

December 2008

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**The Roxy Needs
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**Lessons
Learned from a
Hummingbird**

Audra Grace, one year old daughter of Abby and Daniel Binkley of Clarksville, helps decorate the tree.

Portrait by David Barbee





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Publisher's Message

We go to press the month before each issue comes out. That means that we're thinking December when it's still November. Usually this is a good thing for me; it gets me that much farther ahead on upcoming holidays and events. But at the same time it means I sometimes forget what day it is all together!



For the first time in *Clarksville Family* we have a bit of fiction in these pages.

Clarksville native Brenda Hunley has shared a Christmas tale about her chipmunk character named Chester. We hope Chester (and maybe even some of his friends) will become a regular feature, and will offer some content that even very young children can read or have read to them.

This month we have a couple of suggestions for ways to start a Christmas tradition in your home: The Elf on the Shelf and the Christmas Pickle. Though apparently both of these had been around a while, I had never heard of either of them. One tradition I do know about though, and that I encourage all of you to participate in, is the Salvation Army Angel Tree program.

If you're not familiar with it, the Angel Tree is a Christmas tree decorated with cards containing the name, age, gender and request of needy children from our community. You can select a card and purchase the gifts requested, and then these will be given to that child to make her Christmas that much more special. Giving to charities is heartwarming, but somehow knowing a little bit about the person that you're trying to help makes it even more rewarding. Look for these trees around town and, if possible, try to brighten a child's Christmas.

As 2008 comes to an end I want to thank all of you, our readers, for your loyalty—we appreciate you reading us every month, and hope to keep you coming back. To our wonderful contributors, and their great content—you're the reason *Clarksville Family* gets picked up every month. And of course to our advertisers, who make all of this possible—thank you for believing in us and supporting us in this tough economy, we hope you continue to get benefits from our partnerships. Merry Christmas to you all, and we wish you a safe and happy New Year. Here's to a great 2009!

Sincerely,

Carla Lavergne

Clarksville Family

Clarksville Family Magazine has 10,000 issues published and distributed monthly at over 150 locations across Clarksville and the surrounding area.

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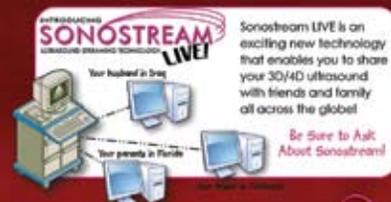


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As Seen In



Lessons Learned from a Hummingbird

by Pamela Magrans

The Christmas season usually conjures up images of tinsel trees and shopping sprees, but for me all the hustle and bustle reminds me of a springtime friend. Adorned in green feathers and a red throat, the male hummingbird fits the picture of an American Christmas far too well. In the fury and rush of the holiday there is a lesson to be learned from this now far off friend.

Last May I pulled my hummingbird feeders from the closet. With some help from my sons, I mixed the usual one part sugar with four parts water. Together we carried the filled feeders to the three locations around our house. Then we waited for the summer arrival.

Eventually, there was an entourage of Ruby-Throated Hummingbirds whizzing through the air. All summer we shared our yard with these air acrobats.

A FINGER FOR A PERCH

Growing up, my mother always fed the hummingbirds. Her mother had done the same. I knew how to make hummingbird food before I knew how to pour my own milk. The arrival of hummingbirds at my Chattanooga childhood home marked the beginning of summer for me. It meant that

I had all summer to play outside, ride my bike, take it easy and do whatever I wanted. It also meant that I had time to just sit and watch the hummingbirds with my mother.

After the hummingbirds had grown accustomed to the feeder, my mother would begin training them. First she would stand next to the feeder, close enough to touch it if she wanted. She would stand there 15 minutes or so, just enough time for some hungry hummers to whiz by, take a glance at her and whiz away. The first few days she did this, no hummingbirds would feed. But after several days, the birds became accustomed to her. They would fly around her examining and then rest on a perch and take a drink. Several days later, my mother would take the feeder off its holding place and hold it in her hands. It took some training to do that too, but eventually the hummers would sit on her finger and feed.

My mother helped me to do the same with the hummingbirds and eventually I too offered my finger as a perch to the tiny bird, and he accepted. His bright red throat looked like velvet. His tiny neck turned almost completely as he peered at me in between sips. His feet were so light that I barely felt them wrap around my finger like wire as he balanced. I wanted to use my other hand to reach out and pet him, but I knew if I tried, he would fly away. It was then that I began to love hummingbirds—when I stood still enough to get close to them.



a kid I trained hummingbirds to sit on my finger to feed.” But I was a kid long ago and times are different. Our summers are packed with activities, visits to the park, sports camps and trips to visit family out of town. I do good to remember to feed my emerald onyx friends.

SWIFT WINGED FURY

I do not know where time goes. It is as fast and fleeting as my swift winged friends. Christmas is here already and my hummingbirds are long gone. They left months ago to travel south, supposedly to Mexico, Central America or maybe the Caribbean Islands. Experts speculate that the hummingbird will travel non-stop across the Gulf of Mexico in about 18-20 hours. My Ruby-Throated Hummer is believed to have a wing speed of 53 flaps per second during normal flight.

Even though that speed sounds unbelievable, I can believe it! There were times when I thought surely a hummingbird would stab my back as I retrieved the feeder. As my boys played baseball in the yard, I often feared a flying speed demon would pierce them too. Many times I had to duck in fear as I went in my own backyard to pet the dog. The closer I was to the feeder, the more dangerous it was.

Their flight seemed erratic and uncontrolled. They looked like overgrown mosquitoes whizzing through the air. They were cherry locomotives racing from perch to feeder, clashing with each other. Hummingbirds are not good sharers. They rarely will share a feeder with their brothers, sisters or cousins. It is not uncommon for a hummer to spend all day warding off nectar stealers.

They strike beaks in mid air. Like Transformers they charge at each other, flying upright with tail feathers arched. It almost appears to be a dance, until I hear the gentle clashing of beaks and the squeaking of a defeated bird retreating.

I often feared I would find two hummingbirds locked together in mortal defense lying on the back porch, but that never happened. I once told my son we were putting the hummingbirds in “time-out” because they were fighting. That “time-out” translated to two days with no food. The truth—I was just too busy to make a new batch of food.

SMALL GIFTS WITH RED BOWS

A hummingbird is the smallest bird in the world. It builds a nest the size of a walnut and hatches from a pea-sized egg. It manages to fly from Mexico to Tennessee

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to find the same corner of my house where I fed it last year.

The hummingbird is fast paced and furious. It has many miles to cover. It has to race around at 53 flaps per second. It has to fight off food stealers like wasps, bees and ants. It stays constantly on the move; it often eats while suspended in mid air.

Sometimes the hummingbird reminds me of myself—scurrying along purchasing Christmas gifts, mailing out holiday cards, attending parties here and there. As a society, we are on the run—but even more so at Christmas. Like the hummingbirds we eat on the go while we race from place to place.

This Christmas what I want most is to not be like my hummingbirds. I want to train myself to slow down and share life with the people around me, rather than simply sharing a busy lane of traffic. My Christmas wish for next year is that I can train a hummingbird to sit on my son's finger. Maybe if I can teach a hummingbird to slow down, trust a friend and take a seat, perhaps I will learn to do the same.

This busy holiday season, I will pause and think of my busy hummingbirds. I can only imagine where my gossamer-winged friends are now—somewhere hot where there are lots of red flowers to fight over. They will grace me with their presence again sometime in May and I will be anxiously awaiting them. I am grateful for a lesson learned from such a tiny bird—I should slow down and enjoy the things in life that are most fleeting.

Pamela Magrans is a wife, mother, preschool teacher and online English instructor living in Clarksville.

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The Roxy Needs You

by Cliff Lavergne

The Roxy Regional Theatre just finished celebrating its 25th anniversary. A quarter century anchoring Clarksville's historic downtown.

Most of us think of any establishment that has been around that long and merely take it for granted. After all it has survived swings in the economy, a devastating tornado that ripped through the heart of our city, and the continuing march away from live performances in favor of DVDs, TiVo, and other digital entertainment. But the very drive that got The Roxy this far propels it into its next 25 years with even loftier ambitions.

Recently I sat down with John McDonald, The Roxy's Artistic Director, while a daytime performance of *The Crucible* echoed out from the theatre. We discussed a lot. About how thankful John and Tom Thayer, The Roxy's Managing Director, are to have the generous \$100,000 donation from Jimmy and Lena Orgain. About how there is still a long way to go to raise the millions of dollars needed to transform and expand The Roxy. About the line of school kids filing down Franklin Street in front of us, on a field trip tour of downtown.

We sat at a small table in the front of The Roxy's lobby, and had to keep our voices low to prevent them from being heard in the theatre. Meanwhile shouts and audible drama emanated from the distant stage as *The Crucible's* performers built to their climax.

Sitting inside the theatre were scores of area teenagers, bused in to watch the live performance. That day included students from Houston County, Christian County, and Advantage Learning Center. It was probably the first time for most of them

to see a play. Instead of just reading an assignment, they were getting to see it the way it was intended. Acted out by professionals, whose passion was obvious even to me who was only hearing it from afar. "The magic of seeing live human beings presenting the work on stage is unfathomable," noted John. And in so many words, that was his consistent answer to why people should give to their cause.

Time and again as I prodded John to give me points that I could make to encourage donations, his answers instead landed via tangent on some anecdote about a past rehearsal or show, and how it had so personally affected an audience or cast member. With over 50,000 people reached by Roxy performances annually, there are a lot of those stories out there.

With so few legitimate theatrical alternatives in our city, county and whole region, The Roxy stands out as a place to witness the live performance tradition that has lasted thousands of years. Clarksville is fortunate to have such an icon. But things can be better.

The site where The Roxy sits has undergone multiple iterations since it was first built in 1912. But throughout its history the corner of Franklin and First has been an entertainment hub for the Clarksville community. The next phase is to create a full blown Regional Center for the Arts and Education. This new facility will be 36,000 square feet encompassing a 500 seat theatre, scene shop, loading deck, public art gallery, Downtown Artists Gallery, dressing rooms, dance studio, bar and artist studios. The Regional Center will benefit the whole community, but they need your support to get there.

As we immerse ourselves in the holiday season, with the spirit of giving being prompted everywhere we look, we should consider giving to The Roxy as well. And for practical purposes, as a 501(c)(3) organization, donations are tax deductible—so there is still time to get a deduction in to count for your 2008 tax year!

The urgency is because the parking lot adjacent to The Roxy was given from the city on the condition that construction on this new facility must begin by 2010 or the property would go back to the city. It is estimated that the completed center will cost upwards of \$15 million.

This is about a lot more than just what will be under The Roxy's roof. It is about the tourist dollars that will be spent in our restaurants, shops and hotels; the expanded lure of Clarksville as a cultural destination for visitors to the new marina and water park; the draw for industry to move here and employ our citizens knowing that the Clarksville community has a diverse and rich cultural population.

But more than anything, it is for the thousands of children, pre-school through high school, who will get to see more and better live theatrical performances. Clarksville is growing by leaps and bounds, and along with the infrastructure of the city that needs to be enhanced to keep pace, we need this Regional Center for the Arts and Education. Please donate whatever you can to this cause, as you will surely see it repaid throughout the community. Visit www.roxyregionaltheatre.org or call (931) 645-7699 to donate, or for more information.



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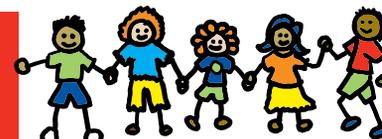
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Be a Hero This Holiday Season

Crackling fire, falling snow, the scent of spicy treats in the oven; soft, warm blankets and fresh eggnog—our five senses remind us it is the holiday season, a time of merriment and of family. It is a time to look back on the past year and see all the blessings that have been given to us—a time to contemplate how we can give back.

There are currently more than 10,000 children in the foster care system in the state of Tennessee. These are children very much like your own children or those of your family and friends—children who love to play outside, enjoy music, have a best subject in school, and need help making wise choices. But unlike your children, these children have not grown up with warm and loving parents who show them attention and provide protection and support. Ninety-five percent of children in the child welfare system enter through no fault of their own—which means that almost all foster children have been abused, neglected, or abandoned.

“It is especially crucial that children who have survived much trauma in their young lives get a second chance at childhood and at experiencing that family is about love and care,” says Jennifer Gonzales, Youth Villages Therapeutic Foster Care Recruiting Supervisor. “Foster parents make a real difference in this world, and they do it one child at a time. The beauty is that nearly anyone who really

cares about children can change the life of a child by becoming a foster parent.”

Making the choice to be a foster parent can be one of the most rewarding experiences a parent can have. Foster parents have the power to make a lasting and positive influence on a child’s life—and the opportunity to see a child change for the better. A Youth Villages foster parent is never on their own in raising a child. Youth Villages is pleased to provide 24/7 access to counselor help and support, in addition to the weekly therapy sessions the counselors provide for the family and for the child placed in care. Youth Villages also provides free training and reimbursements. For many parents, the idea of a child leaving their home is too difficult for them, but many of our children at Youth Villages are pre-adoptive. Youth Villages is proud to provide free adoptions for these children in care.

How will you give back this holiday season? Will you consider making a positive and permanent change in the life of a child who needs you?

For more information please contact Sheri A. Fayton, Foster Care Recruiter, at (931) 503-0777 ext. 1020, or at sheri.fayton@youthvillages.org. Check out our website and apply online at www.youthvillages.org/foster

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Beat the Holiday Bloat

by Gary B. Kirtland

'Tis' the season to be bloated? No way! Here are some tips to help.

1. Be sure to eat breakfast.

Often, people make the mistake of skipping breakfast, which will set you up for overeating when you get to your holiday party or big meal.

2. Drink lots of water but not with your meals. Drinking cold beverages 30 minutes before or 90 minutes after your meals will reduce the stomach acid needed to digest your food. If you really need something to wash down your food, try a sip of room temperature water.

3. Avoid salty foods. They are processed cheese, junk foods like potato chips, beef jerky, canned soups, frozen meals, nuts, pretzels, and salad dressings. Salt may

add flavor to the food but it can also add to the diameter of your abdominal area since excessive salt intake can cause bloating through water retention.

4. Limit gassy foods. They are baked beans, lima beans and lentils, broccoli, Brussels sprouts, cabbage, cauliflower, and fatty foods. Try eating peppermint to relieve gas.

5. Avoid carbonated drinks. All fizzy drinks, even diet soda will cause you to swell up due to the amount of sodium and air they contain. Instead, drink lots of water to help flush out your system—about eight glasses a day.

6. Cover your plate with veggies. Use 80% of your plate for veggies and salad and 20% for protein. The veggies will keep you satisfied longer and will reduce

the temptation to dip into all of the treats that are available during the holidays.

7. Eat slowly. Chew your food as thoroughly as possible.

8. Avoid sucking air. Drinking through a straw draws air into the stomach so sip your beverages. Refrain from chewing gum or sucking candies.

9. Be active. Take a brisk walk after eating your meals, rather than taking a nap.

10. Enjoy. Don't feel that you have to throw in the towel during the holidays. Stay moderate and choose your foods carefully. If you overeat one day don't let that break your diet plan. After the holiday, return back to your regular eating and exercise habits.

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Merry Christmas Chester!

by Brenda Hunley

Storytime

Chester the chipmunk was tired of being down in his burrow. See, just last month Chester had gotten brave and ventured out past the bushes and had been seen by a human, and chased by a dog!

Chester stretched, and yawned, and wondered, "Should I go out again? What if the dog or that child is still up there?" He held very still and listened. All Chester could hear was a clicking sound.

Click, click, and click. It was a steady sound, but still one he had never heard before. Chester was curious. What do you think Chester did? Yep, he slowly climbed his way out of the hole.

As he came to the top, he could see it was a cold day by the frost on the leaves blown up by the old oak tree. "Brrrrrr" he thought, as he backed down just enough so his nose and little black eyes could still see out, but his little body was still in the warm ground.

Chester's ears were searching for the sound. Then he heard it. Click, click, and click. It was coming from the other side of the bushes. "This time I will wait before I run out there again," he thought.

Good thing he waited, as soon he saw boots. They were worn by a man who was making the clicking sound. Chester's eyes grew bigger as he watched the man hang something over the bushes.

It was green, like the bushes, but had little light bulbs on it. Chester watched as the man finished, and then walked away. Where was he going? What was this new green thing? Chester was curious.

He crept out of his hiding place and ran under the bush. It was safe there, and he

could watch and see what was happening. The man was placing more of these green things on each bush, and now he was hanging them up in the trees.

Chester stayed under the bush all afternoon watching as the man worked in his yard. Then he heard it, the barking. When Chester turned his neck as far to the right as he could without turning around he could see the dog was on the front porch of the humans' home. This time the dog wasn't chasing him! He was barking at something else!

Chester watched as a big yellow bus pulled up in front of the house, and a boy and a girl got off. Before the children had a chance to talk to the man, the dog had bounded over to them, jumping and licking their faces.

Chester could hear something about school being out.

"What is school?" Chester thought. The children appeared happy, so Chester was happy for them.

Then he heard something about Christmas. "What is a Christmas?" he said to himself. Chester was curious. Chester watched as the children went inside the house and the man continued his work.

Chester must have gotten very comfortable there under the bush, as the next thing he knew, it was getting dark outside. Chester had never been outside in the night before.

The human family was inside the house; he could see them by the light coming through the windows. Chester wondered what they were doing. It looked like they had a tree inside their house. They did! "Why do they have a tree in their house?" he wondered.

Then the most beautiful thing happened! The tree in the house lit up, there were so many colors! He had never seen anything like that before!

Chester's eyes widened to take it all in. "Wow!" was all that came out of Chester's little round mouth.

Then, just as quickly, the lights came on outside! Chester looked up toward where the moon usually was, yes, it was still there! The chipmunk then realized that the bushes and trees, and even the humans' house were all glowing! "Oh!" he exclaimed as he saw that even the bush he was under was all different colors.

Chester was scared, but excited all at the same time. He ran around his little hideaway under the bush in little circles trying to figure out if he should stay and look, or go back home.

Instinct told him to go home, so he quickly darted back to his home under the oak tree. Once down deep underground, Chester circled his bed one, two, three times before he drifted off to sleep dreaming about all he had seen that day.



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Real Estate Hints

by Tina Gallo-Reid

Well, it's hard to believe that Christmas is here again and almost a whole year has passed us by. We've seen a lot this year: economic instability, government bail-outs, and a new president-elect. When we were together last we covered some information on vision building, and tips to remember when considering an offer on a property. Now I would like to move on to some other hints that you may want to put under your hat for use at the appropriate time.

IS THERE A BACK DOOR IN THIS PLACE?

There are times to move forward, and there are times to bail! What do I mean? Let's break this down.

You've just found the house of your dreams. It is in the perfect neighborhood, the right price, great neighbors, awesome school district, and is beautiful inside and out. You place the offer, and with very little haggle or adjustment, you close the deal. All's well in Pleasantville, right? WRONG!

THE BANKS AIN'T THE ONLY ONES!!

Having noticed a little leakage around the foundation, you call and have an inspection done. The whole foundation does not have the right drainage, and therefore is rotting and leaking. The

estimate comes back at \$22,000 for foundation repair and an additional \$8,000 to construct the proper drainage system to keep the problem from returning. How did this happen? Now you're out the repairs on top of the original asking price for the property because you did not have a "Bail out" plan.

The "Bail out" plan is a contingency clause. This clause states that the deal will only move forward if certain conditions are met. This can be a great money saver, and a great headache reducer.

IN THROUGH THE NOSE, OUT THROUGH THE MOUTH

Take it slow. Remember when I said we want to move you quickly through the process of buying and/or selling? Well, this is the one area where it is wise to slow down just a bit. Take the time and use caution. You may have a lot of pressure to accept a counter offer because of a lot of interest in the property, but do not be bullied into it. Do what's right for you.

CHECKED BY INSPECTOR 12!

Getting the property inspected is probably the wisest thing to really find out its condition. This information will also help you at the negotiation

table. A counter-offer is always more palatable to the seller when backed up by supporting facts. If the sewer lines need replacing, then the counter offer should reflect the repair costs and maybe the costs for time and inconvenience if you plan on a quick move. The more information you can get the better. You can go beyond even the home inspector, and get some specialized inspections done, (tree inspections, foundation inspections, etc.) if you choose. The information would be very valuable as the property owner, and may give you some idea as to whether or not you want to proceed with an offer. The cost of these inspections is not nearly as much as it may be to replace a whole foundation, as we spoke about earlier, but also cheaper than maybe needing to dig up all the termite infested trees in the front yard that are beginning to move toward your home. Get my drift?

I enjoy our time together here each month. Please feel free to call me at (931) 378-1641 to get more information about home inspections and counter offers. Have a very Merry Christmas, we'll meet again after the New Year!

God Bless!

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Itchin' in the Skin You're In?

Beauty

by Bella Medical Spa (Michelle Blades, Aesthetician)

Many suffer from what is commonly referred to as the "Winter Itch": dry, irritated, and itchy skin. Low temperatures, low humidity, and strong harsh winds deplete the skin of its natural lipids, which play an important role in the retention of moisture in our skin. Hydrating the skin from within by drinking plenty of water and using a humidifier will help, but to truly winterize our skin it is important to properly cleanse, exfoliate, moisturize, and protect.

Cosmeceutical lines such as MD FORTE, Skinceuticals, and Vivite are a good beginning in combating the undesired effects that the season often brings. These products contain pharmaceutical strength ingredients to help exfoliate your skin, speed up cellular reproduction, and hydrate depleted skin. How you use your

product is just as important as the product that you use. Remember to cleanse with tepid water. Hot water may feel great in winter months but it robs your skin of moisture. Also, moisturize immediately after cleansing the skin while it is still damp. This traps moisture into the skin. Using a hydration spritz such as Jane Iredale's D2O, even over make-up, will boost and lock in moisture leaving your skin refreshed. Lips are especially at risk for becoming chapped and cracked, so they need extra protection. Jane Iredale's Lip Drink does not contain petroleum, which is often found in other lip treatments and that robs the membranes of moisture. This treatment both nourishes and protects your pout.

There are also non-invasive in-office treatments to help

combat dry, irritated, and itchy skin. Microdermabrasion, light to medium chemical peels, and ultrasonic facials will gently but quickly remove the outermost dead cells, reveal new radiant skin, and allow for deeper penetration of serums and moisturizers. These treatments are comfortable and safe for all skin types.

Proper skincare and exfoliating treatments will help rid your complexion of dry skin cells that can feel tight and uncomfortable, as well as dull your complexion. Implementing the proper skincare and exfoliating treatment regimens will not only compliment each other, but they are sure to get you complimented this season! Call Bella Medical Spa today to schedule a complimentary consultation with one of our skin care professionals.

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7:00pm: Lana's Dance Center

Saturday, December 20th 6-8 p.m.

6:00pm: Acro Dance Express

6:45pm: The Dance Force

7:30pm: Stars Dance Studio

VISIT WITH SANTA

December 5th, 21st: 5-9 p.m.

December 19th & 20th: 8-9 p.m.



Winning Artwork "All I Want for Christmas"
by Cori Marrott from Northeast Middle School



www.ChristmasOnTheCumberland.com

THE ELF ON THE SHELF

If you are looking to start a new Christmas tradition for your family, with the bonus of keeping your children on their best behavior throughout the holidays, then consider the Elf on the Shelf.

As the creator describes it, "This charming tradition began for our family when my children were very small. Plagued by their desire to know how Santa really knew who had been naughty or nice, I searched through the Christmas decorations for a plausible explanation. Nestled among them was the answer: a small elf doll from my own childhood. At our home the elf would arrive around the holidays, usually at Thanksgiving. His sole responsibility was to watch my children's behavior and report it to 'Santa' each night. Unwittingly, the tradition provided an added benefit: it helped the children to better control themselves. All it took was a gentle reminder that the 'elf was watching' for errant behavior to be modified."



A cute elf—already posed in a sitting position, along with an accompanying hardcover story book, are packaged together in this boxed set available for \$35 at Cherry Lane gifts at 1490 Madison Street, (931) 552-2655.



CHRISTMAS PICKLE

Starting in Germany, where pickles are considered a symbol of good luck, the tradition of the Christmas Pickle ornament is that parents hide the ornament in the tree on Christmas Eve. The next morning the first child to find the ornament is awarded with a special gift from St. Nicholas. Most families make sure this extra gift is a "family fun" gift, so that everyone wins.

This glass Christmas Pickle ornament is available for \$4 from Hodgepodge, 125 Franklin Street, (931) 647-0444. Grab one today and start the tradition at your house.

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Leaving Your Mark—The Wise Guys

by Chris Edmondson

*We three kings of Orient are
Bearing gifts we traverse afar
Field and fountain, moor and
mountain
Following yonder star*

Great Christmas carol. You got the tune in your head yet? When Christmas time comes around, we sing this carol, but the song has a lot of facts wrong. When you look at their story found in the Bible, we don't know if there were *three* kings, only that they brought three gifts. We don't know if they came from the *Orient*. And the Bible says they were not *kings* but *magi*. Some people have even given them names—Caspar, Balthasar, and Melchior. All of these facts are nothing but fiction—for every one of the details have been made up apart from what is found in the Bible.

So what is the real story about these Wise guys and how did they end up in the Christmas Story? If we are going to look at the real story about the *Magi*, or wise men, let's look at the Bible. *Magi* is the Greek word we get our English word *magician* from, and is found in the Christmas story in Matthew 2:1, but also occurs earlier in the Old Testament.

Magi are also mentioned many times in the book of Daniel (Daniel 1:23, 2:2,

4:7, 5:11). It is in Daniel 2 that we understand why *Magi* showed up in Bethlehem.

One night during the second year of his reign, Nebuchadnezzar had a dream that disturbed him so much that he couldn't sleep. He called in his magicians (*magi*), enchanters, sorcerers, and astrologers, and he demanded that they tell him what he had dreamed.

Daniel 2:1-2

King Nebuchadnezzar was a king of the Babylonian empire (modern day Iraq). He had a dream that troubled him, so he called all of his *wise men*—or *Magi*—together and asked them to interpret his dream—something *magi* are supposed to do best. The *Magi* replied,

“There isn't a man alive who can tell Your Majesty his dream! No one except the gods can tell you your dream, and they do not live among people.”

Daniel 2:10-11

The *magi* could not tell the King what he had dreamed, so King Nebuchadnezzar angrily ordered all of these *wise men*—these *magi*—to be killed. One problem though—a Jewish captive named Daniel was a part of these *magi*! So Daniel prayed to God, and God showed Daniel what Nebuchadnezzar's dream meant.

Daniel tells King Nebuchadnezzar his dream, and the King is now happy. The

king doesn't have the *magi* killed, and he places this godly Jewish boy Daniel in charge of all of the *magi*.

The king promoted Daniel and put him in charge of the other wise men.

Daniel 2:48

Daniel is now the boss. Daniel is in charge of what these *magi* study, what they learn, and what they do. So Daniel, using his influence, took advantage of this opportunity and began to instruct the *magi* about the true God. He began to teach them about the Bible—including all prophecy regarding the coming Messiah. We're going to come back to that later. For now, let's dig in to Matthew 2.

Now after Jesus was born in Bethlehem of Judea in the days of Herod the king, behold, *magi* (the same word that we find in Daniel 2) from the east arrived in Jerusalem, saying, “Where is He who has been born King of the Jews? For we saw His star in the east and have come to worship Him.”

Matthew 2:1-2

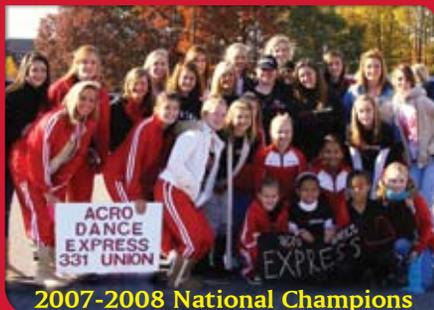
These wise guys came from the east, probably from Babylon in Persia. That is around a 1,500 mile trip. Now, that is not a 1,500 mile trip via airplane or train. This is a 1,500 mile trip, probably by camel or donkey. That is a long, bumpy, and sore ride!

How did these men get started on their trip? They got started because they saw something in the sky. *His star*.



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But there are a lot of stars in the sky. What would they have seen that would have let them know they should travel 1,500 miles to look for the King? These *magi* only had one record book, and that was whatever access they had to the Old Testament.

Now, how did these *magi* get access to the Old Testament? Remember Daniel? 500 years earlier, Daniel taught this sect of *magi* in Babylon the Bible and astrology. And 500 years later, the legacy of a godly man named Daniel filters down to a group of Gentile astrologers who know the Hebrew scriptures.

Because of Daniel's faithfulness, these *magi* had access to Numbers 24:17, which talks about a star appearing out of Israel that would point out the Messiah. They had biblical knowledge because 500 years earlier, Daniel was faithful. **Never underestimate the power of a Godly person leaving a godly heritage.** Do you want to make a mark that will last 500 years from now? 500 years after you die? Then start now by leaving a Godly heritage to your children. And to your children's children. Start now. Because wise men and women leave a mark that goes on after they are long gone.

Merry Christmas!



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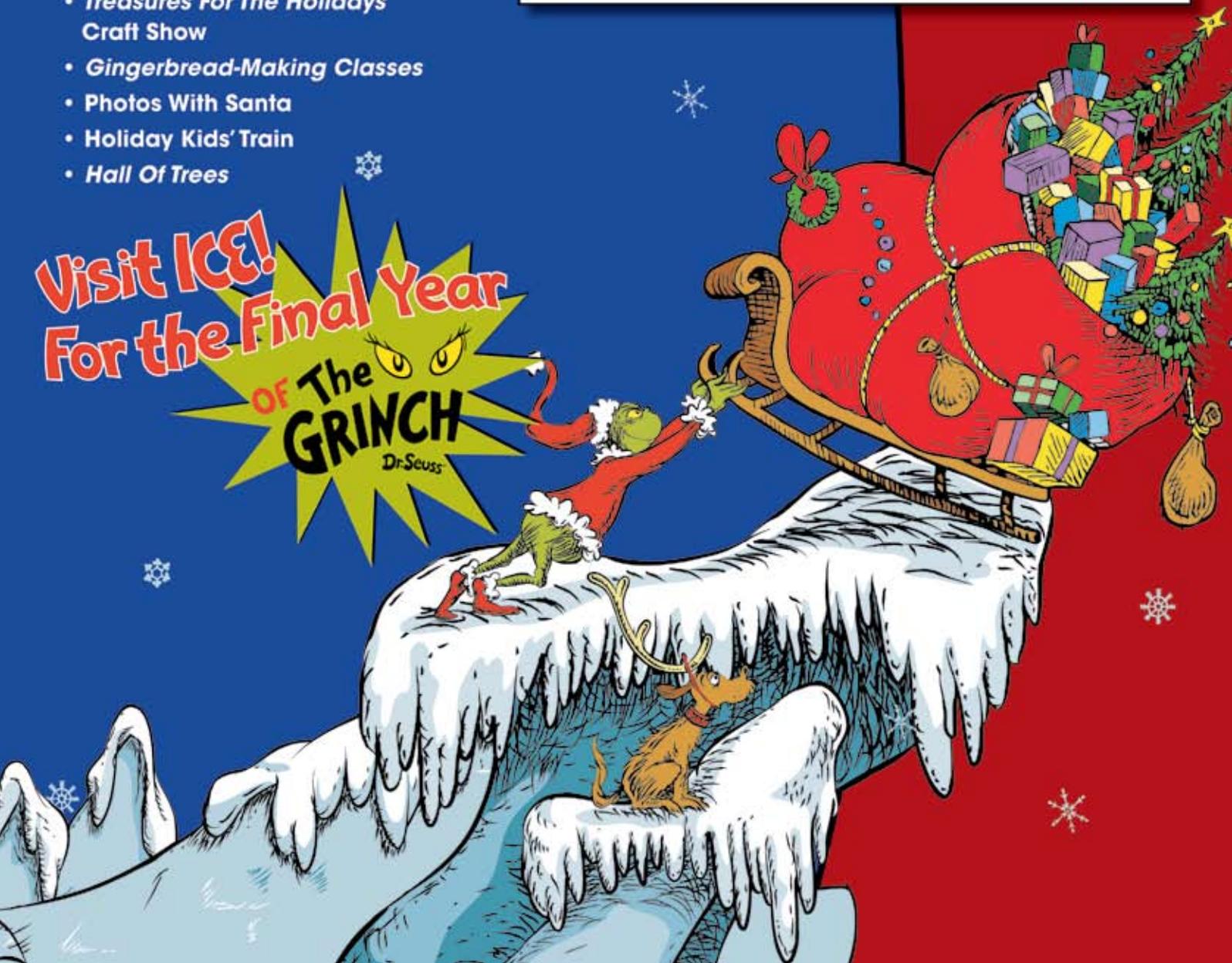
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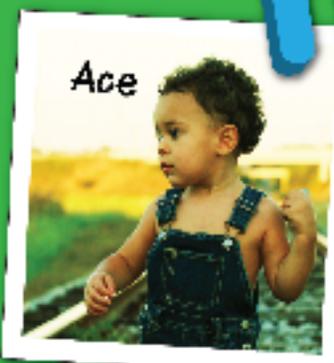
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Wanna be on the Fridge? Email photo to: fridge@clarksvillefamily.com by December 15th.
Please include the name of who is in the photo & a preferred short caption (optional).

THE FRIDGE



Ace



Henry is 16 weeks!

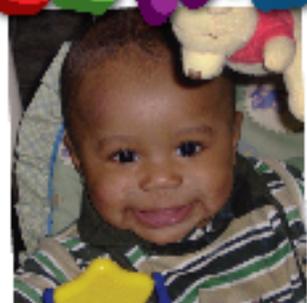


Nathaniel likes reading to his little sisters Annabeth & Julia



Chelsea greeting her uncle home from Iraq

DECEMBER BIRTHDAYS!

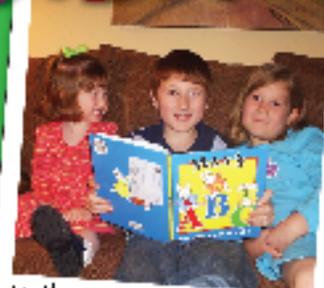


Happy 1st Birthday Amahd

From Mom, Dad, your sisters & brother!



Happy 1st Birthday Twins
Brayden and Keira!
Love Mommy, Daddy & Dylan



Nathaniel likes reading to his little sisters Annabeth & Julia

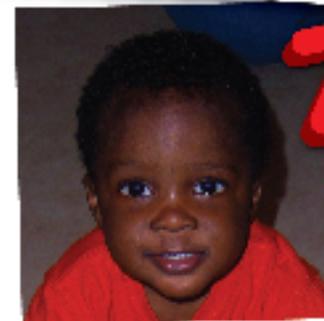


Happy (late) 1st Birthday Madison!
Love, Mommy & Daddy



Happy 1st Birthday "Tony"!

Love Mommy, Daddy, & your brother, Sean!



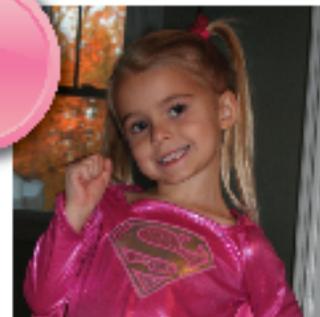
Happy 2nd Birthday Zayden!
Love Mommy, Daddy, & Chancez



Happy Birthday Madeline!
Love Daddy, Mommy & big sis Bailey



Happy 3rd Birthday Samantha!
Love Mommy, Daddy & Coleb



Happy 4th Birthday Ella!
Love, Mommy, Daddy & Olivia

*Please limit entire photo caption to 50 characters or less including spaces.

Don't forget! Send in photos for January birthdays by December 15th!

MORE BIRTHDAYS!



Happy 4th Birthday Jibril
Love Daddy & Mommy



Happy 4th Birthday Amari
Love Mom, Dad, your sisters & brothers



Happy 4th Birthday Shamash
Love, Mama & Daddy



Za'Niyaah & Mioah
are turning 4!



Happy 5th Birthday Carli
Love Mom, Dad, Lindsay & Sara



Happy 5th Birthday Ella!
We Love You.



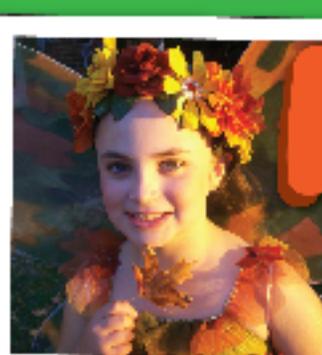
Happy 5th Birthday KYLE!
Love, Mama



Happy 6th Birthday MarKayla
Love Mom, Dad, your brothers & sisters.



Happy 7th birthday Annalise!
Love, Mommy & Daddy



Happy 8th birthday Morgan!
Love Mom, Dad, Catelyn & Cheyenne.



Happy 8th Birthday Savannah!
Love, Mama, Daddy & Jack Jack



Happy 10th Birthday
Dameshia!

** You may also mail your photos to: PO Box 31867 • Clarksville, TN 37040
Mailed photos cannot be returned. Submitted photos and signature will serve as a "photo release" allowing Clarksville Family Magazine a one-time right to print the photo. "Photo publication cannot be guaranteed."

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SANTA PHOTOS

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GIFT WRAPPING

Through December 24 from 11:00 a.m. to 7:00 p.m. at Belk Concourse in Governor's Square Mall. Donations are graciously accepted and will benefit local charities.

DOG & CAT PHOTOS WITH SANTA

December 1, 8 and 15 from 6:00 p.m. to 8:00 p.m. at Center Court of Governor's Square Mall. Bring your pet in to get a photo with Santa. Your pet must be on a leash at all times.

December

2 TUESDAY

CHICK-FIL-A FUNDRAISER

NIGHT: BARKSDALE
5:00 p.m. to 8:00 p.m. at Chick-fil-A,
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3 WEDNESDAY

HEAD START WAITING LIST REGISTRATION

10:00 a.m. to 12:30 p.m. at the
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4 THURSDAY

ALZHEIMER'S CAREGIVERS SUPPORT GROUP

6:30 p.m. at Clarksville-Montgomery
County Public Library, 350 Pageant
Lane. Contact Patsy Shell at (931)
648-1884 for more information.

5 FRIDAY

VISIT WITH SANTA

5:00 p.m. to 9:00 p.m. at McGregor
Park Riverwalk, part of Christmas on
the Cumberland.

9 TUESDAY

SO YOU WANT TO DATE MY TEENAGER...

4:00 p.m. to 6:00 p.m. at Family
Resource Center, 1501 William C

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DECEMBER

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DECEMBER

6 SATURDAY PLUSH STUFF BEARY
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13 SATURDAY BRUNCH WITH
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p.m.

20 SATURDAY PANCAKE
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JANUARY

18 SUNDAY CINDERELLA TEA
PARTY

23 FRIDAY FANCIFUL FAIRIES TEA
PARTY

30 FRIDAY DORA GIRL TEA PARTY

JANUARY

10 SATURDAY HANNAH
MONTANA SPA PARTY

17 SATURDAY BREAKFAST WITH
CINDERELLA

24 SATURDAY FANCIFUL FAIRIES
TEA PARTY

31 SATURDAY DORA GIRL TEA
PARTY

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cheddar cheese

Melt the cream cheese in a skillet, stirring frequently. Stir in chicken,
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- 30 minutes. Serve with celery sticks or corn chips.



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PINOCCHIO
Adapted by John McDonald from the story by Carlo Collodi. Geppetto carves a puppet

named Pinocchio! However, he must earn the right to be a real boy by proving that he is brave, truthful, and unselfish. Joining the Cat and the Fox on a hilarious journey, learning life lessons along the way, he risks his own life to save Geppetto, who has been swallowed by a whale! 2:00 p.m. January 17, 24 & 31.

Curtain Times
7:00 p.m. Wednesday and Thursday evenings, 8:00 p.m. Friday and Saturday evenings.

*2:00 p.m. matinee on selected

Saturday afternoons. (Program and times are subject to change.)

Individual Musical Ticket Prices
•\$20 adult
•\$15 (age 13 and under)

Individual Play Ticket Prices
•\$15 adult
•\$10 (age 13 and under)
•Group discounts available, call box office for details
•Student rush \$5.00 (every performance student tickets will go on sale for \$5.00 at 5 minutes prior to curtain for remaining seats)

Box-office: (931) 645-7699
Business office: (931) 648-9121
E-mail: roxytheatre@bellsouth.net

MOMS Club of Clarksville December Calendar

MOMS Club of Clarksville is a chapter of the international, non-profit group for stay at home parents to socialize with other preschoolers and their parents through activities and playgroups.

3 WEDNESDAY POTTERY ROOM

5 FRIDAY GENERAL MEETING
10:00 a.m. at Madison Street United Methodist Church Gym

8 MONDAY LUNCH BUNCH at Silke's Bakery

10 WEDNESDAY DINNER DELIGHT NIGHT

12 FRIDAY BUNCO

13 SATURDAY CHRISTMAS PARTY at Madison Street United Methodist Church

16 TUESDAY BOWLING

20 SATURDAY FAMILY DAY OUT at Opryland

22 MONDAY BREAKFAST BUNCH at IHOP

30 TUESDAY LIBRARY PLAY DAY

*Playgroups, Bunco and Scrapbooking also meet throughout the month! For more information on the MOMS Club of Clarksville call (931) 472-5218 or visit www.geocities.com/clarksvillemomsclub.

Busy Beads & Moore Class Schedule

1960 I-b Madison Street • (931) 552-5545

You must sign up for classes at least 24 hours before the class date. You can sign up in person or over the phone with a credit or debit card by calling (931) 552-5545. Class fee must be paid in advance to hold your place. There is a minimum of two students per class, unless special permission is granted from instructor. Please arrive at least 30 minutes before the beginning of your class so you can choose your beads and supplies. Most classes will enable you to take home a completed, unique piece of jewelry that you have created! When you take a class you will receive a Designer Discount Card good for a 20% discount for three months following your class (discount does not apply to parties, Pandora, consignment items & items already on sale). If you want to learn a skill that is not listed, let us know and we will try to arrange a class for you! If the class times listed are not convenient for you, let us know and we will make every effort to have a class at a time that is convenient for you. Most classes are two-hour sessions. Classes may be cancelled at any time at the instructor's discretion. Class fees DO NOT include beads or supplies, unless specified in class description.

BASIC JEWELRY

\$25. This is the first class you should take if you are a beginner! In this class you will learn the basics of jewelry stringing while making a bracelet and a matching pair of earrings. A great class to get you started in the wonderful world of beads!

BEGINNING WIRE WRAP

\$25. This is the second class you should take if you are a beginner!

Wire wrapping is hot! Learn how to use this technique to create a stunning, one-of-a-kind bracelet! After this class you will be able to take any of the other classes listed below!

PEYOTE BRACELET

\$25. In this class you will learn flat, even-count peyote to make a bracelet, and you will also learn how to attach a clasp.

PHARAOH'S RING

\$35. Silver or gold filled ring with oval cabochon.

SPIRAL BRACELET

\$25. You will make a bracelet using the spiral bead weaving technique and learn how to attach a clasp.

STERLING AND CRYSTAL BANGLE

\$35. Some wire wrap experience is required to make this stunningly clever bangle-style bracelet awash with Swarovski crystals! Three hour class, materials cost about \$35.

HOOP EARRINGS

\$35. Learn how to make trendy hoop earrings using gold and/or silver wire.

SIMPLE WIRE-WRAP DICHROIC BRACELET

\$35. An astonishingly easy project that will make you the envy of all your friends! You will learn how to wire wrap a cabochon, and how to add simple adornments to create a gorgeous pendant.

EARRING RING

\$35. Do you have a lost earring?

Turn the other into another piece of jewelry—a beautiful new ring! Earring needs to be in a setting.

CLASSIC BANGLE

\$25. You'll be able to mix gold, silver and copper to make dozens of variations.

CHAIN, CHAIN, CHAIN!

\$25. Learn new wire wrapping techniques to make your own unique chain. Horseshoe Chain (simple technique), 12 feet of 18-gauge wire minimum. Eternity Chain (more challenging technique), 15 feet of 18-gauge wire minimum. The amount of materials may vary depending on the length of chain you make.

BANGLE WITH BEADS

\$35. Silver or gold filled bangle with tube beads in center.

AUTUMN LEAVES

\$25. Use wire-wrapping techniques to create the perfect fall piece.

CLASSES IN DECEMBER

December seems to be the busiest month of the year. Don't forget to take a little time out for yourself. The classes listed here or the following other past classes are available to be scheduled by appointment:

Dichroic Bracelet—\$45, "Brangle!"—\$25, Pearl Knotting—\$25, Wrapped Flatware—\$25, Wire Wrapped Crosses—\$25, Love Knot Ring—\$25.

Lee Road, Fort Campbell. The ACS Family Advocacy Program presents this course designed to increase parental awareness on the topic of teen dating as well as the challenges and concerns affecting our teenagers today. The course is free and open to anyone within the Fort Campbell community. Teenagers are welcome to attend with their parents. Childcare is available but space is limited. For more information call Christina Lopez at (270) 798-6383.

CHICK-FIL-A FUNDRAISER NIGHT: MOORE MAGNET
4:00 p.m. to 8:00 p.m. at Chick-fil-A, 1626 Madison Street.

10 WEDNESDAY CHICK-FIL-A FUNDRAISER NIGHT: ROSSVIEW JROTC
5:00 p.m. to 8:00 p.m. at Chick-fil-A, 1626 Madison Street.

12 FRIDAY LIVE NATIVITY SCENE
6:00 p.m. to 8:00 p.m. through Saturday, December 13 at the McGregor Park Riverwalk, presented by Grace Church of the Nazarene.

16 MONDAY CHICK-FIL-A FUNDRAISER NIGHT: EAST MONTGOMERY
5:00 p.m. to 8:00 p.m. at Chick-fil-A, 1626 Madison Street.

18 THURSDAY GIFT WRAPPING AT GOVERNOR'S SQUARE MALL
Through Wednesday, December 24 from 11:00 a.m. to 6:00 p.m. at Governor's Square Mall. Please come support Clarksville's newest elementary school, West Creek. The Coyote PTO will host a gift wrapping table. Enjoy your shopping and let us do the wrapping.

19 FRIDAY VISIT WITH SANTA
8:00 p.m. to 9:00 p.m. at McGregor Park Riverwalk, part of Christmas on the Cumberland.

20 SATURDAY BACH BLANKETS CROCHET GROUP MEETING
1:00 p.m. to 2:00 p.m. at Clarksville-Montgomery County Public Library, 350 Pageant Lane. Crochet blankets for babies delivered at Blanchfield Army Community Hospital. Contact Sharon Loebel at (931) 572-0734 for more information.

Clarksville-Montgomery County Public Library
350 Pageant Lane • (931) 648-8826 • www.clarksville.org

ANIME PROGRAM

For teens 13-18 years old. 2:00 p.m. on Saturdays, December 6 and January 3.

BABY AND ME LAPSIT

For infants up to 18 months old. 9:30 a.m. Thursdays, December 4, 11 and 18.

BUSY BEE'S

For children 18 months through three years old. 9:30 a.m. Mondays, December 1, 8 and 15

FAMILY TIME

For all ages. 9:30 a.m. Tuesdays, December 9 and 16.

FOL (FRIENDS OF LIBRARY) BOARD MEETING

4:00 p.m. on Tuesdays, December 9 and January 13.

FOUR PAWS FOR READING

With Tender Paws Association. Come read with a specially trained therapy dog. 1:00 p.m. on Saturday, December 13.

HOLIDAY MAGIC

Presented by Scott Humston as a magical storytelling experience for the whole family. 6:30 p.m. on Saturday, December 6.

JUST FOR ME STORY TIME

For children four and five years old. 10:30 a.m. Mondays, December 1, 8 and 15; Tuesdays, December 9 and 16.

PJ STORY TIME

For the whole family. Come dressed ready for bed. 7:00 p.m. on December 4.

TAB (TEEN ADVISORY BOARD) MEETING

For 13-18 year olds. 4:30 p.m. on December 11.

TEEN PROGRAM

For ages 13-18 years old. 5:00 p.m. to 7:00 p.m. on Thursdays, December 18 and January 15.

TWEEN PROGRAM

For tweens 10 to 12 years old. 4:00 p.m. on Mondays, December 8 and January 12.



Dog & Cat Photos with Santa!



Dec. 1, 8, & 15 from 6pm - 8pm. (at center court)

Your pet must be on a leash at all times!

Traditional Santa Pictures taken through December 24th!
(see customer service for hours)

GOVERNOR'S SQUARE
M A L L

2801 Wilma Rudolph Blvd
(931) 552-0289
www.governorssquare.net

Please join us for **Candlelight, Communion, Christmas & more.**
There's something for everyone all month long!

Wednesday 12/03 6:00 pm
A Blue Christmas: Coping with Depression During the Holidays

Wednesday 12/17 6:00 pm
A Service of Healing and Wholeness (MSUMC Chapel)

Friday 12/05 6:00 pm
MSUMC Drama Ministry presents "Miracle on 34th St."

Wednesday 12/17 6:00 pm
Happy Birthday Jesus Party for Children & Families (Fellowship Hall)

Saturday 12/06 6:00 pm
MSUMC Drama Ministry presents "Miracle on 34th St."

Wednesday 12/24 5:00 pm
A Service for Children & Families

Sunday 12/07 10:45 am
MSUMC Chancel Choir Presentation of Vivaldi's "Gloria"

7:00 pm A Service of Candlelight & Holy Communion

11:00 pm A Service of Candlelight & Holy Communion

Sunday 12/07 2:00 pm
MSUMC Drama Ministry presents "Miracle on 34th St."

Wednesday 12/10 6:00 pm
A Blue Christmas Session II

Madison Street
United Methodist Church
319 Madison Street • Clarksville, TN
(931) 647-0221
www.madisonstreetumc.org




give the gift of. learning

Long after the clothes have been outgrown, the video games have been conquered, and the toys have been forgotten--there is a gift that will keep giving.

An education lasts a lifetime. This holiday season give the gift of learning from Beyond the Books to help your loved one get the most out of their education.



Our services include:

- Tutoring in all subject areas
- Evaluation of reading, math & writing skills
- Dyslexia Assessments
- Study skills



2535 Madison Street • Suite F • Bluestone Center
Clarksville, TN 37043 • (931) 358-5405
beyondthebooks@bellsouth.net
www.beyondthebooks.net

MERRY MUSIC

4:00 p.m. in the Borders Court at Governor's Square Mall. Take a break from your holiday shopping and enjoy some of your favorite holiday tunes performed by local musicians! Clarksville-area music teachers and students will be performing. It will also feature the Merry Music Woodwind Choir under the direction of Lauren Winkens. If you would like to be a part of the Merry Music Woodwind Choir and are a woodwind musician between the ages of 10 and 18 AND have at least one year of playing experience, please e-mail Lauren Winkens at laurenwinkens@yahoo.com.

CHRISTMAS IN KANSAS

6:00 p.m. at Mass Communications Concert Hall at APSU. Presented by Lana's Dance Centre, starring Dorothy, Tinman, Lion, Scarecrow and more. Call (931) 503-8050 or (931) 358-4126 for ticket information.

VISIT WITH SANTA

8:00 p.m. to 9:00 p.m. at McGregor Park Riverwalk, part of Christmas on the Cumberland.

21 SUNDAY

VISIT WITH SANTA

5:00 p.m. to 9:00 p.m. at McGregor Park Riverwalk, part of Christmas on the Cumberland.

25 THURSDAY CHRISTMAS

31 WEDNESDAY NEW YEAR'S EVE

January

1 THURSDAY NEW YEAR'S DAY

13 TUESDAY BLOOD DRIVE AT WEST CREEK ELEMENTARY

11:00 a.m. to 6:00 p.m. in the auxiliary gym at West Creek Elementary School, 1201 West Creek Coyote Trail. The Coyote PTO at West Creek Elementary School is sponsoring this community blood drive in cooperation with the American Red Cross.

19 MONDAY MARTIN LUTHER KING, JR. DAY

To have your event included for free on the Calendar e-mail events@clarksvillefamily.com. Please have it to us by the 10th of the month to be included in next month's issue.

Think local. Buy local. Live Local!

As Consumers. . .
We have the power
to shape our city.

Think Local
BUY LOCAL
Live Local!

Thank you for
shopping in Clarksville.

When we shop local, we are saying YES to a strong, vibrant local economy that translates into a unique and interesting community.

It is up to all of us to make Clarksville better. So please continue to support local businesses.

The Chamber
Clarksville AREA CHAMBER OF COMMERCE

www.clarksvillechamber.com

Coloring Contest Winners!



Zeta Sawyer
age 2, Clarksville, TN

**Ages
0-4**



Mollie Nicholson
age 4, Clarksville, TN

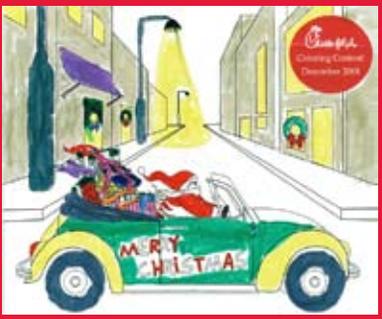


Shelby Alford
age 5, Clarksville, TN

**Ages
5-8**



Sarah Ernsberger
age 6, Clarksville, TN



Madison Gibson
age 9, Clarksville, TN

**Ages
9-12**



Rachel Derr
age 10, Clarksville, TN

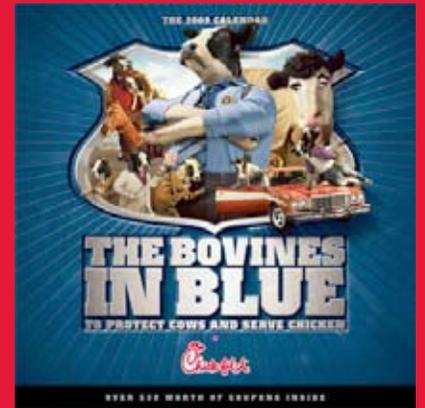
Winners may claim their prizes at either the Governor's Square Mall or Madison Street Chick-fil-A location along with an accompanying parent or guardian with valid identification.

Both Chick-fil-A & Clarksville Family Magazine would like to thank all of the wonderful and talented kids who entered and would like them to know that it was a VERY difficult decision choosing the winners!

And last but not least...tune in for next month's coloring contest for another chance to win!



The 2009 Cow Calendars are here!



Cow Calendars include coupons for over \$30 in free food and they make perfect gifts for friends, family, teachers or anyone who loves chicken!

FREE Chick-fil-A Chicken Sandwich with the purchase of our NEW Peppermint Chocolate Chip Hand-Spun Milkshake.



Coupon not valid with any other offer. One coupon per person per visit. Redeemable at Governor's Square Mall & Madison St. locations in Clarksville. Closed Sundays. Please use by December 31st, 2008.

FREE Chick-n-Strips (3ct.) with the purchase of a 2009 Cow Calendar!



Coupon not valid with any other offer. One coupon per person per visit. Redeemable at Governor's Square Mall & Madison St. locations in Clarksville. Closed Sundays. Please use by January 31st, 2009.

Parent Groups

CLARKSVILLE MOMMY'S GROUP

"Nurturing the Nurturer." The CMG is a new social and support group for Mommys in and around Clarksville that are expecting or have a child under the age of 5. The group is run through a private website which gives members 24 hour access from the comfort of their own home to participate in many activities on or off line. The CMG provides mothers of young children opportunities to socialize, exchange ideas and participate in activities that promote personal growth for both mommy and child. CMG is a non-profit group and is absolutely free. E-mail clarksvillemoms@hotmail.com or call Kamila at (931) 503-0480.

CHARA (Christ-centered Homeschoolers Applying Righteousness Academically)

CHARA is a support group for those who have chosen to educate their children at home. Monthly meetings for parents and children are held the last Monday of each month at Hilldale Baptist Church Family Life Center, 250 Old Farmers Road. Additional activities are held throughout the year. For further information visit www.orgsites.com/tn/chara or e-mail charatn@charter.net.

HOPE@Home (Helping Other Parents Educate at Home)

An online Christian support group for home schooling families in the Clarksville/Montgomery County area. Members have access to info on area activities, co-ops, classes, small groups and much more. For basic information and to join visit <http://groups.yahoo.com/group/ClarksvilleAreaHomeSchoolNews/>

HOPKINSVILLE SAHM MEETUP GROUP

For information about the Hopkinsville Stay at Home Moms Meetup Group visit their website at <http://sahm.meetup.com/1943/>

LA LECHE LEAGUE OF CLARKSVILLE-FORT CAMPBELL

Provides information, encouragement and support to mothers who wish to breast feed their babies. Meetings

are third Wednesdays at Montgomery County public library, large meeting room, 10:00 a.m. Local LLL leaders are available to provide information, support and answer questions: Gini at (931) 906-8946 or Sara at (270) 439-2723

MOMS CLUB OF CLARKSVILLE

Come meet other stay at home moms at the MOMS Club®! The MOMS Club® is an international non-profit, non-religious, non-political organization specifically designed to support stay at home moms (including those that may work part time or have a home based business). Join us for one of our Open House meetings the first Friday of every month at 10:00 a.m. at Madison Street United Methodist Church. Enjoy breakfast while getting to know more about MOMS Club and meeting local MOMS. Activities include speakers and discussions, park days, field trips, cooking club, and activity groups like playgroups, walking, arts & crafts, and a monthly MOMS Night Out. We also do service projects for children and families in our community. Yearly dues are \$20. Most activities are during the day, when moms need the support most. Children are welcome at all daytime activities. For more information call (931) 472-5218 or visit: www.geocities.com/clarksvillemomsclub

M.O.P.S. (MOTHERS OF PRESCHOOLERS) — CLARKSVILLE

MOPS International is an organization for moms who are expecting or have children ages birth to 5 years of age. MOPS meets at First Baptist Church downtown, 435 Madison Street, on the 2nd and 4th Thursdays of the month. Each meeting begins at 9:30 am and childcare is provided. We will begin our new season on August 28. If you are interested in joining us for food, fellowship and fun then contact our 2008-2009 Coordinator, Christine Ferguson, at cmferguson81@bellsouth.net or (931) 647-1364. Also check out our website for more info www.orgsites.com/tn/mops_fbc

M.O.P.S. (MOTHERS OF PRESCHOOLERS) — FT. CAMPBELL

Join us as we walk this adventure called Motherhood! Free child watch is available 9:15 a.m. to 12:00 p.m. MOPS meets the 1st and 3rd Wednesday of the month at Memorial Chapel Church on Fort Campbell. Contact Tina Venditti at (270) 439-2234 for more information.

PARENTS OF MULTIPLES

A support group for parents of twins, triplets and more. Meets 6:30 p.m. on second Thursdays at Hilldale United Methodist Church. Call Kelley Corley at (931) 358-0127 or e-mail vp@clarksvillemultiples.com, or visit clarksvillemultiples.com.

PARENTS REACHING OUT

Provides peer counseling and support services. Aims at long-term preventive health care solutions to families facing the challenges of a high-risk pregnancy or having an infant or child in critical care. Call (615) 365-7004.

SHARE (SECULAR HOMESCHOOLERS: ANY RELIGION, ECLECTIC)

SHARE is a non-religious home school group for Clarksville and the surrounding areas. All homeschoolers are welcome to join this group, regardless of religious beliefs, race, homeschooling methods, or family lifestyles.

An online support and information network is available as well as bi-monthly meetings. This group is a community in which we all play an important role in deciding and implementing the activities we want for our children. For membership information please visit: <http://groups.yahoo.com/group/tnSHARE/>

TENNESSEE EARLY INTERVENTION SYSTEM (TEIS)

"Growing Together Little by Little." A voluntary educational program for families with children ages birth to three years old with disabilities or developmental delays. Visit www.tennessee.gov/education/teis or call (800) 852-7157.

HOOPER BOWLING (931) 798-5887

Time to visit the "New" Hooper Lanes

Meet the new Manager Tim Stancil, Senior PBA Professional Bowler, Certified Instructor, Manager and Pro Shop Operator

New Adult Leagues (short season leagues beginning in January 2009)

New Youth Leagues (short season leagues beginning in January 2009)

Discount game card for frequent bowlers. Excellent lane conditions with the lanes being cleaned and conditioned daily.

New Pro Shop with fitting & drilling while you wait

Group Lessons (morning & afternoon)

Individual Lessons (nights & weekends)

MWR

5380 Tennessee Ave. • 931-798-5887

Sportsman's Lodge Present

Budweiser **BIGBUCKS** Karaoke

Big Bucks Karaoke is back!

Friday Nights

Dec 5, 12 (will not be held on: 19, 26 Dec, 2 Jan)

8pm-Midnight

Bring your friends and enter the contest.

FIRST PLACE \$1,000

2nd place \$300

3rd place \$200

Must be 21 to enter

Join In the Open Karaoke prior to contest. This is a 22 week contest - prizes will be awarded in April 2009.

Sponsored By: Budweiser

Sportsman's Lodge 6633 Sportsman's Lane Fort Campbell, KY 42223 931.431.4140

No Government Endorsement Implied

December 2008

M A R K E T P L A C E

Hot Potato Kids CONSIGNMENT STORE

Open Wed 11-5 • Thu 9:30-5:30
Friday 9:30-3 • Sat 10-2
Closed Dec 21- Jan 2.
Merry Christmas!

New Selection of Stephen Joseph and
Melissa & Doug toys and puzzles.
**Save \$5.00 off \$35.00
or more purchase.**

Cannot combine with other coupon.

Infants to Teens and Maternity too!!

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1020 Industrial Dr. Suite 124
Pleasant View, TN
615-746-8880

Yorkshire Terrier Puppies Available

Local, Private Breeder
ages 6-wks to 1-yr

.....
Contact Jeanette for more
information at (931) 647-7638



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A Garden of Learners... Growing Closer to God



Wee Learn
Christian
Active
Learning Series
Curriculum

NOW ENROLLING!

- Ages 6 weeks - 5 yrs.
- M-F 6am - 6pm
- Hands-on learning
- Weekly chapel time
- Hot lunch & nutritious snacks provide

Contact Jerelyn Clevenger for additional
information or to reserve your child's place today!

phone: 931-920-3931
email: hcd daycare@bellsouth.net
www.hilldalecc.org

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you'll ever
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Host a party or become a consultant.

Never a recall in 30 years!
Now partnered with Autism Speaks.



Dana Fitzpatrick
Educational Consultant

(931) 472-8505

www.discoverytoyslink.com/danafitzpatrick

New Birth Family Child Care

"A KIDRIFFIC Place To Be!"

We are now enrolling!

Monday-Friday 5:00a.m.-6:00p.m. (ages: 1-12)
Serving Schools: Ringgold Elementary/
Kenwood Middle
Hourly Care Available
Military Subsidy through NACCRA

Each one of us is God's work of art!



Certified
3-Star
Provider

I am Licensed/FBI Background Checks, & CPR/First-Aid Certified.

Contact Vernita Coleman for additional
information or to reserve your child's place today!

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Full service nail & waxing salon
Over 20 years experience
Highest quality & satisfaction guaranteed!

save
\$5.00 off

any new set of nails,
manicure or
pedicure.

Expires December 31st

Open 7 days
a week!
Mon.-Sat.
9am-8pm
Sun. 11am-6pm

Walk-ins
Welcome!

L.A. Nails

2349 Madison St.
(Sango Wal-Mart Shopping Cir.
down from Don Panchos)

931-552-3246

CLARKSVILLE FAMILY MARKETPLACE AD RATES & INFORMATION

RATES:

1 MONTH: \$95/MONTH
3 MONTHS: \$75/MONTH
6 MONTHS: \$65/MONTH

DIMENSIONS: 2.5" X 3" IN FULL COLOR

DEADLINE: INFO AND MATERIALS DUE BY 10TH FOR THE
FOLLOWING MONTH'S AD.

PAYMENT: PAYMENT FOR FIRST AD IS REQUIRED BEFORE AD IS
PRINTED. (CREDIT OR DEBIT CARDS ACCEPTED.)

TERMS & CONDITIONS:

1. ADS MAY BE EDITED BY CLARKSVILLE FAMILY FOR LENGTH OR CONTENT.
2. ONE BASIC AD DESIGN IS INCLUDED IN THE ABOVE QUOTED RATES BASED ON CUSTOMER'S INSTRUCTIONS AND MATERIALS.
3. AD PROOFS ARE PROCESSED VIA E-MAIL AND CANNOT BE GUARANTEED.
4. PUBLICATION OF AD DOES NOT CONSTITUTE ENDORSEMENT BY CLARKSVILLE FAMILY MAGAZINE.
5. NO REFUNDS CAN BE MADE AFTER PAYMENT HAS BEEN PROCESSED (UNLESS CLASSIFIED AD IS REFUSED BY PUBLISHER).
6. MARKETPLACE ADS ARE NOT ACCEPTED FROM THOSE WHO OFFER PRODUCTS OR SERVICES THAT COMPETE WITH DISPLAY ADS IN

THE MAIN PART OF THE MAGAZINE AND MAY BE REJECTED BY THE PUBLISHER.

7. CLARKSVILLE FAMILY RESERVES THE RIGHT TO REFUSE ANY AD AT ANY TIME.

SEND MATERIALS TO:
ATTN: MARKETPLACE
CLARKSVILLE FAMILY MAGAZINE
PO BOX 31867
CLARKSVILLE TN 37040

OR E-MAIL: MARKETPLACE@CLARKSVILLEFAMILY.COM

ADOPTION & FOSTER CARE CARING CHOICES

Caring Choices of Catholic Charities, 1905 Madison Street, is a Tennessee state licensed child-placing agency providing supportive professional counseling services to those experiencing an unplanned pregnancy. Open Monday through Thursday from 10:00 a.m. to 2:00 p.m. and the 2nd and 4th Saturdays of the month from 10:00 a.m. to 12:00 p.m. Deasree Williams: (931) 645-9969 or dwilliams@cctenn.org.

OMNI VISIONS INCORPORATED

Omni Visions, 341 Union Street Suite 5, is a multi-state child placement agency. (931) 906-3779 or www.omnivisions.com.

PHOENIX HOMES

Phoenix Homes, 1781 Wilma Rudolph Boulevard, offers treatment foster care and services. (931) 645-7711, (931) 645-7742 or www.phoenixhomes.org.

YOUTH VILLAGES

Youth Villages, 585 South Riverside Drive, is a private nonprofit organization dedicated to helping emotionally and behaviorally troubled children and their families live successfully through innovative, research-based programs. (931) 803-0777 or www.youthvillages.org.

ATHLETICS

BUDDY BALL SPECIAL NEEDS ATHLETIC LEAGUE

Buddy Ball provides individuals with a mental or physical disability the opportunity to play sports, regardless of their limitations. Buddy Ball helps individuals learn teamwork and promotes self-esteem, one of the tools needed to help overcome the stigma often associated with a disability. The Buddy Ball league is aware of the extra expenses on the families of disabled children. Because of this, Buddy Ball does not charge any fees to participate. We rely entirely on private donations to operate. (931) 624-7253 or www.buddyball.net.

CLARKSVILLE IMPACT SOCCER CLUB

Involves participation of children ages 5-18 in youth sports, specifically soccer. Impact is a non-profit organization trying to provide opportunities to our youth. (931) 358-4926, info@clarksvilleimpact.us or www.clarksvilleimpact.us.

IRON KNIGHTS YOUTH WRESTLING CLUB

The Iron Knights Youth Wrestling Club is starting registration this month. The wrestling club is open to all boys and girls starting at age 4. Our season runs from November through April. The entire family can get involved as we are always looking for volunteer coaches. For more information contact Jamie at (931) 233-9091, e-mail eventscoordinator@myironknights.com, or visit us at www.myironknights.com.

CHILDBIRTH & PARENTING EDUCATION

NINE MONTHS & BEYOND

A comprehensive source for pregnancy, birth, breastfeeding and early parenting education and resources. Offers birth tub rentals, breastpump rentals, baby moon vacation and spa packages, and birth plan consultations. Micky Jones, BS, CLE, CLD, CHBE, CAPP A Lactation Educator Trainer at (931) 451-3223 or ninemonthsandbeyond.com.

GATEWAY HEALTH SYSTEM

Prenatal Classes teach parents-to-be what to expect during childbirth and how to ease the discomforts of pregnancy. Classes start the first Wednesday and Thursday of each month in the Prenatal Classroom at 7:00 p.m. (931) 502-1010.

Sibling Classes offer brothers- and sisters-to-be an introduction to sibling interaction and a tour of the nursery. Classes the last Saturday of the month in the Cumberland Room at 10:00 a.m. (931) 502-1010.

HEALTHY START

Healthy Start is a community outreach program fostering healthy childhood growth and development by providing free support services to first time parents and their babies. (931) 645-3976.

LA LECHE LEAGUE OF CLARKSVILLE-FORT CAMPBELL

Meets the third Wednesday of every month at 10:00 a.m. at the Clarksville-Montgomery Public Library. All breastfeeding mothers and mothers-to-be interested in breastfeeding are welcome. Babies are always welcome at meetings. Local LLL leaders are available to provide information, support and answer questions. Gini at (931) 906-8946 or Sara at (270) 439-2723.

NEW BEGINNINGS FAMILY BIRTH CENTER

Lactation Services offers a breastfeeding class for new moms. The class is held the first Tuesday of each month from 7:00 p.m. to 9:00 p.m. in the Prenatal Classroom of Gateway Medical Center. Cost for the class is \$15 (\$25 if you wish to receive The Nursing Mother's Companion book). (931) 502-1010.

Lactation Services also rents and sells breast pumps and nursing supplies. Jeanette Prine, RN, Certified Lactation Consultant at (931) 551-1610 or jprine@ghsystem.com.

CHILD CARE

CHILD CARE AWARE

Child Care Aware is a non-profit initiative committed to helping parents find the best information on locating quality childcare and childcare resources in their community. The website offers lots of tips on choosing a child care provider, lots of free publications for parents, local child care rates and a Child Care Options Calculator. www.childcareaware.org.

MID-CUMBERLAND CHILDCARE RESOURCE AND REFERRAL

At 1300 Madison Street, provides childcare free referrals and information to parents, training and on-site consultation to childcare providers, and a lending library full of resources for the community. (931) 648-3695 or (866) 446-6006.

MONTGOMERY COUNTY CHILD CARE PROVIDERS BY AREA

At the following links you will find individual child care providers, state star quality ratings, capacity, minimum & maximum age accepted, hours of operation and transportation information. (Home based child care facilities are also listed.)

www.tennessee.gov/humanserv/childcare/63/37040/

www.tennessee.gov/humanserv/childcare/63/37042/

www.tennessee.gov/humanserv/childcare/63/37043/

PARENT INFORMATION NETWORK

Parents working to keep parents informed about issues that affect the community, education and our schools via a subscriber e-mail network, clarksvillepin.net.

PROGRESSIVE DIRECTIONS, INC.

At 1249 Paradise Hill Road, provides services to educationally delayed children and adults. (931) 647-6333 or www.progressivedirections.com.

CHILD PROTECTION & DOMESTIC CRISIS SERVICES

AL-ANON & ALATEEN

Support for families of alcoholics. Call for more information and meeting times. Grace Lutheran Church, 2041 Madison Street, Joyce at (931) 358-9515; or Ajax Senior Citizens Building, 953 Clark Street, Kim at (931) 647-0566; or Community Church, Jack Miller Boulevard & Airport Road, Kim at (931) 647-0566. www.middleletalananon.org.

CLARKSVILLE RAPE AND SEXUAL ABUSE CENTER

At 331 Union Street, Suite B. Office at (931) 647-3632 or Toll-free Crisis Hotline at (800) 879-1999.

CREATING HOPE BY ASSISTING PARENTS

Works with families whose children are at risk of abuse or neglect. Debra Maness at (931) 645-9793.

DEPARTMENT OF CHILDREN'S SERVICES

At 350 Pageant Lane, Suite 401. (931) 803-3200.

LEGAL AID SOCIETY

At 120 Franklin Street, provides free legal advice and representation to eligible clients. (931) 552-6656 or www.las.org.

MONTGOMERY COUNTY CHILD SUPPORT SERVICE

At 93 Beaumont Street. (931) 572-1663.

SAFEHOUSE

Provides a safe shelter, crisis line, counseling, support groups, referrals and advocacy, community education and safety planning for women and children who are domestic violence victims. (931) 552-6900.

CHILDREN'S GROUPS

4-H YOUTH DEVELOPMENT

At 1030 Cumberland Heights Road, is open to all youth ages 9-19. Involves participation in 4-H through school clubs, community clubs, special interest groups, and a variety of camps. Martin R. Koon Jr. at (931) 648-5725 or mkoon@utk.edu.

BOY SCOUTS OF AMERICA

(931) 647-8811, (800) 899-7268 or www.mtcbas.org.

GIRL SCOUTS OF THE USA

1300 Madison Street, (931) 648-1060 or www.girlscouts.org.

COMMUNITY OUTREACH

ALL NATIONS BIBLICAL STUDY CENTER

Offers tuition-free Bible courses to the community. Fall Semester 2008 dates are September 7 through December 4 and registration is currently open. Course titles are: The Letters of Paul, Biblical Studies Seminar, New Testament (Koine) Greek I, Biblical Hebrew I, and The Gospel of John. Classes meet for 1-1/2 hours weekly. Five additional tuition-free online courses are also offered. Visit www.studythescrptures.net or call (931) 648-8844 for more information, class schedules, and to register.

APSU EXTENDED EDUCATION

Develop a new skill, explore a new idea, learn a new language or seek a new career with one of the classes from Austin Peay State University's Center for Extended and Distance Education. Register early and receive a 10 percent discount on selected courses. Preregistration is required for each course. New online classes start every month. Melony Jones at (931) 221-7868, jonesma@apsu.edu or www.ed2go.com/apsu.

ASERCARE HOSPICE

Hospice team provides medical, emotional and spiritual support to terminally ill patients and their families. (931) 551-4100.

CRISIS CALL LINE

Offers crisis intervention, suicide prevention and referral. (931) 648-1000.

HOPE CENTER

A community service branch of the Family Guidance Training Institute, Inc., provides a number of community activities to include summer camps for seriously emotionally disturbed children, S.T.E.P. into the Light, a woman's holistic wellness group, Woman's Share community, M.A.L.E. (Men Accessing Life Empowerment), and Tutoring to Success, a tutoring program for seriously emotionally disturbed children. The Hope Center also offers a multitude of workshops for community organizations. For further information regarding our programs, please contact Julee S. Poole, Ph.D., Program Director at (931) 431-7580 or julespoolephd@aol.com.

HOSPICE OF GATEWAY

Interdisciplinary care for terminal patients and families. (931) 502-1010.

HUMANE SOCIETY OF CLARKSVILLE-MONTGOMERY COUNTY

Provides reduced-cost spaying-neutering and pet care assistance to eligible owners; pets for adoption through foster homes; dog bite prevention and pet care programs; and a 24-hour help line. (931) 648-8042, humanesociety@clarksville.com or clarkvillehumane.petfinder.org.

JOSEPHINE'S CLOSET

At 325 North Second Street, a ministry of Hope Pregnancy Center. Provides children's clothing sizes newborn-size 12, nothing over \$5. Parking and entrance on back side of HPC. (931) 645-2273.

LATINA ASSOCIATION

A nonprofit organization with the mission of unifying the Hispanic community within, and then unifying them in the community where they live, by being the center point of resources and education to strengthen family values. English as a Second Language classes are offered, in partnership with Adult Basic Education as well as How to Start Your Own Business seminars, offered in Spanish or English, in partnership with Your Spanish Link and Concept Training. Donations of any kind are welcomed. (800) 431-8364 or www.asociacionlatina.info.

LOAVES AND FISHES

At 215 Foster Street, provides a hot meal Monday-Saturday 10:30 a.m. to 12:00 p.m. Also provides a distribution center for food donated to agencies that feed hungry people on Tuesday and Friday from 1:00 p.m. to 2:00 p.m. (931) 645-9020.

MEALS ON WHEELS

Mid-Cumberland Human Resource Agency provides group or home-delivered meals to individuals 60 or older. Volunteers deliver noon meal Monday-Friday. It only takes an hour of your time. Beth at (931) 645-5829.

MONTGOMERY COUNTY WIC CLINIC

1850 Business Park Drive Suite 103. Provides nutrition education and food vouchers for women, infants, and children (up to age five). We offer breastfeeding education, including a free monthly class. (931) 551-8777.

THE QUEST FOR AUTHENTIC MANHOOD

Meets Wednesdays 6:00 a.m. to 7:30 a.m. at Highland Ridge, 1601 Old Russellville Pike. The Quest Men's Fraternity is a 24-session study that focuses on the primary issues that shape a man's life. We explore in depth the biblical concept of manhood, and finally provide practical building blocks for any man to use to construct himself a nobler, more satisfying manhood. Contact Ryan Bosler at (931) 801-8862 for more information.

TENNESSEE REHABILITATION CENTER AT CLARKSVILLE

At 1241 Highway Drive (adjacent to the Animal Shelter), a county/state agency, the TRC provides counseling, vocational evaluation, work adjustment, and job placement services for graduating high school students and adults with disabilities. (931) 648-5560.

TWO RIVERS ASSOCIATION FOR THE EDUCATION OF YOUNG CHILDREN (TRAEYC)

The new Two Rivers Association for the Education of Young Children, TRAEYC, (pronounced tray-see), is one of the fastest growing affiliates in the history of the statewide association. TRAEYC members have a passion for young children and are committed to their education. The Tennessee Counties represented by TRAEYC are Benton, Dickson, Henry, Houston, Humphreys, Montgomery and Stewart. We invite you to join us in exciting upcoming professional growth opportunities. Lisa Maddox-Vinson, TRAEYC President at (931) 221-7303.

UNITED WAY

At 1300 Madison Street, provides the leadership to increase the organized capacity of people to care for one another. Monitors and provides support for agencies serving Clarksville and Fort Campbell, as well as Montgomery, Houston and Stewart counties. (931) 647-4291.

COUNSELING, SUBSTANCE ABUSE & MENTAL HEALTH ASPERGER/AUTISM CENTER

Part of the Family Guidance Training Institute, 800 Tiny Town Road, serves children and adolescents with Asperger and Autism Disorders. The professionals at the Asperger/Autism Center recognize the special qualities these children exhibit and work to enhance their social, emotional, and communication abilities with others. Services include: individual

counseling, group counseling, family education and counseling, and psychiatric services. For further information regarding our programs, please contact Julee S. Poole, Ph.D., Program Director at (931) 431-7580 or juleespoolephd@aol.com.

BRADFORD HEALTH SERVICES

Bradford Health Services at 231 Dunbar Cave Road, Suite A, creates effective and affordable substance abuse and mental health programs through a variety of innovative services. (931) 542-9816.

CENTERSTONE

810 Greenwood Avenue, (931) 920-7330.

CENTERSTONE ASSOCIATES

1820 Memorial Circle, (931) 920-7300.

CENTERSTONE AT GATEWAY

Crisis Walk-In Center, Gateway Hospital at 651 Dunlop Lane, (931) 502-1010.

CENTERSTONE

511 Eighth Street, (931) 920-7200.

FAMILY CENTERED SERVICES

901 Martin Street, (931) 503-4600.

THE FAMILY GUIDANCE TRAINING INSTITUTE, INC.

800 Tiny Town Road. Committed to positively impacting the lives of our community's children, youth and their families. We recognize the enormity and diversity of need in our community and have responded with a variety of programs that range from prevention and development, to early intervention, to reduction of recidivism. Family Guidance Training Institute, Inc. is a 501c3 licensed community mental health center and alcohol and treatment facility. Providers at the center offer quality, private, compassionate services to persons who seek emotional wellness. Therapeutic and psychiatric services include: assessments, individual counseling, marriage and family counseling, group counseling, supervised visitation, mental health case management, and alcohol and drug treatment and education services. For further information regarding our programs please contact Julee S. Poole, Ph.D., Program Director at (931) 431-7580 or juleespoolephd@aol.com.

HOPE (HOMELESS OUTREACH PARTNERSHIP AND EMPOWERMENT)

For ages 18+ Centerstone's HOPE program serves adults with substance use and/or mental health disorders who are homeless or at-risk of becoming homeless and who live in Clarksville. (931) 920-7300.

LIFESOLUTIONS - ASPIRE & JOBLINK

611 Eighth Street, (931) 920-7210.

LIFESOLUTIONS - RECONNECT

1840 Memorial Drive, (931) 505-0933.

MENTAL HEALTH COOPERATIVE

Provides evidence-based services including: Child & Family Counseling, Child Psychiatry and Community Based Case-Management to children and adolescents with emotional/behavioral challenges. Case managers assist families in their homes with parenting and behavior management in addition to linking them to needed resources in the community. They also work with schools, juvenile court and other professionals as needed. Initial intake assessments are offered within one week and at no cost. MHC welcomes TennCare recipients. Located at 1808 Haynes Street. For more information or to make a referral please call (931) 645-5440 or visit www.mhc-tn.org.

OAK HILL RESIDENTIAL

118 Union Street, (931) 647-8257.

PASTORAL COUNSELING CENTER

The Pastoral Counseling Center at 516 Madison Street, is a ministry of professional care dedicated to healing and growth in human life and relationships. In partnership with local congregations the centers are committed to providing clinical and education services to all who need these services. When you or someone you love is troubled by depression, marital or relationship problems, substance abuse, or a vague sense that your life is adrift, we can help.

Professional support is available with fees based on your ability to pay. (931) 648-9009 or www.pastoralcounselingctr.org.

REGIONAL INTERVENTION PROGRAM

404 Pageant Lane, (931) 920-2347 or (931) 920-2348.

VIVIAN HOUSE

125 Vivian Street, (931) 920-7235.

WEEMS ACADEMY

812 Greenwood Avenue, (931) 920-7370.

SUPPORT GROUPS

ALZHEIMER'S CAREGIVERS' SUPPORT GROUP

Meetings are the first Thursday of each month at 6:30 p.m. at Clarksville Montgomery County Public Library and the third Wednesday of each month at 9:00 a.m. at the Senior Citizen's Center at 953 Clark Street. Patsy Shell at (931) 648-1884.

ARMY COMMUNITY SERVICE

At 5661 Screaming Eagle Boulevard, Fort Campbell, "Family Readiness" is the state soldiers, spouses and family members proactively prepare for, and in which they are able to cope with mobilization, deployments and prolonged separations. To prepare, soldiers (both active and reserve components) and their families attend classes and receive written instructional materials on subjects such as how to prepare a will, how to establish and manage a household budget, how to communicate with children of various ages, and how to maintain communication with the rear detachment of the deployed unit. (270) 798-0609, relocation@fortcampbellmwr.com or www.fortcampbellmwr.com/ACS/familyReadiness.htm.

AUTISM SUPPORT GROUP

Donna Richardson at (931) 503-2315.

BEREAVEMENT SUPPORT GROUP

Anyone enduring grief and loss issues is invited to attend. Meetings are free to the public and held in the conference room of Asera Care Hospice, 1539 Ashland City Bypass. (931) 551-4100.

CLARKSVILLE MONTGOMERY COUNTY MULTIPLE SCLEROSIS SUPPORT GROUP

A local support group for Multiple Sclerosis patients, family members and caregivers in the day to day management of M.S. Activities include guest speakers, up to date medical news, advances in finding a cure for M.S., and open forum discussions. Meets the third Tuesday of each month (September through May) at 7:00 p.m. at First Christian Church, 516 Madison Street. For more information call Melba Dowdy at (931) 552-1486 or Mary Nell Wooten at (931) 647-8904.

CLARKSVILLE OSTOMY SUPPORT

A local support group for people who have undergone ileostomy, colostomy, urostomy or who suffer from Crohn's disease or other diseases of the bowel. Support for Ostomy Patients meets in the Cumberland Room the third Sunday of the month at 2:00 p.m. (931) 551-1530.

CLARKSVILLE PARENT SUPPORT GROUP

At Emmanuel Life Center, 301 Fairview Lane, sponsored by Tennessee Voices for Children, a place for parents/caretakers and family members of children ages 0-23 who experience emotional, behavioral, and mental health issues to receive help. Meets monthly (3rd Thursday of the month). Childcare is provided but call to verify. Monica Causey at (931) 801-0895 or (800) 670-9882.

FOOD ALLERGY SUPPORT GROUP

Do you, a family member, or a friend have food allergies? Would you or someone you know be interested in attending a support group for food allergies right here in Clarksville? Then visit www.TNFoodAllergies.Web. officelive.com for information and for all your food allergy resources. Or contact Mindy at TNFoodAllergies@aol.com or (931) 861-4800.

GRIEF & LOSS

The parish nurses of Grace Lutheran and Sango United Methodist churches offer a twelve week class for adults who are grieving the loss of a loved one. Grace Lutheran at (931) 647-6750 or Sango United Methodist Church at (931) 358-2552.

MENED HEARTS, INC.

Supports heart disease and heart surgery patients and their families. Meets in the Tennessee Room at Gateway Health System every third Tuesday at 6:30 p.m. (931) 502-1010.

NAMI (NATIONAL ALLIANCE OF THE MENTALLY ILL)

Support group meets at First Church of the Nazarene, 150 Richview Road, the 4th Monday of every month at 7:00 p.m. Bertha at (931) 216-3590 or www.nami.org.

PARENTS HELPING PARENTS

A bereavement support group for any person who has ever loved and lost a baby or child. You can expect compassion, support and useful information to help you through this time of grief. Held the first Monday of each month from 7:00 p.m. to 9:00 p.m. in classroom 2 off the "A" lobby at Blanchfield Army Community

Hospital, Ft. Campbell. The group is open to the community. For directions or information e-mail [Sharee at InfantLossProject@yahoo.com](mailto:Sharee@InfantLossProject@yahoo.com) or call the chaplain's office at (270) 798-8777.

TENDERPAW'S THERAPY GROUP

Tenderpaw's Pet Therapy Group meets at 10:00 a.m. the first Saturday of the month in the Legacy Room of Gateway Medical Center. To have your pet screened call Kathy at (931) 553-8959.

WARRIORS OF HOPE

A place to share the journey of life after breast cancer. Meets the 2nd Wednesday evening of each month. Jennifer at (931) 624-5400 or warrriorsofhope@charter.net

Some of the information included in the Network and Parent Groups was obtained through community and internet sources. We apologize for any errors. If you find any corrections or would like to have your group's information included for free call (931) 338-2739 or e-mail info@clarksvillefamily.com.

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Merry Christ-Mess

For children, Christmas simply shows up each December with gifts, magic, and excitement. But as we get older, it can become a clutter of shopping, houseguests, events and expectations. Is your joy lost in the tangle of Christmas? Join us at oneChurch this December as we celebrate how God straightened it all out with His simply amazing gift of love to a messy world.



onechurch
exitonechurch.org

Meets every Sunday at 9:00am & 10:45am

at North East High School across from the Great Escape Movie Theatre

(931) 802-8ONE