, snacks provided and books are being given away to help build home libraries!

Wade Bourne Nature Center
2308 Rotary Park Drive
Clarksville, TN

VENTRILOQUIST GENE CORDOVA 10:00 AM

Ventriloquist Gene Cordova and friends will make you laugh!

Clarksville-Montgomery County
Public Library
350 Pageant Ln, Ste 501
Clarksville, TN

2 SATURDAY

VFW POST 4895 FREE COOK OUT WITH RAFFLE BENEFIT 1:00PM

Free Cook Out Meal. Benefit Raffle and door prizes to benefit Hunting with Heroes Wyoming.

VFW Post 4895
Mosley St
Clarksville, TN

3 SATURDAY

INDEPENDENCE DAY CELEBRATION 5:00 PM

Celebrate our nation's independence with great food, live music, and family-friendly activities followed by Clarksville's largest fireworks display at 9:10 PM.

This year's Fireworks are presented by the City of Clarksville, Clarksville Parks & Recreation, and Montgomery County.

1188 Cumberland Dr,
Clarksville, TN

8 FRIDAY

SUNFLOWER FESTIVAL 2022 JUL 8, 2:00 PM – JUL 9 AT 5 PM

Admission \$10 per person | Children 3 and under are free! Tickets are required in advance.

Hayride to the sunflower field, selfies in the sunflowers, a

FREE

SUMMER CONCERTS!



Music Under The
★ Stars ★

MUSIC, FOOD TRUCKS,
LAWN GAMES,
BUBBLE ZONE
& BEER GARDEN!

Friday, July 15th, 2022
Friday, August 19th, 2022

Viceroy Amphitheater
101 Walter Garrett Lane
Oak Grove, KY. 42262

GATES OPEN @ 5PM
CONCERTS START @ 6PM



FOR MORE INFORMATION GO TO:
WWW.VISITOAKGROVEKY.COM



BE A HERO!

HELP WIPE OUT STUDENT LUNCH DEBT!



**Education
Foundation**
CLARKSVILLE-MONTGOMERY COUNTY



CLARKSVILLE
Life, Community, Home & Health in Clarksville, Ft. Campbell & Beyond **LIVING**

We invite you to donate to Clarksville Living Magazine's charity of choice:
The CMCSS Education Foundation Lunch Fund
to help pay down student lunch debt!

To donate to this amazing cause, visit:
bit.ly/LunchDebtDonations

All payments are securely processed via Bloomerang.
Please email us at robin.burton@cmcss.net with any questions.

sunflower maze, & craft fair with 50+ juried vendors are all included in admission!

Pick-your-own sunflowers \$10 per wide mouth mason jar. Pick as many as you can fit inside the jar!

5350 Draper Road
Springfield, TN 37172

SPLISH SPASH SUMMER BASH 3:00 PM

Let's end summer with a splash. Splish Splash Summer Bash is an opportunity for children to get wet and have fun. Participants will enjoy a variety of water games and the splash pad. There will be 3 craft stations set up to make aqua slime, cool off necklaces, and pool noodle marshmallow shooters. A light dinner of hot dogs and popcorn will be served along with ice pops for dessert. Swimsuits, towels, and cover-ups are required, water shoes or flip flops are recommended.

Burt-Cobb Rec Center
1011 Franklin St,
Clarksville, TN 37040

FRIDAY NIGHT KIDS DROP OFF CLASS - RAINBOW FISH

Does anyone remember the book, The Rainbow Fish? We do! And we want to give the kids a chance to get creative with painting their own rainbow fish! The kids will get the chance to choose any colors for their own rainbow fish and choose from our different glitter colors! We are going to serve pizza and drinks and have such a fun night with this canvas! (please remember we ask kids to be age 6 and up)

Courtney's Creative Palette+
94 Franklin Street
Clarksville, TN 37040

MR. BOND - SCIENTIST 10:00 AM

Mr. Bond's Science Guys' mission is to make science fun, cool and easy for kids! With over 20 years of experience in Tennessee and beyond, our mission is still to get kids excited about science!

Clarksville-Montgomery County
Public Library
350 Pageant Ln, Ste 501
Clarksville, TN

9 SATURDAY

10TH ANNUAL BLUES, BREWS & BBQ - 4:00PM

Formerly known as TN Red White & Brewfest!

BWC now presents the 10th Annual Blues, Brews & BBQ at the Wilma Rudolph Event Center, Clarksville Tennessee.

~Live Music by Stacy Mitchhart & Lone Watie, BBQ and other food vendors, games, activities & prizes.

~Bring the kids and let them play in the kids' zone with inflatables and activities!

~There will be a BBQ cook-off, Microbrew & Craft beer samplings and domestic beer sales.

~Tickets will go on sale by the end of May.

~All proceeds will benefit Bikers Who Care Children's Charities

Tickets: bikerswhocare.ticketleap.com/BluesBrewsBBQ22

Wilma Rudolph Event Center
8 Champion's Way,
Clarksville, TN 37040

GENEALOGY CLASS 10:00 AM

Join us on Saturday at 10 AM for the Genealogy class! Whether you are a beginner or a pro, we look forward to seeing you there!

Clarksville Montgomery County
Library Clarksville, TN 350
Pageant Ln
Clarksville, TN

EATS & BEATS FAMILY FUN DAY 3:00 PM

We are celebrating Walnut Grove MBC's 151st Church Anniversary. Each year we open the event up to the public to share in the celebration at no charge. This year's theme is "Eats & Beats" aka great Food from local food truck vendors (for purchase) and local musical talent (for free). The event showcases a multitude of fun activities and goodies for people of all ages to enjoy. From shopping with local vendors, adult tricycle races, 20ft waterslides, dunk tank, door prizes,

cotton candy, popcorn, obstacle courses, 1st place prizes, raffles to so much more.

Walnut Grove MBC
1616 Walnut Grove Rd.
Clarksville, TN

SOUTH OF THE RIVER TOUR D'ART 10:00 AM

Driving tour of 8 artists' studios in southern Montgomery County, TN. Begin tour and get a map at 2269 Seven Mile Ferry Rd., Clarksville, TN. Quilts, pottery, sculpture, painting. Reception to follow at 3:30pm at Erin's Farm. Hosted by Central Civitan Club and Arts and Heritage Development Council. Free and open to the public.

Southern Montgomery County,
TN Clarksville, TN 2269
Seven Mile Ferry Rd.
Clarksville, TN

10 SUNDAY

JUMP AROUND FOR DONATIONS 12:00 PM

Fundraiser for the animal shelter. There will be free inflatables, over 50 vendors, activities, and food trucks. All entrance fees are donations to the shelter.

Tennessee Traditions
601 Pollard Rd
Clarksville, TN

11 MONDAY

BLUE MAN GROUP 7:30 PM

More than 35 million people around the world have experienced the smash hit phenomenon that is BLUE MAN GROUP and now it's your turn! BLUE MAN GROUP returns to Paducah for a limited engagement on their new North American tour. It's everything you know and love about BLUE MAN GROUP—signature drumming, colorful moments of creativity and quirky comedy—the men are still blue but the rest is all new! Featuring pulsing, original music, custom-made instruments, surprise audience interaction and hilarious absurdity, join the Blue Men in a joyful experience that unites audiences of all ages.

Carson Center
100 Kentucky Ave
Paducah, KY

13 WEDNESDAY

COMPANY CABARET: BROADWAY HITS 7:00 PM

Join us for a special night of music and entertainment, featuring our company of professional actors who come to us from all over the country. Musical selections will vary from musical-theatre to contemporary music, classic-standards to holiday tunes. Be sure to check out our Facebook page and website for additional information about each cabaret! Tickets: \$25.00/person

Roxy Regional Theatre
100 Franklin Street
Clarksville, TN"

15 FRIDAY

AUSTRALIA'S THUNDER FROM DOWN UNDER 9:00PM

It's raining men! Don't miss an explosive night with Australia's Thunder from Down Under performing two shows Friday, July 15 at the Oak Grove Gaming Grandstand.

Tickets are on sale now starting at just \$35.

Tickets: www.ticketmaster.com/thunder-from-down-under/event/1B005CCFDA827BFE

Oak Grove Racing & Gaming
777 Winners Way
Oak Grove, KY 42262

ANIME SIP N PAINT 6:00 PM

Anime Sip N Paint Come paint anime with us!! We have partnered with Dragotheartist and Dragon house studios to create this fun painting workshop. We will have a fun time painting Anime at Dragon house studios During the workshop you will be painting a anime character onto canvas. You will be guided through the painting process while enjoying cool people and sipping on beverages. We have a kids workshop from 6pm-8pm The kids workshop includes canvas and painting supplies as well as juice boxes. ages 8-15 We have an adult age work shop from 8-10pm The adult class is 16 and up. Juice will be provided. Over 21+ can enjoy adult beverages of choice while painting. Proof of age with ID is required.

Location: Dragon House Studio 10 main st. Suite K kids session at 6pm, adult session at 8pm

ArtLink Studio Clarksville, TN
116 Strawberry Alley
Clarksville, TN

**FRIDAY NIGHT KIDS
DROP OFF CLASS -
BIGFOOT
5:30PM**

Bigfoot is so much fun because during this class we are going to have the kids choose their own colors for Bigfoot's hair and let the creativity flow! Join us for this fun drop-off class for kids. We are going to serve pizza and drinks! (Please remember our drop off class for kids is for kids age 6 and up)

Courtney's Creative Palette+
94 Franklin Street
Clarksville, TN 37040

**DANCE FORCE
10:00 AM**

Clarksville's Dance Force performs.

Clarksville-Montgomery County
Public Library
350 Pageant Ln, Ste 501
Clarksville, TN

16 SATURDAY

**AMERICA - 50TH
ANNIVERSARY
CONCERT 7:30 PM**

America, the perennial classic-rock favorite, returns to The Carson Center. America became a global household name with "A Horse With No Name," "Ventura Highway," "I Need You," and more. The band transcends borders with timeless sound, uplifting music, and positive messages. Audiences include loyal first, second, and third generation fans.

Carson Center
100 Kentucky Ave
Paducah, KY

**38TH ANNUAL
FLYING HIGH
5:00 PM**

Mark your calendars and join the Customs House Museum & Cultural Center at Oak Grove Racing, Gaming & Hotel for a 007-inspired event with a license to thrill. Bid on exceptional works of art, experiences and more! Enjoy a glamorous night of dinner, dancing and cocktails – shaken or stirred – at Clarksville's

premier fundraising gala. Tickets go on sale in June – stay tuned to the Museum's website and Facebook!

Oak Grove Racing & Gaming
777 Winners Way
Oak Grove, KY 42262

21 THURSDAY

**ARTS FOR HEARTS
10:00 AM**

This organization's goal is to bring the joy that comes with creating art to everyone in the community. Be sure to come out for these fun and free classes!

Clarksville-Montgomery County
Public Library
350 Pageant Ln, Ste 501
Clarksville, TN

**AS THE PAGE TURNS
BOOK CLUB
2:00 PM**

Join us on the third Thursday of the month at 2 PM for a discussion of this month's book. To find out more information, you can check us out on Facebook ([facebook.com/cmcpubliclibrary](https://www.facebook.com/cmcpubliclibrary)) or contact Brandi Campbell.

Clarksville Montgomery County
Library
350 Pageant Ln
Clarksville, TN

22 FRIDAY

**MR. RICHIE -
SUPERSCIENCE TN
10:00 AM**

Mr. Richie is back with some cool science tricks!

Clarksville-Montgomery County
Public Library
350 Pageant Ln, Ste 501
Clarksville, TN

**FRIDAY NIGHT KIDS
DROP OFF CLASS -
CUTE CACTUS
5:30PM**

Friday nights are so much fun here at our studio because we open up a class for the kids to come and get creative with us, while also serving pizza! This Friday we are going to be painting a fun cactus! We love giving the kids the choice of choosing their own colors and instructing them on how to make the shapes of this cactus and see how artistic they can be.

Courtney's Creative Palette
94 Franklin Street
Clarksville, TN 37040

**FRI-DIY WORKSHOP:
CHOOSE ANY
PROJECT!
12:00 PM**

FriDIY is the plan! Grab your favorite beverages and snacks and make it a night out. Nail your super FUN girls night out, unique date night surprise, or come as one and make new friends. Choose any project from our collections, including wood signs and specialty home decor to compliment your space!

NailedIt DIY Studio
2670 Madison St Suite A,
Clarksville, TN 37043

**23 SATURDAY
GUIDED HIKES WITH
HAILEY J. RAYNOR
9:30 AM**

This series of guided hikes will be led by our programming specialist, Hailey J. Raynor. Hailey is a Certified Interpretive Guide through the National Association of Interpretation. Each of the hikes below are designed to give you access to the trail system while learning first hand about a variety of topics. The trail difficulty level is rated by easy, moderate or challenging, please use your best judgment when making a selection. Hikes will begin at 9:30 am sharp and last 45 min to 1 hour. Children 10 and older are welcome with an adult supervisor. Please dress appropriately for the weather conditions.

Wade Bourne Nature Center 2308
Rotary Park Drive
Clarksville, TN

**MOVIES IN THE PARK
6:00 PM**

The preshow will begin at 6:00 pm with the show starting at sunset. Movies in the Park is an outdoor movie series hosted by Clarksville Parks and Recreation. Enjoy free movies under the stars. Each movie will host pre-show activities a few hours before the movie begins. Follow us on Facebook to stay up-to-date on all the activities scheduled for each movie! - July 23, 2022, at Liberty Park - Viewer's Choice

Liberty Park
1190 Cumberland Drive
Clarksville, TN

**BOOK SIGNING
EVENT
11:00 AM**

Meet with the author Dewey Edwards and discuss his new book "A Ridge Too Far" which takes an in-depth look at the life and times of Col. Cyrus Alexandrian Sugg of the 50th TN Infantry CSA Following the discussion the author will be available to answer questions. The books will be on sale for \$25.

Fort Defiance
120 A St
Clarksville, TN

29 FRIDAY

**FRIDAY NIGHT KIDS
DROP OFF CLASS -
KOALA
5:30PM**

Friday nights are the best when we have our kid's class because we allow them all to come to paint with us, get creative and have fun! This Friday we are painting this fun little koala! We will serve pizza and water during the class. We ask for the kids to be age 6 years and up since this is a drop-off class.

Courtney's Creative Palette+
94 Franklin Street
Clarksville, TN 37040

**Customs House Museum
EXHIBITIONS**

**ANNUAL STAFF ART
EXHIBIT**

**JULY 1 – SEPTEMBER
18 | LOBBY**

The annual staff art exhibit showcases the creative work of those who work behind-the-scenes at the Museum. Each piece reveals the unique personalities of the artists, special moments in their lives and their inspirations.

Customs House Museum
200 South Second St.
Clarksville, TN

**THE NATURE OF OLEN
BRYANT**

**JULY 5 – SEPTEMBER
5 | CROUCH GALLERY**

In collaboration with LeQuire Gallery & Studio in Nashville, this retrospective exhibit features a wide array of works by Tennessee treasure Olen Byrant. A revered professor of art at Austin Peay,

Bryant's sculptures have graced the inside of the Governor's Mansion, prominent Tennessee museums and art collections across the country.

Customs House Museum
200 South Second St.
Clarksville, TN

**CALL & RESPONSE:
COLLABORATIONS
BY GREG SAND AND
BILLY RENKL**

**THROUGH JULY 28 |
HARVILL GALLERY**

Sand and Renkl work primarily with found imagery, but the way they use it is quite different. For these found-photograph collages, the artists combine two distinct approaches and individual aesthetics to produce a set of works that neither of them would have created on their own.

Customs House Museum
200 South Second St.
Clarksville, TN

**BOLD EXPRESSIONS:
THE ART OF
STEPHANIE J.
BROWN**

**THROUGH JULY 31 |
JOSTENS GALLERY**

Stephanie J. Brown is an empowered artist, activist and author who shines a light on self-awareness, survival and pride through her work. "I love to represent the African diaspora by painting faces and accentuating our bold features. I include bold colors, which spiritually represent chakras."

Customs House Museum
200 South Second St.
Clarksville, TN

**VIETNAM: 2
SOLDIERS, 2 ARTISTS,
2 JOURNEYS THEN &
NOW**

**THROUGH AUGUST
14 | KIMBROUGH
GALLERY**

From helicopters and hand grenades to watercolors and canvas, this is the story of two brave soldiers who battled their way into the world of art. This memorable, one-of-a-kind exhibit highlights David Wright and Chuck Creasy's best work from Vietnam. It all comes together in this exhilarating and meaningful show, one that bridges two lives, two worlds, two journeys.

Customs House Museum
200 South Second St.
Clarksville, TN

**TRAIN STOP:
CLARKSVILLE & THE
LOCOMOTIVE**

**THROUGH AUGUST
28 | BRUNER &
ORGAIN GALLERIES**

Clarksville's history is closely tied to the railroad, and this exhibit showcases a variety of artifacts, photographs and stories to illustrate its impact on local industry and the community.

Customs House Museum
200 South Second St.
Clarksville, TN

**EXPLORERS
LANDING:
EXPLORING OUR
TOWN**

**OPEN NOW ON THE
LOWER LEVEL**

New Memories, New Adventures, New Explorers Landing! Explore our town with timeless favorites like the Bubble Cave and McGregor's Market and new discoveries like the Landing and Car Ramp. It's an adventure for all ages.

Customs House Museum
200 South Second St.
Clarksville, TN

**Customs House Museum
EVENTS**

**FIRST THURSDAY ART
WALK**

JULY 14, 5 – 8 PM

The Museum will offer free admission during First Thursday Art Walk Clarksville from 5 – 8 pm. Come see exhibiting artist Stephanie J. Brown as she presents a painting demo during Art Walk.

**38TH ANNUAL
FLYING HIGH**

JULY 16, 5 – 10 PM

Join the Customs House Museum & Cultural Center at Oak Grove Racing, Gaming & Hotel for a 007-inspired event with a license to thrill. Bid on exceptional works of art, experiences and more! Enjoy a glamorous night of dinner, dancing and cocktails – shaken or stirred – at Clarksville's premier fundraising

gala. Tickets are on sale on at: customshousemuseum.org/event/flying-high-live-let-fly/

**RED CROSS BLOOD
DRIVE. JULY 20,
10AM – 3 PM**

Save lives by giving blood! The Museum and local Red Cross chapter are hosting a blood drive that is open to the public. Call 1-800-RED-CROSS (1-800-733-2767) or visit RedCrossBlood.org and enter "CustomsHouse" to schedule an appointment.

Customs House Museum
200 South Second St.
Clarksville, TN

**FIFTH SATURDAY
DONATION DAY
WITH YOUTH
VILLAGES**

**JULY 30, 10 AM – 5
PM**

Fifth Saturday is Donation Day! Any monetary donation to the Museum is your admission. This month we're also hosting a back-to-school backpack drive for Youth Villages. Support a child in our community who will be starting school with new supplies that can make a profound impact! Donate to Youth Villages, the Museum or both for entry into the Museum today! Here's the list of items Youth Villages needs:

- Basic/scientific calculators
- Graph paper
- Three-ring binders (1")
- Colored pencils
- Composition books
- Markers
- Two-pocket folders
- Rulers/protractors*
- Pencils/erasers
- Highlighters
- Pencil pouches
- Construction paper (small packs)
- Red/blue/black pens
- Glue sticks (no liquid glue)
- Wide-ruled/college-ruled paper
- NEW backpacks for any age (K-college) – male, female, gender-neutral

Customs House Museum
200 South Second St.
Clarksville, TN

**Customs House Museum
PROGRAMS
TOUCHING HISTORY**

**EVERY THURSDAY, DROP
BY BETWEEN 1 – 3 PM |
MEMORY LANE**

All Ages | Free with membership or paid admission

Experience hands-on history as you grind coffee beans, discover how handmade fabric was crafted and spin a zoetrope in Touching History, a drop-by program for all ages. Step back in time as you interact with historic artifacts that give you a glimpse of life in a 19th-century log cabin before electricity.

*Touching History will not occur on July 7.

Customs House Museum
200 South Second St.
Clarksville, TN

**HUFF & PUFF EXPRESS
MODEL TRAINS**

Exhibit open daily | Trains run Sundays, 1 – 4 pm and Wednesdays, 10 am – 12 pm

Enjoy one of the largest model railroad layouts in the region boasting a miniature castle, UFO and scenic landscape. Interact with the miniature world by making automobiles move and helicopters fly. The model train exhibit is open daily and themes change every season.

Customs House Museum
200 South Second St.
Clarksville, TN

**BLUE STAR MUSEUMS
NOW - SEPT. 5**

Blue Star Museums offers free Museum admission to the nation's active-duty military personnel and their families, including the National Guard and Reserve, from Armed Forces Day through Labor Day. Admission is good for the military ID holder and up to five family members.

Customs House Museum
200 South Second St.
Clarksville, TN

Submit your
event to

[events@
clarksvillelivingmag.com](mailto:events@clarksvillelivingmag.com)

by the 15th of the month
for the next issue.

**THANK YOU TO THOSE WHO
WON AND DEFEND OUR**

Independence

\$13.50
PER MONTH
RESIDENTIAL
SERVICE



SAFE FOR LIFE

call (931) 552-7276
www.gflenv.com

\$11 PER MONTH MILITARY DISCOUNT
Including Active Duty and Retired

NOW HIRING CDL DRIVERS!